



FREE

Cedar Mill News

Volume 17, Issue 1

January 2019



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CPO 1 News

Improving bike & pedestrian facilities

During the November meeting of Community Participation Organization 1 (Cedar Hills, Cedar Mill) we brainstormed gaps and needs for pedestrian and bicycle travel in the area. We submitted our "wish list" to Washington County Land Use and Transportation (LUT) for their response.

Steve Franks, Urban Road Services Coordinator, attended the January 8 meeting to give us an overview of how the county selects and funds ped/bike projects, and also to respond to our list.

The Urban Road Maintenance District Advisory Committee (URMDAC), one of the county's many advisory boards, reviews suggestions made by community members, CPOs, and others. With a current budget of about \$3.5 million

per year for projects throughout urban unincorporated Washington County, cost is a big factor. URMDAC generally selects projects that will cost less than \$500,000. Bike/ped facilities are generally added to major road projects that are funded outside of the URMD budget.

Even installing a block of sidewalk is very expensive. Right-of-way (ROW) has to be purchased from adjacent landowners where necessary. Many county streets are flanked by drainage ditches, and when a sidewalk is installed, culverts are built to replace them.

In some cases, bike lanes can be added to streets by simply restriping the pavement. This was achieved on Cornell, between Highway 26 and 143rd, when a major repaving project was done last

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Steps Toward Sustainability

Vehicle Related Myths: Busted!

Thomas Keyser, Fleet Manager, Washington County

There are many myths and misconceptions surrounding vehicles. Whether they came from friends or family, or have passed down through many generations, everyone has their own notions that they believe to be true. Here are a few vehicle related myths and what you really need to know.

MYTH: You need to let your vehicle engine warm up in cold weather.

FALSE: Your vehicle's engine needs a warm-up period of only about 15-30 seconds; you're

probably the only one who may feel chilly. The engine warms up while you drive. Running your car any longer beforehand wastes gas and contributes to the negative effect of carbon emissions.

SAVE: Depending on engine size, temperature, and other variables, modern cars can use about a third of a gallon of gas per hour

while idling, so minimizing idling can save a significant amount of fuel. By eliminating 10 minutes of idling per vehicle every morning, you could save more than a gallon of fuel a month which over time can equate to decreased costs and less carbon emissions.

BONUS SAVINGS: Research shows that turning your vehicle off at a stop light could save fuel. Starting your vehicle only burns about as much as seven seconds of idling so turning your engine off for even a brief period of time can save fuel.

MYTH: Premium gas is a treat for your car and makes it run better.

FALSE: Unless your vehicle is specifically designed to take advantage of the higher octane levels in premium fuel, you're wasting money. Instead, go by what is recommended in the owner's manual.

SAVE: You can save up to \$150 a year by opting for regular grade

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SAC plans expansion in new Milltown Center

In late December, Sunset Athletic Club announced that they are occupying one of the two large "anchor" buildings in the new Milltown Center that will replace the aged buildings at the northeast

go" food service. Offices, childcare, a small-group training room, and the barre/yoga studio will also be located on the middle level.

Strength and cardio equipment studios will be on the ground floor.



corner of Saltzman and Cornell.

According to General Manager Carleen Prentice, "The new facility will be directed towards our adult (over 16 year old) population of members and will be specific to fitness needs, with a focus on small and large group training programs. It will include a barre/yoga

studio, two training centers, and of course strength, stretch and cardio equipment." "Amenities will include adult-only locker rooms with saunas, child care, and ample social space. The third floor will include a roof top penthouse studio with an open-air third story exercise deck and a view to the south," she said.

The main entrance to the 22,000 square-foot, three-story building will be from the parking lot adjacent to the second floor at the east side of the center. An extension of Dogwood will lead up to the lot, which will also serve the upper floor tenants of the professional/retail building that is part of the new center.

The lobby will have "grab and

The top floor will include a large deck with a view, and an enclosed space for classes and events.

Flexible space will be available to members by reservation for private events. Weather permitting, some classes can take place on the deck.

"We'll be offering prescriptive, goal-based programs to our mem-



Parking for the facility will be in the upper lot, with access from the Dogwood extension.

bers," Prentice says. "You'll be able to work with a trainer to develop a customized plan to reach your personal goals.

The existing building, across from Sunset High, will continue to offer the same classes and facilities, including active sports such as tennis, swimming, and racquetball.

Continued on page 8

Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Preschool Open House

Saturday, February 2, 10 am-noon, Cedar Mill Christ Preschool at Christ United Methodist Church, 12755 NW Dogwood

Meet the teachers and explore the preschool. Cedar Mill Christ Preschool has been a Cedar Mill and NW Portland family tradition for over 50 years, due in part to our commitment to small class sizes and low student-teacher ratios. Even though our school facility is spacious, we typically keep each class size to 12 students or fewer for our three's class with two teachers; and 16 students or fewer for our four's class with two teachers.

Baskin Robbins closes Peterkort store

The owners of the ice cream store have closed their shop and moved all their operations to the Aloha location, which they have owned for three plus years, after some "conflicts with the landlords," according to an employee. Get your fix at 18605 SW Farmington Rd, Farmington Village Shopping Center, Aloha.

Ackerly events

These events are free and open to the public, RSVP is required, and take place in The Ackerly, 11795 NW Cedar Falls Drive, in the Timberland neighborhood. Call 503-350-3400 for information and to RSVP.

Themed Dinner: Route 66

Thursday, January 17, 4-6:30 pm

Travel down Route 66 during a themed dinner, starting in Chicago! Dinner and drinks are provided. RSVP Required

Indoor Garden Tea Party

Thursday, January 24, 3-4 pm

Winter weather got you down? Join us for a warm and sunny indoor party! Snacks and drinks are provided. RSVP required.

Super Bowl Party

Sunday February 3, 3-7 pm, Miller's pub, free

RSVP required as seating is limited. Call 503.350.3400 to RSVP.

Community Shred-It Day at Sunset Credit Union

Friday January 18, 9-4:30, and Monday January 21, 9-1, Sunset Credit Union, 1100 NW Murray Blvd, free

If you have old financial statements, bills, etc. that you want to shred, bring them to Sunset Credit Union's 'Shred-It' Day. You can get up to two shopping bags or banker's boxes shredded for free. This is an opportunity to get rid of tax documents (2008 and older), old financial statements and outdated personal records at no cost. To learn



more, send an email to cuteam@sspcfuc.com. Items will be securely stored in the Sunset Credit Union facility until they are shredded onsite via a mobile-shredding truck on Tuesday, January 22.

Touchmark events

The public is invited to the following events at Touchmark in the West Hills. There is no charge for any of these events, but seating may be limited. To RSVP, call 503-954-1640. Touchmark is located at 840 SW Touchmark Way, adjacent to Southwest Barnes and Leahy roads.

Lunch & Learn: Downsizing with Organizers Northwest

Tuesday, January 15, 11 am

Are you ready to downsize but not sure how to tackle that messy storage closet? Is getting organized your New Year's Resolution? Maybe you've downsized but are having trouble staying organized. Learn how to rightsize with Organizers Northwest at this fun event. Hear stories of what these professionals

have organized and how best to approach it in your life.

Culinary Passport: Greece

Friday, January 18, 11 am, Touchmark, 840 SW Touchmark Way, free

Once a month, with Touchmark's Culinary Passport program, people use their taste buds to travel and sample a different country's local cuisine. Join Touchmark in January as it kicks off its Culinary Passport program with a trip to Greece!

Health & Fitness Club Open House

Tuesday, January 22, 4 pm
Ready to start the New Year off right? The Touchmark Health & Fitness Club is hosting a fun open house. Meet the new Club Director, hear from Titan Physical Therapy, and learn from Club trainers about the best ways to tackle your fitness goals. Healthy snacks and drinks provided.

New Year's Fitness Club Special

Membership in the Touchmark Health & Fitness Club is open to anyone 50 years and older. To mark the start of a new year, those who join by February 28 will receive 25% off the joining fee, two personal training sessions and complimentary enrollment into the Club's six-week Fitness and Lifestyle Challenge, which uses a layered approach for building a healthy, fit lifestyle. The Challenge will start by adding one exercise and one nutritional goal in week one. Then week two will add some strength training while continuing the week one nutritional goal. Each week, participants will add something easy to do, and by the end of six weeks, participants will have made many healthy lifestyle changes that are easy to sustain for life.

Cornell Family Medicine closes

Dr. Robert Barlow will be working at Legacy Medical Group Westside Internal Medicine starting December 26, 2018.

"Renew You!" at Pharmaca

Saturday, January 12, 1-5 pm, Pharmaca (Beaverton), 240 NW Lost Springs Terrace, Beaverton, free

Get custom wellness advice from

our naturopaths and estheticians. Pick up the "Renew You" Shopping Guide to get a free 30 count Emergen-c with \$75 purchase.* Grab product samples and get up to \$20 in savings coupons on event day!

*Limitations apply. See store for details. If you have any questions, contact Patrick Healey at (503) 596-3552.

Village Gallery events and classes

Village Gallery is a non-profit educational art gallery in operation since 1963, located at 12505 NW Cornell Road next to the Cedar Mill Library. Regular hours: Monday-Saturday 10 am-4 pm; Sunday 12 pm-4 pm. Learn more and see the course catalog at www.villagegalleryarts.org or call 503-644-8001.

January show: Coastal Scenes

Opens: Wednesday, January 2, reception is Sunday, January 13, 2-4 pm. Free

Join us for refreshments and enjoy meeting our talented artists. New year, new creative energy—Come share the fun!

Theresa Hirschmann, Featured Artist. Theresa has worked with tile and mosaics, and is currently exploring the tremendous latitude of encaustics. Fascinated by the movement of the molten wax, she is able to create and improvise both abstract and realistic imagery. So far her focus has primarily been on landscapes, seascapes, and the creatures that inhabit them.

Sue Selbie, Featured Crafter. Sue's work is reflective of the British countryside where she grew up. In Oregon, the beautiful outdoors has inspired her to work with paper



to make 3-D paper cut scenes in shadow boxes, including forest views and Portland bridges. She also makes a variety of hand-bound journals and notebooks.

Winter classes

Please see our website for information on our complete class

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January Series

Weekdays through January 23, 9:30 am, Oak Hills Christian Reformed Church, 2800 NW 153rd, free

For the 32nd year, Calvin College presents this outstanding series of lectures on topics ranging from polarization in politics, immigration, race, climate justice,



and so much more by top experts in their fields. Although the college is in Michigan, there are dozens of remote viewing sites around the US and beyond, and one of them is right here at the Oak Hills Christian Reformed Church.

The programs are live-streamed and shown on a large screen in the church, and there's an audio hookup so local participants can ask questions. View the schedule and find out more about the speakers on the [Calvin College website](#). This year you can also listen live to the programs on the website or subscribe on iTunes!

Refreshments are served in the lobby after the program where the conversation can continue. Childcare is available, contact the church for details at 503-645-2245.

League of Women Voters Washington County

Monday, January 14, 1:30, Beaverton Community Center

Bring your ideas and join us for the next League of Women Voters meeting. We will divide into groups to discuss current issues in four areas:

Elections; Affordable Housing/Homelessness; Justice System; Environment/Natural Resources

We will develop recommendations to forward to the statewide group for consideration and ideas

on how we would like to address local issues through formal or informal studies, informational meetings and or focused actions at the local level.

Winter Reading Challenge for adults

Through February 28, Cedar Mill and Bethany Branch libraries

What most of us want to do during cold weather is curl up with a good book. This winter, Cedar Mill and Bethany libraries challenge adults (ages 18+) to read, complete activities and be eligible to win Powell's gift cards. Our online challenge includes eight activities such as "read a book set in Oregon" and "tell someone your favorite thing about the library." You don't have to complete them all, but the more you do, the more chances you'll have to win.

[Learn more on our website](#). If you participated in Summer Reading on Beanstack last year, you just have to sign in and join the challenge!

WCM Out in the community

Look for a display of Washing-



"Canyon Wrens Nesting Site" (circa 1900-1910)

ton County Museum's collection of William L. Finley original photographs on display at the Brookwood Library, 2850 NE Brookwood Pkwy, Hillsboro, during January and February. Free and open to the public during library hours.

Arabic storytime at Beaverton Library

Sundays, January 13 & 27, Feb. 10 & 24, Mar. 10 & 24, April 14 & 28, May 12 & 26, 1:30 pm, Beaverton City Library, 12375 SW 5th Street

We're really thrilled to share that this winter and spring we'll offer an Arabic Storytime twice a month at BCL Main! It will be entirely in Arabic and starts 1/13, from 1:30-2 PM. Please help us get the word out to anyone who might be interested.

Become a Mediator!

Mediators help members of the community resolve conflict by working together. The [Beaverton Mediation program](#) serves people outside the city, throughout Washington County east of 185th.

Registration is open for 32-hour Basic Mediation training. This training will introduce participants to the themes, practices and skills of becoming a mediator.

Classes will be held from 8:30 am to 5 pm on Friday, January 25; Saturday, January 26; Friday, February 1; and Saturday, February 2 at Beaverton City Hall, 12725 SW Millikan Way. Cost: \$350.

Scholarships Available! If you are bilingual in English/Spanish and are willing to apply to volunteer at our program, you can attend the training for free.

Registration is required. Please visit www.beavertonoregon.gov/mediation-training to register or call 503-523-2523 for information about volunteering and scholarship opportunities.

Pruning, training and maintenance of fruit trees

Wednesday, January 30, 7 pm, Skyline Grange, 11275 NW Skyline Blvd., free and open to the public

As part of Skyline Grange's 2019 Skyline Living Series, John Saltveit will discuss fruit trees, pruning guidelines, and basic maintenance to ensure healthy fruit trees. Saltveit has been cultivating a food forest for 20 years and has taught classes on fruit growing with the Home Orchard Society for over a decade.

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Growing Organically
Let them eat suet

by Margie Lachman

The suet feeder in our back yard is a popular spot for the birds. A dogwood tree nearby provides perches for them to wait their turn.

Suet is a high-calorie food that helps the birds as they have a long way to fly to their winter destinations. Our migratory wild birds travel along the Pacific Flyway from the Arctic tundra and northwestern rain forests all the way to South America. The Audubon website tells us that each year at least a billion birds take this route along the Pacific Flyway.

This is only a fraction of the birds that flew over it a century ago. "Habitat loss, water shortages, diminishing food sources and climate change all threaten the birds of the Pacific Flyway," the website says.

Because our area is on a main route for birds traveling south for the winter, we can see many different kinds of birds in our own gardens if we provide water and food for them. Our suet feeder hangs on a pole that I can see whenever I am at my computer. When a bird (or occasionally a flock!) comes to the feeder I can watch them.

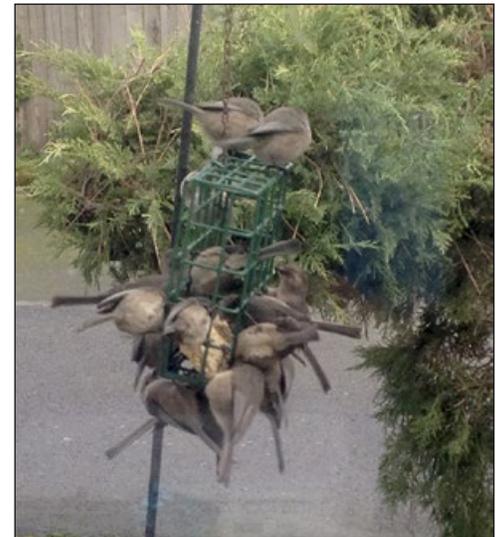
I keep binoculars and a bird book handy to identify them. My binoculars are a simple inexpensive pair, but for the serious birder there are some available that have a camera attached. This would be an interesting activity for children, especially during our rainy winter days.

Bluejays, the occasional Northern Flicker, and flocks of little Bushtits are but a few visitors I have seen lately. Watching and identifying birds can be an introduction to wildlife that can remain a lifelong interest.

Wire feeders are widely available and are just the right size to fit pre-mixed suet cakes. The suet is usually mixed with a variety of other food, including cracked corn, seeds, and nuts.

The more we know about nature, the more we care about preserving it for future generations. Teaching

our children to love and respect our natural world and its inhabitants is a meaningful and beneficial gift that will enrich their lives for a lifetime.



A small flock of Bushtits cling easily to the feeder

Preserve @ Home

Are you interested in learning how to preserve a variety of different foods? If so, check out this web-based hybrid food preservation course offered by the University of Idaho and Oregon State University.

Anyone with an interest in food preservation and food safety can enroll in Preserve @ Home. Individuals with little or no previous food preservation experience are welcome. Class is offered only once in 2019, so be sure to enroll before the class fills up. You must register by January 14 and it costs \$55. For a full class syllabus, go to extension.oregonstate.edu/deschutes/events/preserve-home-online-hybrid-course. To register and pay online, go to bit.ly/PreserveAtHome2019

Become an OSU Master Gardener!

Are you passionate about gardening? Do you want to get the real dirt on tried-and-true gardening practices?

Training is a combination of seven weekly in-person classes, online content, and hands-on workshops, followed by 50 hours of volunteer service. A non-volunteer option is also available, along with a limited number of reduced-fee slots. Classes begin in February in the metro-area.

Register now to reserve your place. Check for details and registration information here. extension.oregonstate.edu/mg/metro/become-master-gardener

Civic involvement and the Forum

by Rob Solomon, President, Washington County Public Affairs Forum

Civic education and civic involvement are two of the most important and effective ways to ensure our good but imperfect system functions as well as possible.

Democracy is a political system built on the participation of the people it's meant to serve. Lack of participation creates fertile ground for autocracy to develop—either by design or by accident. If the “many” ignore or avoid the issues, the “few” will be in charge with little or no accountability. “We the people” have a duty to hold our leaders accountable.

- To do that, we need to:
- understand how government works and how to work with it. A bigger emphasis on civics education in schools would really help.
 - make ourselves aware of the issues: follow “real” news, listen to varied points of view.
 - vote!
 - seek elective office, or donate time or money to a campaign, or become an advocate for is-

...sues important to us. If we are to cast our ballots wisely—let alone work in the system on campaigns—we all need to seek that basic education and maintain continued awareness of the issues.

That's why groups like the Washington County Public Affairs Forum are so important.



Solomon moderates WCPAF meetings each week at Coyote's in Hillsboro

Just like City Clubs you find in many major American cities, your Forum offers the opportunity to interact directly with elected officials, people serving in government, business and the arts. You meet the leaders of your community, you ask questions, you get answers.

Some groups, like the Portland City Club, issue policy statements and/or endorsements. The Forum is neutral. While many of our members are active in some way in the community, and many have strong opinions on issues, the Washington County Public Affairs Forum offers a neutral place to learn, discuss and debate.

The Forum, weekly from September through June, offers programs that enable folks in our county to have access to our lead-

ers and to impact our community. We cater to no political party or organization. We serve the people of Washington County. I am proud to be a part of it.

ers and to impact our community. We cater to no political party or organization. We serve the people of Washington County. I am proud to be a part of it.

We've been doing it for 63 years, and we will continue through 2019, and with your support....beyond.

Learn more and join us at washingtoncountyforum.org

Washington County Public Affairs Forum schedule

The forum meets over lunch every Monday, September through June, (except holidays) at Coyote's Bar & Grill, 5301 W Baseline Rd, Hillsboro, OR 97123. There is no charge for admission. Doors open at 11:30 AM, and the speakers start at noon. Lunch is available to order from the menu.

Following the speaker, there will be an opportunity to ask questions. Asking questions of our speakers is a privilege of Forum membership. Learn more at washingtoncountyforum.org.

Monday, January 14
Kasi Woidyla, public relations officer & Felicita Montebancho, Advocacy Officer – Foundation staff, will be discussing the Virginia Garcia Memorial Foundation

Monday, February 4
Tracy Honl, the chair of Washington County Republican Party will discuss the Republican Party – the Philosophy, the Policies.

Monday, February 11
Patrick Maguire, chair of the Washington County Democratic Party, will discuss The Democratic Party – the Philosophy, the Policies.

Bobcat pancakes

Saturday, February 2, 7:30-10:30 am, Bonny Slope Elementary School, tickets are \$5/individual or \$20/family of six in advance or \$7/individual or \$25/family of six at the door.

Bonny Slope Elementary is once again hosting their annual Pancake Breakfast! This year the Breakfast will support the fifth graders' two-

day science school. Fifth graders run the event (with a little help from their parents), which is an incredible learning opportunity. They sell tickets, do all the seating, and serving.

Tickets can be purchased at bonslopepsco.org/store/pancakes



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Sunset News

by Auveen Hajar, student intern

Counseling Topics Forum

Tuesday, January 8, 7-8 am, Sunset High School, Community Room

Parents of students at Sunset, mark your calendars! At a counseling topics forum, counselors sit down to have a serious discussion about topics that affect students and families in schools. Topics can range from social media to teenage drug use. In addition, people are allowed to ask questions that the counselors will answer.

Saturday Academy

Wednesday, January 9, 6-8:30 pm, Sunset High School, Community Room

Learn more about Saturday Academy—the perfect place for students grades 2-12 who are interested in taking classes or going to camps to learn more about Science, Technology, Engineering, Math (STEM) and the Arts. The Community Room is near the main entrance of the building

ISB Band Concert

Tuesday, January 15, 6:30-8 pm, Sunset High School, Auditorium

There will be performances from six of International School of Beaverton's bands, including the top band in the program! Mark it in your calendar as it is sure to be a wildly entertaining night!

ISB Choir Concert

Thursday, January 24, 6:30-8 pm, Sunset High School, Auditorium

Every year, the International School of Beaverton holds at least two choir concerts in Sunset High School's auditorium. It is going to be something you are not going to want to miss.

Sunset Band Concert

Wednesday, February 13, 7-9 pm, Sunset High School Auditorium

This has been described as "one of the premier band programs in the Pacific Northwest." The night will feature performances from many of the bands in Sunset's band program!

Finals Week at Sunset

Tuesday, January 22-Friday, January 25

Finals week is right around the corner, so be ready to support our students during this busy time!

A full schedule is available on Sunset's website. Some days, students will be released earlier than normal, but some days, students will be released at the normal time. Each day, other than Tuesday, two classes will be giving final exams.

Tips to Carry You Safely into 2019

With the New Year and resolutions on everyone's mind, now is the time to think about some personal and home safety steps that can help carry you and your family safely through 2019, as well as save you time and money by avoiding winter-related damage to your home or business.

Tualatin Valley Fire & Rescue firefighters always see an increase in outdoor-related injuries around the first of the year. Keep these things in mind to minimize your risk of personal injury:

Increased slip and fall injuries are of particular concern this time of year. Be extra careful on icy surfaces around your home—use kitty litter or sand to increase traction.

Make sure to dress appropriately for outdoor activity; dress in layers with hats, gloves, and waterproof boots.

Be aware of the windchill factor, which can often lower the temperature by several degrees.

Avoid traveling when the weather service has issued storm advisories.

If you must travel, make sure someone knows where you are going, what time you expect to arrive, and the route you plan to take.

Pack extra water, food, blankets, and clothing in case of an unexpected emergency or delay.

There are also steps you can take

to improve the safety of your home this winter.

Have your home heating system serviced professionally to make sure that it is clean, working properly, and ventilated to the outside.

If you are heating with wood, inspect and clean fireplaces and chimneys.

Always discard ashes in a metal container away from combustible materials.

Check your smoke alarms to ensure they are working properly.

Prevent carbon monoxide (CO) emergencies by installing a CO alarm in your home.

In addition to fires, TVF&R firefighters respond to other types of emergencies that can cause severe damage to homes and businesses. For the past several winters, TVF&R firefighters responded to hundreds of calls for frozen water pipes that burst and began spewing water. Businesses and homeowners suffered thousands of dollars in damage because they didn't know how to stop the water from flowing. We recommend you take a few moments to familiarize yourself with the water shut off for your home/business if you haven't done so already. Also, insulate exposed water pipes in the garage and cover outdoor water spigots.

Visit www.tvfr.com for more winter safety tips.

THPRD offers free childcare for all Board Meetings

Tualatin Hills Park & Recreation District is proud to announce it will offer free child care to make it easier for parents and guardians to attend district board meetings and participate in civic discussions.

"THPRD is committed to Access for All," said Doug Menke, general manager. "Our Board of Directors has encouraged staff to look at creative ways to make it easier for people to come out and share their views at board meetings. At their direction, we are piloting free childcare for board meetings in 2019."

The THPRD Board meets the second Tuesday of the month at the Dryland Conference Room on the HMT Complex. Free childcare will be available at the Athletic Center (50 NW 158th Ave). To reserve a spot, please contact Dayna Dixon at (503) 619-3861 or email at ddixon@thprd.org, or call the center front desk at (503) 629-6330.

Visit thprd.org/district-information/board-of-directors/meetings to see the schedule for future Board meetings.

Sunset Youth Lacrosse

Registration for Sunset Youth Lacrosse's spring 2019 season is now open! SYL is open to boys and girls in grades 1-8 that live within the Sunset High School boundary.

If you are interested in playing or learning more, visit sunsetlacrosse.com for more information. Registration is open through the end of February for grades 3-8 and mid-April for grades 1-2. The season runs from March through early June.

If you have questions, you can also reach out to syl.vpboys@gmail.com or syl.vpgirls@gmail.com.

Creative Impact Workshop Series

[Tualatin Valley Creates](http://TualatinValleyCreates.com) is

partnering with the Beaverton Arts Program and the Hillsboro Cultural Arts Division to offer a series of six exciting professional development workshops starting in January 2019. Topics range from grant writing to planning a community mural and more.

Washington County Arts & Culture Grants Panel

Wednesday, January 16, 4-6 pm, Brookwood Library Community Room, 2850 NE Brookwood Pkwy, free

Join representatives from the Hillsboro Arts & Culture Council, Cultural Coalition of Washington County, Regional Arts & Culture Council, Miller Foundation, and Precipice Fund for the panel discussion about local grant opportunities specifically for arts and culture programming in Washington County. Determine which opportunities fit best with your organization and its programs, and get the chance to talk face-to-face with grant makers that can answer all of your questions. RSVP is required at tinyurl.com/CreativeImpactWorkshops
Fund Your Creative Project: Grant Writing for Artists
January 26 and February 9, 10-12 pm, Beaverton Building, \$45 for both sessions

Later Events [we'll list details in upcoming issues]:

- Using Data to Tell Your Story: Research Resources for the Creative Industry: March 16
- Welcoming Diverse Audiences: From Invitation to Engagement: April 2
- Kickstart Your Community Mural!: How to Plan and Create a Mural in the Public Realm: May 4
- Arts Advice: A Day of Pro-Bono Consulting: June 2

Sunset Youth Baseball open registration

We are currently trying to field teams for 7th-8th grades and, if there is enough interest, 5th-6th grade and 3rd-4th grade teams. If your kids are planning to play baseball this spring, please get them signed up! The earlier that you register the easier it is to plan for the season. Regular registration ends on January 30, when the \$75 late registration fee kicks in. Find out more at sunsetapollosbaseball.com/youth_baseball

Experience Music Series at PCC Rock Creek

The Portland Community College Rock Creek music program continues its diverse series of short concerts/lectures. The concerts are presented in conjunction with the Tuesday evening Music Appreciation class and are open to the public.

Unless otherwise noted, events are held at PCC Rock Creek, Building 3 Forum, 17705 NW Springville Road.

A donation is appreciated but no one will be turned away. The concerts are free for PCC students. Parking is \$2 (permits available at parking machines). The series is sponsored by grants from the Beaverton Arts Program and the Washington County Cultural Coalition. The series continues through 2019.

Acoustic Guitarist Doug Smith
Tuesday, January 15, 7:30 pm



Doug Smith is a Grammy award winner and the 2006 winner of the prestigious Winfield International Fingerstyle Guitar Competition. He has been heard in the popular 2007 film August Rush and his original compositions are heard everywhere from NPR to TCM to Martha Stewart to Good morning America. He combines folk, classical and jazz elements and has been called "a cross between Chet Atkins, Leo Kottke and Michael Hedges." He has shared the stage

with such guitar luminaries as Laurence Juber, Tommy Emmanuel, and Andy McKee, and has toured internationally. Billboard magazine has written, "Inviting melodies...stunning fingerpicking." For more information, about this virtuoso performer, please go to dougsmithguitar.com/.

Classical vocalists Angela Nierderloh and Matt Hayward
Tuesday, January 22, 7:30 pm

Mezzo soprano Angela Nierderloh and baritone Matt Hayward will appear in concert accompanied by pianist Janet Coleman.

Angela Nierderloh has been acclaimed by the New York Times as, "a charismatic mezzo soprano," and has performed throughout the US in opera (including the Portland Opera) and is on the faculties of Portland Community College Rock Creek campus,

Portland State University, and Pacific University. Matt Hayward has rapidly established himself as one of the most versatile artists of his generation. He made his European debut in concert at the Salle Cortot in Paris. As the Founder of Vox Northwest Voice Studios, he maintains a select private voice studio in Portland, Oregon, and is on the voice faculty of Portland State and George Fox universities.

Master class taught by Ms. Nierderloh
Tuesday, January 22, 1:30-2:50 pm,

This master class also features PCC vocal students.

For more information about the concerts, please view the music program's page at pcc.edu/programs/music/rock-creek/ and Facebook page at [facebook.com/rcartsenglish](https://www.facebook.com/rcartsenglish).

Cedar Mill Little League - Register Now!

Player Registration for the 2019 Spring season is now open! Please see our website for information and registration links at cmllonline.org. By registering now, you'll avoid the \$25 late fee for registrations after January 27, and you help us to plan Spring Baseball for over 500+ ball players. Go to the registration page for more details and to sign up. If you would like your player to play outside of the recommended age range, please email the player agents (Melissa Gresham and Kristin Dann) at pa@cmllonline.org to make arrangements to play in the requested league.

Every player needs to have a Tualatin Hills Parks and Rec District (THPRD) card. In-district Family Assistance: The goal of the THPRD Family Assistance Program is to ensure that all Park District residents have access to recreation programs. Since Cedar Mill Little League is registered with THPRD, in-district families may be eligible for family registration assistance funds from THPRD. Please go to the following site for Family Assistance for more information and complete the Scholarship request form. thprd.org/activities/scholarship-program

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Viva Village events open to the public

For information, to RSVP, and/or register (where requested), visit vivavillageevents.org or call 503-746-5082. To see a complete list of January events, go to vivavillage.org; click on Calendar.

Nature Walk

Saturday, January 5, 9:30 am, Dawson Creek Lakes (Path behind Hillsboro Library), 2850 NW Brookwood Pkwy, Hillsboro, free

Dine Around Beaverton and Beyond

Wednesday, January 9, 1 pm, McGrath's Fish House, 3211 SW Cedar Hills Blvd., Beaverton

Order lunch from the menu. RSVP recommended.

Village 101 Presentation

Saturday, January 12, 10-11:30 am, Elsie Stuhr Center, Cedar Room, 5550 SW Hall Blvd. Beaverton, free

Information for prospective members and/or volunteers. Call for information.

Women's Coffee

Tuesday, January 15, 10 am, Jim and Patty's Coffee, 4130 SW 117th Ave, Beaverton

Thursday Night Social

Thursday, January 17, 6 pm, Café Murrayhill, 14500 SW Murray Scholls Dr. #103, Beaverton, RSVP

Viva Village Book Club

Tuesday, January 22, 6-8 pm, Private home in West Beaverton, free

Selected Book: The Water is Wide by Pat Conroy. RSVP for location.

Men's Coffee Break

Thursday, January 24, 10-11 am, Solace and Fine Espresso, 4655 SW Griffith Dr. #160, Beaverton

Aging with Grace Video Replay

Thursday, January 24, 1:30-3:30 pm, Elsie Stuhr Center, Willow Room, 5500 SW Hall Blvd. Beaverton, \$5 fee for public

Elizabeth Eckstrom, MD, will discuss Healthy Brain Aging and Lessons Learned from Cultures with Longevity. RSVP

Aging with Grace Video Replay

Thursday, January 31, 1:30 pm, Elsie Stuhr Center, Willow Room, 5500 SW Hall Blvd, Beaverton, \$5 fee for public

Maureen C. Nash, MD, will discuss Aging Well: Mental and Emotional Resiliency. RSVP

Indivisible Cedar Mill

Wednesday, January 9, 6:30-8:30 pm

Come join Indivisible Cedar Mill for our January meeting. We are a progressive, grass-roots organization that opposes the Trump administration and believes in furthering progressive causes as well as acting locally to keep Oregon blue.

After a two-month holiday break, our January meeting will be a kickoff for how we go on offense locally and nationally. The first hour is dedicated to socializing with fellow community members, then the meeting will begin at 7:30. Please email Karyn at karyn@karynservin.com, or John at the-portlandfoxes@gmail.com, for the location of the meeting.

Powerful Tools for Caregivers series—respite care available

Thursdays, February 7-March 14, 1-3:30 pm, Beaverton City Library, 12375 SW 5th Street.

Registration is now open for a six-week educational series called Powerful Tools for Caregivers that begins February 7, 2019. Washington County Disability, Aging and Veteran Services sponsors the series.

The series helps unpaid family caregivers take care of themselves while they are caring for an aging or chronically ill relative or friend. The person in their care may live at home, in a facility or even across the country.

Participants will learn how to reduce personal stress, communicate their needs in challenging situations, deal with difficult emo-

Clean Water Services requests feedback on draft watershed management document

Are you interested in improving watershed health and preventing flooding? CWS encourages interested stakeholders to review and comment on this [draft Base Strategy and Methodology document](#) (PDF, 1.6MB). Comments are welcome at any time, and initial feedback on this topic is appreciated by January 23, 2019. Please submit comments to DnCUpdate@cleanwaterservices.org.

This draft document builds on the existing CWS Design and Construction Standards to address the management of runoff volume. It includes a variety of approaches such as stream enhancement, detention and Low Impact Develop-

SAC, continued from page 1

Membership fees are not expected to change aside from normal cost-of-living increases, and will cover the use of both centers. They expect the expansion to allow them to expand their membership by about 400, Pretntice says. The expansion has been in the works for a couple of years.

The new facility should open in spring 2020. Closer to opening, they'll be adding trainers, instructors and support staff.

The working title for the project is "77 Fitness," referring to the year that SAC opened.



tions, and make tough caregiving decisions.

"We know how hard it is for caregivers to get away," says Program Coordinator Shannon Baggerman. "This year we are excited to be able to provide free respite care. Individuals who aren't able to leave their loved ones alone due to high care needs can participate in this series, knowing their loved ones are being taken care of."

There is a suggested donation of \$30 to help cover the cost of the book, but payment is not required to attend the class.

Class size is limited, and registration is required. Call the Washington County Family Caregiver Support Program at 503-846-3089.

ment Approaches (LIDA), along with a selection methodology based on landscape setting, historic and anticipated development patterns, project size and stream condition. The document and accompanying tools are intended to help applicants and other stakeholders identify which stormwater management approaches and tools are expected to apply under the Base Strategy.

Anticipate additional and more frequent updates over the coming weeks as feedback is received and incorporated. We encourage partners and members of the public to participate and stay informed. [Visit our website](#) for updated information and [sign up](#) to get updates sent directly to your email.

County Boards & Commissions Seek Members

Boards, committees and commissions advise the Washington County Board of Commissioners (BCC) on matters of interest to people who live and work in Washington County. Committees themselves do not pass ordinances to establish policy; their purpose is to study issues and make recommendations. Commission members are volunteers appointed by the BCC. In many cases, members must be residents of Washington County.

Serving on an appointed board or commission is a great way for Washington County residents to participate in decisions that affect them and to learn more about how local government works.

Per Board of Commissioners procedures, the County Administrative Office will solicit applications from individuals for a six-week period. Staff will keep the Commissioners apprised of applications received and of approaching deadlines. Learn more about these opportunities on the [county website here](#).

Developmental Disabilities Council – one position available now and eight positions available after Feb 28, 2019

Description: The Council identifies community needs, recommends funding priorities, and helps select and evaluate service providers. The County's emphasis on contracting with community agencies for social services makes the work of this volunteer advisory council critical.

Member Description: Comprised of fifteen members including recipients of service, advocates, professionals in the field, key referral sources, provider representatives, and lay citizens. Members are residents of the county or have work interests in the county.

Term: three years; Time Commitment: 2-3 hours per month; Meetings: First Wednesday, 10:00 am; Contact: Colin Fitzgerald, (503)846-3138

Housing Advisory Committee (HAC) – one position available now and two positions available after Mar 31, 2019

Description: Providing affordable housing in Washington County is a formidable job. It is the mission of the HAC to advise the Housing Authority Board of Directors on housing goals policies, to review and recommend actions on the budgets of the Housing Authority, to advise regarding the communi-

ty's needs for low-income housing, and to recommend resources and programs available to address those needs.

Member Description: Fifteen members representing various groups, (see website for details)

Term: 4 Years; Time Commitment: two hours (minimum) each month; Meetings: Fourth Thursday at 9 am; Contact: Komi P. Kalevor, (503)846-4755

Solid Waste Advisory Committee – two positions available after Mar 31, 2019

Description: A coordinated countywide program for the safe, economical and efficient collection, storage, transportation and disposal of wastes and solid wastes, and to ensure adequate standards of service for said collection, storage, transportation and disposal of wastes and solid wastes. To assist the Board in achieving these objectives, they have appointed this advisory committee to make recommendations on solid waste and recycling policy and programs that serve the County.

Member Description: Ten members including: six members representing the public, three members representing the solid waste industry, and one representative of the County's Department Health and Human Services (a non-voting committee member).

Term: 5 years; Time Commitment: two to 3 hours per month; Meetings: Second Thursday, 6-7:30 pm; Contact: Theresa Koppang, (503) 846-3663

The application deadline is January 29, 2019 or open until filled. Applications may be obtained by [visiting the Boards and Commissions website](#).

Come Help with THPRD park Habitat Restoration!

Come play in the mud with us as we remove invasive plants and plant native trees and shrubs!

Saturday, January 19, NE Park (future park): Invasive plant removal
Saturday, February 23, Kaiser Woods: Plant native trees & shrubs
Sunday, February 24 Kaiser Woods: Plant native trees & shrubs

Learn more and register here: thprd.org/activities/nature/volunteer/habitat-trails-gardening-projects



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Kristi Roberts—Children's Art Classes

Mondays, January 7, 14, 28;
February 4, 11, 25; 3:45-4:45 pm
for ages 7-11 years; 5-6 pm for
ages 11-16 years

Come join an exciting class learning a variety of art. I will develop your child's art ability where they are at and give them an opportunity to try out different mediums so they can find what they will enjoy. We will do units in drawing, watercolor, acrylic, pastels, clay and mixed media. I teach fine art concepts and techniques with each lesson. We explore a variety of subjects including landscapes, people, faces, animals, cartooning and perspective. This is a weekly class and you need to register a month ahead in order to hold your spot for that month.

Mary Burgess—Watercolor Jump-Start Workshop

Wednesday, January 9, 10-3

If you are new to watercolor, or need to brush up on the basics, this workshop will help prepare you for the many watercolor classes offered in the area or for painting on your own. Learn about which materials to include in your watercolor kit, and where to find them. Important basic techniques of brushwork, mark making, washes, water control and more will be explained and practiced in class.

Leslie Boyce—Brave Color!

Tuesdays, January 15, 22, 29,
February 12, 19, 26, 12-2:30

Learn to mix watercolor with confidence in this six-week course! We'll unravel the mysteries of color theory, transparency/opacity, granulation and staining pigments. We will learn how to mix luminous color instead of mud, vibrant grays, shades and blacks with limited and split-primary palettes. We'll study value, intensity and color bias, and spend much of our class time making reference charts and color wheels which will be a great resource long after the class ends. We will put our color smarts to work through practice painting projects between classes.

Mary Burgess—Watercolor on the Go!

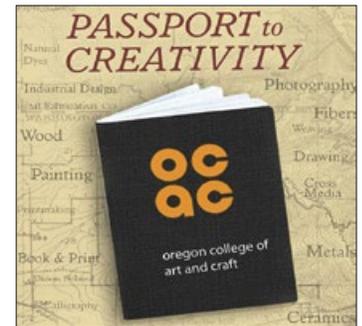
Wednesdays, March 13, 20, 27, April 3, 10, 17, Mornings 9:30 am-12:30 pm OR Evenings 6-9 pm

Do you love to travel? Create your own journal and mini paint-



Nancy's Topaz, by Mary Burgess

ing kit to take with you anywhere. We will explore a multitude of fun and simple techniques for recording visual memories of your journeys, including preparation of pages before your trip to jump-start your creativity. Students will go home with a handmade journal and a plethora of ideas for watercolor journaling on the go.



OCAC Passport to Creativity

Saturday, February 2, Open Studios 10-2; Reception 2-5 pm, Oregon College of Art and Craft, 8245 SW Barnes Road, 97225

Be a Maker! Did your New Year's Resolution include adding more creativity to your life? OCAC offers a diverse selection of classes and workshops for every skill level. Join OCAC's Studio School students who will help you bind your individual passport before collecting stamps in each studio. Try different hands-on activities, stroll the wooded campus, and win prizes in our drawing. Children welcome.

The Friends of OCAC Kick-off Reception: Friends of OCAC is being formed by teachers, students, alumni, staff, and community school members to join with the college to build a successful arts community, fundraise for OCAC, and keep the history of the college alive. We invite you and your friends to visit the campus, chat with fellow makers, sign up for classes, and learn what you can do to keep the crafts vibrant.

Open Enrollment for 2019-2020 School Year

The Beaverton School District will offer open enrollment for students living within the BSD service area for the 2019-20 school year at the schools listed below.

Applications for open enrollment are available in [ENGLISH](#) and [SPANISH](#) at each school and at the Administration Center, 16550 SW Merlo Rd., and will be accepted through Tuesday, January 22, by 2 pm. Students may only apply to two schools. Completed applications should be returned to the school for which the student is applying. Applications to more than two schools will be denied.

Elementary Schools (# of open slots)

Barnes (20); Errol Hassell (10); Fir Grove (30); Kinnaman (20); McKay (30); Terra Linda (20); Vose (16)

Middle Schools (# of open slots)

Whitford (30)

High Schools (# of open slots)

Beaverton (30); Southridge (30)

There are some important factors families must consider when applying for open enrollment:

Transportation to the new school is the responsibility of the family. Buses do not travel from the resident school to the open enrollment school; however, occasionally the student may live close to the attendance boundary of the open enrollment school. In this case, parents may submit a written request by completing a [“No Transportation Zone Request Form.”](#)

Approval is for the duration of the current school level only (i.e., elementary, middle or high school). There is no guarantee of sibling applications being approved. Commitment to attend any school should be for the entire academic year. A lottery system may have to be implemented if there are more applications than allocations available.

Copies of the completed applications will be distributed by the receiving school principal, pending a letter or conversation with the parent/guardian of the student.

Parents will be informed of the decisions by the principal of the school applied to within one week after the conclusion of the open enrollment period. Parents will need to confirm acceptance at that time. Contact your school if you have any questions regarding the process.

CPO 1, continued from page 1

year. Narrow roads often require additional ROW and drainage, however.

Projects are also ranked according to the number of requests that have been made by the public. On the county website, there's a [form that anyone can fill out to request an improvement](#). First, check the [Pedestrian and Biking Improvement Candidates Map](#) to see if your project is already under consideration. If it is, you can still submit



the form and cite the Candidate number, to add your voice to the request. There are over 100 URMD candidates identified already.

Of the five projects that we listed, two had already made the candidate list, and one is being handled as a Capital Project, outside the URMD budget.

A bike lane in both directions on Miller Road from Barnes to Cornell is on the map. Portions of the roadway are narrow and adding bike lanes will be expensive.

Barnes Elementary School sidewalk / crosswalk is a “Capital Project.” The road improvement is part of the Murray/Walker intersection project and is under design, and the crosswalk is a separate project. The timeline for these is about three years.

Sidewalks and bike lanes along Butner Road from Cedar Hills Boulevard to Murray in many places: there are a couple of small projects currently on the list for portions of Butner, but the narrow road with very short front yards in many places will make this extremely expensive and difficult. One requested segment would cost \$3 million, and another would cost \$7.2 million.

Bike lane on Barnes Road from Leahy to County Line: this should go on the list.

Westhaven neighborhood to Barnes Rd. direct bike / ped route to Sunset Transit Center: this should go on the map, although it might not qualify as a county project since much of it is on private property. It was suggested that the park district might take it on.

If you have additional ideas of bike/ped projects, please add them to the list! The community can also lobby for additional funding by contacting our County Commissioner and attending and testifying at Commission meetings.

The February 12 CPO 1 meeting will include a discussion of the Cedar Mill Community Plan with Erin Wardell, Principal Planner, Transportation Planning for LUT. The plan determined [increased density levels in many neighborhoods](#), and called for transportation improvements that never materialized. While minor modifications have been made over the years, it's largely unchanged since it was formulated in 1983. You can look through [the latest version by downloading the PDF file.](#)

Nature in the Neighborhoods grants available

Metro's Nature in Neighborhoods grants provide opportunities to support and create partnerships in local communities that improve water quality, fish and wildlife habitat and connect people with nature. Eligible applicants include community groups, watershed councils, neighborhood associations, nonprofits, faith groups, and service groups with nonprofit or other tax-exempt status. Grants may only be awarded to projects and programs that benefit Metro-area residents.

Funding is available for projects that:

- preserve and restore local fish and wildlife habitat
- support larger conservation initiatives
- increase people's awareness of the need for protecting and managing natural areas
- engage people in protecting and managing natural areas at the community level
- increase the expertise and capacity of organizations to lead habitat restoration and land management activities
- provide environmental resources and economic opportunities to communities of color and other historically marginalized groups
- offer direct access to protected

Busted, continued from page 1

instead of premium gas. The same is true for “generic” brand fuel. Large corporations like Shell or Chevron may put additives in their fuel, but the gas you buy for less money at non-branded stations still has to meet strict minimum requirements and works just as well.

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More information can be found using the links below: tiresafety.com/en_us/index fuelconomy.gov



natural areas and the positive impacts of clean land, air and water to communities of color and other historically marginalized groups.

To apply, [visit the website.](#)

Discuss your idea or your draft proposal with the grants coordinator, Crista Gardner. Meeting times are available from January 13 to 23, 2019. To schedule a meeting, contact Oriana Quackenbush at naturalareasgrants@oregonmetro.gov. To ask questions, contact the grants coordinator, Crista Gardner, at Crista.Gardner@oregonmetro.gov.

Then prepare your “pre-application” and submit it by 4 p.m. January 29, 2019.



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