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# Cedar Mill New

Volume 18, Issue 1

January 2020

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#### **Washington County joins** Salmonberry Trail group

by Shawna Muckle, CMN student intern

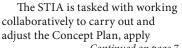
Washington County reached an agreement in December 2019 to become a voting member of the Salmonberry Trail Board of Directors, an organization involved in planning the construction of a walking and biking trail that will eventually run from Banks to Tillamook.

The Salmonberry Trail is currently in the initial stages of development, with a Concept Plan released in spring 2015. Making use of now-defunct portions of the Port of Tillamook Bay railroad corridor,

berry Trail is described as a "nonmotorized, mixed-use recreation path" that will span a total of 86 miles. Beginning in flat farmland in and around Banks, the trail will weave through the Tillamook State Forest to Wheeler, a town north of Tillamook on the Oregon Coast, where the trail will then steer south through several coastal towns before terminating at the Tillamook Air Museum.

The trail is intended for use by walkers, bikers, and equestrians, as well as local hunters and fishers. In order to organize development of the

> trail, the Salmonberry Trail Intergovernmental Agency (STIA), a network of public and private interests involved in planning the trail, was established in 2015. Alongside the STIA, the Salmonberry Trail Foundation was established in November 2019 to raise funds for the project through grants and private donations.



Continued on page 7

#### Park district acquires 25 acres on Laidlaw

Tualatin Hills Park & Recreation District (THPRD) announced in December that it had used some of the funds remaining from the 2008 Bond Measure

cousins would gather after church for a barbecue. There was a swimming hole in the creek. The original farm stretched from Laidlaw to Thompson."



to purchase 25 acres from Ken Findley. The property is adjacent to more than 50 acres of THPRD owned properties as well as other natural areas along Bronson Creek.

The property was part of the original Findley family farm. "When the family first came out here from the Wallowas, around 1898, my great-grandfather Alexander Findley planted orchards—pie cherries and peaches," Findley said. "The bottom lands (which will comprise most of the park) were planted in hay and green beans. We used to have a picnic area where all the

As more people began to move into the area, the farm was broken up. Findley's father Everett got the north portion, and his brother George got the south end, and eventually sold part of that to the Schmidt family.

Ken and his wife Dolores built a home on the northwest corner of the property, and they're retaining a little more than an acre surrounding the house. "I've planned to have this land preserved as a natural area for a long time," Findley says. "Some of it would have been

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Coneptual drawing of a portion of the trail from the Concept Plan

a railroad line formerly owned by Southern Pacific that stretches between Willamette Valley and the Oregon Coast, the Salmon-

Development News

#### Life Time Fitness breaks ground

A groundbreaking ceremony was held on December 18 for the four-story fitness and work center that is being built at the southwest corner of Barnes Rd. and Cedar Hills Bl. (CHB). It will be the first Oregon club for Life Time, based in Chanhassen, Minnesota, which has more than 100 locations in 29 states and Canada. The land is part of the Sunset Station and Barnes Road Planned Unit Development that was created by Peterkort Co. They are selling this property to Life Time.

In addition to fitness classes and equipment, the 138,000-square-foot the Life Time project. The ques-

club will offer childcare, personal services, cafes, and a 37,000-squarefoot outdoor swimming pool. In addition, the fourth floor will provide about 45,000 square feet of office space for lease to others. Completion is planned for fall, 2021. Required road improvements include widening Barnes to five lanes from CHB westward.

On December 5, Beaverton issued a notice that Life Time had requested an interpretation of the City's code related to the vesting of the Sunset Station & Barnes Road PUD and how that relates to tion arises, presumably, because Peterkort's PUD permit was set to expire last fall, when they began to Sunset Transit Center.

According to Jana Fox, Beaverton Current Planning Manager, they are asking that the City formally interpret the development code provisions to determine that the PUD is vested, and that if the City finds that the PUD is not vested that the Life Time land use approvals are valid even if the PUD is anticipated to be issued around January 9.

A "mystery" business group appealed the Beaverton Planning commission approval of the build the parking lot adjacent to the development. The appeal was heard and denied by Beaverton City Council in July, and then Beaverton Business Owners LLC took their case to the State Land Use Board of Appeals (LUBA). Fox notes, "The decision by the City is considered final after all local (in this case City Council) appeals have been exhausted. When the final order is signed, mailed and posted, a LUBA has expired. The Director's decision appeal does not hold up issuance of permits by the local government, as the decision is considered final."

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### Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

## World of Smiles adds Dr. Yang

World Of Smiles Pediatric Dentistry is thrilled to introduce a new pediatric dentist to the team! Dr. Michelle Yang was born and raised



in Seoul, South Korea, but she thinks of Portland as her home. She has been here since she was fourteen. Dr. Yang fell in love with seeing kids as a general practitioner in Denver, Colorado, and was inspired to pursue an additional two years of training in an accredited pediatric residency program to become a pediatric dental specialist.

#### A Child's Way Open House

Open House Saturday, January 18, 10-12 pm for the parent-child two's classes and all other preschool/kindergarten classes.

A Child's Way Kindergarten-Preschool continues to be a center of family engagement in the Cedar Mill area by creating learning opportunities for all. Families enjoy sharing time together whether out on the large, manicured playground or in the classrooms participating in a "Sing Along" this time of year.

Parents and children have many options to enrich their experiences at A Child's Way. In addition to at-

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#### **Printed by Pacific Office Automation**

Opinions expressed in this publication are not necessarily those of its advertisers. tending NAEYC accredited classes, children may sign up for on-site classes such as gymnastics classes taught by Jump Start Gymnastics, or parent-child music classes by Beaverton Music Together. The sec-

ond and fourth Wednesdays at 11:45am are rockin' at A Child's Way with the popular children's music group, Micah & Me (public invited—\$5).

Parents (public invited) will be attending a four-part speaker series on Literacy called "Pre-Reading Superpowers" offered by Nancy Spaulding, children's librarian from the Cedar Mill

Library. Part "One" of the presentation in the series will be held at the Bethany Public House on Thursday, February 6, 7-8:30pm. If you would like to attend please RSVP to <a href="mailto:achildsway@gmail.com">achildsway@gmail.com</a>. The speaker presentation is for adults only.

This vibrant, active community of families embraces a play-based philosophy. This doesn't mean that children aren't immersed in academics throughout their class session. Academics are integrated into every part of the children's day. To experience the magic in the classroom, prospective parents are encouraged to schedule a tour/observation in a classroom by emailing achildsway@gmail.com or calling 503-644-8407 to schedule or a visit, or attend the upcoming Open House.

Fall 2020-2021 registration for new families begins at the Open House. Registration is offered on a first-come, first-served basis.

## Sunset Credit Union 6th Annual 'Shred-It' Day

Friday, January 17 or Monday, January 20, 9-4:30 pm, 1100 NW Murray Blvd

If you have old financial statements, bills, etc. that you want to shred, bring them to Sunset Credit Union's 'Shred-It' Day. You can get up to two shopping bags or banker's boxes shredded for free. Simply bring the documents you want shredded to Sunset Credit Union on either day and your important documents will be securely shredded and sent out for recycling. This is a fabulous opportunity to get rid of tax documents (2009 and older), old financial statements and

outdated personal records at no cost. To learn more, send an email to <u>cuteam@sspfcu.com</u>.

Please note: Items will be securely stored in the Sunset Credit Union facility until they are shredded onsite via a mobile-shredding truck on Tuesday, January 21.

Sunset Credit Union is a notfor-profit full-service financial institution serving anyone who lives, works or attends school in Washington County. To learn more, stop by their office located at 1100 NW Murray Blvd, give them a call at 503.643.1335, or visit their website at sspfcu.com.

#### **CMBA Tax Topics**

Tuesday, January 14, 11:45–1:15 pm, Ackerly at Timberland, 11795 NW Cedar Falls Dr.,

We invite local businesses to join us for lunch. The featured speaker will be Lee Owen, CPA from Dougall Conradie, LLC who will cover important tax topics for 2020. Dessert will be provided by Electronics Unlimited. First time guests are welcome to visit at no charge.

The Cedar Mill Business Association (CMBA) is a unique organization that is a combination of a Chamber, Business Networking Group, and a Charitable Organization. We strive to create value for both our members and the communities we serve with our Monthly Meetings, Shop Local Directory, and through our donations to the local Community. Our service area loosely covers businesses in and around Cedar Mill, including the Bethany, Peterkort, Timberland shopping centers, as well as other businesses along the Sunset Corridor, Many of our members are Service Providers, Small Businesses and Solo-Preneurs.

More information, and a full listing of our members can be found at our website <u>cedarmillbiz.com</u>.

## Gardening classes at Dennis 7 Dees

All classes are free, and require pre-registration. All are at the Cedar Hills store, 10455 SW Butner Rd Flowering Indoor Plants: Care & Selection

Saturday, January 11, 10 am

Learn how to choose and care for indoor flowering plants for long-lasting, "living" bouquets. In addition to basic orchid care, we will talk about how to grow other popular indoor flowers, including African Violets, Kalanchoes, Bromeliads, Anthuriums, and more! Register here.

Seeds & Seed-Starting for Begin-



iers

#### Saturday, January 18, 10 am

Starting plants from seed can be fun and economical, and it is often the best way to find unique or heirloom varieties to grow. Learn about supplies, planting dates, critical timing information, and ways to extend your harvest to have a successful and bountiful season. Featuring Hudson Valley Seeds. Register here.

#### **Orangetheory Fitness**

The Transformation Challenge (TC) is an eight-week challenge inviting members and anyone new to transform their body with Orangetheory Fitness. Prizes will



be awarded to the top finishers in the event. TC will begin on Monday, January 20, and runs through March 15.

For more information or to sign up for the event, contact the studio at 503-427-1915. Special rate available until January 17.

#### Bethany Family Pet adjust Saturday hours

Starting January 1, 2020, we will change our Saturday hours to be open from 7 am-5 pm. This is a change from our usual hours of 8 am-6 pm. Our Monday-Friday hours and Sunday hours will stay the same. We are hoping this gives our clients and staff more flexibility for their Saturdays.

Learn more about our practice <u>at</u> <u>our website</u>.

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CPO News

#### Short-term Rentals discussion for January 14 meeting

Tuesday, January 14, 7 pm, Leedy Grange Hall

Currently, Washington County does not regulate short-term rentals (such as Airbnb and VRBO) in residential neighborhoods. The County is gathering information to





consider creating land use rules for these types of rentals.

Washington County Senior Planner, Suzanne Savin, will begin with a presentation about the process being planned by the county, and ask you to share your experiences with this rental type.

Following this discussion, we'll collect your suggestions for topics to be covered in 2020. Bring your ideas and concerns, and we'll try to schedule a session to address them!

## April Crest subdivision proposed for 119th

A 13-lot subdivision is proposed for a 2.59-acre parcel on the

east side of 119th near Vallevue Place. Comments on the proposed development are due by January 10, 5 pm. Use the <u>county comment</u> <u>page</u> and select Casefile L1900400-S from the dropdown menu.

## Village Church considering adding a school

Neighborhood meeting: Tuesday, January 7, 7 pm, Village Baptist Church Columbia Room, 330 SW Murray Glvd.

A preliminary meeting will be held to inform neighbors about preliminary plans for a small private school of approximately 100 high school students on the unfinished third floor of the Sanctuary building, and get feedback.

#### New Columbia Sportswear office building plan submitted to County

An office building for approximately 500 employees is proposed for 14320 NW Science Park Drive. The property is currently being used as a parking lot. The company



is asking for several "hardship relief" exceptions from county building code, including reducing the front yard setback; increasing the building height from 65' to 75'6"; and increasing lot coverage from 50% to 55.5%. Parking for these employees will be at the company lot across Science Park, and also at the parking lot of Sunset Presbyterian, which leases space to Columbia.

The application will be available to view at the January 14 CPO meeting and then at the Cedar Mill Library—ask at the reference desk. Comments are due by January 20, 5 pm. Use the county comment page and select Casefile L1900432 from the dropdown menu.

#### Homestead Subdivision on Harvest

A development application for an 11-lot subdivision on a two-acre lot between Saltzman and Harvest was approved in June 2019. Neighbors filed an appeal, citing concerns about stormwater runoff and parking. A Washington County Hearings Officer heard the appeal in November, and issued his finding

on December 5, denying the appeal and upholding the development approval.

Jeff Jorgenson, a descendant of the Peterkort family, grew up in the home that is on the property now. He is the VP of Development at Peterkort Co., and is the owner and applicant for this project.

#### **Washington County Forum**

Mondays, 11:30 am, speakers start at noon, Coyote's Bar and Grill, 5301 W Baseline Rd, free

Founded in 1956, the Forum provides a place for the interchange of ideas on civic matters. Each week the Forum brings together community leaders, members, and guests who care about what happens in Washington County, the Metro region, and our state. Here are the exciting Forum topics for October: January 6: The Impeachment Trial—How it works & what it means

Local constitutional experts will break down what is happening in Washington DC with the House impeachment and possible Senate trial. January 13: PERS: is it a retirement system that works for everyone?

Kevin Olineck, PERS Director, and Michelle Morrison, CFO Hillsboro School District, will discuss the future of Oregon's public employee retirement system and how its unfunded liability might affect local government employers and future retirees.

#### January 20: Young leaders

An influx of new young leaders have been elected in the last couple years. Ben Bowman, Tigard-Tualatin School Board Member; Juan Carlos Gonzales, Metro Councilor; and others will give their perspectives on today's political climate and share how they are leading our county and region.

### January 27: Pete Truax, Mayor of Forest Grove

Ahead of his February State of the City, he'll give us his thoughts on the future of his city and the region with a glimpse of what lies ahead in his upcoming State of the City speech.

## Exploring the Mysteries of Coyotes in the City

Tuesday, January 14, 7-9 pm, Oregon Zoo Cascade Crest ballroom

Don't miss your chance to hear a fascinating story about urban wild-life from a world-renowned expert! Stanley Gehrt, PhD will be joining us to share his nearly 20-year study of how coyotes in Chicago have adapted to the city as their natural environment. He'll share previously unknown details of how they live in harmony with the bustling concrete jungle.

Stan's one-of-a-kind work has been featured on NPR, PBS, National Geographic! This event is a must-attend for anyone interested in the wonders of natural life. This Nature Night event is brought to you by the Portland Audubon.

Register here.



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#### STEAM Minecraft at BestHQ

by Genevieve Coblentz, CMN Managing Editor

Every month, BESThq, a collaborative business community and executive development center based in Beaverton, hosts a monthly

STEAM (Science, Technology, Engineering, Art, and Math) Minecraft event. Over the past three years, this fun, creative, and confidence-building program, overseen by Ron White, has helped nearly 1000 kids of all abilities learn teamwork, problem solving, public speaking, and leadership skills. The STEAM Minecraft program focuses on

inclusivity and welcomes kids of all genders and abilities.

Kids from grades 3-8 develop communication skills by working in groups to build projects in Minecraft, a video game where people can use blocks to build a wide variety of objects. They work in small groups to brainstorm a common thing that they want to build. Every month there is a new theme that the kids can base their creations on. In November, the theme was "what we are grateful for". The kids really took

this theme to heart and ran with it. One group made a whole turkey dinner, with pumpkin pie, of course.

Before each event, Luis Lopez and other BESThq employ-

ees work hard to set up 20 computers, donated by Intel, and the Minecraft server, so that they are ready when the kids arrive. The room is full of energy and excitement as the kids sign in and find a seat.

"I like that I can let my creativity run wild!", says Jazzy, a frequent participant in the monthly STEAM Minecraft events. Every event kicks off with a short presentation from a STEAM professional, followed by an introduction of the month's creative theme. The STEAM professionals share what they do in their careers and how their job relates to the STEAM field, giving the kids some ideas about future career options and opportunities. The kids

are then free to discuss what they want to make and how they can make it happen.

Working in groups gives the kids opportunities to improve their communication skills and make



STEAM Minecraft team presents their project

new friends. This aspect of the program has helped many shy kids or kids with disabilities open up and become more communicative. After about five minutes of deciding what they want to build, the kids begin, continuing to communicate with each other throughout the building process. They're given an hour to build, which goes by very quickly when they are all having fun. During the hour-long build session, STEAM coaches, parents, and professionals in STEAM fields wander around and help the groups. Once

the hour is up and everyone has put the finishing touches on what they made, the groups present their masterpieces to their peers and parents, who enjoy



A Minecraft bulding screen

staying the entire time to observe.

The group members assign a speaker and a controller, but everyone in the group stands up at the front and shares their name. The speaker walks the audience through what the group made, while the controller moves the screen around.

This event is a great way for kids to learn and practice communication and presentation skills, to express their creativity, to make new friends, and to learn about STEAM careers!

For more information about participating in the STEAM Minecraft event, volunteering as a STEAM mentor or coach, or to RSVP, go to the Best HQ website.

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Sunset Athletic Club

Cedar Mill's

Outstanding.

#### Japanese Beetle Update

by Austin Johnson, ODA Japanese Beetle Outreach Coordinator

Last spring, the Oregon Department of Agriculture's Integrated Pest Prevention & Management (IPPM) program continued its



multi-year effort to eradicate the Japanese beetle. From April to June, this invasive and destructive pest! ODA applied a granular larvicide treatment to approximately 8,500 residences, six schools, eight parks, three shopping centers, and a golf course, all located in Washington County. Treatment consisted of one granular larvicide treatment applied to all grass lawns and/or ornamental planting beds in areas where beetles were detected in 2018. Acelepryn<sup>®</sup> G is a "reduced risk" targeted larvicide that kills certain pests in their larval state in the soil. It is not considered to be a health risk for humans, pets, wildlife, including pollinators, when applied according to label directions.

Last year, for the first time, the granular treatment (Acelepryn® G) was supplemented with an Acelepryn<sup>®</sup> spray applied to leaves (foliar spray) in areas with higher Japanese beetle populations. The treatment was sprayed in late June on non-edible ornamental trees, shrubs and plants that are known Japanese beetle hosts. As a result, there was a 75% decrease in Japanese beetle catches within the boundary.

Overall there was a 56% reduction of Japanese beetles caught statewide. In the eradication zone, Japanese beetle populations dropped 65% in 2019. During the 2019 season 7,749 Japanese beetles were caught in the Cedar Mill area. The impact of last year's eradication will not be known until Fall of 2020.

This is a multi-year project. ODA will know the 2020 treatment area boundary in early January. Although the area was treated, residents may find adult beetles on their property for the next few years.

If Japanese beetle establishes in Oregon, it will be a huge threat to agriculture. An economic analysis conducted by ODA concluded that farmers would spend an estimated \$43 million annually to combat Jap-

anese beetle. Restrictions on farming exports would hurt Oregon's economy. In addition, homeowners, parks, schools and golf courses could expect to see severe damage to lawns and landscaping. Without

> the cooperation of the residents in the treatment area this project would not be possible. Roughly 95% of residents consented to the granular treatment last year. Thank you to the residents of Cedar Mill for

your support in helping eradicate

For more information on the Japanese beetle eradication project visit www.JapaneseBeetlePDX.info. Please do not hesitate to contact ODA by calling 1-800-525-0137 or emailing: japanesebeetle@oda. state.or.us.

We are currently planning a larger treatment boundary for the 2020 eradication and will update everyone soon with the new map.

#### Master Gardener **Training**

Are you passionate about gardening? Do you want the real dirt on tried-and-true gardening practices? Yes? Then OSU Extension Master Gardener™ training is right for you! Registration is open for the 2020 Master Gardener training program. Training is available in Washington County, beginning the last week of January 2020. Training consists of a combination of in-person classes, online content, and hands-on workshops. For more information and to register visit the website.

#### **Beaverton Historical** Society

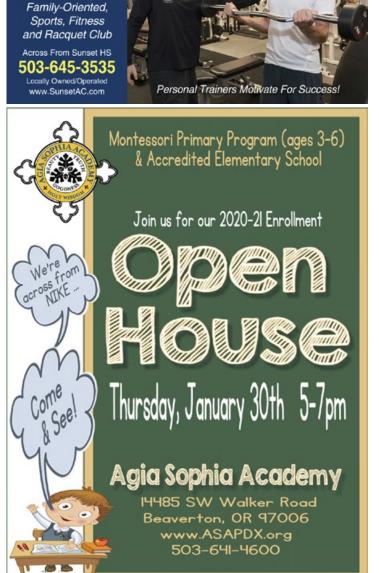
Tuesday, January 14, 7 pm, Elsie Stuhr Senior Center, 5550 SW Hall Blvd., \$3 donation

History of the Phillip Foster Farms Historic Site

The presentation will touch on the history of the Phillip Foster Farms Historic Site, and the relationship with Sam Barlow and the Barlow Road. Who were Phillip Foster and his family, and how did they come to Oregon? There will be photos, artifacts, and a discussion on how this history is interpreted. Refreshments are provided.

For more information, go to historicbeaverton.org or call 503-820-8765



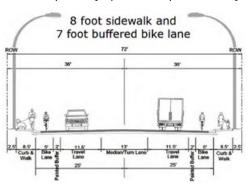


#### Waterline improvements added to Cornell project

ment project between 102nd Avenue the construction of the waterline and 113th Avenue will improve

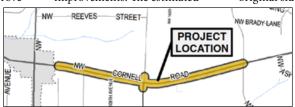
NW Cornell Road to a three-lane section. install a traffic signal at the NW Cornell at 107th Avenue intersection, and construct sidewalks, bike lanes, street lighting and storm drainage.

Tualatin Valley Water District (TVWD) has requested the County to include the construction of waterline improvements on NW Cornell Road within the limits of the County's road project. County



Commissioners are expected to approve the proposal at their Janu-

The NW Cornell Road improve- ary 7 meeting. TVWD will fund improvements. The estimated



total cost for TVWD's waterline improvements is \$768,000.

Construction for the NW Cornell Road improvement project and TVWD's waterline improvements are anticipated to begin in the

> spring of 2021, with completion expected in summer of 2022.

During the December 10, 2019 County Board of Commissioners (BCC) Work Session, Land Use & Transportation Director Stephen Roberts told the Commissioners that residents affected by the project had requested that

the planned eight-foot sidewalk be reduced to five feet in width to lessen impacts to property owners. LUT recommended keeping the original sidewalk width, noting that

> "Given the presence of three parks and an elementary school in the area, the widerthan-typical sidewalks were intended to provide adequate space for inexperienced or

less-than-fearless cyclists to ride on the sidewalk, rather than having to use the on-street bike lanes."

He also said, "Staff anticipates that in the future, wider sidewalks will be incorporated into the Road Standards for future County road improvement projects and will eventually be constructed at either end of this project." Staff will continue to work with affected property owners to minimize project impacts to the extent practicable (i.e. retaining walls vs. slopes).

#### THPRD Youth Summer **Programs**

Are you thinking about what will keep your teens busy this summer? Tualatin Hills Parks and Recreation Department (THPRD) offers youth volunteering programs for teens to gain leadership skills and learn about specific career tracks in nature and recreation, while also having fun.

Fill out the interest form here to

#### **Volunteer in Nature:** Stewardship Leader and Park Steward **Programs**

Stewardship leaders help lead volunteer projects at THPRD parks and trails, teaching other volunteers how to safely use tools and identify native versus invasive species. Stewardship leaders can work with school groups, community groups, and at one-day events.

Park stewards donate their time in their chosen park(s), engaging with patrons, and communicating with THPRD about anything in the park that needs attention. You can volunteer as an individual, with friends, or with your family. Best of all, you set your own schedule and volunteer while enjoying the park you'd be visiting anyway!

Apply to volunteer as a Stewardship Leader or a Park Steward or other youth programs online on the and is a protected natural area. THPRD Volunteer Interest Form

New park, continued from page 1 suitable for development, but we don't have enough parks so this is a better use for it. I've been talking with THPRD for six or seven years and I'm glad we finally worked it out."

Bronson Creek runs through the site. According to Holly Thompson, THPRD Communications Director, "The 2008 voter-approved bond measure directed THPRD to use funds to protect local natural areas and lands near creeks and streams throughout the district, safeguard water quality and protect fish and wildlife habitat. The purchase represents significant completion of natural areas acquisition within the bond measure."

"This property is a win-win for everyone," said Felicita Monteblanco, THPRD Board President. "The board is very excited, we made it a priority this past year to focus on completing our goals for natural area acquisition from the 2008 bond. This property will enable us to preserve a critical natural habitat area while at the same time creating better potential for connections within our trail system."

Preserving this property helps provide cool, clean water to the lower parts of the watershed. Bronson Creek is an important wildlife corridor and local biodiversity hot spot. Elsewhere along the creek, THPRD staff has done restoration work to benefit native aquatic turtles and rare red-legged frogs. Community science volunteers will do turtle observation here this spring to guide restoration plans.

Looking ahead, the site could help with alignment of the proposed Bronson Creek Community Trail. Staff will begin work to develop a habitat restoration plan, estimated to take approximately three years, to bring more native trees and shrubs to the site to benefit wildlife and improve water quality. After this restoration period, THPRD will explore the potential for nature-centered amenities and community access, including trails and interpretive signage.

The south end of the new park property is steep and wet surrounding the creek. There's a man-made pond near the west end. It will likely be retained since it functions as a water retention facility. Land to the west of the property is owned by BOSA, a Canadian company that developed the nearby subdivision,

#### **Metro Nature in Neighborhoods Grants**

Grant applications due Wednesday, January 29

With the goal of building cultural, environmental, and economic equity, these grants provide communities of color and underserved communities educational opportunities, work training, organizational development, and the chance to get out and spend meaningful time in nature.

To apply go to the Metro website to learn more about Metro nature education and outdoor experiences grants and fill out a simple application by the due date.

2020 Nature in Neighborhoods grants workshop Tuesday, January 7, 3:30-5 pm or

5:30-7 pm, Metro Regional Center, room 270, 600 N.E. Grand Ave.

Join us for an optional grant information workshop about the application and process.

You can discuss your ideas or review your nature education and outdoor experiences grant proposal with the grant program manager, Crista Gardner, or the Community Investments Manager, Juan Carlos Ocaña-Chíu? Please go to this schedule and choose an available

time between January 8-23 for an in-person meeting or phone call. If none of those times work for you please contact Oriana Quackenbush get started. at 503-797-1834 or oriana.quackenbush@oregonmetro.gov to try to find another time.

#### Join the grants review team! Application due January 15

Are you committed to helping the people in our region experience nature? Do you want to see greater environmental, cultural, and economic equity in greater Portland? You can help by joining Metro's nature education and outdoor experience grants review committee.

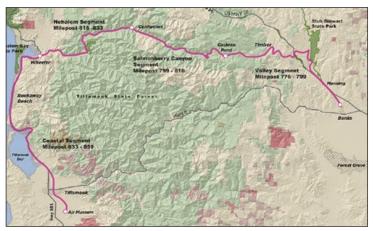
To apply, send an email and attach a resume describing your background and experience to the grants program manager, Crista Gardner. Find the review committee application at the bottom of the nature education and outdoor experiences grants website. Metro staff will begin reviewing committee applications January 15.

For more information about any of Metro's great grant programs, please see our website at oregonmetro.gov/grants.

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Trail, continued from page 1 for land-use permits, analyze the environmental and human impact of the Trail, and partake in a broad spectrum of planning and management aspects of the trail. The agency is headed by a Board of Directors, comprised of full voting members and various "ex-officio"

According to the 2015 Concept Plan drafted by the Salmonberry Coalition, an all-encompassing group of state governmental agencies, advisory councils, and city governments, Salmonberry Trail represents an opportunity to historically and environmentally preserve various historical sites, state parks,



parties. Voting members on the STIA Board of Directors include the Oregon Department of Forestry, the Oregon Parks and Recreation Department, Tillamook County, and the Port of Tillamook Bay.

Previously, Washington County was an ex-officio member of the STIA. As an ex-officio entity, the county consulted with other voting and non-voting parties connected

to the STIA and played a significant advising role for the organization, but it did not have voting privileges on STIA's Board of Directors.

The Board of Directors and Washington County reached an agreement this December to amend the STIA Intergovernmental Agreement and designate Washington County as a full-fledged voting

member of its Board of Directors. At their December 17 meeting, the Washington County Board of County Commissioners deliberated and agreed upon the terms of the amendment, meaning Washington County will have a voting representative on the STIA Board of Directors by January 2020.

and recreation areas along the trail, while also economically "[revitalizing] communities along the rail corridor, including Banks, Timber and the small towns along the coast from Wheeler to Tillamook." Moreover, Salmonberry Trail, much like the popular Banks-Vernonia trail, offers a potential economic and recreational bridge between urban areas within Willamette Valley and rural

Tillamook County

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The Washington County portion of the trail is called the Valley Segment

communities on the Oregon Coast.

While Washington County only has jurisdiction over a small portion of the Salmonberry Trail—the trail's most eastern portion from Banks to the Tillamook County line—the costs associated with this portion are noteworthy. According to Washington County Counsel Alan Rappleyea, the "Valley" seg-

ment of the trail, the part that resides in Washington County, could cost anywhere from \$23 to \$77 million, depending on infrastructure and route decisions. Washington County's decision to become a voting member of the STIA Board of Directors does not obligate it to expend any funds or administrative activities for the construction of the Salmonberry Trail.

The planning and development of Salmonberry Trail is divided into four parts: Valley, Coast, River, and Canyon. As of 2019, only Valley and Coast have a detailed Master Plan outlining their development. Potential funding for the River and Canyon portions of the trail has been identified via a grant from Tillamook County, said Washington County Commissioner Jerry Willey in a November 2019 memo to the BCC. As such, detailed plans for all four sections of the Salmonberry Trail may be complete by 2020.

Some potential hurdles as the project progresses include parts of the Port of Tillamook Bay rail corridor that have experienced damage, obstruction, and blockage due to various environmental factors, a particularly significant challenge in the Canyon segment. Additionally, there are efforts underway to coordinate the expansion of the Oregon Coast Scenic Railroad, the only active por-

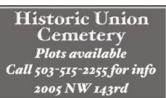
tion of the Port of Tillamook Bay rail corridor, with the construction of Salmonberry Trail.

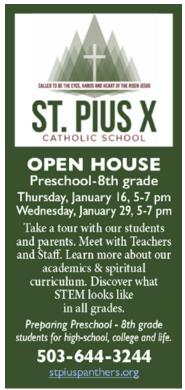
Though it's unclear when the trail will be available for public use, the Concept Plan suggests construction may finish in 2035. In comparison, the Banks-Vernonia trail, another multi-use trail connecting Washington County to rural Oregon, took 30

years from concept design to construction before becoming available to the public.

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#### Tickets Now Available For ACMA Spectacular Fundraiser

Friday & Saturday, February 7-8, 7 pm, ACMA @ Timberland Middle School, 650 NW 118th Ave.

Art and Communications Magnet Academy (ACMA), Beaverton's school for the arts and current

student artwork, paintings, and twelfth a other interactive and hands-on art experiences were available before the show and during intermissions. twelfth a encoura are \$45.

The multi-act performance is ACMA's only all-school fundraiser.



Cedar Mill resident,\* is hosting its second annual ACMA Spectacular! fundraiser next month. Tickets are currently available at <a href="mailto:acmapto.com/spectacular">acmapto.com/spectacular</a>.

"Last year's show was amazing," said Elia Freedman, whose sixth grader started at ACMA this year. "The talents of these students far exceed a typical middle or high school production."

ACMA Spectacular last year featured choir performances, orchestra, jazz band, poetry readings, short plays, dance, and more. In addition, 100% of the proceeds from ticket sales support school programs, students, and teachers.

"We are so excited to be presenting our second annual ACMA Spectacular," said Jami Curl, ACMA PTO President. "We have extremely talented students here at ACMA and this is a tremendous opportunity to showcase those talents to both the ACMA and Cedar Mill community."

The ACMA Spectacular is a PTO, faculty, and student-led fundraiser. All sixth through

twelfth grade students at ACMA are encouraged to participate. Tickets are \$45

\*ACMA is currently housed at "Timberland Middle School" through the 2020-21 school year while Beaverton School District rebuilds its facilities on Center Street. Timberland Middle School is at 650 NW 118th Ave.

## Alzheimer's Caretaker Training

Thursdays, January 16 - February 20, 1:30-3:30 pm, Beaverton City Library, 12375 SW 5th St. or Wednesdays, January 8 - February 12, 1:30-3:30 pm, Tuality Health Education Center, 334 SE 8th Ave.

Caring for someone living with Alzheimer's disease or a related dementia can be challenging and overwhelming. Washington County Disability, Aging and Veteran Services (DAVS) is offering a free sixweek training geared toward helping unpaid caregivers. The SAVVY Caregiver Training has been found to increase skills and reduce stress. Participants will learn skills to manage daily life and communicate more effectively, build new strategies and tools to help manage challenging behaviors, and take care of

themselves. Limited respite care is available. Call the Family Caregiver Support Program at 503-846-3089 for more information or to register

## "Inside Washington County" radio show

Former WashCo Forum President Rob Solomon has an interview show featuring in-depth conversations with interesting and influential people. You can listen to any or all the interviews on the website, or sign up to be notified when a new one is posted.

Original show plays Friday at 1:30 pm and is repeated the following Sunday at 5 pm on KUIK Radio 1360 am.

January 6: Money in Politics, featuring Jason Kafoury
January 13: City of Tualatin, featuring Mayor Bubenik
January 20: Native American
Issues, featuring Congresswoman
Furse

**January 27: Affordable Housing** part one, featuring representatives from City government and nonprofit organizations

February 3: Affordable housing part 2.



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#### How to recycle plastics

by Kimberly Buzdygon, Community other places for processing. Outreach Coordinator, Washington County Solid Waste & Recycling

Recycling is a great way to help protect the environment, but it's important to do it right! The first step is to determine if an item is accepted in your mixed recycling bin. Recycling can vary by location, but the rules are the same across the Portland Metro region, which includes Washington County.

There are many local resources that can help when you have a question about recycling:

Washington County Solid Waste & Recycling (SWR) provides a website and an app called Garbage and Recycling Day where you can look up your hauler and collection schedule, find out about upcoming community collection events in your area and search a database of thousands of items for disposal options. You can also call SWR at 503-846-3605.

Metro's Recycling Information Center can be reached at 503-234-3000, or you can send a picture to their @RecycleorNot Instagram account.

Remember that you can't use the "chasing arrows around a number" symbol to decide if something can go in the mixed recycling bin or not. That symbol indicates what the product is made of, not if it is accepted in the mixed recycling where you live. And if you're not sure, it's better to throw it out than to put the wrong thing in the recycling bin and cause contamination.

"Contamination" is the term used when there are things in your recycling bin that shouldn't be there. When that happens at home, you might find an "Oops" tag from the collection company on your bin letting you know what the contaminants were. If there is a lot of contamination you might find that your recycling won't be picked up by the collection company, or the entire load might get rejected and sent to the landfill instead. Contamination makes the recycling process less efficient and more expensive because extra time, energy, and labor are required to remove and dispose of contamination. And if some of those non-recyclable items make it through the sorting process, contaminated recycling can cause a lot of environmental problems when it is exported to

To understand why certain items aren't accepted in the mixed recycling, it's helpful to know more about what happens to your recycling after it gets picked up. Recycling is collected from your home



A typical section of a Materials Recovery Facility (not Washington County)

and goes to a materials recovery facility (MRF) where it is sorted into separate streams like paper, metal, plastics, etc. Certain items aren't allowed in your recycling because when they go through the sorting process, they can damage equipment, slow down work, and even endanger employees. For example, plastic bags shouldn't go in your recycling bin because they get wrapped around the machinery, requiring the MRF to temporarily shut down while the material is cut out and discarded. Other items like textiles, string lights, and cords can cause the same problem. Another issue is batteries and items that contain batteries (like a musical greeting card or a toy) because they can start fires.

Other materials, including many kinds of plastics, are not accepted in the recycling because the material is low-grade, low-value, and difficult to recycle. This includes things like "clamshells" (hinged plastic containers that hold produce like salad or berries), to-go containers, plastic cups, etc. Other items are not accepted because they are made of multiple materials that are very difficult to separate from each other. For example, disposable coffee cups are not accepted because they have a liner that prevents the liquid from soaking through that can't be easily

separated from the paper.

After the recycling has been sorted, it is sold in large bales to companies that process them so that the materials can be used to create new products. Since China started putting limits on what level of contamination they would ac-

cept in recycling, the recycling industry has been experiencing a lot of change. Before, recycling was profitable for collection companies and MRFs, but now it can cost money to process recyclables.

Recycling is still good for the environment! It saves resources and energy and creates good jobs. And here in the Portland Metro area, what is and is not accepted in the mixed recycling bin has not changed. Just remember that recycling right is more important than recycling more. Take a minute to check if an item can go in the mixed recycling or not. It won't take long, but it will make a difference for our recycling systems and our environment. Learn more or schedule a presentation about recycling by contacting SWR

at recycle@co.washington.or.us or 503-846-3605.

#### Viva Village activities open to the public

#### Nature Walk

Saturday, January 4, 9:30 am. Bethany Lake Park, 5061 NW 185th

#### Village 101 Presentation

Saturday, January 11, 10-11:30 am. Elsie Stuhr Center, Cedar Room, 5550 SW Hall Blvd.

Information for prospective members and volunteers. RSVP at vivavillageevents@gmail.com or 503-746-5082

#### Urban Hikers

Thursday, January 16, 9:30 am. Gabriel Park, 4056 SW Canby.

Hike at a moderate pace for 2 miles through forest and open meadow. RSVP at vivavillageevents@gmail.com or 503-746-

#### Thursday Night Social

Thursday, January 16, 6 pm. Ernesto's Italian Restaurant, 8544 SW Apple Way.

RSVP at vivavillageevents@gmail.com or 503-746-5082.

#### Village Forum

Monday, January 20. 2-3 pm. Fireside Room, First United Methodist Church, 12555 SW 4th St.

Presentation on Marijuana: Its Uses and Abuses, What Seniors Need to Know. RSVP at vivavillageevents@gmail.com or 503-746-5082.

#### Viva Village Book Club

Tuesday, January 28, 4-6 pm. Private home in Westbrook Neighborhood, Selected Book: The Wanderers by Meg Howrey. RSVP at vivavillageevents@gmail.com or 503-746-5082, for address.

For information, contact vivavillageevents@gmail.com or 503-746-5082. To see a complete list of January events, go to vivavillage.clubexpress.com and click on Calendar.

#### Folk Dancing at Leedy Grange

Mondays, January 6 and 20, 7-9 pm, Leedy Grange Hall, 835 NW Saltzman Rd., first time free, \$6 for one, \$10 per couple.

Enjoy Israeli and International dances with this friendly group. No partner necessary. 7 to 7:30 pm is beginners level instruction and dancing. 7:30 to 9 pm is intermediate level instruction and dancing. Folk dancing is great for brain and body health, and for making new friends too! For details please visit Portland Israeli Folk Dance News. For questions please email Sue at pifdnews@gmail.com.

#### **Experience Music at PCC**

Tuesday, January 21, 7:30 pm, Portland Community College Rock Creek, Forum Theater, Room 114, Building 3, 17705 NW Springville Rd., admission is a donation at the door, parking is \$2.

The Portland Community College Rock Creek Experience Music Series presents the Northwest Piano Trio in concert. The Trio will perform a program titled "Romantic Notions," featuring works by Robert and Clara Schumann and their great friend Johannes Brahms. For more information about the concert, please contact Anthony Catalan at anthony.catalan@pcc. edu or call 971-722-7866, or go to at pcc.edu/musicrc or the Series Facebook page.





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Business News, continued from page 2

### Touchmark public events

Touchmark in the West Hills invites the public to participate in the following complimentary events. To attend, RSVP to 503-954-1640. Touchmark is located adjacent to Southwest Barnes and Leahy roads at 840 SW Touchmark Way. 2020 Trip to Ireland

Tuesday, January 7, 12 pm

Is exploring Ireland on your bucket list? Here's your opportunity to hear from Premier World Discovery about all the fun planned for this April trip.

#### Parkinson's Support Group Wednesday, January 8, 5:30 pm

This support group meets the second Wednesday of each month and is open to those living with Parkinson's as well as family members or friends.

Art Presentation: Meet the Artist Thursday, January 9, 7 pm



Younie's "Ardea Heroias" is among the commissioned artwork on display at Touchmark.

Wesley Younie is a Portland artist inspired by the natural world around us. Using patterns, glitter, fake plants, and gold leaf, he wants to take viewers on an adventure. He will share what inspires him along with some of his recent work. He believes, "As the natural world continues to disappear, we need to save and respect our natural places."

Lunch and Learn: Healthy Eating

#### Lunch and Learn: Healthy Eatin Monday, January 13, 11:30 am

It's widely understood that nutrition plays a significant role in health and disease. Students from the National University of Naturopathic Medicine will share the newest information about diets, healthy eating for older adults, and how to eat to support your health.

### Caregiver Dementia Support

Wednesday, January 22, 5:30 pm

This supportive group of individuals meets the fourth Wednesday of each month to share the challenges of living with and caring for someone who has dementia.

## The Ackerly public events

All listed events are open to the public, but do require an RSVP—call 503-350-3400. The Ackerly is located at 11795 NW Cedar Falls Drive across from the Timberland Center

Senior Fitness Class Wednesday, January 8, 22, February 5, 2-2:45 pm

Fitness class geared toward 55+ age group. Focus is stretch, strength and maintaining or increasing mobility and balance.

#### Seller's Market Seminar Saturday, January 11, 10:30 am

Downsizing, Packing, Moving—Great tips and strategies. Real Estate—What is the market doing? When is the best time to sell your home? Drinks and bites provided. Infinity Rehab Wellness Talk Thursday, January 30, 1 pm

Water – The Key Nutritional Component

Do you know the health benefits of proper hydration? Do you know what dehydration is and how it can be harmful to you? Are you drinking enough water? Not sure? Then come to this month's Infinity Rehab Wellness Talk to learn all about the importance of water to you and your health!

## Cornell Family Dental announces merger

Randall Freed DMD, longtime Cedar Mill dentist, announces a merger with the practice of his daughter, Lindsay Freed Brown, whose office is next door to his at 12887 NW Cornell. The merger will provide extended office hours and a wider variety of dental services and technologies.

Connect with them at <u>cornellfamilydental.com</u> or 503-646-9687.

#### Village Gallery of Arts

For more details and information on any of these events, please check our website or call the Gallery at 503-644-8001. The Gallery is located in the east end of the building that houses the Cedar Mill Library, at 12050 NW Cornell. Second Sunday Artist Reception

#### Second Sunday Artist Reception Sunday, January 12, 2-4 pm

Come meet the artists and enjoy refreshments while browsing the new show! The featured artist is Kathryn Oliver-Garnett using watercolor and pen and ink. The featured artisan is Teresa (Terry) Marie Misley, who does mixed media using repurposed materials for mosaics, stained glass, jewelry, and a variety of other items. Member artists are invited to submit works



Watercolor by Featured Artist Kathryn Oliver-Garnett

in acrylic for the January Media Focus Wall.

Children's Shodo Classes Mondays, January 13, 20, and 27 or February 3, 10, and 24, 4:30-6 pm or 6:30-8 pm

Kids can express their creativity and build concentration by writing and drawing using Japanese Calligraphy techniques. Children ages 6-14 will learn the basics of how to write Japanese or English characters with the calligraphy brush in their own style. Kids will be taught the fundamentals of the ancient Zen art of Shodo, which is not just the way of calligraphy, but also teaches concentration, meditative calm and attention, and expression of oneself through the brush. Call or visit website for class supply list and more information.

Children's Creative Reuse Art Class

Thursdays, January 9, 16, 23, and 30 or February 6,13, 20, and 27, 3:45-4:45 pm

Children ages 7-11 explore their creative potential in a fun, playful and safe environment to learn various art techniques and create fun craft projects. The class will focus on process rather than product. This allows students of varying skill levels the opportunity to explore their creativity in a low-pressure environment. Your child will explore a variety of art media depending upon the reuse/repurposing supplies available. Our goal is to encourage each student to utilize the creative reuse (upcycling/repurposing) method and create useful and beautiful items from materials that would otherwise be discarded. Our hope is for the students to share this process with their friends and family.

Altered Book Blackout Poetry Workshop

Saturday, January 18, 10-3 pm

Beginner level. Please bring your lunch to maximize workshop classroom time.

> In this one-day workshop, Virginia Sumner will help you explore a variety of techniques to alter old and outdated hardback books you have salvaged for this exciting artistic endeavor. Blackout poetry gives each altered book a new life full of meaning by selectively adding illustrations and removing text. Bring a variety of the supplies you have on hand or wish to work with, including 2-3 hard or soft back books. For complete supply list and further suggestions, please

see website or call the Gallery.
Paint Birds in Watercolor
Wednesdays, January 15, 22, 29,
February 5, 12, and 19, 9:30-12:30
pm or 6-9 pm

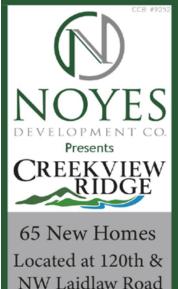
All levels welcome—a wonderful time to continue and add to your watercolor skills! Learn to paint birds in watercolor using traditional techniques with Mary Burgess. Classes will focus on bird features including faces, feet, feathers and interesting backgrounds. Classes are built around specific exercises and handouts are included to support the concepts taught during each session. Each student receives individual guidance and attention. Email Mary Burgess for supply list: maryhazelb@hotmail.com. Please see website or call the Gallery for further details.

#### Jumpstart that Journal Workshop Saturday, February, 10-3 pm

Beginner level. Shake off the post-holiday and winter doldrums in this workshop, taught by Virginia Sumner, full of vibrant color designed to jumpstart our journals. Create quick backgrounds and interesting page layouts for your journals. We will work with Dyan Reaverly's Dylusions line of 'blendable acrylic paint', ink sprays, and creative journals. Layering, blending, stenciling, and various journaling techniques will be used to "Jumpstart that Journal." Bring a variety of the supplies you have on hand or wish to work with; please see specific supply list on our website or call the Gallery. Please bring your lunch to maximize workshop classroom time.

For the complete list of classes, visit the Gallery website.





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# SHREDDAY

If you have old financial statements, bills, etc. which you want to shred, bring them to Sunset Credit Union (1100 NW Murray Blvd) for their 6th Annual "Shred-It" Day January 20, 9 am-4:30 pm

You can <u>get up to two</u> <u>shopping bags or</u> <u>banker's boxes</u> <u>shredded for free.</u>

Please note: Items will be securely stored in the Sunset Credit Union facility until they are shredded onsite via a mobile-shredding truck on Tuesday January 21st, 2020.



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