

## Hungry for something different?

by Cheryll Miller

Many of our local restaurants are still open for business. Just place your order, pay with a credit card, pick up your meal and enjoy at home. Most of them also offer delivery, either with their own people or through one of the meal delivery services.

This is not a complete list, so if you have a local favorite and want to add their info, send an email to info@cedarmillnews.com

Below the list is updated information about Oregon's food service safety regulations that apply to all restaurants.

## Bandito Taco / Taste of Persia

13571 NW Cornell Road Pickup Hours: 11 am-9 pm Tuesday-Saturday Call to order 503-643-2304

## **Bep Vietnamese Grill** (formerly LaSen)

230 NW Lost Springs (Timberland Center); Monday-Saturday 11 am-7:30 pm • 503-746-5844 • bepzones. com/

Menu online, order by phone. Our friendly staff will bring out the food to your car. Also we are offering 20% discounts on all orders during this difficult time.

## **Biscuits Café**

460 SW Miller Road A, Portland Pickup Hours: 6:30 am-2:30 pm Order online for delivery and pickup

## **By Design Pizza**

11800 NW Cedar Falls Drive #110 (Timberland); Pickup Hours: 11 am-8 pm Monday-Wednesday, later on weekends. Call to order 503-716-8663 or order online

## Chipotle

13535 NW Cornell Road Pickup Hours: 10:45 am-10 pm Call to order 503-941-5155 Free delivery-order online

## **Cornell Farm**

8212 SW Barnes Road, Pickup Hours: 12 pm-6 pm Order online

## **CT Bistro Viet & Thai**

13595 NW Cornell Road

Pickup Hours: 11 am-8 pm Call to order 503-644-8100

## **Dairy Queen**

555 NW Saltzman Road Drive thru service available 9 am-11 pm; Call to order ahead: 503-626-7572

## **Grand Central Bakery**

12595 NW Cornell Road Pickup Hours: 8 am-3 pm; Call to order 503-808-9878 or order online

## Jamba Juice – Sunset Mall

13565 NW Cornell Road Pickup Hours: 8 am-9 pm Call to order 503-747-4276 or order online for pickup or delivery

## Kizuki Ramen & Izakaya

11830 NW Cedar Falls Drive #128 Pickup Hours: 11 am-2:30 pm, 5-9 pm; order online

## **Laughing Planet**

625 NW Saltzman Road Pickup Hours: 11 am-8 pm Order online

## **McDonald's**

13459 NW Cornell Road; Drive thru service available 5 am-12 am

## **Outback Steakhouse**

11146 SW Barnes Road; Pickup Hours: 11:30 am-10 pm Call to order 503-643-8007

## Papa Murphy's

12595 NW Cornell Road, #D Pickup Hours: 10 am-9 pm; Call to order 503-292-6727 or Order online

#### Pizzicato Pizza

14740 NW Cornell Road (503-531-8989) and 2025 NW Miller Rd ((503-525-2800); Pickup Hours: 11:30 am-8:30 pm; Call to order or order online; Currently offering free delivery or store pickup. Sign up for emails to get some good coupons.

## Rock Creek Corner

18515 NW West Union Rd. 503-645-8225 option 3 Take out/delivery/curbside menu including beer and wine

## Schmizza Pub & Grub

13587 NW Cornell Road Pickup Hours: 4-8 pm Call to order 971-246-5528

## Cedar Mill News news

## We're all doing what we can

Once we realized that there would be NO events to list in this month's paper, I put out a request on our Facebook page to find out what people wanted to read about. A bunch of great suggestions came in, along with some offers to help work on the stories.

And by coincidence, our effort to revamp our website was close to completion as well, so we decided to go ahead and implement that, since it allows more people to contribute. and will also make it easier to do frequent updates. Thanks to all who donated to the website fund, we were able to hire Anthony Nguyen to set up the site. We'll roll out more new features as we move forward, but we hope you like what we've done so far. For one thing, it will look a lot better on phones!

We'll continue to update the "Hungry" article so please send your suggestions for takeout and delivery dining options via the

## **COVID-19 in Washington County**

Most of us are aware that Washington County is leading the state in the number of confirmed cases of the virus. People have been speculating on the reason, so we have included what seem to be some good clues. We have compiled this article from a variety of sources, and links to them are in each section. We've also included information about Washington County response and

"Contact Us" link, or email us at info@cedarmillnews.com if you're reading the PDF.

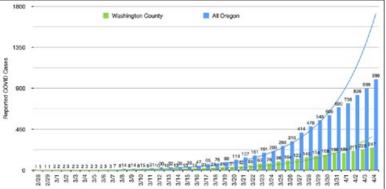
Many of our advertisers are open and have figured out ways to offer their services either online or in some other safe way. We've marked those ads with a green star. Others have suspended operations for now, but welcome you to explore what they offer and consider patronizing them when things improve, and they have blue stars.

Thanks to the new volunteers, and to our team of regular editors, who all worked hard to bring you this issue. Stay tuned for more improvements, and stay safe, stay home! We'll get through this and be a closer community on the other end.

We didn't print this issue because we wouldn't be able to distribute it. If you have a neighbor with limited or no internet access, and can print the PDF version for them, they might find it helpful.

According to the **Oregon Health** Authority Oregon Health Authority, as of April 4 there were a total of 999 cases in Oregon, with 247 of those cases from Washington County. Multnomah and Marion counties are beginning to catch up to us, since our curve seems to be flattening!

From the Wikipedia page, "2020 coronavirus pandemic in Oregon," "On February 28, 2020, the



One of our readers has been graphing reported cases in Oregon and Washington County. The blue line is the exponential trend line, so it shows that our Continued on page 11 quarantine efforts are working! Source: Oregon Health Authority.

resources.

# Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

## Sunset Credit Union

As we all continue to track the latest developments surrounding the Coronavirus (COVID-19), we want you to know that Sunset Credit Union continues to take action to ensure we keep our employees and members safe, while delivering the best member experience possible.

Because we are considered an Essential Business our branch will remain open to serve you during normal business hours. We will be limiting access to our lobby and will be conducting transactions through our drive thru only. Our ATM will also be available 24/7.

We are still available by phone at 503-643-1335. Our online and remote banking allows you access to your accounts virtually anywhere, anytime, pay your bills and when you use our remote deposit service, you can deposit your check(s) simply using your smartphone. If you aren't already set up for these products and services, please consider doing so now. Our mobile apps are also a great way to access your accounts anytime from anywhere.

## Sana Reiki

For the month of April, Sana Reiki is supporting the community with relaxation and relief from insomnia and anxiety by offering remote Reiki sessions. For only \$40, you'll receive a 45-minute, relaxing session. Visit <u>SanaReiki.com</u> or email jessica@sanareiki.com to book a session.

## Western Oregon Dispensary

Monday-Saturday, 10 am-9 pm, Sunday 10 am-8 pm, 760 NW Dale (Dale at Cornell)

We have added Plexiglas sneeze

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## Stride Strong Physical Therapy

Stride Strong Physical Therapy has launched a telehealth program so patients who are staying home can still get the benefits of treatment from their Physical Therapist virtually, via computer or phone connection.

During these 30-60 minute sessions, your therapist will provide a session similar to what you receive in the clinic by taking you through updated exercises, and provide analysis and advice regarding your condition. Commercial insurance and Medicare is accepted for these virtual visits. Call us today to get set up, at 503-208-6278.

## **World of Smiles**

Like many other local businesses, World Of Smiles is closed to help prevent the spread of COVID-19. We are still available to established patient families for true dental emergencies. As the situation evolves, we will issue updates on our website and social media profiles. We hope that everyone in the Cedar Mill Community will stay safe and healthy, and enjoy this unexpected extra time with family.

## Bethany Family Pet Clinic

Monday- Friday 8 am-6 pm, Saturday 8 am-5 pm, and Sunday 8 am-3 pm. 15166 NW Central Drive

We plan to stay open daily, although our hours have changed, and may continue to change, depending on pace of business.

Curbside Concierge Service is our current mode of operation. This will help us all to maintain appropriate social distancing. No customers are permitted in the building. Call us before you arrive, or when you arrive to discuss your pet's needs. We will run medications or food out to your car and take payments over the phone.

Finally, if you need dog and cat flea and parasite preventatives before the summer season begins, we are well stocked at <u>Bethany Family</u> <u>Pet Clinic</u>. We are anticipating shipping delays for some ordered products, like those from online pharmacies. Our prices are very competitive to the online resellers, in some cases even less expensive.

Please call 503-614-9061, or email us with your needs. We are here for you and your pets, just as you are here for us. Visit our <u>Facebook page</u> for updates. Thank you for your understanding and support.

## Cedar Mill Farmers Market

We are planning on opening May 2nd as scheduled. At this time, Farmers Markets are considered as "essential businesses and services that are exempted from the shut-down requirements," just like grocery stores. We will continue to

closely monitor the situation. We are working hard to implement creative strategies to make it a successful and safe market in these "uncharted waters." We are in contact with the other markets in our area, sharing our insights and encouragement with each other as we move forward in our season.

We love our community and feel that by continuing to have our outdoor farmers market, we will offer some brightness to everyone's lives, provide good healthy local food, relieve some of the stress on the grocery stores, and of course support our local food / business economy. We care about each and every one of you. The way we do business will be different for all of us this season but the Cedar Mill Farmers Market Board is committed to working with you as we find our way through the changes

required this year. Please email us if you would like to be included in our weekly email communications. Just send an email to <u>ourcmfm@gmail.com</u> and put "newsletter" in the subject line.

Also, this year we could definitely use some volunteers to help us make our market an even safer place. Please consider volunteering! Together we can make it through these times.

## Village Gallery News

Village Gallery of Arts is temporarily closed in response to the coronavirus crisis. In the meantime, you can still support your local, community art gallery. Stay home, stay healthy and take

a virtual gallery tour! Go to <u>vil-</u> lagegalleryarts.org, and then click on the "Artists" tab at the top of the page to browse examples of many of our members' portfolios. Enjoy!

Consider supporting your Gallery by joining as a Studio Member: One annual fee with no commitments, and you get the member price on all classes! Please contact Donna at <u>dragonzs@comcast.net</u> to join as a Studio Member.

If you'd just like to make a taxdeductible donation: Please contact Donna at <u>dragonzs@comcast.net</u>. Further information will be posted on our website as this situation evolves: <u>villagegalleryarts.org</u>.



"Be Pink" watercolor & collage by Elizabeth Higgins

## Watercolor winners

We are pleased to announce and congratulate our artists who entered and were selected by jury into the Watercolor Society of Oregon 2020 Spring Show: Sherry Hanson, Leslie Dugas, Elizabeth Higgins, Donna Zenobia-Saffir, Kay Gifford and Chris Kondrat.

In all, 80 artists were chosen out of about 300 entrants. What great local talent we have! Sadly, the exhibit was cancelled and VGA is closed. But when the gallery reopens come visit to see the wonderful art our members create!

## **Tire Factory closes**

The Tire Factory store on Murray, just south of Highway 26, has *Continued on page 10* 

#### CPO 1 News

## No CPO meetings scheduled

CPO 1 would have liked to hold its regular April 14 meeting as a Facebook Live event so we could share information on the upcoming May elections, but we have been ad-

vised that Washington County Counsel Alan Rappleyea has declared that would violate Oregon's Public Meeting laws. Many other jurisdictions and organizations (The Beaverton School Board, for example) are finding ways to connect online with their constituents. We have been told that county officials are working on it, so maybe by May we can have an online meeting.

Development is still occurring, but the county recently adopted a new tracking platform that makes it nearly impossible for citizens to find development information. Previously, "InterMap" allowed anyone to look up properties with a map tool. That's no longer available, and the new "Accela" system requires information that the average resident has no access to. We have been talking with LUT managers and others in the administration to try to improve this. It's particularly disappointing because one of Chair Harrington's stated campaign goals was to improve transparency for county government.

## **Development news**

With most county employees working from home, there's very little going on in new development. Neighborhood meetings for developments that started the process before COVID-19 are being postponed until "stay-home" orders are lifted. A few Land Use Hearings were scheduled for mid-April but will likely be further postponed or somehow held remotely.

## Devonshire garage

13349 SW Devonshire Dr., comment period 3/25-4/8

Review for a flood plain alteration for the demolition and replacement of existing accessory structures with an attached garage.

You can use the county web comment form to submit a comment. Go to the <u>form part of this</u> <u>page</u> and select L20000050.

## Gas station in a wetland?

Neighborhood meetings for proposed developments are being postponed, but one proposed devel-

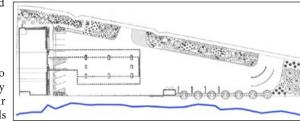
opment in nearby CPO 7 is moving forward without a neighborhood meeting because there are no residents within 500 feet.

Chevron has proposed to build



The aerial photo of the lot before demolition shows how close it is to the stream.

a gas station at the corner of West Union and 185th, where the Mad Greek Deli used to be. This is very concerning because it is directly next to a wetland. Gas station run-



The landscape drawing includes many natives, a green roof and solar panels.

off is not good for a wetland!

The comment period closed on March 31, but CPO 7 was unable to connect with their members because of the above glitches in the lookup system. Public comments are generally addressed in the Staff Report, which will be issued seven days before the scheduled May 21 hearing (if it can be held by then). The public may still comment on the application up until the hearing date, or people may testify in person.

Senior Planner Paul Schaefer says, "Clean Water Services will review and provide comments regarding wetlands and Vegetative Corridors. The applicant has been working with CWS to enhance existing Vegetative Corridors in part."

## Board of Commissioners meetings available for live-streaming

In accordance with Governor Brown's Stay Home - Save Lives executive order, Washington County residents and stakeholders are urged to view Washington County Board of Commissioners meetings online, rather than attend in person. Beginning Tuesday, April 7, 2020, the <u>Washington County</u> <u>Board of Commissioners public</u>

meetings will be available for livestreaming from the <u>County's You-</u> <u>Tube channel</u>. The April 7 BCC meeting will include the consideration of the 2020-21 Work Plan.

Board work sessions will be broadcast in audio only with the County logo filling the screen. Regular meetings will be streamed in full

video. Those who subscribe at <u>www.</u> <u>YouTube.com/WashingtonCntyOr-</u> <u>egon</u> will be notified automatically when live-streaming begins. The County is also exploring

options to manage public testimony with online tools. More information will be forthcoming when

coming when arrangements are finalized. In the

meantime, the public is always encouraged to relay concerns and comments to the Board of Commissioners by emailing CAO@co.washington.or.us.

# Library resources from home

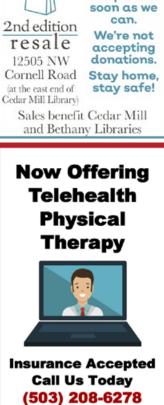
Your library card grants you access to many online services. Find out how to keep learning, reading and discovering in our <u>most recent</u> <u>L ibrary Update newsletter.</u>

Besides services such as <u>Kanopy</u> for films and <u>Overdrive for ebooks</u>, our staff have gathered some great free links for stuff to keep you engaged while at home, including:

Comcast is <u>offering Xfin-</u> <u>ity WiFi free for everyone</u>, with hotspots available to all, including non-Xfinity subscribers.

Experience <u>museum exhibits</u>, <u>symphonies</u>, and operas from <u>home</u> with virtual tours and digital libraries.

Want more suggestions from the library? <u>Sign up for our bi-monthly</u> <u>Library Update here.</u>



**Closed until further notice** 



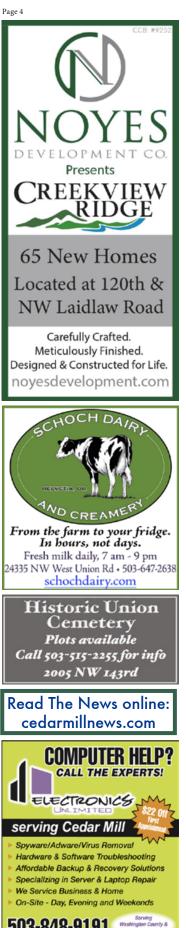


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Page 3

We will

reopen as





Oregon Health Authority (OHA) reported the first case of suspected coronavirus in a resident of Washington County. The patient is an employee at Forest Hills Elementary School in the Lake Oswego School District in adjacent Clackamas County. The patient had not traveled to an infected area, likely indicating that the virus had been contracted within the community. The school district closed the school for three days for deep cleaning. The case was confirmed as coronavirus by the Centers for Disease Control and Prevention (CDC) on March 3. On March 1, Oregon confirmed its second case, a household contact of its first case."

Here's the <u>Oregonian report</u>, first posted February 28.

He was taken to a Kaiser hospital that was not prepared for his arrival (they did not have the correct Personal Protective Equipment (PPE) or procedures to admit people for quarantine) and Kaiser ended up initially <u>quarantining 70 employees</u> until they determined all but 14 would need to self- quarantine.

At least four people who had contact with this individual got the virus, so <u>there</u> <u>could have been more</u> depending on how long he was carrying before he showed symptoms. On March 18, it was confirmed a stu-

was confirmed a student at Aloha High School reported they had been at school with symptoms the second week of March. The school

did not send the student home because they did not suspect at the time that they had the virus. Two other schools in the area, Witch Hazel Elementary School and South Meadows Middle School, both had confirmed cases of covid-19 but remained open until the <u>official</u> <u>school closures</u> were announced to start on March 16. Within that time, any of those students' friends, teachers, parents, could have contracted the virus.

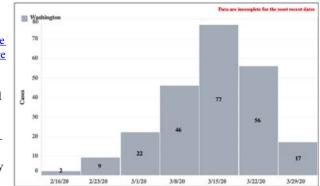
The county is home to several large companies with business and holdings around the globe, and employees who traveled regularly. Intel cancelled employee travel for most events and meetings in the states and all travel to at risk countries, back at the end of February. The engineers in many departments have been

working from home since the first week of March as a precaution, and all non-essential on-site employees have been working from home since the second week. They have very strict distancing practices for all employees that remain on campus.

Nike also closed its headquarters after the first case and did a deep clean of their site. We don't know if they let their employees back on site after the week they were sent home.

An Intel employee notes, "I must say I was shocked and disappointed when I heard that the schools were staying open for so long when we had already put precautions in place two weeks earlier, when the first case hit the county. After seeing schools undergo lice and stomach flu viruses, it is very easy to see how quickly pathogens can pass between children. Closing schools, especially with known cases, should have been the second place to monitor, right after travel. I have been happy to see the initiative that Intel has taken in reducing the probability of transmission."

As of March 29, Intel has only



*The graph from the* <u>WashCo COVID page</u> *showing only Washington County data. Check back for updates.* 

announced two cases from the Hillsboro campuses. All employees that worked with these employees were asked to stay home for two weeks. They even took away a food truck and are deep cleaning areas of the site that could have been touched.

Two residents at a care center in the Cedar Mill area, Regency Park on Barnes Road, died as a result of the virus. Two employees tested positive for it just days before the residents were affected, but lack of testing frustrated the facility's response. The parent company just <u>posted an update</u> showing that a total of ten patients and six employees have tested positive. One resident has had two negative tests after a week in the hospital and is coming home to the facility!

Eugene-area TV station KEZI

Cedar Mill News April 2020 has a <u>timeline of the disease in</u> <u>Oregon.</u>

## WashCo government responds

Washington County Board of Commissioners (BCC) first declared an emergency on March 4. It was extended on March 14 for another two weeks, and on March 31 they <u>voted to extend it until April 16</u>. The order created an Emergency Operations Center (EOC) with responsibilities for coordinating efforts and providing information to the public. Employees from all areas of county administration have been detailed to work on the COVID-19 response.

The county's EOC activated soon after the first case of new coronavirus was reported on February 28. The coordinated center serves to support public health operations and to coordinate the multi-agency response to the outbreak. Over 100 staff and representatives from several community partners have been working in the EOC since that time, using appropriate social distancing. County staff continues to collabo-

rate with community partners and other jurisdictions to collectively slow the spread of this new disease.

Health officials also ask that the public stay informed and educated through trustworthy sources of information, such as the <u>U.S. Centers</u> for Disease Control and Prevention (CDC), <u>Oregon Health Authority and Washington</u> <u>County Public Health</u> <u>Division</u>.

Visit the <u>county website</u> home page for more information and useful links. There's also a frequentlyupdated page devoted to COVID-19 information. Here's a <u>page with</u> <u>charts and maps of Portland region</u> cases by county and week.

# See something? Say something...

Many businesses are doing a great job at ensuring proper distancing. If you come across a business that could use some guidance complying with the governor's order, please call us at 503-846-8390 or send an email to <u>eoc-coviden-</u> forcement@co.washington.or.us.

We will need the business' name, full address, date of possible violation, and what you observed. We will first provide education to help a

#### Cedar Mill News April 2020

business come into compliance with open for limited services, howthe order. Citation through law enforcement is an absolute last resort. If you feel your own employer is out of compliance, you can report it to OSHA. This is not a County form, not a County website.

## Sheriffs on duty

#### Non-emergency number: 503-846-2700 · wcsooregon.org

Despite the current COVID-19 situation, Sheriff's deputies remain dedicated to protecting the community and keeping you safe. Please do not hesitate to call 9-1-1 for any emergency or the non-emergency dispatch number, 503-629-0111, for other needs, such as reports of theft, fraud, suspicious activity, or other non-emergency concerns.

The Bethany and East Precincts of the Sheriff's Office are closed to the public until further notice. Our main Hillsboro location remains

## Staying in touch with Zoom

by Beatrice Kahn, CMN intern

Want to connect with your family and friends during this quarantine? An online tool is available that's easy to set up and use, and already in use by many.

With Oregon public schools closed until at least April 28, students are getting their daily communication with peers and teachers with this online tool. Workers staying home and needing to interact with colleagues are discovering it too.

Zoom is a free application available in your device's app store, listed as "Zoom Cloud Meetings." Once downloaded, you sign up with your personal email, or for students, with your Beaverton School District Google account. Every Zoom user gets a personal meeting code, making it easy to start a virtual meeting, even to someone who is not technologically adept. You can invite anyone to a Zoom meeting by emailing a link to your personal meeting code.

I recently spoke to Beaverton High School principal Dr. Anne Erwin over Zoom. According to Dr. Erwin, Zoom is the best option as it is available through Canvas, an online tool widely used by BSD students already. Because online learning is not the same as classroom learning, Dr. Erwin hopes that students will take this new challenge as a unique opportunity. For students without consistent wifi, Dr. Erwin

ever, we encourage you to please call ahead to ensure your business needs can still be met at this time, 503-846-2700. When reasonable, deputies will respond to calls for service over the phone.

If the call requires in-person contact, and the situation allows, a deputy may maintain six feet distance as CDC protocols recommend. Deputies may wear masks or gloves as precautionary measures to protect the public and themselves. Unless

> the situation deems necessary, deputies responding to residences will ask callers to step outside rather than entering the home.

When conducting traffic stops, deputies will still maintain six feet

distance from the passenger side of the car. They may also ask for your name and license number instead of passing materials hand to hand, limiting handing of any documents whenever possible.

says that internet hotspots were distributed to students who lacked internet access through the Sprint 1Million Project.

Plans regarding online learning are unfolding, as information about the length of the school closure changes. Whatever happens, students in the district will emerge from this challenge stronger and smarter than ever, and Zoom is the tool to provide that.

## Use it but be careful!

The FBI has been reporting that scammers and bored bad guys have been "Zoom-bombing"-invading private meetings and conversations through vulnerabilities. They recommend making sure that your meetings are not public and require a password. Don't share a link to a public forum, like social media—send the link directly. Change screen sharing to host-only so images can't pop up.

From TechCrunch: "Zoom has been widely criticized over the past couple of weeks for terrible security, a poorly designed screensharing feature, misleading dark patterns, fake end-to-end-encryption claims, and an incomplete privacy policy. So the company says that for the next 90 days it's enacting a feature freeze, which means it won't ship any new feature until it is done fixing the current feature set. Zoom will also work with third-party experts and prepare a transparency report."



## **Empowering Clients to Heal With Reiki**

Jessica Irvine, Reiki Master Teacher and Practitioner jessica@sanareiki.com · sanareiki.com



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Transcranial Magnetic Stimulation (TMS) is an FDA approved treatment for major depressive disorder.



## Page 6 Meet the candidates for our State Representative

by Shawna Muckle, CMN student intern

While the Coronavirus has upended most aspects of American life, Oregon's statewide electoral primary remains scheduled for May 19, with voter's pamphlets set to be delivered by mail from April 22-24. House District 33, Cedar Mill's district in the Oregon House, has its first open seat since 2002, as incumbent Rep. Mitch Greenlick plans to retire after 2020.

Four Democrats have filed in the H.D. 33 Democratic primary: Andy Saultz, Maxine Dexter, Servin Bussell, and Christina Stephenson. Meanwhile, one Republican, Dick Courter, has filed in the H.D. 33 Republican primary, making him the presumptive nominee to run against the Democrat winner in the November's general election.

Serin Bussell, Democrat, has spent the last eight years working



ment in various capacities, specializing in issues related to environmental preservation and campaign

finance regulation. Most recently, she served as Chief of Staff for state Sen. Jeff Golden in the 2019 Oregon legislative session, and as campaign manager for state Sen. Charles Gallia's campaign in Senate District 20. She has previously worked at the Oregon Department of Transportation, in private geological engineering consulting, and at Metro's Parks and Nature Department.

Bussell emphasizes that her experience serving Oregon state agencies, as well as her experiences as a union member and a member of the Public Employee Retirement System (PERS), give her unique insight into the responsibilities of state-level officeholding compared to her opponents.

"I have the experience to know how hard public employees work, how important it is to fully fund government services, and how to be an effective legislator from day one, because I know how the building works and how not to succumb to the cultural pressures in the Capitol," Bussell said.

Bussell plans to focus her tenure on campaign finance reform, affordable housing solutions, and

climate change. She particularly frames campaign finance regulations, including public financing of elections and limits on corporate campaign contributions, as a means of promoting matters of racial and social justice, equity, and inclusion.

"We know that communities of color historically have not had the same access to intergenerational wealth or community wealth as white communities," Bussell said. "If we vision a world where representative democracy actually exists and the people on school boards, at the city council level, at the state level, and beyond, reflect the racial, economic, and shared lived experiences with those they represent, then we need a world where these financial barriers don't exist."

Dick Courter, Republican, is a professional forest consultant

and veteran who owns three small businesses, including GeneTechs, a professional forestry consulting business that

specializes in advising family forest landowners.

Courter serves on several local boards and organizations dedicated to forestry and conservation, including as Vice Chair of the National Woodland Owners Association Board, and as Vice President of the Oregon Small Woodlands Association, in addition to a past chairmanship within the Oregon Association of Conservation Districts.

As the only Republican running for the H.D. 33 seat, a seat that has increasingly become a solid Democratic spot in the Oregon State Legislature, Courter says that he is running primarily for the sake of offering voters an alternative choice to the Democratic nominee in the general election.

Courter's policy priorities for office include curtailing state taxes, especially taxes that raise prices for consumers and the middle class, such as excise taxes on fuel and commercial activity taxes.

"There's been at least two taxes, one of which has been passed, and that's the commercial activity tax commonly known as the [carbon] cap tax," Courter said. "I have a feeling that most Oregon

residents don't fully understand the implications of that tax. It's been widely publicized that those taxes are primarily on corporations and large businesses, but as we know businesses don't absorb those taxes; they pass them onto consumers. There's never been any way, even for the state budget office, to determine exactly what the costs are going to be to citizens."

Courter also wants to further the use of ballot referendums to give voters greater choice on controversial legislative initiatives. In particular, he points to the ongoing battle surrounding cap and trade legislation in Oregon, which would place limits on carbon emissions for businesses and other entities and would offer a limited number of purchasable credits for businesses to exceed those limits, as an area where voters should have a choice.

Maxine Dexter, Democrat, is a pulmonary and critical care doctor who has previ-



ously served on the Northwest Permanente Board of Directors. She has also worked on the front lines during the

COVID-19 crisis, where many critically endangered patients struggle with diminished lung capacity and breathing problems.

Dexter says that her experience as a physician gives her intimate access to the daily struggles of working class individuals and families. "In my job as a physician, I see up close and very personally how life is going for people from every part of our community," Dexter said. "I talk with them about their social situations, their struggles, their insurance status, and I know the sacrifices people are having to make to just survive."

Following the lead of Rep. Greenlick, who dedicated his 20 years in the legislature primarily to healthcare issues, Dexter plans to work towards developing a singlepayer healthcare system while in office.

'We can no longer accept that insurance status is tied to employment status," Dexter said. "We are seeing on a very broad level how people losing their job and then losing their healthcare coverage at the same time not only makes them

Cedar Mill News April 2020 incredibly vulnerable, it undermines the resilience of our entire community. We need universal, high-quality, affordable healthcare now."

For H.D. 33 specifically, Dexter notes that expanding sustainable, accessible, affordable housing is critical to alleviating housing insecurity. She wants to expand the state's housing budget by eliminating the mortgage interest deduction for the top 5% of earners in Oregon. Dexter also emphasizes the necessity of increasing public infrastructure to serve the exponential growth in unincorporated Washington County areas such as Cedar Mill.

'The relatively unregulated, rapid growth of unincorporated Washington County has undermined the quality of life and resilience of our community," Dexter said. "We don't have enough schools, safe roads, firehouses, public transit or affordable housing. I am dedicated to helping develop a structure of governance that gives people in unincorporated areas of our state effective representation."

Andy Saultz, Democrat, is an educator who previously worked as



a social studies teacher and is now an assistant professor at Pacific University. Saultz has served as a school board member in Okemos,

Michigan, and he currently serves as a board member for the Cedar Mill Historical Society, as well as on the Steering Committee for Washington County Kids.

Saultz has centered his run on building a sustainable future for Oregon's children via improvements to schools and social services. As the only candidate in the race who grew up in HD 33 and the only candidate who lives in Washington County, Saultz says that his proximity to the Cedar Mill community motivates him to find solutions for Cedar Mill's and unincorporated Washington County's needs.

"I am the only one running for this majority unincorporated Washington County seat who lives in unincorporated Washington County. I know how important it is to support the unincorporated areas, which rely on the state government more than any other part

for Oregon's state govern-

Cedar Mill News April 2020

of the state," Saultz said.

At a broader level, Saultz plans to prioritize several policy proposals devoted to improving how school districts function across the state.

"We need a stable budget model so our district leaders are not worried about cutting teachers every year," Saultz said. "We need to lower class sizes so that teachers can build relationships with every student and individualize their education. This is particularly important for our students with special needs, who need customization the most."

Saultz says that unincorporated Washington County's biggest challenges in light of its recent population growth include chronic underfunding in the public school system, a lack of affordable childcare, and inadequate transportation not hostage to corporate lobbyists, services, which exacerbate traffic and make commutes difficult.

"Compounding [rising levels of car traffic] is how slow it is to take the bus, especially in Washington County where we have only one bus-only lane," Saultz said. "I will champion legislation that expands light rail, invests in electric buses, and creates bus-only lanes, creating a 21st-century public transportation system that reduces emissions and commute times."

Christina Stephenson, Democrat: Christina Stephenson is a



civil rights attorney living in Northwest Portland. She attended law school at the University of Oregon and in 2011 was

Help for people in recovery

appointed as a judicial clerk for a Multnomah County judge. Since 2012, she has represented employees in Oregon courtrooms.

Stephenson has also dedicated her time to promoting workplace

## Road News **Butner Road**

policy in Oregon, assisting in

drafting Oregon's 2019 Workplace

Fairness Act and helping craft the

2017 Oregon Fair Workweek Act.

She has been endorsed by the AFL-

CIO, one of Oregon's major labor

unions, due to her work as the lead

attorney negotiating and advocat-

Fairness Act.

ing worker needs in the Workplace

an attorney and a leading advocate

technical precision and experience

to create meaningful legislation as a

representative, while avoiding legis-

lative oversight and malpractice.

Salem with both the technical

"I believe we need people in

for working people," Stephenson

said. "We need legislators who are

legislators who will be able to intel-

ligently refute misinformation, and

out of their silos to address systems

One policy Stephenson plans

to pursue while in office is a law

that would allow individuals and

as government officials, to enforce

statewide regulations and hold bad

Tam concept," Stephenson said.

"Those harmed by legal violations

money goes to the state to increase

those harmed by the legal violation,

Cedar Mill News may endorse

one of these candidates before the

May 19 election. We will also cover

and a portion to the organization

that prosecutes the violation. This

concept has received bipartisan

support in the past."

the ballot.

step into the shoes of the state to

seek penalties. A portion of the

enforcement, a portion goes to

'This is an iteration of the Qui

nonprofit organizations, as well

legislators who will bring people

change holistically."

actors accountable.

in crafting public policy give her the

Stephenson says that her skills as

## culvert will include pedestrian improvements

Open House Wednesday, May 13, 5-7 pm, St. Andrew Lutheran Church, 12405 SW Butner Road



This project will replace the existing culvert on SW Butner expertise and the conviction to fight Road, approximately 150 feet east of 126th Avenue, with a concrete box culvert. The existing culvert has significant maintenance issues and is in need of replacement. The Butner Road Culvert Replacement project is funded through the Road Fund. All improvements will be managed by Washington County.

To facilitate construction of the new structure, it is necessary to close Butner Road at the culvert location for approximately 11 weeks. The closure is anticipated to start in approximately mid-July 2020. A signed detour route will be posted directing traffic on roads around the closure.

Bicycles and pedestrians will be accommodated through the work zone at all times. Also included in the project is a mid-block pedestrian crossing of Butner Road at 126th Avenue, with rectangular rapid-flashing beacons (RRFB), water quality facilities, and a continuous sidewalk on the north side. Construction is expected to begin in June 2020 with completion in December 2020.

A public **Open House** will be held to show the project to the community, if the "stay home" order is the various measures that will be on lifted by that time.

The project was discussed with local community members at a Fall 2017 meeting of the Tualatin Watershed Enhancement Collaborative (TWEC). At this meeting, LUT

Operations and Maintenance staff presented project background and details. Generally, the public attendees were

supportive of the project. It was at this meeting that the addition of a northside sidewalk FOOTHILLO over the cul-

> vert was introduced and ultimately added to the project design. At subsequent meetings of the TWEC, project updates were provided to the public. This culvert was one of the problem areas that caused flooding in the area.

## **Roadside spraying will** start soon

Washington County will begin its yearly roadside weed control program as soon as the weather permits. Roadside spraying is a routine maintenance activity, performed every year to keep vegetation from encroaching onto the roadway and/ or to prevent proper stormwater drainage. It is only performed on some roads, listed in the FY 2019-20 Annual Road Maintenance Program document, starting on page 74.

If you know that spraying is scheduled to occur in your adjacent Right of Way, and you prefer to handle it yourself, you can file a "No-Spray Agreement" that obligates you to prevent encroachment of weeds into the roadway and/or to clog the drainage system. Signs are available to purchase to post on your property, but since time is short, you should check with LUT by emailing roadpermits@ co.washington.or.us

to sit shoulder to shoulder and

In response to the substantial dismantling of the addiction recovery support network as a consequence of the COVID-19 pandemic, Oregon Recovers launched Oregon-RecoveryNetwork to provide a centralized source of resources for the Oregon recovery community. The site was launched in partnership with Google.

People in recovery from addiction depend heavily on mutual aid meetings (like Alcoholics Anonymous and SMART Recovery),

outpatient programs, and peer delivered services to maintain their recovery. While many meetings have gone online, the vast majority of recovery support services have been cancelled indefinitely. Furthermore, many folks in recovery either don't have access to, or are not aware of, the existence of online and telephonic recovery support services.

"In many respects, social distancing is the complete antithesis of recovery. The loss of our ability talk about recovery is huge. This loss is compounded by the fact that organized recovery programs mostly do not have a centralized managing authority positioned to provide guidance in the face of this crisis. Oregon Recovery Network is an effort to mitigate that lack of guidance. But everyone should be clear that the current crisis, and the isolation it demands, is a huge threat to the recovery of many people who suffer from addiction" said Mike Marshall, Executive Director of Oregon Recovers.

"While it's a good start, the site is less than comprehensive. We need people in recovery across the state to add information about recovery support in their community. And we need everyone who loves someone in recovery to reach out to them and offer support while we all practice social distancing" stated Andrew Swanson, Policy & Advocacy Director of Oregon Recovers.



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## Getting your dose of nature

by Genevieve Coblentz, CMN Managing Editor

Being stuck at home is a current necessity for the health and wellbeing of our community, but it can be extremely stressful and boring! Nature lovers everywhere who are now forced to stay inside are restless and getting creative in how they feed their passion. Connecting to nature to sanitize surfaces and no longer can be a great stress and anxiety reducer. Even amidst our community health situation, there are still ways to get outside or connect to nature within guidelines.

Gardening allows you to get outside and get some vitamin D, while still practicing social distancing. Right now is the perfect time to start your vegetable garden or start planting bright flowers in your front yard that can lift people's spirits up! Even if you don't space for an outdoor garden, you can start indoor or porch herb gardens, or place flowers on your window sill. Oregon State University is offering a free online gardening class. See our soil-building article in the online version of the April News.

You can still get outside for walks or bike rides around your neighborhood. This may not be the hike or beach walk that you might prefer, but it still lets you get out of the house and moving. Moving is really important for mental and physical well-being. Just remember to practice social distancing and leave six feet between you and any other fellow walkers and bike riders.

If you want to connect with nature without leaving your house, you can sketch, draw, or journal about animals and plants that you can see through your windows.

Finally, with all this extra time on our hands, this is a great time to learn more about our area and the nature that lives here! If you have always wondered what kind of bird sits on your porch every morning, now is the time to research and learn more about it! And speaking of birds, Portland Audubon is offering online classes and videos. Check out their Facebook page for info. The Oregon Zoo and Oregon Coast Aquarium have live video streams perfect for the whole family!

Even if you can't go explore wild places now, there are still many great ways to connect to nature. This is not an ideal situation for anyone, but it is vital for the health of our community. We are all in this together. Stay safe!

## Grocery shopping in the virus era

by Cami Villanueva, CMN intern, and Anne Lawrence

COVID-19 has pushed us to find our new normal. Unfortunately, that means our local grocery stores must accommodate our dramatically changing circumstances as well. Health and safety of shoppers is most important to our grocery stores. Employees have been trained 7615 or visit the Costco website. charge for bags at their stores to avoid spread through reusable bags. Self-serve and seating areas have closed. All the grocery stores have been promoting social distancing by asking customers to stay six feet apart, some even going as far as to put stickers onto the floor to guide shoppers and putting Plexiglas between shoppers and the checkout clerks. To protect the especially vulnerable shoppers, such as those older than 60 or who have pre-existing conditions, there are special hours in the morning for them to shop with less crowding.

In addition to all these precautions grocery stores are making, it is up to the shoppers to help out as well. Grocery stores cannot check each individual person. There are certain steps you can take, such as not shopping during the special "at-risk" hours if you do not fit the criteria, not buying more supplies than needed, and by complying with the social distancing guidelines. We are all facing COVID-19 together and it is vital that we work together to minimize the spread of the virus as much as possible.

Here's information about specific grocery stores. Conditions are changing daily so phone or check the website before you go out!

#### **Market of Choice**

250 NW Lost Springs Terrace Vulnerable Shoppers Hour: Tuesdays and Fridays, 7-8 am; regular hours: daily, 8 am-9 pm For more information call 503-596-3592 or visit the Market of Choice website.

## Winco

3025 SW Cedar Hills Blvd Early Access Hours: Tuesdays and Thursdays, 6-7:30 am; regular hours: Sundays, Mondays, Wednesdays, Fridays and Saturdays, 7 am-10 pm; Tuesdays and Thursdays, 7:30 am-10 pm

Winco is limiting access to only 200 shoppers in their stores at a time. Some will have to wait in line, at least six feet apart. For more information call 503-644-4940 or visit

the Winco website.

## Costco

15901 SW Jenkins Rd. Special Operating hours: Tuesdays-Thursdays, 8-9 am; regular hours: Mondays-Fridays, 9:30 am-6:30 pm; Saturdays, 9:30 am-7 pm; Sundays, 10 am- 6 pm

For more information call 503-644-

## **Bethany QFC**

4756 NW Bethany Blvd Exclusive Shopping: Monday-Thursday, 7-8 am; regular hours: daily, 8 am-8 pm For more information call 503-533-0552 or visit the QFC website.

#### West Hills QFC

7525 SW Barnes Rd Exclusive Shopping: Monday-Thursday, 7-8 am; regular hours: daily, 8 am- 8 pm.

For more information call 503-203-0027 or visit the QFC website. https://www.qfc.com/i/coronavirusupdate

## Albertsons

18425 NW West Union Rd Golden hours: Tuesday and Thursday, 7-9 am; regular hours: daily, 7 am-10 pm

For more information call 503-533-5998 or visit the Albertsons website.

#### **New Seasons**

3495 Southwest Cedar Hills Blvd Community Care Hour: 8-9 am; regular hours: daily, 9 am-8 pm For more information call 503-641-4181 or visit the New Seasons website.

## Safeway

13485 NW Cornell Rd Golden Hours: Tuesday and Thursday, 7-9 am; regular hours: daily, 7 am-10 pm

For more information call 503-350-2080 or visit the Safeway website.

#### Helvetia Farm Market

23137 NW West Union Rd., Hillsboro Regular hours: Monday-Saturday 8 am-7 pm, Sunday 10-6

If you are not comfortable shopping inside, orders can be placed by text and we will load your car with your order. Text us at 503-928-4428 to place your order between the hours of 8 am and 4 pm daily. Be sure to pick up your order before 6 pm (we can't hold orders for more than one hour, so kindly order just prior to heading out).

At-risk folks can text us at 503-928-4428 and request a current photo of the produce or meat cases, even the grocery shelves, and we will send those over. Then they can text

Cedar Mill News April 2020

us what they want before they head out. We take over-the-phone payments and deliver to the car. Fore more information, visit the Helvetia Farm Market website.

## **Grocery shopping** online

You can order groceries online at some store websites, such as Safeway and Walmart. You can also go through another delivery service, such as Instacart.

If you order through your smart phone or tablet, you can walk around your kitchen and check what you need as you are ordering. Like shopping in person, you will find that some items are out of stock. You can authorize the store to allow substitutions, which are very similar items, which you can decline to pay for if they are not satisfactory. When you order, check for a coupon for free delivery.

You will need to request an available delivery window, which might be one or two days out. Sometimes, no delivery window is available. In this case, try the application again later, during off hours, and you may have more luck finding a delivery window that suits you.

If you request contactless delivery the delivery person will leave the bags at your door. After the delivery you should receive an email stating what your final charges are (which will vary slightly if you have ordered produce that needs to be weighed). At that time you have a chance to tip your delivery person.

Be sure to check with the individual stores before you go out, as the situation is changing daily!

## Middle School **Boundary project** postponed

Due to the closure of the District 13485 NW Cornell Rd • 503-350through at least April 28, the Middle School Attendance Boundary Advisory Committee meetings for April 2 and April 16 have been postponed.

The District will reconvene the committee at a future date. The District will post notice of the next committee meeting at least 10 days prior to the committee meeting. Opportunity to submit written comments will resume at the same time notice is posted. The public comment period on the Middle School Boundary Adjustment project was suspended on Tuesday, March 31.

## Pharmacies and other shopping

by Anne Lawrence

Most patients can get their prescriptions by mail order, although this may be less flexible and take longer than using a local source. The following local pharmacies offer free prescription delivery or have drive through prescription windows.

## Pharmaca Integrated Pharmacy

240 NW Lost Springs Terrace #36 • 503-596-3552

Free delivery within 5 miles of pharmacy.

## **Rite Aid Pharmacy at** Peterkort

11190 SW Barnes Rd • 503-526-9121

Drive through. No prescription delivery.

## **Rite Aid Pharmacy Beaverton**

12575 SW Walker Road • 503-646-2423

Drive through. No prescription delivery.

## Walgreen's Pharmacy Cedar Mill

13470 NW Cornell Rd • 503-646-3438

Drive through. Free prescription delivery, requires text messaging. Non-prescription items in the store are available at the drive through also.

## Walgreen's Pharmacy Bethany

4816 NW Bethany Blvd • 503-439-9014

Drive through. Free prescription delivery, requires text messaging. Non-prescription items in the store are available at the drive through also.

## Safeway Pharmacy Cedar Mill

2086

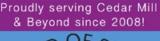
No drive through. Prescription delivery limited to emergencies.

## Other shopping

According to Oregon Governor Kate Brown's executive order, the following types of stores remain open: grocery stores, banks, pharmacies, bars and restaurants offering takeout and delivery only, liquor stores and marijuana dispensaries, gas stations, pet stores, nurseries, and some other stores where six feet distance can be maintained.

Be sure to check their hours

before going, as most hours have changed. Some stores, such as Montavilla Sewing Centers and Office Depot, are offering curbside delivery of items that you request ahead of time. Others, such as Home Depot, are limiting the number of customers in the store at a time, and monitoring the distancing of customers. These all may change by the time you read this, so check before you go out!



Page 9



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Business News, continued from page 2 closed for good. Owner Bud Holden thanks the community for your support over the years.

## **Refinish First closes**

Our friends Clare and Dave Luton thank everyone for eight great years, but at this time they are no longer accepting new business.

## **Dennis 7Dees**

#### 9 am-5 pm for curbside pickup or delivery, 10455 SW Butner Road, 503-297-1058

There is nothing better for our mind, body or spirit than getting out in the garden and connecting with nature. We were so happy to get evervone started in their gardens this weekend -- lots of seeds, vegetables, herbs, and soil. We were able to quickly ramp up our online ordering system, so visit us online and then come by for curbside pickup.

We're also offering some of our popular courses online. Learn more on the website. Thank you for the continued support and attention to practicing safe distancing between our team and fellow shoppers while visiting us. In addition, we are really getting the hang of phone orders and curbside pickup. It's this kind of creativity, respect, and awareness that has allowed us to stay open and serve our community.

## **DuFresne's Auto** Service

Monday-Friday, 6 am to 5 pm, 10690 NW Cornell Rd., 503-646-2940

DuFresne's Auto Service is open as an essential business. We are following Protocol for the virus by sanitizing, locking doors, having no contact, and operating business through our Espresso Window. We also have loaners sanitized before and after. Stay Safe!

## **Helvetia Farm Market** and Marion Acres

## Monday-Saturday, 8-7 & Sunday 10-6, 23137 NW West Union Rd.,

We are open, stocked, and ready to serve you in any way we can! We want to say thank you. Your support has had a ripple effect that is truly powerful. Since everything at Helvetia

Farm Market is from a LOCAL company, every dollar you spend is supporting the local producers who fill our shelves with over 1,400 Pacific

a huge impact for all of the farmers and producers who have recently lost so much of their business. Trust us, we've talked to them, and they are so thankful for you!

In this time of uncertainty and change, we need to come together and support each other. We will all get through this together, and we are ready to do our part. So, when you do need to venture out and get food, we'll be ready to serve you, and our community, in every way we can. See our listing in the Grocery article for more information.

## CK Hoffman Design

Now more than ever, we need to create beauty and comfort in our homes. With the Governor's "Stay in Place" order, Caryl is operating CK Hoffman Design from a remote platform and offering Virtual Design. Through the wonder of the Internet, we can design and plan your dream project.

With many of us staying safe at home, now is the most opportune time to connect, start planning and figuring out the specifics for your home remodel project. Whether it's advice on how to spruce up a room or two, selecting paint colors, art work, accessories, or finally planning that "dream" kitchen or bath remodel, we at CK Hoffman Design, are here, ready and happy to assist you. We are also offering 40% off our regular rates, so that's just an added bonus as well. You can find more information at our website at ckhoffmandesign.com.

## **Cedar Mill Business** Association

Since all in-person meetings are cancelled until further notice, Facebook is a great way to stay connected through this time! We also plan to have remote meetings through Zoom video conferencing. We will have a "test run" sometime in April and then relaunch again on Tuesday, May 12th at 11:30 am with our regular meeting time and date. We hope to provide the usual, basic content including introductions, announcements and

> a speaker - just about everything as usual except for lunch!

We are still actively inviting new businesses to join. Now is actually the perfect time to get on board with

Northwest products! This is making us-you'll gain new insights and business tips, add additional avenues of exposure for your business, and create more brand awareness.

Cedar Mill News April 2020

Please visit us at cedarmillbiz. com to learn more about us and to find out what we're all about, and to take a peek at our Member listings in our fabulous Shop Local Directory. We also invite you to learn more about the Member and Sponsor opportunities that are available.

## **Cornell Farm Nursery** & Café

## 9-5 daily, 8212 SW Barnes Road

Planting an edible "victory garden" is the ideal solution for safely enjoying the great outdoors during the shelter-in-place order issued by Governor Kate Brown in response to the Coronavirus pandemic. For this reason, Cornell Farm Nursery is planning to remain open with adjusted hours, while continuously working to make gardening safely accessible for all our neighbors.

Cornell Farm recognizes the importance of gardening to physical and mental health. We are urging the community to plant gardens of fruits, vegetables, and herbs, which will provide healthy, fresh options for the menu during a time when many are preparing most of their meals at home.

Nursery customers are encouraged to utilize our website resources to ensure the success of their gardens. We will continue to offer a variety of guides, tips, calendars, care manuals, and knowledgeable staff, which provide a wealth of information on edible gardening and beyond.

We have adjusted our hours of operation in order to allow for consolidated staff and deeper cleaning procedures. We are working hard to provide many options for minimizing contact while offering our customers the supplies they need. In addition to modifying sanitizing and social distancing procedures, we are:

• Making our <u>catalog available</u> to shop online. (We'll be making more available each day, so keep checking back.)

• Taking phone orders for both our nursery and cafe at 503-292-9895.

• Drive-though style, no-contact order pickup for our nursery

• Increasing the number of delivery slots every week for plants delivered to your door.

We look forward to resuming normal hours and operations when it is safe to do so.



Cedar Mill News April 2020 Restaurants, continued from page 1

#### Si Senor

11525 SW Choban Lane; pickup Hours: 11 am-8 or 9 pm; Call to order 503-672-9124 or <u>order online</u>

## **Skyline Restaurant**

1313 NW Skyline Blvd Pickup Hours: 11 am-9 pm Call to order 503-292-6727

## Sun Grill Teriyaki

421 NW Saltzman Road Pickup Hours: 10:30 am-8 pm Call to order 503-641-6135

## Sushi Mioga

11835 NW Cedar Falls Drive Pickup Hours: 11 am-9:30 pm Call to order 503-372-5569

## Taco Bell

13480 NW Science Park Drive Drive thru service available 8 am-1 or 2 am or <u>order online</u>

## Food safety guidelines from Oregon

<u>Multnomah County's website</u> includes a page of Q&A for food service operations here.

The Oregon Health Authority has a <u>PDF with specific information</u> for restaurants operating through the pandemic here. These are a few excerpts.

What are tips for acceptable takeout/grab-and-go methods?

a) Food service facilities may take customer orders by phone or in person. Social distancing protocols must be implemented for customers to order in person.

b) Customers may stand in line inside or outside of the facility (e.g., Subway, Chipotle, McDonald's) or at the host station (most sit-down restaurants) if staff monitor the line and assure social distancing of at least six feet between customers is maintained at all times while on the premises.

c) Providing signage for customers to support this requirement is recommended but not required.

d) Customers cannot congregate inside of the facility or sit to eat after receiving their food.

e) No consumption of any food or beverage may occur on the premises of the food facility.

f) OHA recommends that single use items like napkins and condiments be provided directly to the consumer rather than placed in a self- service area. Self-service beverage operations should be discontinued, and beverages filled by employees. Refilling of beverage containers by the public is not allowed.

Are there any specific requirements for delivery vehicles? A: No. Food should be pack-

aged for delivery in a manner that protects it from contamination and in a way that maintains the food hot or cold. The vehicle should also be clean. Children and animals should not be transported in the car during use as a delivery vehicle. However, in general, we do not inspect delivery vehicles and there is no expectation that you do so now.

## Community Warehouse

At Community Warehouse, our vision is that everyone has a place to sleep, a place to eat, and a place to gather. During this unprecedented health crisis, it's particularly important we support neighbors who can't afford the basics and are being asked to stay at home. In the midst of the statewide Stay at Home order, we are introducing a new service to ensure our most vulnerable neighbors can safely receive essential household items. HOME 2 GO Essential Items Kits provide brand-new furnishings to people in need while adhering to health & safety guidelines. These kits consist of new, donated items: a 4-drawer dresser filled with an air mattress, bedding, towels, pots and pans, cooking utensils, cups, and dishware. With your help, we can distribute up to 50 HOME 2 GO kits to families in need every week! Sponsor A Kit: A \$100 donation

Sponsor A Kit: A \$100 donation ensures new supplies of the basics a family needs to stay at home during this crisis. Keep Community Warehouse open for service during this crisis by making a financial donation in any amount. <u>Communitywarehouse.org</u>

Create A Donation Pile: It's a great time to reorganize and set aside what you could pass on to neighbors in need! When Community Warehouse reopens, we'll be seeking a limited list of gently used items. Please collect ONLY the following items: microwaveable dishes; silverware; cookware; drinking glasses; kitchen utensils; towels; twin and queen bedding.

Learn more at <u>communityware-</u> house.org.

## **Park District Closures**

The best source of information about closures, cancellations, and postponements, will be <u>our website</u>.



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- Cataract surgeon
- Glaucoma evaluation, management and laser treatment

"Quiet office tucked in to an accessible area with plenty of parking. Comfy chairs, which didn't matter too much because I didn't wait long inside. They fit me in with less a week's notice and on Friday. Dr. Malihi was calm and thorough, and made the experience far less stressful. The front desk staff was fast, accurate, and polite. Everything was clean and smelled clean, which made me feel safer. Thank you for making a potentially stressful experience into something equivalent to a nice lunch at a complicated restaurant." - Kate H. 2019



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