



Cedar Mill News

Volume 9, Issue 5

May 2011

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Featured Business

A Cut Above Exteriors/ Renewal by Andersen

by Virginia Bruce

In 1995, Mark Tiffée began his company, then called A Cut Above Siding. He quickly gained a reputation for honest, careful work in a field that occasionally attracts less-than-stellar performers. Then in 1996 came the big LP Siding debacle: Louisiana-Pacific was hit with a successful class action because some of their siding was failing disastrously. Tiffée was in a perfect position to grow his business

rapidly, providing replacement siding to the victims of the failed products.

His business sense and attention to detail and customer service allowed the family-

owned company to grow rapidly. In 1998, he moved into the company headquarters on Cornell Road. (The remodel of that building was featured in the very first issue of the Cedar Mill News in January 2003!) Listed among the top 500 exterior remodeling companies in the country by Qualified Remodeler magazine every year since 2000, A Cut Above Exteriors is in the top 1% of their industry.

In 2005, Tiffée was approached by Renewal by Andersen (RbA) to be the exclusive provider in Oregon and SW Washington of RbA windows, Andersen Corporation's replacement window division. The company name was changed to A Cut Above Exteriors to reflect the company's broader focus.

The company does not sell construction materials, they only do installations. Dan Tracy, Director of Marketing, says, "You can have the most expensive siding products or

windows in the world, and if they're not installed correctly, they won't be worth anything. We warranty everything we do, and we can only do that because we know that our people are doing a great job."

The company has about 70 employees, including office staff, project managers, and installers. They train their own people at their Operations Center, which is located in Tigard. "Everyone is lead-certified because we often



encounter lead paint and other products containing lead when we remove old windows and siding. In addition, we are continually training our installers in techniques and materials," says Tracy. He says that they have very little turnover, because the emphasis on customer service demands that they keep their employees happy so they can make the customers happy!

They maintain separate crews for siding, windows and roofing so that their people can focus on doing their job well. Every detail of the customer experience is designed to be satisfying, from knowledgeable phone support in the office to the final cleanup. In fact, the company worked with Price Associates, a consulting firm that specializes in improving business practices related to quality control. They implemented a Total Quality Management plan that ensured that each

Continued on page 8

New park additions for Cedar Mill

Tualatin Hills Park & Recreation District (THPRD) announced last week the acquisition of two properties in our area. Purchased with money from the 2008 voter-approved bond measure, these two additions significantly increase the district's ability to serve our residents.

A ¼-acre wooded lot at the south end of 114th was purchased from the Collins Living Trust. The Collins home was located just north of it, and when they found out that the district was interested in the beautiful natural



area, they were happy to learn that it could be kept in a natural state.

Besides having value as a future natural area, the property will provide a trail connection to Foegel Park. As part of its Timberland project, developer Polygon Northwest has built a nature trail near the newly purchased parcel. According to THPRD's Planning Department, Polygon plans to donate the trail to the Park District

to add to the Cedar Mill Community Trail. When funding becomes
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Farmers' Market opens May 7

By Susan Judge, Market Volunteer

Start your summer early with a visit to the Cedar Mill Farmers' Market on Saturday, May 7. The market, conveniently located in the parking lot of Sunset Mall on NW Cornell just west of SW Murray, is sponsored by the Tualatin Hills Parks and Recreation District. "Our opening day vendors will be bringing early spring produce, cut flower bouquets, nursery plants, baked goods and variety of hand-

made arts and crafts," reported market manager Dina Gross. "Even with the wet spring, we'll have plenty of flowers from Vanessa's Farm just in time for Mother's Day."

The weather has been a challenge to local produce farmers, but a few early crops should be ready for the market's first day. In addition to the fresh cut flower bouquets, shoppers can expect to find freshly roasted coffee, warm kettlecorn, French

pastries, and gourmet cupcakes. On May 7, be sure to wish vendor and community celebrity Nancy Olson a Happy Birthday and enjoy some birthday treats.

There is plenty of free parking thanks to the support of the Sunset Mall merchants. Another feature is the special "Kids' Place" booth staffed by volunteers who offer young visitors free balloon creations and face painting. Dogs that are leashed and well-behaved are welcome too. Each

Saturday the market also provides free entertainment by different local musicians.

The market will be open from 8 am - 1 pm every Saturday beginning May 7, continuing through the end of September, and will continue through October if weather allows. For more details and information, visit the market's website www.cmfmarket.org, or contact market manager Dina Gross at 503-913-7733.



Cedar Mill Business News

Do you have news or upcoming events, or know of something that should be covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Village Gallery News

Artists from Oregon and Washington took the challenge in April and created four pieces of art in The Village Gallery of Arts second annual "Art Challenge". The show and sale opened on May 3. Each piece of artwork will be priced between \$20 and \$50. Artists range from elementary children to senior and media include acrylic, watercolor, photography, fused glass, clay, wood, mixed media, mosaic and more!

Your kids have a great opportunity to enjoy our children's art classes. Terri Gonzales' classes meet Mondays and Wednesdays after school. New instructor Sarah Fagan's 4-Day Mini Classes will be held afternoons in June. Visit the [website](#) for more class schedule information.

Enjoy a fun, creative Saturday morning at the gallery! Instructor Patti Isaacs will guide you as you create your own 2" by 3" mini folding book. May 21 from 9:30 am to 12:30 pm. Bring a friend!

The gallery is open Tuesday through Saturday from 10 am to 4 pm and Sunday from noon to 4 pm. We are closed on Mondays. The gallery is next to the Cedar Mill Library at 12505 NW Cornell Rd. Call us (503)6448001 or stop by to register for classes.

Peninsula agents recognized

Portland Monthly Magazine's April issue includes a story about metro area Home/Auto insurance agents. The magazine surveyed 54,000 metro area homeowners and industry experts, and 7,000 of their own subscribers, to find home/auto insurance professionals who scored highest in overall satisfaction.

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Peninsula Insurance management is not surprised that two of their colleagues were selected as 2011 Five Star Award recipients.

"While everyone in the agency works each day to provide customers with five-star quality service, it's equally rewarding when insurance professionals are associated with colleagues sharing their emphasis on integrity and service," said President John Timm. "Peninsula is particularly proud that Bob Rosson and Susie Ames have been justifiably recognized by the customers whose assets they help protect with superior home and auto insurance products!"

Peninsula Insurance is a local independent insurance agency founded in 1933, with offices in the Cedar Mill, Lloyd District, and St. Johns neighborhoods. The Cedar Mill office is at 12700 NW Cornell. Call 503-644-5333 or visit timmco.com for more information.

BBQ at the Market

Burnt Ends BBQ will be at the Cedar Mill Farmers Market again this season! Our first weekend will be May 14. Each week we will offer a selection of BBQ treats including a breakfast item, sandwiches, and meats and salads by the pound for take-home. We will accept pre-orders for pick-up during market hours. Check out our blog: burntendsbbq.blogspot.com for our complete schedule and menus for each week.

CK Hoffman Designs

On April 25th, Caryl Hoffman of CK Hoffman Designs, had a Ribbon Cutting Opening at Eyes at Bethany, one of her premiere commercial design clients. At Eyes at Bethany Village, she assisted Dr. Paul and Michelle Wehner with the expansion of their space, color consulting and interior design, which included paint, flooring, furniture, accessories, artwork

and lighting.

Caryl provides color consulting, interior design, construction management and home staging services for residential and commercial spaces. Contact her for more information by visiting her website, ckhoffmandesign.com

Salon 503 replacing Mr. James

Sara Hogan, one of the top stylists previously with Mr. James Hairstyling, and her husband Mike,



have purchased the business upon James Newcomer's retirement. They are remodeling the shop but it remains open for business.

She is joined by stylists Jennifer Bueffel, Beverly Hickok, and Kay Von Cunning. Call for more information and appointments: 503-644-5161. The salon is in the southwest corner of the Milltown Center at Saltzman and Cornell.

Sunset Yoga Center Celebrates Move to Cedar Mill

Sunset Yoga Center celebrated its 11th year in business with an open house April 17 at the studio's new location at 12923 NW Cornell Road #203. Long-time yoga students, friends and guests helped welcome owner Nina Pileggi and her business to Cedar Mill with an afternoon filled with conversation, prizes and delicious cake. As a special treat, Nina got to wield the giant scissors for an official ribbon cutting by the Cedar Mill Business Association.

"I am excited to be in Cedar Mill, and I hope to get to know the

other great Cedar Mill businesses surrounding the yoga center," Nina said. "We welcome drop-ins and encourage anyone who's interested in improving their flexibility, strength and well-being to give yoga a try."

The tranquil new second-floor space has bamboo floors and natural lighting from windows on three sides. Best of all, the yoga center is part

of the vibrant Cedar Mill community and shares space with a variety of complementary personal service businesses offering massage and skin care, acupuncture and hair styling.

Sunset Yoga Center offers 25 classes per week for students of all ages and abilities, including a new class specifically for teens. The center is dedicated exclusively to Iyengar yoga, a teaching method that focuses on the body's natural alignment to promote healthy joints, bones and muscles, making it an excellent method for people of all ages and abilities.

Sunset Yoga Center boasts the highest number of certified Iyengar yoga instructors in Oregon and Washington. For more information call 503.539.4504 or visit sunsetyoga.com.

Virtue of the Month: Joyfulness

"Joy gives us wings! In times of joy our strength is more vital, our intellect keener, and our understanding less clouded, We seem better able to cope with the world and to find our sphere of influence." Abdu'l-Baha, Paris Talks

Joyfulness is an inner wellspring of peace and happiness. It is beyond ordinary happiness because it is not an occasional emotional reaction to luck or circumstances. It is a deep sense of wellbeing that fills us with delight and hope...." Linda Kavelin-Popov

"The practice of Joyfulness: I have a deep sense that life is good. I enjoy the richness of life's experiences. I appreciate simple pleasures. I am optimistic and hopeful.

Affirmation: I am thankful for the gift of Joyfulness. It is the natural state of my soul. "

Virtues Reflection Cards, www.virtuesconnectionportland.com

Ecuador Credit Union staff visits Cedar Mill

Nine representatives from Ecuador's San Francisco Credit Union recently visited Sunset Credit Union to learn about the latest in financial institution technology and service.

Although Sunset Credit Union is one of the smallest credit unions in the United States, it was chosen because of the wide range of advanced technological services it offers its members.

"Because we're small many people don't think we can offer the products and services the bigger

Continued on page 10



CMBA Meeting Notes Library News and Events

The April 12 meeting of the Cedar Mill Business Association featured a great presentation by local resident Steve Blanton, Chairperson of Portland's SCORE office, about the many services they offer to small business owners. Visit scorepd.org to find out more.

Michael Coats had "Ten minutes of fame" to tell us about Miller Paint. He offered a counter display to the CMBA business of the month, and reminded us of the discount that Miller offers to CMBA members and their clients.

The Membership Committee announced that the group will begin to meet in a new location starting in May. The Cedar Mill Bible Church has offered a meeting room at the church, 12208 NW Cornell Road. It will surely be more up-to-date than the Grange Hall, which doesn't even have a phone line, let alone wi-fi or projection facilities.

The May 10 meeting will begin as usual at 11:45 with free pizza and networking. Business meeting begins at noon, followed by a short presentation by Cedar Mill News publisher Virginia Bruce introducing some of the newer "bricks and mortar" businesses in Cedar Mill. Caryl Hoffman of CK Hoffman Designs will have the "fame" segment. Be sure to bring your business cards to the meeting and you can be next. CMBA meetings are free and open to anyone interested in business in Cedar Mill. Visit the group at cedarmillbiz.com

Cornell Cleanup, Flower Baskets coming in May

The Cedar Mill Business Association is sponsoring a work party on Friday, May 13 from 10:30-noon. The landscaping along Cornell between Murray and Saltzman is not maintained by the County, so it's up to us to keep it looking nice. If you have a little time to care for your community, please join us. Tools and gloves will be provided, dress for the weather. Traffic control for median work will be provided by Washington County.

2011 Flower baskets will be installed on May 16 along Cornell Road. This year, the Garden Corner is handling both installation and maintenance of the baskets, which are funded from major donations by the Sunset Athletic Club and Bales/Findley Property Management and supplemented with membership dues.

by Dawn Anderson

Oregon Library Supporter of the Year

Harry Bodine has been selected by the Oregon Library Association as a [2011 Supporter of the Year](#). He was recently honored at the OLA conference in Salem. He is a tireless supporter of Cedar Mill and all libraries in our county so this is a well deserved honor. Congratulations Harry!

Plant Sale Activities - Saturday, May 7, 9 am-3 pm

It's all about recycling at the 6th annual [Cedar Mill Library Plant Sale](#). Volunteers grow thousands of donated plants in donated containers, and then add hundreds of donated pots, books, terra cotta, and supplies into the mix to raise money for the Cedar Mill & Bethany libraries. There will also be a huge selection of organically grown annuals, perennials, herbs and vegetable starts from Pumpkin Ridge Gardens. You'll find treats from The Libertine Deli, garden-themed art from The Village Gallery of Arts & fun garden accessories, pots and clothing from Second Edition.

ESL Conversation Group

Would you like to practice your English skills? [Conversation group meetings](#) are held in the Cedar Mill Library upstairs meeting room, every Tuesday, 6:30 - 7:45 pm.

Summer Volunteers

Interested in volunteering at the library or Second Edition [this summer](#)? Fill out an [application](#) today! Deadline: May 25. Contact Kevin 503-644-0043 ext 111 or kevinke@wccls.org

Deep Green

The Library's monthly Film Club is sponsoring a free screening of the award-winning Portland-made documentary, DEEP GREEN: Solutions to Stop Global Warming Now, on Wednesday, 5/25, at 6:30 pm in

the library's upstairs community room. A Q&A with Lake Oswego filmmaker Matt Briggs will follow.

Open Computer Labs

Drop by the library for help with computer skills, Internet research, email and word processing. Adults only. No registration required. Cedar Mill's [Open Computer Lab](#) is Thursday afternoons 3-5 pm in the upstairs meeting room. Bethany's Open Computer Lab is Thursday mornings 9-10 am.

Milltown Soccer merges with Cedar Splinters Soccer Club!

Club President Eric Ufer announced last month that the area's two youth soccer clubs are merging to form Milltown United. The new group will be one of the largest in Oregon, with at least 1700 players slated for the fall season. Ufer explains, "We are combining our clubs to leverage our resources and position our club to be the best it can be for decades to come."

Milltown players and families recently attended the Timbers' opening game, and the kids participated in the opening ceremonies on the field. Visit their Facebook page (search Milltown United) for photos and more information about the group.



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Redrawing Metro Council district boundaries

by Bruce Bartlett, CPO 1 Chair

Our Metro District 4 boundaries are about to be revised. Following the completion of the U.S. Census every ten years, the Metro Council is required to evaluate whether each of its six districts are of relatively equal population. They must adjust the boundaries as necessary to provide for equal representation. The new district boundaries will be in effect for the next ten years.

Census figures indicate that the populations of the Metro Council districts vary significantly from the newly established Metro average district population of 248,362 people. Up here in northern Washington County, the population of District 4 grew to 272,566 people, an increase over the average population of +9.75%, the largest increase in the Metro region. District 4 currently includes the unincorporated urban areas (UUA) of Cedar Mill and Cedar Hills, Aloha, Bonny Slope, Bethany, Raleigh Hills, West Slope, plus the cities of Cornelius, Hillsboro, Forest Grove, and northwest portion of Beaverton. The cities east of Portland in Metro District 6 grew to 253,858 people for a +2.21% increase over the average. All other Metro districts have less than the average population.

The Metro Council is offering three options for public review and consideration. Maps of the three options and other information is available on Metro's website: oregonmetro.gov/index.cfm/go/by.web/id/37013

The Council will give consideration to existing precincts and, to the maximum extent possible after meeting all other applicable criteria, will maintain communities of mutual interest, such as cities under 15,000 in population, regional centers, town centers, school districts, established neighborhood associations, and community planning and citizen participation organizations.

I spoke with Kathryn Harrington, our District 4 Councilor, who described the challenges of redrawing the district boundaries. When an area is moved from one district to another, corresponding changes must be made somewhere else. Each option responds to different criteria, for example, Option 2 attempts to not divide school district boundaries as much as Option 1. In comparison, CPO boundaries are much weaker decision points. Options 1 and 2 appear to keep all of what we normally consider Cedar Mill (and most of Citizen Participation Organization #1, except for Cedar Hills) in the same Metro council district.

In addition to what their charter requires, Metro is also the official federal Metropolitan Planning Organization (MPO) for our region. MPOs manage federal investments in the interstate transportation system (as a result of the Federal-Aid Highway Act, signed by President Eisenhower in 1956 and expanded in 1962). As a condition for receiving federal transportation funding, urban areas with popula-

tions of 50,000 or more are to form an MPO to engage in "continuing, comprehensive, and cooperative" transportation planning. (See www.ompoc.org) This requires that the Oregon state MPOs have populations within 5% of each other and so also requires Metro district boundaries be adjusted.

The Metro Council will vote on a final redistricting map on Thursday, May 19, 2011. The redistricting ordinance will contain one preferred map to be introduced at the Council meeting on Thursday, May 12. Public comment is welcome anytime before the final vote on May 19, but comments received before May 12

will be especially valuable in helping determine which map will be introduced with the ordinance.

While comments about specific areas have value, the most valuable comments will be those that consider the impacts to all Metro districts. You can make your views known to the Metro Council by sending feedback to Tony Andersen in the Metro Council office via email at tony.andersen@oregonmetro.gov or through the link on the Metro page. Those comments will be provided to each Councilor and will be included in the public record. You can also send your comments via regular mail to Tony Andersen at Metro Council office, 600 NE Grand Ave., Portland, Oregon 97232.



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The Nature of Cedar Mill

Bird watching

By Laretta Young

When I take people out on a “bird watching tour”—if they are new to the hobby I usually give them a version of the following:

Bird watching is really a poor moniker for the experience one can have outside if one is aware of birds (and other natural environmental items such as plants and bees and snakes!). To me going outside to “watch” birds is short hand for getting into an absorbing new way of looking at the world. I find that it is enough of a challenge that I get into the state of flow.

This state has been described in the psychological literature as a pleasant mindset where the experience of time “flows” and the mind is absorbed on the present task so that all worries about the past and thoughts for the future melt away in favor of the present moment. This is one definition of the meditative state.

There are many described types of meditation—some involve sitting and breathing quietly but another equally valid type, which is “walking meditation,” simply has one notice what is around. Both types have incredibly long pedigrees for being useful for health (lowers blood pressure and

helps immunity as two examples) but also for improving creativity and problem solving. Sometimes the mind needs to shut off the major sections to have issues resolved in more “underground” ways.

I just took some very nice women from Cedar Mill on a bird tour. And we listened. And we saw many things. And they said they didn’t realize how fast the time flew and how pleasant it was. Getting into that mental flow state while adding a few birds to the life list and learning some ecology is a great way to spend a couple of hours.

So what do you hear outside in your yard or on your trip to the grocery store or gym? I hear the [White Crowned Sparrows](#) who have just migrated back from their southern winter haunts. Their complex song reminds me that spring is here. So many people don’t seem to even notice these birds singing away in the tops of trees or on poles—they literally are everywhere in Cedar Mill. If you don’t know what a particular bird sounds like go to the [Cornell Ornithology web site](#) and type in a bird name. You will be rewarded with a recording of this bird. The best way to learn bird songs of course is to watch them sing—that way one accumulates a particular bird one at a time. Trying to learn all of them on a CD or a tape is incredibly hard to remember. But if you see one in your yard and watch it sing, you will have many clues to help your memory.

This week in my back yard I welcome back our swallows. They appeared really late this year compared to the 12 years of records I have kept about my back yard wetlands. They are about one month late in fact. Now they are swooping over the pond eating the latest insect hatch and chattering away. No nest building yet but I imagine that

will occur after they fatten up from their long journey to this location.

I also am hearing the return of the Virginia Rails who do a very odd “kickick, kickick” song. These elusive birds are rarely seen, in fact in all the years I have spent looking at my wetlands area I have only seen them dart out once from the grasses and cat tails. The marsh wrens are performing their rattling breeding song, going from cattail to cattail. The warblers are just starting to appear and so are the amazing small Common Yellowthroats- they call “witchedy-witchedy,” and in my yard they appear mostly yellow but with their “Lone Ranger” black eye mask. Soon possibly a Green heron will arrive in my wetlands, but they tend to be the last spring migrant who appears. The house finches are singing away lustily from the tops of the trees and it sounds like spring...

I even heard that some folks have seen hatched Anna’s hummingbird nestlings... now the flowers need to



White-crowned sparrow, photo by Jeff Young

bloom to provide the nectar for these rapidly growing babies...

Bird Watching is really “bird hearing, bird seeing and bird knowing.” It is also “meditative” in that—with intense focus on hearing bird song, ones’ own heart rate and breathing slow down and one can hear the song in your own inner wisdom. What do you hear outside?

Laretta Young is a retired physician who now teaches at PSU in stress management and human sexuality, and at OHSU in the Division of Management. She takes locals and tourists on custom guided bird tours in Cedar Mill and beyond. Check out her web site at www.portland-birdwatching.com or her husband’s photography bird site at www.flickr.com/photos/youngbirders

Open House for NW 119th Sidewalk

Washington County’s Capital Project Management Division invites you to attend a Neighborhood Open House to be held Thursday, May 19, 2011, 5-7 pm at Bonny Slope Elementary School, 1775 NW McDaniel Rd. regarding sidewalk improvements proposed for NW 119th Avenue between NW Cornell Road and NW McDaniel Road.

Why are sidewalks proposed? This section of NW 119th Avenue currently lacks sidewalks, resulting in pedestrians having to walk in

the roadway adjacent to narrow travel lanes. Because of NW 119th Avenue’s proximity to shopping, schools and transit facilities, there is an unusually high pedestrian volume, so Washington County has prioritized this segment for safety improvements. Additional improvements include minor street widening and storm drainage as well as completing some missing sidewalk on the north side of NW Cornell.

How can you get involved? Drop in anytime between 5-7 pm to learn about the proposed sidewalks and discuss your questions or concerns with staff. No formal presentation is scheduled. For further information please contact: Matthew Costigan, Senior Project Manager, 503-846-7800, or matthew_costigan@co.washington.or.us.

For more information about this and other County transportation projects, please visit www.wc-roads.com

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Mid-Century Marvelous home tour of Oak Hills May 21

On Saturday May 21 from 10 am-4 pm, the Historic Preservation League of Oregon (HPLO) invites you to take advantage of a unique opportunity to visit eight homes built by Robert Rummer. These iconic "atomic age" houses are highly sought after, and those on tour include some in virtually original condition and others that have been updated. An illustrated lecture by Jack Bookwalter will present an overview of mid-century residential architecture as context for the work of Rummer and Eichler. Mr. Rummer himself will be in attendance to answer questions.

Tour-goers will appreciate walking the streets of perhaps the best example of a mid-century planned community in



the Northwest. Encompassing 265 acres, Oak Hills was designed to foster an exceptional sense of community and affordable quality of life, and included a school, recreation center, church, and open space to serve residents.

The Rummer/Oak Hills House Tour is a fundraiser benefiting the preservation programs of the HPLO and the efforts of the Oak Hills neighborhood to seek designation as Oregon's first mid-century historic district to be listed on the National Register of Historic Places.

Tickets are available on the HPLO website: www.historicpreservationleague.org. For more information, call the HPLO at 503 243-1923.

Terra Linda Elementary School celebrates 40 years

Terra Linda Elementary School will be celebrating its 40th Anniversary on Friday, May 13, 2011 from 1-3 pm in the school library. All parents, community members and former students are invited to attend.

There will be an open house from 1-2:30 pm with choir performances and a slideshow of photos from past years. At 2:30, students will gather in the gym for a short assembly with skits and singing. For more information, please contact Melanee Lucas at 503-672-3575.

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Garden Club news

8th Annual Cedar Mill Garden Club Plant Sale May 6-7

The 8th Annual Cedar Mill Garden Club Plant Sale will be held at the historic John Quincy Adams Young House on 119th and Cornell. Hours for the sale are 9-5 both Friday and Saturday and there is plenty of parking at the Cedar Mill Bible Church next door.

The sale features perennials, shrubs, trees and other plants from member yards as well as garden art from the area. Proceeds from the sale go to a horticultural scholar-

Garden Club meeting

The Cedar Mill Garden Club is pleased to announce that the Audubon Society will present at the Wednesday, May 18 meeting from 11:30 a.m. to 2:30 pm. at the Beaverton Community Center, Room 100 at 12350 S.W. 5th, across from the Beaverton City Library. Gardeners and bird lovers are welcome to attend.

For additional information about the Cedar Mill Garden Club, see our website www.thecedarmillgardenclub.org or call Barb Cushman 503-649-7741

Arbor Day/ Eco-Action event at West Tualatin View School

Girl Scout Troup 1606 and the Cedar Mill Garden Club held a tree planting on April 20th. This was one of ten projects the girls complete to earn an Eco-Action Badge. Not only did the girls do a terrific job digging, backfilling, watering and mulching the new dogwood tree, they shared their knowledge about the many benefits trees provide for our life on planet Earth. The

troop will share watering duty over the summer months. Congratulations, Troop 1606!

Memorial tree planting at Terra Linda Park

The Cedar Mill Garden Club is sponsoring a tree planting in memory of Virginia Steenson. The

event will take place on May 13 at 10:30 am at Terra Linda Park which is adjacent to the Terra Linda Elementary School.

Virginia Steenson was a longtime member of the Cedar Mill Garden Club and is fondly remembered by many current members. She lived in the Terra Linda neighborhood until she passed away.

Tualatin Hills Parks and Recreation District has generously assisted the garden club by selecting the tree and preparing the site.



ship, botanical gardens, including the Oregon Garden, SOLV daffodil planting, youth education, environmental and horticultural programming, and the John Quincy Adams Young House Foundation for a cottage garden once the grounds are restored.

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Curious Farm

By Virginia Bruce

Cathy and David Smith moved into their home in the West Haven neighborhood of Cedar Mill about eight years ago. They began to plant fruit trees on their two-thirds-acre lot and increased the space for their home garden. As the years went by, they added more edible landscape and garden areas, and started raising chickens for eggs. Eventually they had more eggs and vegetables than they could eat, even with the addition of their daughter Eloise, now six. Neighbors were happy to purchase the extra produce and eggs.



Although Cathy has lived in Oregon most of her adult life, some pivotal years working in New York City gave her a taste for really wonderful pickles, sauerkrauts, and other brined vegetables. After she returned to Oregon, she couldn't find the products she missed, and so she began trying to make them at home.

She started to experiment, collecting books and doing a lot of trial and error, to learn all she could

about fermentation. As her garden expanded, so did her pickle-craft. Eventually, she and her family decided they could make a business out of her passion for pickles.

She did the work to get her kitchen certified by the state so she could produce food for sale. She finally received word last September that her work had paid off and she was certified. In March she was delighted to be chosen to sell her pickles and a little produce at the Beaverton Farmers' Market.

She calls her place Curious Farm, and describes it as a suburban farm. In addition to the cucumbers for traditional pickles, she grows peas and beans, garlic, and herbs that she uses for seasoning her preserved goodies, along with a variety of veggies and fruits.

Most of the pickles she makes are fermented. This process uses the healthy organisms on the surface of naturally grown produce, along with salt and time, to turn fresh vegetables into crunchy delights that actually have more vitamins than fresh.

Among the varieties available at the Beaverton Farmers' Market will be her amazing kimchi. She describes it as, "a snapshot of what's in season." She uses traditional Korean methods to make it but adds varieties of produce that grow well in our region. As the season progresses and offers new harvests, every batch is different.

She makes traditional sauerkraut as well as sauerruben which is made

from turnips. You have to try this to see how good it is even if you think you don't like turnips—amazing what a snappy flavor can come from just salt, turnips and fermentation.

For people not accustomed to eating pickles regularly, she suggests adding some kimchi to a bowl of rice or other cooked grain. Kimchi or one of her sauerkrauts can work wonders on a sandwich. Pickled snow peas with cocktails, anyone?

She will sell her pickles by volume in take-home containers, so that people can experiment, taste and learn what they like. All her products need to be refrigerated, because they are fresh, and not cooked or canned.

Some things taste better when preserved in vinegar, such as pickled onions, beets, and baby turnips. And she also makes beet kvass—described as an elixir full of health-giving probiotics, it's a drink made from the brine of fermenting beets.

Cathy calls herself a "pickle anthropologist" because she loves learning about different cultures and how they preserve foods. She's interested in honoring traditional preserving methods from around the world, and she loves hearing from people about pickles and preserves that have special meaning in their families. She hopes people will drop by her booth at the Beaverton Farmers Market to share family recipes and unusual pickling techniques

Starting a farm and a new food business hasn't been easy, but Cathy's husband David—an engineer who loves to solve problems (no matter how big)—has been a great help and tireless supporter. Even young daughter Eloise, who



has grown up in the garden (eating all the berries), helps out by being Curious Farm's main pickle and sauerkraut tester. Cathy writes about progress on the farm and in the "pickle laboratory" on the farm's website: curiousfarm.com.

One entry says, "It has been tremendously affirming to recognize how far we've come this year. It hasn't been easy, and I still want to cry from frustration sometimes, but—you know—we made a working farm and a pickle business in a year. It's amazing what a woman can accomplish when her child goes to full-day kindergarten."

She holds occasional pickling/fermentation classes at her farm, and we're working to put together a few classes at the Grange Hall later this summer. Visit her at the Beaverton Farmers' Market starting on May 7.

Homestay families sought for Chinese students

Compass USA is currently seeking host families to host Chinese high school students this summer from July 25th through August 8th. To find out more about hosting a student in your home, please call 503-780-1761 or email alexmaymi@gmail.com

Climbing Your Family Tree

A genealogy and family history conference, will be held at the Beaverton West Stake Center on May 21, 2011 from 9 am to 4 pm. Sponsored by the Washington County LDS Churches, it is open to the public and free of charge. Thirty-two different classes will be offered. Subjects range from "How to Get Started with Your Family History" to the more technical "Genetic DNA and Genealogy."

More information can be found at www.cyft.org. This conference is free, and is open to the general public.

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Cut Above, continued from page 1 employee takes responsibility for customer satisfaction rather than having it come from management.

The company keeps a tight focus on a specific market—remodeling/renovation—people with existing homes who either want to upgrade their exteriors, or who need to replace their windows or their exterior surfaces. A substantial amount of their business comes from replacing products that other people and companies did not properly install.

Tracy says the recession affected their business, but they were up to the challenge. “As with many home improvement companies, the recession has forced us to redouble our efforts in terms of customer service and effective project management. Homeowners have many choices for their projects and anything but a laser focus on taking

instead of buying new. With that, homeowners are becoming much more educated about their projects than ever before, and they’re being much more careful about how they



Windows are rated by a “U-factor” for insulation and UV protection. “Smart Sun” products have a 95% UV reduction. Andersen Low-E4 glass is coated with a material that repels dirt!

spend their money. With unprecedented access to information about companies through review sites such as Angie’s List, Google and Yelp, homeowners are now in a much better position to research companies before the initial phone call is ever made.” The company has been top-rated by Angie’s List for five years.

The company provides more than just workmanship. “We’ve found that most people aren’t simply looking for an estimate but more importantly, they’re looking for a

true consultation. Replacing windows is a significant investment and people want to know that their new windows will not only look great but function well for many, many years.” Tracy outlined the process from the first phone call. “When a call comes in the caller is greeted by a professional here at our office, who will take some general information about the homeowner and the potential project. A time for the consultation is agreed upon and one of our consultants arrives promptly at the appointed date and time.”

Once the customer agrees to the plan and estimate, precise measurements are taken and, if it’s a



In addition to many types of siding, they carry a line of manufactured stone which wears better than the natural product.

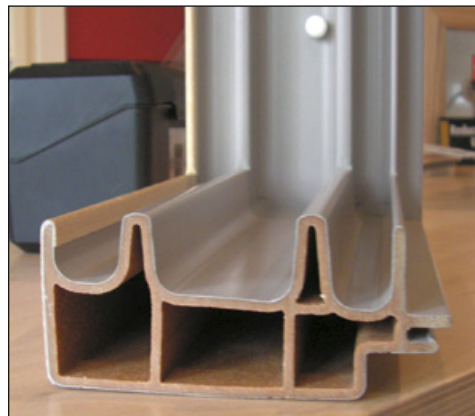
care of the customer is not going to get the job done,” he explains.

“Yes, many people are focusing on improving their existing homes

window replacement project, the windows are ordered from RbA in Minnesota. Their products are created from a material called Fibrex® which is made from 40% recycled wood and 60% thermal polymer. This product is both environmentally sound, using recycled wood, and extremely sturdy because it is very consistent, unlike wood which always has variations. It exemplifies A Cut Above’s dedication to balancing esthetics and performance.

A Lead Installer manages the project and is the primary contact for the customer once the work begins. That person ensures that good communications are maintained, questions are answered, schedules are kept, and that everything is done well.

The company expanded to include roofing a couple of years ago, and they also provide exterior doors, so they



Fibrex window frame material is extruded, which makes it lightweight, strong and very consistent.

can now offer almost everything a homeowner would need to renovate a home’s exterior surfaces.

A Cut Above/RbA has a beautiful showroom at their Cornell Road office. Displays show not only the products, but examples of before-and-after siding and window projects. They also participate in the big February Home Show each year. “We know that the people who attend the Home Show are likely to be qualified buyers. That means we can provide information to people who are really in the market for our services,” says Dan.



Before-and-after displays in the showroom, provided by RbA, help customers envision how their finished projects will look.

The company serves customers in the Portland Metro area and Southwest Washington primarily, but they regularly do work all throughout their service area, which includes Longview down to Corvallis and from The Dalles to the coast. They’re not currently thinking about expanding beyond that service area because, as Tracy explains, they have plenty of growth opportunity within their current market.

Their websites, ACutAboveExteriors.com and RenewalbyAndersenNW.com, includes useful information on all their prod-

ucts along with information about financing and energy saving. They assist customers who want to get tax credits for products that increase home energy efficiency by providing a packet of forms and information.

Owner Mark Tiffie lives in the Cedar Mill-Bethany area with his wife Julie and their three children, ages 14, 11 and 9. Many of their employees also live within ten miles of the office.

Visit their websites or call 503-643-1121 for more information. The showroom is located at 12985 NW Cornell Road, Suite 200.

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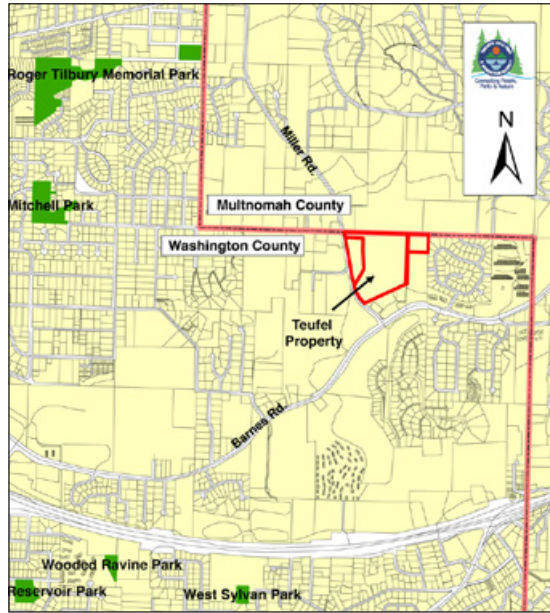
Parks, continued from page 1 available, the trail will be continued through the new parcel to Foege Park.

"It's the missing piece in that loop," says CPO 1 Connecting Neighborhoods Committee leader James Trumper. "When we walked the trail project last year, we had to go all the way to Leahy to continue to Foege Park. We're very glad that this purchase worked out."

23-acre Teufel parcel will be community park

Located just north of the shopping center at Barnes on the east side of Miller Road, this parcel has been part of the Teufel holly and wholesale nursery operations since the late 1800s. Once funding becomes available, "this will be a complete community park serving the Cedar Mill area including athletic fields, sport courts, open areas, play structures and picnic facilities, with a natural area and trails near a stream," THPRD General Manager Doug Menke said.

The Teufel company will lease the property from the district for up to eight years. They are retaining their property to the north, of the district's acquisition. The District does not have funding to develop the park at this time, but hopes to be ready to do so after the lease expires. There will be an extensive public planning process before park



development begins.

Hal Bergsma, THPRD Director of Planning, says that the district initiated the conversation with owner Larry Teufel. "We were looking for good sites for a community park in the area, and they were very limited. Teufel's property was an obvious possibility, so we contacted him initially in September 2009, and fortunately he was receptive, although it took awhile to complete the deal. As with any acquisition of this size there were many issues to address, starting with value but also dealing with due diligence matters such as doing environmental assessments, fixing the minor problems the assessments identified

(which Larry did very quickly), negotiating the terms of a lease agreement, and preparing access and utility easements."

Because it is an active nursery operation, environmental site assessments (ESAs) were done before the sale. Bergsma says, "The assessments did not reveal any pollution from herbicide or pesticide use on the property. A small residential underground heating oil storage tank was identified that was leaking, and Teufel removed it along with some contaminated soil to DEQ standards. There are two other underground tanks on the property that are not leaking that Teufel must remove by September under the terms of the purchase and sale agreement. Teufel is also required to clear the site of most improvements, including two houses that are residences for his employees and

a residence that is used as an office, prior to vacating the site when the lease expires. We'll do another level one ESA at that time to be sure the site is clean before we take it over."

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Business News, continued from page 2 financial institutions do," said Judy Makela, President of Sunset Credit Union. "But when you check us out, you'll be amazed at what we have. We've always partnered with great vendors who understand our members' needs and create products for us. We were one of the first credit unions nationwide to have our own free iPhone app. There are credit unions and banks ten times our size who still don't have one of these."

The Ecuadorians toured the credit union and learned new ways they can better serve their members using Sunset's technology and strategies.

"We were stunned at what they offer their members and how they interact with them," said San Francisco Credit Union CEO, Estuardo Paredes Lopez. "We'll be bringing back and implementing a lot of the ideas we got from them. After our session with them, it was obvious why we chose this credit union to learn about the latest technology and service advancements."

Located at 1100 NW Murray Blvd., Sunset Credit Union is open to anyone who lives or works in Cedar Mill. To learn more, visit www.sspfcu.com.

Babies & Bunnies

Sandy Sahagian is offering a Spring special photo opportunity. Have your favorite baby's photo taken with an adorable soft live bunny! Here's what you get: a free photo session, a free toy, and a free wallet photo with minimum purchase of prints.

Sandy says, "We have a darling background, adorable and really soft bunnies! Only a few spaces left, call now!" Contact Sandy at 503-297-2343 or sandyphotozz@msn.com

Tazza Café adds beer and wine

Tazza Café, tucked away in the little center at the northeast corner of Saltzman and Thompson, is celebrating their new beer and wine license with a Happy Hour on Fridays from 4-6 pm. They've also added an outdoor grill and are offering a special Kabob platter for weekend lunches. The chicken kabobs and grilled vegetables are a real hit with everyone that tries them. It comes with a side of rice and yogurt-cucumber sauce. Owner Saeed Rad uses his own spice blend recipes for marinade. The flavors are a great complement to a glass of wine or cold beer.

In addition to these new offer-

ings, sample their regular menu of breakfast and lunch sandwiches, scrumptious Marsee pastries, and the best coffee in town from Stumptown Roasters.

Spring hours are 6 am-7 pm Monday-Thursday, 6 am-8 pm Friday and Saturday, and 9 am-4 pm Sunday. Stop in and find your new favorite place to meet friends, relax and fuel up.

Toys for Tots summer literacy program at The UPS Store

The UPS Store located at 10940 SW Barnes Rd, in conjunction with The UPS Store locations across the country, invites you to stop by and donate to help a child in need with the Toys for Tots Literacy Program throughout the month of May! Our spring donation drive will focus on the importance of summer reading.

According to the National Summer Learning Association, children can lose up to three months of learning over summer break. This "summer slide" can be even more devastating to children in lower-income families where reading scores are disproportionately affected and the achievement gap between rich and poor widens, which is why we need your support.

All of the proceeds donated to the TFTLP benefits local children in need or the libraries, schools and programs that serve them. "More than 13 million children live in poverty, and with the current economic environment, we can expect that number to rise," said The UPS Store franchisee Tim Kimble. "With the Toys for Tots Literacy Program, for as little as a dollar, our customers can make a big difference in the life of a less fortunate child living in our community."

The UPS Store and Mail Boxes Etc. network is the exclusive sponsor of the Toys for Tots Literacy Program. Since launching the program in March 2008, nearly \$1.6 million has been raised, helping to deliver hundreds of thousands of books to less-fortunate children across the country.

Mail Boxes Etc. will donate a book to the Marine Toys for Tots Foundation to be given to a child in the local communities for every on-line printing job submitted to The UPS Store's On-Line Printing web site in the month of May, up to a maximum of \$20,000 worth of books. For more information, please visit ToysforTotsLiteracy.org.


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Bales Thriftway fundraiser for Japan Relief

Store Manager Vince Lucibello and Bales' employees partnered with Mercy Corps during the month of April to raise money for the Japan Earthquake relief effort. Burgers and hotdogs with all the trimmings were offered in front of the store, with all proceeds going to Mercy Corps.

One afternoon, Josh Rickman came into the store with a \$185 donation



Josh Rickman

for the effort. It was his birthday, and he had asked his family and friends to give him cash instead of presents so he could donate it all to the relief effort! Josh is 13, and a student at St. Pius X School.

"I think that what this young person has done is fantastic, and not the norm for most 13-year-old kids! I know his parents are very proud of him," says Lucibello.

May is Revise Your Work Schedule month

It is a time to consider nontraditional work schedules such as flextime, telecommuting, job-sharing and compressed workweeks. These are all great options that allow you to use your time wisely and more efficiently. Whether you can make one of these arrangements work for you or whether you need to stay with the traditional schedule, there are several things that you can do to be more productive with the hours you have.

Professional organizer, Beth Giles, of NW Organizing Solutions

works with people to help bring order to their space as well as their lives. She says, "The principles for organizing time are similar to those for organizing space. Evaluate what time you have and how you are using it. Reduce, keeping only what fits with your priorities. Arrange activities so they fit or flow well, adjusting what things you do and when you do them."

Whether you consider a nontraditional work schedule or not, take time this month to make the most of your 24 hours by scheduling an appointment with Beth at 503-709-0791, or beth@nworganizingsolutions.com. You can also find helpful tips in the newsletters at www.nworganizingsolutions.com or by liking NW Organizing Solutions on Facebook.

DVRC Spring Appeal Campaign

The Domestic Violence Resource Center provides a safe place of support, where abuse survivors can bring their children and their pets, and begin to feel empowered with the skills necessary to have safe, healthy relationships.

The DVRC is the third shelter in Oregon, and one of only 35 among the nation's more than 2,000

domestic violence shelters, to allow pets. The Washington County Animal Multi-Disciplinary Team shares that, "Leaving that animal behind is as unthinkable to many of us as leaving a child behind." Giving a child or adult the one warm connection in a broken life can make an incredible difference in the lives of those the Domestic Violence Resource Center strives to serve.

The DVRC has recently launched their Spring Appeal Campaign to secure the remaining \$105,000 revenue target by June 30th, 2011. World of Smiles, Pediatric Dentistry is honored to support the work of the Domestic Violence Resource Center, in addition to the many non-profits and charitable foundations they work with. Dr. Stafford and the team at World of Smiles hope that you will partner with us as we work to support the families in the community we serve.

World of Smiles, Pediatric Dentistry is located at 11790 SW Barnes Rd, Suite 280, Portland, OR 97225. You can reach us at 503-626-9700 or visit our website at www.visitworldofsmiles.com. You can learn more about the Domestic Violence Resource Center by calling 503.640.5352 or visit www.dvrc-or.org.

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