



Cedar Mill News

Volume 4, Issue 3

March 2006

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History in the News

Irish settlers in early Cedar Mill

By Nancy Olson, co-author, Cedar Mill History

Immigrants arrived in Cedar Mill in a variety of ways. After a lengthy voyage they landed in New York or Boston and some traveled the Oregon Trail while others used the new railroad system after the 1870's. Many came to Cedar Mill assured of food and shelter provided by friends and family already in the area. Some moved away while others have remained for more than a century.

The Irish were among the first immigrants to reach Cedar Mill. Thomas and Ann Leahy traveled the Oregon Trail in 1852 and settled in the Goose Hollow area before moving in 1865 to a tract of 160 acres that they purchased for \$1,000. NW Leahy Road is named for the family, and Leahy family members still live in the area.



John Leahy, son of Irish immigrants Thomas and Ann Leahy, logging family property in 1893 (photo courtesy Dolores DeYoung Fallon)

A second wave of settlement in Cedar Mill took place in 1870's after many donation land claims were broken into smaller pieces. Much of the acreage was purchased by immigrants who had traveled west in search of productive farmland. Since many of these tracts had been logged off by local mills, the stumpland here seemed suitable for the arriving Europeans intent on farming.

The name Murray Road serves as a reminder of another Irish family who settled in the area. Owen Murray came to Oregon from San Francisco where he became a citizen in 1876. The following year he and his wife bought a 200 acre tract in Cedar Mill where they raised five children, and cows and horses. One of their sons, Joe Murray, was a colorful character around town during the first half of the twentieth century.

Read about both of these Irish families in the book "Cedar Mill History." A few copies are still available by visiting cedarmill.org/cmbook.html

Next Meeting

Cedar Mill Business Association

Tuesday, March 21, 2006. 7:30 am

Place: Cedar Mill Community Library

Topic: Membership Drive

Featured Business

Bales Thriftway

By Virginia Bruce, editor

In December 2004, Ken Findley sold the stores in Cedar Mill and Aloha that made up the Bales' family grocery business to Miller Family Holdings LLC, a Private Equity Investment Company. "We had been approached a number of times over the years by big corporations who wanted the stores, but I wasn't ready to get out of the grocery business. I loved it, it had been my life, but things have changed a lot and it was time. We were very comfortable with the new owners, they felt the way we do about the employees and the business," said Findley. "Our priorities were always 'customers first, employees second' and we were convinced that these priorities would be carried forward. We didn't want to let down our employees or the community."

Mark Miller is the CEO of Signature Northwest, LLC, a Retail Grocery Chain, the company that was formed to run both the Cedar Mill store and the other Bales-owned Thriftway in Aloha, Bales Farmington. In June 2005 Signature purchased another store in West Linn, the former Zupan's, which is now Bales West Linn. Mark's father Bob Miller is former president and CEO of Fred Meyer Corporation and former CEO of RiteAid, where he remains as chairman. There are several other investors in Signature Northwest. Mark graduated from the University of Puget Sound and holds his MBA from Pepperdine University.

"We are excited about the opportunity that these three stores have in their marketplace," says Miller. "We believe in growth through acquisition. If other stores become available that meet the high standards that the current Bales Stores operate under, then we would look at them," he continues. Any new acquisitions would be in the Pacific Northwest.

No big changes

Shoppers may have noticed a few small



Carl LaForce, Bales Cedar Mill General Manager, welcomes special requests

changes in the Cedar Mill store, but nothing major. New checkout equipment was one change. "We installed all new front-end systems which give us better, timelier information in our effort to better serve the customer. We have put in some new managers, but less than 1% of the employees left when we purchased the store," Miller says. "We are really trying hard to keep the same successful formula that Ken Findley had when we acquired the stores."

Continued on page 7

Friends of CPO 1 on the web

Not everyone who is interested in local community affairs can come out to the monthly CPO meetings (first Tuesday, 7 pm, St. Vincent's Auditorium). And there can never be enough time at the meeting to discuss everyone's concerns in depth. These are some of the facts in community activism.

In an effort to deal with these issues, and to support all the interests and concerns of



CPO 1 residents (Cedar Hills and Cedar Mill), www.CPO1Friends.org has been created. This website is specific to CPO 1 activities and is maintained by the CPO 1 Steering Committee. The Oregon State Extension Service very

capably administers the CPO program, but they do not contribute to hosting or maintaining this website.

Each of our newly-formed subcommittees has a separate forum space on the website with information resources and a place for free and open discussion:

- Transportation,
- The Cedar Mill Town Center,
- Open Spaces & Natural Resources,
- Governance,
- Traffic Noise

If you are interested in these subjects or anything else that's happening in CPO 1, visit the website and sign in to join the discussion. (And check out www.CPO7Friends.org, our sister CPO's website.)

We would be happy to answer any more detailed technical questions on CPO1Friends.org. The software packages we used could be supported under any hosting service enabling the "LAMP" platform (Linux, Apache, MySQL, PHP). Thanks to these free software providers:

- Content management: Joomla software - www.joomla.org
- Forums: SMF software - www.simplemachines.org
- Hosting: LunarPages.com - www.lunarpages.com

Many thanks to John Tornblad for the majority of the work creating the site. His collaborators were Virginia Bruce and Bruce Bartlett.

Touchmark planning local active adult community

Beaverton-based Touchmark, a 25-year-old company that builds and operates resort-style retirement communities for people 55-plus, is planning a local development. Touchmark Heights will be located adjacent to Southwest Barnes Road, just west of Miller Road in Washington County.

"Touchmark plans to develop an upscale 55 and greater active adult community that will create a sense of place, a unique and special lifestyle and an environment that blends with and complements the natural setting," says Development Manager Bruce S. Dalrymple, director and executive vice president of Touchmark.

To preserve the natural setting, Touchmark intends to cluster the homes and create trails and pathways. In addition to the condo-style and single-family homes, the community will offer recreational and fitness amenities.

Construction is expected to begin in 2007. A Web site—TouchmarkHeights.com—will be updated as the development progresses.

Touchmark operates 16 communities in eight states and Alberta, Canada. It is known for exacting building standards, outstanding design and workmanship and attention to the smallest details in its developments. Its Bend community—Touchmark at Mt. Bachelor Village—was presented the 2005 National Association of Home Builders' Platinum Award—the highest recognition—for its category ["for-sale condominiums"].

The Harmony School

On March 1st, **The Harmony School** opened on Cornell at the former location of Act One School of Dance. For ages "2-142," the school offers academic courses, crafts, and various forms of dance for anybody.

Academic classes include the usual suspects (math, languages, history, etc.) and the not so usual (advanced thinking, making lace, molds and masks).

They're ideal for home school students to socialize and learn together or to help kids in traditional schools with trouble subjects. Theatre classes are also available and music lessons are in



Rebecca Guyot bought the business in February and has been renovating it with paint donated by Sherwin-Williams

the works. There are daily hour-long classes for kids 2-5 ranging from "toward ballet" to math to art. For \$6 parents can drop their toddlers off and head to the downstairs studio for one of the latest workout videos.

Dance classes range from hip-hop to ballroom to Kaeli (Irish couples dance). Even pointe ballet is offered for advanced students, though Rebecca stresses that the dance classes are about fun, not competition or rigidity. There are classes for special-needs students and an application is in the works for non-profit status so that families can get tuition fees reimbursed.

Summer day camps are also open for registration. So far dance camp and colonial camp are offered. Colonial camp is a creative way of getting kids to connect with history by learning about and experiencing life as it was lived in 1776.

Family- and community-oriented, this promising school will have an official grand opening on April 1st. Class listings, tuition, and registration info is available at www.theharmonyschool.org

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Sunset High lacrosse sets season

At Sunset High School lacrosse is a club sport, meaning that organization and funding of the sport is done by parents and volunteers of the community. Currently Sunset has about 65 boys and 40+ girls participating in lacrosse. After making their first state play-off appearance last year, the boys hope to build on that with



hard work and determination for the upcoming season. The girls team, which won a state championship two years ago, are again working towards having another great season.

You can learn more about Sunset High Lacrosse by visiting the team website at sunsetlacrosse.com

There are about 33 schools in the state that are involved in the sport with one or two more schools getting involved every year. The sport of lacrosse is fast and fun. If you haven't seen a game, it's well worth it to make an effort to go to a boys or girls game (see schedule sidebar - home games in purple). It's the fastest game on two feet!

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Sunset High Lacrosse Varsity Boys' Schedule

Date	Home	Visitor	Time	Location
3/13	North Eugene	Sunset	6:30 PM	North Eugene HS
3/16	Sunset	Churchill	6:30 PM	Sunset Stadium Field
3/21	Sunset	Tigard	7:30 PM	Sunset Stadium Field
3/23	Sunset	Lincoln	7:30 PM	Sunset Stadium Field
3/24	Sunset	Thurston	6 PM	Sunset Stadium Field
4/04	Grant	Sunset	7 PM	Delta Park
4/07	Sunset	Southridge	7 PM	Sunset Stadium Field
4/11	Sunset	Aloha	7 PM	Sunset Stadium Field
4/14	Sunset	Beaverton	5 PM	Sunset Stadium Field
4/15	Lake Oswego	Sunset	11 AM	Lake Oswego HS
4/18	Sunset	Glencoe	7:30 PM	Sunset Stadium Field
4/20	Century	Sunset	7:30 PM	Hillsboro Stadium
4/25	Sunset	Liberty	7 PM	Sunset Stadium Field
4/28	Westview	Sunset	7 PM	Westview HS
5/02	Sunset	Southridge	7 PM	Sunset Stadium Field
5/03	Franklin	Sunset	5:30 PM	Clinton Park
5/05	Aloha	Sunset	7:30 PM	Aloha HS
5/09	Beaverton	Sunset	8 PM	Beaverton HS
5/11/06 - 6/04/06	League and State Playoffs			

Sunset High Lacrosse Varsity Girls' Schedule

Date	Home	Visitor	Time	Location
3/16	Sunset	Southridge	5 PM	Sunset Stadium Field
3/20	Lake Oswego	Sunset	5 PM	Lake Oswego HS
3/22	Beaverton	Sunset	8 PM	Beaverton HS
3/23	OES	Sunset	7 PM	OES
4/04	Sunset	Southridge	6 PM	Sunset Stadium Field
4/10	Westview	Sunset	7 PM	Westview HS
4/24	Sunset	Sherwood	7 PM	Sunset Stadium Field
4/28	Sunset	Beaverton	5 PM	Sunset Stadium Field
4/29	Sunset	West Salem	9 AM	Sunset Stadium Field
4/29	Sunset	South Eugene	2:15 PM	Sunset Stadium Field
5/02	West Linn	Sunset	8 PM	West Linn HS
5/04	Oregon City	Sunset	8 PM	Oregon City HS
5/05	Sunset	Westview	5 PM	Sunset Stadium Field
5/11	Sherwood	Sunset	6 PM	Sunset Park
5/19/06 - 5/24/06	State Playoffs			

Community Calendar

March 22-23

AARP Driver Safety Class, 9 am-1 pm, Cedar Mill Bible Church - call 503-644-3156 to register, or 503-646-7690 for information

March 21

Cedar Mill Business Association, 7:30 am, Cedar Mill Library Community Room

April 1

Grand Opening Tea, time TBA, The Harmony School

April 4

CPO #1 Meeting, 7 pm, St. Vincent's Hospital Auditorium

May 2 and 3

Beaverton Design Review hearing on proposed Wal-Mart, 6:30 pm, Beaverton City Hall

May 6

Cedar Mill Park No Ivy Day, 9 am - noon 10385 NW Cornell (see article page 5)



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THPRD Board adopts JQA Young House management plan

The historic John Quincy Adams Young house on Cornell near 119th was acquired by Tualatin Hills Park and Recreation District (THPRD) a little over a year ago. An ad hoc committee was formed to recommend a plan of action to the THPRD Board. On March 6, the board unanimously agreed to accept the management plan at their regular meeting. Currently there is no schedule for work on the house to begin but it is expected that it will get underway shortly.



Sue Conger, the chairperson of the ad hoc committee, introduced the report with these words, which reflect the hopes of the committee for the role the house will play in our community.

"The Ad Hoc Committee for the John Quincy Adams Young house has just completed a Management Plan suggesting steps for the District to take to make this property ready for public use. Key recommendations the committee is making are to:

- Restore the exterior to 1869, the period of its original construction
- Rehabilitate the interior to code including electrical, plumbing, heating and access
- Make the first floor and grounds available for public and private community use and facility rentals
- Install passive historic interpretation displays in the interior
- Develop opportunities for historic educational activities on the grounds

- Disband the Ad Hoc Committee upon the board's approval of this Management Plan
- Form a volunteer group affiliated with THPRD and its Foundation to raise funds and to give volunteer assistance for the restoration and ongoing care of the property

Rather than going into detail on the contents of the report, the Ad Hoc Committee wishes to tell you about the significance of adding this park to the THPRD inventory.

Each of you as a member of THPRD Board of Directors has hoped to fulfill the promise you made to your electorate to provide both natural spaces and recreational activities. You hope to shepherd good plans to enrich the lives of our citizenry. We wish to let you know that you have gone beyond these goals; you have given a community an opportunity to define itself and its legacy.

This site along with the development of the falls area will be the centerpiece of the Cedar Mill Community. Adults and children both ask, "Why this name? Cedar Mill, what does this mean?" Now, the story has an opportunity to be told.

The Young House will teach what life may have been like 137 years ago, highlighting the mill's location and its importance in shaping Oregon. Children may go to the house and study diagrams depicting such a mill. They will learn that when it was built, the civil war had ended four years earlier; that it will be seven years before the telephone is invented; that it will be ten years before the light bulb is

invented; and that in five years the structure that began as a residence will become the Cedar Mill Post Office and general store. Adults may go the herb garden to see chamomile as it was grown, then dried, and finally brewed into tea to help calm nerves...the tranquilizer of 1869.

We then may walk to the mill's location and be mesmerized by the sight and sound of the waterfall. We may pause to listen to birds singing and the sound of the wind in the trees that grow along the creek. This is the best of natural open space. We can wonder why there are no traces of the mill and then reason (from the lessons learned when visiting the house and garden) that the machinery was too precious to be left behind when the cedar trees were depleted. We reflect why the mill was dismantled and its valuable parts were moved to a new site. We understand that the house structure could stay in its place to be used for new purposes.

We then can walk eastward past the falls and step onto the four-mile long trail that takes us along the upper edge of the canyon, then loops back to our starting point near the falls.

We can walk, or jog, or bicycle and appreciate our opportunity to gain healthful exercise. We can understand the pioneers did not have this need, for their life was strenuous – simply performing the necessary daily tasks made them strong and tired. We can feel lucky that we have experienced a new perspective, and we can feel pride that we are the current residents of this historic area. We thank THPRD for giving us this treasure."

Cedar Mill Park Restoration Projects

Calling all Scout groups, kids looking for volunteer opportunities, and people who love parks and natural habitats! This is the second year of work in Cedar Mill Park and our efforts are paying off. We worked hard last year to clear ivy. We planted natives in one area of the park last fall and it looks like everything has survived the winter.

Invasive non-native species like holly and ivy block out the light and cover the ground, choking out all competition. By clearing these invaders, we allow the park's remarkable variety of natives to recover and thrive.

In May, we'll be able to get rid of any ivy that escaped our attention last year. We'll also have those wonderful weed wrenches that make it so easy to pull out holly and blackberry plants by the roots. Again in June, we'll pull holly and do some general cleanup to get ready for the park concert on August 1.



Oregon Grape (*mahonia nervosa*) is thriving after planting late last fall

Proposed Cedar Mill Wal-Mart hearings scheduled

The City of Beaverton has scheduled the first public hearings on the proposal to build a Wal-Mart in Cedar Mill on two successive evenings, Tuesday May 2 and Wednesday May 3, beginning at 6:30 pm in City Hall, 4755 SW Griffith Drive. The Board of Design Review is holding the hearings on two successive evenings because they anticipate a large turnout of people wanting to testify on this proposal. If you're planning to testify, try to arrive early enough to get your form filled out and turned in.

Wal-Mart has proposed a 152,300-square-foot store at the southwest corner of Cedar Hills Boulevard and Barnes Road. The proposal was announced just days after the area was annexed by Beaverton a year ago. For information about the proposal, see the article in the July 2005 issue of the Cedar Mill News. (cedarmill.org/news/index)

Save Cedar Mill (savecedarmill.com) was formed to oppose the store and has focused on the impact the nearly 7500 extra trips per day would have on our already crowded intersection.

Subscribe to The News—see page 2

Cedar Mill Park, 9am to Noon, Saturday, May 6, 2006

Join us as we celebrate No Ivy Day by removing invasive English ivy and holly from the natural areas of the park. Please bring your own heavy-duty work gloves, if possible. Refreshments will be provided.

Cedar Mill Park, 9am to Noon, Saturday, June 3, 2006

Join us as we remove invasive holly from the

Are you looking for ways to build your business?

From the CMBA Board

The Cedar Mill Business Association (CMBA) is changing and improving - so we can help you grow your company! We are working to build the CMBA into a vibrant, active organization - focused on your needs. However, we need your input & participation!

In a recent survey, Cedar Mill business owners overwhelmingly said they want the CMBA to focus on business! We are responding by looking at ways to increase the value of the CMBA to you. If we have sufficient members, we can "stage" CMBA's growth, and plan to help you by:

Presenting valuable seminars and workshops, focusing on your identified needs, such as:

- How to attract more customers
- How to find / train qualified people
- How to improve operations
- How to improve cash management
- Improving operational planning
- Improving time management
- Improving project management
- How to minimize taxes
- Dealing with human resource issues
- Hosting networking events - to showcase Cedar Mill area businesses.

natural areas of Cedar Mill Park. Please bring your own heavy-duty work gloves, if possible. Refreshments will be provided.

The park is located behind the Cedar Mill Elementary School at NW Cornell and 103rd Ave. Please park in the lower lot of the school and meet at the picnic tables.

To register, call Melissa Higgins at 503-629-6305 x2953 or email to mhiggins@thprd.com.

- Bringing in guest-speakers on the topics listed above, and other business-building topics.
 - Offering opportunities / events to promote your company.
- Our "plan for a plan" is to create a vision, based on these questions:
- What if the CMBA provided awareness, education/training programs on members' most pressing challenges?
 - What if the CMBA provided access to talent, resources and capabilities to help business owners dramatically improve personal and company performance?
 - What if the CMBA was the catalyst for local companies to solve their most difficult challenges?
 - What if the CMBA enabled discussion forums, presented valuable topics, and was a group that members looked to for answers – to pressing business problems?

If you could count on the CMBA to help your company reach your goals, would you value such an organization?

We need your participation, ideas and energy to help us help you! JOIN YOUR CMBA TODAY!

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Bales Thriftway, continued from page 1

Run clean stores, with exceptional service and quality.”

One of the new managers is Carl LaForce, General Manager. Carl came down from Seattle, where he had run a Metropolitan Market



location for a couple of years. Prior to that he had been a food buyer for six years for Associated Grocers' Thriftway. "This store really felt familiar to me, because years ago I had run Larry's Market, and this store was built as a copy of that one," he mentioned.

One of the first changes in the store is the exceptional assortment of cheeses available in the case next to the deli. Bill Evans, one of the new hires, is the Cheese Steward. He has a "Cordon Bleu" degree from Western Culinary Institute, and has presided over the transformation of this part of the store. "We purchase almost all our cheese in the original big wheels and then cut and package them ourselves. It ensures a much fresher product and lets us offer a wider variety of cheese," Evans says. The selection includes European, American and local Pacific Northwest cheese. Helpful signs identify



Carl LaForce developed the recipe for this cioppino, available daily and filled with fresh seafood

cheese varieties and give information about their origin, content and use.

Bales wine selection has always been pretty good but it has become an even more important part of the store with the addition of the Wine Steward Steve Gale. Another Cordon

Bleu graduate, Gale has his Sommelier certificate. He formerly worked at a Zupan's market. He's on hand to help customers make selections and is happy to provide special orders for that important dinner or party.

Bales continues to get fresh produce, meat and seafood from northwest suppliers. This is one of the main things that sets them apart from the big corporate groceries in

the area. "We still send our trucks out to Hood River to get peaches, apples and pears," Carl mentions. Miller says, "The competition in our markets are, for the most part, the big guys, and they do a good job but they are directed from their corporate offices on what products to buy and where to get them, and this is driven largely from cost. They are owned and operated outside of Oregon where we are a local company made up of individuals who grew up or spent a significant amount of time in Oregon. All we do stays here."

One of the first changes Carl LaForce made when he arrived was to bring in the Boar's Head line of deli meats and cheeses. This top-quality line comes from a demanding company. "They made us change the way we did some things before they'd let us sell their product," mentions Miller. "And it was all for the best." Although the line is expensive, LaForce points out that it is economical because the flavorful products go a long way. "You can make a turkey sandwich with about half the turkey you'd normally use, and it tastes better.



Boar's Head deli meat and cheese are worth a try! It's because they don't pump water into their products."

While there's no big remodeling project being planned, some areas will be reorganized. "We're planning to mix the organic foods back on the shelves next to the regular foods. This should make it easier for the shopper to find things and to compare products for contents and value," says Miller. "We strive to have at least 100 organic products in the store at any



time. We think that combining organic and local products with traditional grocery items will make a better shopping experience," he continues. They may put housewares and seasonal goods in the space next to the Post Office, that is currently occupied by the organic foods.

[For background on Odus Bales and his contribution to the community, see the October 2003 issue of *The Cedar Mill News*. Archives at cedarmill.org/news/archive.html]

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