



Cedar Mill News

Volume 6, Issue 6

June 2008

Featured Business

Comfort Keepers

By Virginia Bruce

With a veritable "tsunami" of aging baby boomers getting ready to retire, caring for the elderly is certainly a growth industry. Several companies have started franchise operations to provide the care that will be needed. One of the most highly regarded companies, Comfort Keepers, has a franchisee here in Cedar Mill.

Leomarie Lind and her husband Curtis moved to Oregon a few years ago for Curtis' job with Intel. Leomarie had three children in two schools, and wanted a job that she could do on her own schedule. She had done some caregiving for an elderly neighbor and found it very satisfying, so she explored her options for opening a caregiving agency.



Caregiver Terry's client moved from the midwest to be near her family. Weekly bingo games provide a familiar and fun activity.

She decided that working through a franchise would provide the structure and training to make the business successful. She chose Comfort Keepers because she liked the philosophy and the services it offered, and she was encouraged after talking to several other franchise owners.

Comfort Keepers serves a growing market for in-home care. Services range from simple companionship, transportation, cooking and cleaning, to physical care including bathing and feeding. Their caregivers don't provide medical services, but they can supervise medication to make sure clients take their medicines on time and in the right quantity. Clients are mainly elderly, although the

company has cared for people with permanent disabilities and people recovering from hospitalization.

Most Long-Term Care Insurance policies cover their services. In the past, policies only covered care in licensed facilities, but these days it's widely recognized that helping people stay in their own homes as long as possible is not only better for clients' welfare, it's also cost-effective. Some companies offer elder-care as part of their menu of employee benefits. Hourly rates vary depending on the client services provided, but generally range around \$20.

Family supplement

Many of the services Comfort Keepers offers are the things a family member would do if they weren't busy working and/or taking care of their kids. By employing a caregiver, the family can be assured that their loved ones are safe and comfortable and have a good quality of life. Instead of feeling stressed because of the responsibility and the chores, the family can concentrate on spending enjoyable time with their elderly relatives.

"What the client wants should determine whether they should stay in their home," says Leomarie. "Some people like the social activity available in a senior facility. But a lot of people prefer their familiar environment, and we supply the services that allow them stay there."

A weekly game of cards or a trip to the bingo parlor, a daily phone call to check on their welfare, someone to take them to appointments or do the shopping and cleaning—these simple services can make

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Next Meeting

Cedar Mill Business Association

Tuesday, June 10, noon

Place: Leedy Grange, 835 NW Saltzman

Topic: Office Organization Strategies

Speaker: Kathie E. England, Time for Success Inc.

The Cedar Mill Business Association's meetings are free and open to anyone interested in business in Cedar Mill

Cedar Mill Farmers' Market

By Dina Gross, CMFM Manager

Mark your calendar for the Cedar Mill Farmers' Market every Saturday from now through September. Located in the Safeway parking lot, just west of Murray on NW Cornell, across from Sunset H.S., it is open from 8 AM to 1 PM.

The spring cold spell has slowed down some crops such as the strawberries, but we expect to see plenty in the Market by June 7th. Farmers this year (arriving with lots of produce in the next couple of weeks) include old favorite Lone Elder Farms, run by Tyler again this year! Also, Baird's Orchards will soon be with us with asparagus, cherries and other goodies. Visit Duyck's Peachy Pig Farm as well as DeMartini Family Farms and new farmers Green Acres Farm and Martinez Family Farms, both from the Canby area. Townsend Farms are excited to be back for the 10th year, hoping to have plenty of strawberries soon. Galin-Flory Farms will also be back with their beautiful berries and tomatoes, eggs, and plums later in the season.

The market will be loaded with booths so come on out to show your support and see your favorite vendors like Debbie the Olive Lady, Malinowski Farms Organic Beef,

Mireille's Les Couleurs de Provence linens and french pastries, Pacific Flames soy wax candles, Pink & Charlie's Handmade Soap, Bobbi's Sew Fine handmade aprons, bags, wine vests & more, and Massene & Kamel's Market Baskets.

We'll have lots of great garden goodies -- West 40 Nursery, Dem Rootz bamboo & more, Down Under Pots, Bauer's Flowers, and



Malinowski Farms raises grass-fed organic beef and chickens up on Springville Road, and they bring their incredibly fresh organic meat and eggs to the Market every Saturday. The tasty lean beef, processed in a USDA approved facility, will spoil you for factory meat forever. Support local agriculture and treat your family to the healthiest beef you can buy.

of course, the most beautiful cut flowers anywhere, brought to you by Vanessa's Farm. Look for some garden art in our early weeks as well, with Roberta and her concrete cast leaves and more joining us June 7th.

Our favorite potter Darris Dietz started his every-other week schedule last week. Last year's very popular local jewelers are all coming back, so come see what they have been making this year. New this year: Chair Massages by Maya,

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Cedar Mill Business Association Member News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at vrb@teamweb.com

Soul Espresso for Young Adults*

Come for fellowship, a word of wisdom, spirit-filled music and your favorite coffee drink. Join us on June 26 from 7-8:10 pm (doors open at 6:30 for coffee and music) at St. Pius X Community Center, 1280 NW Saltzman Rd (in the main building up the driveway). Future gatherings: 2nd and 4th Thursday of the month through August. For more information, contact Matt Smith 503.644.5264 or msmith@st-piusx-pdx.org. *(Young Adults="18-40 at heart")

Village Gallery News

The Village Gallery of Arts June 2008 group show will feature artist Diane Pinney. Diane rekindled her interest in and passion for art after retiring from a career in finance and business administration and a move to Portland in 1999. Her favorite media are colored pencil, mixed media, acrylic and watercolor. Diane feels that her creativity is an expression of the Spirit within her. Painting, for her, is an act of worship and she is mindful of that reality whenever she picks up a brush or a pencil.

The all media show opens June 3rd through July 5th. We are open



Kasadasi Rug Factory, by Diane Pinney

Tuesday through Saturday, 10 am to 4 pm, Sunday 12 to 4.

Featured classes in June include: **Mosaic Stepping Stone:** using ceramic, china and tiles, you will create a functioning piece of garden art. Learn about how to create mosaic for the outdoors to withstand weather. (Ages 15 and up)

Make a Concrete Leaf: The process of casting with cement is explored with a demonstration and hands-on learning. You will have the opportunity to create at least two concrete leaves.

Three-Day Watercolor Workshop: instructor Gene Gill is dedicated to concept and design. His impressionistic paintings have an illustrative approach. This workshop guides you into a structured creative process that encourages successful projects for artists.

The Village Gallery of Arts is a non-profit community gallery in operation over 40 years. It is located at 12505 NW Cornell Road (Cornell and Saltzman, behind Walgreen's, next to Cedar Mill Community Library). Call for more information at (503) 644-8001 or visit them on the web at villagegalleryarts.org

ty Library). Call for more information at (503) 644-8001 or visit them on the web at villagegalleryarts.org

Summer Safety Tips from Sunset Medical Practice Group

Swimming:

Learn to swim and perform CPR; Never swim alone; Avoid swimming when too tired, cold, or hot; Swim across a current if ever caught in one; wear a Coast Guard approved life jacket.

Sun:

Protect your skin from UVA and UVB rays with a broad-spectrum sunscreen—SPF 15 or greater; Be sure to reapply sunscreen every two hours; Use sunglasses, hat, dark, tightly woven clothing, and stay in the shade; Limit direct sunlight between 10 AM and 4 PM

Hydration:

Drink water regularly even if you are not thirsty; Avoid mixing alcohol with swimming and boating; Avoid drinks with caffeine in hot weather—they can dehydrate you; See the Sunset Medical Practice Group ad in this issue for more information about their practice areas.

Library2Go

Hooray! Library2Go now has downloadable videos and children's and young adult audiobooks. These materials were purchased with an LSTA grant that was awarded to the Oregon Digital Library Consortium. More materials will be added later in the spring. See the WCCLS website at <http://tinyurl.com/3z5473> to download digital audio book and video titles 24/7 to a PC at home, in the office or anywhere in the world. Transfer audio books to your MP3 or burn onto CD for listening on-the-go.

CMBA Meeting Notes

At our May 13 meeting, we heard from Lisa Mentesana and Mary Metheny, Beaverton School District's Homeless Liaison Specialists. They told us about the many ways that students at Sunset High and other area schools can become homeless, and about the challenges that they face. They discussed ways that CMBA members can help.

At the end of the meeting, several members of our Community Outreach Committee met with Lisa and Mary and decided that CMBA will support the Birthday Club, a program where the kids will receive a card and gift certificate on their birthday. We are also going to participate in "mock interviews," which helps kids gain job interview skills by meeting with business people.

We also held a roundtable discussion of collection methods. Becky Jarvis, Electronics Unlimited, provided a handout, and attorney Dean Shade discussed Oregon law.

The Membership Committee will be producing a CMBA brochure, and then making personal visits to area businesses to encourage membership. We have set a

three-year goal of 100 members. We ended last year with 59 members, and this year we're already over 50 members. With added benefits and more community involvement, we feel it's a reachable goal.

The Downtown Enhancement Committee announced its first Adopt-A-Landscape event on Saturday, May 10. The event was a great success and even with a small group, on one of those very hot days in May, we cleared all the weeds and trash from the overlook area on Cornell. The county doesn't maintain the landscaping they put in as part of the Cornell road project, so it's up to us, the people who care about keeping Cedar Mill beautiful. You don't have to be a CMBA member to participate. The next weeding party will be on Saturday, June 28 from 9-10:30. Bales Thriftway is offering a free barbecue lunch to all participants. Contact Virginia Bruce at 503-629-5799 or vrb@teamweb.com to volunteer.

The Program Committee came up with a great list of topics and speakers for the coming year. We're looking forward to relevant and interesting topics.

The Publicity Committee circulated a signup sheet for businesses that want to man a booth at the Farmers' Market. The CMBA will be there at least once a month throughout the summer, promoting individual businesses and the organization.

The next meeting is on June 10, noon at the Leedy Grange, 835 NW Saltzman. (The library meeting room is unavailable for the summer, so we're meeting across the street at the Grange Hall.) Kathie England, Time for Success Inc., will be presenting a program on Office Organization Strategies for small and home-based business. Free pizza as always!



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History in the News

Saltzman Road

By Nancy Olson, co-author, Cedar Mill History, updates by Virginia Bruce

Like so much of Cedar Mill, NW Saltzman Road has changed with the times. Originally it was a dirt track leading from Peter Saltzman's homestead, just west of the summit of Skyline Ridge, to NW Thompson Road. His descendants later changed Saltzman to Saltman, accounting for today's spelling.

In 1892, Washington County surveyed the road. The group recommended adopting it as a County Road, stating, "A good road can be made at reasonable expense...It reaches and gives outlet to several farms not otherwise accommodated, and also gives convenient passage for the neighborhoods to each of the roads with which it is connected."

By 1896 the road was finished down the east side of Skyline. The steep stretch between Saltzman's place and Laidlaw, though still traceable in the 1970's, fell into disuse quite early. The steep eastern branch served as a fire road in Forest Park.

The southern end of Saltzman joined Cornell Road near Leedy Grange. Up until 1990, the road had three right angle jogs to avoid cutting through old farms between Thompson and Cornell. Forty years ago, there were many accidents as modern day drivers collided with the past.

In 1990, the County used MSTIP II funds to reconstruct the road between Burton and Marshall on a new alignment that eliminated the dangerous right-angles. Cut-through traffic in Terra Linda had been a problem, so at the same time, the corner that connected with the Terra Linda neighborhood was vacated and access was closed off.

There was a fairly contentious series of public meetings at St. Pius while the improvements were being planned, leading one county official to proclaim that he would never again schedule a public meeting in a building without a back door!



The old alignment of Saltzman is shown in brown. The numbers show peak-hour traffic volume by direction in 1989 at 150 southbound and 360 northbound. Current peak volumes range from 1500 to 1800. The road project was estimated to cost \$850,000 in 1989. The current project budget is around \$6.5 million.

Leedy Grange meets June 14

The Leedy Grange meets on the second Saturday of each month. There's a potluck at noon, and the business meeting starts at 1 PM. Open to anyone interested in learning more about the Grange.

CPO 1 meets July 1

Check cpofriends.org for updated information about your citizen participation group. Meetings are always on the first Tuesday at 7 pm at St. Vincent's Medical Center.

Family Fun at the Grange

For the first time in at least 20 years, Cedar Mill's Leedy Grange is sponsoring a community event—the Strawberry Shortcake Social and Historical Photo Exhibit. The little gray building on Saltzman, just north of Cornell, was the center of social life in early Cedar Mill. Declining membership and aging members has led to the building mostly being used by others who rent its facilities, until a few new members joined and got things going again.

Strawberry shortcake will be offered in the dining room with luscious Hood berries from Townsend Farms, Bob's Red Mill biscuits and real whipped cream from Alpenrose—a local food lover's delight! Volunteers are needed to serve shortcakes, if you'd like to help.

Photos from the Cedar Mill History book will be on display in the main hall, with many of them enlarged courtesy of Portland Vital Signs, a company owned by one of the sons of the book's co-author, Nancy Olson. Prints of selected photos will be on sale, with a silent auction for framed prints. Longtime Cedar Mill residents are especially invited to attend—we'd love to talk to you if you have any old photos of your own that you can share.

Bales Thriftway, the Grange's next-door neighbor, is donating the proceeds of their Saturday afternoon barbecue to the FUNraiser as well. Grab your lunch and come to the Grange for dessert!

Proceeds from the FUNraiser, will go to renovate the floors in the building. Built in the early 1900s for the Modern Woodmen, it was purchased by the Grange in 1913. It was renovated in the 1930s, and has been maintained since then, but the floors need quite a bit of work before we can have dances again.

Like Leedy, many Granges around the country have found themselves surrounded by urban development. There are not many nearby farmers, who made up the traditional Grange membership. Moving into the 21st century, support for the local food movement—farmers' markets, local suppliers, home gardening and food preservation—can be a way to make the Grange relevant in an urban setting. If you're interested in local food, joining the Grange can be a way to learn and get involved. More information about Leedy Grange and the Grange organization will be available at the event, and on our new website leedygrange.org. Contact Virginia Bruce with any questions or to volunteer: vrub@teamweb.com or call 503-629-5799.

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Cedar Mill History Photo Exhibit

Saturday & Sunday, June 21-22, noon-3 pm
Leedy Grange Hall, 835 NW Saltzman
(east of Bales)

Safe way to Bonny Slope School?

Parents have been asking about plans for sidewalks in the vicinity of the new Bonny Slope Elementary School. One parent says, "I have two children who will be attending this school, but I am troubled by the fact that they have no safe way to get to school from our house on Marshall St. I have been told that because we live less than one mile from the school, no bus service will be provided for the children in my neighborhood. 119th is not a safe street, with most cars by far exceeding the posted speed limit of 35 mph. There are zero sidewalks or even safe clear spaces for a child to walk/bike to school. I would like to know if there are any plans in place, anywhere, for improvements to 119th so that the kids living in that area, who likely will not be provided bus service, can get to school safely."

County policy on roads like 119th, which is classified as a Minor Collector, is that sidewalks are built by developers when they put in new homes, but the county itself doesn't

build sidewalks in the absence of a capital project (a major road improvement). This is one of the important differences between cities and the county. Current county policy holds that even though an area is urbanized, and might need urban facilities like sidewalks, it isn't the county's job to provide these facilities because they aren't provided county-wide. This is one of the issues that's being studied in the Urbanization Forum.

Cedar Mill's unfilled need for sidewalks and other urban amenities is suspected to be one of the reasons that Beaverton didn't annex the area during the '90s. There wouldn't have been sufficient gain in tax revenue to offset the cost of bringing our neighborhoods up to Beaverton standards.

The county has begun to look at expanding a program called "minor betterments" that could provide asphalt paths—not up to sidewalk standards but a safer way for pedestrians and cyclists to move along roads like 119th. It might be possible to get such an improvement on 119th but not immediately.

So the short answer is no, there won't be a safe way for your kids

to walk or bike to school this year. You'll probably have to join the queue of drivers dropping kids off. Congestion on McDaniel is expected to increase.

A sidewalk is being provided by Beaverton School District (BSD) on the north side of McDaniel adjacent to the school, and that will continue west to connect with The Bluffs subdivision. They're currently waiting for utilities to do some relocation work before finishing the sidewalk. The county was not able to require BSD to put a sidewalk on the south side of McDaniel, so it will only be available next to the new developments.

There will be a crosswalk on McDaniel near the easternmost driveway entrance into the school. Children reaching the school from that crosswalk will have a separate walkway to get to the school and won't have to cross the driveways. Flashing lights and a 20-mph speed limit will be in place all along the school frontage.

The western-most driveway at the school will be for buses only. The middle and east driveways may become a one-way system, rather than the two-way circulation that current plans call for.

Volunteer Spotlight

Second Edition Resale Volunteers Support the Library

By Kevin Kelley, Cedar Mill Community Library Volunteer Manager

Under the expert direction of Shop Manager Nancy Paysinger, 100 volunteers, including teens, adults and seniors, work to keep the Second Edition Resale Shop a successful on-going fund raiser for the non-profit Cedar Mill Commu-



nity Library Association. Over the past year, donations have greatly increased and sales have shot up by 24%. With such an increase in business, more volunteers are needed to cover our needs.

A neighbor brought Traci Hay to the library when it first opened in 1974, and she has been coming ever since. She leads a busy life, working as an auditor at Providence Health

Plans and she will be going back to school to become a Civil Engineer. Still, she devotes one evening a week to volunteering at the Second Edition.

During her weekly shift as a cashier, Traci rings up sales, meets and greets customers, answers questions, renders advice to shoppers on their clothing choices, and in between hangs clothes on the racks and restocks the shelves. Even though her mother also volunteers at the Shop, it was the Shop Manager Nancy Paysinger who started a conversation with Traci, ending with an invitation to become a volunteer.

Traci feels it is important to have a mission to give to the community, and the library is one of her favorite places. She loves the fact that she is helping to raise money for the library, and enjoys interacting with customers as well as working with the other volunteers, all people who have the library in common.

Volunteering at the Second Edition Resale Shop is a wonderful opportunity to help the library, meet your neighbors, and interact with the customers. Most volunteers

work weekly shifts, although some long-term, "founding" volunteers put in multiple days in multiple jobs. Volunteer positions range from displayer, cashier or sales associate in the Shop, to sorting, pricing, mending, or item research in the workroom. A new volunteer position was recently created to handle online sales, and we are looking for a volunteer cleaner for the mornings.

Volunteer applications can be found in the library and online at cedarmill.org/library or contact Kevin Kelley, Head of Volunteer Services, at 503-644-0043 ext 111 or kevinke@wccls.org.



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Farmers' Market, cont. from page 1
 the Cedar Mill Local Artist Co-op, LunarCat handmade origami ornaments & other Asian-inspired crafts, and Don & Joann's Workshop (the word "unique" doesn't begin to describe these artistic birdhouses and planter boxes). Some have called to ask, and yes, Viva Cucina will be back, joining us on June 7th so don't worry! Oh, let's not forget the Master Gardeners with us weekly to answer your garden questions.

If you're hungry when you get to the market, Pete will be cooking up delicious sweet waffles as well as fantastic savory waffles, topped with incredible, fresh-from-the-market toppings. Also we'll have Great Harvest Bread back, and Sweet Ole Larry plans to pop up kettle corn for us every week this year. I can smell it already!

The Cedar Mill Farmers' Market is sponsored by Tualatin Hills Park & Recreation District. Thanks, THPRD for keeping our Market going, now in our 10th season! Thanks also to New Seasons Market for a grant to sponsor our music again this year. THANK YOU, Market volunteers. You're the best!

Cedar Mill 7-Eleven Store Robbed THREE Times in a Month!

The 7-Eleven Store on the corner of Saltzman and Cornell was robbed three times in May and Sheriff's detectives believe the same suspect is responsible for all three incidents. Detectives are asking businesses and residents in the Cedar Mill area to provide any information that might help to solve these crimes.

On Sunday, May 4 at 2:46 AM, Sheriff's Deputies received a report of a robbery at the 7-Eleven store on N.W. Cornell. The store clerk reported that a white male, 5'4" tall, wearing a black ski mask, a black button down shirt, and black pants, robbed him at knifepoint. He said the suspect came into the store carrying a kitchen knife and demanded the money in the register. The clerk complied and was not hurt. The suspect got away with about \$15 in cash and two packs of Camel Wides cigarettes.

On May 14 at 2:07 AM, a suspect fitting the same description entered the same 7-Eleven store wielding a large silver-bladed kitchen knife. This time, HE wore bright red ski gloves and immediately ran toward the back counter and the cashier standing next to the till. The suspect

demanded all the money in the till while menacing the cashier with the knife. The suspect grabbed cash and three packs of cigarettes (Winston) and ran westbound on Cornell.



Do you know this jacket? Detectives think it was dropped by the robber.

One of the Sheriff's K-9 unit dogs led officers to a bright orange leather jacket near the bushes around the corner from the store. Inside the right pocket was an opened pack of "Camel Wides" (the same brand stolen during the May 10 robbery). The K-9 track also led to the discovery of the black ski mask used in the robbery—it was found in the middle of the road at the corner of Saltzman and Barnes. The suspect was not located.

On May 29 at 4:29 AM, suspect entered the 7-Eleven, walked behind the counter, and threatened the clerk with a large kitchen knife. This time the suspect was wearing a baseball cap with a blue bill and blue top, but the front section of the hat was white with some writing on it. He was wearing a red bandana over his mouth and nose, a dark colored jacket, dark gloves, dark pants (possibly camouflage), and black shoes. The suspect took \$20 in cash then left the building and proceeded south toward N.W. Cornell Road.

Sheriff's detectives are asking anyone with possible information about these robberies to contact Detective Andy Hayes at (503) 846-2500.

Dogwood Stoplight Petition update

1536 signatures were delivered to the Washington County Board of Commissioners on June 2. County engineers are re-evaluating the traffic statistics and other issues—stay tuned, we may get the (green) light!

A large advertisement for Bales Market Place Garden Center. The background is a photograph of a garden center filled with various plants, flowers, and supplies. Overlaid on the image is text: "Save gas—shop locally! Visit Bales' Garden Center for locally grown landscape plants, flowers, veggies, and a great selection of supplies and tools. low prices—top quality!" In the bottom right corner, the logo "Bales MARKET PLACE" is displayed in a stylized font, with the tagline "Proud to be part of the community for over 45 years!" below it. There are also smaller inset photos showing tomato plants and garden supplies.

Cedar Mill parks update

We asked Tualatin Hills Park & Recreation District (THPRD) to give us an update on a number of parks projects around the area. Hal Bergsma, former City of Beaverton planner, is the new Director of Planning for THPRD and he shares this information.

Cedar Mill Park

What is the status of the Brady addition to Cedar Mill Park? (This property, at the northwest corner of the park, has been used by area children to walk to Cedar Mill School for years. It was acquired by the District last year.)

Seven-tenths of an acre of the Brady addition, including the house, will be sold and the District will retain nine-tenths of an acre. A lot line adjustment reflecting this partition has been approved by Washington County and is now in the appeal period. The District has submitted a grant application for developing the trail but we're not sure if we will be successful. If not, the trail won't be built in the foreseeable future, although the proposed bond measure might contain funding for such an improvement.

Jordan/Husen Park

Is there a schedule for the improvements to Husen Park? When I last wrote about it in April 2007, THPRD estimated that construction might start summer '08. Is that still a possibility?

There is no schedule at this time. Due to workloads and staffing issues we were not able to proceed with the project when we had hoped to. The earliest possible start for construction is the Summer/Fall of '09. We will be reviewing and prioritizing projects in the near future to determine whether this is feasible. Metro local share funds (\$540,000) are available to complete Phase 1 of the improvements.

What about the longer-term improvements to Jordan Park? Is the 2002 Master Plan still in effect or have there been updates? When can we expect to see any action there?

The 2002 master plan is still in effect but again, we have no scheduled start date for improvements. The master plan will be updated when a consultant is on board. A draft request for proposals has been prepared to send to consultants, and we hope to have a consultant under contract in the next few months.

John Quincy Adams Young House

The recommendation of the consultants was to work on the grounds before any work is done on the house. Is the district planning to pay for the improvements to the park grounds? Or is that money to come from fundraising too? If the district is planning to pay for the improvements, is there any schedule?

There are no funds to do site improvements, just the master plan. It has been assumed that the fund raising effort will be for improvements to both the grounds and the house. Improvements will need to wait until an adequate amount of money is raised.

The Bluffs Park

The development that is going in north of The Bluffs (west end) has an access path leading to the "trail" be-

hind the condos. The place where the path meets the "trail" is totally a mess (overgrown and ungraded). This access to The Bluffs will be very welcome to the Ironwood and other residents who have never had legal access to the park and the nice play area from the north. Are there any plans to improve the trail? It currently feels like you're walking through people's back yards, and unless you've studied the maps like I have, you don't feel like you should be using it. Also, when the new BSD addition comes online, is there going to be a renewed effort to extend a trail through the middle section to further connect the parts of The Bluffs?

There is an approved master plan for improvements to the park. Phase 1 improvements, at the south end of the park, were completed a couple of years ago. There is no funding at this point to complete Phase 2 of the master plan for the north part of the park, which would connect to the developer's trail. This could be done if the proposed bond measure passes, but it is not specifically identified as part of the bond measure package. We have cleaned up deck encroachments in the Phase 2 area.

The temporary trail through the BSD addition (Cedar Mill News, May 2008) takes precedence at this

point over other trail improvements in the area. Again, if the proposed bond measure is on the ballot and is approved by the voters in November additional trail improvements in this area may be possible.

Terra Linda Neighborhood Association meets June 12

The TLNA will meet on Thursday, June 12 at 7 PM at Christ United Methodist Church. Open to all Terra Linda residents, the group is forming committees to update residents on issues of interest, including Traffic & Road Construction, Emergency Preparedness, Environment & Conservation, Crime & Safety, and Social & Events.



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Comfort Keepers, cont. from page 1
a big difference. Some clients need more to be able to stay in their homes, up to and including 24-hour live-in care. Comfort Keepers caregivers are trained to monitor physical and behavioral changes in their clients, and they stay in close contact with family members.

Licensed employees

Comfort Keepers employs about a dozen trained caregivers on an ongoing basis, with several more people "on-call." They only hire experienced caregivers, and then give them additional training in practical techniques, such as how to transfer people with limited mobility. The company provides video training on a wide variety of topics, so caregivers can learn new skills as needed.

Leomarie notes that, "it takes a person with a big heart and a good sense of humor, someone who is patient and kind. It helps to be a 'jack-of-all-trades' who can perform a wide range of services, and it also helps to be a bit of a 'clean freak.'" For the right person, caregiving is a remarkably rewarding career choice.

Most of her caregivers choose to work part-time. Some are students, some are semi-retired, some have

kids of their own and appreciate a job they can do when their children are in school. The pay is not high, but the work is satisfying. They are always looking for potential employees.

The Lind's franchise is the first Comfort Keepers in Oregon, although the company has over 500 franchised offices throughout the United States, Canada, and worldwide. Leomarie says that Oregon regulations are very "pro-client"



and require licensing for all personal caregivers, unlike many other states. This ensures a higher quality of care but makes it harder to start an agency here.

Leomarie spends most of her time in the office, on the phone and meeting with prospective clients and with her caregivers. She also does a lot of networking, promoting her business at the Beaverton Chamber of Commerce, at area churches and senior centers.

Leomarie was born in the Philippines. She came to the US to attend graduate school at a Baptist seminary in Berkeley, where she met her husband. They have lived in California and Arizona. Curtis earned his Masters' degree in Human Resources, focusing on international HR, and they lived in the Phillipines for three years. He came to Oregon with Intel, but now works for Columbia Sportswear.

She joined the Cedar Mill Business Association last year. "I like the personal contacts you can make in a small group like this," she says. "And it's a great feeling to participate in community activities like the Adopt-a-Landscape project! I feel so proud when I pass the place we did our weeding!"

Leomarie says that personal referrals are her best source of new clients. She gets some inquiries through the franchise's website, comfortkeepers.com, and also runs ads in the yellow pages and local newspapers.

The office is located in the Westlawn Professional Building at 1225 NW Murray. Their phone number is 503-643-2010. The Comfort Keepers website has a great depth of information at www.comfortkeepers.com.

Urbanization Forum June 19

The second session of Washington County's Urbanization Forum will take place on Thursday, June 19 from 6:30-10 PM in the Walters Civic Center, SE 5th and Main in Hillsboro. Unlike the first session, this time there will be a chance for public comments, says Forum organizer Mark Cushing. "We'll probably ask that the public submit their questions in writing at the beginning of the meeting," he says. "And we'll definitely be seeking public comments once we have some proposals to look at."

The first Forum, held on April 24, framed the discussion, and gave representatives from the county governments and service agencies a chance to state their understanding of the problems surrounding how the county will accommodate growth and how to govern existing urbanized unincorporated areas (UUAs).

The issue can be separated into two questions: what to do with areas currently outside the Urban Growth Boundary (UGB) that will be slated for expansion at the conclusion of the Urban/Rural Reserve study; and what to do with areas that are already inside the UGB, much of which is already urbanized.

The June 19 session and the one following it are going to focus on the simpler of the two questions: how to handle areas that become designated as Urban Reserves, eventually to join the UGB. There is general agreement that they should be annexed to a nearby city when they are brought in. Metro and Washington County are learning their lessons from the 2002 UGB additions of Bull Mountain, Bethany and Bonny Slope.

After that issue is laid to rest, the thorny problems of how to govern the UUAs will be on the table. It is critical to determine the absolute needs that are non-negotiable and the relative needs that can be selectively met. Cushing expects that it will take several all-day sessions to define these needs and issues surrounding them. "First we need to figure out what are the non-issues, such as areas that absolutely do not want annexation," he says. "There is a consensus that we need to take an area-by-area approach. For example, Cedar Mill, Cedar Hills and West Slope may be in a common category."

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