



Cedar Mill News

Volume 8, Issue 10

October 2010

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Featured Business

Artur Sultanov's Russian Ballet Academy

by Virginia Bruce

Cedar Mill is very fortunate to have the Portland area's first Russian professionally-oriented Ballet Academy, now that Artur Sultanov and his wife and co-founder Cynthia Hom have opened the Russian Ballet Academy (RBA) in the building just southwest of Thriftway. Offering classes for children from four years and up, and also a recreational ballet program for teens and adults, the school is attracting students from around the region for its classical training opportunities.

Founder Artur Sultanov grew up in St. Petersburg, Russia. His moth-

er was a ballet enthusiast, and when Artur showed athletic ability and coordination, she guided him into the world-famous Vaganova Ballet Academy where he was accepted after his second audition at nine years old. The rigorous program of academics and ballet instruction kept him busy for eight hours a day, six days a week, but at least he could go home, unlike many students who boarded at the school.



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"I wasn't really all that enthusiastic about dancing at that age," he says. "My parents had high expectations for me, though, and I had a very strong desire to do well, so I worked hard. I did enjoy the physical aspects, and eventually I came to love ballet."

He completed his education at Vaganova when he was 17. Upon graduation, he got offers from two prestigious Russian companies, the

Kirov and the more contemporary Eifman Ballet. He was leaning toward Eifman, but friends and family convinced him to join the corps de ballet of Kirov, where he stayed for two years, getting the chance to tour Europe and other countries. "There's not enough opportunity to dance in such a large company, especially for men," he says. He

then joined Eifman, a company known for contemporary and imaginative theatrical productions. After a back injury put him on the sidelines, he came to California to visit his mother, who had moved there with his brother and sister. Once he recuperated, he began to audition for Bay Area companies, and joined Alonzo King's Lines, a company known for its artistic excellence and expressions of global human experience. Eventually though, he felt he had learned as much as he could from that troupe, and began to look for a larger repertory company that could give him more opportunities.

While he was living in San Francisco, he met and married Cynthia Hom, a dancer who studied at the City Ballet School. They moved to Portland in 2003, and Artur joined the Oregon Ballet Theatre (OBT) where he is a Principal Dancer and has performed many major roles. His tall, muscular physique and acting ability make him an audience

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Next Meeting

Cedar Mill Business Association

Tuesday, October 12, 11:45

Place: Leedy Grange Hall, 835 NW Saltzman

Energy Saving Opportunities and Incentives for Businesses

Paula Conway, PGE Lead Energy Specialist

FREE pizza, bring your own beverage

The Cedar Mill Business Association's meetings are free and open to anyone interested in business in Cedar Mill

Area 93 / Bonny Slope West

by Virginia Bruce

Some folks may wish that aliens would land and take over this problematic area that was created in Metro's 2002 Urban Growth Boundary (UGB) expansion. It might be the easiest way to solve the dilemma that local jurisdictions and landowners find themselves in.

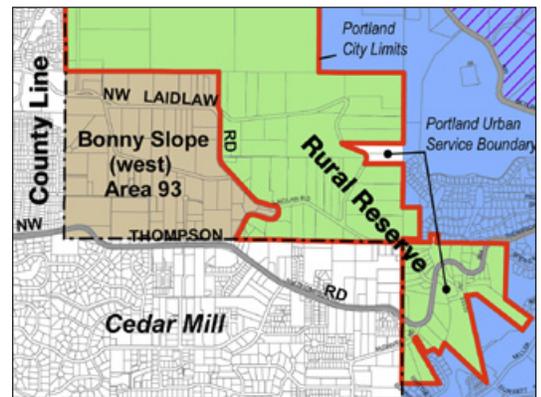
In 2002, an unprecedented 18,867 acres were added to the urban growth boundary to provide (on paper at least) 38,657 housing units and 2,671 acres for additional jobs. However, much of this land has gone undeveloped for various reasons.* In Washington County the sticky issues have been governance—who will do the planning, zoning, code enforcement and other work to make development feasible; financing—who will pay for the infrastructure (roads, sewers, schools); and service provision—which agencies can provide those services to the newly developed areas. North Bethany and West Bull Mountain are a couple of 2002 UGB areas that are in process.

Area 93 was a relatively small portion of the 2002 addition. Its roughly 160 acres has only about 54 acres of buildable land** because the rest is steeply sloped and valuable habitat—the headwaters of Bronson Creek run through it. Much of it already has relatively high-quality

homes and probably would not be redeveloped any time soon.

Sources tell us that the parcel was stuffed into the UGB expansion at the last minute to make up for a lack of residential land in other areas. It was one of several nearby areas proposed during the selection process, and a group of landowners had been lobbying Metro councilors to have it included because they wanted to be able to develop their properties at the higher density that would result from inclusion in the UGB. (Multnomah County's current zoning is Rural Residential, which allows one single-family dwelling per legal parcel.)

Despite its obvious problems, it was included. Land speculators quickly bought up some parcels in anticipation of profit once the nec-



essary planning was worked out.

Multnomah County doesn't provide urban services. Area 93 is three-fourths of a mile from Portland's Urban Service Boundary (USB) and the land between the city boundary and Area 93 was recently designated as a Rural Reserve,

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Cedar Mill Business Association Member News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at vrb@teamweb.com

Carbon-neutral shipping option

The UPS Store located at 10940 SW Barnes Rd., along with The UPS Store locations across the U.S., is now offering its customers the option to neutralize the climate impact of their packages when shipping with UPS. When customers select the carbon neutral option, UPS calculates the carbon emissions associated with their shipments and purchases and retires carbon offsets to mitigate the effects. UPS will target offsets certified to the "Gold Standard," "Voluntary Carbon Standard," or "Climate Action Reserve."

In October 2009, UPS became the first small package carrier in the U.S. to offer shippers the option of paying a small fee to offset the climate impact of their shipments. This summer, UPS expanded this option to include The UPS Store locations. This initiative provides options to the environmentally conscious consumer.

In the United States, the small fee ranges from \$0.05 for a ground package, \$0.20 for an air package to \$0.75 for an international package. In 2010, UPS will match offset purchases up to \$1 million.

"We are excited that UPS has incorporated The UPS Store in its extension of the carbon neutral program," said Tim Kimble, The UPS Store owner. "It allows us to provide our customers a convenient, cost-effective way to address climate change."

In addition to carbon neutral shipping, The UPS Store encourages consumers to help protect the environment by bringing in clean,

foam packaging peanuts of all sizes, shapes and colors, bubble wrap, and air pouches for reuse.

The UPS Store network comprises the nation's largest system of retail shipping, postal, document and business service centers. The UPS Store locations in the U.S. are independently owned and operated by licensed franchisees of Mail Boxes Etc., Inc., a UPS subsidiary. For additional information, please visit www.theupsstore.com/3379.htm.

Time to clean out the garage

Do you let your valuable car sit out in the rain and harsh winter weather, while you keep a broken TV and those rollerblades you'll never use again stored in your warm and safe garage? Consider sorting through your garage before the weather gets ugly. Donate your extra items to one of the many local charities. They will put them to good use. Places like Habitat for Humanity and Community Warehouse will gladly accept many of them. Don't forget that left over paint can be recycled at Metro. If you'd like more information on various places to donate or recycle, check out www.nworganizingolutions.com or call Beth at NW Organizing Solutions about their "Garage Clean Out" special to see how they can help you get the car back inside your garage.

Village Gallery News

"Trees, trees, trees. For the past year I have been obsessed with them. It all began with the collage quilt and continued from there... What is it about trees? Well, just about everything. They all have bark, leaves of some sort and sinuous shapes. They are large, small, gnarled, straight, colorful and fun to draw. No two are alike, so the source of material is endless." Our featured artist Cyndie Christiansen has many media as an artist; quilts, watercolor, acrylics and a book to view. All will be featured in her October showing at The Village Gallery of Arts.

In addition to our featured artist, October is our Awards show at Village Gallery. Our artist members will showcase their best work. Come in to view our juror's choice for the First Place ribbon!

In case you haven't been paying

attention in recent years, our class coordinator Shelley Lebel, has scheduled many craft workshops that are offered on weekends and evenings to accommodate requests for classes for the working person. Call to sign up for painting a silk scarf, creating a felted hat, learning to do mosaic or making your own Aspiration Booklet.

Ongoing weekly classes are available in Color Design, Drawing, Soft Pastel, Watercolor and Acrylic Monotyping.

For more information please stop by the Village Gallery, call or visit our website. We are open Tuesday through Saturday from 10 am to 4 pm and Sundays from noon until 4 pm. We are easy to find next to the Cedar Mill Library at 12505 NW Cornell Rd. Our phone number is 503-644-8001. Our website is www.villagegalleryarts.org

Keep your smiles past Halloween!

Many of you may already be visiting fabric or thrift stores, gathering supplies for your child's Halloween costume and planning their special night out. If you're staying in that night, you may be researching free-trade chocolate and candy to hand out to the kids that plead "trick or treat!" at your door. Dr. Michelle Stafford at World of Smiles, Pediatric Dentistry offers the following advice for parents and treat-givers:

After your child indulges in any candy Halloween night, spend a little extra time brushing and flossing, with parent supervision for children under age 8.

Try to avoid keeping sticky & gummy candies in the cupboard, such as Skittles, taffy, or caramels. Sticky candy stays in the grooves of your child's teeth and can cause cavities much more quickly.

Keep remaining Halloween sweets in a special bowl or jar to only have with mealtimes, or bring it to World of Smiles for our annual candy exchange!

If you are giving out treats, stick to small amounts and maybe include a pencil or stickers along with a small treat in lieu of giant candy bars. Limit trick-or-treaters to one "prize" instead of a handful of sugar.

Chocolate candies are better than sticky candies—keep this in mind when buying bulk bags for treat-seekers.

Bring your candy treats to World of Smiles, Pediatric Dentistry from November 1-12 for their ANNUAL CANDY EXCHANGE! Children can bring in their loot, place it on our scale, and exchange for toys and prizes. Support our troops and healthy smiles! Hard candies will be donated along with other items to a military unit via AnySoldier.com.

World of Smiles, Pediatric Dentistry is located at 11790 SW Barnes Rd, Suite 280. For more information, call 503-626-9700, or email info@visitworldofsmiles.com. You can find them on Facebook or visit their website at www.visitworldofsmiles.com. Please call for more details about their two-and-under complimentary visits.

What's French for gifts?

Les Couleurs De Provence, French imports for fabric, tablecloths, matching napkins, runners, aprons and much more will be at the French American School Holiday Market on December 3rd and 4th at 8500 NW Johnson St.. So if you are thinking about gifts for the holidays...write this date down on your calendar and come to the school to enjoy a unique experience of shopping French !!!!

Les Couleurs owner Mireille Nett says, "I will have new jacquard Teflon tablecloths, perfect for the holidays. If you cannot wait until December I will be happy to see you at my place. Call me for an appointment, 503-679-1681."

Miller Paint Co. wins top award for Innovation in Sustainability

Last spring, Sustainable Business Oregon awarded Miller Paint the top honor for a medium-sized company in Oregon for its innovative products and practices.

Michael Coats, manager of the Murray store, says, "From 100% recycled paint cans, to our Acro and Devine Breathable, zero VOC paint lines, Miller Paint is very proud of our accomplishments in reducing our carbon footprint and looking for better, greener ways to build on our current level of success."

Miller Paint Murray Road is set up as a pickup point for homeowners

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The Cedar Mill News © 2010

Published monthly in cooperation with the Cedar Mill Business Association (cedarmill.org/CMBA) by

Pioneer Marketing
PO Box 91061
Portland, OR 97291

Online at cedarmill.org/news

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Printing courtesy of Copytronix

Opinions expressed in this publication are not necessarily those of the Cedar Mill Business Association or of the advertisers.



Fourth Annual Cedar Mill Cider Festival October 17

October 17, 1-4 pm at the John Quincy Adams Young House, 12050 NW Cornell Road near NW 119th

Fun for the whole family on a fall afternoon! Enjoy traditional music with [Gumbo](#), a nationally known trio from Corvallis, Oregon that features original songs and classic favorites on guitar, banjo, clarinet, flute and bass. Upbeat and joyous music performed by veteran musicians with a touch of zydeco, a touch of '60s, a touch of old-time southern swing.

See how the pioneers made cider with antique, hand-cranked presses, and sample some FREE fresh cider. Enjoy real BBQ sandwiches and hot dogs, plus apple crisp and ice cream. And find out more about Cedar Mill history and the plans for our historic JQA Young House. Area Boy Scouts run the antique apple presses to turn 600 pounds of apples into delicious sweet fresh cider.

Local award-winning barbecue team Burnt Ends BBQ will be on site serving BBQ sandwiches of pulled pork, chicken or chopped beef brisket. Hot dogs, cole slaw and chips will also be on the menu. Cedar Mill's Leedy Grange will serve

Local Cable Access endangered

Local governments require cable operators (such as Comcast and Frontier) to set aside channels in their lineup for use by the public, educational institutions for educational programming, and by local governments for programming relevant to the jurisdictions they serve (PEG). The Metropolitan Area Communications Commission (MACC) is the cable regulatory agency that oversees these services as well as handling complaints about cable service and overseeing franchise negotiations.

This summer MACC's finance committee proposed a radical fund-

freshly made apple crisp and vanilla ice cream for \$3. Plenty of tables are set up for you to enjoy your meal with your friends and neighbors.

Tualatin Hills Park & Recreation District (THPRD) will bring the RecMobile to provide games and activities for kids under the spreading hickory tree. Other community groups and businesses will be providing information about their activities, along with craft merchants from Cedar Mill's Farmers' Market. And members of the Friends of the JQA Young House will be on hand with information about the house and plans to restore it.

Plenty of free parking at the Cedar Mill Bible Church lot 12208 NW Cornell Rd. Presented by THPRD, our co-sponsors include the Cedar Mill News, Dinihanian Farms, The Beaverton Valley Times, The Cedar Mill Business Association, Polygon Homes, and the Cedar Mill Bible Church.

A portion of the proceeds from the event will go to the restoration fund for the John Quincy Adams Young House. Donations are welcome. For more information, contact Virginia Bruce: vrb@teamweb.com or 503-803-1813.

ing cut that would have eliminated most of the public access facilities and services and would have limited other uses. At the September 9 MACC meeting, the commission decided to table the issue because supporters of the service were not given enough notice to respond to the proposed cuts.

TVCTV is the organization that has provided public access facilities in the Tualatin Valley. They've been headquartered at the Beaverton School District's (BSD) Arts & Communication Magnet Academy, a facility that they have shared with the school. A ten-year free-rent

Vote Greg Malinowski for Washington County Commissioner

NOTE: this is the editor's personal opinion and doesn't necessarily reflect the views of our advertisers or the Cedar Mill Business Association.

First of all, I urge everyone to vote on November 2. There are many races that are very important this fall that will affect Oregon's future, including Governor, US Senate and House, and State legislature positions.

But perhaps the one campaign that will have the most influence on the way we live here in Cedar Mill is the race for Washington County Commissioner District 2.

Because we're not in a city, our Commissioner is our most direct voice in local government. How the area develops, how our tax dollars are spent, how public safety, roads, human services and many other vital government programs are

delivered is ultimately determined by the Board of County Commissioners—five people who hold the reigns of our diverse county.

Greg Malinowski has a lifelong dedication to livability, small business success, and healthy communities. He has earned the endorsement not only of environmental groups and labor, but also most of our local elected representatives.

Greg has been running a grassroots campaign, financed primarily by small donors. His opponent is financed in part by the developers who wanted to bring us a Wal-Mart at Cedar Hills and Barnes Rd. THEY may need Niehuser, but we do not!

New fire station proposed for Thompson

A Neighborhood Meeting is scheduled for October 14 at 7 pm at Findley Elementary to present TVF&R's plans for a new fire station on Thompson Road at

Evergreen. TVF&R purchased the former "Mort's Pig Farm" property and is proposing to relocate Station 68 from its present location just off Thompson at 147th. They say the current structure is inadequate to service the growing residential and commercial areas of North Bethany.

More information about the proposal is available on the agency

website at tvfr.com. The public is invited to the meeting to hear about the plans and provide comments.

agreement with BSD will expire in 2012 and the school intends to use the space for other purposes, meaning the TV station needs to find a new facility. Funds from Verizon as part of the cable provider's contract will run out in December and similar funding was not required from Frontier, the company who took over Verizon's franchise.

A final vote on the future of TVCTV will be held at a special meeting on Thursday, October 28 at 1:30 pm at the Village Baptist Church in Beaverton. More information can be found on the website saveTVCTV.org. A longer article is in the online version of [The News](#).



Cornell Cleanup Saturday, October 9

The Cedar Mill Business Association will hold its annual Fall Cleanup along Cornell between Murray and Saltzman, from 9 am to about 11 am (depending on how many volunteers come out to help!). CMBA will provide safety vests, gloves, trash bags and some tools, but volunteers are welcome to bring additional clippers, brooms, etc. and your favorite gloves. Washington County will provide traffic control, so if you're not volunteering, please drive carefully through the area and give us a wave! Free coffee and donuts, too! We'll meet up at the "overlook" just west of A Cut Above, but feel free to join in anytime and anywhere you see the weeds. Remember, it's up to us to keep our downtown area nice. Contact Dean Shade for more information: 503-644-5539.

Landowner caught between city and county over development

by Virginia Bruce

Richard Meyers has owned the property at the southwest corner of Murray and Cornell for years. He's worked with the state Department of Environmental Quality (DEQ) to clean up contamination from the former gas station, and he donated a big chunk of land to Washington County for the Murray/Cornell road project.

He's been looking for a tenant for the property ever since the DEQ signed off on it. It wasn't easy, because the county limited access to the property to the existing driveway that it will share with Plaid Pantry. Banks and restaurants turned it down because of those access problems, but Washington County prefers to limit driveways because they present hazards and slow down traffic.

So finally the national chain company Auto Zone agreed to put in a store at the corner. They're required to build a two-story-height building by the Town Center ordinance, which aims for "mixed use" buildings in the Town Center area. Meyer would be leasing the land and Auto Zone would build the building.

Sounds good, right? Well, it's not that simple. Murray and Cornell were

both annexed by Beaverton back when they were in cherry-stemming mode in 1999. They annexed Sunset High School and Home Depot at the same time (Ordinance 4042), but the commercial property at the corner was never "islanded" in.

The county became alarmed at the prospect of Beaverton snapping up revenue-rich commercial areas without taking on the revenue-draining residential areas along with them. In December 2004, an intergovernmental agreement (IGA) was signed between Washington County and the City of Beaverton stipulating that the county would not object to annexations south of Highway 26 (called Area A), and that the city would not attempt to annex areas north of 26 (Area B) without the county's explicit ap-

proval, even if the landowner was volunteering to annex in.

Once the city owned the roads, they also owned the storm sewers underneath. City policy is to not extend services into areas outside city boundaries, so when Meyers and his potential tenant asked for a provider letter for storm sewers, the city refused. Everything else in Meyers' development application passed muster, but without that letter, he couldn't proceed.

In June, Meyers' engineering firm received a letter from Don Mazzotti, Beaverton's Community

Development Director, reiterating that Beaverton could not provide the storm sewer service. He suggested that Meyers might be able to hook into storm sewers through the

property to the west, which was developed before Beaverton annexed Cornell. But that property owner was not interested in cooperating, so Meyers was stuck.

After quite a bit of bureaucratic runaround, it appears that things will be resolved, however. Meyers has written a letter to the city requesting the annexation. Beaverton will then write to the county requesting that they release that property from the terms of the IGA. The county is prepared to respond favorably. "We all want that corner to be developed," says Anne Madden, spokesperson for Washington County Land Use and Transportation.

But she points out that there are still some details to be worked out. "Mr. Meyers doesn't want to start again at square one with a whole new development application to the city. We're going to see if the city will accept the work that our planners have done on the application."

Meyers knows that an annexation can take quite a long time, so he's hopeful that the county will go ahead and accept the application based on an agreement between the city and county to proceed with the annexation, assuming that the city



This corner lot and the shopping center to the west became an island when the county stopped Beaverton's annexation push earlier this decade.




October is breast cancer awareness month—look for fundraising items storewide...

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Entrance to the store will be at the northwest corner, with doors on Cornell and into the parking lot on the west side of the building.

will ultimately be able to provide sewer service. When the county did the Murray/Cornell roadwork, they “stubbed out” the storm sewer to the property in anticipation of future development, so it’s ready to go when these intergovernmental tangles are resolved. Meyers says that Auto Zone corporate is frustrated with the situation and will pull out if no resolution has been reached in October.

This is somewhat of a worst-case example of why some resolution

needs to be worked out for the long-term governance of Cedar Mill and the other urbanized unincorporated areas of the county. See the Area 93 article in this issue for another one!

”Cherry stem” is the term for a road that is annexed to get at a property or area. Island is the resulting area that is surrounded by annexed roads. See December 2004 CM News for more background. <http://www.cedarmill.org/news/archive/1204/beaverton-annexation.htm>

Library News and Events

By Dawn Anderson

The Next Chapter On Fashion — A Show & Tea

Friday, October 22, 11:30 am, Christ United Methodist Church, Gently-used designer fashions, provided by Second Edition Resale Shop, will be modeled by volunteers. The tea will include a variety of delicious sweet and savory items.

New this year: a Silent Auction & Raffle. Visit Second Edition today to purchase your raffle tickets. \$2 each or 3 for \$5, with a First prize of a “Celebrate Fall” Quilt, sewn by Janis Bowen, 2nd Edition Volunteer, design by Marlene LaMarche. The drawing will be held at the Fashion Show & Tea. You do not need to be present to win.

The event is coordinated by Second Edition volunteers to benefit the Cedar Mill Community Library Association. Tickets to the event are \$15 per person in advance only. Purchase tickets from a Second Edition volunteer or call Nancy Payscale at (503) 644-6395.

E-Reading 101

Saturday, October 16, 2:30 pm. Repeats on Thursday, Oct. 28, 6 pm.

Are you curious about e-readers and other electronic reading devices? Come to this workshop for an overview and some hands-on time with the Kindle, Nook, Sony Reader, iPad and iPod Touch. Also learn how to download e-books through Library2Go. For people who are considering an e-reader purchase, as well as those who just want to know what all the fuss is about! No reservations required.

Best Nonprofit!

The library was recently named one of the top nonprofits to work for by Oregon Business magazine. The selection is based on an anonymous survey of employees and an independent assessment of employment practices. It’s great to be recognized for having a positive workplace! Read more in the October issue of Oregon Business Magazine.

CEDAR MILL CIDER FESTIVAL

SUNDAY October 17th 1-4PM

At The John Quincy Adams Young House near the corner of NW Cornell & NW 119th

CIDER PRESS

See how the pioneers made cider with apples courtesy of Dinihanian’s Farm Market. Enjoy some FREE fresh cider.

FREE PARKING

in the Cedar Mill Bible Church Parking Lot: (12208 NW Cornell Rd. Portland, OR 97229) For More Info Call Tualatin Hills Park and Rec. at (503) 645-6433

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Member News, continued from page 2
 ers to drop off their waste paint for recycling and Miller carries the Metro coatings in its stores. When asked by other manufacturers how they can conceivably sell something that competes with their virgin products, Steve Dearborn, CEO of Miller Paint replied, "We do it because it's the right thing to do."

Dearborn points to several areas—including paint recycling, low energy retail operations, and zero-waste manufacturing areas—where Miller Paint outpaces its building supply rivals. We, the 250 employee-owners, understand the need for stewardship of our environment and, as a Portland based company, we are especially proud of this award!

Win a collector's item

Don't miss your once-in-a-lifetime chance to win a commemorative-edition Pendleton woolen blanket. Tickets will be on sale during the November 6 and December 4 Flea Market at Leedy Grange. You'll also have a chance to win a hand-made quilt on display for raffle.



Theresa Thorud, Leedy and Pomona Lecturer, says, "If you'd like to learn more about your community Grange, take a look at a copy of Washington/Yamhill County Pomona Grange Di-Lites 70th Anniversary Commemorative Edition in the reference section at your local library. Production of this book was made possible in large part by a donation from Leedy Grange."

Gelato Lounge now open for breakfast

A full coffee house is now opening in the Gelato and Yogurt Lounge. Owner Patricia Barnett

says, "We will have fresh breakfast waffles and yogurt, too, as well as morning baked goods to go with your Latte and Cappuccino. WiFii always, come on in and read your email while you get your coffee and breakfast!"

Giftique goes global

Exciting news from Giftique! We have won four awards in four categories from the Gift Basket Association for our basket designs: two First Place awards and two Second Place awards. Our First Place winning designs will be featured in the *Trends & Tips Magazine*, a quarterly publication of the Gift Basket Association, a global community of gift basket companies.

Giftique is now featuring a new logo with a blue ribbon to commemorate this award-winning distinction. You will see the new logo starting with our October newsletter coming to you this week.

Giftique ships their award-winning baskets nationwide, as well as having local pickup and delivery options. Visit them online at www.GiftiqueOregon.com to see all their basket designs and place your orders.

Mountain Man Nut and Fruit Company offers 10% off

During the month of October your local Mountain Man Nut & Fruit Co. distributor will take 10% off any order purchased in October. Shipment to just about anywhere or personal delivery can be made between now and Dec. 31. Mt. Man Nut & Fruit Co. offers the best nuts, dried fruits, chocolates, caramels, fresh candies and cracker mixes to be found. You may order gift baskets, filled novelty tins, boxes and holiday bags that are ready to go and make perfect gifts for your clients, families and friends. You may also

create a gift using your personal favorites. Please call Joanne Hollister at 503-701-4005. This special is for October, but orders will be accepted through December 19 for guaranteed holiday delivery.

And be sure to visit our stall at the Cider Festival on October 17!

Cedar Mill Bible Church serving up a Cedar Mill Combo

That's a hot meal and a hot author. On October 16, best-selling writer and public speaker Donald Miller will be in attendance at a breakfast at Cedar Mill Bible Church located at 12208 NW Cornell Road. The Portland-based author of *Blue Like Jazz* and four other acclaimed novels will talk about his new mentoring project for fatherless boys at the men's breakfast which starts at 7am.

All men are welcome. Suggested donation of \$5. Please call the church office to RSVP at 503 644 3156.

Santosha Yoga gets greener

At Santosha Yoga in Bethany we are trying to employ green practices wherever we can. We provide water from "Primo" recycled 5 gallon bottles to people coming to the studio, and have opted to use ceramic mugs over paper cups for water and tea. We don't sell water in plastic bottles or plastic containers because we don't want to contribute to more plastic use or more garbage. We want to create a culture of using our mugs or bring-your-own water bottle/mug to fill. And it is succeeding.

We use soy wax candles, rather than petroleum-based products. We use 'friendly' washes for cleaning yoga mats and mopping the studio floor. We were able to use 'recycled' light fixtures for both the studio and reception area. The yoga mats we sell are also 'earth friendly.' Yes, we do use paper—for schedules, etc.—but we are encouraging people

WORLD OF SMILES
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Dr. Michelle Stafford
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to consult the website as much as possible for schedule changes and other information.

We'd love to hear from other CMBA members what they're doing to be more environmentally friendly, so we can all do better.

Big changes at Tilly's

Visit Tilly's Gelato and More on Tuesday, October 12 for their Open House to introduce their transition to Illy (the REAL Italian) Coffee, their new internet WiFi accessibility, and new opening hours at 7 am. Free coffee all day, prize raffle, discounts on Panini sandwiches and more.

Tilly's is located in the Mill-towner Center just west of Walgreen's. Plenty of parking in the lot south of the library.

Methodist Women offer cookbook

United Methodist Women at Christ United Methodist Church are now selling a beautiful new cookbook for just \$12. Proceeds from the volume, *Let's Get Cooking With U.M.W.*, will go toward the local, national, and international mission work that our unit supports, says Marge Morgan, who is spearheading sales at CUMC. Contact her at 503-297-7190 or just stop by the church office Monday-Friday 9:30-5, at 12755 NW Dogwood Street, just north of Thriftway.

Virtue of the Month: Empathy

The Practice of Empathy: I seek to understand others' experience. I listen with compassion. I refrain from judging and blaming. I think about how my choices impact others. I care about people's rights. I feel my connection to all people.

See more information about the Virtues Project at www.virtuesconnectionportland.com



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Toward a more sustainable Cedar Mill

Seed Saving and Stewardship

by Donna Prock, permadonna.org

Seed saving has been going on for as long as humans have engaged in agriculture.

While there is some debate about definitions, heirloom seeds are basically seeds from plants that have not been cross-bred, and that have been nurtured, selected, and handed down from one family to another for generations. They preserve the true genetics of the species. Some believe that in order for a variety to be considered heirloom, it must be at least 100 years old, while others consider 1951 to be the latest year a plant can have originated and still be called heirloom, since that year marked the beginning of the widespread introduction of the first hybrid varieties.

Thousands of varieties of vegetables and flowers are being lost, due to reliance on commercial hybrid seed. Widespread use of a relatively few mass-marketed hybrid seed varieties, in both home gardening and commercial farming, is eliminating many open-pollinated (pollinated by natural means) varieties, especially the variations that developed when local seed-saving was the common practice. The concern is that this erodes the gene pool, resulting at some point in less hardy, more vulnerable plants. Countering this trend—an environmental and sustainability issue—and an affinity for variety and tradition are the principal motivations for many seed-saving groups.

Seed saving and stewardship are the most fundamental acts necessary for food security. Seed sovereignty places these acts in the realm of fundamental human rights. We are keeping the seeds out of the ultimate control of for-profit industrial seed companies and in the hands of the people, and creating connections with plants, our environment, our foodshed, and our community.

Locally produced or saved seed is already adapted to our climates

and soils which cuts down on fertilizers and pest control methods needed to get seeds from another region to grow here. The fossil fuel energy used to transport the seed is also eliminated. There are several local seed exchanges that happen in the late summer and early fall, and it's a great way to meet other gardeners and seed savers. Check with your local garden club or start one of your own.

Most of the vegetables we eat are the unripe fruit. This is true for peppers, eggplant, melons, squash, cucumbers, etc. For seed saving we need to leave a fruit or two to fully ripen before we collect seed. Full ripeness is indicated by a color change. In eggplant it reaches a dull brownish purple, zucchini and cucumbers turn yellow, and acorn squash turns orange.

If you are interested in the various techniques of preparing seeds for saving, read more in the online version of the News at cedarmill.org/news.

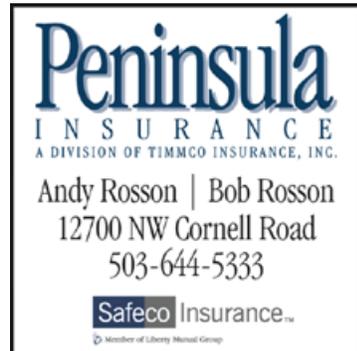
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Area 93, continued from page 1 so it won't be eligible for inclusion into the city for at least 50 years. Although the land borders Washington County to the south, Washington County already has plenty of urbanized unincorporated area so it's not interested in adding more, even if a boundary change could be worked out.

Despite those problems, the jurisdictions made a good-faith effort to move the process along. In 2007, Metro awarded a grant of \$202,500 to Multnomah County for concept planning, the first step necessary to allow development. Money for this grant came from a temporary excise tax on construction permits throughout the region (0.12% of permit value) which Metro passed to pay for local planning efforts for the areas brought into the urban growth boundary during the 2002 and 2004 expansions. The tax has been reauthorized to continue funding planning for further UGB expansions through 2014.

Multnomah County contracted with the City of Portland to carry out the planning project. Portland hired Winterbrook Planning to assess the existing conditions, and PB Americas to prepare the Concept Plan, under supervision of the planning department. Deborah Stein, District Planning Manager, says that everyone was pleased with the effort, but that although providers were identified for other services such as sewer and water (Washington County's Clean Water Services and Tualatin Valley Water were the preferred alternatives), there was no clear choice for the ultimate governing entity.

Adam Barber, a planner with Multnomah County who worked on the Concept Plan, says the design workshops were a "planner's dream. Everyone was on the same page,

there was great turnout for the work sessions, with a majority of the landowners participating, and many public comments."

The Preferred Concept Plan was presented to the Multnomah Planning Commission in September '09. In November '09, the Commission recommended that the Multnomah County Commission (MCC) approve the plan while recognizing that governance was still a problem. So far, however, the MCC has not held a formal hearing on the plan.

In August this year, in response to contacts from Area 93 landowners, State Representative Mitch Greenlick called a meeting of neighbors to discuss the situation and look for a solution. After that meeting, he also met with Metro Chief Operating Officer Michael Jordan, and Metro Councilor Rex Burkholder who represents the Metro district that Area 93 is in. He also met with representatives of both Washington and Multnomah counties.

Following these meetings, he said, "My reading of their positions is that Multnomah County could not (and does not) provide those urban level services anywhere in the county. Portland has no interest in providing those services outside of their current Urban Service Area and is also prevented by State law from doing so. Washington County has an agreement with its cities that the county will not provide those services in the future. They have agreed that any new urbanization can only happen in areas that are annexed into a city. It was clear that Washington County will not provide those services as a part of an agreement with Multnomah County, nor would they provide them even if the boundary of the county was changed. And they would oppose a legislative proposal to change the boundaries of the county to do that.

"Under the current situation there can be no increase in density and no subdivision. Here is the

official language on the topic: Metro's Title 11 states that 'pending adoption of land use planning that complies with the urban levels required by Title 11, the current level of residential and commercial/industrial uses may not be intensified AND no new lots can be created by dividing larger lots that result in a new lot being less than 20 acres.'

"There appear to be only two possibilities. The first is removing Area 93 from the Urban Growth Boundary in the upcoming December expansion of the Urban Growth Boundary. The second is leaving the situation exactly as it is with the clear understanding that there is no hope for urban level development into the distant future. Either would allow landowners to plan for their land under rural land use and building rules as specified above."

On August 17, the Metro Council discussed the issue at their work session. Minutes from the meeting report that, "the area is past the two-year deadline set out by the Land Conservation and Development Commission (LCDC) for service in an area incorporated into the UGB. There are two potential options; one is the area could be taken out of the UGB, but this could possibly subject Metro to Measure 49 claims, and the other is to leave it as is, but there is potential for legal action from the residents. The Council offered to work collaboratively with Representative Greenlick on the issue, but made it clear this is not the sole responsibility of the Metro Council; furthermore this is a statewide issue that will need to be dealt with on that level."

Councilor Kathryn Harrington says that at this point, the Metro Council is "not of a mind to give up on the area." They say that some of the responsibility for the problems lay with state land use regulations and that the state needs to have a hand in the solution.

Jordan says, "Removing the area from the UGB would cause another

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set of problems. First, the Metro Council would need to make up for the loss of residential capacity during this December's decision [on new UGB recommendations]. Secondly, such an action could give rise to Measure 49 claims, though our Attorney Office would need to do a thorough analysis of this possibility." Measure 49 was an initiative passed in 2007 that requires governments to pay landowners for legislative acts that reduce property values.

Burkholder says, "I see promise in the effort to create a city in eastern Washington County that could easily incorporate and serve this area. I believe cities are a direct way for citizens to control their future, and the appeal of creating a city will become more apparent in this part of the region." He also notes, "I voted against this addition in 2002 as it was very unproductive and not needed to meet our land needs. It was added by a former Councilor on behalf of a property owner without justification, and all the concerns I had about serviceability have played out."

Deborah Kafoury is the Multnomah County Commissioner who represents the area. She comments, "What I would say to our jurisdictional partners is that the residents want an end and a resolution. They need some finality. It's unfair to them to leave things hanging, and it makes us all look bad. I feel the best option is for Metro to remove it from the UGB and admit the mistake."

The Concept Plan may be presented to MCC in November. Some sources say that there are enough votes on that council to reject the plan.

And in regard to landowner claims for losses on their investments, Greenlick says, "There are no developer losses. There is only a failure of fantasy. People are entitled to live a rich fantasy life, but nobody is responsible for the failure of those fantasies." However, even if Measure 49 claims are made and

rejected, it will add to the time and expense already incurred by public agencies and landowners alike.

The level of land use planning and control exercised by Oregon governments is unique in the nation. While much of our effort has great results—controlling sprawl, saving farm and forest land, maintaining property values—mistakes are made. We don't have a guidebook for these activities. Everyone is making it up as they go along, and the best outcome for a situation like this is to learn from mistakes and go on to improve the system. That was one of the goals of the Urban/Rural Reserves process. Washington County was very vocal in demanding that any new UGB additions have clear city providers for services. Area 93 wouldn't have passed that test had it been in place in 2002.

*Metro COO Michael Jordan recently noted that the analysis of the current UGB's capacity to accommodate growth over the next 20 years assumes, for the most part, that the areas brought into the UGB in 2002 will be developed at 50 percent of their zoning potential by 2030.

**Existing Conditions, Opportunities and Constraints Report, Winterbrook Planning, December 2008, page 31

Our steep narrow roads—update

Washington County Traffic Engineering is ordering a new solar-powered speed reader sign which will let drivers know what the posted speed is and what THEIR speed is. Spokesperson Anne Madden says, "The sign is portable, so we will place it at different locations along 119th to keep drivers alert. Our Operations staff is taking a close look at roadside vegetation, and will do what they can to cut back ivy and blackberries to free up more refuge space along the side of the road. For a more long-term solution, we are pulling together options for funding and prioritization for the Board of County Commissioners to consider."



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Sultanov, continued from page 1 favorite as well as a critical success.

He also taught at the OBT school for several years, as well as at acad-

“Artur and I strive to run a school with the most professional and quality ballet training. We believe taking ballet lessons is more



Artur Sultanov in Oregon Ballet Theatre's production of Bolero. Photo by Blaine Covert

emies and workshops throughout the northwest and across the US.

Cynthia has a degree in social work, and before they started RBA, she worked at Portland Adventist Medical Center. She now supervises all the administrative aspects of the school and will teach Pre-Ballet. She loves to dance and takes some classes from Artur to keep in shape.

Artur and Cynthia's son Shane was born in 2009, and they decided that traveling around to teach was not so much fun. With some help from friends and family, they opened the RBA this summer with a Summer Intensive program in July.

than an extracurricular activity. We hope that our students appreciate this fine art form and develop self-confidence, self-motivation and self-assessment skills that will

serve them well in other aspects of their life,” says Cynthia. Not every student will want to dance professionally, but the school will offer the challenging and rigorous training necessary for those who do, while still introducing a love of dance and movement and an appreciation for ballet to all its students.

Artur says it's especially important for girls to start ballet training at a young age to develop the strength needed for pointe work. Boys can start around nine, but girls should be training from around four-to-seven. “If they don't start young, it's hard for them to

catch up,” he says. “By twelve or thirteen, kids know if they really want to work hard enough to become professional dancers.”

In addition to classical ballet, Artur offers Russian Character instruction to more advanced students. Character dance is based on folk dance, and most ballet productions include Character segments. He also works with students on pantomime. Because there is no speaking in ballet, the stories are told with facial expression in addition to body movement.

Regular classes began in September, and include Pre-Ballet for children aged 4-7; Beginning Level I for children 8+; Intermediate Level II for 9+ which introduces big jumps and turns, and pointe for those with enough strength; Level III for 11+; and Pre-Professional Advanced Levels IV and V for the serious student interested in a dance career. Artur is also available for one-on-one instruction.

New students are welcome to join the appropriate ongoing class

anytime. Students are placed in classes according to their age and experience. “Students don't like to be in classes with children much older or younger than themselves, so we make sure that each student is challenged without feeling out of place,” says Artur.



Christopher Carroll, 13, stretches during the warmup for his class

For teens and adults who love ballet but are not pursuing a career, there's the Adult Ballet/Open Division, with classes on Tuesday and Saturday, open to anyone regardless

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of previous experience. That class can be taken on a drop-in basis and students can purchase cards for from 1-8 sessions.

The Academy has two classroom studios, the smaller Studio 2 in the lower level, and the spacious Studio 1 on the main level. Both are well-equipped with mirrors and



Artur, Cynthia and Shane Sultanov

barres. The waiting areas in front of both classrooms offer a comfortable place to observe classes through large windows.

A student show for parents and friends will be held around the holidays, and students are already at work on excerpts from Nutcracker and other programs. They'll also be visiting local schools during the winter to present the show. "It's good for our students to get used to performing, and it's also a good chance to let people know about our academy," says Artur. The studio is too small to hold a full show, but they intend to have a public performance in another location next year.

In addition to ballet lessons, Artur is training young ballroom dancers and a special group of teenage synchronized swimmers who have hopes to make the Olympic team.

Artur continues to dance with OBT, and can schedule classes around his performances, bringing in guest instructors when he is on the

road with the company. He'll be appearing in the Winter Program and one of the Spring shows, and will be joining the company on a tour in October.

He keeps in shape by teaching, where he demonstrates constantly and dances along with the students. He also does Gyrotonics, which is similar to Pilates in that it uses equipment to stretch and strengthen.

Artur's reputation and prominence in the ballet community is bringing in students at the more advanced levels. They're not doing a lot of promotion beyond advertising in The News. "We want to be sure that local families know about



Pre-Ballet teacher Lauren Duchene has been dancing since she was three. She has a passion for fostering the creativity of young children in a nurturing environment.

our Pre-Ballet and Open classes," explains Cynthia.

For more information about the Russian Ballet Academy, visit their website: russianballetacademy.com, or call 503-575-5659. They are located at 12849 NW Cornell—the entrance is along the driveway that leads past the building. Check out the class schedule—prospective students and parents are welcome to visit during class times.

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