



Cedar Mill News

Volume 6, Issue 10

October 2008

Featured Business

Mike Irinaga, Certified Insurance Counselor & Independent Insurance Agent

Mike Irinaga wears more hats than most Independent Insurance Agents; offering his clients everything from auto, home, life and business insurance, to retirement income services, and Medicare Advantage plans for retirees.

"Many of my clients are small business owners and professionals in the medical, legal, engineering and teaching fields," he says. "These busy folks have multiple insurance and financial needs, and I can help them design a program for the right protection at the right price. That's because, with over 26 years in the business, I've learned the insider secrets of the insurance industry and I have access to more than 17 top-rated insurance companies, including The Hartford, Progressive, Regence Blue Cross Blue Shield of Oregon, Providence Health Plans, and many more." Mike's clients continually tell him that they appreciate having a local agent that they know and trust; one who really listens to them and cares about their individual situation, rather than having to call an out of state 800-number.

As he and his clients have aged, Mike has been emphasizing what



Mike Irinaga often meets his clients in their offices, or over coffee and gelato at Tilly's

he calls "Senior Needs" in order to focus on improving the quality of life for senior citizens. He's a trained speaker for the AARP MedicareComplete® plans by SecureHorizons. And recently, Mike teamed up with Fran Tarkenton (the NFL Hall of Famer) to join his national network of insurance and financial professionals representing Tarkenton Financial in order to offer his Oregon and Washington clients the best fixed and indexed annuities. Mike says, "when Fran recruited me, he explained that he calls us the Safe Money Experts, because we help seniors place a portion of their hard earned savings (and portions of their 401(k) and IRA money) into safe and guaranteed annuities that protect their principal." Mike says, "when we help pre-retirees and retirees select the right annuities for their needs it really helps them to worry less and not lose any sleep during these turbulent economic times."

Mike offers frequent informational workshops on AARP MedicareComplete® by SecureHorizons at Tilly's Gelato & More, next to Walgreen's in the Milltown Shopping Center. Upcoming sessions will be Wednesday, October 15, and Tuesdays November 18 and 25, at 10:30AM. "During the first half of the session we provide updated information about traditional Medicare," Mike explains. "Then we cover Medicare Advantage, Medigap, and the Prescription Drug Programs." People who think traditional Medicare takes care of all their medical expenses once they turn 65 are surprised to find out how much they really have to pay out-of-pocket without one of these plans. You need a Medicare

Continued on page 7

Next Meeting

Cedar Mill Business Association

Tuesday, October 14. noon at the Leedy Grange Hall, 835 NW Saltzman

Topic: Cedar Mill Road Project Updates

Speakers: Washington County Project Managers
Matt Costigan (Saltzman) & Al Girard (Murray)

The Cedar Mill Business Association's meetings are free and open to anyone interested in business in Cedar Mill

Cider Festival returns October 19

The Second Annual Cedar Mill Cider Festival will bring old-time family fun back to the grounds of the John Quincy Adams Young House on Sunday, October 19, from 1-4 pm. Local Boy Scouts will run two cider mills producing fresh cider from apples donated by Bales Thriftway. Presented by Tualatin Hills Park & Recreation District (THPRD) the event will include a display about the house and grounds and THPRD's plans for it. Donations to help with the cost of renovations are welcome, but there's no charge for the event.

Popular local band Ida Viper will provide the tunes. Drawing on the roots of American music from bluegrass and swing to jazz tunes from the 20's and 30's, the group includes Mark Petteys (5-string banjo and guitar), Brian Oberlin (mandolin) and Russ Baker (standup bass). Get a taste of their music at idaviper.com.

Our own local award-winning barbecue team, Burnt Ends, will be serving up hot Pulled Pork or Beef Brisket sandwiches, chips and slaw for \$6. They will also serve \$3 hot dogs for kids. Cedar Mill's Leedy Grange will offer apple crisp and ice cream for dessert, and the cider to wash down all these goodies is free. There will be plenty of picnic tables



Scouts from Troop 208 will be on hand again to run the cider presses. Photo courtesy of Cindy Hudson

under the spreading chestnut tree behind the house.

The grounds are wheelchair accessible, although the area is not paved and can be rough in spots. Free parking for the event is available in the east end of the Cedar Mill Bible Church lot on Cornell.

Kids activities will be provided by THPRD's RecMobile. Several local organizations will have information booths and activities, including CPO1, the Cedar Mill Business Association and the Cedar Mill Bible Church.

State health regulations restrict cider consumption to onsite only, but last year it was all slurped up by the end of the event anyway!

Thanks to event sponsors Polygon Homes, Bales Thriftway, and the Cedar Mill Bible Church. The JQA Young House is located at the corner of Cornell Road and 119th. For more information call THPRD at 503-629-6355.

Cedar Mill Business Association Member News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at vrb@teamweb.com

Mike's improves your rear view

Mike's Auto Parts now carries rear-window wiper blades for many cars that had only been available from dealers in the past. If you have a Subaru, Toyota, Nissan or other car with hard-to-find blades, come on into Mike's – they can fix you up with speedy and free installation. Mike's is located in the Milltownner Shopping Center at Cornell & Saltzman. Call them if you want to make sure they have the parts you need, 503-646-0623.

Alexander Technique—a proven cure for back pain

Christine Eidson, a native of France who now lives in Cedar Mill, teaches the Alexander Technique, a system of posture training and relaxation that has been proven to relieve and actually cure many painful conditions. The technique teaches patients how to sit, stand and walk in a way that relieves pain by focusing on coordination and posture.

A recent randomized study published in the British Medical Journal and widely publicized in the UK used a combination of normal GP care, massage and Alexander technique lessons on 463 patients over the course of a year. They found that by the end, the Alexander patients suffered as few as three days of back pain a month. This compared to 21 days for those receiving GP care, which included regular consultations, pain killers and exercise regimes, and 14 for those who had massages.

Eidson says the training “helps us examine our reaction habits. If we react with more poise, we use

ourselves better, which in turn has positive effects on how we function.”

To celebrate the release of this groundbreaking study, The Alexander Learning Studio is offering two free lessons with the purchase of an initial 24-lesson course of study. This offer is good from now until December 31, 2008. Contact Christine Eidson at 503-643-9339 or visit her website for more information: alexanderlearningstudio.com.

Home Video Studio wins award

Home Video Studio Portland recently won The New Franchise Quick Start Award at the 8th annual Home Video Studio (HVS) Getaway in Orlando, Florida. The award recognizes a new franchise that exceeds expectations. HVS is the largest international video production services franchise with studios located in the United States, Canada and Sweden.

In addition to being an honored guest at the gala black-tie ceremony, Philip participated in video production training in lighting, audio, camera techniques and video editing at the convention.

HVS studio owners provide at least 27 different types of professional video services, including video to DVD transfers, photo/video montage keepsakes, home movie transfers, videotape duplication, video editing, legal video services, and sports or music scholarship videos. Contact Philip Beech at 503-716-8578 or visit their website at www.homevideostudio.com

Fall Fashion Fundraiser

The ladies at Sassy Frocks, LLC, Elisa Bennett and Catherine Camp, are preparing for their annual 2008 Fall and Holiday Etcetera Collection trunk show October 25th - 28th. As active members of the Findley Elementary fundraising committee they understand the challenge schools face in funding student programs. During their trunk show they are offering women in our community a fashionable way to help a child's school. With each client purchase they will donate 5% of the order to an area school of their client's choice.

From the carpool lane to the cocktail party, some of the best-

dressed women in politics and TV news, executives from real estate, education, professional and financial services, as well as busy moms are wearing Etcetera as their secret to a successful and noticeably fashionable wardrobe. To see pictures and sketches of the Etcetera Collection please visit etcetera.com or to make an appointment please visit sassyfrocks.com or call Sassy Frocks at 503-737-9055. These beautiful high quality clothes are shown by appointment only.

Alternative Giving Fair at St. Pius

Looking for a change of pace for your holiday shopping? St. Pius X Social Education Committee may have what you are looking for. An Alternative Giving Fair will be hosted on November 2 from 8-2 in the community center on St. Pius campus.

Representatives from Mercy Corps, Medical Teams International, Heifer International, Habitat West, Adelante Mujeres and Catholic Charities will be present to answer questions as well as accept gift donations. Gifts can be made in honor of a friend or family member and a card enclosure from the recipient charity will be completed for participants to present to their loved ones. Donations are fully tax deductible.

If this event sounds familiar it is! Christ United Methodist has sponsored a similar event in the past. We hope to provide a stress-free and thoughtful gift buying experience for the Cedar Mill Community.

Looking for more clients?

Attend this Marketing Seminar and make 2009 Your Best Year - Ever! If you find yourself spending more time looking for clients than working with clients, here's a solution! Sunset Science Park Federal Credit Union is proud to sponsor Terry Taylor of “Dancing with Cows” Marketing to teach small business owners and professionals “17 Secrets to Maximize Your Marketing and Get More Clients.”

The 90-minute seminar will be offered twice: Monday, October 27 from 6:30 - 8 pm and Wednesday, October 29 from 9-10:30 am. This information-packed seminar is sure to jump start your marketing efforts, help you gain new clients

and increase the amount of products and services you sell to your existing clients.

In addition to growing your business revenue, you'll also enjoy refreshments from local restaurants and have the chance to win a variety of door prizes. To register for either seminar, or to learn more, contact Jenny Bevard at 503-643-1335 or via email at jenny@sspcfu.com. Hurry! Space is limited and we expect these events to fill up fast!

Musical anniversary at Westside Music School

In celebration of 20 years in business at the Cornell Road location, Westside Music School is planning several special events for the week of October 20-26, including free preview classes, a raffle to benefit Music Link Foundation, and a Sunday afternoon open house featuring informal performances by students and special guests. For more information, contact the office at 503-626-7181. Westside Music School is located at 13486 NW Cornell Road, across from the Safeway shopping center.

Spooky Stuff at Second Edition

Second Edition will have Spooky and Fun Halloween costumes and decorations available beginning Monday, Sept. 29. In this issue of the News, you will find a coupon in keeping with the “spirit.”

In case you missed it, we are now open on Mondays from noon to 6 pm, and we take credit/debit cards! The Cedar Mill Community Library strives to be as “green” as possible and your purchases from Second Edition not only benefit the library, but also help our environment by keeping used items out of the dump.

Village Gallery News

The October group show, a juried show judged by Portland watercolor artist Gene Gill, will feature artist Patti Isaacs. The show runs October 7-November 4, Tuesday-Saturday 10 am to 4 pm; Sunday 12-4 pm.

Patti Isaacs works with paint and dyes on silk. She uses a water-based material called a “resist” that is painted on the fabric, and when it dries it acts as a barrier for the dye or paint when they are applied to the silk. Patti finds inspiration in every-

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day experiences but often her work includes leaves, vines and flowers. She is also the vice president of the The Village Gallery of Arts.

World of Smiles for kids

World of Smiles, Pediatric Dentistry is now open and accepting new patients. Dr. Michelle Stafford is a pediatric dentist who specializes in making a trip to the dentist a positive experience for children. This unique office is home to a chameleon, a turtle and a crew that loves finding new and exciting ways to educate parents and children on the importance of good oral hygiene and a healthy diet.

To celebrate their Grand Opening they are offering complimentary exams to children under the age of two. Dr. Stafford believes that, "education and prevention lead to healthy smiles and happy kids." To learn more about this distinctive office and the importance of early dental check-ups, call 503-626-9700 or visit their website: visitworldofsmiles.com.

Mini-League Basketball at CMBC

Calling all boys and girls 3rd-6th grade! We want you to come be a part of Cedar Mill Bible Church's Mini League Basketball program. Mini League basketball is a fun and exciting way for boys and girls to learn how to win and lose gracefully, develop teamwork and learn sportsmanlike conduct. The fundamentals of basketball are taught by two coaches per team. Modified rules and smaller equipment also make it easier for players to develop basic skills.

Registration starts on October 5 either on-line, or at the church office. Early registration is \$65.00 while registration after Nov.1 is \$75.00. Every player receives an individual medal for participation, a team and individual picture, a jersey and a Bible. Practices start the end of November, games start in January and the season goes through the middle of March. For questions, go to www.cmbc.org, or call the church office at 503-644-3156.

Farmers' Market in October? Depends on weather...

In October, we plan to open the Cedar Mill Farmers' Market on Saturdays when the weather is good. We'll be making the decision as early in the week as we feel con-

fident in calling Saturday's weather, so that may mean we won't know until Friday. Our farmers still have tons of great produce—an extra abundance because the summer got off to a late start and the good weather stuck with us.

We'd like to add people to our e-news mailing, so we can let them know if there is or is not a market (since sometimes what I call good weather, others may not think is so great). Email Dina Gross at dina@thegnar.org to be added to the list.

Library News

Molly Gloss to welcome Book Club Kits

To kick off the library's new book club kits collection, award-winning author Molly Gloss will be at Cedar Mill Community Library on Friday, 10/24, 6:30 pm for a reading and discussion of her book *The Hearts of Horses*. Don't miss this exciting event, and look for our *The Hearts of Horses* book club kit in October. Visit cmclbookclub.wordpress.com for more info on the kits. Collection started with grant funds from the Washington County Arts, Heritage and Humanities Coalition and the Oregon Cultural Trust.

Urbanization Forum continues October 9

The ongoing Urbanization Forum on how to handle projected growth and govern already-urbanized but unincorporated areas in Washington County will continue on October 9, when elected and appointed officials from our cities and service districts will consider a draft policy paper that proposes that, for areas outside the current Urban Growth Boundary, the nearest city to the urban reserve take the leadership in guiding development.

The October meeting will focus on reaching a consensus with the policy. At this meeting and another scheduled for November 13, Forum members also will address the policy questions around governance of existing urban unincorporated Washington County within the Urban Growth Boundary (including Cedar Mill) and whether changes to current practices and policies should be recommended.

The October meeting will be held from 6:30-9:30 p.m., Thursday, October 9, Tuality Middle School Commons, 14650 SW 97th Avenue in Tigard.

What: SOLV Clean & Green project on Barnes When: Saturday, October 11, 9-noon Why: because we all want a Clean & Green Cedar Mill!

Volunteers are needed to help the Cedar Mill Business Association clean up the roadside and median planting along Barnes Road. It's part of the landscaping that Washington County planted for the Cornell/Barnes project. Now it's the community's responsibility to maintain it.

We'll be pruning out the dead plant material that resulted when the sprinkler system failed this summer, removing invasive weeds, and picking up trash. No special skills or equipment is necessary, and everyone over the age of 12 is welcome. The county will be providing traffic control so we can work safely in the medians (adults only for that part). We'll provide safety vests for visibility.

SOLV is the Oregon non-profit that brings thousands of volunteers out to do beach cleanups, invasive plant removal, illegal dumpsite reclamation and more community services. Last summer, they requested applications for projects for the annual fall statewide cleanup event, and our project was among dozens chosen in the Portland metro area. SOLV provides logistical equipment including dumpsters and porta-potties, but we have to provide the volunteers.

Subway and other local restaur-

rants are providing food to reward volunteers with a lunch at noon so we can celebrate our victory conquering the weeds and trash.

We'll be meeting up in the parking area on the graveled east side of Barnes (where the Teufel Nursery building used to be). Team leaders and volunteers will spread out to fill bags with trash and weeds. Snacks and water will be provided, but please bring your own reusable water containers. We will have some tools, but please bring your own work gloves. Bring weeding tools if you have them.

To volunteer, visit solv.org. Find our event, listed as "Beaverton Barnes Road (Cedar Mill Town Center) Weeding" and click on the Register Now button. Help us keep Cedar Mill Clean & Green!



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Connecting our neighborhoods

by Virginia Bruce

At the September 2 meeting of our Citizens' Participation Organization (CPO1) we brainstormed ideas for creating a network of walking and biking trails by finding, improving, and creating connections between existing trails and paths and routes away from busy and sidewalk-less roads.

CPO 1 represents citizens of Washington County who live in Cedar Hills and Cedar Mill. Most of our area is not in any city, and the county usually provides sidewalks only along major street improvements, or when new development occurs. This has left us with a patchwork of unwalkable neighborhoods and unsafe bike routes.

Rather than wait around for "them" to solve our problem, we decided that we'd ask folks to bring their suggestions of short segments that, if improved and/or constructed, would connect people to the places they want to go. Many good suggestions came out of the session, and comments are posted in the group's website forum (see below).

In addition, CPO member Erik Mace set up a [Google map](#) that can be edited by anyone with web access. You're invited to take a look at the map, and if you know of a good place to make a connection that hasn't been suggested, add it! You can access the map and the online discussion at [cpofriends.org](#)—just click on the Forums link on the left side of the home page and then scroll down to Pedestrian Walkways & Connectivity. [The website and PDF versions of this article will contain a clickable link to the map.]

One popular suggestion is an unimproved segment of 95th Street which could provide a pedestrian and bike connection for people in the West Haven neighborhoods to reach the Sunset Transit Center. And everyone wants sidewalks on 113th and 119th.

Washington County has a Minor Betterments program that can make some funds available for additional sidewalks. Anne Madden, Land Use & Transportation Program Educator, says, "Eligibility for Minor Betterments or other projects paid for with Road Funds requires that the project be on a county road, so off-road trails would not qualify." But they are adding segments of McDaniel, 119th, Rainmont and 113th to their list for possible sidewalk infill.

She continues, "One very important point to remember is that improvements like these sidewalks need support not just from the broader CPO community, but especially from the local residents whose property would be affected. Adding sidewalks can be a very difficult and expensive enterprise due to slopes, drainage requirements, etc. If neighbors are not willing to donate easements, lose hedges, etc., with our limited resources it can be well nigh impossible."

Washington County is in a time of transition with regard to policies for urban unincorporated areas like Cedar Mill. Providing amenities needed by residents of our suburbs may well be part of the county's future. Madden suggests, "Perhaps a pedestrian element could be part of a future county road (MSTIP) program...if this is what citizens desire."

I know a lot of folks who do...

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Bales smokes their own!

Odus Bales, the founder of Bales Thriftway, was always looking for a way to do things a little differently that would set the business apart from the competition. When he built his new store in 1989, he decided to include meat-smoking equipment in the butcher shop. "We found a guy who knew all about meat curing," recalls Ken Findley, Odus' stepson and former owner of the grocery. "He brought some recipes with him, and we continued to develop new items over the years."

In-store delis and bakeries were just appearing in grocery stores in those days, and providing their own smoked meat proved to be a popular addition. "People used to bring in whole fish that they had caught and have us smoke it for them," Ken recalls.

The original equipment still turns out delicious pepperoni, baby back and beef ribs, bacon, hams, smoked chicken and turkeys, jerky and of course mouth-watering smoked salmon and halibut. Jesse Terrell is now in charge, having worked his way up from counter

clerk to smoker expert and meat cutter over his ten-year career at Bales. He enjoys the freedom to experiment and try out new recipes and combinations and get feedback from customers.

The meat, fish and poultry for curing comes from the regular stock. It is marinated and/or injected with flavor or

rubbed with dry spices, and then hung in the cooker at around 200° for up to two days, depending on the type. Each batch is then vacuum



The smoke comes from a box that burns wood pellets. All the smoke is contained and pumped into the cooker section where the meat hangs, which explains why the onsite smoker is such a well-kept secret—no smoke escapes to the air.



packed and cold-stored until it's put out for sale.

In addition to the "dry" smoked meats, Jesse and the crew also turn out corned beef (they sell hundreds of those every March!) and pastrami which are vacuum-sealed and sold in the smoked-meat counter. They also produce Bales own sausages, sold in the bulk meat section. The sausage pumper forces ground and seasoned meat into casings for links. And it's all done there in the back—talk about local food!

They still occasionally get special orders, especially around the holidays. One family has a batch of Swedish potato sausage made up every year for their family dinner. State health regulations now prevent

them from smoking meat brought in by customers, but if you have a favorite sausage or cured meat recipe, they'd be happy to give it a try.

These delicious smoked meats are perfect as the center of a quick & tasty meal, just add salad & bread!

Rave in the Nave

Christ United Methodist Church is sponsoring a performance series billed as "Ten evenings of magical performances that will fill your soul without emptying your wallet." This month, Samba Soleil will feature CUMC's own Jeff Kauffman and his popular bossa nova group on Saturday, October 11. Future programs include blues and gospel with Linda Hornbuckle and Janice Scroggins, comedy, dramatic performances and mime. The monthly series winds up in June '09 with Michael Allen Harrison.

Individual performance tickets are \$15 each, \$130 for a Season Pass, or "You Pick 5" for \$67.50. More information is available at cumcpdx.org or at 503-646-1598.

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Community Safety Day a success!

Neighbors in the area surrounding West Tualatin View Elementary School on NW Leahy Road have been concerned about pedestrian and bicycle safety for some time. Ruth Deal lives in the area and wants her children and others to be able to walk to school safely, so she spearheaded an effort to improve visibility by working with Washington County and her neighbors to clear overgrown vegetation that was blocking views.

Deal worked with fellow parents, surrounding homeowners, Washington County crews and even got QFC to donate refreshments for the event that took place on Saturday, September 20. Boy Scouts passed out flyers to neighbors that advertised the event and provided information about county sightline regulations. Washington County provided additional workers and free hauling for the trimmings.

Over 100 homes participated in trimming vegetation that had been blocking streets, corners, and sidewalks, increasing visibility for all walkers, bikers, and drivers. The theme was "We Want to See You". Over eight large truckloads of vegetation was removed.

The main goal of this one-time cleanup was to educate the area homeowners about county vegetation regulations in a positive and community-building way. It's also part of a "Safe Routes to School" program that West Tualatin View is working on. The school has applied to the State's program for Federal grant money that will be used to increase safety and make improvements at corners and on two main walking routes.

Salar's Mediterranean Grill will open Spring '09

Obtaining all the necessary permits from Washington County and other agencies has been a long process for the owner of the property at the southeast corner of Cornell and Dale. "We are glad to be finally starting the job," says Michael Irajpanah, who has many years experience in the restaurant business. "We don't foresee any more serious problems, and we will be opening in about five months."

Salar's will include a large dining area and banquet facilities. The restaurant will serve over 35 types of grilled meats along with other

Mediterranean and Greek specialties, with lunch and dinner service.

Original plans called for a living space above the restaurant, but Irajpanah says now that it will provide office space. The restaurant will be on the ground floor, with the entrance at the corner. Parking will be alongside and under the building with access on Dale.

Don Silvey of Silco Construction is managing the work. Excavation is done, and foundations are being poured now. This restaurant will be a welcome addition to Cedar Mill's dining choices!



Only one Lost Park?

When Polygon Homes got ready to develop the Timberland subdivision on the former Teufel Nursery property, they wanted to honor local history by naming some of their streets after local landmarks. But unfortunately, one of the names they chose was Lost Park Lane. There is already a Lost Park Drive that forms a horseshoe east of 113th. There is also a park named Lost Park, which is probably the last remnant of the 30's era amusement attraction of the same name.

The Teufel Nursery property was annexed into Beaverton before any development occurred. Beaverton planner Tyler Ryerson explained that the process of street naming included a review by "the City, Washington County, and the Consolidated Communications Agency. No agency objected to the street name."

Beaverton's Community Development Department considered the situation when it was called to their attention. Because of the different suffixes (Lane & Drive) and

different street numbers, Interim Community Development Director Steven Sparks decided that it wouldn't be a problem and declined to initiate a Street Name Change, which can be a lengthy process.

However Polygon Senior Vice President Fred Gast has assured us that because of community concern with the confusion that could result from having two streets with such similar names so close together, Polygon will pursue a name change with Beaverton. We appreciate Polygon's continued willingness to work with the community!

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Irinaga, continued from page 1
 Advantage plan, which gives a lot of added coverage for a very affordable monthly premium. In fact, many of our AARP MedicareComplete® plans charge no additional premium.” There are seven different SecureHorizons plans currently available in Washington County, offering varying flexibility in the choice of doctors and hospitals, and varying deductibles and co-pays, and Mike can help you figure out which is the best fit for you.

Mike is a third-generation Oregonian who grew up in Portland. His family moved to Oak Hills and he attended Aloha High School. After graduating from the University of Oregon, he left the area to work for United Airlines as a Flight Attendant, based in Chicago and then in San Francisco. When the 1982 oil crunch hit the airline industry, he was furloughed, and returned to Oregon.

That same year, he went to work for the Azumano Insurance Agency in downtown Portland, joining founder George Azumano, and friend Sho Dozono. “They say that when you get into the insurance business, you’re either there for six months or 60 years,” he laughs. “I’m one of those who has stayed for the long run, which is now going on 26 years.”

In 1986, he became the Managing Partner in the Azumano Agency, and he bought the business in 2002. He recently changed the agency name to Mike Irinaga Insurance Agency..

Mike and his wife Patricia have lived in Cedar Mill since 1985, and have two teenage children, Megan and Ryan. Patricia is a Special Education Instructional Assistant at Cedar Park Elementary, and also has her own business, Patticakes Bakes, making deliciously decadent desserts.

Mike Irinaga joined the Cedar Mill Business Association several years ago, and is currently a member of the Board of Directors as Vice President. “I wanted to see what was going on in the neighborhood, and what other businesses were doing,” he says. “And it’s a great chance to get to know more of the small business owners in the area.”

As an Independent Agent, Mike can help you select the best coverages for your specific needs. “I can provide employee benefits such as group life and health care; property & casualty and worker’s comp. coverage for businesses; as

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You can contact Mike with any Insurance, Annuity or Medicare Advantage questions at 503-223-9797, or email him: mike@nw-insure.com

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