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# Cedar Mill News

Volume 15, Issue 1

January 2017



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## Featured Business

### Holistic Pet

By Virginia Bruce

When it comes to pet nutrition, Richard Dupraw is an expert. Although he only bought the Holistic Pet store a couple of years ago, he's



been working in the industry for over 20 years. He really understands how high quality food can keep your pets healthy.

He purchased the business, located in the "Safeway" center at Murray and Cornell, from the previous owner in May 2015. He had been working as a rep for a pet food distributor, visiting stores in Oregon,

Washington, Idaho, Montana, and Alaska. He says, "I was calling on the store as a sales representative, and heard through a fellow rep that the owner might be

interested in selling. I had told this friend that in the right circumstance I would love to own a store, and she put us together." He already knew the Cedar Mill area, since he grew up in Rock Creek, and used to live on Filbert, so it was a good fit.

"We only carry foods that are "self-manufactured," he explains. That means that the company actually makes the food and stands behind its ingredients. "I have worked for several pet food manufacturers and they teach you well. We

carry more than 20 brands of good quality natural pet foods." When owners mention that their pets have skin or coat problems, Dupraw suggests trying a better food. "Some of the foods we carry are solutions based, but just upgrading to a better food may be the solution on its own."

Just as carefully-sourced and organic foods for people have become more available and affordable in recent years, the same is true of pet foods. People realize that it's cheaper in the long run to feed their pets well than it is to spend time and money on vet bills (to say nothing of avoiding the suffering).

People have the same kind of beliefs about pet food as they do their own diets, in some cases. The recent enthusiasm for grain-free foods is not entirely helpful, Dupraw notes. People say that dogs and cats are carnivores, but the first part of its prey that a wild animal eats is the gut, and that's usually full of seeds

and grain! "There are three grains to avoid," he says. "Corn, soy, and wheat generally aren't good for dogs and cats. But oats, barley, and rice provide vitamins and calories along with fiber, for example. Dogs generally have to go up to 10 hours between feeding, and these carbs are slower to digest, so they provide the sustained nutrition to keep pets happy while owners are away."

Dupraw worked his way through college in various retail outlets,

*Continued on page 9*

## The Nature of Cedar Mill

### The ground beneath our feet

By Virginia Bruce with information from Scott Burns, PSU Geology Dept. [revised from an article published in the June 2004 issue]

Cedar Mill is built primarily on two layers composed of basalt and silt, with a frosting of lava on our eastern margins.

The underlying rock in our area is Columbia River Basalt. This was laid down by enormous lava flows from volcanoes near the Oregon-Washington-Idaho border around 14-16 million years ago. At this time, there were no intervening mountains to slow the flow, which finally solidified here after a trip of some 350 miles. The Cascades were created later!

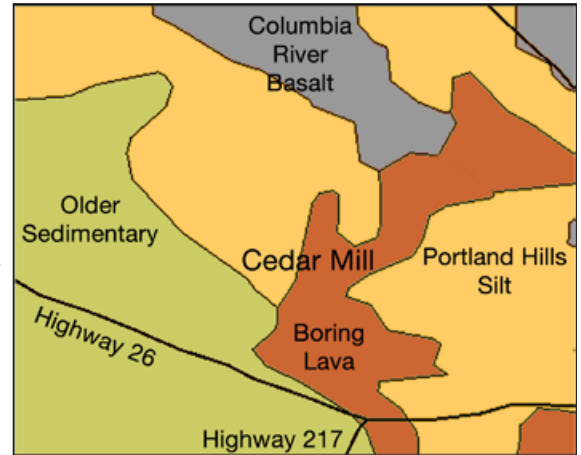
Our dark grey basalt was relatively cool when it reached the area, and is fairly soft and deteriorates into smaller rocks and clay.

### Cornell care center project causes traffic concerns

In September 2015, Washington County completed a "Special Use and Development Review" for a proposal to build a five-story, 110-room Assisted Living and Memory Care Facility on the south side of Cornell Road, approximately 400 feet from the intersection with Ash Creek Drive.

The project involves extensive excavation that has been ongoing since September. To accommodate

In Bonny Slope there are only a few feet of soil above the basalt bedrock, as many a developer has discovered.



A lot of the topsoil is simply dust blown up from the Tualatin Valley, a process that continues today as tidy housekeepers have discovered!

This area is also full of springs resulting from groundwater escaping through cracks in the basalt. Many houses in the area need sump pumps in the basement to remove

*Continued on page 8*



the excavation and other construction equipment, the developer received approval to close lanes on Cornell between 9 am and 3:30 pm, and to shift travel lanes during the 7-9 am time period, which typically

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# Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at [info@cedarmillnews.com](mailto:info@cedarmillnews.com)

## Wine Cellar Class: How to Look Like a Wine Snob in Under Two Hours

January 14, 6-7:30 pm, 525 NW Saltzman

The Wine Cellar is holding a class for just \$25 per person! To register, please email [wine@portlandwinecellar.com](mailto:wine@portlandwinecellar.com) or call 503-643-5655.

## Pharmaca's Health & Wellness Fair

Saturday, January 14, 2-4 pm, Pharmaca Integrative Pharmacy, 240 NW Lost Springs Terrace

Pharmaca will be hosting its first annual Health & Wellness Fair featuring a variety of services for the community. Customers can get free health screenings, including Body Fat, Bone Density, Cholesterol and Skin Health screenings, as well as a complimentary ten minute chair massage. (All services are available on a first-come, first-served basis.)

In addition, Pharmaca's team of expert pharmacists, naturopaths, herbalists and nutritionists will be on hand to speak with customers and answer questions about how to get the New Year off to a healthy start. Customers can even get free product samples, and save \$20 on a \$100 purchase!

## Village Gallery News

Opening Reception, Sunday January 8, 2-4 pm

Village Gallery of Arts will be closed from December 30, 2016-January 7, 2017 to refresh its exhibition space. VGA has been honored with an award of \$500 worth of professional art hanging equipment from Gallery System ArtsUp Awards, which will be installed as part of the refresh. The program recognizes and rewards outstand-

ing community-oriented arts programs in the US with awards of professional art hanging system hardware made by Gallery System Art Displays of Wellesley, Mass.

In addition, VGA will use this time to add improved displays for crafts, freshly painted walls, improvements to lighting, and colorful signage both inside and on the gallery exterior. Everyone's invited to come on Sunday January 8, 2017 for their Opening Reception!

### Featured Artist, Lisa Griffen

Lisa Griffen's show is about exploring the seasons. "Paying close attention to nature has helped me appreciate the different textures and colors and the particular beauty of each time of year. I've also become more attuned to the ways that the seasons influence my moods and my creativity. Art is my language for expressing my inner world, and I usually paint abstract figures and



January, by Lisa Griffen

animals. For this show, I challenged myself to try something different and use various techniques to create a new series of paintings inspired by my impressions of each month."

### New Classes Offered This January:

For complete details on all classes please visit [villagegallery-arts.org](http://villagegallery-arts.org)

**Kristi Roberts - Youth Art Classes**  
Mondays or Wednesdays, 3:45-4:45 pm for ages 7 - 11; Mondays 5-6 pm for ages 11 - 16

Class units include drawing, watercolor, acrylic, pastels, clay and mixed media. Each lesson teaches fine art concepts and techniques. A variety of subjects are explored including landscapes, people, faces, animals, cartooning and perspec-

tive.

### Mary Burgess - Painting Portraits in Watercolor

Wednesdays, January 11, 18, 25 and February 8, 15, 22, mornings 9:30 am-12:30 pm or evenings 6-9 pm

Learn how to capture likeness and personality of human subjects in watercolor, including facial proportions, skin tones, and rendering beautiful subtleties of facial features and hair.

### Wake up your feet!

Ahead of Style Salon & Spa, 21195 NW West Union Road

Re-energize for the New Year, featuring the Espresso Mud Spa Pedicure Special! Come in and get your feet taken care of and be pampered with an Espresso Mud scrub, followed by a hot towel Seaweed leg wrap and a relaxing massage. Naturopathica's Espresso Mud Scrub is created using Black Silt Mud that is blended with minerals to soothe

dry skin, while Coffee Arabica promotes circulation. This is followed by their revitalizing Seaweed Wrap that is a mineral rich treatment of herbal extracts that helps remove toxins and leaves the skin feeling firm. You will walk away with beautiful toes and feeling ready to take on the New Year!

### Skyline Gardens seeks career-minded, compassionate employees

Just above Cedar Mill one will find respite and reflection at Skyline Memorial Garden, where visitors enjoy sunsets and stargazing or have a simple stroll through 65 acres to enjoy beautiful statues and vistas. Originally known as Northwest Memorial Gardens, Skyline Memorial Gardens was established in 1952 by Fred Collins after he purchased the site from Corrine Barber. By 1962, Mr. Collins' dream to build a funeral home, crematory and flower shop in combination with a cemetery became a reality, making Skyline Memorial Gardens and Funeral Home the first combination facility in Oregon. Mr. Collins owned and operated Skyline until his death in 1975, at

which time the location was sold to a private individual and then sold again in 1985, becoming the Skyline Memorial Gardens and Funeral Home of today.

You are invited to come and learn more about careers with SCI. Funeral or sales experience is helpful but not mandatory. Someone with the right attitude and a good work ethic can be successful if you have comfort in using computer systems, have a high level of integrity, a desire to help others, and are comfortable meeting with small to large groups of people.

The Career Open House that had been scheduled for Jan. 7 is cancelled due to inclement weather. Interested parties should contact Rachel Fox directly at 503-292-6611 to set up an informational interview.

In a 1950's brochure, Mr. Collins expresses his perspective on the establishment of Skyline Memorial Gardens: "Memory itself is fleeting, and for those who stay, there is a way to memorialize... Skyline Memorial Gardens, dedicated to the Memory of Man."

Today they have expanded upon Mr. Collins vision; Skyline Memorial Gardens now has 14 traditional gardens, three distinctive cremation areas, exclusive private estates, mausoleums and lawn crypts. They offer personalized life celebrations, funeral services, cremation options, memorialization, catering, event space and more at one of the most beautiful vistas in the Portland area. Interestingly enough, during the time Skyline Memorial was developed the Baby Boomers were being born, and now for next twenty years, an average of 10,000 people each day will reach age 65. This has an enormous impact on their business.

They are a tight operation of 15 employees that include administrative professionals, grounds maintenance, funeral directors, and sales professionals. Customer service ethic is so high that Skyline Memorial Gardens is consistently recognized as one of the best in the Portland area by JD Powers. They are always looking for talented, service oriented people to join their team. Skyline Memorial is a part of Service Corporation International (SCI), the nation's largest provider of funeral, cremation and cemetery

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## CPO 1 January meeting

Tuesday, January 10, 7 pm, Leedy Grange Hall, 835 NW Saltzman

Community Participation

Organization meetings are open to everyone. We begin with about a half-hour of introductions, along with updates from our Public Safety agencies and THPRD. There's also time for community members to share information with each other.

At 7:30, we'll enjoy a short overview of the ways the Oregon State University Extension Service provides Washington County residents with knowledge from universities nationwide. Using objective researched-based information, their Education Center offers a variety of programs, which include Master Gardeners, Master Recyclers, Master Food Preservers, 4-H Youth Development, Agriculture & Field Crop support, Family & Community Health, Nutrition Education, and Forestry. For more information, visit the [Extension site](#).

## Award-winning lecture series returns to Oak Hills

Monday-Friday, Jan. 4-26, 9:30-10:30 am, Oak Hills Church, 2800 NW 153rd Ave. The lectures are free and open to the public. Refreshments provided.

Calvin College in Washington, D.C., launches its award-winning January Series featuring 15 experts in fields as diverse as the Protestant Reformation, U.S. poverty, last November's election, love, and finding your vocational calling. Area residents can be part of the live-streamed lectures at Oak Hills Church, one of 50 locations in the U.S. and Canada.

This year's streaming lineup includes Matthew Desmond, a MacArthur "Genius" grant winner and co-founder of the Justice and Poverty Project; Reshma Saujani, CEO of Girls Who Code, a national non-profit organization working to close the gender gap in technology and author of "Women Who Don't Wait in Line"; Eugene Cho, one of "50 Everyday American Heroes" for his work on global poverty; and Bryan Dik, co-founder of jobZology and author of "Make Your Job Your Calling: How the Psychology of Vocation Can Change Your Life at Work."

"This year's speakers have expertise in their field and experiences that bridge our local and international borders," said Carl Leep, pas-

At 7:45, we'll learn about Food Waste Prevention and Recycling - Eat Smart, Waste Less. OSU Extension Master Recyclers Leisa Vandehey and Shelly Paredes will give a presentation on preventing food waste at home. Take home free tools to help you make adjustments in how you shop, prepare, and store your food so you can start saving more today. Call 503-846-3605 or email [recycle@co.washington.or.us](mailto:recycle@co.washington.or.us) for more information.

At 8:30, we'll find out about the Bonny Slope Backyard Gardening group. Barbara Roos and Bruce Bartlett will introduce this group of neighbors who met through the social media site [www.Nextdoor.com](http://www.Nextdoor.com). They will report on the first meeting, what ideas were discussed and how you may be involved.

If you don't already get the CPO newsletter (you can choose to get it via email or postal mail), you can click the signup link for the monthly update [here](#).

tor of Oak Hills Church. "In every presentation, you will be challenged to learn more deeply about each subject area as you discover ways to make a difference in your local community. As the title of Jeremy Courtney's presentation (Jan. 23) says: The World is a Scary Place, Love Anyway.

"Oak Hills Church provides these presentations to stimulate our community in learning about our world and its opportunities, while also equipping all of us in discerning best practices for serving the critical needs in our culture and our city. In 15 one-hour presentations anyone can broaden and deepen their insight and discover ways to invest what they've learned."

For a list of dates, speakers and topic summaries, go to [calvin.edu/januaryseries2017](http://calvin.edu/januaryseries2017).

## Washington County Forum

Mondays, 11:30-1, Peppermill Restaurant, 17455 SW Farmington Rd., Aloha

The Washington County Public Affairs Forum meets over lunch every Monday, September through June, (except holidays). There is no charge for admission. Doors open at 11:30 am, and the speakers start at noon. Lunch is available to order from the menu.

Following the speaker, there will be an opportunity to ask questions. Asking questions of our speakers is a privilege of Forum membership.

**Jan. 9: Sandra Fowler Hill**, president Portland Community College, Rock Creek campus, will talk about changes and programs of interest at the college.

**Jan. 16: Tami Cockeram**, president of the Human Rights Council of Washington County (HRC), will discuss civil rights, human rights, and Martin Luther King Jr. in 2017.

**Jan. 23: Craig Honeyman**, legislative director, League of Oregon Cities, will talk about the role of the lobbyist.

**Jan. 30: Don Grotting**, superintendent of the Beaverton School District, will give an update on the district.

**Feb. 6: Maureen Fisher**, CEO, SOLVE, will give an in-depth look at the volunteer environmental organization's work in Oregon.

## Oregon Legislative Town Hall

Thursday, January 19, 6:30 pm, St. Vincent Hospital, Souther Auditorium in the East Pavilion. The 79th Oregon Legislative Assembly will convene on Wednesday, February 1. During Organizational Days, January 9-11, Members-elect are sworn in as legislators, bills are first-read on the floors of the Senate and House, and legislative committees are officially created.

Cedar Mill's State Representative, Mitch Greenlick, and our State Senator, Elizabeth Steiner Hayward, will host a Town Hall to discuss their legislative agendas for the current session. They'll be joined by Rep. [Ken Helm](#), House District 34, serving the City of Beaverton and the neighborhoods of West Haven, Cedar Hills and Rock Creek. [Greenlick](#) represents House District 33 that includes NW Portland and parts of unincorporated Multnomah and Washington Counties. [Steiner-Hayward](#) represents District 17, which encompasses NW Portland and NE Washington County and part of Beaverton.

Visit their legislative web pages to find out more about them, including contact information, committee assignments, and to sign up for their constituent updates.

## Prince of Peace School

Ages 3 through Kindergarten

Open House

Wednesday, January 18

12:30-1:30 and 6:30-7:30

School tours, meet teachers, questions answered. Everyone welcome!

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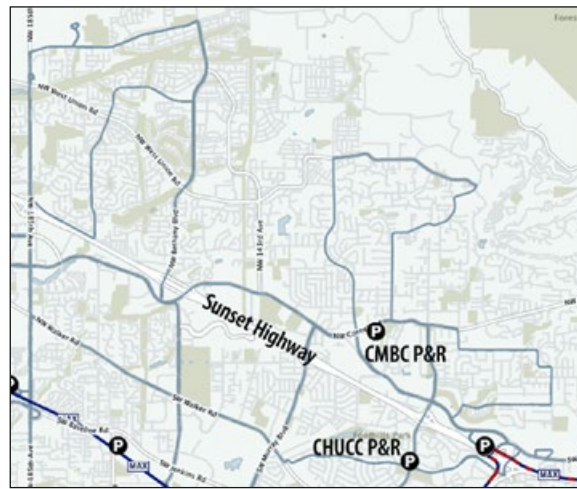
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## TriMet Park & Ride lots are in Cedar Mill/Hills, not Portland

So your mailing address is Portland, but you live in Cedar Mill. Even longtime residents can get a little confused, but to newcomers it can be baffling. Just think about the jury summonses we get from Multnomah County.

TriMet was alerted recently to the potential confusion for commuters looking for park and ride lots in our area, but that were listed in Portland, specifically Cedar Mill Bible Church (CMBC), 12208 NW Cornell Road, and Cedar Hills United Church of



TriMet's latest suggestion for improving transit service in our area is to publicize the Park & Ride lots. Bus lines are in blue.

## From electric trains to electrical engineering

By Minnie (Smith) Stoumbaugh

It had been a few years since the last road equipment did its preparative work, leaving a layer of dust up to three inches thick on Wolf Creek Highway. Today we call it Sunset Highway. The time was mid-1946. Looking for adventure, the five younger Smith kids had climbed McChesney Road (now 87th) and hiked through the woods to play: Roy, age 10, Fern, 12, Gene, 14, Floyd, 16, and myself, Minnie, age eight. Just east of the present day Highway 217 connector we found that someone had dumped some old stuff under the trees on the north side of the highway. We were all excited to find an electric train set, including track and a few cars!

We brought the pieces home and the boys found that the parts were all there, but the engine wouldn't work. Dad, being an electrical engineer, helped them disassemble it to clean the brushes of the motor. Roy and Gene especially paid close attention to what Dad told them and both learned a great deal of basic electronics from it. And they got it running!

Yes, they had it running very well! But if it went at full speed, it would tip over on the curves. Well, trains are like any other hobby, it's not long before you need to upgrade. We all had paper routes, so using the wire banding from our newspaper bundles, the boys fashioned a wire frame to hang over the engine. These were to hold miniature sand bags to lower the center of gravity. Having learned this principle, they were happy the

train stayed on the tracks at higher speeds—"higher speed" being a relative term. Since this worked so well, we began making sandbags to prop up the tracks to create rolling hills for the train to climb.

Mom's New Home treadle sewing machine came to live with us just before the onset of the Great Depression. Good timing as Mom kept our clothes mended and occasionally made us something new to wear through the difficult years of the Depression. So Mom gave us fabric scraps and we made the bags on her sewing machine. Because they were small, less than two inches wide and maybe three inches long, it was challenging to keep the sand in the bags.

One day Roy was working hard at the sandbag project, and before he knew it, the needle went right through his thumb—through the nail and all! He rinsed it with cold water to stop the bleeding and continued with his work.

Having had so much fun and learned a lot from that first train, Roy later used his paper route money to upgrade to a nicer, used train from a friend. We all enjoyed many a rainy day with those trains. But that was only the beginning. Later Dad and the boys made a radio from a kit. Upgrade in 1950: build your own television! And put an antenna on the roof, of course.

Gene went on to study electronics at Portland State College. He might have gone farther but he didn't let his schoolwork interfere with his extra-curricular activities. So it wasn't long until Uncle Sam

Christ (CHUCC), 11695 SW Park Way (at Cedar Hills Blvd.). Both lots are now listed under a new heading on the [TriMet website](#)—Washington County—just after Tualatin and before West Linn.

And while the category may still be confusing, because there are several cities in Washington County with their own listing on the site, this was the choice for our area of urban unincorporated Washington County—not Cedar Mill or Cedar Hills.

invited him to use his knowledge in the United States Army. After his tour of duty Gene was an electrical technician working for the telephone company until his retirement.

Roy, on the other hand, was a serious student taking the highest math he could in high school. Next he went to Oregon State College to gain his Bachelor's in Electrical Engineering. Since his studies were considered "critical skills," Uncle Sam gave Roy a deferment from the draft. So he later returned to Oregon State for his Master's. Roy's life-long employment was with Hughes Aircraft, which he said could have just as well been called "Hughes Electronics." Reflecting gratefully, Roy said, "I learned much more than I would have if we had bought a new train that didn't need any repairs. It wasn't just a toy. It was an introduction to my career."

## Help name new parks and trails

The North Bethany area has three park sites and four trails that need names. THPRD is soliciting suggestions for names by Jan. 9. Names should have historical, cultural, or social significance for future generations and enhance the character and identity of the district property. Historical or common place names will be considered.

Suggestions can be emailed to [Rrussell@thprd.org](mailto:Rrussell@thprd.org), submitted through the [THPRD website](#); or mailed to Rob Russell; THPRD Design & Development Department, 6220 SW 112th Ave., Suite 100, Beaverton, OR 97008.

## Birds need water, no ice!

By Mary D. Edwards

A cold snap like we're having now means I don a rarely-used long down coat when I walk the dogs. I know I'll be fine out there with it. For our resident birds, the cold can be a killer. They need food, water, and shelter as usual, but what's

frozen bird bath. My yard is a year-round source of water and food, so I draw regulars. It's not the best, but I work at home, so it's not terribly inconvenient. At night I bring it in to thaw. The birds seem to appreciate it. The other day I had eight tiny birds gathered around my bowl.



Dunecraft.com sells heated water basins for birds

tough to get in sub-freezing temps is unfrozen water.

My solution has been to fill a yellow plastic bowl with water in the morning and place it on top of the

The Cornell Lab of Ornithology has a detailed article, "[Providing Water for Birds](#)," on dos and don'ts for keeping your backyard birds hydrated, year round.

After reading it, I've decided to get a heater. Winter's not over yet. Some people use a string of holiday lights, but that only works if you use the old-fashioned incandescent bulbs!

The Cornell Lab of Ornithology has other tips for winter bird feeding. You can download [this document](#) for more information.

## Get ready for spring with master gardener training

Registration for the 2017 master gardener training offered by Oregon State University extension is open. OSU extension service master gardeners receive training in horticulture and household pests in Clackamas, Multnomah, and Washington counties. Master gardeners are trained to promote sustainable practices that minimize risks to human health and the environment.

The master gardener program is a mix of in-person classes, online content, hands-on workshops, gardening seminars, and a final exam. Classes start in early February and end in October each year.

Classes start in February 2017 at three locations in the metro area. In Washington County, classes will begin on Feb. 7 at First Baptist Church, 5755 SW Erickson Ave.

There are three levels of master gardener training:

Master gardener volunteer educator training at a cost of \$495, discounted to \$445 before Jan. 9. The volunteer educator training is the equivalent of a college-level horticulture course focused on sustainable gardening. It is coupled with a volunteer internship in which you apply your learning toward approved volunteer activities to help to educate the public using the research-based information.

Certificate of home horticulture, which offers that same training as the volunteer educator, but participants don't have to commit to volunteering to help other gardeners. The cost is \$695

Master gardener volunteer educator fellowship, a volunteer educator curriculum at a reduced cost for those meeting income guidelines. Cost is \$75. (Deadline was Dec. 16, 2016, for 2017.)

For more information, visit the [Extension website](#).

### Eat Smart movie series screens 'Sourlands'

Saturday, Jan. 21, 7 pm, Leedy Grange Hall, 835 NW Saltzman. (Originally scheduled for November).

"Sourlands" tells the tale of New Jersey farmers working against an exploding deer population, invasive plants, habitat destruction and increasingly erratic weather. But it's a film that presents a hopeful message: local engineers team with the farmers to seek new ways to save energy, stop global warming, and improve the farm's financial situation. These are challenges faced throughout the world, including here in Oregon.

Films are free, but cash donations for Homeplate Youth Services, a local organization helping homeless youth in Washington County, are accepted.

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## New development news

### Beaverton to annex Murray-Cornell corner

Beaverton annexed portions of some Cedar Mill roads in 1999, including Murray Bl. south of Cornell. When Beaverton owns the roadway, they also own the utilities that are placed beneath it. When a developer wishes to, for example, hook up to

funding we are working on putting together for the project will come from the County and the State levels primarily (in addition to a permanent loan and gap funding sources), and our ability to secure those funds will not be affected by the annexation."



Beaverton will apply their TC-MU zoning to the property. Salvon says, "Washington County applied the TO:RC zoning to the property in order to implement Metro's Town Center concept assigned to this area. The city of

the sewer, they have to annex into the city to be able to do that.

CPAH's proposed low-income housing and retail project for the southeast corner of the intersection is subject to that requirement and the annexation process is underway. Jeff Salvon, Beaverton planner, says, "The City's Planning Commission's will conduct a public hearing and make a recommendation which will then be taken to the City Council on January 18 for final consideration."

Shannon Wilson, Deputy Director, Community Partners for Affordable Housing, Inc. (CPAH), says, "We don't anticipate this will change our negotiations with the County on the lease of the land since Washington County will still own the site, but it will now be within the City of Beaverton. The

Beaverton only has two zones that implement that town center concept - Town Center High Density Residential (TC-HDR) and Town Center Multiple Use (TC-MU). Given that the property is surrounded by retail uses, we believe that the City's Town Center: Multiple Use (TC:MU) zoning is the best suited option available." Beaverton does plan to help CPAH with funding and permitting.

### Neighborhood Meetings

Neighborhood Meetings provide a forum for the applicant and surrounding property owners/residents to review the proposal and identify issues before the formal application is turned into the County.

Four-lot subdivision: Thompson

### Addition

Thurs., Jan. 19, 6:30 pm, Bethany Community Meeting Room, 15160 NW Laidlaw

Informational meeting on preliminary development plans for a property on Thompson Road, near where Thompson turns west.

14-lot subdivision: Karla Heights  
Wed. Jan. 25, 6:30 pm, Leedy Grange Hall, 835 NW Saltzman

Pioneer Design Group, Inc., is representing the developer of a property located on the west side of NW McDaniel Rd., between NW Ridge Rd. and appellate Way.

### Public Comment Period for new Nike building ends January 12

Nike is planning another new building on its campus at the southwest corner of Murray and Walker Rd. This development will comprise a 360,600 square foot building and associated improvements, and a Drainage Hazard Area alteration. The complete development application for this project is available at the Cedar Mill library, on the mezzanine, NE corner.

### Tree recycling continues

The Sunset Racquetball team is continuing the Christmas Tree Recycle fundraiser as a pick up service from now until the end of January. If you would like us to pick up your tree or wreath, we ask for a donation (\$12 for trees, \$5 for wreaths). All you need to do is call Curtis Lipski at 503-308-3763 or send an email to [sunset.racquetball@gmail.com](mailto:sunset.racquetball@gmail.com)

Tree pickup is available on weekday evenings or anytime on weekends. We serve an expanded area from Forest Grove to Gresham and from the Columbia River to Tualatin, so let your relatives and friends know as well.

All proceeds help the Sunset High School Racquetball team to offset costs for their season and their trip to St. Louis, Missouri for the National Championships.

## Viva Village January events

The Beaverton area not-for-profit organization that helps older adults remain in their own homes as they age is now accepting applications for annual membership. The Village recently completed a three-month pilot period to ensure that all support systems and services are functioning as intended.

Prospective members and/or volunteers are invited to an information session on Monday, Jan. 16, 2-3:30 pm, in the Terra Linda home of a Cedar Mill couple who participated in the pilot program as services-receiving members. RSVP: [VivaVillage101@gmail.com](mailto:VivaVillage101@gmail.com) or 503-746-5082.

Other Viva Village January events open to the public:  
**Saturday, Jan. 7, 10-11 am.**

**Nature walk at Kaiser Woods Park - Rock Creek Trail.** Information: [VivaVillage.org](http://VivaVillage.org); click on Calendar or call 503-841-2358.  
**Wednesday, Jan. 11, 12:30 pm.**

**Dine Around Beaverton & Beyond** at Ernesto's Italian Restaurant, 8544 SW Apple Way, Portland 97225. RSVP: Frieda, [f.pardo58@gmail.com](mailto:f.pardo58@gmail.com).

**Thursday, Jan. 19, 6-8 pm.**

**Thursday Night Social.** Thai Apsara Restaurant, 1193 SW Beaverton-Hillsdale Hwy (on Trader Joe's side of Beaverton Town Square). RSVP [VivaVillageEvents@gmail.com](mailto:VivaVillageEvents@gmail.com) or 503-746-5082.

**Tuesday, January 24, 6:30-8:30 pm.**

**Book club** discussion of "An Irish Country Doctor," by Patrick Taylor. Private home near Walker Rd & Hwy 217. RSVP: [VivaVillageEvents@gmail.com](mailto:VivaVillageEvents@gmail.com) or 503-644-7417.

**Tuesday, Jan. 24, 9:30-10:30 am.**

**Men's Coffee Break.** Java Lounge, Cedar Mill (corner of NW Cornell and Dale Ave). Information: Ross Miller, 503-713-3563.

# Park district will demolish 114th house



Tualatin Hills Park and Recreation District is preparing to demolish the house at 20 NW 114th soon. The house is located next to a large natural area that includes the Cedar Mill Wetland, managed by the Nature Conservancy. The property backs up to Foege Park,

with unimproved trails leading to the wetland.

THPRD Urban Planner Brad Hauschild says, "The demolition of the house is to remove a nuisance from the neighborhood. The site has been subject to vandalism and the condition of the house was cause

for concern." The house was one of two THPRD properties that were the [target of arson](#) in 2015.

The district [purchased the adjacent property](#) in 2010 in anticipation of enlarging nearby Foege Park and completing a [loop trail around the area](#) when funds become available. Locals have been asking the district to create a soft-surface path in the meantime, to complete the loop and keep pedestrians off the road. Hauschild says, "At this point there are no immediate plans for improvements to the property. In the future, it will be developed as part of the Cedar Mill Creek Trail connecting Foege Park (to the north) and the Timberland development (to the west)."



A well-worn dirt path leads around the house, past the wetland and into the woods. Neighbors use it to get to the playground in the west segment of Foege Park.

# Author of 'Oregon: A State That Stands Out,' to speak to Beaverton Historical Society

Tuesday, Jan. 10, 7 pm, Elsie Stuhr Center, 5550 SW Hall Blvd., Beaverton. Free, donations welcome.

Michael McCloskey, author of "Oregon: A State that Stands Out," will share some of Oregon's historical achievements in a pre-

sentation that includes fun facts and little-known historical firsts, spanning dozens of fields from politics to nature conservation and the arts. McCloskey's book assesses how the state stacks up to national standards.

McCloskey, who earned a law degree at the University of Oregon, had a 40-year career with the Sierra Club, and chaired Portland's Heritage Tree program for eight years. For more information visit [www.historicbeaverton.org](http://www.historicbeaverton.org) or call (503) 430-0106.



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Geology, continued from page 1  
the seepage. Recent comments on NextDoor refer to a spring that is causing a small "glacier" in a Bonny Slope neighborhood!

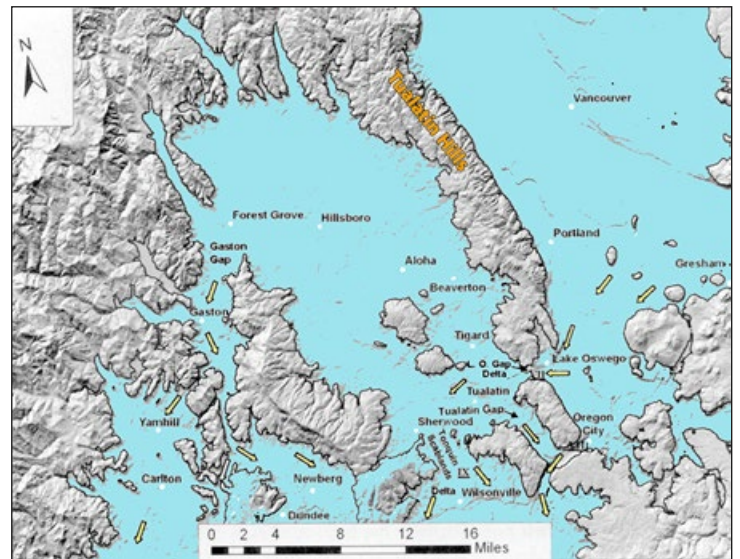
Most of the landscape features in the Willamette Basin were formed by compression resulting from the Pacific plate diving under the continental plate during the last 5 million years. This caused "downwarping and uplifting," resulting in hills and basins. The Tualatin Hills that form our northeastern margin are part of an "anticline"—a curving formation of uplifted terrain.

The layer of soil in areas above 350 ft. is "loess," windblown silt formally called Portland Hills Silt.

for several weeks after each flood.

Probably the most interesting feature of Cedar Mill geology is the existence of lava tubes near our eastern areas. These were formed by the eruptions of three small volcanoes, located near where Highway 26 goes into the tunnel. One of these volcanoes is called Elk Point. They are relatively young, having formed approximately 244,000 years ago. These light grey lava flows are known as Boring Lava, not for their lack of interest, but because it was first identified near Boring, Oregon.

A lava tube is a tunnel formed when the surface of a lava flow cools and solidifies while the still-molten



Flooding in the Tualatin Valley: floodwaters entered mainly at the Lake Oswego Gap and exited at the Tonquin Scablands, the Tualatin Gap, and the Gaston Gap. Used with permission from "Cataclysms on the Columbia."

It is anywhere from six inches to 150 feet thick, and was blown off the flood plains below.

Below 350 ft. the Missoula Flood sediments are dominated by silts and sands. The mineralogy is the same as the loess (which was originally the Missoula Flood silts that blew uphill). The Missoula Floods were a series of some 40 floods that occurred around 15,000-18,000 years ago. During the end of that ice age, ice dams in the area that is now Montana ruptured repeatedly.

Each time an ice dam ruptured, vast amounts of water rushed down the Columbia basin, widening and deepening the Columbia Gorge and forming many of the landscape features we are familiar with. Water entered the Tualatin Valley near what is now Lake Oswego. The silt left behind was distributed by wind to cover the bedrock around the valley. It's estimated that the water filled what is now the Tualatin basin

interior flows through and drains away. One of these lava tubes was found during excavation for St. Vincent's Hospital in the late '60s. It took 6000 truckloads of concrete to fill up the collapsed lava tube to create a stable foundation for the hospital.

Gardeners in the area have reported feeling cold air coming out of the ground from cracks in a lava tube. There are several tubes that open to the surface, but all are on private property.

For more information on local geology, visit the library for a copy of *Geology of Oregon*, by Elizabeth Orr. Scott Burns has recently released the revised second edition of his book, *Cataclysms on the Columbia: The Great Missoula Floods*, available on Amazon. If you ever get the chance to attend one of his presentations, you'll enjoy his light-hearted approach to the material he knows so well. Who knew geology could be so funny?



*Holistic Pet, continued from page 1*  
so he understands what it takes. But visiting a variety of pet stores throughout the region was his best training. "I had the advantage of

in Las Vegas called "Super Zoo." He also hears about good finds from customers, and he can get almost any kind of food and accessories as a special order, which he is happy

to do. Be sure to check out the terrific assortment of treats, both packaged and fresh. Smoked bones are very popular, and they need to be fresh so it's a challenge to keep enough in stock!



having been in more than 400 different stores in the last 10 years, so I could see some things that worked and some that didn't."

In addition to pet food, the shop

The shop also includes a "pet wash." They do offer full-service grooming, but if you only need to wash your dog and don't enjoy the mess, they provide everything but



*The best of what you want to keep your cat happy!*

carries all the various items pet owners need, from harnesses and leashes to toys and beds. He keeps up on new items by attending the huge yearly convention in August

the dog! (or cat), Dupraw says. "We have two different shampoos, conditioner, brushes, combs, air dryers or towels, treats for the dog, and aprons so you don't take a bath too!" They

have just initiated a single \$15 price for any size dog.

Full-service grooming is available seven days a week. "We have three fantastic groomers—Anne, Quinn, and Shawnee. Between them we have more than 40 years' experience in grooming! We can groom any dog, and the service includes bath, blow dry, comb out, haircut, nails, ears, teeth and if requested gland expression." Dupraw notes, "The groomers give the dog 100% attention as we groom by appointment. Services can be tailored to the customer's specific needs. Unfortunately we don't groom cats...but you can bring them to the self-serve wash...we have seen a few! Because our groomers are so talented we do book out several



*Dupraw with the first dollar he earned at Holistic Pet*



*Bulk treats in buckets let you pets choose their favorite flavors*

weeks in advance so we encourage customers to book early!" They're also happy to do only a nail trim or other basic services.

Dupraw spends a lot of time in the store—six days a week—but he also depends on his three sales associates, Mary, Shannon, and Taylor. He likes knowing that he's creating a business for his "work family" and for the community. "Each of my employees brings their own skills to the business," he says. "Mary is very good at doing research for customers, for example. It took a while to build this team," he says. "It's great when a customer calls about something and asks to make sure one of them is in that day!"

One of Dupraw's biggest challenges is making sure potential customers know about the shop. During the summer, they regularly had space in the Farmers' Market to pass out samples and coupons. "We don't spend a ton on marketing, and what we do spend we try to keep local. We support the high school and many of the programs



*Floppy toys for your fur kids*

like band and volleyball and cheerleading. We supported Little League this year and we advertise in a few local publications like this one! We are also a proud member of the Cedar Mill Business Association and we sponsor one of the banners that hang on Cornell. We want people to know that we are a partner in the community."

"We always appreciate our customer... we know they have choices and we are always happy when they choose us. With that,

I would tell people who don't shop here that they might be surprised that the cost of superior nutrition is not that far from what they pay at the grocery store or big box store. Come in and let us consult with you on your pet's health," he says.

Holistic Pet is located at 13567 NW Cornell Rd., next to Bandido Taco in the "Safeway" center. Contact them by phone at 503-626-PETS (7387), or on their Facebook page: Better yet, stop by and see what you and your pets have been missing!

## No Ivy League work party

Saturday, January 21, 9-noon, Forest Park at Lower Macleay, 2960 NW Upshur

If you're itching to get out in the woods and do some good this month, the No Ivy League is organizing a work party in Forest Park.

They say, "Drop in for our third Saturday work party and become a steward of our beloved natural area: Forest Park! Volunteers will take a short hike to one of our various sites and work off-trail removing English ivy. This is a DIRTY job so come prepared in grubby, long-sleeved clothing and boots. We'll provide instruction, gloves, tools and snacks. Volunteers will meet at the Lower Macleay field house."

Register on the [SOLV website](http://SOLV website).

Sign up to get  
The News online:  
[cedarmill.org/news](http://cedarmill.org/news)

Traffic, continued from page 1

affects commuters and parents and buses accessing Cedar Mill Elementary, just west on Cornell. Limited traffic stoppages can occur between 7-9 am to set up traffic control, allow trucks to enter or exit the site safely, or to allow cyclists or pedestrians to pass through the work zone safely.

A reader, David Chamberlain, contacted us about lane closures between 7 am and 7:30, so we followed

OSHA writing tickets—as it turns out, the Sheriff's department has kindly been writing the tickets instead).

“As school starts next week, I am hoping it doesn't have a huge impact on our school buses, driving parents, and those of us whose kids walk to school.”

Singelakis responded by sending an inspector to the site on January 3. He reported, “The inspector identified some concerns with the



up with Washington County. Director of Land Use and Transportation, Andrew Singelakis, helped us to understand the situation and further responded to Chamberlain's safety concerns.

On December 30, Chamberlain reported, “This morning and on previous mornings there have been unsafe practices by the traffic control personnel, adjusting cones/lanes while not having traffic stopped, walking across Cornell in the dark while traffic is not stopped, and the latest incident, this morning, where a large moving truck mis-directed itself into the wrong lane and into oncoming traffic (this happened right in front of me). The sign holder then came out into the street and started adjusting cones as the truck reversed towards this person who was turned in opposite direction and in the truck's blind spot. The sign holder at this point was holding the Stop sign up towards me but kept waving/shouting at me to go.

“The thick fog on Cornell in the mornings the past week or so have caused very limited visibility and there aren't any warning signs of a lane shift or traffic control ahead of when you get there (which is what led to the truck incident this morning). As someone who has worked in the construction business for many years, I can tell you that I have seen many practices and procedural gaps in the past months on Cornell Rd. that would've had

traffic control and advance warning signs that he is addressing with the contractor. Our recommendation is for the contractor to wait until daylight to begin shifting travel lanes and/or flagging on Cornell Road. If they begin these activities before sunrise, they will need to provide lighting of the flagging stations at each end of the work zone.” The county will continue to monitor the site periodically and work with the developer's contractor to address concerns.

Singelakis notes, “In the event of any concerns with a project on a County road, we encourage residents to contact our Operations and Maintenance Division at 503-846-ROAD (7623), or [lutops@co.washington.or.us](mailto:lutops@co.washington.or.us) anytime Monday through Friday from 8 to 5. We will be happy to send an inspector out to review any concerns, and residents will likely get a much quicker response that way.”

Once the project is completed, it will include a half-street improvement to Cornell that will provide a sidewalk, planter strip, curb and gutter, storm drainage, street lighting and a bike lane. Access to the Care Center will be via a new driveway along the western margin of the property. For more information on the project, you can download PDF copies of the approval documents: scroll down to Attached Documents on this [page of the Washington County Geographic Information Systems site](#).

## Cedar Mill Library helps Aloha branch join WCCLS

Aloha Community Library, which will hold its grand opening Jan. 7, had the help of the Cedar Mill Community Library in its journey to becoming a member of [Washington County Cooperative Library Services](#) (WCCLS).

Membership allows Aloha library users to access the WCCLS's 1.6 million books, CDs and DVDs. Washington County's 16th full-service public library will serve an anticipated 19,000 residents with books, programs, homework assistance and computer services.

Cedar Mill was named Aloha's mentor library nearly three years ago, when Aloha began achieving the benchmarks required to apply for WCCLS membership. Peter Leonard, Cedar Mill Community Library executive director, assisted Aloha Library's director, Terri Palmer, providing access to his library's staff, including Shannon

Caster, head of circulation, Nancy Spaulding, head of youth services, and Gweyn Rucker, business manager. Other Cedar Mill staff also supported Aloha's efforts to become an integral part of their community, just as Cedar Mill has been for over 40 years.

“Having role models like Peter and his amazing staff is an inspiration for us,” says Palmer. “We look forward to continuing our partnership with Cedar Mill for years to come.”

The public is invited to attend the Grand Opening, on Saturday, January 7, 1 am-2 pm at the Aloha Community Library, 17455 SW Farmington Road, Suite 26A. The event includes a ribbon cutting, tours of the new library, refreshments, and commemorative items. Several prizes donated by fellow WCCLS member libraries will be awarded in a drawing.



## Washington County Museum events

All events at Washington County Museum, 120 E. Main Street, Hillsboro

### Family free day

Saturday, Jan. 14, 10 am to 1 pm. Museum open till 5. Free all day.

The theme for this month's family free day is “International New Year.” The museum has partnered with cultural organizations in Washington County

to share the traditions of celebrating the New Year around the world and to highlight the county's cultural diversity. New Year traditions will be shared through hands-on activities and arts and crafts, as well as presentations. Cultural groups that wish to participate should contact the museum by Jan. 9.

### Educators' happy hour

Thursday, Jan. 26, 4:30-7 pm. Free.

Each year the museum hosts a happy hour for all teachers in

Washington County. Teachers can stroll the museum's gallery space and learn about museum resources available for their classrooms while enjoying food and drink. [RSVPs requested](#)

### Local author series

Saturday, Jan. 21, 11 am. Free.

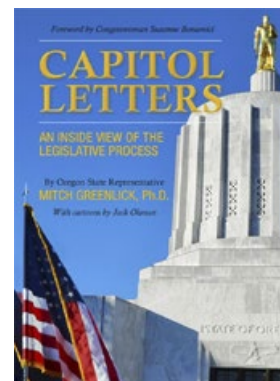
The museum's first local author

for 2017 will be state representative, Mitch Greenlick.

Greenlick's new book, “Capitol Letters,” a compilation of his MitchMessages, letters he writes to constituents on his accounts of Oregon legislative sessions. The book reveals the inner workings of Oregon state government in a way that is

accessible to ordinary citizens.

Greenlick will be available to answer questions regarding legislature details or public health, an area in which he has spent the majority of his career.



*Business News, continued from page 2* services. That brings quite a bit of support through on-going training and exceptional benefits with an economy-proof business line.

For over 60 years Skyline Memorial has been a part of the Cedar Mill community and they know it's best to add to their team from the community they serve. They look forward to your visit on January 7. If you are looking for a compassionate and dignified career please RSVP at 503-292-6611

**Community 'Shred-It' Day at Sunset Credit Union**

Friday, January 13 (from 9 am-4:30 pm) or Monday, January 16th (from 9 am-1 pm), 1100 NW Murray Blvd (across from McDonalds in the Safeway Shopping Center)

If you have old financial statements, bills, etc., that you want to shred, bring them to Sunset Credit Union's 'Shred-It' Day. You can get up to two shopping bags or banker's boxes shredded for free. Simply bring the documents you want shredded to Sunset Credit Union and your important documents will be securely shredded and sent out for recycling. This is a fabulous opportunity to get rid of tax documents (2007 and older), old financial statements and outdated personal records at no cost.

To learn more, send an email to [cuteam@sspfcu.com](mailto:cuteam@sspfcu.com). Please note: Items will be securely stored in the Sunset Credit Union facility until they are shredded on site via a mobile-shredding truck on Monday, January 16th, 2017.

**Focus Board Workshop with Karin Brown**

Saturday January 21, 1-4 pm, Sunset Yoga, 12923 NW Cornell Rd #203

Visualize and actualize your dreams by creating a Focus Board! Some people are very visual in

**Sunset athletes get Title IX improvements**

This fall, work wrapped up on renovations to the locker rooms at Sunset High School, as well as brand new shared team rooms, to bring the facilities into compliance with Title IX. Title IX is a federal civil rights law that prohibits sex discrimination in any educational program receiving federal funding.

Over the summer, crews began renovations to reconfigure locker rooms and add new bathrooms. They gutted both the boys and girls locker rooms, and moved a wall between the two rooms, to make them equal size. New concrete benches,

how they approach their life; thus the creation of a Focus Board can be quite effective in keeping them centered and focused on how they want to live their life.

Creating a focus board is an organic process of looking through books, magazines, and pictures to determine what speaks to your heart. You then choose those phrases, poems, pictures, etc., that represent the life that you would like to live. This method assists you in identifying those values and qualities that you would like to have more of in your life. Once it is completed, it can serve as a daily reminder of the path that you want to take.

Focus Boards also provide inspiration to keep you moving toward your desired goal. You can use a Focus Board for a specific goal, i.e., to become more fit. It can also serve as a more general guide and represent the balance and feel that you would like to have in your day-to-day life.

Just bring a pair of scissors, 5-6 magazines that have pictures and phrases that speak to you, photos, and anything else that you would like to include. Karin will provide the board, the glue and the guidance for this exercise! It's just \$45 per person. Sunset Yoga asks that you preregister online at [sunsetyoga.com](http://sunsetyoga.com) or at the yoga center.

**Tobin Retires, New Owner**

Some of you may have missed the recent changes at Cedar Mill Vision Center. On December 1, 2016, Dr. Terry Tobin, O.D. sold his practice and is now learning how to be retired. Dr. Tobin graduated from the Pacific University College of Optometry in 1981. Shortly after graduating he opened the Vision Center and has been practicing there for the past 35 years. Apparently, some of us are faster learners than others.

Retirement will be a difficult

lockers, piping, tile and showers were installed. "One nice feature of the locker rooms is that we have a locker for every athlete in season. This allows us to secure everyone's person belongings when they are at practice or competing in a contest," says Sunset Athletic Director Pete Lukich.

Just outside the weight room, crews constructed a brand new 3,600 square foot outbuilding housing one large team room, two small team rooms, equipment storage, a conference room and an office. All teams will share the space.

challenge for Dr. Tobin. Clearly there will be plenty of drifting about the seas on his boat ODIN seeking the elusive salmon and tuna to fill his freezer. His greatest challenge however will likely be limiting himself to the standard retired task list of one to do per day. His lovely bride Kathy has suggested it won't be long before she begins renting out his yard and gardening services to get him out of the house.

If you happen to cross paths


with either Terry or Kathy, wish them luck as they plan visits to the beach, tend to their garden, and adventure out on cruises and road trips.

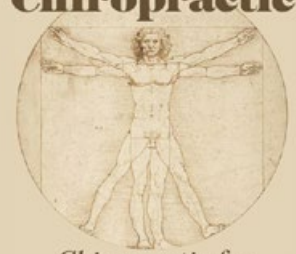
Dr. Bruce Goldman, O.D. is the new owner of Cedar Mill Vision Center. Dr. Goldman will continue the practice in the same location 660 NW Murray Blvd, and can be reached at 503-646-6166. Best wishes Terry. FISH ON!

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Our Career Open House that was scheduled for Jan. 7th is cancelled due to inclement weather. Interested parties should contact Rachel Fox directly at 503-292-6611 to set up an informational interview.

Skyline Memorial Gardens  
4101 NW Skyline Blvd.  
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