



FREE

Cedar Mill News

Volume 15, Issue 2

February 2017



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Massage and Spa at Bethany

By Mary D. Edwards

Walk into Massage and Spa at Bethany and you can't help but notice how relaxing it feels. From the friendly hello from office manager Lorraine Flowers to the big comfy chairs and calming colors, the place oozes relaxation—and that's before anyone has started kneading those tight muscles.

Enter one of the similarly appointed private rooms and you will see that owner Jennifer Oulds, who is Lorraine's sister-in-law, is realizing her own dream of bringing personalized massage and spa treatments

to help her clients in Bethany and Cedar Mill unwind and refresh.

Massage and Spa at Bethany offers massages ranging from 30 to 120 minutes that can be personalized to whatever a client needs, therapeutic or relaxation, more here, less there; as well as hot stone and aromatherapy.

Spa services include French

massage. Massage and spa packages are available to help you save money and get into the habit of tending to yourself.

Jennifer goes beyond the typical



massage and spa services to provide clients with what she calls "self-care classes" to help clients feel just that much better. These include aromatherapy, meditation and MELT, a technique that hydrates the fascia or connective tissue, to help clients feel the benefits of a massage longer.

The daughter of a nurse, Jennifer didn't consider a health care career at first, but was looking for a change a few years ago when she moved from Ponca City, Oklahoma, to Seattle to live with her mother and attend Everest College's massage program. A former office worker, she was looking for work that would be more fulfilling. "I wanted feel good at the end of the day," she said. "I wanted more than just a job." She graduated in 2009 and practiced in Bothell, Washington, for four years.

In 2012 she moved with her two children to Bethany to be closer to Lorraine and her family. She put her skills to work at Bethany Massage. Then, when the chiropractor-owner de

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What are the Beaverton School District and Washington County doing to prevent school overcrowding?

Mon., Feb. 13, 7 pm, Terra Linda School cafeteria, 1998 NW 143rd Ave.

A joint meeting for residents of CPO 1 & 7 (from Cedar Hills to Bethany) will be held to address this important question. The meeting is free and open to the public.

Rapid recent growth of residential development in the area—including North Bethany and Bonny Slope West—has left many schools overcrowded. Students are experiencing short and early lunchtimes, abbreviated recess, classes carried on in hallways and other non-classroom spaces, and large class sizes.

Before a new development is approved in Washington County, letters are sent to the various Service Districts determining if they'll be

able to serve the new users. For over a year, Beaverton School District (BSD) has been declining to mark either the "yes" or "no" box on these Service Provider Letters (SPLs). They attach letters explaining the overcrowding.

For example, in a December 2015 letter to the county, Deputy Superintendent Ron Porterfield wrote, "The district anticipates that as a result of the completed school construction and reconstruction projects and attendance boundary adjustments, sufficient capacity will be available to serve the elementary and high school population generated by the proposed [Arbor at Bonny Slope West] residential development beginning in Fall 2017. Sufficient

Continued on page 5



Beetle eradication update

Destructive Japanese beetles have been [discovered in Cedar Mill and Bethany](#), and the Oregon Department of Agriculture (ODA) is planning an aggressive campaign to eradicate them before they can spread.

Clint Burfitt, Program Manager with the Insect Pest Prevention and Management Program has these suggestions for those interested in learning more about the plan:

Invite ODA to your HOA meeting or other community meeting. Email japanesebeetle@oda.state.or.us or call 1-800-525-0137 to schedule a meeting.

Let us know who your landscape maintenance company is by emailing japanesebeetle@oda.state.or.us. We will be working with area landscapers to ensure the Japanese

beetle isn't spread to other areas through green waste.

Share our [website information](#) with your neighbors.

People in the affected area will receive a postcard with a PIN number that will allow them access to an online form to provide communication information. If you receive a postcard, ODA encourages you to sign up. The website is www.japanesebeetlepx.info

Attend / invite neighbors to the open houses:

- Mar. 4, 9:30 am-12:30 pm, Leedy Grange Hall, 835 NW Saltzman
- Mar. 6, 5:15-7:15 pm, Cedar Mill Library, 12505 NW Cornell

Share information about the project on your social media sites, (Facebook, NextDoor, etc.)



Rooms are ready for their special Couples Massage for a relaxing way to celebrate with your honey!

facials performed by estheticians trained to use the [Yon-Ka skin-care line](#): waxing, glycolic peel and microdermabrasion, hand/foot treatments and peppermint scalp

Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Shoe repair shop to close

Cedar Mill's shoe repair shop, Cornell Cobbler, will be closing its doors this month. Owner Mark Ivens, who bought the business from long-time owner Clarence Buehrle in 2011, plans to close the shop by mid-February. There is a possibility, Ivens said, that a shoe repairman looking to relocate outside of downtown Portland will take over the space. Customers are advised to pick up any shoes that have been left for repair as quickly as possible.

Classes at The Wine Cellar

All events held at the Wine Cellar, 525 NW Saltzman Road. For more information on any events, call 503-643-5655.

Classes

February 4: 6-7:30 pm

Cooking Class: appetizer, entrée and dessert from Ina Garten, \$85 per couple. Includes a bottle of wine and lots of interactive fun. Two people per reservation.

February 11: 5-6:30 pm

Ports in Portland, \$25 per person

March 4: 6-7:30 pm

High End Wine Tasting with light appetizers, \$45 per person

March 11: 6-7:30 pm

Cooking Class, gluten-free—you won't even notice! \$85 per couple

Tastings at The Wine Cellar

Fridays from 5-8 pm and Saturdays from 12-5 pm.

Tastings are \$10 per guest or free with a to-go purchase bottle of wine. The kitchen is open Fridays from 5-8 pm for charcuteries, fondue, salad, and melt-style sandwiches.

February 3: Guess who's back? Garret with Owen Roe—you can't get enough of this guy!

February 10: Tim with Petit Monde (glorious French Importer with exceptional pricing).

February 17: Jackalope Wines, another micro winery that will blow your socks off- Grenache & cab franc!

February 24: Washington wines, Winery TBD

March 3: Italy! Nicola will be there from Italy to pour Corsini wines. Corsini is The Cellar's single best-selling Italian producer in the shop. Such a treat!

**Knife Sharpening Event
February 9 and 10**

50% of all proceeds going to OFOSA Pet Shelter! There are two ways to do it, the first is to drop your knives off Thursday, Feb. 9 and pick them up Saturday Feb. 11, or bring your knives Friday between 4-8 pm and Jon from Edgemaster will sharpen them while you enjoy some wine. The cost is \$6 per kitchen knife or hand-held garden tool and \$5 for small paring knives. Drop your knives on Thursday and pick up on Saturday and receive 10% off! The Wine Cellar will make no money off of this; they are coordinating with a talented small business owner to help raise money for OFOSA!

Winter storm takes a toll on libraries

Last month's snowfall and subsequent closures disrupted not only the patronage, but also the fundraising efforts of Cedar Mill and Bethany libraries. When the library closes, Second Edition Resale is also closed. So, no sales means no Second Edition profits for the library.

But the positive side is that because the roads were so slippery, library patrons were housebound, and many of them did some deep cleaning of their closets, and when the roads cleared, Second Edition was happily deluged with wonderful donations. Fingers are crossed that severe winter storms are behind us, and that Second Edition and both Cedar Mill Community Libraries can stay up and running! Be sure to shop Second Edition first when you need clothing for your family, household items, toys, and more!

Pet Barn

Saturdays, Feb 4 and Feb 25, The Pet Barn, 12675A NW Cornell Rd.

Pet Barn will have [K9 Dental](#) in the store for non-anesthesia dental cleanings. The local woman, Betsy, has been providing dentals for almost 20 years. She has a way of



calming the pets down, and holding them gently while she inspects the teeth and scrapes off plaque and tartar.

Dentals range from \$135-\$185 for the initial cleaning, and \$80 for repeat clients. Cleaning usually only takes 10-15 minutes, and both cats and dogs are welcome. Pet Barn is currently scheduling appointments for both days, and requesting a \$40 cash or check deposit. Slots usually fill up fast, so customers are urged to come into the store to schedule as early as they are able.

They have already had her in the store for dental cleanings twice now—back in November, and just last weekend.

New Heights at Foot Traffic

Saturday, February 11, 10 am-4 pm, 13306 NW Cornell Rd.

New Heights will be at the Annual Foot Traffic Event Expo! Sign-up and get discounts on all your races for the year and visit the New Heights booth for advice on keeping injury-free, win a free running evaluation and ask a PT any questions related to pain and injury!

Aromatherapy Workshop

Wed., February 8, 6:30-8 pm, Massage & Spa at Bethany, 15280 NW Central Dr. Suite 102

Got Stress? Aromatherapy for daily relaxation is Massage & Spa's most popular essential oils workshop.

Nature's bounty of essential oils, carefully distilled and extracted from plants, provides us with everything we need for good health. When we use pure essential oils, they capture the concentrated value of "plant medicine"—the ancient wisdom of plants that support health and vitality. Did you know that smelling grapefruit could help curb your appetite? That peppermint can suppress cravings? Lemons provide antioxidants and can improve both metabolism and digestion. Certain plants can support healthy blood sugar; many plants are naturally good for killing germs. Try the essential oils made from these plants and see how effective they are. Pure lavender essential oil is great for skin, but its scent is also relaxing. Try lavender at bedtime, without fear of addiction!

Join them as they demonstrate the use of many single oils and essential oil blends from the Premier Starter Essential Oils Kit from Young Living.

*Note - please avoid wearing any perfumes or scented products. Your experience with pure, natural essential oils is all you need.

[Buy your FREE ticket online.](#)

Village Gallery News

February Featured Artist - Elizabeth Higgins

Reception: Sunday, February 12, 2-4 pm

For the February show, Elizabeth Higgins created many watercolor abstract paintings which she cut up into smaller pieces, rearranged, and glued down to create new paintings. This fun process was like working a puzzle. See more of her work on her website at watercolorwheel.com.

New Classes Offered This February:

For complete details on all classes please visit villagegallery-arts.org

Kristi Roberts - 2017 Youth Art Classes
Mondays or Wednesdays, 3:45-4:45 pm for ages 7-11; Mondays 5-6 pm for ages 11-16

Class units include drawing, watercolor, acrylic, pastels, clay and
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Terra Nova School holds open house

Wed., Feb. 8, 6:30-7:30 pm, 10351 NW Thompson Rd.

The students and staff of the Terra Nova Science and Sustainability partial day options program invite you to our annual Open House. Terra Nova offers Applied Chemistry, Field Biology, and Sustainable Foods classes.

Current freshmen, sophomores, and juniors from the five (soon to be six) comprehensive high schools may choose to attend Terra Nova for our morning or afternoon sessions every other day. Students are selected to attend Terra Nova by lottery and by counselor referral. Students are entered into the lottery by forecasting for Applied Chemistry or Field Biology at their home high schools.

Terra Nova is an excellent option for students who... • Prefer hands-on learning • Have innate curiosity • Like to design and build • Are ready to direct their learning • Can commit to regular attendance • Aren't afraid of a little dirt!

To learn more about Terra Nova, visit [their website](#).

Eat Smart film series: 'Brookford Almanac'

Saturday, Feb. 18, 7 pm, Leedy Grange Hall, 835 NW Saltzman.

Luke and Catarina Mahoney are young, first-generation farmers living their dream of running a biologically diverse farm and organic dairy in New Hampshire. As with many first-generation farmers, they lease their land as they work to build a successful business. Hardship strikes when they learn the lease on their farm will not be renewed and they are forced to look for new land in a new community. "Brookford Almanac" is a cinema vérité documentary that follows a year in the Mahoney's lives as they tirelessly work the land, raise their family, and pursue their dreams of farming.

Film is free, but consider bringing a donation of money or protein bars for Homeplate Youth Services in Beaverton which helps homeless youth in Washington County.

Also, consider bringing garden seeds to swap. Have a whole packet of tomato seeds, but only need one or two? Here's a chance to share your seeds with others and collect some choice seeds for vegetables and flower varieties that may be new to you.

Restore the natural areas of Lost Park

Sun., Feb. 19, 1-4 pm

Join forces with the National Honor Society of the Arts & Communication Magnet Academy and Tualatin Hills Park & Recreation District to remove invasive trees from the forested portions of Lost Park. Please bring a re-usable water bottle to drink from throughout the project. Tools, snacks and a water cooler will be provided.

Volunteers should meet at the trailhead located at the end of NW 111th Avenue, just south of Rainmont Road. Lost Park is located about one block east of the intersection of NW 113th Avenue and Lost Park Drive. Please park along neighborhood streets. If you have questions, contact Melissa Marcum at mmarcum@thprd.org or 503/619-3941.

[Register online at this website](#). If you can't make this session, another is planned for March 11, 9 am-noon. The same registration link works for both events.

Sunday brunch at Skyline Grange

Sunday, Feb. 26, 9:30-11:30 am, Skyline Grange, 11275 NW Skyline Blvd.

Build community over Sunday brunch at the Skyline Grange. The menu includes made-from-scratch pancakes, French toast, savory stratas, fresh, warm breakfast breads, fresh fruit and beverages. Suggested donation is \$7 per adult or \$15 for the family. We cook; you enjoy.

Civil War dentistry: the ins and outs

Tuesday, Feb. 7, 7 pm, Elsie Stuhr Senior Center, 5550 SW Hall Blvd., Beaverton. Free, presented by the Beaverton Historical Society. Donations accepted.

Peter Vrooman, a Civil War reenactor for over 20 years, will portray Confederate dentist Dr. James Baxter Bean using period tools and techniques from the first military dental department in U.S. military history. Vrooman has studied both Union and Confederate units, along with medicine and dentistry of the American Civil War period. He has also studied the customs and lives of the people of the time. He does 10-12 school presentations per year in area schools and other groups and is the educational chairman of the Northwest Civil War Counsel.

Washington County Forum

Speakers for the February meetings of the Washington County Forum are the following:

Feb. 6: Maureen Fisher, CEO, Project SOLVE. Fisher will present an in-depth look the Project SOLVE, a state-wide non-profit organization that works to keep Oregon clean and green.

Feb. 13: Serena Cruz, executive director, Virginia Garcia Foundation, will speak on the mission and role of the non-profit health clinics.

Feb. 20: Neal McFarlane, general manager, TriMet, will speak on mass transit in Washington County.

Feb. 27: Stan Houseman will speak on emergency preparedness and what to have in the event of a disaster.

The forum meets over lunch every Monday, September through June, (except holidays) at the Peppermill Restaurant in Aloha, 17455 SW Farmington Road. There is no charge for admission. Doors open at 11:30 am and the speakers start at noon. Lunch is available to order from the menu.

Following the speaker, there will be an opportunity to ask questions. Asking questions of our speakers is a privilege of forum membership.

To join the forum, visit www.washingtoncountyforum.org/membership/

For more information visit www.washingtoncountyforum.org

If you can't make it to the Forum, [like us on Facebook](#), and when we are able to go live, you'll get a notice and can tune in so easily. You can also go to our FB page and view our live recordings after the meeting. It's the next best thing to being there!

Sunset High Band Concert, fundraiser

Wed., Feb. 15, 7 pm, Sunset High School auditorium

The concert will include the jazz band, the symphonic band, and the wind ensemble. Come enjoy the talents of our students!

Raising funds for Sunset High Marching Band

Wed., Feb. 8, 4:30-6:30 pm, parking lot outside Godfather's Pizza in Peterkort (11140 SW Barnes Rd)

Sunset High School Marching Band and Auxiliary will be having a can & bottle drive. Please drop off clean returnable cans & bottles to help support our musical kids.

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An ice rink for THPRD?

For a little over a year, top level administrators with the Tualatin Hills Park & Recreation District (THPRD) have been in confidential negotiations with the Portland Winterhawks hockey team over the Winterhawks proposal to create a new ice facility on the grounds of the Howard M. Terpenning Recreation Complex (HMT) at 158th and Walker Rd. in Beaverton.

The ice rink would include two "sheets" of competition quality ice. It is proposed to be located in the northwest corner of the complex, approximately where the skate park is now located. The Winterhawks would lease the land from THPRD, and the facility would be built with a "substantial private donation" from an as-yet undisclosed source.

The [THPRD Comprehensive Plan](#), updated in 2013, suggests exploring public-private partnerships and revenue enhancements for the district. One section of the updated plan suggests several types of "Enterprise Facilities or Additional Amenities"

although an ice rink is not specifically mentioned. The THPRD Board of Directors has been



informed throughout the negotiation process, and in January they

voted to authorize development of a contract with the Winterhawks.

It is expected that the ice facility, through Winterhawks lease payments and revenue from public use of the facility, would pay back the district for its investment. The team plays its home games at the MODA Center in Portland, but it's too expensive for them to practice there. They will mostly be practicing during daytime hours. The rink will be available for public use when the team isn't there, including daily open skate time and learning programs. It may be able to host other types of ice events, including figure-skating and curling. The Winterhawks will pay operational costs of the facility.

THPRD will still own the property, as it does with the Timbers soccer team practice facility near Allen Bl., behind the THPRD Fanno Creek Service Center. That has been a successful partnership, providing top-quality soccer facilities during times that the Timbers aren't using it.

The district held meetings late last year with members of the skate community, who use the popular skateboard park. They were happy to find out that the district was

committed to relocating and rebuilding the skate park and working with

the skate community to design improved facilities. The inline rink adjacent to the skate park gets very little use and will not be replaced.

If negotiations are successfully completed this spring, design and permitting will begin with an expected start for construction in two or three years.

One of the "sheets" of ice will provide seating for 1500 spectators. Additional parking is planned for the project, and the district also has a sharing agreement with the business parks nearby: they can park in the THPRD lot during weekdays, and THPRD patrons can park in the business lots on weekends and evenings.



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CPO meeting, continued from page 1 capacity to serve the middle school population...will be available in Fall 2020." Although sufficient middle school capacity wasn't expected to be available until 2020, this development application was approved. See the [November Cedar Mill News](#) for more information.

Newly appointed BSD Administrator for Long Range Planning Steven Sparks will join Melissa DeLyser, Communications Coordinator, Washington County Department of Land Use & Transportation in a panel discussion that will be moderated by Mike Dahlstrom, Washington County Community Engagement Program Manager. Attendees will receive handouts with background information, which will also be distributed electronically to CPO members via email prior to the meeting. To sign up as a member of your CPO, visit the [County Administration Office website](#).

The panel discussion will be followed by ample time for audience questions, beginning at 8:15.

Topics include: [School Construction Excise Taxes](#) (CET): what they are and what they pay for.

State laws that allow for a residential development to be denied based upon lack of school capacity ([SB 336-ORS 195.110](#)).

The 2010 BSD Facility Plan, written during the recession when residential growth was slow.

[Critical vs. Essential Service](#): State law says that schools are essential, not critical. What effect does that have, and should that be changed?

see Section 501-7, Levels of Public Facilities and Services.

Service Provider Letters: Why does BSD decline to "check a box," and how is the county responding?

Looking forward

Cooperative Agreement between BSD and Washington County;

State Joint Interim Task Force on Class Sizes;

A possible new round of BSD bonds;

and the BSD Futures Study that was originally scheduled to be released last month.

These are complicated issues.



Photo: TIMES PHOTO: JAIME VALDEZ - Eighth-grade students at Stoller Middle School eat lunch in a packed cafeteria.

CPO1 and CPO7 hope to offer an opportunity for the community to come together, learn about, and discuss these issues in a comfortable forum, as well as giving the responsible agencies a chance to hear the concerns of our neighbors. They are trying to bring the public to the table in the ongoing exploration of how to solve the problem that affects everyone in the area, whether you have

school-age children or not.

Get involved! Join a Washington County Board or Commission

Boards, committees and commissions advise the Board of Commissioners on matters of interest to people who live and work in Washington County. Committees themselves do not pass ordinances to establish policy; their purpose is to study issues and make recommendations. Commission members are volunteers appointed by the County Board of Commissioners. In many cases, members must be residents of Washington County.

Serving on an appointed board or commission is a great way for Washington County residents to

participate in decisions that affect them and to learn more about how local government works.

Full descriptions of these board positions are available in the [web version of the News](#).

Budget Committee—1 position available now

Civil Service Commission—2 positions available after 05/31/2017.

Housing Advisory Committee—1 position available after 05/31/2017

Northwest Area Commission on Transportation—1 position available now for Citizen at Large



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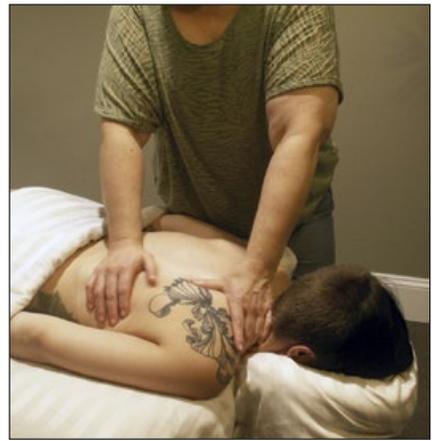


Massage, continued from page 1
 cided to sell that part of his business in 2014, Jennifer turned to Lorraine and suggested they buy it, renaming it Massage and Spa at Bethany.

Jennifer seems to have found her niche. She has a thriving business—many clients are word-of-mouth referrals from the area as well as Beaverton and Hillsboro. She also gets the word out with a combination of traditional advertising and social media, racking up good reviews in Yelp, for instance, and announcing classes and specials on their Facebook page.

In her free time, she has embraced the natural beauty of Oregon, hiking the Columbia River Gorge waterfalls and compiling a wish list of natural wonders nearby like Tunnel Falls and faraway, such as Yellowstone National Park to explore with her family.

Their clients are like family, too. “Our culture here is very family-oriented,” Jennifer said. Lorraine



agreed, adding that hugs are generously given.

Massage and Spa at Bethany is located at 15280 NW Central Dr, Ste 102, in the Bethany Town Center. Call them at 503-533-5614;



The spacious foyer is also used for classes

email them at massageandspa-bethany@gmail.com, and [visit their website](#) and [Facebook pages](#) for details about their services, fees, and more.

County leaders adopt bike lane design policy

Bicycle lanes on county roads got a boost from the Washington County Board of Commissioners, which adopted a policy for the design of bicycle facilities for county-funded road improvement projects.

“This action solidifies the Board’s support for separated, or protected, bicycle facilities on major County roads, when appropriate,” said Commissioner Dick Schouten, District 1. “The board has long recognized the need to not only provide access to bicyclists, but to make sure that access is safe and equitable.”

The policy includes criteria for staff to consider when evaluating options for bicycle facilities, said Andrew Singelakis, director, Washington County Department of Land Use & Transportation.

“This reinforces our policy of preparing and presenting bicycle

facility alternative analyses to the board when our capital projects are at the 30 percent design stage,” said Singelakis.

Using Gain Share funds, Washington County completes bicycle and pedestrian improvement projects on roadways where such facilities are lacking. In FY 2015-16 the board committed Gain Share dollars totaling \$2 million per year for 10 years to fund projects identified in the School Access Improvement Study (SAIS), which evaluated access to 53 public schools, including access by walking and bicycling.

“Bicycling and other forms of active transportation promotes healthy lifestyles, reduces traffic congestion and improves our quality of life,” Schouten said. “As a board, we are committed to doing everything we can to support this by making sure our roadways are safe for all modes of transportation.”

Snow and ice strike hard

By Virginia Bruce

From the beginning of December, Cedar Mill was hit by a series of snow and ice storms. Aside from the impacts on families from weeks of school closures, on landscapes and buildings from falling trees and branches, businesses were impacted, and service providers struggled to serve their customers.

Roads

In addition to immediate impacts that our weather has had on driving conditions, the cycle of wet and freezing weather has created a plethora of potholes. As the roads freeze and then warm up, road surfaces expand and contract. Water gets into cracks, and when it freezes, it expands. In addition, snow tires and chains, especially on larger heavier vehicles, cause additional road damage.

We asked Dave Schamp, Washington County's Road Operations and Maintenance Manager, about the ongoing impact that our wintry blast would have on the county roads.

Many potholes have appeared on our roads. What is the county's plan to start repairing them? Is it going to be hard to find resources? What will be the impact on the budget and other plans?

We are working to repair all roads as quickly as we can—that's always our plan, particularly after a weather event. It is always challenging to manage resources when we have weather events of this magnitude. We are prioritizing based on location and degree of hazard. We

weekends in a row through the holidays.



The county's sand storage facility was full on December 1!

Going into this winter we had at least four sets of tire chains (each set is three pair) for each large truck, that's 72 pairs of chains. Each pair costs an average of \$200. During the latest storm we acquired an additional 10 pairs so that equates to over \$16,000 in chains for the large sand/plow trucks. Chains are rebuilt as they break—during the latest series of storms we repaired over 100 individual chains using over \$3,000 in parts.

Some of that road repair can't be done in continued cold weather, right?

That is correct. Paving work requires dry warm weather in order to get a quality product. In some instances we will make emergency repairs anticipating that it will be a throw-away, and we'll need to come back and make long-term repairs when conditions improve.

Is there an effort to sweep up the gravel? If so, is there a schedule for that?

We've had street sweepers out on the roads since the last major storm, as is our usual practice. Until recently the County did not have its own vacuum sweeper available and we relied on contracted services, Clean Water Services

(CWS) and the cities to handle the sweeping. About five years ago CWS gave us a sweeper that they had surplused and we have managed to pamper it along and keep it serviceable. It is scheduled for

replacement next fiscal year. In addition we have another sweeper in this year's budget, so service should improve going forward.

We do run our sweeper during both our day (8 hrs.) and night (10 hrs.) shifts so it's out there as much as possible. We also coordinate with the other agencies to get the work done as quickly and efficiently as possible.

Anything else we should know?

Our current estimate of overtime and added equipment cost responding just to the January 11th storm (Jan 11th – Jan 16th) is right at \$250,000. That number does not include materials or clean-up and will likely go up as our cost accounting system catches up.

I'm happy to report that we did not have any major mechanical failures, no County operator-caused accidents, and the only injuries were caused by a citizen running into one of our plows. The injured employee is back on the job with no limitations.

Garbage collection

Walker Garbage, which services most of our area, kept its trucks in the garage during the worst of the snowy and icy weather. It took several weeks for them to catch up with collections to some of our hard-hit steep and curvy roads, but they are caught up now. They were able to pick up extra garbage for locations that weren't serviced on their regular days. Fortunately, frozen garbage doesn't stink!

Mail and package delivery

Many residents reported several days with no postal delivery. Areas hardest hit were those in our hilly neighborhoods like Forest Heights and parts of Bonny Slope. Delayed UPS and FedEx packages were a common complaint on NextDoor.

Beaverton School District to make up snow days

The Beaverton School District has announced a plan to make up classroom time lost to the nine snow days that forced schools to close. After listening to suggestions from students, staff, parents and the community, the district will be restoring six school days and extending the first semester one week.

The first semester will end Feb. 10 instead of Feb. 3.

Additionally, report cards will be sent home later than normal and elementary and middle schools will not provide parent-teacher conference times. High school students will have full days during finals weeks, as these days will be student contact days for the remainder of the school year.

The district pointed out that since winter isn't over, it's possible there will be more school closure days due to weather. If there are more than two additional closure days, it will re-evaluate available options.

Stores and restaurants

Bales' manager Tom Evans noted that his business was alternately slammed and empty: people would pack the store when a storm was imminent, and then during the weather event, it was hard for employees to make it in, so he and other manager filled in at the checkout.

Grand Central Bakery managed to stay open throughout the worst weather, providing welcome warmth and comfort along with their baked goods and beverages. Many shops and restaurants closed early to avoid trapping employees without snow-ready vehicles.

Bottle, can redemption jumping to 10 cents

Starting April 1, containers for beer, malt beverage, carbonated soft drinks and bottled water—three-liter or smaller—will be redeemed for 10 cents per container (up from five cents).

Containers can be redeemed at participating grocery stores and at the Tigard Redemption Center, 14411 SW Pacific Hwy, Tigard, OR 97224. To locate other redemption centers in the Metro Area, visit the [Bottle Drop website](#).

Sponsor a local Little League

Cedar Mill Little League, which offers baseball to more than 600 area boys and girls, is seeking sponsors for the upcoming season. Starting at \$100, businesses can sponsor a player and family and help offset the costs of the league operations such as: equipment, field fees, uniforms, storage, and insurance. The all-volunteer non-profit organization has other sponsorship opportunities as well as schedules and signups at:

www.cmlionline.org



still have over 30 locations that need clean-up from the December wind and ice events. Keep in mind that we have had five significant weather events since early December and had folks who worked four

Gardens looking haggard after snowfall? First, don't panic!

By Mary D. Edwards

Our record snowfall of Jan. 10-11, while beautiful, created a weighty problem for garden plants and trees. Most of us probably had at least a few bent or broken trees and shrubs. But while it's natural to want to take stock and cut back damaged plants, Zoe Blatter of Cornell Farm cautions restraint. It's much too early to tell what will survive and what won't.

"Some plants that look terrible now will begin to flush back out and

fully recover in the spring, while others that still look ok now could have damage that won't be apparent for weeks or months," he said.

So, what should we do now? Cut back any broken branches to prevent further damage and reduce the risk of disease or insect infestation. If unbroken branches look dead, wait until they start to push new growth in late spring before you prune; they could just be faking it!

Bent, but not broken shrubs may treat their owners to a happy surprise by popping back up like Margie Lachman's camellias and bamboo did. Lachman, gardening columnist for the Cedar Mill News, suggested using wide cloth strips or plant ties to gradually coax evergreens such as arborvitae, yews, and junipers, back to their upright stance. "Pull them up only two or three inches at a time," she said. "It should be done gradually."

Evergreen trees and shrubs that bore the weight of the snow and the week's sub-freezing temps had a particularly tough time. But even if the leaves look burned, battered, or hopeless, leave them in place for now. They'll be an eyesore, but will continue to function for the plant until it replaces them in the spring.

If we get more snow—it's still winter after all—get out there and gently brush or shake snow from shrubs, but ice should be left to melt when the weather warms said Lachman. "I have to admit that a few years ago, I saw my camellias covered with ice and panicked. Not wanting to lose my flowers I went



down the row and shook each limb until the ice fell to the ground. Luckily nothing happened to my flowers or leaves despite advice to the contrary."

Below ground, both garden experts recommend leaving well-enough alone. Perennials that look mushy likely have healthy roots. Allow them to rest undisturbed till spring when it will become apparent what's still alive—or not.

And take heart; though the snowfall was much more than normal and seemed to last forever, it really came at the best possible time



Cornell Farm says these melted-looking perennials will likely bounce back in the spring, because their roots are healthy

for our landscapes. "This deep into winter, we had already experienced enough cold to send most plants into dormancy, which makes them much less vulnerable to weather extremes," said Blatter.

Cedar Mill Garden Club
Wed., Feb. 15, 10 am, Beaverton Activity Center (formerly Beaverton Resource Center) on Allen and Hall, Beaverton, OR.

The speaker will be Vicki Miller of the Oregon Food Bank. Some of our members have community plots that they have used to grow food for donation to charities. Please bring canned food to donate.

Park district plans to name athletic field for community leader

The Tualatin Park and Recreation District is proposing to name the athletic field at the redeveloped Cedar Hills Park for Bruce Dalrymple, a member of the park district board, Beaverton City Council, and Washington County Planning Commission. Dalrymple died in 2010 at age 58.

THPRD staff considered various ideas to honor Dalrymple in perpetuity. They decided to name the new field the Bruce S. Dalrymple Athletic Field. His service to the park district started as a baseball coach in the 1980s. He also volunteered his time for the THPRD Budget Committee and Tualatin Hills Park Foundation Board of Trustees. As a park district board member from 1997 to 2006, he championed the use of synthetic turf on athletic fields and helped implement the district's 1994 bond measure that resulted in the first skate park, the Tualatin Hills Athletic Center, and Conestoga Recreation & Aquatic Center, among others. He was also a proponent of the 32-acre sports complex at PCC Rock Creek.

The district will gather input before a final decision is made on the name of the new field. If the matter goes to the board and is approved, the field will be named for Dalrymple once it is built (expected completion: fall 2018). If you have any questions, please contact Keith Watson, superintendent of Sports, at 503-466-3982 or kwatson@thprd.org.

Stories of African-American trials, triumphs to mark Black History month

Saturday, Feb. 11, 2-3 pm, Beaverton City Library, 12375 SW Fifth St.

Beaverton City Library will host "Who I Am—Celebrating Me: A Black History Retrospective," a production by local playwright Shalanda Sims about the hardships and triumphs of unsung African-American heroes. The production will employ song, dance, imagery and spoken word, performed by local youths and adult artists. The performance will be followed by a conversation with the actors and the playwright. Sims is a member of the American Guild of Musical Artists and the Actors' Equity Association.

This program is open to the

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public; no registration is required. For more information, visit www.BeavertonLibrary.org or call 503-644-2197.

Local Blood Drives

The American Red Cross is urging the public to give blood now to help overcome a severe winter blood shortage, which is being compounded by ongoing winter weather. Blood donations are currently being distributed to hospitals faster than they are coming in.

Blood drives are scheduled for Saturday, Feb. 4, 10 am to 3 pm at Market of Choice, 250 NW Lost Springs Terrace in Timberland; and Mondays, Feb. 6, 13 and 20, 1:30-7 pm at Sunset Presbyterian Church, 14986 NW Cornell Road.

For more information and to find other blood drives, visit redcrossblood.org

Decluttering workshop among Viva Village February events

Viva Village is dedicated to enabling older adults in the Beaverton area to remain in their homes and communities through a variety of trained volunteer and paid support services and activities. Following are activities and classes for February:

Taking control of your life
Sat., Feb. 11, 10:30-noon, Cedar Mill Bible Church, 12208 NW Cornell Rd.

Having trouble keeping track of all your stuff? Want to simplify your life and have more time for the things you really want to do? Learn how to organize and simplify your possessions and time.

Join Viva Village members and volunteers for a free, interactive workshop with Beth Giles, professional organizer and move manager, as she shows how to declutter and bring order back to our lives. RSVP to VivaVillageEvents@gmail.com or 503-746-5082.

All are welcome to participate in these other Viva Village February Events.

Monthly nature walk: Saturday, Feb. 4, 10-11 am. Kaiser Woods Park-Rock Creek Trail. Meet at 10 am at Rock Creek Trail access, 15092 Two Ponds Dr., Portland 97229. For more information see vivavillage.org. Click on Calendar or call 503-841-2358.

Dine Around Beaverton & Beyond: Wednesday, Feb. 8, 12:30 pm. China Delight, 8975 Beaverton-Hillsdale Hwy, Portland 97225. Please RSVP: Frieda, f.pardo58@gmail.com or call 510-693-2955.

Village 101: Thursday, Feb. 9, 7-8:30 pm. Presentation: Information for prospective members and/or volunteers. Private home in Vista Hills neighborhood (near Highways 217 and 26). RSVP: VivaVillage101@gmail.com or 503-746-5082.

Monthly Thursday Night Social: Thursday, Feb. 16, 6-8 pm. Thai Apsara Restaurant, 11793 SW Beaverton-Hillsdale Hwy (on Trader Joe's side of Beaverton Town Square). RSVP: VivaVillageSocial@gmail.com or 503-746-5082.

Men's Coffee Break: Tuesday, Feb. 28, 9:30-10:30 am. Java Lounge, Cedar Mill (Corner of NW Cornell and Dale Ave.). Information: contact Ross Miller, 503-713-3563.

Washington County Museum family day, gala set

Free family day

Sat., Feb. 11, 10 am-1 pm, 120 E. Main St., Hillsboro. Free.

Join the Washington County Museum as we celebrate the New Year by learning how different cultures throughout the region mark their celebrations. Participate in hands-on activities, crafts, and games and interact with members from the Ukrainian-American Cultural Association, Centro Cultural, Pacific University French Club, and the Hope Chinese Charter School.

Heritage Gala
Sat., Feb. 18, NW Events Center in Hillsboro.

History fans are invited to the annual Heritage Gala dinner and awards ceremony. Washington County Museum's highest honor, The Heart of Washington County Award, will be awarded to A. Jane "Bobsy" Graham. Bobsy has been a patron of the museum for many years, and a major supporter of cultural activities throughout the region.

Doors open at 5:30 pm, with a cash bar reception that includes a silent auction and square dancing called by Janienne Alexander of the Tualatin Timber Squares. The main events of the evening include dinner catered by Reser's Fine Food, dessert courtesy of Beaverton Bakery, live country-western music by The SlimJims and entertainment by Bag & Baggage Theater thespians. Miss Oregon 2016, Alexis Mather, will continue the tradition by serving as master of ceremonies.

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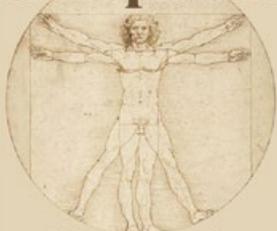
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Business News, continued from page 2
mixed media. Each lesson teaches
fine art concepts and techniques.
A variety of subjects are explored
including landscapes, people, faces,
animals, cartooning and perspective.

Liz Walker: Suminagashi Paper
Marbling Workshop
Friday February 3, 10 am-3 pm

Explore this fascinating Japanese
paper marbling technique using
water-based sumi inks floated on
plain tap water. Suminagashi liter-
ally means spilled inks. Quick and
easy, each marbled paper is one of
a kind.

Chris Keylock-Williams: Being
Creative...Don't Paint The Photo
Tuesdays, February 7, 21, 28 and
March 7, 14, 10 am-4 pm

Art should be about finding your
creative side, the magic and joy of
watercolor and having fun with
the process. This set of classes may
take a common subject and surprise
both you and the viewer into seeing
things a different way.

Annie Salness: Value, Composi-
tion and Color

Morning classes: Thursdays,
February 23, and March 2, 9, 16,
10 am-1 pm; or Evening classes:
Thursdays, April 6, 13, 20, 27, 6
pm-9 pm

Value is so important to paint-
ing! Join Annie as she explores
value through composition and
color. Class time includes demon-
strations, exercises, individual
attention, and homework.

Touchmark classes

Thursdays, 11:30 am, Touchmark
Information Center, 5150 SW Griffith
Drive, Beaverton

Touchmark is bringing active-
adult retirement living to the Cedar
Mill area! While the community is
being built, they are hosting a series
of events to provide education and
insight for those considering a
move. There is no charge to attend
and lunch is provided.

February 16: Change is In-
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March 30: I Have Too Much
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April 13: Making Choices in the
Downsizing Process

April 27: Staging and Prepping
Your Home to Sell

May 11: Change the Way We Age

May 25: Making the Most of
Your Money in Retirement

Please call 503-946-5427 to
RSVP by the Thursday before each
event. Visit TouchmarkPortland.com
for more information.

Pharmaca Events

All events are held at the Tim-
berland Pharmaca store, 240 NW
Lost Springs Terrace
Sat., Feb. 11, 2-6 pm

Fresh Beauty Event: Naturally
rejuvenate your regimen! Get expert
skin care advice and a FREE mini-
facial. Trade in your old nail polish
for a FREE SpaRitual Mini Lacquer.
Create and take home your own
aromatherapy facial mist. Score free
beauty samples and \$20 in savings
coupons! Limitations apply. See
store for details. Mini-facials re-
quire a \$10 service fee; participants
receive a \$10 gift coupon.
Wed., Feb. 15, 2-5 pm

Healthy Heart Vitality: Cordelia
Apple, NTP, Karen Cureton, ND,
and Karen DeVlydere, MScN will
talk about simple lifestyle changes
and supplements that can help
strengthen and protect your heart
for health and vitality. Bring your
questions! Get \$5 off your next \$20
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Senior Tuesdays

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6 Foolproof Steps to Get You Out of Debt Fast

Is 2017 the year to speed up your
debt-reduction efforts? Here's how
to do so without a crash diet. Tips
from the folks at Sunset Credit
Union, 1100 NW Murray

1. Stop using your credit cards:
If you really want to get out of debt,
you will have to stop using your

cards. The more you swipe, the
more the balance climbs. Having a
hard time letting go? Try freezing
the cards in a cup of ice. By the time
you are able to access them again,
hopefully you've changed your
mind.

And to really start saving mon-
ey, transfer all your credit cards to
a low-rate Sunset Visa Credit Card.
This will help you track all your
purchases easily. With our new
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switching all your accounts as easy
as a few clicks of the mouse—visit
sspfcu.com to learn more.

2. Pay as much as you can af-
ford each month: Once you have
an emergency fund intact, use any
residual funds you have at your
disposal to put toward debt, even if
it's only a few dollars. The more you
pay, the faster you'll get out of debt.
Did you save money at the grocery
store by stacking coupons with
sales? Use the savings to pay off
debt. Did you work some overtime
last week? And if you find spare
change lying around, use that as
well.

3. Make cuts to your spending:
This may be tough to accomplish,
as you'll have to take a good look
at where your money is going and
separate the necessities from the
mere wants. If you can go without
the daily trips to the local coffee
shop or to your favorite lunch spot
you'll be rewarded. Over time, these
savings can add up and dig you out
of the hole much more quickly than
you probably expected. Plus, check
out our great FREE budgeting
tool—MoneyDesktop!

4. Double up on payments: So
you've paid off one credit card?
Congratulations! A small and
reasonably priced reward for your
accomplishment is OK, but you
need to keep the momentum going
by allocating those funds that are
now freed up to the next balance
in line.

5. Tackle those debts with the
highest interest rates first: Some
people prefer the 'debt snowball
method' which suggests that you
pay the debts with the lowest bal-
ances first to build momentum,
while others think it's wiser to get
those with the higher interest rates
out of the way first. The ultimate
goal is to pay off debt, however, the
choice is yours - the key is to stick
with it.

6. Don't sacrifice the things you
love the most: Paying off debt may
require you to make a few lifestyle

changes, but it doesn't have to be depressing. If you have a difficult time adjusting to new circumstances, implement gradual changes so the process won't become too overwhelming.

PGE & Energy Trust offer cash back for home energy improvements

Do your home improvements for 2017 include a new washer, water heater or other energy updates? You can get cash-back incentives from Energy Trust of Oregon on qualifying improvements, including:

ENERGY STAR® front-load clothes washers; High-efficiency heat pumps; Heat pump water heaters; Insulation; Smart thermostats; Energy-efficient windows; Solar electric system.

Is a big project not in the plans this year? Energy Trust has teamed up with local retailers to bring you reduced pricing on efficient showerheads and ENERGY STAR® LEDs. [Visit Energy Trust](#) to learn more about offers and incentives available to you.

Zoann Newcomer finds new location

Zoann grew up in her father's salon at the corner of Cornell and Saltzman—remember Mr. James? She is an expert haircutter and stylist, and after the family shop closed, she worked in the Silhouette Salon in the "Triangle" center. When that shop closed recently, she was able to find a spot nearby, in Jeanne Salon, on Hall Bl. just east of Cedar Hills Bl., and next to the Hall Street Grill.

One of her areas of expertise is working with curly hair [as your editor can attest]. If you'd like to have a style that works for your face and is easy to care for, she's the one! And her rates are very reasonable. She also loves to do "up-dos" for special occasions, and is available to work onsite for weddings and other special occasions.

She's scheduling appointments any time of day from Thursday to Saturday. Call or text any time to 503-310-5668. Jeanne Salon is located at 3673 SW Hall in Beaverton.

Econe Chiropractic lands nearby

Patients of Dr. William Econe will be pleased to find that his new office is really very close to Cedar Mill! The Canyonwood Office Complex, at 8835 SW Canyon, is just minutes away if you take Walker

Rd. eastbound from 217, and then turn left on Canyon and left when you see the Canyon Grill.

Great Bones has also relocated to the Canyonwood location. Several businesses' leases were not renewed by the owner of the "triangle" center, including Silhouette Salon, Barnes Road Chiropractic (now Econe Chiropractic), and Great Bones. We haven't heard what the new plans are, let us know if you have information!

For an appointment with Dr. Econe, call 503-203-6855. Your aching back will thank you!

World of Smiles adds Yu to their staff

World Of Smiles Pediatric Dentistry is thrilled to announce the addition of a new doctor to the team! Dr. Kristen Yu is a Board Certified Pediatric Dentist who recently moved from NY with her fiancé, Ben.

Dr. Kristen was raised in Elmhurst, NY. She received her Bachelor's Degree from Stony Brook University and pursued her dental education at Stony Brook University School of Dental Medicine. It was during rotations working with children that she was inspired to continue her post-graduate education in pediatric dentistry. Dr. Kristen's Specialty Pediatric Dental hospital training was completed at Lutheran Medical Center in Brooklyn, where she gained a wide range of experiences providing care for all children including those with special needs. Dr. Kristen believes in evaluating the children's dental needs from a preventative and comprehensive perspective, ensuring that they receive quality care while still maintaining positive dental experiences.

World of Smiles is located at 11790 SW Barnes Road, Building A, Suite 280. Call them at 503-626-9700 or email to west@visit-worldofsmiles.com. To learn more, [visit their website](#).

Maya Ceramics Studio Ceramic workshops

February 11, 10:30 am-noon, near Commonwealth Lake

Learn the wonderful way to build things with clay!! These workshops are for kids six years and older. All materials are included: 500 gm of clay approx, low fire glazes, firing, artist guidance, artist demos. Send inquiries to veroguz-mandavalos@gmail.com or visit veronicaguzman.com.

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We're hosting a series of Lunch & Learn events to provide education and insight for those considering a move. There is no charge to attend and lunch is provided.

All events are on Thursdays at 11:30 am in our Information Center located at 5150 SW Griffith Drive in Beaverton.

February 16

Change is Inevitable

Learn to see changes as a gradual process rather than a single event and to break the process down into manageable steps.

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May 11

Change the Way We Age

May 25

Making the Most of Your Money in Retirement

Please call **503-946-5427** to RSVP by the Thursday before each event.

TouchmarkPortland.com