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Cedar Mill News

Volume 1, Issue 3

March 2016



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Helping our homeless kids

The spiral of poverty, coupled with rising housing costs, has hit families in Washington County hard over the last few years. In 2015, according to *Community Connect, of the 1,043 households who completed an assessment for housing and

adult households; 8% were two-adult households without children; and 44% were family households with children. It's interesting to note that the Beaverton School District alone had over 1,00 homeless children during the 2014-2015 school year.



Causes of homelessness are numerous and complicated. A job loss can lead to inability to pay rent, especially if the rent goes up because of the housing

client-centered services in Washington County, 48% were single

shortage in the Portland Metro

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What's Happening at...

Our occasional roundup of new businesses in Cedar Mill...

Laughing Planet coming to Cedar Mill

The popular local sustainable food chain is coming to Saltzman Village. [Laughing Planet](#) CEO Franz Spielvogel says, "We are happy to announce that we are going to open a Laughing Planet in the Cedar Mill area in the former Si Señor space. We will be doing extensive renovations to the building and should be open for business in late May. We will feature our whole menu plus, beer, wine and mixed drinks."



In case you haven't visited one of their locations (this will be the first in Washington County!) they serve very tasty and healthy burritos, bowls, smoothies, and more. Visit the website for a preview of the menu.

Two groceries vying for Albertson's location

Everyone's been wondering when a new tenant will be announced for the long-vacant former Albertson's space in the

Peterkort Towne Square shopping center. Peterkort Co. consultant Scott Eaton tells us, "We are negotiating with two grocers that would be very positive for the community. Can't say who they are yet, but we'll keep you posted." Some rumors had pegged Whole Foods 365 as the new store, but apparently that's not a done deal!

New businesses open in Timberland

[Orangetheory Fitness](#) had their Grand Opening a few weeks ago. They offer a unique workout plan that promises rapid fitness results.

[La Sen Vietnamese Grill](#) is opening soon. This will be their third location. They're taking over the former Clutch Sausage location.

[Sushi Mioga](#) is a "sushi-train" style restaurant open for lunch and dinner, with two other westside locations.

[Insurance Lounge](#) is billed as the "Nation's First Interactive Insurance Retail Store," with locations in several malls around Oregon.

A model schoolhouse

by Virginia Bruce

Lyle Kingsley was a tall seven-year-old when this photo was taken in 1940, in front of the second [Union School](#), which had been built in 1901 on the south end of what is now Union Cemetery on 143rd. His teacher, Margaret Stoller, took photos of each of her students so they could glue them to bookends for Christmas presents for their parents. You can see her shadow cast by the low winter sun.

In 2010, he was able to use the photo to help him build an amazing model of the school, which he completed last summer. He brought the model for us to enjoy at the 2015 [Cedar Mill Cider Festival](#), and we expect that he will bring it along again on October 16 for the tenth annual event.

He and his father, along with a team of men that included Bernie Young (descendant of JQA), were hired to demolish the old school in 1948, after it was replaced by Sunset Valley Elementary (where Home Depot is now). His father



reconstructed a model of the school using the photo as a guide. He designed fixtures to hold the parts together while the glue set up. Family members provided help: his son-in-law made laser-cut cornices and desk frames, and his wife did some of the painting.

The assistance was vital, because Lyle was going blind. He suffers from retinitis pigmentosa, a



progressive condition that began to affect his vision 50 years ago. He's now legally blind, but can make out dark and light. He lives alone, quite comfortably, since he already knows where everything is. He continues to build fanciful birdhouses and other projects in his well-equipped workshop on the property.

kept a door and a window from the school, and the window is now part of the family home, a log cabin just south of Highway 26 in the Marlene Village neighborhood. Lyle used the known dimen-

Continued on page 6

Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Dinihanians Farm Market and CSA is closed

The organic farm, CSA, and Farm Market will not open for the 2016 season. Co-owners Vahan Dinihanian and his sister Lillian Logan hope to use a different area of their property for a farm in the future, and they plan to retain their permit to operate a farm stand. The land along Cornell is slated for some type of development.

Cedar Mill Liquor is expanding!

Randy Guerra is pleased to announce that they are adding over 800 additional square feet previously occupied by Venetian Nail Spa. The store is expanding into the space at the back that had been office and storage, and the new space will be the new office. They'll be increasing stock and variety in all categories, including distilled spirits, beer, wine, premium cigars, and other related items. Renovations should be complete by April 1.

Bales Wellness Center welcomes new Manager

Ron Sibert is the new Manager of the Wellness Department at Bales Marketplace Cedar Mill. Lisa Taylor, who developed and has run the department for several years, is opening a Wellness center in the Garden Home store.

Ron brings over 20 years of experience in the wellness and nutrition field to the store. He worked for Standard Process Labs, a highly-respected manufacturer of supplements that are only distributed to licensed physicians, first as a sales rep to physicians, and later calling on manufacturers to sell their ingredients to the industry. Because



of that experience, he knows which lines of supplements contain well-sourced ingredients, an important topic in the largely unregulated supplement industry!

Prior to joining Bales, Ron worked at a local Whole Foods store. He has known Lisa for 15 years, and decided to apply for the position here when he found out it was available. He's enjoying working with the great staff at Bales, and is excited to meet customers and answer their questions. He's particularly knowledgeable about digestive health and nutrition. Science is uncovering more evidence all the time that the health of our digestive system, with its billions of helpful flora, plays a critical role in overall health. Ask Ron for recommendations!

Si Señor opens in new location

The Villacruz family is excited to welcome their customers to their new location, just west of Cedar Hills Blvd. off Barnes.

They have completely redecorated the interior with bright paint and the colorful furniture and décor that is specially made for them in Mexico. In addition to

several large dining spaces, the remodeled bar will be a great place to enjoy their delicious margaritas and other cocktail specialties, along with their tasty appetizers.

Come by soon and sample their wide variety of authentic and delicious Mexican fare, and enjoy the great service provided their friendly staff.

[Visit their website](#)

to view the menu, order takeout online, and more, and LIKE them on Facebook at Si Señor - Cedar Mill.

Lindsey for Nails and Skin Care

Lindsey Pruett is a Cedar Mill native, offering outstanding services for nails and skin care at the Ahead of Style salon in Rock Creek, at Cornelius Pass and West Union. She's currently offering a Spring Break Special. She says, "Get your feet ready for sandal season and your spring vacation with a Spa Pedicure for only \$30. Sit back and relax as your shoulders are warmed with a lavender-infused neck wrap and subtle jasmine fills the room. Your feet will be sugar scrubbed, masked and wrapped in hot towels, then massaged and finished with your polish color of choice."

She also provides amazing facials—relaxing and stimulating at the same time—that peel away dead skin layers and moisturize your face, while you enjoy a neck, shoulder, hand and arm massage. Your skin will glow for weeks afterward! She uses the Naturopathica Holistic Skin Care line of products, which are pure, organic, and delightfully and naturally scented.

Call 503-708-5557 or [book online](#).

Couleurs de Provence

Les Couleurs De Provence has been a small business in the Cedar Mill area

since 2000. The owner, Mireille Nett, is from Provence and was one of the first vendors at the Cedar Mill Farmers Market when it started in 1999. She is still sharing the vibrant and high quality fabric she imports from Provence to make tablecloths, napkins, bread baskets, and all indoor and outdoor kitchen linens.

Where can you find her? She receives her customers at home by appointment—just call 503 679-1681. Mireille also [sells online on ETSY](#) and will be at the Cedar Mill Market on Saturdays during this spring. Follow Les Couleurs De Provence on Facebook at "Kitchen linens from Provence" to know when and where she will be in 2016!

Farmers Insurance continues expanding staff

Brett Veatch has joined Joey LaParne at the Famers office on Murray. Joey says, "He will be a sales rep, helping spread the good word and drumming up business with his vast experience in



marketing and communications. His part time position will most likely morph into full time as time progresses."

The three-person Farmers team is now well rounded and focused on building their agency with customer service being their top priority. Kristina and Brett also fit right in with Farmers style of sales, and passion for establishing relationships with prospective clients and maintaining an ongoing relationship with current customers. Watch for good things coming from the Famers agency in 2016 and beyond!

The Joseph LaParne Agency is located in the Cook Building, just north of Cornell on Murray, Suite 6 at 1070 NW Murray. Contact them at 971-228-8966.

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Sunset High Theater offers Broadway Smash Musical, *Spamalot*

Thursday-Saturday, March 3-5, 10-12, Doors open at 7 pm with curtain rising at 7:30 pm, Sunset High School auditorium, 13840 NW Cornell

Always looking at ways to push the boundaries and showcase the talents of their students, Sunset will be the first Oregon high school to perform *Monty Python's Spamalot*, a modern musical comedy "lovingly ripped off from the movie *Monty Python and the Holy Grail*." Under the direction of Sunset's theater director James Farmer and music director Christopher Rust, along

preparation. That leads to a lot of learning in a variety of disciplines, and lets them explore their talents and creativity."

The directors and production team works very closely with the school administration and



The production involves nearly 60 students, including the cast of 15 lead actors, 11 in supporting roles, and 23 ensemble cast who sing and dance in the chorus, a band of seven musicians, and a crew of 18 students who work behind the scenes.



Student techs Kelly Green and Joseph Shingledecker learned to operate the large rented sound board. Lead actors wear remote microphones, and a multitude of sound effects enhance the performance. The remodel of the theater included new lights but didn't cover the sound system.

with Greg Hall, band director, and by special arrangement with Theatrical Rights Worldwide, *Spamalot* brings songs and comedy to the newly-renovated Sunset Theater.

Monty Python stalwart Eric Idle and composer John Du Prez adapted the classic film *Monty Python and the Holy Grail* into a musical featuring the Knights Who Say Ni, killer rabbits, accused witches, and other Python touches.

Tickets are available for purchase at the door, [and online here](#). General admission tickets are \$10 Adults; \$8 Students and Seniors; and \$5 Children (5 and under free). Select reserve seating is also available at a slightly higher price.

Richard Allen, Technical Director for Sunset Theater, believes in letting the students be involved at every level. "Our students come up with the ideas for sets, lighting, and costumes, and also work in all aspects of construction and

veterans to help with staging, construction, lighting, choreography, costumes, and hair and makeup. A wonderful parent volunteer crew puts endless hours into construction, publicity, marketing and logistical coordination to make the shows a success.

Debbie Caldwell, a parent who helps with publicity for the show,



Sir Galahad, played by Sam Neff, and The Lady of the Lake, Jessica Caldwell, share a beautiful duet while chorus "cheerleaders" dance in the background.

custodians to ensure they're representing the school as a whole. However, putting on a production like *Spamalot* requires far more than just these teachers. They also bring in industry

tem and are on schedule to have our stage refinished this summer. We're still actively fundraising to replace our sound system, and repair or replace broken seating and other auditorium furnishings."

Students at Sunset have the opportunity to take introductory theater classes all the way through full IB-level theater classes. Many of the cast members in the production take drama classes; however, every main stage production at Sunset is open through audition to all students. *Spamalot* features students from all areas of the school.

Celebrating 57 years of live theater



The costume room is a hive of activity in a basement room under the stage

production, Sunset's productions achieve high levels of design, creativity and interpretation, enabling students to experiment with different styles, roles and historical eras. Its Fall 2015 show, *Middletown*, has just been recognized as top show in the Northwest Region and will be performed at the Oregon State Thespian Festival on April 1. A free preview performance is open to the public on March 17 at 7:30 pm. More information on Sunset's theater programs is available at: [shstheatre.yolasite.com](#).

Class of 2016 Grad Party

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Thank you to the following businesses for supporting the 2016 Sunset High School Graduation Party. The generous support from our community makes a difference to our youth.

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The Grad Party is a drug-free, alcohol-free, safe, all-night event for Sunset's newest graduates. For information on how you can help, contact Betsy Miller at betsymiller26@comcast.net

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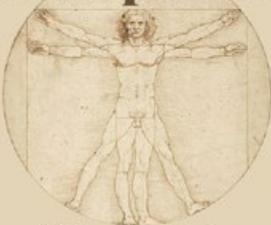


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Citizen Participation will be run by county

Late in 2014, members of the [Citizens Participation Organizations \(CPOs\)](#) in Washington County were surprised to hear that OSU Extension Services, who had [managed the program since its inception](#) in the 1980s, had "re-evaluated its institutional strengths and role in this county program and would not continue to administer the program in the future."

The Board of Commissioners outlined a process and selected a committee to determine the future of the public involvement, which, in Washington County, had always been independent of county government.

Extensive documentation of the process is available on [this county page](#).

During a series of meetings that began in July 2015, managed by the County Administration, and facilitated by paid consultants, various aspects of community participation were explored by the committee.

The question of who would staff and manage the program going forward was one of the biggest issues. At the March 1 meeting, the group decided that the program would be located in the County Administration office and that its staff would be hired by the county.

It's quite unclear at this point what this will mean for those who want to stay involved. Sign up on the [CPO1 Facebook page](#) to stay in the discussion.

Washington County Forum schedule

Mondays at 11:30 am, September through June, (except holidays), Peppermill Restaurant, 17455 SW Farmington Rd. in Aloha

There is no charge for the meetings! The speakers start at noon and lunch is available to order from the menu. Following the speaker, there will be an opportunity for Forum members to ask questions.

March 7: Ben Unger, Our Oregon, "Corporate Tax Ballot Measure." [Note: A representative of Grow Oregon Now will present in opposition]

March 14: Matt Davis, Washington County Department of Health, "A Discussion about wood smoke abatement - What are we doing about it?"

March 21: Lucy Baker, Administrator, Oregon Advocacy Commission, "A Consideration of Advo-

Library News and Events

By Dawn Anderson

March into Spring with our activities for kids!

THPRD Nature Mobile Plant Power!

Tuesday, March 22, 10:30-noon, Cedar Mill; Thursday, March 24, 10:11:30, Bethany

Learn how plants take solar power and turn it into the energy we need to survive through fun games and activities led by a naturalist from the Nature Park Interpretive Center. (Ages 5+)



Lego Party

Wednesday, March 23, 10:30-noon, Cedar Mill; 2:00-3:30 pm, Bethany in the Bethany Community Room, 15160 NW Laidlaw Rd., Suite 120

Love Legos? Join us for a Lego free play party and build to your heart's content. (Ages 5+)

Pokemon Party

Thursday, March 24, 10:30-noon, Cedar Mill only
Do you love Pokémon? Grab your deck and come to the library. Bring your DS and get your game on! (Ages 6+)

Explore Your World Craft

Monday, March 28, All day, Bethany Branch Only

Drop by the Bethany Branch to make a DIY explorer finger puppet in the children's area. (All Ages)

cacy in Oregon"

March 28: Cheerily Bertges, Oregon Beverage Recycling Cooperative, "New Bottle Recycling Centers - the Changes to the Recycling Process"

April 4: Jeanne Atkins, Oregon Secretary of State, "State of the State Department"

For more information, visit [washingtoncountyforum.org/](http://www.washingtoncountyforum.org/)

Legislative Town Hall

Monday, March 14, 7 pm, Souther Auditorium, St Vincent Hospital

Oregon State Senator Elizabeth Steiner Hayward, Representative Mitch Greenlick, and Representative Ken Helm will be holding a town hall to discuss the legislative session. Come with your questions about the 2016 session and suggestions for next year!

Eat Smart Movie Series: The Perennial Plate

Saturday, March 19, 7 pm, Leedy Grange Hall, 835 NW Saltzman

Leedy Grange presents *The Perennial Plate*, a series of seven short (5-10 minute) films dedicated to socially responsible and adventurous eating. Chef/activist Daniel Klein and filmmaker Mirra Fine traveled the world and created wonderful film vignettes exploring the relationship of communities to their local food systems.



This series highlights South American mate, Asian rice, South Pacific coconuts, and other important foods around the world. As part of the cinematic experience, Leedy Grange will serve coconut and mate as snacks before and during the film.

After learning to cook at his mother's bed and breakfast, director Daniel Klein trained at many of the world's top restaurants and then went on to pursue a career in film. Mirra Fine is a graphic designer and freelance writer. Together, Daniel and Mirra have created this unique Perennial Plate series, which feels like cinematic poems celebrating people and the food that sustains them.

The films are free, although donations to help defray costs are appreciated. Participants are invited to bring garden seeds to swap. Please join us!

Beaverton Symphony Orchestra Concert

Friday, March 11, 7:30 pm and Sunday, March 13, 3 pm, Village Baptist Church, 330 SW Murray Blvd; \$10 adults, \$5 seniors/students, \$20 families.

Spring concert features Holst's *The Planets* with projected NASA satellite images. Also Liszt's Piano Concerto No. 1 with guest soloist Eloise Kim, and Stravinsky's Suite No. 2 for Small Orchestra. A Prelude Conversation with music director Travis Hatton will happen 30 minutes prior to concert. Learn more at www.BeavertonSymphony.org

Cedar Mill "Futurepalooza"

Saturday, April 9, 10 am-noon, Leedy Grange Hall, 835 NW Saltzman

Terra Linda Conservation, Us and the Environment (CUE) and Leedy Grange will present a free workshop that will provide information and solicit ideas on what the Cedar Mill area will look like in ten years. Metro Councilor Kathryn Harrington will deliver a brief keynote address to provide an overview of what we can expect in the near future for Cedar Mill. This keynote will be followed by a series of brief presentations and discussion by a panel of experts, focusing on water supply, transportation, waste collection and growth. Participants are encouraged to bring questions and ideas about Cedar Mill's future.

A free native shrub or tree will be provided to the first 50 participants, courtesy of the Tualatin Soil and Water Conservation District. For more information, contact Dean Moberg at Terra Linda CUE (odonata3@comcast.net).



Evergreens are both lovely and easy to care for, and are great choices for less-athletic gardeners!

Viva Village sponsors garden talk

March 19th, 10-noon, Leedy Grange Hall, 835 NW Saltzman Road

Garden designer, author, and teacher Barbara Blossom Ashmun will join a panel of expert local gardeners to discuss how adding easy-to-grow evergreen shrubs and perennials can add great multi-season interest to our gardens and reduce our garden chores as well. Panel members will bring cuttings from their favorite plants, mostly evergreen, but some not, that are beautiful and easy to grow. After "show and tell" the group will take questions from the audience. For more information, visit www.vivavillage.org or contact 503-644-7417.

Visit our website for more spring events, including a Nature Walk, Village 101, Social Gatherings and more.

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Schoolhouse, continued from page 1

He worked at Tektronix for 27 years, building the equipment used to manufacture cathode ray tubes. Once he retired, he helped his wife Joy with her "Pets of Joy" shop in Beaverton Town Square, making toys for parrots and other items. Joy passed away early last year.

His father Lionel was born in a sod house in Nebraska in 1897, and came with his family to homestead in Lyle, Washington in 1900. Lyle was born in Scappoose, and the family moved to the Cedar Mill area in the 1930's. The timber to build their log home came from the trees that were cut by developer Fred McLain when the land was cleared for the subdivision.

He recalls many details about the school. The building faced south. The left side was for the fifth to eighth grades, and the right side was for first to fourth grad-



The cornices were laser-cut by Lyle's son-in-law.

ers. Wood had to be chopped and brought into the rooms to stoke the woodstoves that heated the school. Originally the school was served by an outhouse, and in the early days many children rode horses to school and tied them up out back, near the cemetery. Lyle remembers that the cemetery was "where the snakes were!"

Be sure to attend the Cider Festival in October so you can see the model for yourself!



Lyle in his workshop. The door from the school is propped up against the wall at the rear.



Lyle's log cabin: the window on the left came from the old schoolhouse



Lyle created this fanciful gate out of various found objects, including several sizes of horseshoes

Conservation District wins grants

Two recent funding awards to the [Tualatin Soil and Water Conservation District](#) (TSWCD) bring nearly \$1,000,000 to Washington County to improve and protect watershed health. The resulting work will bolster the local economy, improve public well-being, and strengthen our community while protecting natural resources.

During the past ten years, TSWCD and its partners have worked with over 70 private landowners to restore 39 miles of stream throughout the larger watershed using unique riparian restoration programs. Through work to assess natural resource conditions in the watershed, TSWCD has focused on the Dairy-McKay and Middle Tualatin watersheds as high priority for conservation. This funding will allow further work with landowners along priority stream reaches to restore fish and wildlife habitat,

increase efficient use of irrigation water, and decrease nutrients and pesticides in surface and ground waters.

Grant money will also fund their efforts to combat the spread of invasive weeds. Weeds such as garlic mustard, knotweed and giant hogweed are expensive to control, interfere with agriculture, disrupt natural areas, reduce wildlife

habitat, and in some cases pose a direct threat to human health.



Garlic mustard is one of the invasive plants being battled by TSWCD

"Along with partners at Clean Water Service, Tualatin River Watershed Council and Tualatin Hills Parks and Recreation Department (collectively, the Tualatin Watershed Weed Watchers organization), we work to fight the tide of invasive weeds," says Jen Nelson Sneed, Outreach, Volunteer and Education Program Manager.

To learn more about the work that TSWCD does in our area, watch the recent [Oregon Field Guide](#) segment about the Tree For All project.

Soil School

Saturday, April 16, 8 am-2 pm, PCC Rock Creek Event Center, 17705 NW Springville Road

Got Dirt? Then join us at Soil School! It will be a day packed full of information for gardeners, small farmers, landscapers, grounds managers and anyone else who wants to improve the health of their soil.

Why is soil important? The health of your soil determines the health of everything that grows in it—the food you eat, the products you sell...and the natural world that is sustained by it.

Attendees will learn about soil structure, texture and composition and get a chance to examine and interpret a sample of their own soil through a microscope with assistance from a soil scientist. Participants will also have the opportunity to get their hands dirty as they learn how to use a probe to sample soil outside and view native plantings in their natural habitats.

Topics include: Cover crops, slugs & snails, planting for pollinators, soil testing & analysis, irrigation, organic weed control & land care, lawn conversion, storm-water management, composting & organic matter, landscaping with native plants, and more.

Cost (tentative): \$30 per person or \$50 for two people (Breakfast snacks and lunch are provided).

Register: <https://wmswcd.org/soil-school-2016-registration/>



Homeless, continued from page 1
 area. Drug and alcohol problems, domestic violence (the Sheriff recently told us it's on the rise), and mental health issues are all hard to treat even for the affluent, and become nearly insurmountable when combined with job loss.

Currently, there are 1,868 school-age homeless kids in [Washington County](#). Of these, around 300 are unaccompanied youth living without a parent or legal guardian. They are living in shelters, in crowded housing shared with others, in motels, and "unsheltered," meaning they sleep outside for the most part. The Beaverton School District has an average of 5 unsheltered families at any given time during the school year. This data is cumulative and will surely increase by the end of the 2015-2016 school year.

The story of Josiah, as told by Mary Metheny, explains a lot.

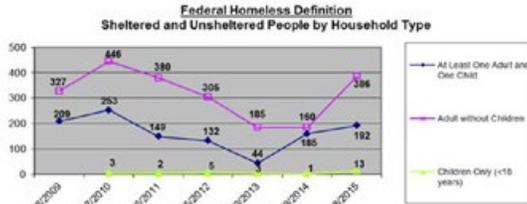
Josiah is nearly 18; he will graduate from high school in June. He is enrolled in honors level classes and is a scholar athlete. A handsome, well-groomed young man, he appears to have the world on a string. But Josiah is homeless.

When his home life became too chaotic for him to bear, Josiah hit the road. Drug use and sales, strangers coming and going daily, and a parent who is unpredictable and most likely mentally ill, made going home harrowing. Josiah is currently living at a friend's home and is able to stay with this family for another few weeks. The homeless liaisons for the Beaverton School District are working with Josiah in an attempt to secure him a housing opportunity with the Second Home for Youth Program.

Second Home for Youth is a program created to meet the unique needs of unaccompanied, homeless youth currently attending a school in the Beaverton School District. Second Home is a partnership between Ecumenical Ministries of Oregon, the McKinney-Vento Homeless Education Program of the Beaverton School District, the City of Beaverton's Dispute Resolution Center, and volunteer home-providers. Caring people open their homes to provide stable housing for young people in need of the stability to complete high school. A formal agreement is part of this process. Background checks,

home visits and ongoing case management provide the scaffolding required to make Second Home a viable solution to a seemingly insurmountable problem for some amazing youth.

Josiah is getting tired and is



anxious about his immediate living situation. If he is matched to the correct Second Home, his future looks bright. Currently, his grades remain high and he is hopeful that scholarships will come his way. At 17, he displays amazing maturity and is realistic about how challenging the coming years are going to be. There is a meeting scheduled for Josiah and a potential Second Home family. The liaison working with him has confidence that once these people all meet this will work out well for all concerned, most especially for Josiah.

Adapted from an article by Mary Metheny in "Street Roots," the newspaper for homeless folks in Portland. Metheny is the retired homeless liaison from Beaverton and currently works as a McKinney-Vento Homeless Education coach for the Beaverton School District. Another Street Roots story by Jacques Von Lunen explains how Second Home came about.

The Beaverton School District, like all school districts in the United States, has a [Homeless Student Services](#) office that administers the McKinney-Vento Homeless Education Act, a federally mandated but unfunded program. At the beginning of the recession the Beaverton School District's Homeless Education program realized the value of community awareness and involvement in addressing their homeless student's complex needs. As the district's homeless student numbers were rapidly increasing, their staffing remained the same, and support resources were thin due to the high level of need in the county. Beaverton embraced the, "It Takes A Village" concept, which has helped to address gap areas of need in our Beaverton homeless population.

Taking bits and pieces from other programs, a unique model emerged: a collaboration between the school district, the city and an

interfaith nonprofit, which matches homeless, unaccompanied students with families. The result was a nonprofit called Second Home, which is under the umbrella of Ecumenical Ministries of Oregon, and which finds adults willing to take in homeless youth.

When Homeless Student Services office, which is now called the BSD HELP Center, is made aware of a student without a family who is in need of a home, their staff vets the student to see if he or she makes a good fit for the program.

Once host family and student are matched, all parties get together at the dispute-resolution center in the Beaverton mayor's office. The mediators there put together a rental agreement between the student and the family, said Jenny Pratt, student coordinator for Second Home.

Students have to be 16 years old, which is the minimum age to rent an apartment in Oregon. The rental agreement will include provisions such as expected curfews, house rules and which chores the youth will take on in lieu of rent. In turn, the family agrees to provide a home. The students do not pay their rent in cash—in lieu of a financial rent payment they make a commitment to remain in school through graduation. Second Home helps an average of 10 to 12 kids a year.

Second Home is always interested in hearing from people who can offer a home for these students. Their website also offers other ways to support the program. [Visit their website](#), or [follow them on Facebook](#). To sign up to be a home-provider or for more information, please contact Laura Swartz at lschwartz@emoregon.org.

A home for the homeless program

Beaverton School District's homeless program has existed for years, but they never had much of an office. They moved from one small space to another until last fall, when Love Inc., an interfaith charitable group, provided them with the first year of rent and a remodel for a space in central Beaverton.



HELP Center staff celebrate their new home

They expect to be able to continue in this space by finding additional funding. Lisa says that having a permanent, well-equipped facility helps with the stress that inevitably comes with this job.

The BSD HELP Center provides services for kids from birth to high school, including helping families find temporary and permanent housing and connecting them with a variety of services. The staff includes Ruthie Iliiafar who works 35 hours a week on school days; Lisa Mentasana who is full-time, Mary Metheny who works 15 hours a week, and Sarah Palestino, who is the full-time Bilingual Spanish Homeless Liaison.

The HELP Center is always in need of \$25 Fred Meyer gift cards, loose change so homeless families can do their laundry, gift cards to restaurants, and community involvement. To learn more about how you may be able to support homeless students with your time, energy and resources please email: Lisa_Mentesana@beaverton.k12.or.us



The comfortable reception area helps clients feel welcome, with toys for kids and books to borrow

**Community Connect is an integrated system of care that is unique to Washington County. In partnership with 20 program providers, the system is open seven days/week, operated by Community Action Organization. Community Connect uses standard assessment tools to determine appropriate housing for homeless families, and provides real-time data on the number of at risk and homeless populations in our community.*

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Our County on Facebook!

Facebook is a helpful tool that allows Washington County to provide relevant and easy-to-access information for those who prefer to communicate online. It provides an additional avenue for discussion and community building.

These County departments have pages, more may be added as staff is brought up to speed: Bonnie Hays Animal Shelter; Cooperative Library Services; Disability, Aging & Veteran Services; Washington County Fair; Hagg Lake; Health & Human Services; Medical Reserve Corps; Land Use & Transportation –Roads; Sheriff's Office; Sustainability Program; Women Infants & Children Program; [Washington County Main Page](#)

View [this page on the county website](#) for a full list of County Facebook pages with links.

Coffee with a Cop

Friday March 11, from 9:30-11:30

Please join your local Washington County Deputies for Coffee with a Cop! This is an opportunity to sit and chat with your local beat Deputies, while enjoying a complimentary cup of coffee provided by Bales Marketplace. Coffee with a Cop is a national program promoting positive relationships with law enforcement and the people they serve. They hope you will join them in March to chat it up with a Deputy and have some good coffee.

Skyline garage sale

Friday March 11, 9 am – 7 pm,
Saturday March 12, 9 am – 5 pm;
11275 NW Skyline Boulevard,
Portland 97231

With a unique Skyline flavor, this sale includes zany to practical donations from over 30 local residences. There are items for all sections of a household, and items useful for semi-rural living. They strive to offer clean, functioning items at great prices. This is a benefit for Skyline Grange, which has served the Skyline community for 75 years.

Skyline Grange's 11th Annual Tree & Native Plant Sale

Friday-Saturday, April 1-2, 9 am-5 pm,
Skyline Grange #894, 11275 NW Skyline Blvd

This year, we'll offer over 80 species of native wildflowers,

shrubs and trees—trilliums, trout lily, monkeyflower, Indian plum, mockorange, dogwood, western red cedar, and much more. Each species has an informative display sign. We also offer reference lists of beneficial natives for hummingbirds/birds, pollinating insects and bees, erosion control, sunny locations, shady locations, etc. Sorry, no tree seedlings this year.

Request a Native Pre-Order Form by emailing skyline-grange894@msn.com (orders due back by March 26).

Sunset tulips will be blooming soon!

Several months ago, Sunset seniors spent part of their lunchtime planting 500 tulips on the school grounds as part of their senior gift to the school. The idea came out



of conversations with Principal Huelskamp and Sunset's Community Partnership Team. 500 tulips – roughly one for every Sunset senior—were purchased by parents on the 2016 Graduation Party Committee and donated for this event. The bulbs were planted around the reader board and in the courtyard nearest to the school entrance. You'll see the green leaves and stems poking through the ground now. And when they bloom, it will signify that high school graduation is close—both for this year and the years to come.

Library-by-Mail for the Homebound and Their Caregivers

Washington County residents of any age who are unable to visit a local library can apply for free library mail service through the Washington County Cooperative Library Services (WCCLS). Reading helps the homebound participate in current events and promotes brain wellness.

One regular subscriber to Library-by-Mail says, "Going through your fabulous book review lists is like being free to sample goodies

Cedar Mill News March 2016
in a candy store! My quality of life has been much happier due to your services by mail."

To qualify for this service, the person must:

- be homebound due to a physical/mental impairment of six months or more,
- be the caregiver of a homebound person, or
- reside in a residential, assisted living or nursing care facility.

According to Cynthia Peterson, librarian for Homebound Library Services, "In addition to standard print books, we carry large print books, Playaway audio books, music CDs and movie DVDs, including Blu-ray films." Items are mailed in easy-to-use zippered bags.

WCCLS also offers rotating large print and audio book collections to adult care facilities. For individual and care center application materials, call 503-648-9785 or visit wccls.org/homebound.

Art sessions for kids & families

We're lucky to have the Oregon College of Art & Craft right in our community! Visit the website to find out about their famous spring offerings. These classes fill up fast, so be sure to get your application in quickly! cms.ocac.edu/art_adventures/

Daylighters Toastmasters Club

Wednesdays 6:40-8:00 am weekly,
Cedar Hills Recreation Center,
Room 3, 11640 SW Park Way

Jumpstart your speaking and leadership skills. Get your point across. Appear confident. Find your voice. [Daylighters Toastmasters Club](#) will help. Come and see what the talk is all about. Visitors always welcome.

Bonny Slope Green Team

BEST (the Bonny Slope Earth Sustainability Team) has an active student Green Team this year comprised of six fourth graders and a fifth grader. The Green Team is making Bonny Slope Elementary the first elementary school in the District to institute kitchen composting.

Green Team member Fran-nie Mace is working on her Girl Scout Gold project (like Boy Scout Eagle). She's coordinating with various Beaverton area schools with gardens, providing training for the kids on the benefits on native mason bees, and then installing bee houses (made by her and the Ridge-wood Girl Scout troop) and provid-

ing bees (collected at her home and Barnes Elementary last year).

Green Team students meet to discuss topics that impact our school, community and world. The Green Team meets once a month on a Friday after school. Any 4th or 5th grade student who wants to help is welcome. For more information [visit the website](#), or contact Jenny Pompilio, BEST lead and Green Team facilitator at best@bonny-slopebsco.org.

Awesome Hour

Application deadline Tuesday, March 15, Reception on Tuesday, April 19

What would you do with a \$1000 grant? The Awesome Beaverton & Beyond trustees are looking to fund "small", interesting projects driven by a few passionate contributors that have the possibility of a big impact in Washington County. For more information, visit www.awesomefoundation.org/en/chapters/beaverton

Paint a Shelter US umbrella

Paint An Umbrella and help us shelter Beaverton's homeless families! The Beaverton Social Justice League and Beaverton School District's HELP Center are calling ALL artists interested in hand painting



umbrellas for the Shelter Us Beaverton homeless awareness campaign. Host a paint party, take this

opportunity on as a classroom or club project, or just express your individual creativity and concern for our Beaverton homeless families. Contact Jolene and Lisa at shelter-usbeaverton@gmail.com, visit us on [Facebook](#) and [Twitter](#) or call 971-808-2755.

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New look at Metro Parks & Nature

On February 4, the Metro Council approved a blueprint for the future of Metro's Parks and Nature work. The new Parks and Nature System Plan will guide decision-making and investments across Metro's nature programs and 17,000 acres of voter-protected land. The plan, which you can review at oregonmetro.gov/nature, lays out Metro's mission and role, the status of our portfolio today, trends that will shape the future and strategies to [bring this vision to life](#).

Metro's Parks and Nature team spent two years developing the system plan, working closely with partners and community members. Thanks to all of you who took time

to share your questions, ideas and feedback. You are a critical part of our work to protect water quality, fish and wildlife habitat and connect people with nature close to home.

With the [approval of the plan](#), Metro Council President Tom Hughes also called for a conversation about asking voters to renew Metro's Parks and Natural Areas Levy as early as this November. He said that renewal of the levy is a critical step in maintaining funding for Metro's core parks and nature operations – as well as continuing programs that support local communities and partners, like Nature in Neighborhoods grants. voice is important.

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CMBA Meeting

Tuesday, March 8, 11:45-1:30, Cedar Mill Bible Church Chapel, 12208 NW Cornell Road

The Cedar Mill Business Association's next General Meeting will feature Alan Levine, CPA, P.C., who will be giving us tips on reducing our taxes. Alan has been a Certified Public Accountant at the same location in Cedar Mill since 1995. He was one of the original members of the Cedar Mill Business Association. Alan thrives on helping individuals and small businesses discover all the expenses they can deduct. He is also a power lifter and sets new records every time he competes!

Visitors welcome to attend one or two meetings before joining! 11:45: Lunch and Mingle; noon-1pm: Meeting; 1-1:30: Extra Networking Time. For more information, visit cedarmillbiz.com

Leedy Artisan Market

Saturday March 5, 9 am-2 pm

Another wonderful totally fun Leedy Grange Artisan Flea Market is approaching! There will be two rooms of curious finds, fun bargains, amazing crafts, outstanding variety of new and old trinkets, a story behind each treasure and tales to share. Come hang out and support this community market! To inquire about becoming a vendor, contact Bernie at leedymarket@gmail.com or call 503-626-9065.

Second Edition holds a Quilt Raffle

Now through March 17, 12505 Northwest Cornell Road.

A generous and talented donor has created a beautiful large quilt that is being raffled at Second Edition to benefit the Cedar Mill Libraries. The large (92"x94") quilt features rectangular pieces in a pleasing combination of greens on a cocoa-colored background. The quilt is now on display at Second



Edition. Raffle tickets are on sale at \$5 each or three for \$10. The drawing will be held on St. Patrick's Day, March 17. The winner need not be present to win. All proceeds benefit Cedar Mill Libraries.

Open House at New Heights

Thursday, March 10, 5-8 pm, New Heights Physical Therapy Cornell Clinic, 13306 NE Cornell Rd.

Come tour the new west side clinic, chat with physical therapist Michelle Gilpin and staff, and enjoy some light refreshments. Learn more on their website.



Virtue of the Month: Detachment

Detachment is experiencing our feelings without allowing them to control us. We step back and look at things objectively. We let go and accept what we cannot change. We detach from others' choices, knowing that their spiritual work is not ours to do. We choose how we will act rather than just reacting. We step away from harmful cravings. Detachment is a deep breath of peace and patience in response to unexpected anger. We can listen without losing ourselves. With detachment, we see our mistakes honestly, make amends and start afresh. Detachment allows us to be in the world but not of it. It frees us to lead our lives with grace.

"You always have the choice to take all things evenly, to hold onto nothing, to receive each irritation as if you had only fifteen minutes to live," said Tolbert McCarroll.

The Practice of Detachment

I recognize my feelings without letting them control me. I resist interfering with others' spiritual lessons.

I choose to act instead of react. I free myself from impulses and cravings. I listen in order to understand. I have the humility to amend my mistakes. I lead my life as my soul chooses.

Virtues Reflection Cards, Linda Kavelin Popov.

For more information about the Virtues Project, or to sponsor a workshop for your family, school or organization,

contact Delaram Adyani at www.virtuesconnectionportland.com 503-267-0202.

Village Gallery

Sunday March 13, 2-4 pm Opening Reception for Featured Artist Marie Ofner

Marie describes her artwork as a combination of spontaneity and control. She seeks to communicate a sense of hope, mystery, and the balance of forces found in the world around us.

Upcoming Classes:

For complete details on all classes please visit www.village-galleryarts.org

United Healthcare Caregiver Support

Third Saturday monthly, 10-11:30 am, 5050 SW Griffith Drive

Do you provide care for a family member? Experience exhaustion, stress, or guilt? Join The United Healthcare caregiver support for free monthly group meetings. Counselor Camille Keith, MS, LPC-Intern helps participants to relax, discover new ways to care for yourself, and share with other caregivers in a non-judgmental environment. For more information contact Regina Ford, UHS Beaverton Manager, at 503-433-8079 or regina@homecarepartner.org to reserve a spot in the group.

Refinish First LLC Earns Angie's List Award Again!

Refinish First LLC has earned the service industry's coveted Angie's List Super Service Award, reflecting an exemplary year of service provided to members of the local services marketplace and consumer review site in 2015.

"We are very pleased that for three years in a row our custom-



ers were so happy with our work that they were willing to take the time and



write a review for us. We are very blessed and feel honored that we have worked for such great people. It has been a huge boost to our business," said David Luton, owner of

Refinish First.

"Only about 5% of the Carpentry/Woodworking and Cabinet Refacing/Restoration companies in the Portland market have performed so consistently—well enough to earn our Super Service Award," said Angie's List Founder Angie Hicks. "It's a really high standard."

Angie's List Super Service Award 2015 winners have met strict eligibility require-

ments, which include an "A" rating in overall grade, recent grade, and review period grade; the company must be in good standing with Angie's List, pass a background check and abide by Angie's List operational guidelines.

Service company ratings are updated daily on Angie's List. Companies are graded on an A through F scale in areas ranging from price to professionalism to punctuality.

Yoga Training Program Gives Back to the Community

Santosha Yoga studio, located in the Bethany Village Centre, offers a yoga teacher training program each fall and requires those accepted into the program to complete community service, known as karma yoga, during the four-month training.

Santosha Yoga's co-owner, Dina Lang, created and leads the 200-hour Initial Yoga Teaching Certification program. She felt strongly that every teacher trainee needs to give back to the community and created the Karma Yoga requirement. As Dina explains, "it can be anything in which they are offering selfless service and expecting nothing in return, even recognition."

At the end of January, 22 graduates completed their certification. Since all of them had completed

their selfless service, this adds up to 88 hours of good works and volunteering since the program began last September. One group of four decided to go together to the Oregon Food Bank and donate their time there. Others volunteered in their church or with local programs. The feedback was positive and comments often expressed gratitude for the encouragement to make the time to give back.

Programs like Dina's at Santosha Yoga include yoga philosophy and history, and selfless service. Each teacher trainee also teaches one free hour-long Community Class. This is a way for the trainees to gain real experience teaching people, and it's a way for Santosha Yoga to bring yoga into the community without any financial barriers. Katy Nadal, co-owner, says the program taught by Dina, "is sending out new, well-trained yoga teachers into the community."

If studying yoga or becoming a yoga teacher interests you, Santosha Yoga has the information posted for the 2016-2017 Yoga Teaching Certification [on the website](#). Information sessions will be offered in April.

How to Be a First-time Home Buyer in 2016

by *Sunset Science Park Federal Credit Union*

Buying your first home involves much more than simply making the decision to become a homeowner. Here's how to get on the right track to becoming a first-time homeowner in 2016.

Keep (or Get) Your Credit Score in Good Standing: Your credit score is one of the most important factors in your mortgage approval, because it's used to determine your risk as a borrower. Check for errors on your credit report. The Federal Trade Commission estimates that one in four credit reports contains a serious error. You can receive your free credit report by going to <http://www.annualcreditreport.com/>.

Pay all of your bills on time. Even one reported late payment can drop your score anywhere from 60 to 110 points, depending on your credit history. Don't apply for new lines of credit or any other types of loans. New credit inquiries can drop your score, and taking on more debt can lower your mortgage affordability. Keep balances low on revolving credit (i.e. credit cards). Aim to keep balances less than 30% of your credit line.

Start Saving: Even if you are

eligible to purchase with a loan that finances 100% of the home cost, you're still going to need some reserves. You may need some cash for new furniture, new appliances, paint, hiring a moving company, etc.

Pay Off Some Debt. Most lenders recommend that your mortgage payment, including principal, interest, taxes and insurance, be less than 28% of your gross monthly income. Your mortgage provider will also analyze your debt-to-income ratio, which includes other monthly obligations like credit card payments, auto and student loans, alimony, child support, etc. along with your principal, interest, taxes and insurance. Lenders ideally want this to be at or below 36% of your gross monthly income.

Meet with a Mortgage Specialist: In today's hot home buying environment, a pre-approval should always be the first step in home buying. To get a pre-approval, your mortgage specialist will run your credit score and compile a loan application with the information you provide regarding income, assets, employment, etc. The lender will

THPRD Native Plant Sale

Saturday, April 16, 10 am-2 pm,
Tualatin Hills Nature Center, 15655
SW Millikan Way, Beaverton

Plant your garden with native plants! It makes sense! Native plants



Gardeners flocked to last year's plant sale!

are a great way to create a beautiful backyard habitat that can be home for birds, butterflies and other pollinators, and other wildlife. Native plants can flourish in your garden while requiring less care, water, fertilizers and pesticides than other ornamental plants.

Gardeners can select from more than 100 species of trees, shrubs, ground covers and perennials. [Click here](#) for a list of the plants we will

analyze this information and determine how much you can afford.

If you have mortgage questions or need additional information about purchasing a home, visit Sunset Science Park Federal Credit Union or contact them at 503.643.1335 or cuteam@sspfcu.com

Local Music Studio Growing by Leaps and Bounds

Hoffman Academy is expanding its music teaching in Cedar Mill and around the world. In February, Hoffman Academy added a second location, moving into the bottom floor of the new building at 12700 NW Cornell Road next to Peninsula Insurance. This new building, Hoffman Academy's "North Campus," has three teaching studios, one sound studio, and office space for the online team.

Hoffman Academy has also hired a new piano teacher and extended the hours of one of their guitar teachers to serve more students. Currently Hoffman Academy provides lessons to approximately 350 music students in Cedar Mill, and expects to be able to grow to 450 piano, guitar, and voice

have at the sale this year.

Want some help picking your plants? At this event, you will be able to consult with plant experts, our own park rangers and a host of community groups that can help you in your creation of your own native garden.

"We are so fortunate to have such a beautiful array of native plants in our region," said Karen Munday, program coordinator at the Tualatin Hills Nature Center. "You can easily find the right native plant for any spot in your garden. Plus you can shop, talk to plant experts, and browse information from local organizations to learn more about what you can do to improve habitat in your garden."

A small selection of native plants, including trilliums and other early-blooming wildflowers, will be avail-

able at the Nature Center starting March 18 during business hours (8:30 am-5 pm on weekdays and 9 am -5 pm on weekends).

students with this expansion. If you are interested in seeing the new studios, they would love to give you a tour. Just stop by the Academy main office on Cornell Road!

Hoffman Academy is also growing its online business. Hoffman Academy has 120 free online piano lessons and serves thousands of students around the world as far away as Australia, China, and the United Kingdom. In February the academy launched a Kickstarter campaign to raise money to create an additional 120 online lessons and add interactive music learning games and other features to their website. Already more than \$52,000 has been pledged to Hoffman Academy through Kickstarter, and the team is hoping to reach its goal of raising \$60,000 by the end of the campaign on March 10.

For more information about Hoffman Academy's Cedar Mill location visit HoffmanAcademy.com/Portland and for more about the online lessons visit HoffmanAcademy.com. The main address is 12660 NW Cornell, and their phone number is 503-336-3121.

The sale is sponsored by the Friends of the Tualatin Hills Nature Park. Proceeds support environmental education programs and future improvements at the Tualatin Hills Nature Park, a 222-acre wildlife reserve in the heart of Beaverton. For more information about the Native Plant Sale or other THPRD nature programs, call the Nature Center at 503/629-6350 or e-mail kmunday@thprd.org.

School News
By *Sydney McRae, Sunset student*

This month, Sunset is hosting a "Find Your Future Night" designed to teach parents about the technology used at Sunset. Also, an Intel employee and Sunset Alumnus has offered to teach an after-school engineering course, which is ongoing until the end of the year.

On March 29, Sunset's choir is offering a concert that begins at 7 pm.

On March 9, Bonny Slope Elementary holds a Kindergarten Round Up. If your family hasn't previously attended Bonny Slope, you can come tour the school from 6-7:30 pm. Families who already have children enrolled can attend from 7-8 pm for Round Up activities.



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SUNDAY, MARCH 27
6:30 AM

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