



FREE

# Cedar Mill News

Volume 11, Issue 4

April 2013



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## Featured Business

### Donuts Plus

by Virginia Bruce

Donuts Plus, a Cedar Mill institution since 1992, has just opened in their new space in the Oak Hills Village shopping center at 14740 NW Cornell, just east of the Highway 26 overpass. They are open seven days a week from 5:30 am to 1 pm, serving a variety of fresh doughnuts and other pastries. The new shop has a fresh look and more seating space than their previous space in the Cedar Mill Place center.

And their goodies are absolutely the best in town. Most people prefer them to local icon Voodoo or the Krispy Kreme chain! The selection includes raised rings with chocolate or maple frosting, powdered sugar, or glazed, with or without toppings (sprinkles, peanuts, coconut); old-fashioned in



chocolate and plain or with blueberry chips; plain and chocolate cake doughnuts; chocolate, maple, and maple-bacon bars; filled donuts (apple or bavarian creme); apple fritters, cinnamon rolls, and twists; plus loads of holes. A mixed dozen starts at \$9.75. Beverages include plenty of fresh Boyd's coffee, hot chocolate, tea and soft drinks.

One reviewer on Yelp says, "The raised are lighter than air with a delicately crispy skin, unlike the dense, bread-like versions you get most places. These doughnuts have the texture of Krispy Kreme but without the cloying sweetness... The good news is it's on my way to work. The bad news...it's on my way to work."

Paul Kim has been involved in the family doughnut business since before he was born! His parents, Sue and Joe Kim, immigrated to the US from South Korea in 1980. They stayed briefly with Sue's sister in the LA area, and then moved to the Dallas/Fort Worth Texas area. Joe had learned English while in the Korean army. He had a law degree, but life was hard in Korea and he and Sue always wanted to come to the US.

After working some low-wage jobs in Texas, the couple got involved in a failing doughnut shop. Paul explains, "My parents started as bakers at a local shop that wasn't doing so well. Because of their language barrier, they had to show their ability with their hands. Within a few short months, they became managers because business was starting to finally pick up because of my parents and their creativity. Shortly after, the owner

of that doughnut shop decided to retire and asked my parents to purchase the business. After working 80+ hours and 7 days a week, my parents became business owners in their early 30s. I remember my mom telling me about how she worked while she was pregnant with me up to the day she gave birth. She remembers how hard it was to reach over her pregnant stomach to roll the dough."

They learned to make doughnuts by doing it, Paul says. "They were taught how to measure, check temperature, and all, but everything seemed "too text book-like," so after they became managers, they found their own methods for making a better tasting doughnut. My mother especially knows how to do it all. Yes, she started with a book filled with measurements and directions, but she shut that book closed soon after she opened it. She knew that her way was the right way."

Continued on page 11

### Murray-Cornell lots up for auction

The long-vacant lot at the southeast corner of Murray and Cornell is finally going to be offered at a public auction on May 1, 2013, 10 am, in the Public Services Building Auditorium, 155 N First Avenue in downtown Hillsboro. The minimum

project. <http://www.cedarmill.org/news/archive/1108/murray-road-project.html>

The purchase price of \$3.04 million included the value of the land and buildings. The county had to value the property from a "no



bid for the two parcels, about three-fourths of an acre total, is \$850,000.

The property was acquired by the county's Department of Land Use and Transportation in 2008, in conjunction with the Murray-Cornell intersection improvement

impact" status—that means they paid for the property as if the road project was not happening. They also purchased the land and building of the Humdinger hamburger stand, since it would have been

Continued on page 9

### Cedar Mill Falls boardwalk open soon!

The long-anticipated boardwalk trail that will afford a view of Cedar Mill Falls should be open to the public in the next month or two. Polygon Homes has been doing the construction, and is still making final improvements. They've ordered new 'backless' benches for the viewing deck that should be installed in the next few weeks. They'll be removing the step in the gravel path connection from Cornell Rd to the boardwalk landing at the JQAY House site, and top dressing the entire path with compacted 1/4" minus gravel for a smoother accessible surface.

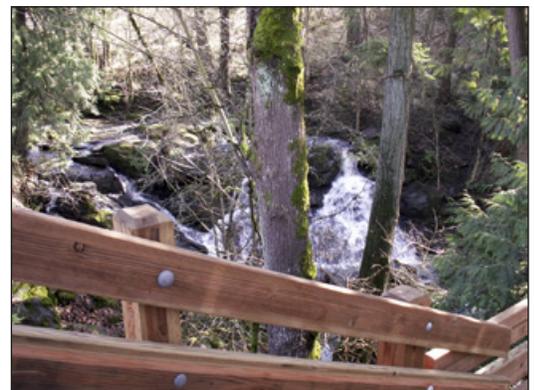
"THPRD Park Planner Matt

Kilmartin says, "They will be completing a few other minor odds-and-ends to finalize our construction punch-list and close out their City, County and CWS permits. I anticipate all will be completed by end of April. THPRD hopes to take ownership of the properties containing the Sue Conger

Boardwalk & Overlook, as well as the other trail, park and natural area amenities along the west side of the Timberland Development, sometime this summer."

Polygon Project Manager Chris Walther confirms that schedule, and says, "it is my understanding that once we remove the orange fencing along with the connection to the existing boardwalk, we will have it open to the public at that time."

The segment of the trail that will lead past the Timberland subdivision to Barnes Road will open once all construction of the new apartment buildings on Barnes is complete.



A view of Cedar Mill Falls from the new staircase leading down from Cornell

# Cedar Mill Business News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at [info@cedarmillnews.com](mailto:info@cedarmillnews.com)

## Same paint, new name, save now!

Three years ago, Valspar Corporation bought the world-wide exclusive rights for the Devine Color brand, except in Oregon and Washington, where Miller Paint retained the rights. Until that time, all the Devine Color paint products in the US were either manufactured by Miller or manufactured by licensee using our formula.

Now Valspar has purchased the rights to use the name in Oregon and Washington, but they will use a different formulation. Miller Paint will now sell their paint with a new name—Evolution.

Until May 22, all Devine Color paint remaining at the Miller Cedar Mill store, on Murray just north of Cornell, will be 40% off. After that, the former Devine Color paints will be relabeled with the new Evolution brand. All the original colors developed for the old line will be available but with new names. Our store employees will be glad to help you find exactly what you need.

## Bales adds Wellness Center

In their ongoing effort to improve the Cedar Mill store, Bales Thriftway has gathered all their health and beauty products into one section, added new products, and grouped the items by category rather than brand, to make shopping easier.

Barry Miller, who works for Bales' parent company, Signature Northwest, has been working with Kirstin Lucido of the Market Center division of United Grocers, to bring it all together. They have added mid-aisle openings to make the area

easy to get to, and a refrigerated case for vitamins, probiotics and other products that must be kept cold.

New products include naturopathic and homeopathic formulas, an expanded selection of natural clean-



ing products, more herbal products, and more natural and organic body care items. "Our focus is on natural, and as much organic as possible," says Miller. "We've been listening to our customers and we're trying to add the right mix of products so they can find what they need."

"Our first focus was on improving the perimeter of the store—the deli, produce, meat and frozen food areas. We have improved our produce offering to include more organics, also the mix of the bulk foods has been adjusted to our customer's needs. Now we're getting to work on the center aisles," says Miller.

Bales Thriftway Cedar Mill is open daily from 5 am-11 pm. Call 503-646-9635 or visit their website for more information—[balesmarketplace.com](http://balesmarketplace.com)

## Prom Dresses

It's Prom Season! Visit Second Edition today for a beautiful prom dress at an incredibly low price! All proceeds from the shop benefit our library. Second Edition is located at the east end of the building housing the Cedar Mill Library on Saltzman.

## CMBA's Lively Luncheon

Cedar Mill Business Association invites you to their monthly luncheon on Tuesday, April 9. Come and enjoy a lively Q&A with Dean Markasky, local funeral director at Valley Memorial

Park and Funeral Home. He will address everything you ever wanted to know about Life's Last Grand Event: "What you need to know to make a grand exit." Ask your questions before you have to know the answers.

The luncheon will be held at Cedar Mill Bible Church at 12208 NW Cornell Road, 11:45-1:30pm. From 1-1:30 participants will be free to network. Visit [cedarmillbiz.com](http://cedarmillbiz.com) for more information about the CMBA.

## Happy Hour

Grab your neighbors and head on over to The Wine Cellar on Saltzman for happy hour. Saturday's from 5-8pm all wines by the glass are only \$5. Dinner service and appetizers are also available.

The Wine Cellar is at 525 NW Saltzman Road, Portland, OR 97229. For more, call the shop at 503-643-5655 or visit their website at [portlandwinecellar.com](http://portlandwinecellar.com)

## Village Gallery News

Featured Artist Darla Kay Boljat will have an artist's reception at the gallery April 13, 2-6pm. Born in Portland, Boljat lives in Sherwood, where she paints in both acrylic and oil. Boljat says "I love Sherwood and all of Oregon's beautiful landscapes. I could paint scenery here in Oregon for the rest of my life and still never finish painting all the wonderful sites Oregon has to offer." Boljat enjoys creating commissions; if you have a family friendly photo you have taken, and would like her to paint it for you, please contact her at [www.dkboljat.com](http://www.dkboljat.com).

**Spring Award Show:** Mark Andres will be the juror for Village Gallery's Spring Award Show, taking place at the gallery April 2-May 4. Andres is an award-winning painter, writer and film maker who has taught at the University of Massachusetts, the Pacific Northwest College of Art, and Portland Community College-Rock Creek Campus, where he has been on the faculty for 22 years.

**Featured Classes:** Creative Watercolor with Chris Keylock Williams: Don't copy, record or

paint from a photograph. Stretch the imagination, find an unknown relationship, exaggerate and amaze. See [www.chriskeylockwilliams.com](http://www.chriskeylockwilliams.com) for samples of her work. Class meets Tuesdays, 9-noon or 1-4.

**Drawing—Fundamentals and Beyond!** with Lydia Cooper: Conquer difficult subject matter like the human hand by applying simple techniques. View instructor Lydia Cooper's work at [www.lydiacooper.com](http://www.lydiacooper.com). Class meets Wednesdays, 9:30-noon.

**Acrylics for Brilliant Transparent Paintings** with Linda Rothchild Ollis: Use fluid acrylic paints to create realistic subject matter, which will include chairs, seated people, indoor scenes, landscapes, still life, experimental textures and more. Visit [www.lrothchildollis.blogspot.com](http://www.lrothchildollis.blogspot.com). Class meets Mondays, 9:30-noon.

The Gallery also offers Children's Art Classes with Kristi Roberts, and Beginning Drawing, Beginning Oil Painting, and Figure Drawing with Nancy Cuevas.



"Painted Hills," by Darla Kay Boljat

Please call the Gallery at 503-644-8001 or visit their website, [villagegalleryarts.org](http://villagegalleryarts.org), for additional information about membership, classes and special events. The Gallery is at 12505 NW Cornell Road, next to the Cedar Mill Library and is open Tuesday-Saturday, 10-4 and Sunday noon-4pm.

## Starting Five for small business

The UPS Store® and NCAA® Basketball are teaming up for their third year in a row to bring customers to their feet with another thrilling campaign. This year they're going to leverage the thrill of

Continued on page 10

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# Cedar Mill Community News

## Cornell Cleanup

The Cedar Mill Business Association will again sponsor a weed and trash collection event from 7-9 am on Saturday, May 4. This is a great opportunity for everyone who would like to do their part to keep our community pleasant for walking, working, and shopping. The landscaping along Cornell between Murray and Saltzman is not maintained by the County, so it's up to us to keep it looking nice. If you have a little time to share with your community, please join us. No need to pre-register, just show up dressed for the weather. We'll supply some tools, gloves, and refreshments. Meet at the overlook area between A Cut Above and Dale St. Ages 12



and over please. The county will provide traffic control for work in the medians.

## Garden Club goes edible

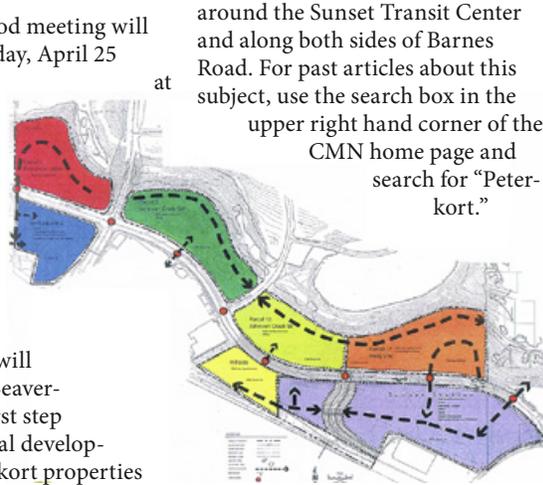
The Cedar Mill Garden Club's April 17 meeting will be on Edible Plants—presented by the Master Gardeners with food tasting by a local chef. The meeting will begin at 11:30 am at the Beaverton Community Center, 12350 S.W. 5<sup>th</sup>, across from the Beaverton City Library. All those interested in gardening are welcome to attend at no cost. For further information about the Cedar Mill Garden Club, please contact Barbara Cushman, president 503-649-7741 or see our website: [thecedarmillgardenclub.org](http://thecedarmillgardenclub.org).

## May 21 Election – study up!

If you're concerned about your taxes and who is spending the money, the May election will give you a voice. Join us for the CPO 1 meeting on Tuesday, May 7 at 7 pm to meet the candidates for a variety of service district boards,

## Sunset Station & Barnes Road development meeting

A neighborhood meeting will be held on Thursday, April 25 from 6-7:30 pm at Christ United Methodist Church, 12755 NW Dogwood, to present and discuss the Planned Unit Development (PUD) Land Use Application that will be submitted to Beaverton. This is the first step leading to eventual development of the Peterkort properties



around the Sunset Transit Center and along both sides of Barnes Road. For past articles about this subject, use the search box in the upper right hand corner of the CMN home page and search for "Peterkort."

and to hear about the Beaverton School District and the Metro Natural Areas levies. CPO 1 meets in the dining area of Leedy Grange Hall, 835 NW Saltzman. This will be a joint meeting of [CPO 1](#), which represents Cedar Mill and Cedar Hills, and CPO 7, which represents Bethany and Rock Creek.

## School Funding 101 Event

Oregon State Senator Hayward says, "Education is by far the issue I hear about most from my constituents. I know that many of you are concerned about increasing class sizes as well as the cuts to physical education, shop, and arts classes. On April 23, a number of Washington County area legislators and I will be hosting an event we are calling School Funding 101. A representative from the Oregon Department of Education will be on hand to explain the history of education funding in Oregon and how we got to where we are now. After the presentation, we will have time for a conversation between community members and elected officials. I hope you can join us."

The event will include Senator Steiner Hayward, Senator Hass, Representative Barker, Representative Harker, Representative Read. It will be held at Mountain View Middle School Cafeteria, 17500 SW Farmington Rd on April 23 at 7 pm.

## Night closures of Sunset Highway

U.S. 26 nighttime closures at **Bethany Boulevard** and **Cornell Road** are scheduled to occur on April 10 and 11 between 11 pm and 5 am (alternate closure dates are April 15 & 16 – pending unforeseen circumstances resulting in delays). The nighttime highway closures are needed to install the new bridge beams for the [Bethany Boulevard overpass](#) widening work. Visit the [Road Closures and Traffic Advisories page](#) for details, including the detour map.

## Beaverton Historical Society

The Beaverton Historical Society's monthly presentation on Tuesday, April 9, 7-8 pm at the Beaverton History Center at 12412 SW Broadway St. will feature guest speaker Richard Matthews. This month's topic will be "Who was Dr. John McLoughlin?"

After retiring in 2008, Matthews became a volunteer for the National Park Service at the McLoughlin House in Oregon City. As he grew in his calling as docent he wanted to know more about Dr. McLoughlin and the history of the region, so for the last four years he has researched both Dr. McLoughlin and Dr. Barclay through letters, newspaper articles and other sources. He has developed a great understanding of who Dr. McLoughlin was and what he did for the American emigrants while he was in charge of the Hudson Bay Company operations in the Oregon Country, and in his later years.



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## Library News and Events

By Dawn Anderson

### Indian Classical Dance Performance

Wearing stunning traditional costumes, students of Jayanthi Raman's NATYA Dance Academy will perform Indian classical dances. Friday, April 5, 6:30 pm.



### Bobbyland

Bill Ratner will be performing "Bobbyland," the story of his adventures tracking down and meeting his uncle Bobby, who played Bobby the Bellboy in the "I Love Lucy" TV program. Ratner is a voice actor, lending his talents to television shows, movie trailers and video games. Friday, April 19, 7 pm. Event suitable for all ages.

### Author Visit: Alter Wiener, Holocaust Survivor

Alter's autobiography, *64735: From a Name to a Number*, is a testimony to the tragedy of WWII. It bears witness to where prejudice may lead and to how imperative it is that we strive for tolerance throughout the world. Please join us on Saturday, April 20, 2 pm, and listen as Alter shares his life story.

### Preserving Your Photos & Memorabilia

In honor of National Preservation Week, the library welcomes Rita Norton, Certified Personal

Photo Organizer, for a free workshop on Monday, April 22, 6:30 pm. Reservations required. Visit or call 503-644-0043 X114.

### Art of the Story: A Family Storytelling Festival

Celebrate National Library Week! April 13-20. There are many exciting performers at this year's WCCLS 9th annual Storytelling Festival. For a full schedule of countywide activities, pick up a brochure at the library or visit the WCCLS website at [www.wccls.org/festival](http://www.wccls.org/festival). The Cedar Mill Library is hosting this free event.

### Author Visit: Maryka Biaggio

*Parlor Games* is the delightful debut novel of local author Maryka Biaggio. Based on a true story, *Parlor Games* is a sweeping historical novel about a beautiful con artist, May Dugas, whose turn-of-the-century escapades take her around the world as she's doggedly pursued by a Pinkerton Agency detective. Friday, April 26, 7:00 pm.

### Upcoming Public Affairs Forum Topics

It's election season! We'll be voting on May 21 for several tax levies and for candidates for many of the important Boards that control our service districts. The Forum will provide an opportunity to hear from the candidates and supporters of the various measures.

April 8: Beaverton School District Board Candidates Jay Bengel, Anne Bryan, Michael Richter, Donna Tyner and LeeAnn Larsen. Candidate bio info here: [beaverton.k12.or.us/home/departments/community-involvement/events/school-board-candidate-forum/](http://beaverton.k12.or.us/home/departments/community-involvement/events/school-board-candidate-forum/)

April 15: Candidates for board positions of the Tualatin Valley Fire and Rescue and the Tualatin Hills Parks and Recreation District will present.

April 22: The Beaverton School District Local Option Levy will be discussed by representatives of the Beaverton School District.

April 29: International sex trafficking will be discussed by Washington County judge Thomas Kohl.

The Washington County Public Affairs Forum meets at the Old Spaghetti Factory, 18925 NW Tanasbourne Drive, across from the Evergreen movie theaters in Hillsboro. The doors open at 11 am, with a first lunch serving at 11:30 and a second at noon. The hour-long program begins at noon, and is open to the public. Only members have the opportunity to question speakers—sometimes the most interesting part of the program.

## Tackling "corporate personhood" and campaign finance locally

The Beaverton City Council passed a resolution recommending an amendment to the US Constitution that would effectively overturn the Citizens United Supreme Court Decision, at its April 2 meeting.

A request for this resolution from Beaverton Citizens for Fairness, a local advocacy group, prompted a prolonged discussion among Council members about how to handle citizen requests for action. At the March 19 meeting, Councilor Marc San Soucie asked the Council to place the group's resolution on the agenda as an Action Item to deliberate and vote on at the next Council meeting. After discussion, there was majority consensus to place this on the April 2, 2013, Council meeting agenda. The vote was four in favor, with Ian King abstaining.

San Soucie says, "they (Beaverton Citizens for Fairness) worked with a coalition to introduce a

more narrowly focused resolution in Salem as House Joint Memorial 6. That is the basis for the resolution we're taking up Tuesday evening."

House Joint Memorial 6, sponsored by Representative Brian Clem (at the request of Marion County Move to Amend) [[marionpolk-movetoamend.org/news/news-articles/68-house-joint-memorial-6-hjm-6](http://marionpolk-movetoamend.org/news/news-articles/68-house-joint-memorial-6-hjm-6)] uses language similar to the Beaverton measure. The group's website says, "Corporations are not people and should not enjoy the constitutional rights intended for humans; and money is property and not speech, so campaign finance and media domination by big corporations can be regulated."

HJR 6 is currently sitting in the Oregon House Rules Committee. If you want to encourage your representatives to support this bill, visit the Marion Polk group's website above to get more information.

## Weed Wise—Look out for lesser celandine!!



Image courtesy of Tom Forney, Oregon Dept. of Agriculture

Tualatin Soil and Water Conservation District warns us to watch for lesser celandine, a perennial buttercup commonly found in flower gardens or surrounding landscapes. Although it is a beautiful early spring bloomer, lesser celandine can quickly take over a garden. In the wild, the plant can completely overtake the forest floor, outcompeting native wildflowers.

Identifying lesser celandine: Bright yellow flowers bloom March-April • Plant forms dense green clumps, 5-6" tall • Flowers extend above kidney shaped leaves (the less invasive buttercups have lobed leaves)

What to do if you find lesser celandine: Dig up small patches and be sure to remove ALL the tubers. DO NOT put the plant in your

compost—dispose of it in your garbage. Larger patches can be sprayed with herbicides at bloom time.

Report patches to the Oregon Invasive Hotline when found in wild or natural areas: [oregon-invasivehotline.org](http://oregon-invasivehotline.org)

[invasivehotline.org](http://invasivehotline.org)

More information: [cwmatest.files.wordpress.com/2012/11/celandine.pdf](http://cwmatest.files.wordpress.com/2012/11/celandine.pdf) or [oregon.gov/ODA/PLANT/WEEDS/pages/profile\\_lessercelandine.aspx](http://oregon.gov/ODA/PLANT/WEEDS/pages/profile_lessercelandine.aspx)

## Bible Church Jazz Jam moves downtown

Ron Carlson, a pastor at the Cedar Mill Bible Church, organized a monthly jazz jam group that has been meeting for several years at Leedy Grange Hall. The project has been a popular success, and has found a new venue and will be moving their third-Wednesday jam to the Grand Café in northeast Portland. Music is from 7-9 pm and it's free and open to the public.

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# Beaverton and Washington County asked to participate in flood insurance program

Late in January 2012, a five-year storm led to flooding of the Cedar Mill Wetland adjacent to Barnes Road, which is fed by a branch of Beaverton's Johnson Creek.



Condo owners watched Johnson Creek waters rise to their yards in January 2012

Residents of the Sunset Meadows Condominium at the north end of Corby Drive watched the waters rise nearly to the edge of their yards.

Joe Annett, one of the condo owners, attended a CPO 1 meeting in October 2012 and shared his concerns with the group. One of the reasons the Citizens Participation Organizations exist is to serve as a forum for this type of issue. Joe said that Beaverton, which had annexed his neighborhood in 2005, no longer participates in a Federal Emergency Management Agency (FEMA) program that can enable flood-plain residents to get a discount on their mandatory flood insurance.

Private insurance companies don't offer flood insurance, because the risk pool is not large enough to provide profits. Most flood insurance in the US is provided by the National Flood Insurance Program, which is managed by FEMA. The agency has a program called Community Rating System (CRS) that offers discounts (from 5-45%) on insurance to residents within jurisdictions that participate. CPO 1 voted at its April 2 meet-

ing to send a letter to the Beaverton City Council and the Washington County Board of Commissioners requesting that they participate in the CRS system.

Several areas of Cedar Mill are in 100-year floodplain areas, according to FEMA's maps. But those maps are old (last updated for Cedar Mill and Johnson Creek in 1987) and need to be updated. Washington County, Clean Water Services, and all the local cities contracted with an engineering consultant in 2004-5 to produce new county-wide flood maps. The new flood study and maps were submitted to FEMA in 2005 and have since been under review by FEMA (going on eight years). Once FEMA formally approves them, now anticipated to happen this summer, FEMA will mandate that the local land use agencies—in this case both Washington County and Beaverton— update their codes to incorporate them officially by winter 2014.

Jim Duggan, who works in Beaverton's Development Engineering department, said, "For the Beaverton Creek basin (including North Johnson), the 2005 FEMA FIRM's (Flood Insurance Rate Maps) show the old 1987 flood study information! What changed for property owners in the Beaverton Creek basin is that the 2005 map preparers used approximate contour mapping from the 1987 flood study and badly superimposed it on an aerial photo from approximately 1994. Prior to 2005, there was no aerial photo in the map. That aerial photo in the

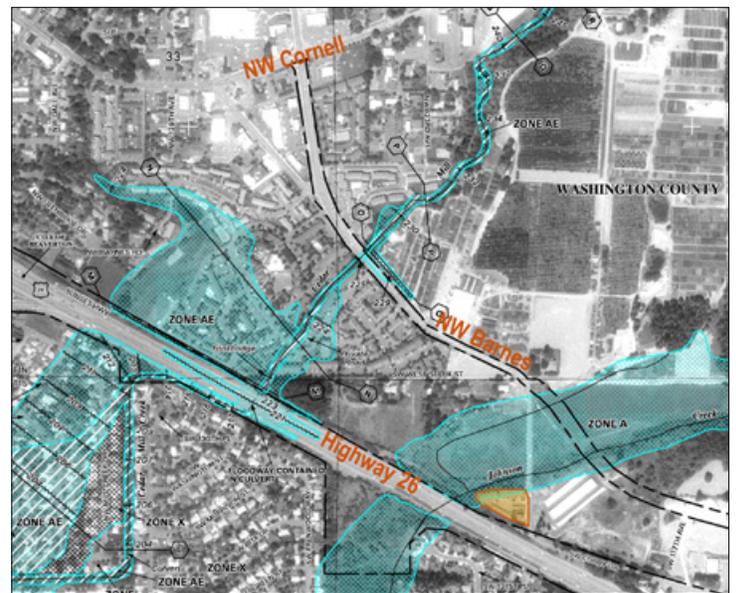
2005 map has since caused many map interpretation errors."

He continued, "The 2005 FEMA maps for the Beaverton Creek basin are so poor that City staff does not consider them reliable for anything more than rough location and the vertical, numerical information. That is why the City of Beaverton has been using its own, accurately prepared maps and the more recent flood study information to communicate flood risk to property owners and to regulate new development. However, for insurance rating purposes, the 2005 FEMA maps must be used per federal law."

In a 1994 memo, Duggan explained that, "Participation in the

certifying that properties within the floodplain meet certain elevation and other requirements, and that floodplain data is used when approving new development.

While Beaverton and Washington County both use floodplain data when considering development applications, both agencies claim that they don't have the personnel or budget to fully participate in the CRS at this time. In fact, according to Washington County Communications Coordinator Stephen Roberts, no government in Washington County participates in the CRS at this time. Some reasons for this include the relatively small percentage of properties within floodplains



FEMA map indicating 100-year floodplain areas, using 1987 data superimposed on a 1994 aerial map

voluntary CRS program is not exactly an easy task. It takes about 40 work hours to review and complete the yearly application packet and another 60 or so hours to accomplish and document the program requirements throughout the year." He notes that the city engineering position that had been responsible for those tasks was eliminated during the FY 93-94 budget process, and that's when Beaverton stopped participating. The tasks include improvement projects, public information, additional mapping, and

(319 homes in Beaverton), the small discounts that would result from low-level participation, and escalating government budget and staff cuts that have been occurring over the last decades.

CPO 1 represents all residents of the Cedar Mill-Cedar Hills area, regardless of whether they've been annexed into Beaverton. It will be interesting to find out how the city and county respond to the CPO 1 request. This seems like an area where a little more government might be a good thing.

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## It's Plant Sale time!

The 10th Annual Cedar Mill Garden Club's Plant Sale and Art Fair will be held Friday and Saturday, May 3 and 4 from 9- 5 both days in the parking lot of the Cedar Mill Bible Church at 122nd and



NW Cornell Road. The sale benefits botanical gardens, tree planting, a garden at the historic John Quincy Adams Young House, educational programming and horticultural scholarships.

You will find a large selection of choice, well-rooted plants from member's gardens as well as donations from the community. We specialized in perennials for both sun and shade and this year will have, in addition to many spring bloomers, hostas and ferns, some late summer perennial cutting flowers, and a large selection of choice dahlias in pots. For additional information about the Cedar Mill Garden Club, contact, 503-649-7741 or see our website: [thecedarmillgardclub.org](http://thecedarmillgardclub.org)

### Blooms for Books!

The eighth annual Library Plant Sale, "Blooms for Books" will be on Saturday, May 4 from 9 am-3 pm in front of the Cedar Mill Library. For the best selection, place your order now for your favorite plants. Orders due Wednesday, April 10. [Order forms available on our website.](#) Return the order form &



payment to the library. Pick up your plants during the Plant Sale, May 4. Proceeds benefit the operations of your library.

For those who forget to pre-order their plants, visit the sale

anyway! Cori Bacher, Lisa Sleasman and their dedicated crew of volunteers have grown over 1,000 perennials, shrubs and trees for this year's sale. A big thank you to all!

In addition to thousands of plants (that are not on the order form), you'll find garden supplies, pots, containers, lots of bargain-priced terra cotta, tools, and a gardening bookshelf full of classic titles. Plus, the bargain area will be full of plants at deeply discounted prices.

Pumpkin Ridge Gardens in North Plains is bringing an even larger selection of their beautiful, organically grown annual, perennial and vegetable starts, including several grown especially for us. Look for veggie starts especially suited to our cooler summers. The library receives 30% of the purchase price of these plants.

Our crack team of amateur horticulturists will be available to answer any gardening-related questions you may have.

Second Edition is accepting garden-related items for re-sale and will be offering very attractive prices on fun gardening accessories, pots and clothing.

The Village Gallery of Arts will be having their fourth annual "Art Challenge" show. A portion of their art and craft sales on May 4th will be donated to the library. Questions: Call Dawn at 503-644-0043 x 121.

The Aloha Garden Club is also holding their annual plant sale and garden fair on Saturday, April 27, 9-2 at the Aloha Huber Park Elementary School, 5000 SW 173rd, Aloha. There will be a variety of perennials, trees and shrubs, donated from members' gardens. Most of our plants will sell from

\$1 for 4-inch pots to \$3 for gallon pots. Some specialty plants will be available at slightly higher, but still bargain prices. Plant sale proceeds are used for grants and scholarships within Washington County. The Aloha Garden Club has awarded grants and scholarships totaling more than \$57,000 from the proceeds of our plant sales since 2003. In addition to plants, shoppers will find a variety of vendors with garden related treasures for purchase

Skyline Grange's Tree & Native Plant Sale Friday-Saturday, April 12-13, 9 am-5 pm; Skyline

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### More native plant sales

Several local groups will raise funds and help you to better manage your landscape and watering needs with sales featuring native plants. Native plants are best suited to our climate and will require less water and no chemicals to stay healthy. Many also provide food and shelter for birds and other backyard fauna.

Friends of Tryon Creek, April 6 and 7, 10 am – 4 pm, 11321 SW Terwilliger Boulevard, Portland

Jackson Bottom Wetlands Preserve, April 20, 9 am – 3 pm, 2600

SW Hillsboro Highway, Hillsboro Audubon Society of Portland, April 20 and 21, 10 am – 4 pm, 5151 NW Cornell Road, Portland.

THPRD Native Plant Sale, April 27, 10 am – 2 pm, 15655 SW Millikan Way, Beaverton.

Friends of Tualatin River National Wildlife Refuge, April 27, 9 am – 3 pm, 19255 SW Pacific Highway, Sherwood.

## Protect Park Natural Areas

THPRD Natural Resources is in need of volunteers to participate in our habitat restoration [monitoring program](#). This includes photographing natural areas using a designated protocol to monitor success of native plant installations over time. If you would like to sign up or have questions, contact Melissa Marcum at [mmarcum@thprd.org](mailto:mmarcum@thprd.org) or 503/629-6305 ext. 2720. [thprd.org/pdfs/document1217.pdf](http://thprd.org/pdfs/document1217.pdf)

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## Dinihanian's CSA is growing for you

On a 40-acre farm just north of Cornell Road opposite the Oak Hills shopping center, the Dinihanian family has been growing flowers and greenery for generations. In 2009, they began to convert some of the holly acreage into a vegetable patch to supply their farm market and their CSA.

A CSA—Consumer Supported Agriculture—is a system where



Peas are already sprouting in one area of the farm. A trap catches destructive beetles.

consumers pay up-front, at the beginning of the growing season, and then receive boxes of fresh produce and other foods weekly throughout the season. Vahan Dinihanian came up with a little twist on the conventional CSA model by

bringing food from several farms throughout the region. This allows them to supply their customers with a broader variety of foods, and reduces the risk of any single crop failing due to weather, disease or any of the other mishaps that can befall a farm.

They have been expanding the acreage planted to vegetables since they began, and last year they

embarked on the three-year process of making the farm organic. Farm manager Butch Hamaday ran a large organic farm in California before he came to work here, and he's enthusiastic about the changes that are coming to "YourCSA.com," as the program is called. They manufacture

their own compost onsite, and use only natural herbal sprays for pest control.

"We have expanded our greenhouses this year," he says, "and we're growing a much wider

variety of vegetables here. More intensive planting will mean that about 80% of each box will come from our farm. Boxes will be larger this year, too."

A full box, enough to feed a hungry family of four, is \$650 for the 20-week season, and can be paid for one-half at a time. That's only \$32.50 per week, and if you now shop at "whole paycheck" or another fancy grocery, you're probably paying that already for food that may be weeks old and that has traveled from different climates, time-zones, countries, and hemispheres.

CSA boxes are filled with produce harvested the same day the box is packed. This means you receive produce that has a longer shelf life, better taste, and higher nutrient content. A half-share for a smaller family is \$400.

In addition to a wider variety of fruit and vegetables, they're offering optional add-on shares of beef, chicken, eggs, bread, cheese and many other foods and beverages,

all locally-sourced for maximum freshness. They're even supplying a "bulk food share" that will include the pantry items you need to prepare all your meals.

Another new feature this year is what Butch calls the "transparent field." Click the "In the Field" tab of the website ([yourcsa.com](http://yourcsa.com)) and you'll be able to find out a wealth of information about your food as it grows, from seedlings to harvest,



Winter rye and field peas kept down weeds during the winter and will be plowed into the field to improve fertility

including seed sourcing, estimated harvest dates, recipes, and nutrition for each crop.

They're taking signups now for the season that will start in June. Visit the website to find out more, and sign up for your share. And if you're not ready to commit to the CSA, most of the produce is available in the Farm Store, which will also open in June.

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# Noticing what's new and what's gone

By Lauretta Young

As I sit on this icy, almost-spring morning, contemplating the sun and warmer temperatures promised later, I am also anticipating, with some joy, my spring chores. The prediction of a few days without rain means I'll apply dormant spray to my fruit trees to kill the overwintering insects and fungi that destroy fruit. I'll scrub off my outdoor cushions and allow them to dry in the sun. And the rain promised later next week will activate the fertilizer I put around my roses to help them grow with vigor.

I notice as well that the swallows have not yet returned to our pond. According to the records we have kept for the 12-plus years of living here, TODAY is the earliest date when swallows have arrived (March 9), but later in March is more typical. "Oregon Birders on Line" articles note that swallows have been seen in the past couple of weeks—apparently migrating but not staying—at other areas in Washington County. (<http://birding.aba.org/maillist/OR5>)

Our neighbor has a number of Swallow houses near the pond. Soon the Violet Green and Tree Swallows will be making their selections. As temperatures rise, there will soon be enough of

my friends and bird tour guests who find they never noticed the size difference, the voice difference or the subtle coloration differences. It's often fun to notice something you had previously overlooked.



Tree swallow, photo ©2013 by Jeff Young

As spring begins to arrive we see trees forming buds and peony stems pushing out of the ground. The hellebore flowers, like the Swallows, are some of our earliest spring "arrivals." Our Black Capped Chickadees have started to enjoy the balls of cat hair and dryer lint I put out near our bird feeders. They take a beakful and go "feather" their nests with warm fluff.

We have a variety of birdhouses for our local cavity nesters—which include the Red Breasted Nuthatch, the Chickadees, the Woodpeckers, and the Swallows. I also have a Wood Duck house—they are our only tree-nesting duck—most other ducks nest on the ground. So be careful as you mow—we do have some ground nesters which are very fragile, such as the Juncos—we have a pair who builds their ground nest under a large bunch of daffodils every year. So be mindful as you walk and mow and weed.

Spending time outdoors can be a way of inviting variety into one's life by connecting to seasonal changes. Noticing what's new and what's different can add awe and interest and draw your brain into making new connections. Smiling and going outdoors are really good for you!

Lauretta Young MD is the current Director of Integrative Self Care for Students program at OHSU and she has a custom bird touring business—see [www.portlandbirdwatching.com](http://www.portlandbirdwatching.com) for more information and see [www.flickr.com/photos/youngbirders](http://www.flickr.com/photos/youngbirders) for more pictures from the Young's adventures in Cedar Mill and beyond.

a sustained series of insect hatches to support the Swallows and their brood. I look forward to watching them swoop over the ponds catching the latest insect hatch.

The flocks of Cackling Geese are dwindling. Just a month ago, two or three hundred spent each night on the pond. This morning there were about 20 Cacklers which had spent the night. Time to move north to breeding grounds along the western coast of Alaska. These birds are often mistaken for the Canada goose, some of which become year-round residents. Cacklers are much smaller, about the size of Mallard ducks and have darker chest feathers than the much larger Canada goose. Their voice is referred to as a "cackling" call as opposed to the HONK HONK call of the Canada goose. I am always thrilled to be able to point out the differences to

Auction, continued on page 1 seriously impacted by the road widening.

The main property started at about one acre, but a large chunk was used for the right-turn lane from Murray onto Cornell and for sidewalks and other easements. In addition, all access points (driveways) were removed from both Murray and Cornell and the only planned access into the lot will be on Joy Street. This was required to assure a smooth and safe flow of traffic at the intersection. These factors, along with reduced property values following the recession, explain the large difference between the 2008 and current price. The current assessed valuation of the two properties is about \$700,000.

The former Humdinger property, west of the tattoo parlor, includes an existing billboard lease with income.

The properties are located in the Transit-Oriented Retail-Commercial zone (TORC). The Town Center ordinance calls for the property to be developed as sidewalk-level commercial, with a two-story building at the corner, allowing for the potential of office or living space on the second floor. This type of "mixed-use" development can already be seen in some of the newer buildings that have been developed along Cornell. (However, Auto Zone was allowed to create a building with no functioning second floor.)

Because of chemicals that had seeped into the ground from the previous dry-cleaning business, the state Department of Environmental Quality required a cleanup effort that stretched over the three years since the roadwork was completed. Teresa Wilson, Real Property Management Specialist in the county's Facilities and Parks Services department, says that, "DEQ sent us the No Further Action Letter on December 4, 2012.

Beaverton annexed the roads several years ago. Depending on the location of the pipes beneath them, the city may require the property developer to annex into the city to gain access to the sewers. [cedarmill.org/news/311/auto-zone.html](http://cedarmill.org/news/311/auto-zone.html).

The auction website is [www.co.washington.or.us/support\\_services/facilities/property-auction.cfm](http://www.co.washington.or.us/support_services/facilities/property-auction.cfm). For more information, contact Teresa Wilson at 503-846-3491 or [Teresa.Wilson@co.washington.or.us](mailto:Teresa.Wilson@co.washington.or.us)

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*Business News, continued from page 2*  
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**Virtue of the Month: Cleanliness**

“In every aspect of life, purity and holiness, cleanliness and refinement, exalt the human condition... Even in the physical realm, cleanliness will conduce to spirituality” (Abdu’l-Baha, Selected Writings).

“Cleanliness is treating our bodies with respect and care by keeping ourselves clean, fresh and healthy, eating pure foods and breathing fresh air. We strive to keep our

spirits clean and our minds clear. We rid ourselves of habits that do not serve our dignity. We think and speak in ways that honor others and ourselves. Cleaning up our mis-



takes gives us a fresh start. When we forgive, we cleanse our hearts of negativity. We do our part to care for the earth...”

The Practice of Cleanliness:

I keep myself fresh and clean. I put only healthful things in my body. I clean myself of harmful habits. I am willing and able to clear up my mistakes. I forgive others and I forgive myself. I am a responsible steward of the earth. I keep my environment clean and beautiful.

Affirmation: I am thankful for the gift of cleanliness. It frees my spirit.

Brought to you by Delaram Adyani at Virtues Connection Portland, Oregon [virtuesconnectionportland.com](http://virtuesconnectionportland.com).

**Sunset Yoga Anniversary Celebration**

On April 21, 2-5, join Sunset Yoga Center for their thirteenth anniversary celebration for these fun activities:

Photography contest: Bring a favorite picture into the studio that you have taken between now and April 21. There will be a yoga theme category and a general category.

All pictures will be displayed without any identifying information. Everyone at the party will cast a vote for their favorite picture, and the first and second places in each category will receive a prize.

Book Drive: Please bring any books that you would like to donate to the Cedar Mill Library. Books must be in good condition with no highlighting or underlining. You can drop them off at your yoga

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classes if you are unable to come to the party.

Food: Finger food and beverages will be provided. Sunset Yoga looks forward to seeing you at their studio, 12923 NW Cornell, on the second floor at the back. Visit their website, [sunsetyoga.com](http://sunsetyoga.com), for information on all their classes and programs or call 503-539-4504.

**Spring Clean—Get Organized**

NW Organizing Solutions realizes that with the arrival of spring and longer days many people start to think about spring cleaning. Why not get rid of some clutter? Research by the National Soap and Detergent Association shows that getting rid of clutter would eliminate 40 percent of housework in the average home. Save yourself time and energy this spring by bringing order to your space. To help you, NW Organizing Solutions is offering Cedar Mill residents 10% off all organizing services during the month of April. Call Beth Giles at 503-709-0791 to schedule a session or two to organize your things and take advantage of this month’s savings. You’ll appreciate the time saved as well as your beautiful, organized home or office.

**It was Grimm in Cedar Mill!**

An episode of the very popular



NBC TV series Grimm, which is filmed in Portland, was shot partially at Cedar Mill’s own Greek Village Tavern on Halloween day last year. It was just shown on the air on March 15. Visit the NBC website to view “Natural Born Wesen,” or just visit the club to see the real thing.

Sunset Tire Factory shares the lot, and owner Bud Holden says that the whole parking lot was full of equipment on the day of the shoot. “They put a new sign out front, and replaced all the recognizable beer signs inside. They even paid us a little for the inconvenience. I have a new appreciation for the cost of making these shows!”

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Donuts, continued from page 1

“Southern Maid Doughnuts” was successful and added another location. The Kims are still well-known there and are occasionally asked to help set up new doughnut shops. But they never enjoyed the hot weather in Texas, and so they moved to Oregon, where they opened the original Donuts Plus in Cedar Mill in March, 1992—on Paul’s ninth birthday.

The shop in the Cedar Mill Place center at the southwest corner of Murray and Cornell was home to the business for 21 years. They had a loyal pack of dedicated customers and so, when it came time to move from that location to make way for a new Walgreens, (see June 2012 article),

(less than a mile west on the same street). We knew exactly what we needed in a bakery from what we lacked in our previous location—equipment, space, kitchen, office. I was fortunate to have the opportunity to design and build the whole layout along with our family friend, Bruce Levin, since

90+ hours-per-week work schedule during a six-month transition period. My parents are due for a vacation, and a chance to at least semi-retire. It’s my turn,” he says.

“We get to the shop as early as 12:30 am to start preparation. Everything is made from scratch and nothing is ever refrigerated. Yeast-raised doughnuts are more time-consuming because they rise in the proofer, so that begins first. In between the dough mixing, rolling, and cutting, cake-based doughnuts are prepped,” Paul explains.

they’re fried, the doughnuts get a coat of chocolate or maple frost-



Sue and Joe enjoy greeting old and new customers and still have a lot of fun at the shop

the great visibility, location, and customer recommendations, we’re welcoming new customers everyday!” It’s a convenient morning stop for most people on their way to Highway 26 or anywhere south or west of Cedar Mill.

He has some ideas about new offerings after he gets back—new flavors, new menu items, and a few surprises. In the meantime, stop in



day one. Everything from county permits (there were a LOT), color theme, building walls, staining the floors, electric, water, and plumbing needs, kitchen space, dining and serving area, cabinets and countertops... this has been a learning experience!”

After working long hours putting together the new shop, Paul is taking a long vacation in Korea, visiting his extended family in Seoul. [We did the interview for this article via email and Skype.] When he returns, he plans to take over the business. “After 30 years of making doughnuts—prepping, selling, bookkeeping, etc., I’ve decided to step in to become the chief of operations to relieve my parents from their long

ing, or glazing, and then toppings are added. “Our doors are open at 5:30 am but actual baking isn’t finished until late morning or early afternoon.”

If there are doughnuts or pastries left over when they close, they donate them to one of several charities, so what they sell each day is completely fresh.

They’re happy to take pre-orders for doughnuts in any amount. If you need snacks for a meeting or treats for a party, Paul says, “Just come on in or give us a call in advance.”

Most of their old customers have returned to the new location And Paul notes that, “Because of

and get some of the freshest, most delicious doughnuts in town, just be sure to get there before they close for the day at 1 pm. If you want bacon maple bars, get in early because they go fast!

One of the improvements at the new shop is that they now take debit and credit cards. Donuts Plus is located at 14740 NW Cornell Rd. Suite 100, right about in the middle of the center. Call them at 503-644-2168.



Paul Kim prepares yeast doughnuts

they were determined to find a nearby location.

“Our new location has been a true blessing,” says Paul. “It was difficult to build a brand-new full bakery inside a place that used to be a sports card business. We could have taken a unit with an existing restaurant, which would’ve been very convenient and quick, but we wanted to continue to serve our local community which has become our family during the past 21 years by staying close by





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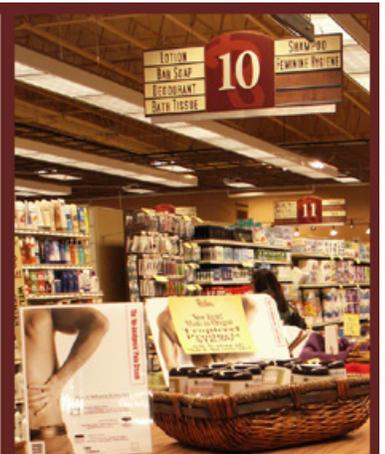
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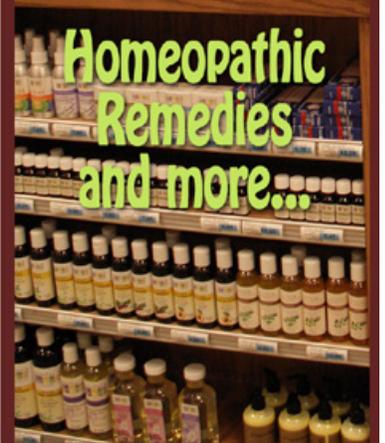
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