



FREE

Cedar Mill News

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May 2014



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Featured Business

Walgreen's

by Virginia Bruce

In April, the brand new Walgreen's store opened at the corner of Murray and Cornell. Unlike the previous store, the building was custom-designed by Walgreen's architects for a state-of-the-art retail operation.



One of the most important features for customers is the "Wellness Experience" program for the pharmacy. Store manager and "Community Leader" Carl Burnham says, "This is the only Wellness Experience store west of the river in Portland. Many of our other stores have aspects of this model, but this is the full template." The pharmacist on duty sits out front at a station called "The Bridge." Burnham explains, "The Bridge is a way of removing barriers from the Pharmacist and patient. The pharmacist is out front to answer questions and more freely interact with customers."

"The purpose of the Wellness Experience is to bridge the gap between your primary care physician and your pharmacy. Also, we seek to fill any needs from the demands of an ever-expanding

cause, says Burnham, "Our current location was going to be torn down, and we would need to rebuild either way. The fact that we have a high

script volume, and a demographic in need of expanded services, made it a no brainer."

New in the pharmacy is the set of kiosks that allow customers to quickly pick up monthly maintenance medications. It creates more efficiency for the pharmacy workers and a quicker trip for customers. A touch-screen display allows you to check in, pay, and get any regular medication that doesn't require the pharmacist to consult with you. And should you need to wait for your order to be filled, a larger, more pleasant waiting area includes a display screen to inform you about the progress of your order. It's definitely a more open, welcoming, and efficient space.

Another new feature of the store is the photo area. Responding to the prevalence of digital cameras, the store has three stations that allow customers to download images and have prints and other photo processing options made quickly and efficiently. Trained staff is available to help with every step for those who aren't so comfortable with computers.



healthcare system. Walgreens is trying to position itself nationally to take strain off the primary care physicians where ever it can. We currently offer immunizations and family counseling for medication adherence. Blood tests will also be available in the future."

Walgreen's corporation decided to implement the program here be-

And, wow, the beauty department! Right up front, next to the large windows, the area is laid out more like a department store beauty section. (Don't worry, though, you won't get squirted with perfume!) All your favorite brands are here, along with a couple new ones.

Continued on page 6

What is District 2, and why should you care?

An editorial by Virginia Bruce

Most of us get our news from national and regional sources, and very little attention is focused on local politics. Portland news outlets rarely spend time covering issues that affect us most in Washington County. But the activities of local governments have more effect on our lives than those covered on the national and regional news.

The current election, which ends on May 20, may be one of the most important ballots we cast. It gives us a chance to choose two of the people who will have a great influence on the future of the area. Washington County is run by the elected Board of County Commissioners (BCC). Four Commissioners are elected by the voters in their districts, and the Chair is elected by voters from the entire county.

Cedar Mill is completely within District 2. The district also contains Cedar Hills, Bethany, Rock Creek,

Malinowski and challenger Bob Zahrowski. Current Chair Andy Duyck is being challenged by Allen Amabisca. The May 20, 2014 election will decide both of these races.

Our County Commissioners make decisions about how our county tax dollars are spent, which road projects will be funded, where growth will occur and how much of this growth will be funded by taxpayers. Our County Commissioner is our main contact for local government issues. Whether it is help with zoning or roads, code violations or navigation of county business regulations, the Commissioner is the person most people will contact for help and explanations.

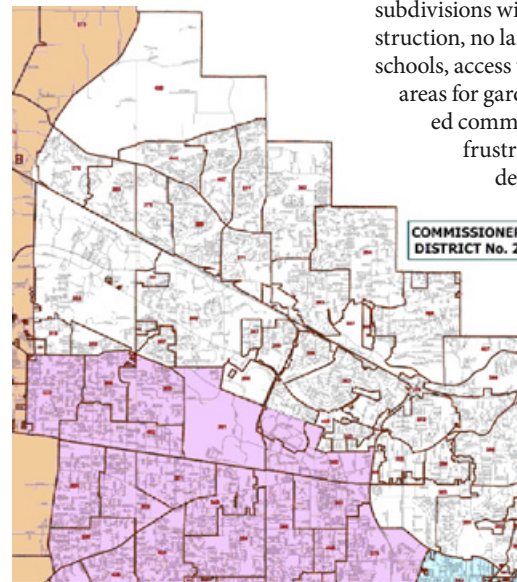
There has been a 3-2 majority (Commissioners Duyck, Terry and Rogers) on the BCC for several years that consistently supports allowing new development with few requirements for the amenities that create sustainable communities. We get subdivisions with minimal road construction, no land set aside for new schools, access to transit, or common areas for gardens or parks. Impacted community members are frustrated to find out that deals have been made

before their concerns are considered.

Zahrowski is widely seen as an ally of the current majority.

I urge you to vote for Greg Malinowski, a proven friend of small business and sustainable communities, a supporter of citizen involvement and transparency

and parts of Beaverton. It is entirely within the Urban Growth Boundary. Much of it is Urban Unincorporated County—urbanized areas that are not part of any city. (More about that in the Urban Needs, Rural Government series.) The race in District 2 is between incumbent Commissioner Greg



and parts of Beaverton. It is entirely within the Urban Growth Boundary. Much of it is Urban Unincorporated County—urbanized areas that are not part of any city. (More about that in the Urban Needs, Rural Government series.)

The race in District 2 is between incumbent Commissioner Greg

Cedar Mill Business News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Cedar Mill Liquor discounts

Cedar Mill Liquor and Cigar has new beer and wine discounts! They will be offering 10% off of all beer and wine every Tuesday, another 10% off six or more bottles, and 15% off 12 or more. Special orders are always welcome!

Osteoporosis seminar

On Tuesday, May 20, from 6:30-7:30 pm, Great Bones will be hosting a free event called, "Toddlers to Grandmas." Hear Dr. Andre, ND, Elise Holcomb, RN, BSN, and Martin Rasmussen, Great Bones founder, discuss bone density and osteoporosis.

Many think osteoporosis only affects older women, which is not the case. Come find out how peak bone density is reached in your 30s, and why osteoporosis is called the "silent disease."

Great Bones is located at 485 NW Saltzman Road. For more information call 503-575-9261 or email art@great-bones.com.

Knitting Bee buzzes into Cedar Mill

The Knitting Bee, a store with everything for knitters, has moved from its previous location at 185th and West Union to the Peterkort Towne Square, 10934 SW Barnes. "You'll find an inspiring selection of yarn for knitting and crochet, a fun roster of how-to classes, and a bright and cheery place to sit and stitch," says owner Jami Brynildson. "Our friendly and enthusiastic team of 'yarn enablers' is armed with the knowledge to make your project a success, and the desire to help your creativity shine."



They're in the east end of the long building, near the UPS Store. Call them at 503-439-3316 or visit them online at the knittingbee.com

OCAC Spring Sale May 17-18

The Oregon College of Art & Craft Ceramics, Metals, Fibers, and Book Arts Departments are happy to announce their Annual Spring Sale. This sale features handmade objects by students, faculty, and community members. A majority of the proceeds go directly to the artists and a portion to the respective OCAC Departments, Art Clubs, and Guilds. The funds raised help bring visiting artists to campus, buy specialty equipment for student use, and fund student travel.

This is a wonderful opportunity to buy beautiful and unique artwork while supporting young artists. The event will take place on Saturday, May 17, from 10 am-4 pm and Sunday, May 18, from 10 am-3pm at the Oregon College of Art and Craft on Barnes Road. For more information call 503-297-5544. Or email communications@ocac.edu.

OCAC Tea Party

Join us for OCAC's 21st Annual Tea Party, honoring the work of our Third Year Teapot Class, on Friday, May 16 from 2-5 pm.

Focusing on traditions dating back to ancient history and still practiced today—raising and forming, large scale soldering and fitting processes—students are faced with designing and creating a functional teapot. Free, RSVP appreciated, teaparty@ocac.edu, or 971-255-4165. More at ocac.edu/events/ocac-annual-tea-party

Columbia Sportswear expanding

Did you know that the international headquarters of Columbia Sportswear is right here in Cedar Mill? The main building is located at the corner of Cornell and Science Park Drive. They recently purchased another property further down Science Park, and are proposing to convert it to warehouse facilities and a new location for their employee store. A development application was submitted to the county, and

public comments will be accepted through May 21. For further information, contact Wayne Hayson, Principal Planner, 503-846-3867.

Powell Paint Center opens on Barnes

The long-vacant building in front of Cedar Mill Lumber has finally found a tenant! Powell Paint Center, with locations in Portland (on Powell, of course) and in the Gateway area, has just opened a third location at 12740 NW (old) Barnes Road—(that is the stub of Barnes that runs between where Saltzman begins, and Cornell). They carry the Benjamin Moore line of paint, along with supplies to help you complete your project. They are open Monday-Friday 7 am-6 pm, and Saturday 8 am-5 pm, closed Sundays. For more information, visit them online at powellpaintcenter.com, or call 503-746-7610.

Sunset Yoga Celebration

In honor of Sunset Yoga's 14th anniversary, they will be holding a celebration on Sunday May 18. The free event will take place from 3-5 pm at the Sunset Yoga Center, upstairs at 12923 NW Cornell Road #203. There will be food and chances to win a prize! For more information contact Nina Pileggi at sunsetyogapdx@gmail.com or visit sunsetyoga.com.

Downtown Cedar Mill blooms

The Cedar Mill Business Association is once again sponsoring the flower basket displays on light poles along Cornell in our "downtown" area. Installation and maintenance for this cheerful display is provided by The Garden Corner, and paid for by CMBA members and businesses in the area, along with donations from YOU! CMBA members will be manning a booth at the Farmers Market on various Saturdays throughout the season. If you enjoy the flowers, feel free to donate—everything is helpful.

The group completed another successful Cornell Cleanup—did you see the pile of trash bags awaiting disposal? They'll be at it again this fall, and they can use

your help. Because we're not in a city, it's up to us to keep our downtown pleasant.

Venetian Nails

Two hard-working women, Jenny and Michelle, opened Venetian Nails and Spa in the Sunset Mall in February of this year. The business is located on the west side of the building (13540 NW Cornell Rd., across the driveway from the park) and has been updated with serene colors and new products.

Jenny and Michelle enjoy



working in the Cedar Mill area, and meeting new people. Services offered include multiple types of manicures, pedicures, waxing and facials. Treat yourself to a deluxe version of a manicure or pedicure and you will not only have beautiful nails but silky skin! They hope to meet you soon.

For the month of May, they are offering a 20% discount on all services when you bring in this article. Please call 503-646-3303 to schedule an appointment and welcome these new Cedar Mill business owners.

Village Gallery Art Challenge

Show dates: May 6-30;

Fifth Annual Art Challenge Show and Sale! Over 400 original canvases created by artists of all ages and skill levels are on display and for



sale at the gallery this month. This unique show draws collectors from around the area. Each artist has had 30 days to create four small canvases

Continued on page 10

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Paving season

Thompson Road will receive an asphalt overlay. Scheduled date is May 15. The project will stretch from the Multnomah County Line to Saltzman Rd. Weather may affect the project. You can get a variety of county road news at wc-roads.com and sign up for email updates.

Bethany Boulevard final paving will occur from May 12-23. Travelers are encouraged to use alternate routes or expect long delays.

A contractor for Washington County's Department of Land Use & Transportation will begin final paving work next week on Bethany Boulevard between

Bronson Road and West Union Road starting Monday, May 12 through Friday, May 16 between 9 am and 3:30 pm each day. Paving work south of Bronson Road to Cornell Road will begin the following week, starting Monday, May 19 through Friday, May 23 between 9 pm and 6 am each night. Travelers are encouraged to use alternate

routes or **expect potentially long delays.**

Final paving work is weather-dependent and will be postponed if the weather changes from the current forecast. During this work, one lane in each direction will generally remain open; however, additional lane restrictions may be necessary at certain times. Traffic signals along Bethany Boulevard will also be shut down during paving work.



This project widened Bethany Boulevard between Cornell Road and West Union Road, including the U.S. 26 overcrossing. Additional improvements

include bicycle and pedestrian facilities, street lighting and utility upgrades. The project is funded through the County's Major Streets Transportation Improvement Program (MSTIP).

For more information, visit the project website or contact Project Manager Matt Costigan at (503) 846-7800 or matthew_costigan@co.washington.or.us.

Area 93 Virtual Open House and Survey

Area 93, an approximately 160-acre neighborhood north of Cedar Mill, transferred from Multnomah County to Washington County on January 1, 2014. Back in 2009, when it was still in Multnomah County and they were attempting to plan for its development, Multnomah County drafted a Concept Plan for Area 93's future urban development based on public input from open houses and planning workshops, but the plan was never adopted.

Washington County has begun background work on the planning for the urban development of Area 93, building upon the planning work started by Multnomah County. **They want to hear from you before going further.**

More than 80 people attended the April 10 Area 93 Community Plan open house. Residents were joined by Chair Andy Duyck, Commissioner Greg Malinowski, and staff from Washington County and

other service providers, including Tualatin Valley Fire & Rescue, the Sheriff's Office, Tualatin Hills Park and Recreation District, Tualatin Valley Water District, and Clean Water Services.

If you weren't able to attend the April 10 open house, you can review the same information at the "virtual open house" on the Area 93 website, between now and May 15. In the virtual open house, you can:

Learn more about the planning process for Area 93 in Washington County;

Review information about Area 93, including its natural resources and transportation needs;

Take a short online survey where you can comment on the Concept Plan developed through the Multnomah County process and provide input about principles, goals, and working assumptions that will guide development of the community.

be sure to
VOTE!

get your ballot in the mail by **May 15**,
or place it in the dropbox at Cedar Mill Library
by **May 20**.

more dropbox locations on the county website:
www.co.washington.or.us/AssessmentTaxation/Elections/CurrentElection/current-ballot-drop-sites.cfm

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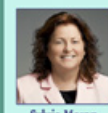
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Farmers Market Opens May 10

by Dina Gross, Market Manager

We all know summer is not far off and Mother's Day is upon us when the Cedar Mill Farmers Market, sponsored by Tualatin Hills Park and Recreation District, opens for its six-month run just west of Murray on NW Cornell Road. Rain or shine, the market is open 8 - 1 every Saturday through September and 9 -2 on October Saturdays. Opening every year the day before Mother's Day gives the Cedar Mill community a chance to pick up something wonderful for Mom, such as a lovely bouquet from Vanessa's Farm, a hanging basket from S & K Nursery or Martinez Family Farm, baked cookies, cakes, pastries and macarons from Decadent Creations and RhoJo's, and so much more. Look for beautiful locally made arts and crafts including R & J Glassworks' fused glass pieces, along with pottery, jewelry, woodcrafts, batik pieces, baskets, skincare products and lots more from both new and returning vendors.

lates, made locally in small batches from premium organic sustainably sourced cacao, offers new-to-our-market chocolate goodness, while Truffles R Us joins us for another season of those fabulous truffles and fudges we know and love.

Look for a variety of incredible candles, bath & body products, jewelry, scarves and lots more from Sublime Designers, and you'll thank yourself for finding new vendor Dolcezza's handmade sculptures of local flora, and natural lavender pressed ceramic wares. But don't worry, our longtime vendors like



Market lunch fave La Popular Tradiciones returns with their incredible tamales and take-home sauces, and the Retrolicious food cart will be with us every other week all season. It's been a long off-season without their delicious breakfast & lunches! Won't it be great to get back in the swing? So many things to re-stock, including your supply of local honey, right? Just stop in at Dairy Creek Farm's booth for all manner of honey/bee products as well as fresh eggs and a great many sustainably-grown vegetables and herbs. If mom is a gardener, she'll love the vegetable and herb starts available from new vendor Lily & Jasmine's Garden, and the fabulous perennials and annuals available from our old friends at Tanasacres Nursery.

Susie's Jewelry, and P & L Creations, promise our familiar favorite artistic goods, along with Herb's Daughter and Midnight Oils, back this season with the scents and products you love. Longtime favorite vendor, Lunarcats Studios, promises all her beautiful handmade origami ornaments, while new vendor Love that Letter offers really cool, unique alphabet art. Aunt Tammy's Treats are new tasty goodies for our doggie friends and our fun vendor "i want a dog" will be back with all her colorful handmade collars, leashes, and more. Many, many more vendors from the past few years promise to be back in 2014, so come by to see all the familiar faces. Even Mark & René Bennett are returning with their freshly roasted coffee beans, coffee beverage, and beautiful jams & jellies.

Several other new vendors join us this year to complement returning vendors. Look for Atlas Cider Company with sales of tasty hard cider, while Wild Roots Vodka returns with their locally made spirits for sampling. Treehouse Choco-

Of course there will be lots of wonderful fresh, local vegetables, as well as fruits as the warm weather

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Toddlers to Grandmas

The Importance of Bone Density for all Ages

Speakers: **Dr. Andre ND, Elise Holcomb RN, BSN, & Martin Rasmussen**

When: May 20, 2014 @ 6:30pm
Where: Great Bones—485 NW Saltzman Road, Portland, OR 97229

We invite you to hear from three professionals in the health and wellness field discussing the importance of bone density. Many think osteoporosis only affects older women. That is just not the case. Come find out how peak bone density is reached in your thirties and why osteoporosis is called the 'silent disease'.




Presented by: Community Health Education Forum

Great Bones 485 NW Saltzman Road Portland, OR 97229 Phone: 503-575-0913 E-mail: marketing@great-bones.com Web: www.great-bones.com	Cornerstone Natural Medicine 6890 SW Scholla Ferry Road #202 Portland, OR 97225 Phone: 503-547-8234 E-mail: Derek@cornerstonemedicine.com Web: www.cornerstonemedicine.com	The Energy Group 10117 SE Sunnyside Rd., Ste F031 Clackamas, OR 97015 Phone: 503-575-9845 Email: elise.holcomb@gmail.com
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Informative Discussions of Health and Preventative Care

continues. Look for strawberries by the second or third market dates, and cherries as we go into June. Early markets will feature asparagus, radishes, cilantro, spinach, and more from Martinez Family Farm and Dinihanian's Farm. A fabulous new farmer from the Adelante Mujeres/Esperanza Farm Program—N & N Amaro Produce—promises a host of great vegetables, including heirloom varieties. Look for eggs, as well, at all these farm booths. At the second market (and every other Saturday through the season), you'll also be able to pick up fresh eggs at Malinowski Farm, while choosing some cuts of that incredible local organic beef. Duyck's Peachy Pig Farm joins us sometime later in May with eggs, berries, nuts, honey and more. ELA, with all their great organic berries, other organic produce, and eggs, plan to be at the market by late May, and the no-spray sustainably-grown veggies and fruits of Galin-Flory Farms will be available at the market by late-June.

Hooray for a new farmers market season with new and old friends and vendors, great music and fun, and all the other goodness the market brings to Cedar Mill every Saturday! Hope to see you soon!

Garden Club meeting

The May meeting of the Cedar Mill Garden Club features Linda Beutler of the Rogerson Clematis Collection who will present an overview of the types of clematis, growing conditions and care.

She will also discuss briefly the Rogerson Clematis Collection and their demonstration garden as well as bring plants. The meeting, on Wednesday May 21, will be held at the Beaverton Activities Center and will begin at noon.

All interested gardeners are welcome to attend and there is no charge. To discover more about the Cedar Mill Garden Club and its activities contact Barbara Cushman, 503-649-7741 or see their website: thecedarmillgardenclub.org. They are also planning to have a presence at the Cedar Mill Farmers Market this summer so watch for them there and stop by to say hello!

The garden club is also going on a field trip May 28 to Seabright Gardens, Schreines Iris Gardens and Adelman Peony Gardens. All have lovely display gardens. They plan to have lunch in Silverton. Contact Barb @503-649-7741 if you plan to attend to find out where to meet!

TeamWorks: Discover Washington County

Washington County is home to wonderful nature parks, productive community gardens, historic buildings, diverse communities, and a wide variety of community-building nonprofits. From Beaverton to Tigard and Hillsboro to Portland's West hills, Washington County has so much to discover!

Are you new in town and want to meet your neighbors? Or have you lived in Washington County for years and want to learn something new about your home? This is the volunteer team for you! (age 18+)

This series kicks off on Saturday, May 17, and runs through Saturday, June 22. Projects will include:

- Growing food for neighbors in need through Beaverton's Giving Gardens,
- Preparing materials for Cedar Mill Community Library's summer reading program,
- Sorting and packing perishable food at Oregon Food Bank West,
- Maintaining trails through Tualatin Hills Park and Recreation District,
- Supporting the Washington County Museum at the annual Taste of Washington County

event (optional), and Sprucing up the Supa Fresh Youth Farm (psst... We'll be volunteering alongside a Portland Timbers or Thorns soccer player or ambassador for this project!)

Sponsored by Hands on Portland, TeamWorks teams consist of 10-12 individuals who commit to volunteering for every project in the 6-8 week series (so please carefully check the schedule below before signing up!) The team is led by a Hands On trained Volunteer Leader and there are scheduled opportunities to share a meal and get to know one another while discussing the volunteering that you've accomplished together.

bit.ly/1fVHvrl

Rave in the Nave

Christ United Methodist Church resumes its popular entertainment series "Rave in the Nave" on May 17 with, "You Must Believe in Spring," a musical program with vocalist Michele Mariana. Tickets are \$15 per person. CUMC is located at 12755 NW Dogwood St. For more information, call 503-646-1598 or visit cumcpdx.org

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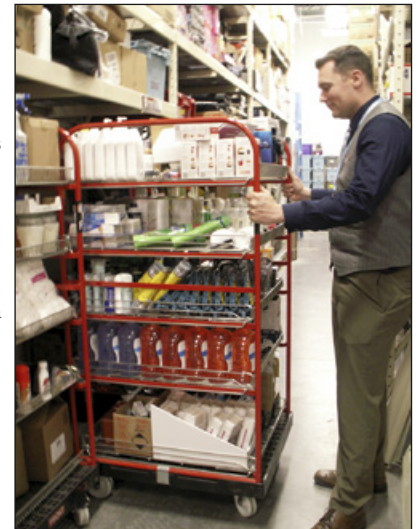
Walgreen's, continued from page 1
"We get trained every year on the new offerings and techniques by a company representative," says Barb, one of the cosmetic clerks, who, along with Sandy, has been with Walgreen's since before the transition from Hi-School Pharmacy. "Our customers seem to love the new displays, and we are here to help them find things in the new layout," she says.

Walgreen's has been a fixture in Cedar Mill since early 2004, when they remodeled the store in the Milltown Center that had previously been Hi-School Pharmacy (and the original Bales Thriftway before that). They bought the business late in 2003. Burnham says it was before his time, but that acquisitions of existing stores are usually chosen because a business seems to be underperforming in a particular market. Hi-School had been reorganizing at the time, and continues to oversee the Ace Hardware operation there.

Bales Findley Property Management has plans to start over with that corner, building a whole new shopping center, with new anchor tenants, as soon as they can. Knowing that, Walgreen's began to search for a new location, so they wouldn't have to be out of business while waiting for a new store. They purchased the east end of the Cedar Mill Place center from Tandem Properties in 2011. It took a while for the tenants to relocate to the west end of the building, because Tandem dragged their feet upgrading the old structure to accommodate the new businesses. Finally, teardown and construction began in September 2013. (For background, search the Cedar Mill News website for Walgreens.)

Once the new building was completed, the transition went quickly. "The main challenge was operating our old location while the new location was being stocked and built,"

says Burnham. "We were splitting our inventory and staffing during a 10-day stretch. We wanted to give the customer service our customers have come to expect, but also get



The stockroom is laid out for maximum efficiency. Carl Burnham shows one of the wheeled carts that are stocked from pallets unloaded from the freight area with items for each aisle of the store, making restocking easier and faster.

the new location open in a timely manner. Our customers were very understanding during that time, and we truly appreciate it."

"Access to the parking lot has been a concern, but as people get used to the entrances, they should get more comfortable. Since many of our customers are on foot, this was also a change for them," he mentions. The customer count hasn't dropped, he says, and people are navigating around the limited entrances to the lot—two on Cornell, and one from southbound Murray that requires entering the driveway between Plaid Pantry and Auto Zone. You can also use the driveway behind the Key Bank, across from Home Depot, to get into the lot.

The store carries a huge variety of items beyond pharmacy, beauty, and photo. Groceries, candy, and packaged snacks; over-the-counter

medications and first-aid supplies; books, magazines, stationery, and greeting cards; cleaning supplies, hardware and automotive items;



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toys and baby needs; and an expanded selection of beer and wine including some local brands. Seasonal items currently include beach toys and barbecue supplies.

Smaller, more manageable carts, and pullable baskets help the large senior population in the area to be able to shop more comfortably. Good visibility between the aisles also makes it easier to find a clerk when you have a question.

Carl Burnham has worked for Walgreen's for 13 years. He was recruited out of the University of Nebraska, where he studied Marketing and Computer Science. He grew up working in his father's grocery store in Nebraska. He told the company that he would do anything and go anywhere so that he could learn and advance as quickly as possible. They took him at his word, and his first assignment was in the East LA area. He did move up the organizational ladder quickly, but as he and his wife began to raise a family, they looked around for an



A large, well-appointed room, adjacent to the pharmacy, provides the space for consultations and procedures.



LED lighting is featured throughout. Bands of tiny LEDs shine from the shelves directly onto the products, so light isn't wasted, and items are easy to spot in the clear, energy-saving, natural-color light.



area that would provide a better environment for their kids. They drove around the western states, and fell in love with Portland. He requested a transfer and was delighted to get an offer to come here. He oversees operations at

eight Walgreen's stores in the Metro area, but Cedar Mill is his "home" store, and he spends over half his time here.

He and his family live in the Raleigh Hills area. He says most of the store employees live in Cedar Mill, and many of them walk to work. He loves the pedestrian traffic and the sense of

community we have here.

"I treat the store like a small business," he says. "We have the advantage of the corporate system behind us, being able to purchase in large quantities, and having state-of-the-art computer systems and retailing designs. But as far as customer service and responsiveness, we can take the benefits of the big corporate structure and turn it into a small store feeling."

Walgreen's owns Drugstore.com, and although the local store carries approximately 40,000 SKUs (individual products) customers can access the over 400,000 SKUs available there, and either pay to have them delivered to their homes, or have them shipped to the store for free pickup. That's the 21st Century answer to special orders!

The store, located at 13470 NW Cornell, has a drive-through pharmacy window between it and the next-door building. The main phone number is 503-646-3438. The store is open seven days a week from 8 am-10 pm. The pharmacy and drive-through are open Monday-Friday 8 am-10 pm, Saturdays 9-6, and Sunday 10-6. You can go online to walgreens.com to view the weekly ad, print coupons, order prescription refills, and upload photo files for printing.

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Milltown Fall Soccer Signups

Registration for Milltown Soccer's fall season is now open for all age groups! Registration began Tuesday April 16 and continues until July 1. Visit our website and register early for best team placement at milltownsoccer.org. Registration is \$60-\$80, for more information email milltownregistrar@gmail.com.

Public Affairs Forum

The Washington County Public Affairs Forum meets weekly from 11:45 am to 1 pm at the Peppermill Restaurant, located at 17455 SW Farmington Rd, Aloha. Their programs are also available on YouTube.com and local cable access channel 21, Tualatin Valley Community Television, TVCTV.org.

May 12th – Beaverton City Council Position 5 Challenger John Samoza, Incumbent Councilor Marc San Soucie

May 19th—Part 1 – Report on the Oregon Legislative Session; Speaker: Senator Elizabeth Steiner Hayward. Part 2 – Election Predictions with analyst: Dr. Jim Moore

May 26th—Memorial Day—No Meeting

June 2nd – Annual Meeting: Election of 2014-15, Slate of Officers and Directors for the Washington County Public Affairs Forum.

Program: Results of the Primary Election and the Showdown for the November General Election. Speaker: Dr. Jim Moore.

Admission is free. Lunch is available from the regular menu. Volunteers are welcome to help with various aspects of the meeting. The Forum is a non-profit organization supported by member dues, just \$45/year for individuals.

Barnes Elementary Fun Run

On Saturday, May 31, from 9-11 am, Barnes Elementary School is sponsoring a community 5k and 1-mile fun run for individuals and families at Holy Trinity Catholic Church. 100% of proceeds go to support Barnes Elementary School. Adult registration is \$20 and the first child is free! Each additional child is \$5.

Their goal is to inspire health, wellness and a love for running/walking in the local community. You must check-in before 8:45 am to participate. For tickets and more information visit barnescommunity5k.com or contact Shannon Brown at shannonbrown76@gmail.com or (503)-830-0360.

Addition to Husen Park to be discussed

Neighborhood Meeting: Thursday, May 22, 6 pm, at the Cedar Mill Community Library Meeting Room, 12505 NW Cornell Road

In 2011, THPRD acquired the almost one-acre parcel located at 10875 NW Reeves Street, due east of Jackie Husen Park. The property was purchased in conjunction with the recently constructed Jordan Woods trail project. Now that the trail project is complete the district would like your input in developing a master plan for the site.

Staff has submitted a request for funding in the upcoming budget cycle for the removal of the house and garage, preparation of a master plan, and funding for construction of a community garden on the site this coming fall. The decision to fund this project came from the neighbor's strong interest in having a community garden at this site. The request for funding will be up for approval at the upcoming board of directors meeting in June 2014.

Currently staff is scheduling to have the structures removed in July/August and the community garden constructed in September/October 2014 if funding is approved. The purpose of this meeting is to provide a forum for the District and surrounding property owners/residents to provide input into the design of the master plan. This meeting gives you the opportunity to ask questions, give input and share with us any special information you know about the property involved. We will attempt to answer questions that may be relevant to meeting development/construction standards.

Sustainability Fair

The Cedar Mill Farmer's Market, Terra Linda CUE, and the Girl Scouts are working together to sponsor a Sustainability Fair at the Cedar Mill Farmer's Market on June 7 from 8 am-1 pm.

Come meet representatives of organizations like the Master Recyclers, PGE Green Energy Program, Washington County Bike Coalition and the Tualatin Soil and Water Conservation District. The event is free and will take place at the Cedar Mill Farmer's Market in the Safeway parking lot at the corner of Murray and Cornell. For more information contact Dean Moberg at terralindaconservation@gmail.com.

Caliology

by Lauretta Young

How many types of bird nests can you name? Many of us think first of the American Robin's cup-like nest. In Cedar Mill we are fortunate to have many Robins, and these birds are quite comfortable nesting on top of our lamp posts, on beams over our porches, or in trees close to the house—offering us a great view of the nest-building and baby-fledging activity. After the eggs hatch we may find pieces of broken shell, which has its very own color description, "robin's egg blue."

There are many diverse types of nests, even in one geographic area. If we look at other habitats, the number of nest options increases greatly. The scientific study of nests is called caliology, and there are many related scholarly articles in the ornithology literature.

At this time in our local area, yard birds are building nests to

built by Bald Eagles. Over a period of years, as the birds reuse these nests and add materials to remodel them, they can grow so large and heavy that they weigh thousands of pounds, enough to bring down trees at times.

Bushtits are our only local examples of birds that "weave" their nests. They gather long dried grasses and cattail fluff into a sock-like structure similar to that of orioles in other locations. If you have them in your yard, you might see them gathering spiderwebs to line the nests.

A more common type of local nest is the cavity nest, and we have several yard birds that build these. Several species of woodpeckers create a hole in a tree for their nest. Other birds, such as Wrens, Nuthatches, Swallows and the uncommon Blue birds, use abandoned woodpecker holes. In early spring you may hear woodpeckers working on building their houses. I recently

enjoyed listening to a couple different species of woodpeckers each pecking away with their distinctive drumming sound, which can be used to identify the species.

Many of us enjoy supporting our local birds by providing houses or nest-building materials. Perhaps you have built or purchased a birdhouse—these only attract cavity nesters. I often leave out bits of dryer lint, cotton, shredded paper and

other assorted options and then enjoy watching my nesting pair of Bewick's wrens looking over the offerings before picking up a shred of yarn to take inside the bird house.

While the science is fascinating, the sheer beauty of various nests makes me smile in wonder. To me, hummingbirds are tiny jewels, which inspire my delight as they hover over my blueberry flowers to eat the drops of nectar in each blossom. These birds gather spiderweb to add to their incredibly small nests. They also add whatever plant materials are available in the local area.

As you go outside, see how many nests you can find before the leaves fully hide them from our view. Scan the trees, the ground, look in holes in trees, and notice the ways our birds use natural materials to build their homes. Enjoy and be delighted as you notice what is outside your door.



Sonora Desert Museum Hummer feeding baby, April 2014 © 2014 by Jeff Young

secure their eggs. Ducks and geese build their nests on the ground, which pose risks, given the marauding wildlife such as coyotes or skunks that raid ground nests for eggs or helpless hatchlings.

Then there are the nests built in trees by perching birds. One of the most interesting to me is the nest of the Great Blue Heron. These nests always look incredibly flimsy, with a few sticks lying together. I wonder how they survive windy days or hold an egg, but apparently the engineering skills are better than they appear. A group of these birds nesting together is referred to as a rookery. Local rookeries can be found on Ross Island, along the shoreline of the Willamette River, at Fernhill Wetlands in Washington County, or on Sauvie Island.

Other platform-type nests are incredibly sturdy—such as those

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Business News, continued from page 2
or a piece of jewelry that will delight and surprise you. Prices range from \$20 to \$60 each, and sell fast! Don't miss out on this great local visual art event. Sponsored in part by the Cultural Coalition of Washington County.

Featured Workshop: Rene Eisenbart—Botanical Watercolor. Capture the fascinating beauty of plants. Learn techniques for painting plant portraits with botanical artist Rene Eisenbart. From the initial sketch to the finished painting, you'll develop skills for making art that is accurate and expressive. Learn tricks of the trade and paint handling tips. Study how value & composition influence your painting. Explore creative use of color.

Rene will demonstrate her techniques along with working time for you. She gives lots of individual attention, to support you in creating your own expression. She'll help you to recognize and celebrate your strengths while looking for ways to grow or stretch your skills. Bring your own reference material or photographs, or work with Rene's images. You might choose a potted plant, a few leaves or even several photo images.

Winner of local and national awards, René paints expressive portraits of plants and creatures using vibrant color and texture. Hundreds of her botanicals and birds have been published in *The Oregonian's Homes & Gardens* section and the book, "Plant This," by Ketzell Levine. See a complete listing of her classes and workshops: www.rene-art.com or read about her process: www.renesnews.blogspot.com

Please call the Gallery at 503-644-8001 or visit their website villagegalleryarts.org for additional information about membership, classes and special events.

Moving Season

It's moving season and Americans are once again facing the stress of packing their lives into boxes and hoping everything arrives in one piece. Once you choose that perfect home, the packing professionals at The UPS Store, located at 10940 SW Barnes Road, want to help ensure that your precious household items arrive in one piece.

Despite reasonable fears about broken items, a majority of Americans still try to get by with packing items in newspaper, clothes, sheets, towels or blankets, or tissue paper,

rather than seeking professional recommendations on packing supplies. Tim offers the following suggestions to help you take control of your next big move:

Come to The UPS Store and get a great deal on new boxes of all sizes, specially engineered to withstand the stress of a move. Moving boxes are on sale for 50% off until the end of August.

Buy enough of the right materials. By using the right packaging materials, including bubble pack and foam packaging peanuts, there is less of a chance that your dishes or family heirlooms will end up in pieces.

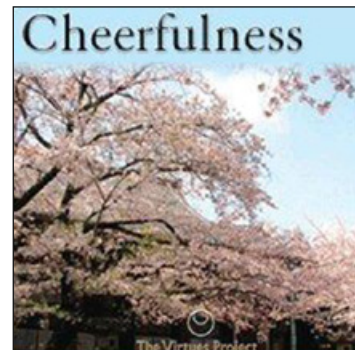
Leave it to professionals to handle large, expensive or irreplaceable items. The UPS Store® offers packing and freight services, which can be an affordable and reliable alternative to standard movers.

For those move-it-yourselfers, The UPS Store carries all types of moving supplies, packaging tape, bubble pack, and foam packaging peanuts. The UPS Store is open Monday thru Friday 9 am-7 pm and Saturday 9 am-5 pm. For more information, call 503-646-9999 or visit their website at theupsstorelocal.com/3379.

Virtue of the month: Cheerfulness

"There is one thing one has to have: either a soul that is cheerful by nature or a soul made cheerful by work, love, art and knowledge."
Francoise-Marie Voltaire.

"Cheerfulness is seeing the



bright side, looking for the good in whatever happens. It is maintaining a positive attitude of optimism and confidence. When we give cheerfully, we are wholeheartedly helpful. Even when life is challenging, we make the best of it. We trust that all will be well. We nurture happiness. A cheerful smile can light up everyone's day." From Virtues Reflection Cards virtuesproject.com. For more information, contact Delaram Adyani at VirtuesConnectionPortland.com.

World of Smiles Baby!

Dr. Michelle Stafford of World of Smiles, Pediatric Dentistry is thrilled to announce the birth of her second baby boy! Elodin Peterka Stafford was born on April 21, weighing in at 7 lbs., 7oz. Dr. Stafford will be enjoying some quality mama time until mid-June, but Dr. Ski and the rest of the World of Smiles team are still happily taking care of all those kids' smiles.

Summer painting? Color advice

Nothing creates the first impression of your home more than paint color. Color trends, like fashion, change cyclically and typically last from 10-12 years. If you haven't painted your home in 10 years or more, you might want to consider getting your house painted. Today's color trends are richer, darker and more vibrant than years past. Colors that look dated are whites, light



grays, tans and peaches. The newer trends are mocha browns, meadow greens, rich grays and blues. Instead of white-white trim, new options are creamy off whites and ivories.

With spring almost gone and full sunny days just around the corner, now is also the time to start lining up your painter. You will need at least five full days of sun for an exterior painting job which starts with a thorough power wash of your home, and then a good day or two to dry before starting paint. A typical paint project will take 5-7 days. Painter's schedules are starting to fill up, and if you wait too long they will already be booked out through the fall, or even next spring. So bring on the sun, and get started!

Join Caryl Hoffman on May 15 for a free 20-minute paint color consultation at the Sherman Williams store in Cedar Mill. CK Hoffman Design is a Color Consultant and Interior Designer who specializes in the Cedar Mill, Bethany and Forest Heights area. She has a Design Degree from UCLA and over 25 years of experience. For more information you can visit her website at ckhoffmandesign.com, or call her at 503-807-1348.

Second Edition Success Story

For the longest time, James and John thought the door to the library was through Second Edition. That is because their mother, Tammie always stopped in to see what was new at the library's resale shop.

And one day last fall, she spied a ten dollar fireplace screen. Being a very creative type, Tammie just knew how that simple fireplace screen could be made into something much more.

When she was asked to head up the 5th grade auction project for John's classroom at West Tualatin View, she agreed, because she had a great idea. And that fireplace screen was the starting point.

She found some copper sheeting, and had each student emboss a different Oregon wildflower on the copper. Tammie then antiqued them, cut them, and placed them around the screen, resulting in a beautiful, one-of-a-kind piece of art. West Tualatin View held their annual auction in early April and the fireplace screen sold for \$400. One of the largest purchases ever!

Tammie said, "I love how someone's unneeded fireplace screen, a donation to Second Edition to help the Library, leading to the creation of a class project for the school's annual auction, which sold for money that will be used to buy library books for the school!"

Composting Workshop

Mark your calendar for 1 pm on May 17. Ron Spendal, a Master Gardener and Master Composter, will present a one-hour composting workshop at the Leedy Grange Hall, 835 NW Saltzman, located near the corner of Saltzman and Cornell. After attending this workshop, you will be able to set up your own backyard composting system or improve the composting system you now have. Participants are encouraged to bring a small sample of their own compost for evaluation and the best compost brought to the workshop will win a prize!

The workshop is organized by Terra Linda Conservation, Us and the Environment (CUE), a neighborhood group dedicated to promoting a livable, healthy and environmentally friendly neighborhood. The workshop is also supported by Leedy Grange, a grassroots, non-partisan advocate for agriculture, rural issues, and American values.

"Many homeowners in Washington County complain about their clay soil," explains Dean Moberg, co-chair of CUE. "But, with the addition of modest amounts of home-made compost, we can turn heavy clay into fertile, luscious, healthy soil."

Compost not only improves soil health, it also helps with watering. Compost allows water to infiltrate into the soil and then be held like a

Spruce Goose at Beaverton Historical Society

On Tuesday May 13, 7-8:30 pm, you can learn about the Spruce Goose. Why was it built, who built it, why is it wood, when was it finished, the first flight, storage from 1947 to 1976, display in Long Beach, CA, and the move to McMinnville.



Hear what exciting things are happening at the Evergreen Aviation and Space Museum. The event will take place at the Beaverton History Center on SW Broadway. There is a \$2 suggested donation and members are free. For more information call (503)-430-0106.

sponge so the water is available to garden plants while still allowing oxygen to reach roots. Mulching plants with compost reduces evaporation and so reduces the need to water our gardens.

Another compost benefit is that it slowly releases nutrients for garden plants. Commercial fertilizers usually dissolve quickly in soil and can "burn" plants because they act like salts in the ground. However, the nutrients in compost tend to become available slowly over the course of months or even years. This results in nutrients being avail-

able over time as plants need them.

Finally, compost has tremendous environmental benefits. Rather than wasting fuel (and money) having garbage trucks transport lawn clippings, leaves and kitchen scraps away, composting is the ultimate recycling process in which we can all turn waste materials into a valuable resource.

To reserve your spot at the composting workshop, or if you have questions, contact Terra Linda CUE: terralindaconservation@gmail.com.

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