



FREE

Cedar Mill News

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June 2014



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What's Happening at...

Our occasional roundup of changes in the downtown Cedar Mill area

Ace Hardware closed its doors on May 31. Uncertainty about the future of the building and market conditions forced the action, which came as a surprise to many. A 20% off sale during the last few days drew a lot of interest, with customers hauling off a good portion of the remaining stock.

Bales/Findley Property Management, owner of the **Milltown Center**, has been contemplating a complete redevelopment of the aged shopping center for several



years. [Plans for the new center were unveiled last year](#), and the search for anchor tenants began. They now say that nothing is likely to happen until at least 2016, in part because of contractual obligations. Manager Ryan Egge says, "There has been substantial retail interest in leasing space at the proposed new development. Working on a possible co-anchor, but we have not yet determined our primary anchor tenant. We want to make sure it's a business that will serve the community."

Pat Mahoney, owner of **Mike's Auto Parts**, hopes to stay in the center. Egge says, "We do not have any agreement in place at this time, but my hope is that we can work with Mike's Auto Parts to include them in the development. A lot depends on the configuration of the anchor tenants and how the remaining retail pieces fit together." Pat says he'd like to see one of the new spaces built for him before they

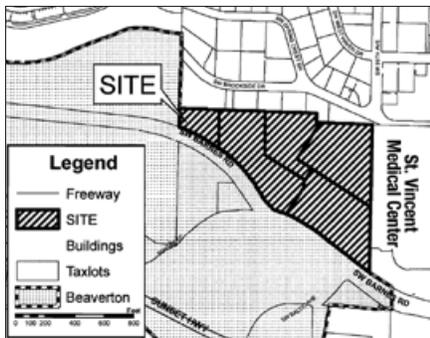
tear down the current building, so he can stay in operation.

There's a "for lease" sign in the window of the former Walgreens store. Egge says, "At this time we are only looking for a temporary use, or a use that would be interested in relocating within the new development." The same is true for the Ace space.

Timberland Senior Living is in the Design Review process with the City of Beaverton and plans to apply for the building permit within

the next 45 days. The goal is to start grading the site, across 118th from the new Timberland shopping area, by late summer/early fall 2014. The developer, Rembold Companies, has another senior project in northeast Portland called [Russelville Park](#).

Another **Peterkort** parcel was annexed into Beaverton in March. The triangular area includes the office and medical buildings north of Barnes Rd., and some steep slopes to the north of that. No word on any development plans for the large commercial areas that have been previously annexed into the city.



Peterkort property annexed into Beaverton in March

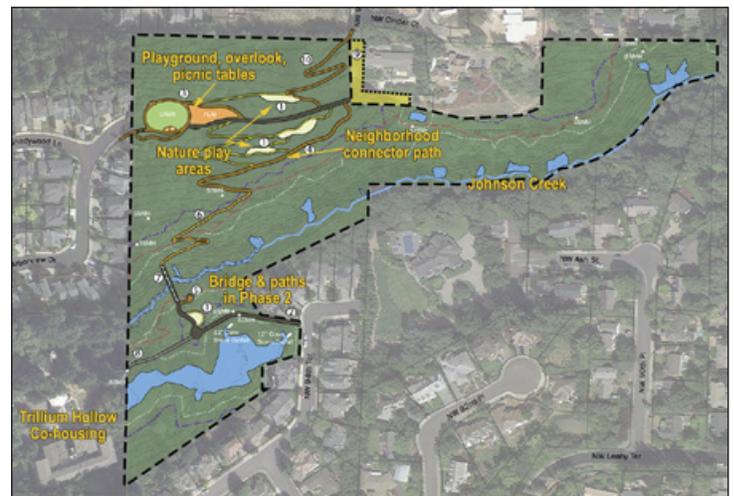
Two Cedar Mill parks get improvements this summer

By Virginia Bruce

The venerable Cedar Mill Park is getting a makeover this summer, and we're also getting a newly-developed neighborhood park further east.

with a more-traditional playground adjacent to an open grassy area and picnic tables.

The natural areas of the park will be improved, through removal of non-native plants and replant-

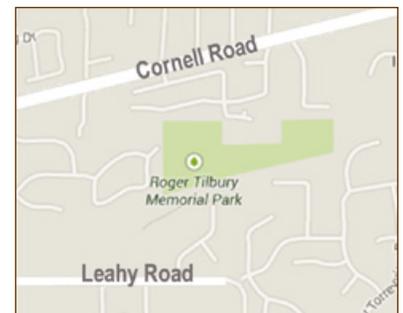


Roger Tilbury Memorial Park Master Plan

Roger Tilbury Memorial Park was acquired by the Tualatin Hills Park & Recreation District (THPRD) in 2002 through two separate donations. In 2008, voters passed a [Bond Measure](#) that gave the district funds to develop and improve parks throughout the area. Tilbury was on the list to receive some of this attention, and planning began in 2012. After discussions with the neighbors, the final [Master Plan](#) was approved by THPRD's board. The park amenities will be built in two phases, with the second phase to be funded by other means, including a grant. The budget for the current phase is about \$786,000, and includes the playground and picnic areas, paved and soft-surface trails, and entrances.

"Nature Play" areas are becoming increasingly popular as park features. These can include logs, easily-climbable trees and rocks, trails through woods, and other features that encourage children to explore. There will be three small Nature Play areas in Tilbury, along

ing of native shrubs and trees, in a future project conducted by the Natural Resources and Trails department.



In Phase I, access to the park will be from NW 93rd. Neighbors decided that they didn't want a parking lot, so folks outside the immediate area will need to bike or walk to the park. When Phase II is completed, there will be another entrance from NW 94th Terrace, and a trail and bridge that will also connect to the Trillium Hollow co-housing development.

Construction is expected to begin later this month, with completion in late summer.

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Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Dinihanian's Farm Market has Hoods!

Daily 10 am-6 pm, 15005 NW Cornell Rd.

The Farm Market is now open daily to provide the freshest fruits and vegetables, along with cut and growing flowers, honey, eggs, and more. It's been a good season for our delectable Hood strawberries, but they only have a limited supply daily, so come early for the best chance of getting in on these Oregon delights.

Dinihanians has been working hard for several years to achieve Organic Certification on their farm, and they have earned it! All the produce grown on their five-acre farm right here in Cedar Mill are organic. They also provide items from farms around the area, all local, many are also organic.

And there's still time to sign up for their CSA. You'll get a weekly share of produce and other great food items in season, and as local as it gets unless you grow your own!

Visit yourcsa.com for more information.

"Why Can't I Sleep and What Can I Do About It?"

Wednesday June 25, 6-8 pm, South Auditorium, East Pavilion, St. Vincent Medical Center

Local physician Timothy Cleary, MD, is hosting another MDVIP patient information event. Drs. Radhika Breden and Jennifer Kim from Pacific Sleep Program (another Cedar Mill business!), along with Behavior Sleep expert Rocky Garrison, Ph.D, will discuss and answer all your questions about your sleep. The event is free. Please call 503-526-0994 to reserve a seat.

MDVIP is a concierge-type prac-

tice offered by Dr. Cleary, who has been practicing in the Cedar Mill area for 10 years, having moved his practice from eastside Portland, where he worked for 18 years.

Local beef at the Farmers Market

Our recently-re-elected County Commissioner Greg Malinowski raises beef cattle on his family farm on Springville Road. He brings the certified processed organic meat to the Cedar Mill Farmers Market every other week during the season, and he now offers pre-orders so you can specify what you want, and then pick it up on the market day. Just email him at gregory.malinowski57@gmail.com with your desired order, two to three days before the market, and he'll have it ready. His next market day will be Saturday, June 21. He's also happy to discuss County issues at the market—now that's accessibility!

2nd Annual Edible Garden Festival

Friday-Sunday, June 20-22, 9 am-6 pm, Cornell Farms Nursery, 8212 SW Barnes Road.

Join us for the second annual Edible Garden Festival! Celebrate the delight of eating the fruits of your labor! Gardening demos, kids activities, an extraordinary secret sale and more all in one weekend festival!

Huge Sale—you won't want to miss these top-secret specials! We'll be announcing what they are on Thursday, June 19, via email and on our facebook page. Be prepared...

Special Guests: we've invited a select group of food-related organizations to set up booths, bring their delicious foods, and offer you some pretty exciting services, including: Moomaw Farm, a family farm in Molalla that delivers shares of their fresh meats monthly to your home; Hood River Organic, one of the only farms that will deliver fresh fruits and veggies year-round right

to your home; Skyberry Farm, that provides a wide variety of organic seasonal produce to their subscribers; and The Portland Fruit Tree Project that empowers neighbors to share the excess fruit that falls from their trees with those in need in their community.

Free Demos on Sunday, June 22: We want to help you be successful in your edible garden. These Sunday demos are free and don't require any registration. Topics include: Urban Chicken Keeping—Michelle Koepp from Phasian Farms takes a comprehensive look at everything from choosing a breed to keeping your chickens healthy in the city, all with a focus on sustainable & holistic practices; Raised Bed Gardening with Edibles—Raised beds give you the ability to create a large yet confined gardening space. We'll show you how to control soil

quality, nutrients, and drainage to maximize yields; and Container Gardening with Edibles—whether it's a blueberry bush on a condo balcony, potted strawberries along your driveway, or anything in-between, a few good tips and a little care will ensure a bountiful harvest.

Attendees to any of these demos will receive a coupon for \$5 off any of our E.B.

Stone Organic soils and fertilizers purchased that day. For more information contact Cornell Farms at (503)-292-9895 or info@cornellfarms.com or visit our website: CornellFarms.com.

Pet Barn's got new stuff!

Monday- Saturday, 10-7; Sunday 11-5, 12675-A NW Cornell, just around the corner from Thriftway Cedar Mill's own pet supply



store has recently brought in a large assortment of new pet products— toys, collars and leashes, food and health items and much more. Owner Larry Weisgerber gives the credit to their new employee, Jessica Hagemeyer, who brings her experience in merchandising to the business. "I just never had time to do this kind of thing," Larry says. Jessica started working at Pet Barn part-time about a year ago, to fill in for Manager Corky Shaw, who was getting married and needed some time off. She recently became the Assistant Manager and is working full-time. She has a background in holistic pet care, along with six+ years at Seattle's "All the Best Pet Care" store.

They've brought back 'the barn' near the front of the store to display specials and provide educational information. They also have "beefed up" their stock of natural and grain-free food options for dogs and cats, including a large selection of frozen raw food.

New stock includes some great new chew items for dogs, toys and accessories that will make you and your pets happy, and an increased selection of pet health supplies. They've reorganized the store layout, so feel free to ask for a tour!

Their website—petbarnpdx.com—has been renovated too, and has some great information on the new products they carry, along with more about the business. Did you know they have a boarding service for small pets in cages? Like them on Facebook ([petbarnpdx1](https://www.facebook.com/petbarnpdx1)) for updates and specials, too.

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Jason's Epic Adventure

Cedar Mill Bales Thriftway employee Jason Zacher will be raising money for Operation School Bell by running mostly by himself in the Epic Oregon Relay Race on June 19. Most of the runners are

to augment the pledges he's gotten by sponsoring a couple of burger barbecues in March and May.

Operation School Bell, a project of the Assistance League of Portland, provides new clothing—a



Jason Zacher visits the School Bell warehouse. Photo by Jonathon House, Beaverton Valley Times

winter jacket, two pairs of jeans, two tops, packs of underwear and socks, and a \$22 shoe voucher—to kids in need. Using federal guidelines established for the free lunch program, school counselors, teachers, or the principal refer children to Operation School Bell. Linda Springer, who directs the program, says that Zacher's run, in addition to providing money to the organization, has brought them welcome publicity.

Zacher says he's in the best condition of his life, because of all the training he's been doing. He also says this will be his final fundraising race!

part of relay teams, but Jason has set himself the task of running the 188-mile route, from Hillsboro to Eugene, solo. Bales Thriftway has helped him raise additional money

Help clean up Cedar Mill Creek in Jordan Woods

Sunday, July 20, 2014, 1-4 pm

Join us as we remove litter from Cedar Mill Creek throughout Jordan Woods! Terrain at this site is very steep and volunteers will be asked to walk these areas in search of litter. Please bring a re-usable water bottle to drink from throughout the day. Tools and supplies, snacks and a water cooler will be provided!

Jordan Park is directly adjacent to Jackie Husen Park. Both are located just north of NW Cornell Road and east of 113th Avenue. Volunteers will meet at the intersection of NW Forestview Way and Morgan Lane (97229). For more information, please contact THPRD Natural Resources Volunteer Coordinator, Melissa Marcum, Mmarcum@thprd.org.

Community Garden plots available

Cedar Mill Bible Church sponsors a Community Garden that is available for all gardeners in the area. Manager Daniel Ballard says, "We have a number of available plots this season, so sign up now to grow your own flowers and veggies." The garden is located on 123rd, south of the Church on Cornell Road.

Cost: \$10/plot; Plot size: 4' by 8'; What's provided: water, tools, bark



mulch, compost pile; Expectations: Keep a neat plot, 6-8 hours per season community investment. To sign up: email cedarmillcg@gmail.com

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Cedar Park appeals continue

Last November, Washington County Department of Land Use and Transportation (LUT) approved an application for a [56-lot subdivision in Cedar Mill](#), north of Cornell between NW 119th Ave. and NW 113th Ave. The subdivision, called "Cedar Park," was proposed by Westwood Homes LLC. The subdivision consists of two segments, separated by a branch of Cedar Mill Creek and its steep and wooded banks. The western segment, Phase 1, would be built first.

The eastern portion of the subdivision, which would be built as Phase 2, would be accessed from NW 113th via an extension of Melody Lane. The current western end of that road is a narrow gravel drive that leads to the existing homes.

The application included a request for a Hardship Relief Variance (HRV) to allow developers to reduce the usual requirement of a 22-foot-wide paved road, connecting the subdivided parcels to NW 113th, to an 18-foot-wide paved surface. The existing easement is only 20 feet wide, and the adjoining property owners do not want to sell a large portion of their front yards to make room for a standard-width road.

In early December, an appeal was filed by the Friends of Maple Hill Lane, a group of residents of the area, on the grounds that a HRV, processed as a Type II* HRV, is inappropriate for this type of request. The appeals Hearing was held

in the Washington County Public Services Building Auditorium on January 16, and the record was held open for an additional three weeks to allow for the entry of additional arguments into the record.

The Hearings Officer released his final decision on February 20. The full document can be found here: [washims.co.washington.or.us/casedocs/13/00296/13-296.pdf](#)

The hearings officer agreed with the appellants argument that a Type II HRV cannot be used to narrow the required width of an access street, and denied the HRV for Phase II. The hearings officer denied the remainder of the issues raised by the Friends of Maple Hill Lane, and upheld the county's decision approving the application. The Hearings Officer's decision includes a new condition that the developers obtain an Exemption for Critical Services, through a Type III* hearing, before Phase II is started. Westwood Homes requested a miscellaneous Type III hearing for an Exception to the Critical Service Standards to allow the narrow section of NW Melody Lane. The hearing was held on May 16. The decision of the Hearings Officer is due out on June 20.

Meanwhile, local resident Colin Carver filed a brief with the Oregon Land Use Board of Appeals (LUBA) appealing the decisions of the Hearings officer that were denied in the original appeal to Washington County. The LUBA appeal details

several issues related to protecting the Significant Natural Resource Areas and wetlands; whether it is proper to build a road as a dead-end, private street; and a few minor issues. The date for the oral arguments for the appeal is not yet set. Generally LUBA will either affirm a county decision or remand a decision back to the county for reconsideration with assignments of error.

**Type II actions are presumed to be appropriate for the land use district in which they are located. Review criteria are reasonably objective, and limited discretion is required. Conditions of approval may be imposed to mitigate some impacts of the development. Examples include: subdivisions, partitions, and commercial and industrial buildings.*

Type III actions are generally more complex. They may require considerable discretion and may need extensive conditions of approval to mitigate their impact and/or to ensure compliance with the Code/Community Plan. Because interpretation is involved, opportunities for public input are maximized. Examples include: special use permits, such as for golf courses, schools, public buildings, rock quarries and non-farm dwellings.

This information is from "The Land Development Process: Part One," a publication of LUT. More information on the county's planning process may be found on the [LUT website](#).

Help map Oregon white oak

July-August, time and date tbd

Do you have oak in your neighborhood? Do you want to help develop better maps of threatened Oregon white oak ecosystems?

The Intertwine Alliance's Oak Mapping Work Group, a partnership of Portland metropolitan area parks and natural resource agencies, NGOs, and others, is working to develop better maps showing the distribution of Oregon white oak across the Portland metropolitan region. They have developed a draft oak map and are seeking volunteers to help "ground truth" the maps.

The citizen science effort, dubbed "Oakquest" will take place this coming July and August. A training event will be held in late June, after which volunteers will take to the field, mapping oak on

their own schedules and employing a custom application on smartphones or tablets. However, you do not need to have a smartphone



Three Oregon Oaks, Photo by M.O. Stevens

or tablet to participate! Volunteers who can identify Oregon white oak and other NW trees are especially

welcome, but anyone can participate. Youth (up to 18 years old) are invited to participate with a supervising parent or guardian

in attendance. Volunteers will help spread the word on the importance of Oregon white oak conservation within their communities. The training will be approximately three hours, and they are asking volunteers to commit to at least one day conducting surveys for oak.

Are you interested? Please help them plan the effort and gauge their volunteer capacity by taking the short survey found at [surveymonkey.com/s/TX-76WRS](#) by June 15. At the end of the survey, you can provide an [email](#). They will be in touch in the coming weeks with more information on the effort and the training.

Beaverton High School searches for grads and memorabilia!

June 18, 11:30 am, Beaverton High School

Every year in mid-June, the Golden Grads hold a luncheon for the graduates of Beaverton High School who graduated 50 years ago or earlier. This year, approximately 400 graduates, ex-teachers and current executive staff of the school will gather in the Beaverton High School cafeteria at 11:30 am for lunch and a short program, followed by a lot of reminiscing.

The founder of this event, Ruth Paisley, feels it is important to get together more often than just the reunion years to see each other and exchange news. The problem is always to find the graduates if they haven't kept in touch over the years.

Springville Road Project Open House

June 11, 5-7 pm, Bethany Presbyterian Church, 15505 NW Springville Road, Portland

Washington County invites the public to attend a project open house on June 11 for the NW Springville Road improvement project. The public is invited to drop by anytime between 5-7 pm to learn more about the project. Project staff from the County, along with design consultant Mackenzie, will be available to answer questions and solicit feedback.

The proposed project will improve Springville Road between 185th Avenue and 173rd Avenue to five lanes—two travel lanes in each direction with a center turn lane. Additional improvements include the installation of continuous bicycle and pedestrian facilities, street lighting and safety enhancements at all intersections.

For more information, visit the project website or contact Kim Haughn, Public Information Officer, at (503) 846-7822 or kimberly.haughn@co.washington.or.us

Take the WashCo Bike survey

The public is invited to review and provide input on the Neighborhood Bikeway Route Map, Draft Neighborhood Bikeway Toolkit and Draft Neighborhood Bikeway Plan. All of these tools will be instrumental in future implementation and design for neighborhood bikeways around the county. Visit the [Neighborhood Bikeway website](#) for complete details. Comments are due by June 22, 2014.

Any graduates of 1964 or earlier are welcome to come.

The original school was founded in 1902 but the current building was dedicated in 1916. Preparations are underway for celebrations in 2016. Meanwhile this year the Golden Grads are helping the school gather memorabilia from graduates. A group of dedicated parents and graduates are assembling all things BHS in an official collection for future reference and displays. Any items that you would like to share can be dropped off at the high school or brought to the luncheon.

For more details contact the organizer, Bob Koeber, 503-246-0734 or email, ItchN2trvl@comcast.net.

Timeless Stitches

Wednesday - Saturday 10 am-5 pm, through September 6, Washington County Museum, Hillsboro Civic Center Plaza Building, 120 E. Main "Timeless Stitches" features quilts from the museum's collection paired with modern day contemporary quilts of similar design made by Washington County quilters.

A weekly lecture series, Oregon Quilt Project Documentation Day, a quilt raffle, and monthly "bed turning-community show and tell" events are also on tap. The mu-



seum is also offering a discounted admission punch card and special discounted Quilter's Memberships so visitors can take advantage of the many programs associated with the exhibit. The museum website has complete details of all programs and events: washingtoncountymuseum.org.

The museum is open Wednesday-Saturday 10 am-5 pm. Every Thursday from 12-1 pm through July 31, the museum features a facilitated lecture/discussion series based on the PBS documentary "Why Quilts Matter." Local quilters with an interest or expertise in featured segments of the program will lead a discussion on the topic usually complemented with quilts from their collections. The public is invited.



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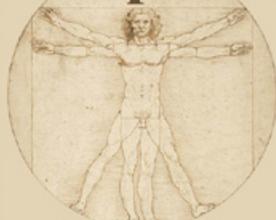
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Local author debuts with self-published book

By Megan Bruce

“The God of Sno Cone Blue” is a story within a story, and the debut novel of Portland native Marcia Coffey Turnquist. Marcia was a broadcast journalist on KPTV before going off-air to raise 2 children. The Turnquist family has lived in Cedar Mill for the past 18 years.

In the novel Mercy “Grace” Carsten begins her tale as an 8 year old preacher’s kid new to Portland in the mid-sixties. Grace is in the midst of a happy childhood when her vibrant young mother, Sharon, is struck with Hodgkin’s disease, and dies.

A week after her passing, something amazing arrives for Grace from her mother: she had spent her remaining time and strength on a

series of letters about her life before she became a preacher’s wife. They give Grace the opportunity to know Sharon as the person she was before she became a mother, and their revelations lead our young narrator to discover herself.

Turnquist’s inspiration for the story sprang from her hopes, fears, and love for her own children. I think it would make a good read for mature young adult readers and parents alike, though the romantic tones will probably appeal more to females.

This novel is self-published and available in paperback and e-book at marciacoffeyturnquist.com, where you can also find the author’s blog, where she also discusses her experience with self-publishing.



Submit new proposals for Minor Betterments by July 15

Washington County’s Department of Land Use & Transportation invites the public to [propose candidates](#) for small-scale road improvements. To be eligible for [Minor Betterment Program](#) funding, the proposed improvement must address a safety or connectivity issue on a county road.

This year’s [Minor Betterment Selection Committee](#) will consider proposals received by July 15. Projects selected by the committee will be included in the fiscal year 2015-2016 budget request. Proposals received after July 15 will be added to the candidate list for consideration by next year’s committee. To follow the proceedings of this committee, [e-subscribe to MBP Project Selection Committee](#).

Minor Betterment candidates that are eligible as [Urban Road Maintenance District Safety Improvements](#) will also be considered by the Urban Road Maintenance District Advisory Committee for potential [URMD](#) funding.

Notable Cedar Mill projects on the existing list include: a pedestrian path on Filbert from Saltzman

to Murray; bike lanes on Saltzman from Barnes to Cornell; many pedestrian paths on collectors including Saltzman, Thompson, Leahy, West Union and Cornell, and widening on Saltzman from Creekside to Hartford.

A list and map of previously proposed Minor Betterment candidates are [available online](#). New candidates may be proposed by submitting an [online form](#) or by contacting the [Operations & Maintenance Division](#) at (503) 846-ROAD (846-7623) or lutops@co.washington.or.us.

Smart Driving

Friday August 1, 9 am-4:30 pm, Cedar Mill Community Library

Mark your August calendars for the AARP Smart Driver class! The class is meant to brush up on everyone’s driving skills as they get older. Tom Wilson will teach the class which costs \$15-\$20. Usually the completion of this class yields an auto insurance discount!

For more information please call (503) 286-9688, email PDXCats@comcast.net, or visit aarp.org/drive.

Save the Date for Skyline Memorial Gardens' Highway to Heaven Cruise In

Join us for music, food, fireworks and classic cars!

July 5, 2014 | 4:00 P.M.

This event supports Legacy Hospice Pet Peace of Mind and Missing in America Veterans Project



RSVP by calling
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Skyline Memorial Gardens

4101 NW Skyline Blvd., Portland, OR 97229

www.skylinememorialgardens.com



Croissants, Crepes and Concrete

By Lauretta Young

How do our surroundings affect our mood and our health? This critical question is the subject of one of my recent set of readings. A personal favorite is *Healing Spaces—The Science of Place and Well Being*, by Esther Sternberg, MD. This fascinating book explores the effects of our physical surroundings on health from a biological, psychological and social lens. (And yes, our own Cedar Mill library carries this book, so get on the wait list!)

Traveling to Montreal for a conference, I noted striking differences between the Pacific Northwest and Northeastern Quebec. One of the most immediate is the language—French is the first language of Quebec. I expected to hear French, but what I didn't expect was the lack of greenery.

Many of the studies referenced in the Sternberg book speak to the healing effect of seeing green plants on our bodies. Our immune systems seem to work more effectively when we are surrounded by lush plantings. The exact opposite was what I found in Montreal, where there was an abundance of hardscape—glass, metal and concrete. Even the “parks” were paved, with a few concrete planters containing small grasses or flowers or small trees. Certainly the climate there is harsh in the winter but this area is also known—outside of the city—for dense forests of sugar maples from which maple syrup is harvested.

One street had a few trees in a strip down the middle, but otherwise one could walk for miles without seeing a tree or any plants. The waterfront along the St. Lawrence River

was very industrial, where the only green to be seen were weedy patches and even then not that many! When I got back to Cedar Mill, I noticed the exuberant variety of plants even in apartment complexes. There is the old wisteria at the corner of 147th and Cornell; there are huge Sweet Gum trees lining Science Park Drive; there are blooming rhododendrons in the Sunset Athletic Club parking lot. Literally EVERY business, every street, every home, every apartment is landscaped with interesting plants.



Black-headed Grosbeak in Cedar Mill. Photo © 2014 by Jeff Young.

Nature with its profusion of plants is linked to our personal health and sense of ease. We have solid evidence that patients with views of natural areas heal more quickly after surgery than those who have a brick wall view. While I greatly enjoyed my French food and hearing the French language, I also missed the landscape features I sometimes take for granted. One of my bird watching tour clients from the East Coast spent a lot of time last fall marveling about, “how many leaves are on the sidewalks,”

as she took photo after photo of the colorful foliage. Now I more fully understand her sense of wonder and amazement about “our” urban planning and our values about how the place influences our lives.

Since most of my reflections are about birds, did I see any birds in Montreal? Certainly I packed my binoculars around with me on the long walks in the city and to the “parks.” Very few birds, as one might imagine. What would they eat? Where would they nest? So not even starlings appear to like concrete. This should be a message.

This month's photo is a summer migrant to our area in our own back yard. Notice the lush greenery as this Black Headed Grosbeak enjoys his perch on the willows. The female is about the same size and the beak is similarly very large, but she is almost pale yellow where his coloration is bright orange. Listen for the distinctive song of this newly arrived migrant who will nest here—it's similar to a Robin song but much more complex with more notes and trills. I recently took a flutist out on a bird tour and she said, “it sounds like a Robin who took opera lessons.” Get outside into the greenery, listen for the new sounds of our migrants and improve your health!

Lauretta Young MD is the current Director of the Medical Student resiliency program at OHSU School of Medicine, and the Chief Medical Officer at Health Republic Insurance. She also does private customized guided bird tours in Cedar Mill and beyond—check out her web site at portlandbird-watching.com and see more of her husband's photos at flicker.com/photos/youngbirders

Ham Radio Emergency Communications Exercise

June 28-29, 11 am Saturday through 1:59 pm Sunday, City of Beaverton Emergency Operations Center (EOC), corner of 5th and Hall

Ham radio organizations have dedicated themselves and their personal equipment to provide emergency services to government agencies in the event of a disaster. Annually, they mobilize in the “real world scenario” of an emergency, and set up communications to reach out to the ham radio community to practice connectivity in case of a real emergency. The Washington County group is setting up in the parking lot of the Beaverton Emergency Management facility, and will operate on power other than power from the electrical grid.

Washington County Amateur Radio Emergency Services (ARES) is a County-sanctioned Organization, comprised of volunteer members of almost all ages, and from all walks of life. They all however, have two things in common: they are all federally-licensed by the US Federal Communications Commission (FCC) to operate a multitude of radio equipment and on various frequency bands, and they all share an operational perspective known to most emergency managers—that one day, the immense communications infrastructure that most of us take for granted every day will fail. As such, they continually train for such an event, but rarely on a scale clearly visible to the public.

Spectators are invited to visit, ask questions, and witness the professionalism that is normally “behind the scenes,” during a real-world, non-exercise deployment.

More information about the group is available on its website: washcoares.org.

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New Parks, continued from page 1

Cedar Mill Park is a nearly five-acre parcel just west of Cedar Mill Elementary on Cornell Road. It's one of the older parks in the district (the current school was built in 1927). THPRD took ownership of the park in 1960, not long after the district was formed.

Renovations for the park were also included in the District's 2008 Bond Measure, and after public meetings, discussions of numerous options, and extensive planning, including negotiations with the Beaverton School District (BSD), plans for upgrading the park were finalized in 2012.

This project includes relocated tennis courts, a play area, and a soccer field. THPRD is also renovating BSD's baseball/multi-use field, which will be administered by the district. This means that district teams will be able to schedule use of the baseball and soccer fields outside regular school times. THPRD is chronically short of ball fields, so the addition of the three fields will be welcomed by the sports communities. The ballfields at Cedar Mill Elementary School will be



closed beginning the week of June 16 for construction. Completion of construction and reopening of both the park and school ballfields are anticipated for Fall 2014. The construction contract was awarded to Milroy Golf Systems, Inc. for \$1,121,920.

The natural area along the west side of the park, along with the parcel acquired several years ago from the Brady family, will be improved in a future project.

THPRD Natural Resources at CPO 1

Tuesday, July 1, 7 pm, CPO 1 meeting, Leedy Grange Hall, 835 NW Saltzman

The Natural Resources & Trails Management department of Tualatin Hills Parks & Recreation District (THPRD) is bringing a presentation on their Natural Resources program to the July meeting of CPO1 (Citizens' Participation Organization, covering Cedar Hills & Cedar Mill area). THPRD is in the process of updating its natural resources management plan, to be titled Natural Resources Functional Plan. You can get general information and take a survey on their website, thprd.org/compplan/naturalresources.cfm. For more information contact Bruce Barbarasch at (503) 629-6305.

Tualatin Soil & Water Conservation District will also present information about their programs at this Natural Resources focused meeting.

Each CPO 1 meeting begins with introductions, news about local developments and sharing of issues. This is followed by presentations of interest to local residents. There's usually about 15-20 minutes

The trail through the Brady area will be paved as part of the current project, providing a much better way for neighbors to get to the school and park. A community garden was originally part of the Cedar Mill Park plan, but the location was not conducive to a good gardening experience. Current thinking in the district is to locate a garden on the newly-acquired property adjacent to Husen Park on Reeves St.

for each presentation, plus time for questions from the attendees. Everyone is welcome to attend.

Concert on the Meadow at OCAC

Saturday June 28, Doors open 6 pm, Show starts 8 pm, OCAC campus, 8245 Southwest Barnes Road

This is the not-to-be-missed concert of the year! This all-ages benefit concert will be held on the meadow of OCAC's beautiful campus in Cedar Mill. OCAC presents Stephen Malkmus and The Jicks, in their only Portland concert this summer. Indie Rock Hall of Famer Malkmus co-founded and led one of the most influential indie-rock bands of the 1990s in Pavement. Stephen Malkmus and The Jicks just released their new LP, Wig Out at Jagbags.

General tickets \$50, VIP \$250 with a \$125 tax deduction, which includes reserved on-campus parking, a pre-concert reception, and VIP reserved seating! Preferred seating tickets are \$100 with a \$50 tax deduction. Questions? Contact mjacky@ocac.edu, call 971-255-4177 or visit ocac.edu.

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John D. Roberts—1952-2014

John Roberts, Cedar Mill's favorite BBQ Pitmaster, passed away on June 9. He had been battling pancreatitis since June of last year. He was hospitalized for several weeks at that time, but recovered sufficiently to return to the catering and BBQ competition team [Burnt Ends](#), which he started with his wife Laura in 2008.

I first met John and Laura when they invited me to come and watch them compete in the [BBQ competition](#) at the Oregon State Fair. His patience and attention to detail, along with a great palate, made the team a winning combination, and the trophy they won that year was joined by many others as they continued to compete. They also started a catering business, and one of their first big events was the 2008 Cedar Mill Cider Festival, which they've catered every year since. I know everyone will miss them.

John was originally from Idaho, and he and Laura met while attending college in Nampa. He moved to Oregon with her, a third-generation Oregon native, and they came to Cedar Mill 15 years ago.

He was an avid outdoorsman, and he and his family enjoyed camping trips to destinations throughout the Pacific Northwest.

His daughter Karolyn Parsons wrote this, "I have fought the good fight, I have finished the race, I have kept the

faith." These are the words I speak today in light of the early morning passing of my father John D. Roberts. We know that his journey over the last year has spoken volumes of his will to live and his continued faith in God's sustaining hand. While our hearts are broken, we hold on to the blessing of the past year knowing that we were gifted with time beyond all expectations, and for those days we are especially thankful. My dad was a quiet servant, humble in character, and one who could always find a way to laugh, especially when things got rough. He will be greatly missed and forever loved."

A Celebration of Life will be held on Saturday, June 28 at 3 pm at Portland First Church of the Nazarene, 6100 SW Raab Road, Portland, OR 97221 (near Scholls Ferry & Highway 26). All who knew him are welcome to attend.

A fund was set up at the Sunset Credit Union during his first hospitalization. It is still active, and donations are welcome to help the family defray his medical expenses. Just go to the CU and tell them you wish to donate to the John Roberts fund.



John and Laura Roberts

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Poppa's Haven is growing

Monday-Friday, 6:30 am-6 pm;
Saturday 7:30 am-6 pm, 800 NW
Murray Bl.

Cedar Mill's favorite coffee house is expanding into the space next door. Owners Jane and Jerry Bennett had the opportunity to lease the space, and decided it was time for their dream to grow. Phase I of the expansion is underway now, and will provide more seating for their customers. They have plans for more in the future, so stay tuned! For more information, visit their Facebook page ([Poppa's Haven](#)) or call 503-626-0700.

Issues in Aging seminar

Tuesday, June 17, 6:30-7:30 pm,
Great Bones, 485 NW Saltzman

Great Bones continues their Community Health Forum series with, "It's Complicated: Issues in Aging." Hear from three professionals who will be discussing topics including: how possible hearing loss affects personal and professional relationships; cognitive decline and overall quality of life; cognitive stimulation through exercise; senior community living; and support through social and recreational activities.

Great Bones was created by the Rasmussen family to introduce the positive affects of bioDensity and Power Plate to all that want to be stronger, improve flexibility & balance. The first session is free. Find out more on their website: [great-bones.com](#), and schedule your introductory appointment.

Skyline Memorial Honors Veterans and Pets

July 5, 4-11pm, Skyline Memorial Gardens, 4101 NW Skyline Blvd.

Support Legacy Hospice "Pet Peace of Mind" project and the "Missing in America" Veteran's project at Skyline Memorial's "Highway to Heaven Cruise In." Enjoy classic cars, food, music and fireworks. The event is free and open to the public.

Skyline Memorial Gardens is honored to be a part of such incredible and innovative programs such as "Missing in America," and "Hospice Pet Peace of Mind." For more than 30 years Legacy Hospice has been caring for friends and neighbors in the Portland community. Their philosophy has always been that it is not just the patient who needs compassionate care, but each member of the family. Now, through the generosity of the

Banfield Charitable Trust's national Pet Peace of Mind program, Legacy Hospice is able to extend this philosophy of care to even the non-human members of the family. They know that the unconditional love the pets provide to their owners is priceless medicine for both patients and families living with a terminal illness.

Skyline Memorial Gardens & Funeral Home has always been focused on serving our Veterans with respect, integrity and dignity. Through the "We Honor Veterans" program, they are growing their offerings to Veterans to assure every Veteran receives excellent and personalized care. The purpose of the MIA Project is to locate, identify and inter the unclaimed cremated remains of American veterans through the joint efforts of private, state and federal organizations. MIA's goal is to provide honor and respect to those who have served this country by securing a final resting place for these forgotten heroes. Dignity Memorial and Skyline Memorial Gardens is working in partnership with Missing in America (MIA) to ensure that any of the unclaimed cremated remains at Skyline that prove to be those of a US Veteran will be properly interred with dignity and respect. Visit [skylinememorialgardens.com](#) or call (503)-292-6611 for more information.

OCAC does summer...

The Jordan Schnitzer Family Art Adventures Summer Camps!

June 16-Aug 22, Monday-Friday 9 am- 5 pm

Have you made plans for your campers? Hurry, filling fast! Kids and young adults at Art Adventures are immersed in the College's incredible art studios, tent studios and workshops for nine weeks every summer. Every camper has the opportunity to explore and find their artistic vision with amazing materials, creative freedom and endless ideas for creating. Taught by talented professional artists and instructors, Art Adventures provides a strong foundation in visual arts, integrating 2D and 3D workshops into the program. Each weekly session is unique, providing an environment where students learn new art making skills, build self-confidence and have fun, all while being creative! Register today! The youth camps are for grades 1-5 with the young adult camps ranging from grades 6-8.

Classes and Workshops for Adults

Jump-start your summer with creativity! Don't let the summer pass you by without exploring our workshops, classes, studios and creative experiences. Check out some of these exciting opportunities: Introduction to the Photo Book; Holga Cameras; Collage Goes 3D. Get detailed information on class schedules and register at [ocac.edu](#).

Garden Inspired Art

June 5-29, 10 am-3 pm daily, 1st Thursday until 6 pm, 8245 South-west Barnes Road

Summer is here at The Shop at Oregon College of Art and Craft. Add the timeless delight of an artist-made object—a planter, trellis, bird house, or sculpture. Invite tranquility into your realm through nature and art. Every purchase supports Oregon College of Art and Craft and their artists. More info at [ocac.edu/shop](#) or call 971-255-4143

Summit Dental offers Six Month Smiles discount

Summit Dental Health is offering \$1000 off to the first ten patients who start Invisalign or Six Month Smiles orthodontic treatments this summer. There is zero interest financing also available for those who qualify. Brad Hagedorn, DMD, says, "Depending on your individual case, I offer both Invisalign and Six Month Smiles treatments. Invisalign straightens your teeth without metal braces by using a series of custom-made clear plastic trays. In more complicated cases, Six Month Smiles uses white brackets and white wires to straighten teeth in an average of six months." Call their office at 503-644-7202 or visit [summitdentalhealth.com](#) and click the Schedule Appointment link to set up a free consultation to see if you might be a good candidate for these treatments and the \$1000 discount.

Kids Camp 2014 is coming soon!

June 23-26, 9:10 am-11:50 am preschool; 9 am-12 pm elementary, Sunset Presbyterian Church, 14986 NW Cornell Rd.

Kids' Camp welcomes back Mr. J and his band for "There's a Monster Under My Bed." Come meet Walter, a bumbling, fuzzy monster who lives under Randy's bed. Through fun lessons, songs, sketches and

games, seven-year-old Randy, along with our campers, will learn how to shine God's light on their fears. Don't be fooled by the title, this is not a scary camp, kids will be laughing, learning, playing and having fun every day! The week-long camp is \$45 per camper. Registration is available starting June 15. Visit [kidscamp.sunsetpres.org](#) for more information, space is limited so register early!

Village Gallery Offers Watercolor Workshop

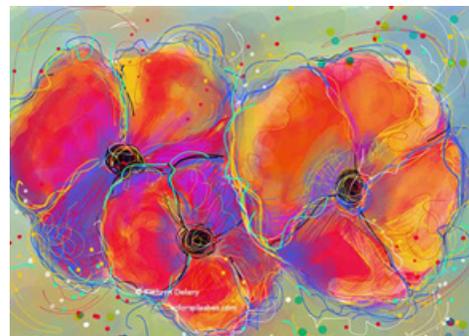
Tuesday-Saturday 10 am-4 pm;
Sunday 12-4pm, 12505 NW Cornell Road

Featured Artist: Kathryn Delany—An Exploration of Digital Painting

June 3-July 5; Opening Reception: Saturday, June 14, 2-4 pm

This exhibit features digital paintings and digital photo paintings that reflect the fluidity and energy of line.

As summer begins, our calendar settles down a bit, but the Village



Poppy Burst, digital painting by Kathryn Delany

Gallery does want to bring to your attention a three-day watercolor workshop they are offering in July with Rene Eisenbart, an accomplished watercolorist and former botanical illustrator for The Oregonian. **Featured Workshop: Rene Eisenbart—Botanical Watercolor:** July 7-9, 9 am-3 pm, \$275, all levels. Eisenbart will demonstrate techniques for painting plant portraits, leading participants from an initial sketch to a finished painting, with lots of individual attention along the way. Winner of local and national awards, Eisenbart paints expressive portraits of plants and creatures using vibrant color and texture. Hundreds of her botanicals and birds have been published in The Oregonian's Homes & Gardens section and in the book, "Plant This," by Ketzell Levine. [rene-art.com](#).

For more information please call the Gallery, visit their web-

site, or find them on Facebook for additional information about membership, classes and special events. 503-644-8001, villagegalleryarts.org.

Virtue of the Month: Idealism

Idealism is having a vision of what is possible and wanting to make a difference. It is caring passionately about what is meaningful in life. Idealists see things as they could be and have faith in the power of change. We put our principles into practice. We don't just accept the way things are. We dare to have big dreams and then act as if they are possible. Idealism doesn't mean that we are idle dreamers. Idle dreamers just wish things were better. Idealists do something to make things better. We make the ideal real.

The Practice of Idealism: I have a dream. I have a plan. I have faith in the highest possible outcome. I walk my talk. I persevere. I make a difference.

Affirmation: I am thankful for the gift of Idealism. It helps me to realize my dreams.

For Virtues Project reflection cards visit virtuesproject.com, and for more information, please contact Delaram Adyani at VirtuesConnectionPortland.com or (503)-267-0202.

Santosha Yoga News

Saturday, June 21 from 6-8 pm, Santosha Yoga, 4876 NW Bethany Blvd, Suite L4

In celebration of the Summer Solstice, we are holding a special evening yoga class to practice with joy and creativity, building our own inner sun-like heat in a fun vinyasa practice, and afterwards there will be a free gathering of light appetizers to toast the longest sunshine day of the year.

During the week of July 6-12, we are celebrating four years of the Santosha Yoga studio. Each day, there will be a special class, demo, smoothies, chair massage, or other yoga and wellness activities happening. On the actual fourth anniversary, Thursday July 10, we are having a nationally-known guest class, "Go With the Flow" yoga, that includes a fantastic practice and live music.

We believe in being part of our community, and that is one of the reasons we offer donation-based classes so that yoga is accessible to all. We support others in the community through our Karma Yoga.

Each weekend there are opportunities to pay a donation amount and attend either Align and Flow on Sunday mornings or Family Yoga (for kids 3 years and up with their parent/guardian) on 1st and 3rd Saturdays. All of the proceeds from our donation-based karma yoga classes go to benefit Street Yoga, a non-profit that works with at-risk, foster, homeless youth to find resiliency and wellbeing practices through yoga. For more information, visit the Santosha website at santoshaforeverybody.com

Concrete Leaf classes

Wednesday, June 25, 1-3 pm; Saturday, June 28, 3-5 pm; Thursday, July 24, 10 am-noon; Saturday, July 26, 10-12; Tuesday, August 5, 10 am-noon; Saturday, August 23, 10 am-noon.

Have you admired the beautiful concrete leaf castings at the Farmers Market or in friends' gardens? Here's your chance to learn to make your own. Artist Roberta Palmer offers two-hour classes for \$30, including materials, and you'll make more than one leaf. If the schedule above isn't convenient, with two or more people, you can schedule your own class! Email Roberta at genepalm@juno.com or call 503-350-2348 to sign up.

Free Paint Color Consultations

Thursday, June 12, 5:30-7:30 pm, Sherwin Williams Store, 13555 NW Cornell Rd.

Join color consultant and interior designer, Caryl Hoffman of CK Hoffman Design for Free 20-minute paint color consultations

Oregon Maritime Museum program at Beaverton Historical Society

Tuesday, June 10, 7-8 pm, The Beaverton History Center, 12412 SW Broadway, Beaverton

Susan Spitzer, Vice President of the Oregon Maritime Museum, will talk about, "The History of the Oregon Maritime Museum and Why It Matters Today." Susan will relate how OMM was founded in 1980, and quickly established a "real" building and built an impressive collection of maritime artifacts.



at the Sherwin Williams Store in Cedar Mill on Wednesday June 18. To sign up, please call the Sherwin Williams store at 503-646-7064 or e-mail Caryl at carylkhoff@gmail.com. Sign ups are suggested to ensure you don't have to wait. Please bring a photo, tile sample, carpet sample, or other inspiration to assist the process.

SBA honors Pest Solutions

The Portland District Office of the Small Business Administration presented this year's small business week awards during a luncheon at the Portland Art Museum, May 22. Among the awards was the Rising Star Award given to Eric Ufer, founder and president of Pest Solutions, which was the Cedar Mill News [featured business in April, 2014](#). Eric started Pest Solutions in 2011 and has grown in sales each year, expanding his client base exponentially and geographically.

Regional Administrator Calvin Goings, Regional Advocate Jennifer Clark and District Director Camron Doss spoke about the impact of small business on the economy and the community at large. "Right here in Oregon", they have 350,000 small businesses that open their doors daily providing employment, high quality products and services to customers both here and overseas," said District Director Camron Doss. "Our entrepreneurs and small business owners, along with our small business champions and lenders, are one of our state's greatest strengths and it was our privilege to recognize some of them here today."

The museum's most significant artifact, the Steamer Portland, is the most visible representation of the collection, and it has a special story all its own. Through many ups and downs, OMM maintains a presence on the Portland waterfront, and connects visitors to the fascinating stories of the region's working riverfront history.

Admission is a \$2 suggested donation, members free. Visit HistoricBeaverton.org for more information, or call 503-430-0106.



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