



FREE

Cedar Mill News

Volume 16, Issue 8

August 2018



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Cell towers in Washington County

by Virginia Bruce

Luke Leifeld showed up at the March 2018 CPO 1 meeting to let his neighbors know about his concern with a Verizon cell antenna that was being installed to replace an existing utility pole just beyond his back fence in the right-of-way on Leahy Rd. "A co-worker suggested the organization since the purpose is to advocate for citizens regarding development projects. I attended the March meeting and brought up the issue during the

that the installation seemed to violate sections of the county code requiring such facilities to minimize visual impact. He took his concerns to staff at Washington County Land Use & Transportation (LUT) when he felt that he wasn't getting any traction with the CPO.

Initially he was told that the project met the county requirements under an agreement with utilities that allowed such installations in the public right-of-way without separate development permits.

An additional concern for Leifeld and his wife Anna, along with several of their neighbors in the Torreyview neighborhood, was that the work to replace

the pole and install the antenna would disrupt the sidewalk that had been constructed along Leahy, partly to improve access to West TV Elementary, for several days. There was no alternate pedestrian route because the opposite side of Leahy

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The Nature of Cedar Mill

Bats in our back yards!

by John Ramey

If you sit outside at dusk on a summer evening, you may see some flying creatures swoop by, back and forth in your view. You've got bats!

The small bats we see in our backyards are known as Little

Brown Bats (*Myotis lucifugus*) or Little Brown Myotis. They have wingspans of 7-10 inches and weigh 6-8 grams. These little bats have been recorded living to 34 years in the wild. They are associated with water, from which a great many insects hatch. There are enough ponds and swales in our area to support them and keep them feeding over our lawns and gardens.

They eat insects in the 3 to 10 mm. size range...many of them pests, such as mosquitoes, flies, termites, and even wasps. It is often said that these bats will eat 1,000 insects in an hour. But that is only

if they feed non-stop. In fact their stomachs fill in about 15 minutes after which they need to digest and rest. But there will be several foraging flights per night, so they eat a lot of those pests and are very beneficial to us.

They hunt prey by echolocation, producing about 200 calls per second and hearing the echo off of the insect. In spite of that capability their eyesight is almost as good as a human's...just not so useful for night feeding on such small bites.

Little Brown Bats hibernate when the weather cools. They may establish a separate roost, called a hibernaculum, to

which they might migrate south if required by the temperature. However, the proximity of warm human structures often supplies suitable temperatures without migration. If the temperature raises

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Luke Leifeld brought his three-year-old son along to testify to the Commissioners

Public Comments segment."

His initial concern was that the taller pole and attached equipment would be right in the middle of his view off his back deck, affecting his enjoyment of the view and the value of his property. As he began to search for information, he found

Cedar Mill Park Concert August 9

Thursday, August 9, 6-8 pm, Cedar Mill Park, 10385 NW Cornell Rd. adjacent to Cedar Mill Elementary. (Limited parking, shuttle from CMBC—see below)

Bring your family, grab lawn chairs or blankets, and meet your neighbors and friends for a summer evening of fun and music. The Seymour Baker Band will entertain us with Acoustic Americana, Blues, Rock and Folk.

"Dogs & Fries" will sell food and beverages, and Kona Ice will be there with tasty shave ice. You are also welcome to bring your own picnic. No alcohol is allowed.

Seating is on the grass. Beach/sand chairs or blankets for seating are recommended. Regular height



Rex Baker, Haley Michelle, and Mark Seymour will be joined by Tommy Taylor on drums for the concert

lawn chairs will be permitted only at the side and rear of the seating area. Leashed dogs are welcome to attend with their owners.

In addition to the food and music, community partners, including Cedar Mill News, Historical Society, CPO 1, and the Cedar Mill Library, will provide information and activities. THPRD's Rec Mobile and Nature Mobile will also be on hand to engage kids with games, crafts and activities.

Parking is very limited, so a shuttle bus will run every 15



Healthy little brown bat in Mt. Aeolus Cave. Photo: Ann Froschauer/USFW



minutes, from 5-9 pm. Park in the Cedar Mill Bible Church lot, 12208 NW Cornell, and the bus will bring you and your group, plus picnic baskets etc., to the park and then back again after the concert. Thanks to CMBC for their continued support.

Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Second Edition clearance

August 18-25, Second Edition, next to the Cedar Mill Library, 12505 NW Cornell

Second Edition's Semi Annual Clearance Sale is happening this month. We call it "Change Over," as we give big discounts to clear the shop of everything in order to restock with fresh merchandise.



The discounts get deeper as the sale continues. Get there early for the best selection, or head over on the last day for huge savings!

The sale starts August 18, and through the 20th, everything is 25% off. August 21-23, everything is 50% off. On Friday, August 24th, the discount is 75%. On Saturday, August 25th, it's our Summer Clearance Bag Sale. From 10 am to 2 pm, it's just \$8 for everything you can fit into the bag! We'll be closed Sunday for restocking, and reopen at "high noon" on Monday, Aug. 27th showcasing one of our favorite themes: Western!

Second Edition is an ongoing fundraiser for both Cedar Mill and Bethany Libraries.

Holistic Pet appreciates their customers!

Saturday, August 25, Holistic Pet, 13567 NW Cornell (Safeway center)

Customer Appreciation Day!
Born Again Pit Bull Rescue volun-

teers will be on site from 11-3 doing dog washes for donations. We will have raffle baskets for people to bid on containing \$75 worth of food, treats and toys in each basket. 100% of the proceeds of the baskets and dog wash goes to the rescue group.

As well, we will have a huge sale with most brands offering \$\$ off for one day only.

Call the store for questions, 503-626-7387.

Village Gallery of Arts

Sunday, August 12, 2-4pm, 12505 NW Cornell Rd, free

This month's show theme is Horsing Around, so come join the Village Gallery at their reception! Enjoy refreshments and meet the featured artist, Jung S. Pak, and the featured crafter, Sharon Dunham. Jung has studied and worked in a variety of different forms of art, and his beautiful paintings will be on display. Sharon will be showing her beautiful glass pieces, inspired by the simple boldness of geometric patterns, the contrast of black and white images, and the remarkable beauty of our colorful environment. Stop by to see their artworks from Monday, July 30th at 10am, until the end of August.

Summer and fall classes are open for sign ups! Whether for adults or kids, there is always a class that will expand an artist's skill and knowledge of technique and creativity. Mondays, Kristy Roberts holds classes for kids between seven and sixteen years old. She introduces various mediums of art to help find the style each child will most enjoy. For adults, classes are offered to spark inspiration, such as Annie Salness' Farmer's Market and Painting class; or beginners can learn their basics, especially in



Annie Salness leads her painting class by starting at the Farmers Market

Leslie Boyce's Water Elements class. For the complete class line-up, go to their webpage; and register by visiting or calling the Gallery.

Mark your calendar, September 28, 29, and 30, for the Gently-used Art Supply Sale! If you're a beginner looking for a place to start your supply set, or simply want to add to what you already have, stop on by at the Gallery to take a look.

Village Gallery is a non-profit educational art gallery in operation since 1963, next to the Cedar Mill Library. Hours: Monday-Saturday 10-4; Sunday 12-4. For more information, visit villagegalleryarts.org or call 503-644-8001.

Beautiful Skin event at Pharmaca

Tuesday, August 7, 3-7 pm, Cedar Mill Pharmaca, 240 NW Lost Springs Terrace, free

Discover your inner beauty by rejuvenating, nourishing, and revitalizing your skin with clean, pure products. Come learn about the various supplements to support and establish radiant beauty! 20% off sale for event day only on select beauty products. Time to unlock your glow!

If you have any questions, contact Patrick Healey at 503-596-3552

Nationally known researcher to speak on brain health

Tuesday, August 21, 11 am and 3 pm, Touchmark, 840 SW Touchmark Way, (adjacent to Southwest Barnes and Leahy), free and open to the public, RSVP required.

Can you train your brain to delay memory problems associated with aging? What can you do if someone in your family is already experiencing memory issues or living with dementia? Rob Wittingham, Ph.D., a professor in the Psychological Sciences and Gerontology departments at Western Oregon University (WOU), will answer these questions during two presentations at Touchmark in the West Hills.

Wittingham's first presentation will be at 11 am. He will discuss mounting evidence that lifestyle factors, including staying mentally active, can delay memory problems. He will also highlight recent research related to the "use it or lose it" theory of memory and aging as well as share cognitive stimulation

interventions that can be used to exercise targeted regions of the brain. Finally, he will present the latest research on the effects of physical exercise, nutrition, and social support on the likelihood of developing memory problems.

Wittingham's second presentation will be at 3 pm. In addition to providing brain-health ideas similar to those in the first presentation, he will offer practical tips for families who have a loved one living with dementia. "The take-home message is optimistic and motivating," says Wittingham. "There are many practical things all of us can do to maximize our memory abilities."

Wittingham has over 20 years of experience researching human memory, mostly focusing on older adults and ways to enhance mental functioning and quality of life. At WOU, he has served as Dean of the College of Liberal Arts and Sciences and Chair of the Behavioral Sciences Divisions. He has trained thousands of professionals, published many peer-reviewed articles about human memory and given more than 1,000 presentations at conferences and workshops. His books include *Train Your Brain: How to Maximize Memory Ability in Older Adulthood* and *Cranium Crunches*.

The presentations are open to the public, and there is no charge,



but seating is limited. To RSVP, call 503-954-1640 by August 16.

Touchmark in the West Hills is located on a wooded hillside near Forest Heights. The new full-service retirement community offers unparalleled services, commanding views and a range of active-adult living and award-winning wellness offerings. More information is available at TouchmarkPortland.com.

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Development news

Life Time Fitness selects new location

In May, we reported on a [large fitness center](#) proposed for Peterkort Co. property on the north side of Barnes between Cedar Hills Bl. and Valeria View. Last month we

currently leads to Si Señor Mexican restaurant is now. There will be a new traffic signal at that location. The entrance will be shared with the restaurant.



learned that Life Time Fitness has decided to develop the center on the SW corner of Barnes and Cedar Hills Bl. instead.

We don't have all the details at this time, but we can assume that Barnes will finally get at least the second westbound travel lane from the Cedar Hills intersection.



The new location will be accessed from a new road leading off Barnes, where the driveway that

Peterkort annexed all their properties into Beaverton, which is handling the approval process. The land will be sold to Life Time. The developers, David Evans and Associates, anticipate submitting the application this month.

Springville and Kaiser road closures, detours

Roads that serve the rapidly expanding North Bethany area will be closed this month for infrastructure work.

Springville Road, west of Kaiser Road, will be closed August 6-23 for installation of underground utilities, road widening and preparations for a traffic signal. The traffic signal will be installed this fall.

The work is funded and managed by West Hills Development and permitted by Washington County.



Two sections of Kaiser Road will be closed on two weekends for culvert replacements. One closure will be between Springville and Brugger roads; the other closure will be between Brugger Road and Ridgeline Street. Dates will be posted to www.wc-roads.com when available.

The culvert replacements are funded and managed by Polygon Northwest Homes and permitted by Washington County.

Visit the [county website](#) for more information.

THPRD News

Dog Park Survey online

Tualatin Hills Park & Recreation District has been hearing from patrons about the need for more off-leash dog parks in the district. Keith Watson, Sports & Community Programs Manager, says, "At this point we are continuing with the information gathering process regarding dog parks. I've engaged the Parks & Facilities Advisory Committee and we hope to review survey results in the fall. The goal is to develop a recommendations and guidelines document for management review this winter."

Be sure that they hear from you about your concerns and expectations. [The survey will be open](#) throughout August. Join our [Cedar Mill Dog Park Advocates Facebook group](#) to discuss options with your neighbors.

Stuhr Center Estate & Rummage Sale

Friday, August 31 & Saturday, September 1, 8 am-4 pm, Elsie Stuhr Center, 5550 SW Hall Bl, Beaverton

Come to shop, or bring items to donate by August 25. Our loyal [Stuhr Center](#) volunteers will spend weeks preparing, sorting, pricing and displaying the wonderful donations that we receive from our faithful supporters. The sale is the largest annual fundraiser we have at the Stuhr Center.

The Elsie Stuhr Center is the district's only recreation center specifically dedicated to providing recreation, activities and social enrichment for adults 55 years and better.

Remember our Summer Clearance Sale!

2nd edition resale

August 18-20: everything is 25% off
 August 21-23: 50% off
 August 24: 75% off
 Saturday, August 25: Bag Sale! (everything you can get in a bag is \$8)
 Closed August 26 to restock

Open at High Noon on August 27 for Western Days!

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 All sales benefit Cedar Mill Library Assn.

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Forest Heights sewage spills into Cedar Mill Creek

On July 26, a sanitary sewer pipe under a street in Forest Heights ruptured and raw sewage poured out, flowing into Kitchen Creek, a small tributary of Cedar Mill Creek.

Forest Heights is in the City of Portland and is served by their Bureau of Environmental Services (BES), which responded to the situation. BES issued an advisory stating: "Maintenance crews stopped the overflow around 11 am, estimating that about 340 gallons was released to the environment in a period of less than two hours. Crews identified the cause as tree roots blocking the main sewer line and cleared the blockage. As a precaution against exposure to bacteria, the public is advised to avoid contact with Cedar Mill Creek for 48 hours." Sewage from the Forest Heights neighborhood is pumped to one of BES' treatment plants.

Cedar Mill Creek flows through the heart of our community, from its source in the hills above Jordan Park to the old mill site at the waterfall, past apartments and the wetland, under Highway 26, and on

through the Butner neighborhood to the middle of the Nike campus. It joins Beaverton Creek near the



intersection of 158th and Jenkins. Knowing that Cedar Mill Creek flows through several of our popular parks, we tried to contact someone at THPRD so they could post warning signs. It was a hot day, and we worried that folks and their dogs might be wading. We were told that it would be impractical to post temporary signs in all six parks that the creek flows through, and that the sewage would dissipate fairly quickly.

We hope nobody got sick. We posted the information on the Cedar Mill News Facebook page, which has about 2500 followers. The notice reached 2328 people, and was shared by 25 of them. If you use Facebook and want to get timely updates, please [like or follow our page](#).

Restoring dignity to the heart of the soul

Saturday, August 11, 4-5:30 pm,
Leedy Grange Hall, 835 NW
Saltzman

Talk, Meditation, Ceremony, and Songs for the Soul. Tie the sacred thread and celebrate with us the spiritual significance of this ancient festival and its relevance for today.

Special guest Sister Elizabeth, a meditation teacher and practitioner of Raja Yoga. Program Coordinator at the BK Anubhuti Meditation & Retreat Center in Novato, CA. She is also a gifted actor and singer, trained at the American Conservatory Theatre. She is currently touring with a one-woman performance and has just released a CD called *Simple Ways*.

Please book by phone: 541-343-5252; [online](#); or by email: portland@us.brahmakumaris.org

This program is offered free of

charge by the Brahma Kumaris, a non-profit organization

This group is also offering a 2-day Raja Yoga Meditation Class. [Saturday & Sunday, August 18-19, 11 am-3 pm, TVFR Station 65, 3425 SW 103rd Ave in Beaverton.](#)

Raja Yoga is a method of relaxing, refreshing, and clearing the mind and heart. It helps you look inside to rediscover and reconnect with your original, spiritual essence, thereby restoring a functional and healthy balance between your inner and outer worlds. Raja Yoga meditation does not involve chanting, devotion to a guru, physical postures or sitting cross-legged.

For more information about the organization, visit brahmakumaris.org/us/Oregon. To register for the course, email Portland@us.brahmakumaris.org or call 541-343-5252.

History in the News

History Museum final weekend?

Friday, August 18, 10-5; Saturday, August 19, 1-4 pm, 12505 NW Cornell, near the former Bingo location

Have you visited the Cedar Mill History Museum yet? We still don't know if we can stay open beyond this month, so be sure to make it over while you can!

We have items from the JQA Young family and other early settlers; photos of early families, farms, schools and businesses; the story of the Atfalati band of natives who lived here; an amazing scale model of the Union Schoolhouse; a huge aerial photo of Cedar Mill in 1961, and so much more! Stop in and discover how folks have made a living here through the years, and how we have grown.

Do you have items to share? Some of the most exciting things that folks have shared include old newspaper articles, school photos and memorabilia, and family memories that fill in the missing parts of our story. History is anything from 1968 and before, and we treasure it!

History Club

Thursday, September 20, 2-4 pm, The Ackerly, 11795 NW Cedar Falls Dr. in Timberland

And speaking of sharing memories, we've just begun the Cedar Mill History Club. It's a chance for our "old-timers," and everyone

Troop 208 will be there turning the antique cider presses to provide delicious fresh cider to everyone. Retrolicious will serve lunch, maybe with another surprise food vendor! Lauren Sheehan and her band will bring the live Americana/roots/bluegrass music we always love. THPRD's RecMobile keeps the kids busy with fun activities, and we're hoping to have some surprises in store this year in the form of living history demonstrations.

Put it on your calendar and watch for more information in the next issue of the News.

Home Improvement Grants Available for Eligible Veterans

Washington County and Willamette West Habitat for Humanity have each been awarded funds from the State of Oregon Veterans Home Improvement Grant Program to assist eligible veterans in making needed repairs to their homes. Grants of up to \$10,000 are available to veterans who own their own home. The funds are available on a first come, first-served basis and subject to eligibility.

The two programs in Washington County vary slightly. Details are available by calling the agencies directly. At this time, mobile homes are not covered under either program.

Washington County's Veteran Home Improvement Program offers grants up to \$10,000 for older veterans and/or veterans with disabilities who own and occupy their home, are in need of critical home repairs and whose income is at or below 50% of the Average Median Income (AMI). For information contact Sarah Branson at 503-846-8215 or email sarah_branson@co.washington.or.us.

Willamette West Habitat for Humanity's Veteran Critical Home Repair Program offers assistance by covering up to 70% of repair costs while offering a 0% annual percentage rate (APR) loan for the balance. The program is designed for veterans who own and occupy their home and whose income is between 0-80% of AMI. For information contact Jacky Flores at 503-844-7606 ext. 104 or fill out an online request form at www.habitatwest.org/critical-home-repair.



Cedar Mill History Club, 1938

who's interested in our history, to get together and share stories over refreshments. The Ackerly is sponsoring the first meeting. We're planning to meet every few months. Call the Ackerly at 503-350-3400 to RSVP. If you have a neighbor or family member who might be interested, please let them know about it!

Cedar Mill Cider Festival

Sunday, September 16, 1-4 pm, JQA Young House, 119th & Cornell

The Cider Festival is happening in September this year! We're hoping to avoid the anxiety about the weather by moving it up a month.

Cedar Mill History Museum



Berry picking on the Findley Farm, 1930s

August 18-19
Saturday 10-5 • Sunday 1-4
Home, Farm, and Logging Displays
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Creativity: The Ability to Generate Innovative Ideas

What do innovators
Sergey Brin & Larry Page (Founders of Google),
Gabriel Garcia Marquez (Nobel Laureate),
Will Wright (Creator of SimCity),
Jimmy Wales (Wikipedia Co-Founder),
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Westside Transportation Alliance

WTA is a local nonprofit organization that works with employers and local governments in Washington County to reduce auto commute trips. WTA has been working in the community since 1997, but because it primarily operates through workplace services and programs, much of its work happens out of the public eye.

Employment in Washington County is expected to grow by more than 50% over the next 20 years. More jobs and more people means more congestion. By partnering with employers to promote and provide transportation options for commute trips, WTA can help get cars off the road, which relieves congestion, reduces air pollution, improves the health of our community, and benefits businesses by making it easier to move freight and attract and retain high quality employees.

WTA's primary goal is to reduce the number of people driving alone to and from work. We focus on education and engagement around existing transportation options. These include transit, carpooling, biking, walking, and telecommuting. We work closely with employers to help them comply with Oregon Department of Environmental Quality rules about surveying employees and making plans to reduce the number of auto commute trips, and we partner with employers to provide customized information and services to engage more employees in "non-drive-alone" commute options. Many of WTA's services are customized to the needs, interests, and challenges of individual employers.

WTA also works with public and private agencies to expand the breadth of transportation choices available to commuters so that more people have the option of leaving the car at home when going to work. Examples of WTA's past projects include piloting a small bike share program for Kaiser Permanente and Columbia Sportswear that helped employees at two sites commute by MAX instead of driving alone

because they could use the bikes to travel between the MAX stop and the worksite. This project also created a guidebook intended to help interested employers set up their own simple, low cost bike share programs for their employees. WTA has also installed bike

parking at Aloha-Reedville and Tigard businesses to help encourage more employees and customers to ride bikes. WTA created a suburban bike parking guide to advise employers on creating safe and accessible bike parking for their employees.

Get rewarded for not driving alone

WTA recently introduced Commuter Kickbacks—an incentive pro-

gram for anyone that lives or works in Washington County. Incentives offer a timely reason for people to try something new, and WTA thinks that people that commute without driving alone deserve a chance to win prizes. Record a minimum of four round-trip commutes in a month using non-drive-alone options and you'll be eligible to win prizes. To sign up for Commuter Kickbacks or to learn more about the program please visit wta-tma.org/commuter-kickbacks.html.

WTA is a member-based nonprofit. Some of its member organizations include Nike, Washington County, Amazon, City of Beaverton, Columbia Sportswear Company, First Tech Federal Credit Union, City of Hillsboro, Intel, Kaiser Permanente, and PGE. In addition to support from its member organizations, WTA's work is made possible with support from Metro and the Federal Transit Administration.

If your business is interested in reducing employee auto commute trips, WTA would be interested in partnering with you. To learn more about Westside Transportation Alliance please visit their website at wta-tma.org.



Westside Transportation Alliance



58-year-old Sunset Swim Center changing to meet its patrons' needs

by Bob Wayt, recently retired Communications Director at THPRD



One of the oldest facilities in the district, Sunset Swim Center opened to the public in 1960. It sports the only outdoor wading pool in the district and is also the only year-round THPRD center north of Highway 26.

The swim center has been a model of consistency for nearly six decades, delivering high-quality instruction and programs to an evolving patron base without much fanfare.

But there are ripples of change in the water today—change that Supervisor Lori Leach believes will make Sunset better in time. Some of the key staff are new. Aimee Krieger, program coordinator, has been there only a short while, and Lori Walker, program specialist, won't arrive until fall.

Programs have changed too. One example has been the intro-

duction of women-only swims to address the community's shifting demographics. And for the same reason, the center is offering many more swim lessons for adults who never had that opportunity in

their native land.

Sunset is the only swim center in the district with a room dedicated to dryland fitness classes, which started about one year ago. When



Multiple times per week, Kathy Chaney (right) leads popular aquatic fitness classes in the shallow end of the pool.

Leach made a full-time commitment to dryland fitness, she brought Lela Prewitt, who first began teaching at Sunset out of the Stuhr Center's Wellness on Wheels van,

aboard as her instructor.

"One of the greatest things about Sunset is Lori's willingness to innovate and try new things," Prewitt said.

On the aquatic fitness side, Kathy Chaney has excelled for about 20 years. Three mornings a week, she fills her shallow end of the pool with students who revel in her bright smile and encouragement.

"Sunset is the nicest pool," Chaney said. "Everybody is easy-going, helpful and kind. I love working with the seniors and the kids."

Sometimes the aquatic and dryland fitness programs complement one another. In fact, some students take Chaney's high-energy class at 9 am, change into dry clothes and go downstairs to Prewitt's tai chi or strength class at 10. That patron commitment to fitness has Leach and Krieger pondering ways to grow Sunset's programs even more.

"I'd like to use the space even better and serve the population in as many ways as possible," Krieger said. "Maybe a periodic outdoor yoga class, and for those who are a little bit more fitness experienced, a boot camp."

Farmers Market August news

Saturdays through October 13, 9 am-2 pm, corner of Murray and Cornell

Summertime is the best time for fresh, local, seasonal produce at your local Cedar Mill Farmers Market!

We are halfway through our season and we don't want you to miss a "beet." Our market is your neighborhood meeting place! Make a date with your friends and neighbors to meet up, listen to some music, grab a bite of our ready-to-eat food, and find the fruits and veggies for your seasonal meals and preserving.

We are about supporting local agriculture, artisans, and small businesses. We have great local musicians and a cool kids Power of Produce Program. We accept EBT and do a SNAP* match of \$5!!! We are about building community and relationships. And we aim to be warm and welcoming.

[Cedar Mill Farmers Market](#) is small enough that you can get to know the vendors, volunteers and

the market manager, yet big enough that we offer variety. Did you know that Farmers Markets are making people and communities stronger and healthier? Come join us!

Want to get in on the "inside track?" We are looking for some



volunteers. We need a couple of people to run the Power of Produce program, and a couple more information booth people. It's so much fun!! A "demo Chef" is also needed!!! Come on, don't be shy, stop by and chat with me, Karen Carroll (the market manager), I would love to meet you and fill you

in on the details.

One more thing—July's Pie in July Winner is...Sara Titus. Sara is also one of our awesome new vendors this year! Her passion is baking, and you can sure tell that from the beauty and delicious-ness of her creations. Sara says she never misses a pie contest. Come by and say hi to her at her booth Artemisia Bakery. She makes awesome baked donuts and cookies/bars AND offers some gluten free, vegan options too.

*You may have heard on the news that some Farmers Market SNAP programs were ended because of problems with the processing software.

Not here! Karen says, The state of NY has stepped in to provide funding for NDG to remain functional nation-wide through Feb of 2019. Our local Oregon Farmers Market Association is also committed to helping markets find SNAP processing solutions and will be ready to do so if/when needed.

"We have a high demand from the public," Leach added, "and we want to provide the best programming we can."

During the school year, Sunset High students also use the pool for water polo and swim teams.

For more information and schedules, visit the [Sunset Swim Center website](#).

CPO 1—no August meeting

Community Participation Organization 1 will be back on September 11.

Get your share of fresh organic fruits & veggies delivered weekly to a new, convenient nearby location! Shares still available! *Prorated for late joiners! Learn more online at: [LoveFarmOrganics.com](#)

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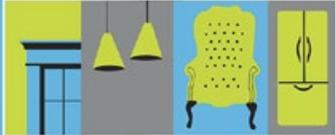
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Bats, continued from page 1

enough during the winter they will interrupt their torpor to feed on insects that are also taking advantage of the warm spell.

A separate maternity roost is established in the spring where the females will raise the young without the males present. The males aren't abandoning them, but leaving them the most fecund feeding areas. Later in the summer the males may rejoin the group, with all the adults leaving the choice feeding areas to the young that are still developing their skills.

People sometimes put up bat houses, hoping to concentrate the benefits of these little mammals in their neighborhoods. They should be placed high on poles, trees, or walls to keep them away from predators. They must also be oriented correctly to the sun to maintain proper temperatures. It might take years before bats discover and begin using a bat house. Or they might discover it right away, use it for years, and then abandon it.

Pest Solutions, a local pest control company that strives to be "green as can be," collaborated with students at the new Mountainside High School to build bat houses for some of his customers in their Career Technical Education facility. Contact Pest Solutions at 503-895-2510 for more information.

Our bats are not aggressive, even the very few that contract

brown bats have adapted so well to human structures that they are more numerous than they would have been without the presence of humans. This makes them one of the few beneficial animals to have prospered from the encroachment of humans into their environment.



Little Brown Bat with White nose syndrome. Photo: Marvin Moriarty/USFWS

However, they are under extremely serious threat from another source—White nose syndrome. This is a fungal infection contracted during hibernation that attacks non-furred parts of their bodies. It often covers the nose with white fuzz, giving the syndrome its name. Although humans and other animals aren't affected, many millions of bats have died from the disease, with some areas losing 90-100% of their population. It is moving across North America from east to west. It is still concentrated in the eastern half of the country, but has jumped ahead over 1,000 miles to be confirmed in Washington. There is no known cure. Currently, the future of these remarkable creatures seems quite bleak.

To learn more about Little brown bats, and other bats in our area, go to batsnorthwest.org. To learn more about white nose syndrome, go to whitenosesyndrome.org



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Your WCCLS library card (Cedar Mill & Bethany Libraries are part of WCCLS) now gives you access to over 30,000 on-demand movies with Kanopy. You'll find indie hits, classic masterpieces, award-winning documentaries, the Great Courses, the Criterion Collection, high-quality children's programming, and more.

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[Learn more here.](#)

rabies (they will simply die from the disease), but they will bite to defend themselves. That means ill or injured bats should not be handled. They often have fleas or lice that can also carry disease, so even dead bats should not be handled.

Many believe that the little

Washington County Kids Promotes Success!

Sally's* mother reports that she and Sally love the variety of activities at the Tualatin Hills Park & Recreation District (THPRD) Cedar Hills after school program. "We have a sense of safety, good communication, and fun." The THPRD program features sign-ups for a variety of activities, including dodgeball, movies, and kitchen time. Science activities are particularly popular. During summer, lunch is available.

Sally is thriving at the THPRD program because her parents can afford the fees to send her there. There are many other kids who need programs like this one, but can't participate because of cost, scheduling, and transportation. Monthly fees range from \$170-\$300 per month for pre-school and after-school programs at [Cedar Hills Rec Center](#). After school transportation is only available from Barnes, Ridgewood, West Tualatin View, and William Walker elementary schools.

This is where Washington County Kids comes in. Washington County Kids (WCK) is a coalition that works to increase awareness of the need for sustainable funding for out-of-school time (OST) programs, like the one that Sally enjoys. OST programs include early childhood, after school, and summer programs. WCK also promotes the use of best practices in OST programs.

Benefits of Out of School Time (OST) Programs

Out of school time programs have been shown to promote academic success, higher graduation rates, positive behavior, safety, and good citizenship. Quality childcare and after school OST programs have long-term effects on promoting graduation and eventual career success. Kids who participate in early childhood, after school, and summer OST programs are more likely to succeed in school and future careers (Parks, 2000 and Durlak, Weissberg, et al, 2011). In addition, most programs include some federally-subsidized nutrition which increases overall health and the ability to function in school.

Summer is a particularly critical time. Children from low-income

families who do not participate in summer programs average two years behind their middle-income peers by the time they reach fifth grade.

These programs also impact the workforce. Parents who utilize quality OST program care have fewer absences and earn more. Families benefit when they can count on reduced costs for childcare, after school, and summer care. This frees up a significant part of the family's hard-earned income to pay for housing, food, and medical care.

The current state of OST programs in Washington County

Only a small percentage (approximately 19%) of eligible kids

because their families lack money and transportation to enroll them in summer OST programs. If they were enrolled in quality OST programs, they would be exposed

to new ideas and have positive interactions with caring adults.

Neither the state of Oregon nor most Oregon counties (including Washington County) al-

locate any funds for after school or summer OST programs. A limited amount of pass-through federal money is available. Some cities provide limited funding.

Non-profit programs exist, but they are not available in all geographic areas. THPRD covers the Beaverton School District and offers an after-school program for elementary aged kids

at their Cedar Hills, Conestoga, and Garden Home sites. Good programs such as THPRD, however, are not available for all kids in the county or even other areas in Beaverton. Access is difficult for many children due to wait lists, fees, and/or lack of transportation. Other recreation programs require additional fees and may be difficult to access due to their location, hours of operation, and/or lack of transportation. Not all children are interested in purely recreational programs, and some are not able to participate due to physical limitations.

The way forward

Other cities and counties throughout the US have sponsored levies that support OST programs. San Francisco, Seattle, Oakland, Miami/Dade County (Florida), and Portland use levies to provide sustainable funding for their OST programs.

WCK's coalition partners believe that we, in Washington County, can do better. WCK's volunteers work to increase county residents' awareness of the need for OST programs by giving presentations for community groups. Thanks to a grant from the Meyer Memorial Trust, WCK is holding Community Conversations to obtain feedback from parents and kids about their



in Washington County participate in early childhood OST programs such as Head Start. Funds are inadequate for these programs. Families that do not meet the poverty guidelines but have incomes that are not high enough to pay for higher priced programs are often faced with having a parent stay home or having to depend on home-based care that is often unlicensed.

Currently, approximately 660 kids per year in Washington County are dropping out of school and not graduating. Those who don't attend early-learning programs are often not prepared when they come to Kindergarten.

Children in grades K-12 spend approximately 15 or more hours per week out of school before their parents come home from work. Being home alone, or out roaming the streets, is a lost opportunity for these kids. This is especially true during summer months, when many kids are home alone all day

experiences with OST programs and additional needs that are not being met. As part of the Community Conversations project, WCK is planning to gather more input through an online survey for community members that cannot attend a Community Conversation event.

Approximately 20 organizations that offer OST programs, plus another 130 individuals, are formal members of the Washington County Kids Coalition. A complete list of partners and affiliated groups is available on [WCK's website](#).

The WCK Steering Committee meets monthly on the fourth Monday of each month from 6:30-8 pm at the Shute Park Library in Hillsboro. Meetings are open. To find out more about WCK and/or to participate in its activities, contact washcokidsOregon@gmail.com

*Not her real name.

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Cell towers, continued from page 1 is only a gravel shoulder. Leifeld says, "A dozen or more neighbors sent emails to LUT expressing concerns with disruptions to our only neighborhood sidewalk that would be obstructed by the project."

He attended a May meeting of the Board of Commissioners (BCC) to testify during the Public Comment period. He testified again in early June. (Anyone can testify on any topic during a period at the beginning and end of the regular meetings.)

Leifeld returned to CPO 1 at its June 11 meeting. The CPO members approved a letter to be sent to the BCC requesting that they follow their own rules and require a cell facility that "minimizes visual impact" which was one of the basic requirements embodied in the 2017 Ordinance 826A that addressed cell facilities.

He returned to the June 19 meeting of the Board of Commissioners (BCC) and again testified. LUT Director Andrew Singelakis agreed to follow up, when Commissioner Malinowski asked for staff to respond to his comments. The resulting memo to the Commissioners said that staff would not rec-

ommend any of his proposed changes to the Community Development Code.

However, on June 29, the CPO received a letter from Singelakis stating that the Verizon permit for the tower was put on hold for 30 days until the company could resubmit a proposal that would comply with Community Development Code (CDC) requirements. "If they do not resubmit an application by July 16, then the permit will expire," the letter said. That time has now passed and no further work has been done on the installation.

The letter went on to say that, "staff is drafting an issue paper on wireless telecommunications facility regulations specific to installations in the public right-of-way." The paper will be presented to the Board later this year. It goes on to say, "We encourage anyone interested in this topic to subscribe to our "Ordinance: Wireless Facilities



The pole in question on Leahy Road is very close to the sidewalk. Leifeld's house is behind the row of junipers.

and Cell Tower Standards," and our "Weekly Update," and to submit comments on the Cell Tower Standards - Ordinance page.

We asked Leifeld what he has learned from this experience. He said, "Those who work in the government are fallible just like all people and can make mistakes. Do your homework and you might find a mistake they made if you don't like something."

He continued, "First I have to say everyone has been super nice and willing to help. Even those at LUT who I was 'arguing' against were still very cordial and responsive. As I was warned, the wheels of government (and liaison organizations) churn slowly and it was confirmed correct. It took several months of trying to be heard just at my local CPO level before I decided to take the time and raise the issue at the Board of Commissioners Meetings. Even that took me going to three different meetings to present my case and respond to counter arguments."

"I think this is an issue most people are not aware of, but they will be soon. It is my understanding that hundreds if not thousand of towers are going in; on existing utility poles, street lights, even the possibility of stand-alone towers will be up in the right of way and public utility easements, in our roadways and even our front and back-yards."

We all want good cell service. We asked Leifeld about the larger issue of how facilities should be handled.

He said, "I am not opposed to cell towers, however the proximity

to homes and the effect they can have on property value is of great concern to me.

They have means of concealment where it is very hard to even know it is a cell tower now, and ignorance is bliss. I know of four other instances in the county where cell towers were installed in the right of way that do not meet the rules and ordinances. Other surrounding counties require a planner to review cell phone tower applications, Washington County has permit technicians perform the review in a very short time frame (10 days vs 90 days).

The cell companies probably were not aware they were not conforming to the rules, and the permit technicians maybe didn't even know these rules existed. And landowners are compensated when the towers are on their land, but when it is in an easement or the right of way there is no compensation because of the current state law."



The view from Luke Leifeld's deck with the existing pole. The new pole would have been much higher with a large antenna attached.

Leifeld also learned to choose his argument carefully. "One thing I have learned in all my research, if you note health concerns it makes your argument invalid. The FCC has ruled health concerns as a non-starter and it will basically invalidate any other points you make. So the concern was in regards to the view and effect on property value. The FCC has stated that the RF emissions are safe and that restricting their installation is prohibited. They no longer allow study on this topic given their determination."

We hope Leifeld will stay involved in CPO 1 and help us better respond to neighbor concerns. And we hope that everyone will remember his story and be encouraged to stand up to the "powers that be" when you feel you have a good case!

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Business News, continued from page 2

Touchmark Market

Thursday, August 14, 10 am- noon.
Touchmark in the West Hills, 840 SW Touchmark Way

Vendors include Oregon College of Art and Craft, Cornell Farm, Rose City Pepperheads, and others. Chihuahua Desert performs.

Free sample music classes

Saturday, August 18, Westside Music School, 1800 NW 167th Place, Suite #110,

Westside Music invites you and your child to sample one of our music classes at no charge and no obligation. Course offerings include Toddler Tunes (ages 1 1/2 - 3), Music in Me (ages 3-5), Harmony Road (ages 5-7), Young Musician (ages 6-8), Keyboard Prep (ages 9-12), as well as group piano classes for Teens and Adults. In addition, Westside Music School offers violin, guitar, ukelele, flute, clarinet, saxophone, trumpet, and voice lessons.

For more information, check the website www.WestsideMusicSchool.org or email info@WestsideMusicSchool.org. Call 503-533-5100 to reserve a spot for you and your child in one of our free sessions

Patio Summer Concert Series at MOC

Every other Friday through August 31, 6-8 pm, Cedar Mill Market of Choice, 118th & Barnes

Market of Choice presents its 4th Annual Music on the Patio series. People can enjoy food and beverage tastings throughout the store from 5:30-7 pm, and then relax and listen to live, local music on the outside patio.

August 17: Whiskey Darlings;
August 31: John Eric Kaiser

Sunset Credit Union holds School Supply Drive

Although classes won't begin for a month, Sunset Credit Union is once again conducting a supply drive for local schools and would like your help. The credit union is collecting new school supplies (ie: paper, pens, pencils, folders etc.) and donating them to the Beaverton School District.

"Now that we serve all of Washington County, we've begun teaching financial literacy classes in a number of these local schools," said Sunset Credit Union's President/

CEO Rhonda Baggartley, "We've seen each of these school's need for basic supplies and we'd like to help them out. The most requested items are pencils, pens, paper, folders and backpacks."

If you'd like to help, you can drop off donated school supplies throughout August at their office located at 1100 NW Murray Blvd., during their business hours, Monday through Friday from 9am to 5pm.

Sunset Credit Union serves anyone who lives, works or attends school in Washington County. Join the credit union by visiting sppfcu.com/join.html, and learn more about Sunset Credit Union by going to their website at sppfcu.com, or call them at 503-643-1335.

Coffee Club

Every Saturday Morning, July-August, Peterkort Shopping Center

Come join us! We will not only be enjoying coffee, but also discussing current events, the economy, and investing, in a relaxed, informal setting. This is a great way to meet new neighbors and financial advisor Eugen Trifan.

Please RSVP by email at Eugen.Trifan@EdwardJones.com or call 503-646-7100. Exact location and time will be given upon your RSVP.

Viva Village August Events

For Information or to RSVP where indicated, contact vivavillageevents@gmail.com or 503-746-5082. To see a complete list of August events, go to vivavillage.org; click on Calendar.

Nature Walk: Fanno Creek Park (open to all)

Saturday, August 4, 9:30 am. 7375 SW Bel-Aire, Beaverton.

Life Stories. (members and volunteers)

Tuesday, August 14, 1:30-3:30. Private home in the Vose Neighborhood (Beaverton).

Listen to and share life stories. Get to know fellow Viva Village members and volunteers. For the address and to reserve your spot: RSVP: vivavillageevents@gmail.com or 503-746-5082.

TED Talk and Potluck Lunch (members and volunteers)

Thursday, August 16, 11-1, Private home in the Bethany area.

View and discuss "What makes a good life? Lessons from the longest study in happiness."

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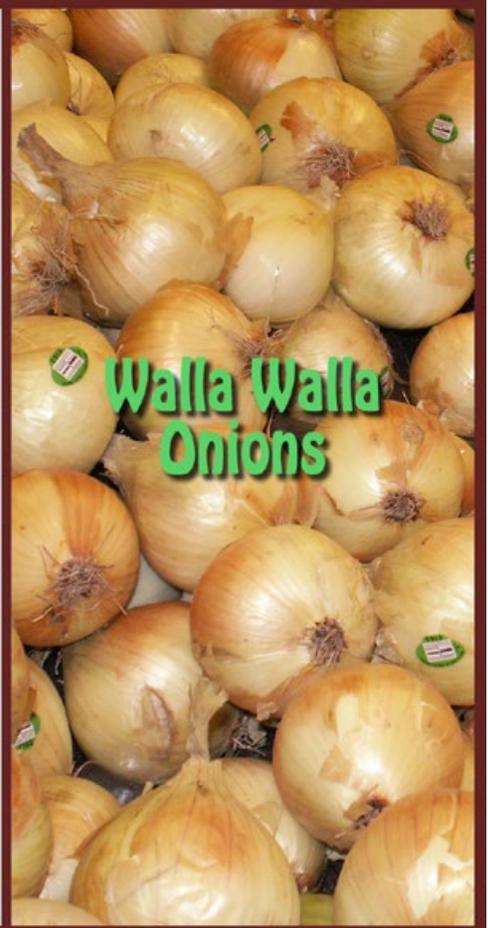


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Living a Brain Healthy Life
Tuesday, August 21 at 11 am

This discussion is focused on the “use it or lose it” theory of memory and aging. Learn about cognitive stimulations that exercise targeted regions of the brain, as well as the latest research on the effects of physical exercise, nutrition, and social support.

Dementia Education
Tuesday, August 21 at 3 pm

Understand the latest research on dementia and learn practical tips for loved ones of people living with dementia.

RSVP by August 16 at
<https://tchmrk.co/pdx-winningham>
or call 503-946-5427.



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