



FREE

Cedar Mill News

Volume 12, Issue 9

September 2014



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Ordinance Season

By Virginia Bruce

In Washington County, what most people think of as laws are proposed and passed as ordinances. This article is specifically about Land Use Ordinances; other ordinances may be handled somewhat differently. Under the current County Charter, [Land Use Ordinances](#) can only be considered between March 1 and October 31. The Washington County Board of Commissioners (BCC) votes to adopt, engross, or reject the ordinances.

Suggestions for Land Use Ordinances, in the form of Work Program requests, “really do come from anyone—commissioners, staff, residents, developers, other agencies or service providers, etc.,” says Stephen Roberts, Communications Coordinator for the Land Use and Transportation (LUT) division.

Mary Manseau, former chair of CPO 7 and current member of the County Planning Commission, says, “CPOs make suggestions, developers make suggestions, and of course both Staff (including current, long-range and Road Engineering/Maintenance) and Commissioners can make requests. Still other ordinances are required because of changes in state law, or are required because of adoption of new Urban Growth Boundaries or urban-rural reserves, or

updates to other county documents like the Transportation System Plan (TSP) Update. The Work Program includes all requests made during the previous year and those that were included, but not addressed, from previous years.”

Starting in November, the Long Range Planning Section of the Planning and Development Services Division compiles all requests for ac-

tions (some of which might require an ordinance), and prepares a draft Work Program for approval by the BCC. The Work Program describes planning projects, potential land use ordinances, and other Long Range Planning activities for the year.

A useful flowchart with procedures and contact information is on the county [Work Program](#) page, just scroll to the bottom and click on the image.

Generally in February, the draft Work Program is sent to a number of organizations and interested parties for review and comment. After the 30-day public comment period, the Board considers and adopts the final Work Program at a meeting, generally in April.

The Work Program has three tiers: Tier 1 is comprised of items that will be addressed during the current ordinance season; Tier 2 includes items that will be addressed only if additional staff time is available during the current year; and Tier 3 items are those where, “there is no way that there will be time to address them in the current year,” says Manseau. “In recent years there have been requests

Current Ordinances under consideration include 786, which proposes to make it easier to incorporate residential development in Community Business Districts; 781, which refers to digital billboards; and 792 relating to standards for medical marijuana dispensaries. Others change the requirements for farmers’ markets (784), and allow certain signs and artwork in various areas (782). You can view the current list and also sign up for notices at co.washington.or.us/LUT/Divisions/LongRangePlanning/2014-land-use-ordinances.cfm

that have simply fallen off the list because of lack of interest on the part of the current BCC to address the issue—an example of this would be the tree code group request [a group of citizens proposed that the county adopt a tree code, such as many other jurisdictions

use, to protect trees threatened by development].”

Once an item makes it to Tier 1 of the Work Program, The BCC may require that Staff prepare an Issue Paper, to provide information the BCC to aid them in giving direction to Staff to draft an ordinance. Whether an issue paper is written or not, the actual ordinance

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History in the News

Bean Pickin’ On Barnes Road

By Minnie (Smith) Stoumbaugh

“Oh no, my bicycle tire is flat!” Hot, tired and angry, I wondered if someone did this to me, or did I ride across a nail or something?

No doubt everyone in the bean field was quickly aware of my plight, seeing I was a bit vocal. “I need to have my bike to get home and deliver my papers!”

My brother Roy (13) and I (11) were no strangers to bicycles, being paper carriers for The Portland Oregon Journal since we were ten and nine respectively. We rode far and wide as the impulse moved us. The lay of the land is a bit different today, but on that day in July 1949, we likely took Canyon Road from our home in West Slope, toward Beaverton to Walker Road, then to Cedar Hills Boule-

vard (then a narrow two-lane road) and up to Barnes Road, a three or four mile ride.



Minnie delivering papers, circa 1949

We loved flying to the bottom of the hill on Barnes Road just

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A Clear Vision of Success

By Jennifer Hemmeyer

“I want to be a risk taker.” At age five, Ella Osborne had a clear vision of what it takes to be successful. She overheard her mom and dad discussing the Miss Oregon pageant. Ella had been recommended for the pageant’s “open call” three years in a row, but her parents hadn’t wanted to get involved. “We hadn’t considered it,” explains DeDe Osborne, Ella’s mom, “because of all the stigma associated with pageants. We didn’t understand what it was all about.”

Once Ella expressed such enthusiasm though, the Osbornes looked into the specifics of this pageant

further. They learned that it isn’t just about smiling on stage. It’s about representing and making a difference in one’s community, and it’s about older girls mentoring younger girls. Ella took that risk, and this past May, just one day after her sixth birthday, she was crowned state queen in the Princess Division. She will go on to compete in the national competition this November at Disneyland.

Ella sees success through her glasses, glasses that are as much a part of her as her hands and hair, her mom says. Ella’s pediatrician discovered a cataract in Ella’s eyes

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Cedar Mill Business News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Pass It On Children's Consignment Event Coming To Milltown Center

Thursday-Sunday, October 9-12

Pass It On is the premier consignment event in the Northwest! Parents travel from all over Oregon and SW Washington twice a year for this sale, often lining up an hour before the doors open to get in early for the best stuff! This massive event draws 6-8,000 customers through the doors each sale. Pass It On will occupy the former Walgreens and Ace Hardware spaces, open to the public Thursday and Friday, 10 am to 8 pm and Saturday and Sunday, 10 am to 5 pm.

Shoppers can browse 100,000+ new or gently used items from 600 local consignors including clothes (preemie through juniors, plus maternity), shoes, toys, furniture, strollers, high chairs, swings, play yards, outdoor toys, bikes and trikes, books, movies, games, puzzles, bedding, diapering, feeding, baby wearing, and more, plus over 2000 Halloween costumes and a great selection of winter coats! Free admission, goody bags for first 1000 shoppers, family friendly vendors, and many items marked 50% off on Sunday!

Parents, gather up your new and gently used items and get ready to sell it at Pass It On! Register online and tag your items at home. Then drop off at the sale location during drop off days (listed on web site). Consignors, in addition to getting paid 65-80% of their sales, also receive a coveted Presale Pass allowing them to shop on Wednesday, October 8, the day before the sale opens to the public!

Visit passitonales.com for more details or to register as a consignor.

At the end of the sale, Pass It On donates truckloads of items that didn't sell to Northwest Children's Outreach and Birch Community Services which both help local families in need. We also support the Aloha Library with book donations, and Rock'n Rooms, which contributes over 1000 Halloween costumes to the sale and helps children with cancer at OHSU.

Kitchen design - three upcoming trends

European-style cabinets (also known as frameless cabinets) are quickly gaining popularity here in the Northwest. By far the most popular kitchen cabinets in the world, they are the dominant cabinet style in Europe, Asia, Latin America and Canada. European style cabinets are built with thicker, stronger case parts and no face frame, giving a cleaner, more contemporary look and greater access to the contents inside.

Quartz countertops, made with "pieces" of granite and other composite materials, are now becoming the countertops of choice, with granite, natural stone and concrete on the wane. Preferred backsplash materials are tile, including mosaic, subway and glass. The current trend is to take the backsplash "full height" to bottom of cabinets.

Paint Color: "less is more" with paint choices ranging in the Grays and Off whites. Dramatic accents including Graphite Gray, Pumpkin Orange and Cobalt Blue, can be used on an accent wall, or in an adjoining room for a sophisticated polish. For ceilings, trim and baseboards soft whites are best.

Kitchen Design 101:
Thursday, September 18, 5:30-7:30 pm at Sherwin Williams in Cedar Mill 13555 NW Cornell.

Workshops are free and space is limited to 10 per class, so please RSVP in advance to: Caryl K. Hoffman, CK Hoffman Design carylkhoff@gmail.com or call at 503-807-1348.

Is Your Student Organized?

Friday October 3, 6:45 pm at the Cedar Mill Library

Disorganization in your student's bedroom can create a mess that's a nuisance, but disorganization in their studies can affect grades, future work habits and success. There is no "right way" to get organized.

Come learn about your student's organizing style and hear how to set up a process that works for them and that will give them organizing skills to use not only in their studies but in many other areas of their lives. Unfortunately, we can't promise they'll use them to create a tidy bedroom!

Beth Giles, a Professional Organizer with NW Organizing Solutions, will be presenting the free workshop "The Organized Student" at the library. Please RSVP to beth@NWOrganizingSolutions.com or for more information call 503-709-0791.

Santosha Yoga Events and Classes

Global Mala for Peace Event
Sunday, September 21, noon-2 pm, Bethany Village fountain on Bethany Blvd and Central Dr.

A two-hour event for all ages and levels to come together via yoga to set their global intentions to peace. We do 108 sun salutations, rain or shine, in a mala. The first 27 are dedicated to children and a peaceful world for future generations, so the "quarter mala" will be kid friendly and fun. This event is free.

Free Tai Chi Class
Monday, September 15, 2:30-3:30 pm, Santosha Yoga, 4876 NW Bethany Blvd.

Many people are interested in Tai Chi, but aren't sure what it is or the benefits it brings. It's excellent for enhancing balance, focus, mindfulness, cross body movements, and moving the body. Come and discover the basics at the free event.

Second Edition Changeover!

Monday, September 8, opening at noon, East end of the Cedar Mill library at 12505 NW Cornell

The semi-annual changeover is happening at Second Edition Resale. You'll find a huge selection of western-themed clothes, jewelry, accessories and home décor throughout the shop as well as a fresh supply of household items, clothes and shoes for women, men and children.

Sunset Credit Union is now part of the CO-OP Network

Sunset Credit Union, which serves anyone who lives, work or attends school in Cedar Mill, is now part of the CO-OP Shared Branching Network. Whether you're on a business trip, vacation or just travel-

ing around town, anywhere you see the CO-OP logo, you can conduct a wide range of transactions, including: making deposits, withdrawals, and making loan payments.

Shared Branching allows members of other credit unions to conduct transactions inside the Sunset Credit Union office. If you have membership at another credit union and would like to conduct transactions at Sunset Credit Union, see if your credit union belongs to the CO-OP Network by visiting co-opcreditunion.org.

Sunset Credit Union is located at 1100 NW Murray Blvd., across the street from the McDonalds and Safeway Shopping Center. Contact them at 503-643-1335, visit their website at spsfcu.com or stop in their office to learn more about Shared Branching.

Sunset Yoga Events

Introduction to Mindfulness Meditation

Sunday evenings 6-7:30 pm, September 21-October 12, Fees: \$80 for 4-class series.

This 4-session group will provide an introduction to the fundamentals of mindfulness meditation. Each class will include instruction in practicing mindfulness through classic sitting meditation as well as through guided movement. Overall, the focus of the class will be on cultivating presence of mind through attending to the body, the breath, and the thinking process. Throughout the class series, attention will be given to the rationale for mindfulness practice, and how to approach common obstacles that arise in practice. Each class will include some time for questions and discussion.

Gabe Fields, LCSW, is a clinical social worker who has been practicing mindfulness meditation for over 20 years, including 10 years of residency at San Francisco Zen Center. He currently works as a psychotherapist at the Portland VA Medical Center, specializing in mindfulness-based therapies.

Julie Burtis, DPT, is a physical therapist and Iyengar Yoga instructor. She has practiced meditation for 20 years, including seven years of residency at Dharma Rain Zen Center and San Francisco Zen center. She works at PT 360, a

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The Cedar Mill News © 2014

Published monthly by

Pioneer Marketing & Design

PO Box 91061

Portland, OR 97291

Online at cedarmill.org/news

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Business & Community News

Editor: Marlee Leonard

Website Production: Georgia Stanley

Publisher/Editor: Virginia Bruce

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Printed by Pacific Office Automation

Opinions expressed in this publication are not necessarily those of its advertisers.

Community Fair, Open House & Dog Parade!

Saturday, September 27th, 9-noon, Leedy Grange Hall, 835 NW Saltzman Road

Join us at Leedy Grange Hall as we open our doors and greet the Cedar Mill Community. Even if you don't have a dog, you are welcome to participate in our one-mile parade, then return to the hall and stop at the various booths to visit our local emergency services and local businesses. It's going to be a fun morning of events, including:

- Dress up with your dog and join us as we parade down Cornell Road and through the neighborhood back to Leedy Grange Hall. Prizes for various categories! Sign-in and registration at 9 am, judging at 9:15.
- Meet our Ambassador from Dogs for the Deaf, a non-profit organization we help support that trains working dogs for the hearing impaired and for individuals with

- Autism.
- Meet officers from the Washington County Sheriff's K-9 Unit
- Visit the Red Cross Emergency Preparedness Booth
- Talk with a local crew from Tualatin Valley Fire & Rescue
- Stop by Cedar Mill Library's table and learn about fall programs
- Chat with representatives from local Cedar Mill businesses
- Come back later in the evening for our Community Dance from 7-10 pm
- Learn about Leedy Grange, what we're doing for our community and how you can join us!

Information and registration can be found at LeedyGrange.org. Local business that would like to participate by either having a table or dropping off marketing material for your business can contact Cynthia Parent at danceteachers@aol.com

Library News and Events

By Dawn Anderson

Library 40th Anniversary

Saturday, September 20, 9:30 am-4 pm, Cedar Mill Library

Let's Celebrate!

Gather together with family, friends and neighbors to celebrate 40 years of library service to our community. Enjoy:

- Cedar Milers Volkswalk from Bethany to Cedar Mill
- Live Music and Dancers
- Recognition of Founders
- Artistic Bookend Contest
- Love Rock Kid's Craft
- Classic Cars and Attire
- Book & Vintage Items Sales
- Quilt Raffle
- Giveaways and Cake!

Info: library.cedarmill.org

A Local Farrier Comes Clean

Friday, September 12, 6:30 pm

Author Ron Tatum will visit the library to discuss his book, Confessions of a Horseshoer. Offering a close and personal look at the mind-set of a professional horseshoer (farrier) who also happens to be a college professor, Tatum's book is an ironic and playful view of the many unusual animals (and people) the author has encountered over 37 years. Join us in the Cedar Mill Li-

brary's upstairs community room. Free, no registration required.

Save Your Photos Day

Friday, September 26, 6:30 pm

Do you have photos on your hard drive, phone, tablet and memory cards? Do you ever think about "what if..." there was a fire, flood, disaster, theft - what would happen to all of your precious photos, videos, memorabilia,

letters etc.? Have you tried to use cloud storage, synch your photos from your camera, use an external hard drive - all these choices are overwhelming.

If you would like to learn how to safely and securely back up your photos, join Rita Norton, a certified professional photo organizer for 15 years, in celebration of Save Your Photo Day. This free program will be held in the Cedar Mill Library's upstairs community room. No registration required.

Oak Hills Garage Sale

Friday and Saturday September 5 and 6, 10 am-4 pm

Multiple families throughout the Oak Hills neighborhood will hold garage sales. Everything under the sun! Bargains galore! Maps of all garage sale locations will be available on the days of the sale from participants.



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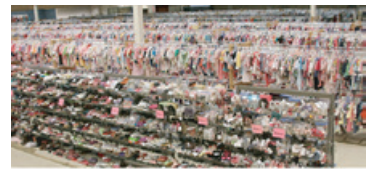
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Children's Consignment Event

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Little Store on Leahy begins to take shape

David and Suzan Galt have been dreaming for several years of resurrecting the “Little Store” at the corner of Leahy Road and 90th in the West Haven neighborhood. The original building was there since the 1940s, as a small convenience store with an apartment above it. It had sat empty for several years before they bought it.

The Galts will run the store themselves—Suzan has plenty of



Conceptual view of the Little Store

They began in May 2013 to get the necessary approvals from the county to continue the “non-conforming use” (because of the lot size) and to make a slight expansion—an additional 500 square feet. Originally they planned to remodel the existing building, but found so many problems that they used the “standing wall remodel” development provision to rebuild the structure. The plan has met with near-universal enthusiasm from neighbors, many of whom grew up visiting the “Little Store.”

retail experience. They live nearby and are excited to bring this facility back to the neighborhood. The plan is to stock the store with groceries, “some higher quality products to suit the neighborhood,” says David, “along with basics like milk and bread. It’s going to feel like a country store,” he says. “You’ll be able to come in and get coffee and sit outside on the patio. There will be a deli area for sandwiches, and we’ll also serve hard ice cream. We have heard a lot from the neighbors about what they’d like, and we’re trying to incorporate as much of

that as possible.”

Just a block from West Haven Elementary, the store will naturally be a place for neighbors to gather. They’re moving parking off the street to a lot east of the store, with additional parking off 90th, under the building, for employees and tenants of the apartment. They have retained two very large firs on the property. Current plans call for opening sometime next summer.

Cornell Cleanup

Saturday, October 5, 7-9 am, Cornell Road between Saltzman and Murray

Join your neighbors and our business partners for the twice-yearly Cornell Cleanup. Cedar Mill is where you work and perhaps where you live. Twice a year, the Cedar Mill Business Association asks the community to help clear the sidewalks of debris, weeds, and trash from the center of Cedar Mill on Cornell Road. “Take pride in your place of employment,” says

Joanne Hollister, member of the Downtown Beautification Committee of the CMBA.

You’ll be treated to our local Poppa’s Haven’s coffee, and donuts from our good friends at Donuts Plus. Please make a difference



and show pride in our Cedar Mill community. For more information, contact Joanne 503-701-4005. Groups welcome!

Rave in the Nave

Saturday, September 27 at 7:30 pm, Christ United Methodist Church

Internationally acclaimed cellist Hamilton Cheifetz, a member of the celebrated Florestan Trio, kicks off the season with an intimate evening of Bach and other classical favorites on solo cello. Tickets are available through the church office and are only \$15.

Heart screening for teen athletes

Even kids who seem healthy may have heart problems. This can lead to sudden cardiac arrest. Our **eighth annual Teen Athlete Cardiac Screening** checks students ages 13–19 for heart problems. This \$10 screening takes about an hour. While there, you will get results and have questions answered by pediatric experts.

Preregistration is required. A parent or guardian must accompany all teens.

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Sat., Oct. 4, 2014, 8:30 a.m.–2 p.m.

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Start Making A Reader Today (SMART)

By Mindie Mosiman

Four years ago, I started a job with a new employer, and through our community outreach program, I learned about the SMART program. SMART is a state-wide program that aims to "Start Making A Reader Today" by identifying elementary-aged kids who need a little extra help with reading, and pairing them with adult volunteer readers twice a week throughout the school year. Students participating in the program also get to select and take home two books each month to help build their home library.

I started reading at McKinley Elementary in 2010. I've read with quiet kindergartners and excited second graders. I've read with several children whose parents don't speak English at home. Last year I read with special needs children. Over the course of the year, they changed from silent, non-participatory observers to actively engaged readers—excited to match

pictures in the books we read with the story the words revealed. SMART has been a heartwarming experience for me, and I've had a lot of fun watching kids expand their reading horizons and interpersonal relationships.

Reading shifts are one hour each week, split into two 30-minute sessions with different children. Days and times for reading shifts vary by school, and I've always found the site coordinators to be very helpful and willing to work with my schedule requests. With SMART schools all over the state, there's sure to be one close to where you live or work.

Reading is both a powerful tool that provides the foundation for education and an outlet for entertainment. I love having this opportunity to help kids develop their reading skills in a no-pressure environment. You can learn more about SMART and sign up to be a reader on their website: www.getSMARToregon.org

Help Bring Justice

If you have been watching the news for the last week or so, you probably heard about the 29-year-old woman who was brutally murdered at her job at Timber Creek Apartments in Cedar Mill on Tuesday, August 19. Nicole Laube, the victim, was the oldest daughter of Rich & Jordi Jones. Rich is also the Senior Pastor at Calvary Chapel Worship Center.

Nicole was a daughter, wife, mother and sister. She is, and will be, greatly missed. Blackstone Gun Safety offered a \$1,000 reward to the person that brings the information leading to the arrest and conviction of the individual that murdered Nicole. Others have added to this reward fund and it now stands at \$3,100. If you know anything about the death of Nicole Laube, the Washington County Sheriff's office wants to hear from you. Their number is 503-846-2500 or the after-hour's number is 503-629-0111. If you would like to add to this reward fund please contact via email, Dan@BlackstoneGunSafety.com.

River City House of Praise

Sunday, September 21, 10:15 am, Christ United Methodist Church

Laughing at church? You bet! Mark Twain's Adam and Eve Diaries will be featured in the next installment of River City House of

Praise, a radio-style gospel hour at Christ United Methodist Church. This interactive, foot-stomping experience will include the extraordinary Portland wind instrumentalist Rob Bonenfant. It's fun! It's free! You'll laugh until your sides hurt! Details? Call 503-646-1598!

Praise, a radio-style gospel hour at Christ United Methodist Church. This interactive, foot-stomping experience will include the extraordinary Portland wind instrumentalist Rob Bonenfant. It's fun! It's free! You'll laugh until your sides hurt! Details? Call 503-646-1598!

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Volunteer to Perform Trail Surveys!

Join in the effort with Metro, THPRD and the National Bicycle and Pedestrian Documentation Project to gather accurate trail use data. This information is used to decide where and when to build new trails, obtain funding and respond to the needs of trail users.

Volunteers will perform brief surveys and count the number of people biking and walking on local trails that make up the Intertwine - the Portland/Vancouver metropolitan region's system of trails, parks and natural areas.

THPRD sites include: Fanno Creek Park, Greenway Park, Waterhouse Trail at Waterhouse Park, and the Westside Regional Trail at Farmington Road.

Dates include Tuesday, September 9, from 4:45-7 pm and Saturday, September 13, from 8:45-11 am.

Sign up to be a trail counter at: thprd.org/nature/volunteers/par-kimprovementvolunteers.cfm.

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You Do Speak English, Don't You?: A cabaret show

Saturday, September 13, 10 am-2 pm, Beaverton History Center, 12412 SW Broadway

Mark and Helena Greathouse, an international husband and wife music duo, present their one-hour performance, "You Do Speak English, Don't You?" as a family friendly, lively cabaret style program. The core part of the show had two successful showings at the Portland Fertile Ground Festival of New Works this last January/February.



Helena on Czechoslovak National Radio and TV in Prague. Little did they know then that, following their professional careers, they

would once again be performing and having fun at it. Their stage name is 'GREATHOUSE of Music' and they have a line of CDs. Check out their website at: greathouseofmusic.com.

Admission: \$2 suggested donation, members free. Web site: HistoricBeaverton.org. Phone:

503- 430-0106

A Tribute to Johnny Cash Benefits the Beaverton Historical Society

Saturday, October 4, 7 pm, The Venetian Theatre, 253 E. Main St., Hillsboro

Jimmie Ray & Cyndi Cantrell with Black Train present A Tribute to Johnny Cash, a musical journey celebrating trains. johnnycashcountry.com/about.html

Tickets on sale now...ticket prices are \$20 (VIP), \$17 (regular admission) and \$15 for seniors. For information and to purchase your ticket see the Venetian Theatre website at: venetiantheatre.com or call 503-693-3953.

Alpaca Open Farm & Boutique

Saturday September 27, 10 am-4 pm, Accoyo Alpacas, 13805 NW Thompson Road

Sunset Accoyo Alpacas has been around for over 17 years. You've probably driven past their farm and seen alpacas grazing in the pasture. Ever wonder what they're up to? Go find out!

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and parts of instrumental numbers, all interspersed with short, humorous dialogues highlighting challenges Mark and Helena have experienced in their lives.

Mark is a musician/composer from Portland, and Helena is a singer/actor/dancer originally from Prague, Czech Republic. The show gives the story of how the two met in Europe and eventually married, moved to the U.S. and made their living here.

Mark and Helena have performed for many years in the Northwest as well as in several European countries. Each began performing in their youth, Mark with his dad on stage in Portland, and

THPRD Survey

Citizen involvement is a vital component in the planning & development of current & future parks. This survey was created to gauge citizen interest in specific topics that will be included in a new plan providing guidance on development, maintenance, land acquisition & prioritization of projects.

The survey is available at all THPRD centers and facilities, or can be taken online at: surveymonkey.com/s/FJV2WNC

For additional information, please contact Brad Hauschild, Urban Planner, via email at bhauschild@thprd.org or by telephone at 503-629-6305. You can also visit the Comprehensive Plan site at thprd.org/compplan.

*The Nature of Cedar Mill***Quiet**By *Lauretta Young*

What a difference a week makes in the activity and sound level in my yard. Two weeks ago, as I was weeding or working in the yard, I worried that I would be impaled by the vigorously flying Rufous Hummingbirds as they frantically checked flowers and the feeder for food, as they chased each other around the yard, and as they performed amazing feats of aerial jousting. They flared their tails, they make loud aggressive sounds, and they buzzed past my head with rapid wing beats which often grazed my body. Truly I thought they might run into me. Unfortunately one did smash into a window which was a terminal event.

This past week all the Rufous Hummingbirds have departed for their winter retreat in the southern parts of the US and into Mexico and Central America. It's been 90° in Cedar Mill over the past week, and yet the days are getting shorter, the flowers are winding down, and I imagine the natural food sources are less lush. It is still a scientific mystery about exactly what triggers migration activity.

The Rufous hummer males left about a month ago, so all that were left in our yards were females. Other birds have not yet started to migrate. American Goldfinches are some of the last to leave—possibly because they are seed-eaters, not nectar-feeders.

It's really quiet out in the yard now, after all the flying and chattering frenzy of the pre-migration hummingbird "show." I had guests over, who were totally entranced by the dozen or so birds performing their aerobatic feats. At this point, just a week later, the yard is almost devoid of bird sounds. There is no need to stake out territory for nests—which is part of the reason for many of the spring bird songs. We have not heard the Black Headed Grosbeak songs since late June. The juvenile birds are self-sufficient, so we are not hearing the incessant "baby" begging sounds we heard last month from the numerous juveniles. It was a good year for the Bewick's wrens, the Downy Woodpeckers, and the Spotted Towhees. We also had one set of Quails with about 20 chicks!



Rufous hummingbird sipping from Salvia, ©2014 by Jeff Young

Within a month or so, we will have more bird sounds as the ducks arrive to overwinter here. We will start to hear the familiar sounds of Pintails, Shovelers, and other ducks who bred in the north in the summer. Many of us who live in climate-controlled buildings and rush outside only to get into vehicles miss the changes in the natural world that remind us of the seasons. Seasons bring changes for humans too—fall might be a season to be "quiet" after the intense growth and warmth of the summer. Part of what I love about going outside is

to reconnect with myself as part of nature—not part of glass and concrete and metal that doesn't change. There are seasons if we look.

Lauretta Young MD is the current chief medical officer for Health Republic Insurance—a "real" non-profit whose mission is health. She also owns a small birdwatching customized tour business and takes clients out to learn about mindful bird watching and listening in Cedar Mill and beyond—www.portlandbirdwatching.com. See more of her husband's photos at www.flickr.com/photos/youngbirders

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Market News

The Cedar Mill Annual Peach Festival is happening on Saturday, September 6! The peaches are in the peak of their season and they beckon to be eaten, so bring your loved ones to the Market for a taste of summer before it slips away. The Peach Festival boasts local produce and art vendors, live music and peachy games for the kids. September is also a great month for homemade salsa. The tomatoes, the onions, the peppers, the cilantro -- mmmm, one just can't go wrong! Mark your calendars for the Cedar Mill Farmers Market's Salsa Saturday on September 20. Stock up on ingredients at the market on September 13 so you can put together your best salsa effort for the contest!

Here's how the contest works: bring a pint (or more) of your 100% homemade salsa creation, along with your recipe, to the market's Info Booth by 11 am for a chance to win a prize! It's a blind taste test, so the judges don't know who has entered what, but just for fun, we let Green Card Salsa, our local salsa vendor, as well as Bandito Taco, enter their homemade salsas—though if one of theirs is chosen as the best, they don't get to collect a prize. The prize (maybe a big batch of salsa ingredients or some market tokens) will go only to the best market guest entry. Bring your recipe along with your entry and leave your name and number with one of the volunteers in the Info Booth when you drop off your salsa creation. To volunteer to judge the salsas (if you have not entered the contest), just come by the Info Booth to taste the entries and give your feedback.

There's always something exciting happening at the market, with new local farmers, fishermen, cooks, and artisans joining us as the season progresses. Market vendors new in the past few weeks include Tanglewood Farms with their friendly farm-raised, all-natural organic eggs and meats including chicken, turkey, lamb, and pork. Edison Brothers Fish Company is based in Banks, Oregon and specializes in bringing the freshest and highest-quality Oregon Coast seafood products to its customers. Edison Bros. works with boats and a small processing company in order to control quality and value. Weekly product offerings are subject to what the boats are catching, but recently featured Chinook Salmon, Albacore Tuna,

Oregon bay shrimp, Ling cod, and lots more. Their product is brought to the market flash-frozen, caught within the past day or two so it couldn't get much fresher.

September is a month chock full of goodness -- running the gamut from Baird's incredible peaches to fabulous salsas, amazing bicolor sweet corn, increasing quantities of both summer and winter squash, the beautiful watermelons for sale at the Martinez Family Farm booth, and dozens of other wonderful fruits, veggies, local meats & fish in between. Entertainment in the next month or so includes marvelous music by Eric John Kaiser, Chris & Leo, Lauren Sheehan, and others. Foods available for breakfast, lunch, and take-home include fabulous baked goods, authentic Bavarian pretzels, tamales, empanadas, jams, jellies, locally roasted coffee beans and more. You'll want to be at the market every Saturday this month!

New Market Director

Meet Danny Rodriguez, our new market organizer! Danny, a familiar face around town known for his local paper marbling art workshops, started out his relationship with the Cedar Mill Farmers Market back in 2008 as an art vendor, but more importantly, he has been an enthusiastic buyer of our local produce for many years. He is now in the process of learning the "ins and outs" of market administration from Market Director, Dina Gross, so that he can make a smooth transition into filling her shoes.

"I am excited to have found a new way of supporting the Cedar Mill Farmers Market. I think farmer's markets are an important staple of any healthy and conscious community, and so I will dedicate my efforts to keeping the market a must-visit Saturday destination for our neighborhood," he says.

Please come say hi to Danny, who will be positioned at the Info Booth during market hours as duties gradually migrate from Dina to him. He looks forward to meeting you, answering your questions and hearing your ideas.

The Cedar Mill Farmers Market is sponsored by Tualatin Hills Park & Recreation District with a generous grant from New Seasons Market. It takes place every Saturday from early-May through the end of October. Find us just west of Murray on NW Cornell, across from Sunset Park. Questions? Call anytime! 503-915-2855.

Ordinances, continued from page 1
text is drafted as a team effort between LUT staff and County Counsel staff.

Once drafted, the ordinance goes to the Planning Commission for their recommendations. "The Planning Commission only makes recommendations to the BCC on changes to a draft ordinance," Manseau explains. "The BCC has the final say."

After that, the ordinance is placed on the Board agenda for the first reading and the first public hearing. Any changes to an ordinance, once it's been read during a BCC meeting, require the ordinance to be 'engrossed.' An engrossed ordinance is required to have two additional BCC public hearings before being adopted. Manseau notes, "An ordinance can be engrossed multiple times, but I do not believe in the time that I've spent on the Planning Commission that any ordinances have been engrossed more than once."

Do ordinances ever just die? "Generally, an ordinance is tweaked

(engrossed) until it is adopted," Manseau says. "It is possible for the BCC to decide against adopting an ordinance after hearing from the public, or for the BCC to decide that an ordinance is just a bad idea. The rooster ordinance (although not a Land Use Ordinance) is an example of an action that the BCC decided against after learning more about the issue."

Roberts notes, "The 'ordinance season' is a unique twist here in Washington County. The Planning Commission has suggested the Board consider getting rid of it, but at a recent work session, the Board didn't seem ready to take action on that suggestion."

He continues, "If an ordinance hasn't been adopted by the end of the season (October 31), it's considered 'dead' unless it's continued by the Board to a date specific on or after March 1 of the following year (so they can "hibernate" over the winter)." Chapter X of the [County Charter](#) has the full procedure for Land Use Ordinances.

Washington County Museum Events and Exhibits

Through September 27, 120 E Main, Hillsboro

Artists Open Studio Sneak Peek and Sale

Each October for the last five years, area artists have opened their studios to the public. For some artists their studios are usually not open to the public, as they exhibit



Timeless Stitches features quilts from the Museum collection like "Drunkard's Path", on the left, made in 1880 by Cornelia Marie Brunner Herberlein, with a contemporary version made in 2014 by local quilter, AnnMarie Cowley.

their work at galleries and other venues. During the Open Studio tours the public can see where the artist works and purchase works directly from the artist.

The Washington County Museum is hosting the "Preview Sneak Peek and Sale." 40 artists have brought in samples of their work and agreed to donate a portion of

the sales of their items back to the Museum. Artwork ranges from watercolors to mixed media pieces, jewelry, sculpture, and more.

Quilt Show Extended!

Due to popular demand, the featured summer exhibit, "Timeless Stitches: The Quilt Show" will continue through the month with the new closing date of September 27. The exhibit features 17 quilts from the Museum collection paired with 17 contemporary quilts of a similar design, made by Washington County quilters. In addition, up to a dozen new quilts are rotated through the "Featured Quilters" portion of the show, each week. The final two weeks of the show will feature 20 "Challenge Quilts" from Westside Quilters

Guild, along with pieces from the TARTS Art Quilt Group.

The Museum is open Wednesday-Saturday 10 am-5 pm. The Museum is in downtown Hillsboro at the Civic Center Plaza, 120 E Main Street, on the second floor above Starbucks. Admission is \$6 for adults, \$4 for seniors (60+), children (3-18), Students and Military with ID.

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Business News, continued from page 2
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New! Mama Baby Yoga
Fridays 10-11am, Beginning September 5

Mama Baby yoga is designed for mothers during the postpartum period to help your body and mind transition after birth. The focus will be on yoga postures to relieve tension and rebuild strength in the core musculature (including muscles of the back, abdominals and pelvic floor). Come resume an exercise program, safely, alongside your child; and gain confidence and strength in yourself!

Always check with your midwife/OB-GYN/Primary Care Provider before resuming exercise after giving birth. Babies who are not yet crawling are welcome to join you in class. Please bring what you need to care for your little one (nursing pillow, diapers, etc.)—childcare is not provided.

Sales Help Wanted

Motivated Sales & Service Professionals: Skyline Memorial Gardens & Funeral Home currently has opportunities for professionals who are looking for a lasting career and who are service minded and energetic. Experience with funeral homes or cemeteries is helpful but not necessary. We provide excellent structured training both in the classroom and in the field. If you want to help others while making a substantial income, please contact us to arrange an informational interview. Stop by or call 4101 NW Skyline Blvd, Portland, OR 97229, 503-292-6611.

Dinihanians Harvest Share and Fundraiser

This year we are again offering our fall Harvest Share for purchase. This end-of-the-season share is available to everyone. There is NO membership in the CSA required for purchasing a Harvest Share. The idea is that this bountiful assortment of produce would be the basis for the Thanksgiving holiday meal, created from locally grown fall crops.

Many people don't realize that there is a bountiful array of produce available from local farms, well into October and November. Examples of the items the share might contain* will be items like Cole Crops (Kale, Cabbage, Broccoli, Kohlrabi, etc.), Delicata and/or Butternut Squash, Sweet Onions, Sweet Potatoes, Golden Beets, Pie Pumpkin, Yukon Gold Potatoes, Carrots, Eggs, Apples and/or Pears.

*Because this is based on seasonality, we can't say exactly what the share will contain but it will be very close to the listing above.

We will be offering our Harvest Share in two sizes, one appropriate for a two-person household and one for a family of four. There is no limit to the number of shares one could purchase and they would make a great holiday gift for other family members or friends.

Another suggestion would be to purchase these shares as a donation to a needy family, who might not otherwise have access to these items during the holidays. There are a number of ways donations can be made, either individually or as a group.

Reservations for shares began on September 1. Visit our website yourcsa.com to reserve your share online, or come by the farm any day, 10 am until 6 pm, through the end of October.

We also sell these shares at a quantity discount for any local community group (schools, churches, Rotary Club, etc.) so that they may be sold as a fundraiser for that group. As a fundraiser, it is a great opportunity to support local farmers and the local economy while supplying participants with an excellent product. Everybody has to eat (Thanksgiving dinner) so why not make it fresh, local and delicious, while earning \$\$\$ for your project! For details about sign-up dates, price, delivery, etc. for fundraisers, please contact Suzanne at Dinihanian Farm. Email suzanne.ballard@dinihanian.com or phone 503-432-6235 and leave a voice mail so someone can call back.

Virtue of the Month: Grace

"Grace is our connection to the Divine, a sense that we are loved and provided for in all circumstances. It is opening ourselves to bounty. Grace inspires us to give unconditional love to others. When we are gracious and elegant, others are drawn to our company. With grace, we can turn every communication and relationship into a thing of beauty. We grow in grace when we treat each other with dignity, kindness, exquisite courtesy and whenever we forgive. As we connect deeply with grace, we become the presence of grace to others."

"The will of God will never take us where the grace of God cannot sustain us." Peter Feddema

Affirmation: I am thankful for the gift of Grace. It sustains my life.

Virtues Reflection Card, [vir-](#)

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Please contact us about registering for upcoming bilingual Virtues Retreat and Classes for educators, parents, teachers, counselors, and grandparents! (Spanish and English). NEW this Fall: A Virtues Family Affair Movie Nights in your neighborhood! (\$10 per person includes popcorn and discussion) virtuesconnectionportland.com

Village Gallery News

Featured artists: Julie Armendariz and Shelley Lebel

September 2-28. Tuesday-Saturday, 10 am-4 pm; Sunday 12-4 pm. Reception: September 14, 2-4 pm

Armendariz explores realistic and spiritual themes in her work, which exhibits realistic qualities obtained from layering watercolor with colored pencil. She blends these two mediums well to create rich color and texture. Armendariz also enjoys working in acrylic, and



Acrylic painting by a Village Gallery instructor, Margaret Terrall

spending time outdoors with her camera, using her photographs as reference material for her art work.

Lebel is a Beaverton mosaic artist who will be our featured crafter for the month of September. She creates multi-colored mosaics using simple, bold, brightly colored tiles. A collection of her work will be on exhibit and available for purchase at Village Gallery during the month of September.

Drop in and meet our two featured artists for September and take part in a free art-making activity and create a Love Rock with Shelley Lebel, meet and mingle with members of Village Gallery, and view the work of their featured artists and other artist members who have work on display this month. Refreshments are provided and the event is free and open to the public.

Healthsource teams up with Race For The Cure

In an effort to raise awareness in our community, HealthSource of Cedar Mill has chosen to support Portland's Race for the Cure by offering a Complimentary Exam, X-rays and Consultation (a \$189 value) with a \$20 donation to the Susan G Komen fund throughout the month of September.

Wellness and awareness are such important roles in health and at HealthSource of Cedar Mill, they are always putting value and encouraging awareness of health issues surrounding our community today. "Every 74 seconds somewhere in the world, someone dies from breast cancer. Komen is the only breast cancer organization attacking the disease on all fronts: in research, community outreach, education, advocacy, and global work," says the Media Relations at Susan G. Komen.

Go in today for your exam, consultation and X-rays for \$20, to support Susan G. Komen and the Portland Race for the Cure. This offer is good throughout the month of September at the HealthSource of Cedar Mill office located at 13305 NW Cornell Rd., Suite E.

Check out the Race for the Cure website (komenoregon.org), if you are still interested in walking or running for the Cure on September 15! For more information contact HealthSource of Cedar Mill at 503-746-5085.

Thompson Road Pump Station Completion!

Tuesday, September 9, 5:30-7:30 pm, 12520 NW Thompson Road

Tualatin Valley Water District welcomes neighbors, businesses and partners to celebrate the completion of the Thompson Road Pump Station. TVWD will also offer tours of the new pump station, which helps provide overall stability to the water supply system and increases reliability in the event of emergencies. For more information contact Nick Augustus at 971-327-6292.



Ella, continued from page 1

at her three-month appointment. DeDe shared that she felt a little sad when her daughter was diagnosed. "I didn't want her to start out with any challenges or to feel different." She had to wear a patch for thirty minutes every day and received her first pair of glasses at age two. Since that day, glasses have been a beloved part of her identity.

Because of Ella's personal experience, it was simple to choose a community-enhancing program for which she felt passionate. Ella's mom contacted Joannah Vaughan at the Casey Eye Institute to see how Ella could support other children with vision challenges. Through See to Read, a program funded by donations from the Oregon State Elks, children ages three to seven receive free vision screenings. Visit www.seetoread.net for a list of scheduled screenings.

Luckily, Ella's eye condition was detected early, so it has not negatively impacted her learning, but 15% of children ages three to five have undetected vision problems. This poses a serious roadblock since 80% of learning in the first twelve years of a child's life comes through vision. According to Vaughan, many vision disorders can be treated and even reversed, if diagnosed within this critical window.

Ella knows firsthand the joy that reading can bring. She learned to read last year, and enjoys reading to her little brother. "I'm happy when I get to read to other kids and make them happy," Ella explains. I met Ella and her mom at Poppa Haven's Coffeehouse to talk about the pageant and See to Read. She told me that she loves helping other kids feel okay about wearing glasses. She also enjoys her involvement in the pageant for all the friendships she's made with sister queens. When not participating in pageant-related activities, Ella likes swimming, looking for bugs under rocks, "but not the heavy rocks" and taking dance classes at Elite Dance Studio. Her favorite color is rainbow, which is not surprising for such a vibrant little girl!

Ella's confidence and kindness

propel her towards a bright future. If crowned in November, she would simultaneously reign as state and national queen. DeDe says that her daughter would "absolutely continue to pursue vision/reading advocacy."

Bean Pickin' continued from page 1

southeast of Teufel Nursery (now NW118 Street) near Cedar Mill. Several acres of bush beans were ready to harvest and the people were hiring kids to pick them. Some of my classmates were also there and one girl had bloody hands from the coarse leaves!

What a distress to have worked hard and now find a flat tire! We Smith kids were accustomed to fixing our own flats, but we had nothing with us to do that. Fortunately Roy had a way of calming my strong-willed temperament. He remembered there was a gas station and garage just south of Cornell Road. He walked with me the half mile or so north as I pushed my disabled bike on up to Cedar Mill. Both of us being small of stature, riding our full-sized bikes would have been much easier than this pushing.

Yes, the garage man, George Foege, could fix my flat, but first I needed to know how much it would cost. We only had a few coins between us until payday on Friday. Surely it was out of the goodness of his heart that he only asked 25¢ for his services. I was greatly relieved and glad that we had enough to pay him.

You see, Roy was really frugal and saved his money for important things, like buying his own bicycle, and later buying mine as well. I was to pay him back at \$2 a month, and the 19 months of payments were not yet complete. Unlike Roy, what I liked most to do with money was to spend it! But since we were working, it was up to us to buy our own clothes.

We could have gone on up Barnes Road and picked some apples from the tree that was across Cornell Road near the Leedy Grange Hall, but it was too early in the season and the apples were not yet ripe. I was just happy to be able to ride my repaired bicycle home to West Slope! We needed to hurry as we still had our paper routes to work!

Fastpitch Car Wash

September 13, 2-5 pm at Mike's Auto Parts on Cornell

Rip City Fastpitch Softball is a non-profit organization that offers an outstanding opportunity for any female softball player who wants to enhance her skills and compete at a higher level. Please make a point to join them for a splashing good time and to get your car clean!

Athletes, coaches, and parents alike are all lending a hand (and sponge) to help make this fundraising event a success!

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Schedule of Events:**

9:30am - Volkswalk Checkpoint Opens
10am - Matt Rucker, Bagpiper
10:30am - Recognition of Founders, Charter
Members & Key Library Supporters,
Unveil 2014 Heritage Quilt & Cake
11am - Sunset High School Choir
12:30pm - Westside Music School
2pm - ACMA Classical Orchestra
3pm - Jayanthi Raman's Natya Dance Academy
4pm - Quilt Raffle Drawing &
Artistic Bookend Contest
Silent Auction & Peoples Choice Voting ends
10am to 4pm -
Giveaways
Pet Rock Kids Craft
Book & Media Sale
Quilt Raffle Ticket Sales
Second Edition - Vintage Items Sale
Tech Petting Zoo
History Project - Photographs & More!
Display of 70s Clothing/Accessories
Classic 70s Cars (in parking lot)



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