



FREE

Cedar Mill News

Volume 15, Issue 9

September 2017



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Milltown Center redevelopment

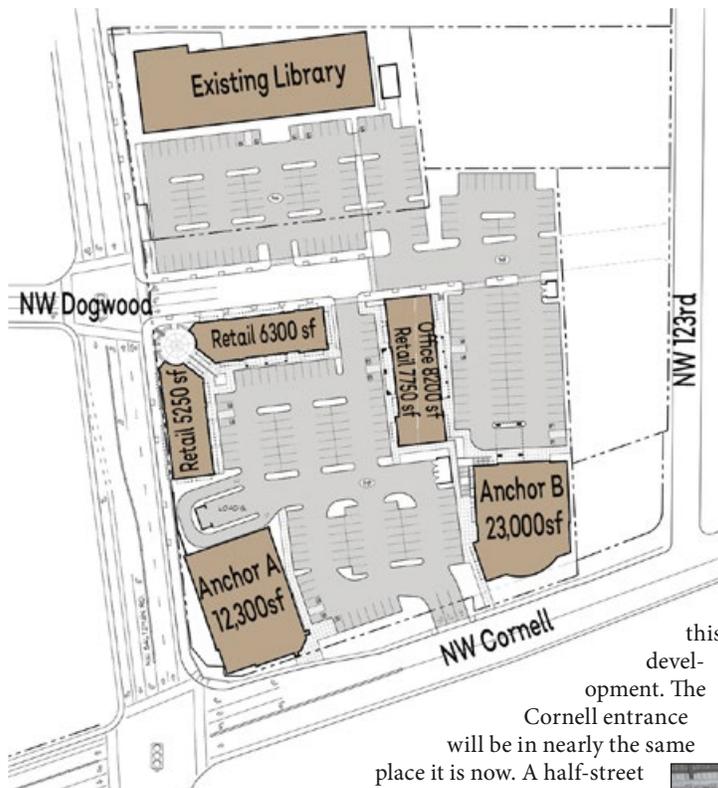
The old Milltown I Shopping Center is going to be redeveloped next year. Bales Findley Property Management is holding a Neighborhood Meeting on Thursday, Sept. 21, 6:30 pm in the Meeting Room at the Cedar Mill Library.

The complex, built in 1961 with the original Bales Thriftway store at its center, has been feeling its age for several years. It's long been slated for redevelopment, but a project proposed in 2013 was stalled when the anchor tenant got embroiled in acquisitions.

Ryan Egge, Bales/Findley manager, says there will now be two anchor tenant businesses for the center, although he can't share the information yet, since there are non-disclosure agreements in place.

The center will have an expanded footprint, incorporating the lot east of the current center. It will include a second anchor building, along with a large parking lot for that building and for the second-level office space on its west side. The existing grade will stay, with the new retail space facing the lower level, and office space above facing the new lot.

It's not clear how many of the existing businesses will relocate to the new center. They're hoping to find a new spot for the Laundromat prior to the redevelopment, though,



this development. The Cornell entrance will be in nearly the same

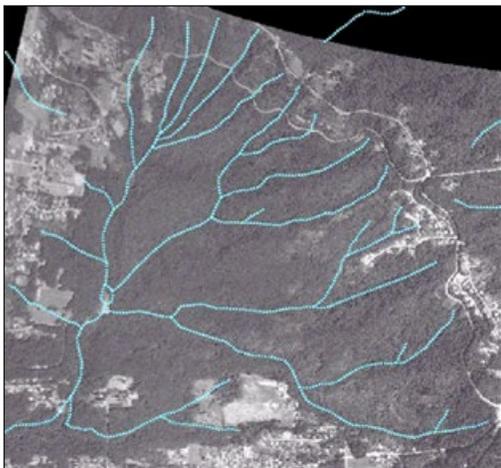
because folks can't wait a year to do their washing!

The library parking lot will be bigger, although the building will stay the same. Dogwood is on the long-term county plan as a through-street to 123rd, so they may have to build a portion of it to county road standards, although there is no plan to extend it with

place it is now. A half-street improvement with a bike lane and wider sidewalk will provide better traffic safety.

This plan is a draft, subject to change before it's submitted to the Washington County Planning Department. If everything proceeds smoothly, we could see the bulldozers in early spring 2018. We'll bring you more information, as it's available. Plan to attend the meeting with your questions and concerns.

Cedar Mill Creek watershed flooding



The watershed in 1984, before rapid growth began.

An effort is underway to address flooding in the Cedar Mill/North Johnson Creek (CMNJ) watershed. Rapid development in the upstream areas, with the concurrent loss of trees and vegetation that slows stormwater, means that lower areas with shallower streambeds are experiencing increased flooding.

A meeting was held last May to update Butner Road area residents about flooding issues and hear their concerns. Prior to that meeting, more than 230 Cedar Hills/Commonwealth Lake neighbors contacted Washington County Land Use and Transportation (LUT) and Clean Water Services (CWS) urging the agencies to upgrade a culvert where North Johnson Creek, a Cedar Mill Creek tributary, passes under Butner Rd.

Rocky Brown, Washington County Floodplain Administrator, told the neighbors that simply increasing the size of the culvert



There are nearly always a few adorable calves on the farm.

Featured Business

Schoch Dairy

by Virginia Bruce

When I first started enjoying the fresh milk from Schoch Dairy, I didn't want to tell anyone about it, because of the limited supply. The family was only able to sell milk from two cows, because they didn't have a licensed processing facility. The milk came in half-gallon canning jars, and was available from a refrigerator in the garage. It was so delicious that it was worth the pleasant drive to Helvetia, even if the fridge turned out to be empty!

But after a successful Kickstarter campaign in 2015, they were able to obtain a vat pasteurizer and a bottling machine. The herd is now up to about 35 cows, and their milk is available in a small shop next to the bottling room. It's also now in several area stores and co-ops.

Dave Schoch (pronounced shock) grew up on his family farm

in Helvetia. Dave's father Hans Schoch III immigrated to the United States in 1955 from Switzerland. After working with his Swiss uncles in Salinas, California for a while, he married Sally and purchased a 78-acre dairy in Helvetia, Oregon. They ran a conventional dairy, selling milk to the Darigold cooperative from their 200-cow herd.

Dave went off to college and became a mechanical engineer. He and Casey had met in middle school in Hillsboro, were high school sweethearts, and married after they had both graduated from college. When they learned that Dave's folks were thinking of selling

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Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Bethany Massage & Spa offers classes for healing

All classes at the Spa, 15280 NW Central Dr., #102, Bethany Village Women's Healing Circle

Mon., Sep. 11 & 25, 6:30-8 pm, free

Take a break from the stress of your routine and surround yourself with positive, supportive women. Get a dose of empowerment that will last the week. We all need some inspiration and that is what this group is all about. We will gather together and talk on different subjects from dealing with stress to finding your true purpose.

Meditation Circle with Jennifer Mon., Sep. 18, 6:30-7:30 pm, free

In this circle, we will be sitting in comfy chairs as we slowly drift into a deep meditation. Learn to change your focus from the active mind to the peace we all have inside.

Vibrational Sound Healing Class Wed, Sep. 20, 6:30-8 pm, free

Rosemary Levesque, Reiki Master, and Certified Vibrational Sound Teacher will demonstrate the Energy Vitality Technique using Solfeggio tuning forks. She will draw the name of one lucky attendee who will receive a Complete Energy session during the free class.

Call 503-533-5614 or visit masageandspabethany.com for more information, and to book a service or sign up for a class.

20 years of pet love at Pet Barn!

Sat., Sep. 23, 9:30 am-7 pm, 12675 A NW Cornell

Help Larry and Laurel celebrate 20 years owning this local store! Many vendors will be on hand with samples and information. Sign up to win goodies in Raffle Baskets!

Well-behaved dogs on leashes are welcome, too!

To celebrate this special event, everything in the store is 20% off for this special day only. (Discount applies to first large bag or box of food, additional at 10% off.)

One-day sale at Piccolo Mondo Toys

Sat., Sep. 16, Bethany Village Centre, 4768 NW Bethany Blvd



Piccolo Mondo Toys is celebrating 100 Days until Christmas with 20% off the entire store! Some restrictions apply.

See store for details. For more information, visit piccolomondotoys.com, or call 503-617-0250.

Touchmark classes help you downsize

Thurs., Sep. 14

I Have Too Much Stuff

Thurs., Sep. 28

Making Choices in Downsizing

All classes are Thursdays, 11:30-1, Information Center, 5150 SW Griffith Dr., Beaverton, free with lunch provided. RSVP to Adrien, 503-946-5427.

Grand Central Bakery offers all-local Corn Loaf

The Corn Loaf, a beautiful golden 1-pound boule with a crisp, nutty crust and a soft-chewy interior, is a modern version of a Grand Central cult favorite, Yeasted Corn, but made with all-local flours, Bee Local honey and stone-milled heir-



loom Red Floriani cornmeal. It will only be available for a limited time, so be sure to try one soon.

Ingredients in this all-local loaf highlight new specialty flours from the region: unbleached white flour (single variety wheat) from Small's Family Farm in Walla Walla and stoneground Durum flour from Hunton's Farm and Camas Country Mill in the Willamette Valley. In

addition, there is local, organic Red Floriani cornmeal from an Italian heirloom flint-type corn that gives the bread its pale gold and red flecking, Bee Local honey and Jacobsen sea salt.

It's not by accident that Grand Central's seasonal loaves are built around small-batch local flours: head baker Mel Darbyshire regularly tests new flours from wheat grown on the west side of the Cascades through her work with Washington State University's Bread Lab, where earlier this summer she baked for Bill Gates.

The new Corn Loaf is now available at all Grand Central locations for \$3.25. You can also enjoy it at any Grand Central café in the Smoky Tomato & Zucchini sandwich special.

New classes at Sunset Yoga Center

Prenatal Yoga Class

Thursdays, 7:30-8:30 pm, first class Sep. 14

Sunset Yoga Center announces a new prenatal yoga class. The class will be Thursday evenings from 7:30-8:30pm. The first class will be September 14th.

Introduction to Yoga Class

Eight Fridays, noon-1 pm, first class Sep. 15

This class is for those new to yoga who would like a structured introduction to yoga in a supportive class.

Both classes will be taught by Sara Russell.

For more information, visit sunsetyoga.com, call 503-539-4504, or email sunsetyogapdx@gmail.com

Village Gallery News

All events are at the Gallery, 12505 NW Cornell, next to the Cedar Mill Library. Open Mon.-Sat., 10-4; Sun. 12-4.

Opening reception for September Show

Sun., Sep. 10, 2-4 pm

Each September, Village Gallery showcases work by our new members who have joined the gallery in the last year. Join us for refreshments and to meet our new member artists, or stop in during September to see their diverse fine arts and crafts on display.

Gently-used art supply sale September 15-17

Set them Free! VGA needs your donation of art supplies and art-re-

lated books you are no longer using. Deliver items to the gallery after noon, Thursday September 14. Then bring some new creative energy into your studio. Visit the sale and take home new and wonderful gently-used supplies. This is a FUNdraiser for VGA so bring your friends and tell your neighbors.

Café Art

Thursdays Sept. 7, 14, and 28, 9 am to noon

On most Thursdays, Village Gallery of Arts hosts an open studio time for both members and non-members in our classroom. Bring your own project; self clean up is required. The \$2 drop-in fee covers overhead costs. It's a great place to work on a project, socialize, and run ideas by a group of like-minded individuals. Check our FaceBook page for any updates.

Please see our website for information on our Fall Class lineup at villagegalleryarts.org. Highlights include children's classes, oil, watercolor, and acrylic painting classes.

To register, visit or call the gallery at 503-644-8001

Village Gallery is a non-profit, cooperative gallery in operation since 1963.

Santosha Yoga brings Global Mala to Bethany

Sun., Sep. 24, 10 am to noon

GLOBAL MALA for peace. All yogis, or yogis to be, are invited to join in the annual global mala at the fountain in Bethany Village.

At the time of the Fall Equinox, people/yogis around the world join together to create a synergy of energy for peace through participating in a global mala. Together, we do (up to) 108 sun salutations along with other groups and individuals around the world and dedicate the practice to peace.

All are invited. There is no cost to participate. There will be chairs for those who would like to do 'half-sun salutations' or need to rest. Children and families are welcome to come and participate (or watch), whether for 1, 9, 27, or 108 sun salutations. We begin at 10 am with a short dedication for peace. Yoga teachers from Santosha Yoga, located in Bethany Village and organizers of the event, and other studios will take turns leading the group. If you are interested in

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New THPRD Board member visits CPO 1

Tues., Sep. 12, 7 pm, Leedy Grange Hall, 835 NW Saltzman

Holly Thompson, newly elected board member for Tualatin Hills Park & Recreation District, will visit to give us a view into what the Board is working on now and for the future. She'll also welcome input from our members on how the Park District can better serve CPO 1. And we'll learn about the plans for the renovation of Cedar Hills Park, our largest local park. Bring your ideas!



Superintendent of Security Mike Janin will also visit to give us an update on park security issues.

If we have time after her visit, we'll brainstorm ideas for future CPO 1 topics. What programs/people would you like us to bring to you?

The Community Participation Program is administered by Washington County to encourage and empower public involvement.

Learn more and sign up for the newsletter here: cedarmill.org/cpo1

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Washington County Forum returns

The monthly forum meets at the Golden Valley Restaurant & Brew Pub, 1520 NW Bethany Blvd., Beaverton. Doors open at 11:30 am, and the speakers start at noon. Lunch is available to order from the menu. Following the speaker, there will be an opportunity to ask questions. Asking questions of our speakers is a privilege of Forum membership.



Dr. James Moore

Mon., Sept. 11: Dr. James Moore, Pacific University, to speak on "Political Update—Local, State & National."
Mon., Sept. 18: Donald Benham, Senior Public Affairs Advisor, Winnipeg Harvest, to speak on "Innovative Ideas About Poverty In Canada – Can They Work Here?"
Mon., Sept. 25: Lee Mercer, Mobilization Director, HCAO will speak on "History and Progress of Health Care for All Oregonians."
Mon., Oct. 2: Robert Harris, of Harris Law Firm, to speak on "The Two Party Stalemate – What Can Be Done?"

Learn more about the Forum and join online (one year for only \$50) on their website: washington-countyforum.org/ and find and like us on Facebook!

Caregiver series

Thursdays, Sept. 7-Oct. 12, 1:30-4, Tuality Health Education Center, 334 SE 8th Ave, Hillsboro.

Registration is open for a six-week series called Powerful Tools for Caregivers, sponsored by Washington County Disability, Aging and Veteran Services and Tuality Healthcare. This educational series is designed to help unpaid family caregivers take care of themselves while they are caring for a relative or friend with a chronic illness. Participants will learn how to

reduce personal stress, communicate their needs effectively in challenging situations, deal with difficult emotions, and make tough caregiving decisions.

Suggested donation of \$30 to help defray the cost of the book, but payment is not required to attend the class. Class size is limited, and registration is required by calling the Washington County Family Caregiver Support Program at 503-846-3089.

Go to school in 1893!

Tues., Sept. 12, 7 pm, Beaverton Lodge Retirement Residence, 12900 SW 9th St., Beaverton. Free.

Ellen Crauthers, a former homeschool teacher, portrays a pioneer teacher (Miss Elliott) for the Butteville Academy. Donations are welcome and benefit the Beaverton Historical Society.

More information can be found at: historicbeaverton.org

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Library news and events

Alpaca Open Farm & Boutique
Sat., Sept. 23, 10-4, Sunset Accoyo Alpacas, 13805 NW Thompson Rd., Free

Sunset Accoyo Alpacas has been around for 20 years. You've probably driven past their farm and seen alpacas grazing in the pasture. Ever wonder what they're up to? Go find out!

Meet the alpacas, enjoy refreshments, and shop at the Crescent Moon Ranch Boutique featuring luxurious alpaca garments and accessories made from alpaca fiber.

There will be a special raffle. Free event benefiting the library. Donations for the library are greatly appreciated.

Citizen Advocacy 101 - Making Change Happen
Mon., Sept. 25, 6:30 pm - 8:00 pm, Cedar Mill Library.

Want to improve life for yourself and your neighbors or have a concern about local, state or federal laws? Learn about strategies for change, and more with librarian activist Donna Cohen. This session, the second in her popular series "Civics for Adults", includes learning about successful tools for advocacy, plus understanding the what, where, who, and how of getting heard. We expect this will be a lively session with lots of ideas and resources to inspire you to act for your community. For more information about this and related sessions in the series, see civictinker.net and facebook.com/Civics-for-Adults-1490728887922036/.

Brain Fitness Workshops
Sat., Sept. 30, 10:30 am - 12; Tues., Oct. 24, 1 - 2:30 pm; Sun., Nov. 12, 1 - 2:30 pm; Thurs., Dec. 21, 6:30 - 8 pm, Cedar Mill Library

Keeping your brain fit by learning new skills, exercising your memories and challenging your brain to adapt and change can help delay or prevent the onset of memory challenges. No matter what your age, you can change and strengthen your brain! Come get your brain loose and limber with fun brain training games and exercises led by Certified Brain Fitness Trainer Dawn Anderson.

This fall, four workshops will be offered at the Cedar Mill Library—with different activities at each session. Registration required. Sign-up

for one (or more) workshops begins on Tues., Sept. 5. Stop by the reference desk or call (503)644-0043 ext. 114.



Songwriters in the Round
Wed., Sept. 27, 6:30pm, Cedar Mill Library

Three artists perform and reveal the personal stories that inspired each composition.

Banned Book Week
Sept. 24-30

Be sure to check out a book that has proudly remained on library shelves despite challenges elsewhere.

Join the League!
Wed., Sep. 27, noon-1 pm, Beaverton Community Center Vose Room, 12350 SW 5th St.

League of Women Voters Washington County is excited to announce the reactivation of the local League! We invite county residents (both men and women are welcome!) to join as we encourage informed and active participation in local government in order to build a better community. Help influence public policy locally through education and advocacy.

You must be a paid member to participate in the local programs such as Lunch & Learn, Observer Corps, Think Before You Ink, and candidate forums, and also to receive newsletters, alerts, and access to the full website. Dues to join the League are \$65 a year for an individual, an additional \$32.50 per person at the same address, and also \$32.50 for student members. All are welcome. The League is a nonpartisan organization.

Washington County Resistance (WCR) monthly meeting

Thurs., Sept. 28, 7-8:30 pm, Cedar Mill area location

Build community with fellow neighbors interested in pursuing local actions to stand up for justice, equality, and environment. Join our discussion with guest speaker Washington County Commissioner Greg Malinowski at this month's meeting. Contact jess.angle@gmail.com for location and details.

Cedar Mill Heritage Celebration coming in November

Fri-Sun., Nov. 10-12, 12505 NW Cornell

The Cedar Mill Historical Society is gearing up for our first major event! From November 10-12, an exhibit of Cedar Mill history photos and artifacts will be on display in the Milltowner I center at the corner of Saltzman and Cornell.

The event will kick off on Friday, November 10, with a preview tour of the exhibit and a fundraising dinner. The exhibit will be open Saturday and Sunday, and will remain in place until Spring 2018 for

school and other group tours and occasional openings.

We have a wonderful collection of photos of early Cedar Mill, and we have a few artifacts that have been donated over the years, but we are looking for more of both. Do you have things rattling around in your drawers, attics, and closets that can help us capture the past?

"Artifacts" can be anything that helps people understand what Cedar Mill was like from the earliest pioneer days through 1967 (50 years

ago). Even so-called ephemera: advertising posters or promotional items, newspaper clippings, school-books and records, family histories? We are also looking for items and equipment used in households, schools, farms and forests, and businesses in the area. If your family was here in those times, ask them if they have items they can share.

Photos and other images should show people and businesses with recognizable Cedar Mill locations, or people who were involved in building the community. Books about local history can also be donated to our growing library.

Items can either be donated to CMHS or loaned. Photos can be scanned and returned, or the originals can be added to our collection. After the exhibit, we have a safe storage place for them while we wait for the Milltowner Center to be redeveloped, when we'll establish a permanent Heritage Center.

In addition, we are looking for volunteers to help with organizing

and presenting the event. Right now we're looking for people to help with several committees: publicity; fundraising (collecting donations for the auction and the dinner); accepting and cataloguing donated items; preparing the space and preparing items and photos for the exhibit; and volunteer management. Closer to the date we'll need help installing the exhibit, and we'll need a team for the fundraising dinner and to welcome visitors and



guide them around the exhibit.

We're meeting on Friday, September 8, 10 am, for another planning meeting at the Cedar Mill News office. Attend if you can, or just let us know if you will have time to volunteer, or photos or items to include in the exhibit. Contact us at cedarmill-history@gmail.com or call 503-803-1813 with questions, suggestions, and to volunteer.

Cedar Mill Cider Festival 2017

Sun., Oct. 15, 1-4 pm, JQA Young House, 12050 NW Cornell

Mark your calendar now for Cedar Mill's biggest celebration of the year. Music, food, and fresh free cider!

There's fun for all ages at this annual event. Watch the Boy Scouts of Troop 208 as they turn fresh apples into cider using antique presses. Free cups of cider for all! Enjoy lunch served up by local [Retrospective](#) food cart folks—they're promising bbq AND fried chicken!

Learn more about Cedar Mill history in the expanded History Tent, with exhibits

and volunteers on hand to share stories of the early days of our community. Be sure to bring your elder friends, neighbors, and relatives to visit and reminisce.

Enjoy the toe-tapping Bluegrass / Americana tunes of [Lauren Sheehan and her band](#). Browse our Country Store vendors to find something handmade and special for yourself, or get a jump on holiday shopping. Meet folks from a variety of local service providers, agencies, and companies in the Community Partner Lane.

The event is sponsored by Tualatin Hills Park & Recre-

ation District. They will bring their [RecMobile](#) with games and activities for kids. And they provide all the infrastructure for the event—tables, canopies, generators, portapotties and more. Thanks THPRD for supporting our community!

At 2 pm, Tualatin Hills Park & Recreation District will conduct a brief dedication ceremony to honor Sue Conger, a tireless advocate for the community, who was instrumental in saving the John Quincy Adams Young house for posterity. The boardwalk leading to an overlook of Cedar Mill Falls, which was constructed by Polygon in lieu of System Development Charges related to the Timberland development, was transferred to THPRD last year. We look forward to honoring Sue and celebrating this wonderful addition to our enjoyment of the falls and creek.

Plenty of free parking in the Cedar Mill Bible Church lot. TriMet lines 62 Murray & 48 Cornell will bring you right to the event.





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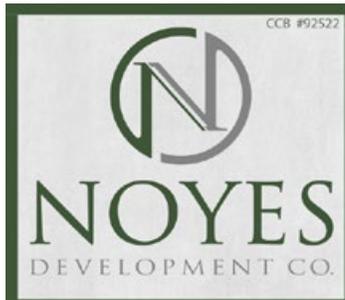
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TriMet survey asks for input through September 12

Would you like to be able to use public transit, either for your daily commute or for an occasional trip? Are you frustrated with the lack of service in our area?

TriMet, the independent public agency that provides transit services to the great Portland area, is asking residents throughout their system to prioritize spending on various routes. [The survey](#) asks you first to choose the area where you ride most frequently—we are in the Westside segment.

None of the options built into the survey would extend service to areas north of the Sunset Highway. The only choices are to provide more-frequent service. This is despite many [pleas from Bethany-area residents](#) to provide improved connections from the completely unserved and fast-growing residential areas in North Bethany.

Once you have “prioritized spending” on the existing lines, there’s a space to add your own suggestions. Some possible improvements for our area include:

- a bus from North Bethany, through Bethany Village to Sunset Transit Center;
- a bus linking PCC Rock Creek via Kaiser/Cornell/Lovejoy to

Washington County Museum relocating to PCC Rock Creek Campus

The Washington County Museum announced on Sept. 5 that it plans to operate from one consolidated location and relocate its exhibits from the downtown Hillsboro location to the Museum’s existing facility on the Portland Community College (PCC) Rock Creek campus.

The Hillsboro location will remain open for all patrons through the free admission Family Day on Sat., Sep. 9, 10 am-5 pm. Exact details of the Museum’s operating days and hours in the PCC location, as well as the timing of future exhibits, are still being finalized. Field trips will likely resume in late October or November.

The Washington County Museum/Washington County Historical Society Board of Directors approved the plan to consolidate operations at the Rock Creek campus as part of an effort to refocus on outreach to Museum patrons throughout Washington County.

The Museum’s traditionally strong educational programs, such

Audubon, Good Samaritan, the Portland Street Car, the Pearl, the Greyhound bus and train station;

- a Park and Ride in Bethany;
- a streetcar or express bus from the soon-to-be developed North Bethany Town Center to the employment areas in Hillsboro; and
- more frequent service on Line 50 Cedar Mill.

20 Burnside/Stark runs weekdays and weekends from the BTC and STC through downtown to the Gresham Transit Center
48-Cornell runs weekdays and Saturdays between the Hillsboro Transit Center and STC, along Cornell, Cedar Hills, and Barnes.
52-Farmington/185th runs between BTC, Aloha, Willow Creek Transit Center, Tanasbourne and PCC Rock Creek, along Farmington, 185th and Springville.
59-Walker/Park Way provides weekday rush-hour service in Beaverton and Cedar Hills between STC and Willow Creek Transit Center, along Baltic, Park Way, Walker and 185th.
62-Murray Blvd runs between Washington Square and STC, along Scholls Ferry Road, Murray, Millikan, Hocken, Jenkins, Cornell and Barnes.
67-Bethany/158th runs weekdays and Saturdays connecting Merlo MAX Station and PCC Rock Creek, via 158th, Bethany and Springville.

Perhaps, just perhaps, if TriMet hears from many of us, they will listen. However, the last time our folks made an effort to ask for more service, TriMet’s response was to buy a couple of ads promoting the Cedar Mill Bible Church Park & Ride.

If you’re not familiar with the bus lines that are available in the

Cedar Mill area, here’s a guide. We suggest that you open a separate window in your browser to view the [actual routes and schedules](#). (BTC = Beaverton Transit Center; STC = Sunset Transit Center).

Line 50-Cedar Mill, which loops through the Cedar Mill area to Sunset Transit Center, during

weekday morning and evening rush hour only, is conspicuously absent from the survey. I guess TriMet isn’t interested to hear whether we’d like that service improved.

Be sure to take the survey and submit your comments by September 12!

Learn to write about local history

Sat., Sept. 23, 11-12:30, Hillsboro Civic Center (2nd floor above Starbucks), 120 E Main Street

Learn about writing local history from author and historian, June A. Reynolds. Thinking and writing with a sense of time and place, June will lead the audience through her journey writing three books on Sherwood history from pre-history into the 1950s, as well as her experience writing historical fiction set in Oregon. June will also lead a workshop on writing local history, so bring your journals and favorite pens and mechanical pencils!

June’s talk and workshop launches the Washington County Museum’s new program, LOCAL STORY, which brings together authors, storytellers, artists, and community members to speak about what it means to live in Washington County, Oregon. Stay tuned to find out how you can share your story at the museum, too!

Cost: Free for Members; \$8 for Non-Members (includes Admission to Museum after the presentation). [RSVP today!](#)

as field trips, exhibits, events, public programs and opportunities for historic research, will continue. While the Museum will continue to examine its physical space needs in the future, the shift to the PCC Rock Creek campus will allow Museum staff to reimagine what a museum means to a community and reimagine its approach to community outreach.

CUE Sustainability Fair

Sat., Sept. 23, 9-2, Cedar Mill Farmers Market, on the corner of NW Murray and NW Cornell in the Safeway parking lot.

Learn about ways that individuals and families can celebrate and promote sustainability. Participating organizations include the Tualatin Soil and Water Conservation District, Master Recyclers, and Terra Linda Neighborhood’s environmental conservation group, CUE. An all-electric Chevy Volt will be on display and CUE will raffle off a worm bin. For more information, contact odonata3@comcast.net.

Bring in the Mason bees for bumper garden crops

by Margie Lachman

There are many insects and birds that pollinate our fruits, berries and vegetables. But weather has an influence on successful pollination.

This spring was a good example of weather adversely impacting pollination. I have a blueberry bush on our back deck that was covered with lots of blossoms in the spring.

Every morning I watched out the kitchen window for bumblebees to visit it. But the cold rainy weather this year caused the bumblebees, which

are among the first pollinators to awaken, to make a late appearance. The hummingbirds that live in our area were the only visible wildlife to come and sip from the nectar as cold temperatures persisted.

Many fewer berries ripened this year than last when spring was warmer and drier. There were plenty of berries last year, enough to share with a little wren who was nesting somewhere nearby. She would visit every day and eat a few berries. Our Great Dane, Millie, would take a berry (only a ripe one!) each time she passed by the shrub.

This year's crop was disappointing. But there was nothing I could have done this spring except perhaps have Mason bees that don't mind cold spring weather and are usually the first pollinators to ap-



A solitary Mason bee emerges from a nest house

pear. These gentle native bees excel at pollination, especially fruit and nut trees, blueberries and cane berries. They are solitary bees that do not make honey and have no hive to defend, so they rarely sting.

From February through May if temperatures are at least 55 degrees, these industrious insects gather nectar and pollen which they put into tunnels in places like hollow reeds or straws provided by humans. Eggs are laid on this food which their hatchlings will eat.

These native wild bees can be invited to your own garden by planting early bloomers like Pieris (Andromeda), and our native Mahonia species (Oregon grape), which are rich in nectar and pollen. Mason bee houses with predrilled holes of the proper size can be purchased at local garden stores and bird shops, if you want to have these helpful little bees pollinate your plants. You may also buy cocoons containing live bee larvae.

Much helpful information with photos is available at ecolandscaping.org/03/beneficials/attract/Mason-bees-no-protective-gear-needed

Questions? Email me at margierose2@gmail.com or call 503-645-2994.

Symphonic Band for all at PCC

Wednesdays, Sept. 27-Dec. 13, 5:30-8:20 pm, PCC Rock Creek.

The music program at Portland Community College Rock Creek Campus will offer a new Symphonic Band class for winds, brass and percussion. This an opportunity for community members, band leaders, or high school students to meet other musicians and play great music. The class is ideal for those who want to study music at PCC, add one extra night of playing each week, or for community members who want to dust off their instruments and start playing again.

Noelle Freshner, who earned her degree in music education from the University of Oregon, will lead

the class. She has been the director of bands for the St. Helens School District since the spring of 2007. At St. Helens, she conducts all of the district's bands, grades 6-12, and oversees the Winter Guard and Winter Percussion programs.

The one-credit class may be taken for grade or for audit. Please visit <https://www.pcc.edu> for enrollment specifics. For more information please contact Noelle Freshner at noelle.freshner@pcc.edu or Jason Palmer at jason.palmer@pcc.edu or 971-722-7869. This class will be held in Building 3 at the Rock Creek Campus on Springville Road, Portland.

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Dairy, continued from page 1

the farm, they decided to return to Oregon and work with them to keep it going.

For several years they continued with Darigold, but low milk prices, plus the stress and expense of running an intensive dairy operation,



led them to consider their options.

“Dave would bring in some of the milk, and I’d process it in a countertop pasteurizer for our boys,” said Casey. “They loved the flavor, and so did their friends.

That’s when we started thinking about running our own business to make it available to local customers.”

Dave’s mechanical engineering expertise was useful in restoring and assembling the processing system. He purchased a vintage 1950’s bottling machine and a

’60s pasteurizing vat from Craigslist. “It’s hard to find this equipment any more,” he explained. “The steel is valuable, so a lot of it just gets recycled. But there’s also growing interest in smaller dairy operations, so the equipment is more in demand.” After hauling the machines from California, “we had a stainless-steel expert come in and help us put it all together.”



The dairy case is an honor system. Leave cash in the jar and take your delicious milk!

The Schochs use vat pasteurization, which heats milk for 30 minutes at lower temperatures than the traditional method of heating it for 30 seconds at really high temperatures. This means that harmful bacteria is killed, but the milk retains fresh flavor and more nutrients. However, it’s not homogenized, so cream rises to the top of the bottle. You can mix the milk again by shaking the bottle before pouring. They do not sell raw, unpasteurized milk.

One factor that helped the family decide to move forward with their plan was the conclusion of Metro’s Urban & Rural Reserve

process, which put their land into the Rural Reserve, ensuring they could continue farming for at least 50 years. The nearby Urban Reserve area at the southeast corner of

Helvetia Road and West Union could end up becoming housing, commercial or industrial land. Casey says, “It is kind of a mixed blessing, in that it is concerning to us that development is creeping closer and closer, and at the same time it is very convenient for our customers to drive out to us because we are so close to the urban areas of Hillsboro and Beaverton.”

<http://www.oregonmetro.gov/news/50-year-map-years-research-public-input-led-agreement-reserves-plan>

Dave’s parents were actively involved until recently, but they’re both in their 80s and not in the best health. They continue to live in the large farmhouse on the property.

Dave and Casey’s four sons all work on the farm. Casey says, “They earn money for college, and they usually earn a small amount to spend on whatever they want. They have grown up knowing how hard



A family of ducks calls the manure pond home! The liquid manure is sprayed on the fields to fertilize the grass. The clover in the distance is harvested for winter feed. The Schoch farm runs to the grove of trees.

their dad and grandpa work and so it seems natural to them.”

And it’s very likely that at least some of the boys will carry on with the farm. “Our oldest son Jake graduated from U of O with a degree in English last year,” says Casey. “He is our writer and is currently working on the farm and writing in his spare time. Our next son Nate will be a junior at OSU this fall and is studying animal science. He is very interested in agriculture, but not sure if he wants to be a farmer. He was considering veterinary school or an ag related career. Our high school son Sam will be a senior at Liberty this year and is interested in becoming a fireman. And Ben, our baby, will be in seventh grade and loves the farm and the cows, so who knows.”

They breed their own calves year-round, so there are usually some pretty babies to see and pet. They get semen from a breeding service that matches their cows with bulls that would improve the herd. The family handles all the care and delivery of the calves.

They rarely need a vet because the cows are living a natural life, eating grass from spring to fall and local hay and haylage (wet hay) in the winter. The farm land is organic, but the milk is not because organic winter feed is just too expensive. Casey explains, “We don’t feed any grain, use hormones or antibiotics, except for life saving measures. We are as close to organic as possible without the certification.”

Since they opened the new facility, they’ve also been expanding both their own distribution and their offerings. Jake delivers their milk to Bales Farmington, Food Front Coop in NW Portland and

Hillsdale, and several smaller co-ops and company cafeterias. They sell cheese from [Helvetia Creamery](#), a small, family owned operation nearby. Milking three Brown Swiss cows on their Century Farm, the Grossen family makes artisan Swiss cheeses the old fashioned way. And they just recently added farm-fresh eggs from another neighboring farm, [Amana Ranch](#), a newer farm



Casey Schoch and one of this summer’s calves. Cows are sociable animals and seem to like attention!

using biodynamic methods to raise stress-free and chemical-free livestock.

They recently began making “chocolate” milk, made with a mix formulated just for them. Casey says she’s experimenting with kefir, a drinkable yogurt. And she might work to offer ice cream.

Learn more about Schoch Dairy on their website, [shochdairy.com](#), and find them on Facebook. The dairy store is located at 24335 N.W. West Union Road in Hillsboro and is open every day from 7 am to 9 pm. Head up the long driveway past the two farmhouses. Half gallons of whole milk are \$4, “chocolate” is \$5 and there is a \$2 bottle deposit charge.

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Flooding, continued from page 1 could "pass the problem downstream." A LUT project to replace the culvert this summer was delayed so that the situation could be studied more thoroughly.

A project team, the Cedar Mill Creek Flood Remediation Collaborative, has been convened. The group consists of representatives from a number of agencies and other stakeholders, and is led by Washington County Board Chair Andy Duyck and Tualatin Hills Park & Recreation District Board President Jerry Jones. The study is being guided by "Oregon Solutions," a statewide organization that brings "business, government, and nonprofits to the table to agree on what role each can play to address a community need."

A June 19 letter from Oregon Governor Kate Brown authorizing the OS project says, "Oregon Solutions is in a unique position to manage a process that will include residents and business owners subjected to chronic flooding. This approach brings together partners

strategy...to minimize, mitigate, or eliminate flooding impacts while considering economic development, habitat value, and quality of life concerns."

The presentation reported on stakeholder interviews and document reviews, and concluded:

- CMNJ watershed has been significantly altered and watershed functions are seriously impaired;
- Piecemeal decisions by multiple jurisdictions and agencies have contributed to problems;
- Flooding problems are likely to get worse from additional development and climate change;
- Attempts by individual jurisdictions and agencies to address flooding are not sufficient to address flooding problems;
- A multi-stakeholder, watershed-scale approach is required to resolve and remediate flooding issues;
- Fresh, non-traditional approaches will be required to address flooding;
- Agreement that Oregon Solutions process would be crucial to iden-



A portion of a CWS map showing the area of the watershed prone to flooding. To view the whole map, view the News on the website and click on the link.

in a neutral and collaborative way to develop solutions to reduce these long-standing flooding problems and identify opportunities for mutual benefits in terms of housing stability, economic development, and the environment in this flood-prone area of Washington County."

The Collaborative had its first meeting on July 31. A presentation by Oregon Solutions consultant Bob Bailey noted that the challenge is "whether a group of agency, property owner, and resident stakeholders can use a 'triple bottom-line approach' to develop a realistic, phased approach and funding

tifying and implementing actions to resolve flooding.

The next meeting of the Collaborative will be held on October 10, 2-5 pm. The project website is linked from the projects page of Oregon Solutions' website. A variety of source documents are included for those interested in learning more. We'll share the location of the October meeting in the next issue and on the CMN Facebook page. If you would like to receive updates on the project, you can email Erik Jensen at erik@jensen-strategies.com or call 503-477-8312.

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Business News, continued from page 10 helping out, please call the studio and leave a message. 503-372-9825 Registration for our Kids classes is open. Session begin September 13-14.

Teacher Training also begins soon. This is a great opportunity to gain this training locally and at convenient times for someone who has a day-job...or is a busy parent. Anyone interested in learning to be a yoga teacher should contact us soon.

Semi-Annual Curvy Chic Closet Consignment Sale and Fashion Show

Thurs, Sep. 28-Sun., Oct. 1, see below for hours, 12505 NW Cornell, free except for pre-sale

Curvy Chic Closet, the largest plus size consignment event in North America, has answered our frugal prayers with their four-day, semi-annual Consignment Sales Event, allowing curvy women to indulge in a new wardrobe without even a smidgen of guilt by consigning their own gently-used clothing and then browsing a massive selection of outfits and even accessories from fellow attendees and more than 22 participating vendors.

Attendees who wish to consign their gently-used, size 14/



XL-34 clothes should register via curvychiccloset.com/ to receive a consigner number and receive a drop-off appointment.

On Saturday, attend a free fashion show at 7 pm. This is the largest plus size fashion show on the west coast. It features designers such as Chic Rider Designs, Curvy Diva Parties, Heavenly Bridal Boutique, House of Digginity, Lady J, Leo Nora Design Studio, Rosy Cheek Designs, Selah Boutique, and Sweet Spot Skirts. This exciting fashion show will feature Farrah Estrella with Estrella Fashion Report, a Latina Fashion and Lifestyle Blogger from Tampa, Florida.

This exciting extravaganza kicks off with a special \$5 pre-sale event on Thursday, 11 am-2 pm. After the pre-sale, enter for free from 2-9

pm, Friday, 10 am-9 pm; Saturday, 10 am-9 pm, and Sunday, 10 am-5 pm (with many consigners offering their goods for 50% off).

For more information, visit curvychiccloset.com or find them on Facebook: CurvyChic-Closet

CMBA expands meeting schedule

Tues., Sep. 12, 11:45-1 pm, Cedar Mill Bible Church Chapel, first meeting for non-member is free, lunch included.

Becky Olson, author, speaker, and co-founder of "Breast Friends" gives hope and encouragement to thousands with her book, podcast and presentations. Becky travels all over the country as a keynote speaker, but we are lucky enough to get her right here in Cedar Mill! Dessert Sponsor: Wendy Wells from Lincoln Financial Advisors Corp. Member Speaker: Dr. Trevor Hollingsworth from Sunset Chiropractic Clinic.

Members host an Open House at their businesses.

This month: Eleete Realty, hosted by Lauren Sinha
Thurs, Sept. 21, 6-7:30 pm

Morning Networking meeting
Tues., Sep. 26, 8:30-9:30 am, Java

Lounge, 760 NW Dale

Contact Caryl Hoffman for more information: carylkhoff@gmail.com, or 503-807-1348

Four scams every college student (and parent) needs to watch for

Provided by Sunset Credit Union

Scam artists love to prey on college students. They're old enough to have money, young enough to be vulnerable and likely to be unsupervised and away from home for the first time. With this in mind, take a few minutes to study some common college scams.

1. Tuition scam

Someone calls claiming to be with your school's administration or admissions. They warn that your tuition is late and as a result, you'll be dropped from your classes today. You're ordered to pay immediately, over the phone, with a credit or prepaid card.

Solution: If you get a call involving money from anyone regarding anything, get off the phone and call the office that was mentioned yourself. Simply explain to whoever is calling that you'll be calling them back, then check the status of whatever seems to be the problem.

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2. Fake credit cards ... and real ones

The Credit Card Accountability, Responsibility, and Disclosure (CARD) Act of 2009 banned heavy credit card marketing on campus, but that doesn't mean banks and card companies don't still actively pursue college students.

Credit cards and other accounts that are heavily solicited are the ones most likely to be loaded with bad terms, big fees and high interest rates. Even worse, some credit card solicitations might be disguising an identity thief.

Solution: Open a Sunset Visa credit card in their name NOW. This EMV-chip enabled card offers a low fixed-rate, no annual fees and no matter where they go to college, they'll always enjoy the service of their local credit union.

3. Online books

Crooks know textbooks are a huge college expense. So they set up a site, offer great deals, collect your money, then deliver nothing.

Solution: Don't ever buy books, or anything else, online without first checking out reviews and otherwise validating the site and/or seller. Are they listed with the Better Business Bureau (BBB)? Do they have a physical address and phone

number? Do you know anyone who's used them before?

4. Risks on Wi-Fi

Unfortunately, public Wi-Fi subjects you to all manner of potential foul play.

Solution: Slow down hackers and ID thieves by using password protection and encryption software. Don't ever log on to banking or other sensitive sites when on public Wi-Fi. And it's not just your laptop that's at risk. Make sure you have the same protections on your smartphone.

While college students may be bombarded with many scams, most can be avoided by remembering three old-fashioned rules:

- If something seems too good to be true, it probably is.
- Don't part with personal information unless you're sure where it's going.
- The more someone needs money upfront, the greater the likelihood you're about to be robbed.

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Viva Village celebrates 15 years!

Mon., Sept. 25, 1:45-3:30 pm, Southminster Presbyterian Church, 2250 SW Denney Rd, Beaverton

Join us in celebrating 15 years of the Village Movement with Atul Gawande, renowned surgeon, public health researcher, writer, and author of the bestselling book, *Being Mortal*.

Live Videocast: The Value of Community and Choice as We Grow Older. Discussion and reception will follow. Presented by Beacon Hill Village; facilitated locally by Viva Village and River West Village. Admission \$5; free to Village members and volunteers. RSVP: VivaVillageOR@gmail.com or 503-746-5082.

For more Viva Village activities, read the News on the website at cedarmillnews.com

Dog rescue needs donations

Donate your new or gently used dog supplies to help the foster dogs at Match Made In Heaven Rescue. They need collars and leashes for all sizes of dogs, puppy pads, bedding (blankets, dog beds), toys, food and water dishes, crates, and food, but

will accept most dog items. Financial donations, which can be tax deductible, are very welcome, as well as volunteers who can help with medical/ ambulation assistance.

These dogs are rescued from high kill shelters and arrive to us with nothing, so donate now. Items can be used, but in good enough shape to go to the foster families, who often have no dog equipment or supplies. Email MatchMadeInHeavenRescue@gmail.com to arrange supply pick up. For more info about the group, visit Matchmadeinheaven.org.

"Everything but the Kitchen Sink" Skyline Grange

Fri., Oct. 6, 9 am-7 pm, Sat., Oct. 7, 9 am-5 pm, Skyline Grange Hall, 11275 NW Skyline Blvd (west of Newberry Rd or east of NW Cornelius Pass Rd)

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September 14: *I Have Too Much Stuff*

September 28: *Making Choices in Downsizing*

Lunch will be provided. No charge to attend, but seating is limited.
Call Adrien at 503-946-5427 to RSVP by the Thursday prior to the event.

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