



# Cedar Mill News

Volume 9, Issue 11

November 2011

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## Featured Business

### Kauai Island Grill

by Virginia Bruce

Authentic Hawaiian food and a warm, family feeling are the attractions for this tiny restaurant on Murray Road. It's a popular place for lunch for employees of the businesses along nearby Science Park Drive. It's also a favorite hangout for Auntie Lulu's Hawaiian "kids," who go to school and work in the area.

The history of Hawaiian people in Oregon goes way back to the



early 1800s when trading ships, crossing the Pacific between the west coast and Asia, often stopped in the islands to re-provision and do a little trading. They often took on crew members who decided to stay in the Oregon area. There was a "Kanaka" settlement just outside Fort Vancouver that included Hawaiians and Chinook people who worked as laborers for the Hudson's Bay Company.

But the history of this Hawaiian family in Cedar Mill only goes back about eight years. LuAnn Latorre's



When the place gets busy, like it was for the latest fundraising breakfast on October 30, the grill is the focus of activity. Elements of each dish are provided just in time for the grill cook by several helpers.

son and daughter had moved to the area previously. Cherisse had come to Vancouver to attend the International Air and Hospitality Academy. Her son Jason came over in 1999 when his uncle helped him get a job at Uwajimaya. LuAnn came to visit a couple of times, and began to hatch an idea.

"All I did all my life was cook," she says. She had been working for Marriott, preparing food for the airlines. But she was tired of the working environment. She and her husband Kimo, who also worked for Marriott in another division,

had been saving their money, and they decided the time was right for a big change.

She came home one day and said, "I've had enough,

we've got to go." Within a week they had made their plans and headed for Oregon. She wanted something that the whole family could do together. She found the present location, which had previously held The Chicken Stick, and opened the Kauai Island Grill.

Little has changed since the Grill opened its doors in October 2003. The extensive menu is the same, featuring Hawaiian plate lunch favorites like Loco Moco, a hand-formed beef patty grilled and served atop a scoop of sticky rice and topped with gravy. The most popular dish is their Chicken Teriyaki. It's a marinated chicken thigh, freshly grilled and sliced, coated in a thick homemade Teriyaki sauce and served with rice. On Friday and Saturday they make special items like pineapple upside down cake and poke, the marinated raw tuna that's becoming popular.

Many specialties are served with one scoop of rice and one scoop of "ono (very good)" Hawaiian

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### "Dumb crook" hits Bank of America

On October 21, at 4:11 pm, Washington County Sheriff's Deputies were called to the Bank of America, 12600 NW Cornell, for a reported robbery. A man had demanded and received money. There was no weapon used or implied. The bank employees said the man left on a bicycle. "Of course we were nervous," said Branch Manager Char Homgren. "It's always a frightening thing."

Sheriff's Deputies immediately converged on the area in an attempt to contain and locate the suspect. Sheriff's Deputy K9 "Hudson" and his handler began a K9 track. The dog located a bicycle and a jacket in a sandpile behind Cedar Mill

Lumber. Owner Ken Anderson said he had noticed the man crossing the yard, but wasn't concerned because people occasionally cut through their property.

From there, the dog led deputies toward the back of the Chiam restaurant where there is a cocktail lounge. Just after 5 pm, they found a man who matched the description of the suspect sitting at the bar having a beer and eating a meal.

Washington County Sheriff's Deputies began questioning the man,

who was identified as Ben Walter Hoopes, 53, from Wyoming. Witnesses identified Mr. Hoopes as the suspect and he was arrested without incident. He had the small amount

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Ben Walter Hoopes



This small stretch of Cornell Road, just east of the intersection with Saltzman, will finally get the asphalt path that will make it safe for pedestrians to walk to and from the town center. Work should be completed by the end of November.

One tree will be removed, and a new mature tree will be planted when the roadwork is done. The shoulder will be widened, the road re-stripped, and the existing retaining wall will be removed and replaced at the edge of the right-of-way.

Victoria Saager, Washington County LUT Public Information Officer notes that, "This project is being funded through the Minor Betterment Program, which is an allocation of our gas tax road and bridge maintenance money."

Slowly but surely, Cedar Mill is becoming a safer place to get around!

# Cedar Mill Business News

Do you have news or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at [info@cedarmillnews.com](mailto:info@cedarmillnews.com)

## Virtue of the Month: Forgiveness

"Forgiveness is overlooking mistakes and letting go of resentments. Forgiveness frees us from the needless pain of reliving hurt. Forgiveness doesn't make a wrong choice right; it brings the generosity of spirit to release it. It brings blessed opportunity for a clean start. Forgiveness opens the door of hope."

The Practice of Forgiveness: "I overlook mistakes. I free myself from pain and resentment. I am willing to heal the past. I find it in my heart to give others another chance. I use guilt only as a signal for change. I accept Divine redemption. I have the power to change for the better." – Linda Kavelin-Popov

Join the Virtues Connection Portland, Oregon Face Book page for inspiration and more information about local news of Virtues Project, or go to [virtuesconnection-portland.com](http://virtuesconnection-portland.com). This month, Virtues Connection made 100 greeting cards and love letters to seniors living at Holly Tree apartments and Laurel Park residents at their Virtues Camp reunion.

## Learn to Make Your Own Wreath

The holiday season approaches, and in gift-giving it is good to remember that the most meaningful gifts are not bought—they are made. A wreath, the form of a circle, has no beginning and no end; and the evergreens attached to it mean ever-alive. So the next time you see a wreath, you can look at it not only as a decoration, but as a symbol of something more.

To help you with your gift giving, local independent garden center Cornell Farm has invited

Robyn Pope, renowned West Coast garden designer and wreath designer for Smith & Hawken, Crate & Barrel, and Gardener's Eden, to host a workshop where she will lead you through the process of making exceptional holiday wreaths. The workshop will take place Nov. 26, noon-1:30 pm, at Cornell Farm, 8212 Barnes Rd.

The cost of the workshop is \$35, which will cover everything you need to make your first wreath. Reserve your space in this limited-size class by pre-registering by phone 503-292-9895 or in person. Or, to learn more about Robyn and her child-friendly garden designs, visit her website [robynpopegardens.com](http://robynpopegardens.com) or her blog [gardenrooms.typepad.com](http://gardenrooms.typepad.com).

## Pars Market Promotion

Pars Market now offers a free Gyro or Falafel sandwich with the purchase of 10 Gyros/Falafel. Get your card at your next visit and get it stamped each time you purchase a delicious sandwich. Your eleventh one will be free!

Pars Market is located at 12923 NW Cornell. Open Monday-Friday 9-7, Saturday 10-6.

## Game and Craft Night at Paladan

Paladan Elementary, Portland's only private elementary school for TAG students, is hosting a Community Game & Craft night Friday, Nov. 18 from 5-9 pm at their location in Bethany Village. This event is free and is open to all TAG students ages five to ten. Games will include chess, Scrabble, Dixit, Go, Chinese chess, Pentago, puzzles, crafts and Zome, and they will be serving pizza from Papa John's. Space is limited, so RSVP to (503) 645-3377. You can find more details at [www.paladanelementary.com](http://www.paladanelementary.com)

## Join World of Smiles in Community Giving

World of Smiles, Pediatric Dentistry is proud to be a part of the Oregon Mission of Mercy this year. The first event of its kind on the West Coast was held last November and drew in over 2,000

their unopened Halloween Loot for toys and prizes. All hard candies will be sent to the troops overseas through Operation Gratitude, so feel welcome to bring a card or letter to the troops as well as a candy contribution!

World of Smiles, Pediatric Dentistry is located at 11790 SW Barnes Rd, Suite 280, Portland OR 97225. Visit their website at [visit-worldofsmiles.com](http://visit-worldofsmiles.com)!

## Recycling with NW Organizing Solutions

November 15th is "America Recycles Day." This is a great reminder to think twice before dropping things in the trash. As you sort through your belongings and organize your home, you may find items that you no longer need or want. Keep an eye out for multiples or items that may be broken, outdated, or no longer serving a function. While reducing the amount of things in our homes, it is wonderful to know we have many disposal options available. It is easy to

share your cast-offs with someone else who can reuse or recycle. No longer do you have to trash even the most unusual things like old paint, miscellaneous lumber pieces, or worn out sneakers.

NW Organizing Solutions' professional organizer Beth Giles helps you find places that keep your unwanted items out of the landfill. Their website, [nworganizingsolutions.com](http://nworganizingsolutions.com) is a great resource to find local sites for donation or recycle. If you would like to organize your space or get additional disposal options for a particular item, contact Beth at 503-709-0791 or [beth@nworganizingsolutions.com](mailto:beth@nworganizingsolutions.com).

## Snap into Shape

This month, Snap Fitness in the West Union shopping center is offering 50% off your first month's membership fee. This applies to

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Joanne Hollister realized that many potential Cedar Mill area customers don't work in offices that get visited on her Mountain Man route. So she's setting up a "tent store" in the Miller Paint parking lot, on Murray just north of Cornell. Her son Dylan, and his friend Brian McKittrick, both juniors at Sunset High, will man the booth most Saturdays—weather permitting—to sell Mountain Man snacks (including all those great chocolates), fall baskets and mixed nut packs on Saturdays, 10-3 through December 17. They can also take orders for holiday gift shipping.

patients in need of immediate dental care. Thousands of donated dental supplies, and hundreds of volunteers came together to put on an amazing show of compassion to the surrounding community. The Oregon Dental Association and its partners are again asking volunteers to join the cause. While dentists, dental assistants, hygienists, and dental lab technicians are needed, community volunteers are needed as well to serve as patient escorts, help run registration, and provide translation services to those that will be waiting in line for over 24 hours for free dental care. Join World of Smiles on Nov. 21-22 at the Oregon Convention Center and prepare for your life to be changed!

In the meantime, don't forget to spread the word that their Annual Candy Exchange will be up and running November 1-7 at World of Smiles! Visit during regular business hours and kids can exchange

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## It's Bazaar Season!

### November 4-6: St. Pius X Bazaar

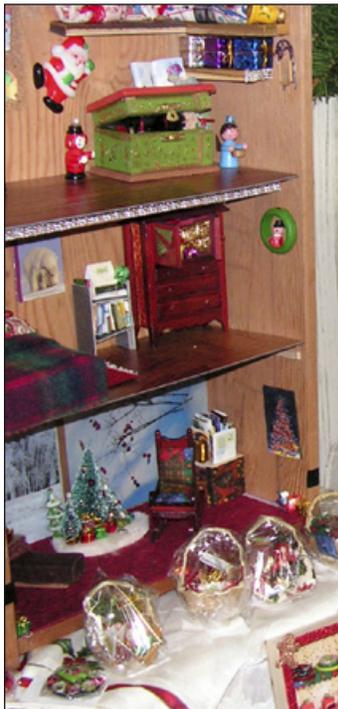
St. Pius X Women's Club is proud to announce their 51st annual Christmas and Holiday bazaar. The bazaar will feature over 50 local artists and artisans, the 'vintage corner,' a raffle, and a bake sale. The bazaar will run from Friday Nov. 4th (9 am-7 pm) through Saturday (9 am-7 pm) and Sunday (8am-2:30pm). There will be an early bird night on Thursday the 3rd, 6-9 pm (\$2 donation requested). Best of all, Santa will be visiting the St. Pius bazaar on Saturday from 1-2pm.

### November 12: Second Edition Holiday Event

On Saturday, November 12, 10-4 pm be sure to stop by Second Edition's Annual Holiday Open House of festive fashions and jewelry for all ages. It's going to be very special with household décor taking center stage beginning at 10 am and beautiful holiday clothing will roll out onto the library mezzanine at 1 pm. Delicious light refreshments will be served. Come find a great look for the holidays at an unbeatable price! Second Edition is an ongoing fundraiser for the Cedar Mill Library Association. Located at the east end of the library building. (503) 644-6395.

### November 25-27: Not Your Granny's Bazaar!

An amazing variety of art, craft, food clothing, and personal items will fill Leedy Grange Hall on Thanksgiving weekend. Friday afternoon hours are 3-8 pm. Saturday the doors open from 9 am to 4 pm; Sunday 11 am to 4 pm. Escape from the mall to find one-of-a-kind gifts and goodies to please everyone on your gift list, and feel good about supporting local artists and entrepreneurs,



Paula Surmann's "Eco-minis" will be available at Leedy's bazaar

preneurs, while also raising money for your local community center, the Grange Hall. Leedy Grange is located at 835 NW Saltzman, the tan building with the mural on the front! Plenty of free parking in the adjacent lot.

### November 8-December 24: Village Gallery

The Village Gallery Holiday Bazaar will run. New items will be added daily so be there opening day and return often to find hand-crafted arts and crafts including cards, jewelry, paintings, mixed media, fused glass, stained glass, sculpture, pottery, fiber arts, silk scarves, tree ornaments and other Christmas-related gifts. All items are made by local Portland artists.

The Gallery is open Tuesday-Saturday 10 am-4 pm, Sunday noon-4 pm, and closed on Mondays. It is located next to the Cedar Mill Library at 12305 NW Cornell Road.

### November 16: Sunset Athletic Club

On Wednesday, November 16, from 10 am-8 pm, Sunset Athletic Club will be hosting their eighth annual Holiday Art and Gift show and raising money and collecting food for the Oregon Food Bank. Find imaginative gifts handcrafted by local artists and see some artists demonstrate their talent, no charge. Canned food donations will gladly

be accepted for the Oregon Food Bank and a portion of sales will also be donated to the OFB.

You can find the Sunset Athletic Club across Cornell from Sunset High School at 13939 NW Cornell Road.

### November 25-27: Oregon College of Art and Craft

Why shop at a department store for your holiday gifts? Rather, take time to experience "alternative" holiday shopping at the annual Oregon College of Art and Craft (OCAC) Student and Alumni Holiday Sale. Avoid the chaos of the mall by choosing to support the local artists in your community. Beautifully designed and crafted ceramic

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# Gift Locally!

## Leedy Grange HOLIDAY BAZAAR

November 25-27  
Fri. 3-8 • Sat. 9-4 • Sun. 11-4

Leedy Grange Hall  
835 NW Saltzman, Portland 97229

[leedygrange.org](http://leedygrange.org)

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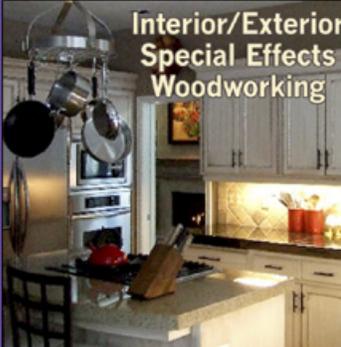
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## Board of Commissioners adopts changes to URMD services to include safety improvements

by James Trumper

The Urban Road Maintenance District (URMD) is a service district created by voters in 1994 that provides road maintenance, ditch cleaning and traffic calming services on local and neighborhood streets in the unincorporated areas of Washington County within the Urban Growth Boundary. Property owners in the district pay an annual property tax levy of \$0.2456 per \$1,000 of assessed value, which results in an annual revenue of \$3.5 million for the district.

The Washington County Board of County Commissioners (BCC) has recently approved modifications to the URMD ordinance to add “safety improvements” to the scope of services that the URMD provides. Until this point the scope of services has been limited to maintenance services. The road maintenance category includes slurry seal, overlay, pothole repair and crack seal. URMD currently spends approximately \$1.5 million on road maintenance with the remainder being allocated for vegetation management, the Neighborhood Streets Program, ditch & drain maintenance (provided by Clean Water Services) and administration.

*Why are safety improvements being added to the services that the district provides?* As most locals know, many of our local streets, and especially the more busy “neighborhood routes” like Leahy Road, McDaniel Road and 11th Avenue are not safe to travel on foot or by bike. Because of the priorities set in the Transportation Plan, the County does not have enough money from the primary road maintenance fund (derived from gas tax revenue) to improve these streets. Most of the roads that need safety improvements are within the URMD, so URMD is a logical choice for a revenue source. Before the URMD ordinance was changed by the BCC, URMD could not legally allocate budget towards capital projects (which is how safety improvements are classified).

*What are safety improvements?* Safety improvements include, but are not limited to, crosswalks, connecting sidewalk segments, improved signage, filling in ditches, and widening pavement to allow for safe passage for pedestrians and bi-

cycles. Many of these improvements are considered “interim measures” since full build out to meet current standards for sidewalks and bike lanes would be cost-prohibitive.

*What is PCI and why is it important?* PCI is the Pavement Condition Index. It is a number between 0 and 100 that indicates the quality of pavement for a road. A PCI of 100 represents a brand new road. Generally speaking a road starts to deteriorate rapidly when the PCI is below 65. The average PCI for roads in URMD is currently in the low 80s. This means that the URMD has been doing a good job of achieving the primary goal of road maintenance.

*How will safety improvements be paid for?* Safety improvements will not be paid for by an increase in the current tax levy. That would require a vote of property owners within the URMD. So this means that the money allocated for safety improvements will have to come out of the current annual budget for services. The approach being taken is to lower the target PCI to 75 and allocate the money saved toward safety improvements. The County Operations team has estimated that out of the \$1.5M currently spent on road maintenance, a minimum of \$250,000 is needed for the next three years, and \$500,000 for the following two years, to maintain the roads at the target PCI of 75. This excludes 2.8 miles of road that needs to be reconstructed at an approximate cost of \$750,000 to maintain the average PCI across the district at 75. Therefore, in theory, there is approximately \$5M available for safety improvements over the next five years.

*How much money will actually be allocated for safety improvements?* This is where the URMDAC comes in. URMDAC is the Urban Road Maintenance District Advisory Committee, which was formed as the result of an external audit of URMD in 2007. URMDAC members are citizens who reside in URMD. URMDAC’s primary purpose is to review URMD services, work with County Operations team to craft the annual work program, and make recommendations to the URMD board. This committee meets the third Wednesday of the month at 4:00 p.m. at the Washington County maintenance facility located at 1400 SW Walnut

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The committee is currently working on a recommendation for the budgetary allocation for safety improvements for the 2012 URMD program. Unless the committee decides to reduce services in areas that do not include road maintenance (e.g. vegetation management or the Neighborhood Streets program), the money for safety improvements will come out of the current \$1.5M annual allocation for road maintenance. A minimum of \$250,000 must be spent on road maintenance, primarily slurry seal and overlay, to maintain the PCI. This means that \$1.25M can theoretically be set aside for safety improvements and other needs such as reconstruction.

At the October meeting, URMDAC members considered the following allocations: \$250,000 for reconstruction, \$750,000 for road maintenance and \$500,000 for safety improvements. The committee will continue deliberations and make a final decision on the budget allocation recommendation at the November 16 URMDAC meeting. The recommendation will be forwarded to the BCC for approval.

## Selection Committee recommends projects

At its October 13 meeting, the Minor Betterment Program (MBP) Selection Committee successfully completed its task of recommending small-scale interim road improvement projects for funding in fiscal year 2012-2013. The five projects meet the committee's objectives of improving safety and connectivity, while achieving geographic diversity.

Four are urban and one is rural. They will benefit pedestrians, bicyclists, and motorists. One leverages maintenance work planned for next summer. And the total estimated cost is within the \$500,000 budget target.

The candidates selected by the committee are:

Pedestrian pathway on **Walker Road** from Roxbury to Cedar Hills Blvd (CPO 1)

Widening and a bike lane on **Barnes Road** from the county line to Leahy Road (CPO 1)

Pedestrian pathway on **Rock Creek Blvd** from 185th to Columbia (CPO 7)

Pedestrian pathway on **197th Avenue** from Rock Road to Baseline (CPO 6)

Road widening and turn lane on **River Road** at Rosedale in conjunc-

NOTE: members of the public are welcome to comment on the process and attend the URMDAC meetings as well as relevant Board meetings.

*If the board approves funding for safety improvements, which projects will be tackled?* URMDAC is also charged with recommending a list of safety improvements for the annual maintenance program. Current thinking is that the list will be derived from the prioritized list of Minor Betterment Projects (see article below).

More information about URMD and URMDAC can be found on the Washington County website at [co.washington.or.us/LUT/Divisions/Operations/Programs/urban-road-maintenance-district.cfm](http://co.washington.or.us/LUT/Divisions/Operations/Programs/urban-road-maintenance-district.cfm) (or simply Google "Washington County URMD"). To submit comments about URMD and the current process for allocating funds and deciding projects, please send email to [Stacia\\_Sheelar@co.washington.or.us](mailto:Stacia_Sheelar@co.washington.or.us)

About the author: James Trumper has been a resident of Cedar Mill since 1989 and is the current Chair of URMDAC. He can be reached by email at [james@trumper.us](mailto:james@trumper.us) or by phone at (503) 314 1818.

tion with planned paving project (CPO 10)

After review by Land Use & Transportation staff, the Minor Betterment projects recommended for funding will be included in the 2012-2013 Annual Road Maintenance Work Program presented to the Board of Commissioners for approval next June.

The committee established and applied evaluation criteria to identify the top 20 out of over 100 candidates for small-scale interim road improvements that address safety and/or connectivity issues. LUT staff provided information on each of the 20 projects to help the committee make its decision.

The MBP Selection Committee is comprised of county transportation staff and citizens representing the [Urban Road Advisory Committee](#), the [Rural Roads Advisory Committee](#), and the [Committee for Citizen Involvement](#).

The [Minor Betterment Program](#) is funded by the county's Road Fund ([gas taxes](#)). For more information on the MBP, visit [co.washington.or.us/LUT/Divisions/Operations/Programs/minor-betterments.cfm](http://co.washington.or.us/LUT/Divisions/Operations/Programs/minor-betterments.cfm)



## OCAC STUDENT & ALUMNI HOLIDAY SALE

November 25-27, 2011

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Library News and Events

**Adult programs**

by Dawn Anderson

The Cedar Mill Library has opportunities for adults to get together monthly to discuss scrapbooking, books, writing, poetry and films. Meetings are held in the library's upstairs meeting room and are coordinated by volunteers. Newcomers always welcome! Free.

**Scrapbook Club**

Next meeting: Sunday, 11/13, 2-4 pm. Work on your own projects as you socialize and learn from each other.

**Owl Book Group**

Next meeting: Friday, 11/18, 10:30 am. Join us for a great discussion. The book selection is *Our Lady of the Forest* by David Guterson.

**Writer's Mill**

Next meeting: Sunday, 11/20, 1-3 pm. Join this inspiring group of people who love to write.

**Voices in Verse**

Next meeting: Saturday, 11/26, 10:00 am. Everyone who loves poetry is invited to attend open mic poetry. Come and read or just listen.

**Film Club**

Next showing: Wednesday, 11/30, 6:30 pm. This month's feature is *The Colors of the Mountain*. (Columbia) All Film Club programs are free and open to the public. Selected films are not previewed and may contain objectionable material; therefore Film Club attendance is recommended for adults, aged 18 and over. Coffee, tea and popcorn are provided, and a lively discussion follows each film.

**Unplug the Christmas Machine workshop**

Looking to bring a spark back into the holidays? "Unplug the Christmas Machine" by Jo Robinson and Jean Staehel, gives some guidance in to bringing the magic back to your holidays.

The Cedar Mill Community Library, which has over 5,000 circulating Christmas-themed books, will host a workshop to 'Unplug the Christmas Machine' on Sunday, Dec 4 from 2:00-4:00PM. Becky Lovejoy will facilitate the event. Reserve your spot, or request an e-version of a nifty workbook that will inspire you to make some changes. To RSVP or get more information, contact: [SeabrookXmas@Comcast.net](mailto:SeabrookXmas@Comcast.net).

Sunset News

**Sports, Shakespeare, and giving**

by Nicole Nagel

As November arrives, fall sports seasons are ending. However, it's the most intense and exciting part of the season as playoffs have arrived. The varsity women's volleyball team hopes to make it to the "elite eight," following up two consecutive years of earning third place in the state championships. Although the team lost eight seniors, they are "still strong" this year, as their poster slogan puts it. The elite eight dukes it out at Century High School, Thursday November 10 through Saturday November 12.

With Sunset's men's soccer ranked first in the league, women's soccer second, men's water polo third, football third, men's cross-country third, and women's cross-country second, there are a lot of teams that should journey far into their state tournaments. This means there are numerous opportunities to get out, enjoy some exhilarating competition, and show your Apollo pride!

The Sunset drama department has been working diligently to deliver a spectacular performance, and their days before opening night are dwindling. Come enjoy the culmination of their efforts on one of the three production nights. Shakespeare's *Macbeth* will be performed on Thursday, Friday and Saturday November 17-19, with a 7:30 pm curtain. For students and seniors, tickets are \$7, or \$6 with ASB, and general admission is \$10. Tickets can be bought at the door or through [brownpapertickets.com](http://brownpapertickets.com). Don't miss out!

With the holiday season approaching, the largest clubs at Sunset—National Honor Society, Key Club, International Baccalaureate Advisory, Leadership, and Link Crew—are teaming up to run a school-wide winter charity drive focused around homeless teenagers. The drive will begin late November and will go into full steam during the month of December. Collections will likely include hygiene products, canned foods, socks, lip balm, and art supplies. Details will follow in the December issue, as plans will be more concrete. In the meantime, if you would like to make a donation, simply drop it off in Sunset's main office and say it's for the winter charity drive. All donations are greatly appreciated.

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# The Big Year

by Lauretta Young

Word around the birding community is that an upcoming movie release, *The Big Year*, will encourage more interest in bird watching. I'm skeptical, since it is about competitive people traveling all over the world in a rather "manic" way to find rare birds. Personally I prefer birding as a source of peace and wonder rather than a competitive sport.

However I meet people from all over the US and even the world that come to this area to bird, so I know that there are many ways to enjoy this hobby. I recently took out a woman from Little Rock who was here for a conference. She always arrives a day before a conference to see the local sites and to go on



A Fox Sparrow in Cedar Mill. Photo © 2011 by Jeff Young

a guided bird watching trip. So we went to Pittock Mansion, to Fernhill wetlands and to my back yard in Cedar Mill! She said she greatly enjoyed seeing our backyard birds. This was from a woman who has gone to 47 countries to watch birds, has a very long "life list," and travels in the US extensively on business. So our area in fact is "very birdy."

Her goal was to see 100 bird varieties in each state in the US. We made it to about 89 that day—it was a rather slow day for migratory birds. On some other day getting to 100 in a day would take some movement to different habitats, such as water areas compared to forested areas, but is very possible.

She saw the most birds in my back yard. This time of year, the bird life turns over from the summer residents to the winter ones. Some birds pass through, but most of them are coming from the north to stay for the winter. Others, like

our Rufous hummingbirds, left in mid September for places further south to rest and feed before coming back here in the spring to breed.

Some of my biggest finds this fall have been in the sparrow category. Most people think of sparrows as little brown non-descript birds that lurk around under bushes. True, but there's a lot of variety if one really watches them.

As I was cleaning out some garden foliage I noticed a small brown bird digging vigorously with both feet. This bird was kind of jumping up and down while digging, which most of our typical sparrows don't do. I looked more closely and it was a Fox Sparrow—much darker with some reddish coloring on the tail feathers and definitely very streaked. The odd behavior was my clue to look more closely.

Often migratory flocks of sparrows include several different types. Our Golden Crowned Sparrows are returning for the winter. Their rather plaintive, sad calls can be heard around my yard now. I can see flashes of their very golden head coloration—more so on older birds than on the newly hatched. White Crowned Sparrows also tend to show up at this time of year on their way south, while some stay the winter.

Very rarely we get other sparrows for a day or two. I had a White throated one in my yard for about two hours—not long enough for my husband to get a picture so it's just in my own memory! Similarly a Lincoln's sparrow hung out in our yard for a few days to feed before continuing on his journey to the south.

So however you like to observe birds is great. Make long lists, travel extensively, or sit in your living room looking out while knitting—any approach can take you on a pleasant journey away from daily cares. Who knows, maybe you can see 100 birds in one day!

Lauretta Young is a retired psychiatrist who now teaches at PSU and OHSU and leads private bird watching tours in Cedar Mill and beyond. Her web site is

[portlandbirdwatching.com](http://portlandbirdwatching.com). Her husband's photos can be found on [flickr/photos/youngbirders.com](http://flickr/photos/youngbirders.com)

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*Robbery, continued from page 1*  
 of cash stolen from the bank in his possession.

Investigators contacted the FBI to assist with the investigation, because they always get involved in bank robberies. The Washington County Sheriff's Office Forensic Science Unit responded to assist in discovering, collecting, and processing evidence. An employee of Bob Stirling's State Farm Insurance agency, located behind Chiam, said they searched the back of her pickup truck while looking for evidence.

Hoopoes was turned over to the FBI who lodged him in the Multnomah County Jail on various charges.

### January Series returns to Oak Hills church

Calvin College, a midsized liberal arts college in Grand Rapids, Michigan, holds a lecture series each January featuring thought-provoking speakers from a wide range of disciplines and accomplishments. Once again, the series will be brought live to remote locations around the country through the internet, including the Oak Hills Community Church.

This year's lineup of speakers includes journalist David Gergen discussing the 2012 elections; farmer Joel Salatin, whose sustainable practices were made famous in Michael Pollan's book *The Omnivore's Dilemma*; and Broadway singing star Deborah Lew who will return to her alma mater to share stories and songs from her career.

The 15 programs will air at 9:30 am, starting on January 4 and continuing weekdays through January 24. Admission is free and refreshments are served. Remote audience attendees can send questions directly to the speaker via an on-site Internet station. The church nursery is available by request. For more information on the series, visit [calvin.edu/january](http://calvin.edu/january).

*Bazaars, continued from page 3*  
 pieces, jewelry, hand woven items, greeting cards, and more made by students and alumni will be available for purchase. All proceeds from the sale benefit the individual students and the College's scholarship fund.

Enjoy holiday treats, warm beverages and a festive atmosphere as you take advantage of a special pre-event in the OCAC Retail Craft Gallery (Friday, Nov. 25, 5-7pm). All guests receive 10% off their total Craft Gallery purchase and a raffle ticket for the chance to win a certificate for a Hands On Café Sunday Brunch, an original piece of artwork, or free tuition to a weekend workshop. If you are already a member of OCAC you will receive an additional 10% at the Friday pre-sale event. Admission is \$3 for the Friday event only, and is free to the public on Saturday (Nov. 26, 10 am-6 pm) and Sunday (Nov. 27, 10 am-4 pm).

The weekend sale takes place on the OCAC campus, located at 8245 SW Barnes Road in Portland. Please call 503.297.5544 for more information or visit [www.ocac.edu](http://www.ocac.edu).

### December 2-3: Oak Hills Bazaar

Friday and Saturday, December 2 and 3 from 10 am to 5 pm at the Oak Hills Rec Center. A wide variety of unique, hand-made items will be available for your holiday shopping to give as gifts or to deck out your home for the holidays.

### Surviving The Holidays

Sunset Presbyterian Church is again offering programs for men and women who are experiencing, or have recently experienced the trauma of divorce. This is a very difficult time in life and there is no need to travel this journey alone. Meet with leaders and other class members who have also experienced what you have been going through. Share if you like or just watch the videos and hear what others are experiencing.

Surviving The Holidays is a one evening program that includes a 30-minute video with practical tips for dealing with divorce and family dynamics during this time which is supposed to be joyful, but is often filled with stress and changes to family traditions.

Surviving the Holidays will be held at Sunset Presbyterian Church, 14986 NW Cornell Rd, on Tuesday, November 8, from 6:30-8:30 pm, in the Fireside Room. Follow the signs to the West Entry. Registration is \$15/person.

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## Give Locally

by Bruce Bartlett

As you consider including the less fortunate in your holiday plans, we'd like to highlight three very-local charitable organizations that do great work for people in need right here. The Cedar Mill Business Association's November meeting will feature representatives of each of these organizations. Anyone interested in business in Cedar Mill is welcome to attend on Tuesday, November 8, 11:45-1 in the chapel of the Cedar Mill Bible Church.

Additionally, we'll be collecting winter outerwear for all ages for all three groups at the next two Leedy Grange Flea Market events, November 5 and December 3, 10-4 at the Grange Hall, 835 NW Saltzman. We'll also welcome donations of non-perishable food and items like new socks/underwear, toilet paper, toothbrushes/tooth paste and diapers for Sunshine Pantry, and new towels and washcloths and new toiletry items for DVRC at the Flea Markets. Ask at the door about where to put your donated items.

### Sunshine Pantry

One does not get to ignore the reality of unmet needs for food and basic essentials in our community while talking with Sharon Straus, founder of The Sunshine Pantry ([sunshinepantry.org](http://sunshinepantry.org)). The mission of the Sunshine Pantry is to help those in need make it through difficult times, and Sharon is emphatic that "no child should go to bed hungry." Sharon visited the November meeting of Citizen Participation Organization #1 and shared her organization's mission, and challenges, with us. No one is turned away: children, the unemployed, the working poor, single moms, seniors on fixed incomes, as well as community institutions, all are helped by Sunshine Pantry. No documentation is required, nor are there any other barriers to receive assistance: Sharon says to just bring an empty box and a smile. After telling us of the impact that a new pair of socks had on a high school student who had no regular house to sleep in, there were few dry eyes in the crowd. (Visualize a teenage boy rejoicing over new white socks.)

The Sunshine Pantry is an independent family-run nonprofit food pantry in Beaverton. For more than 25 years the Sunshine Pantry has gathered food, clothing, household items, toys and toiletries to

distribute to families in need. What started out as a Cub Scout canned food drive in her garage with her oldest son, now supplies necessities to over 500 families per month from a small, secured warehouse in Beaverton. Most of the food comes from local stores that donate excess or outdated items, and from Fork It Over, Metro's food donation program to reduce hunger and waste in the Portland area.

In an average month, about 260,000 people in Oregon and SW Washington eat meals from emergency food boxes. 86,000 of them are children. The Sunshine Pantry serves between 50-75 families each day with activity ramping up during the coming holidays.

Sharon shared that she has never seen as many children living in cars. The prevailing scenario among this population is: sleep in the car, clean up in a restroom at a convenience store, then stop by the Sunshine Pantry for something to eat before going to school.

### BSD Homeless program

The number of Oregon students in unstable, insecure housing situations (homeless) continued an uphill climb to 20,545 statewide during the past school year, yet another harsh reminder of our economic miseries. Since the Oregon Department of Education first began the annual homeless count during the 2003-04 school year, the number has more than doubled, and represents an increase of about 1,500 students from the previous year.

Lisa Mentasana, the Beaverton School District (BSD) homeless liaison, said the overall upward trend is far from surprising: "It just feels like people have exhausted every possible resource." Beaverton's total student homeless count, 1,584, again surpassed the official count at Portland Public Schools, which enrolls approximately 7,000 more students. Both counts, however, are likely under the real totals.

The BSD has forged a partnership with the City of Beaverton and the Ecumenical Ministries of Oregon to pair homeless high school students with host families. In collaboration with Ecumenical Ministries' Shared Housing program and the Luis Palau Association, the district's Homeless Liaison office is seeking at least 20 homes willing to take in students who are couch surfing or living in shelters or transitional housing. This work

is coordinated by the Title X Social Support office. More information at 503-591-4462. See [www.oregonlive.com/education/index.ssf/2011/09/oregons\\_homeless\\_student\\_popul.html](http://www.oregonlive.com/education/index.ssf/2011/09/oregons_homeless_student_popul.html)

The Cedar Mill Business Association donates \$1000 annually to the program to fund the Birthday Club, which provides a greeting card and a gift card to Sunset homeless students—in many cases it's the only gift these kids get, and they really enjoy it.

### Domestic Violence Resource Center

Unfortunately, as the stresses of our economic collapse increase, so does the violence within families. Domestic violence affects everyone. One in four women has experienced violence in intimate relationships; nationwide three women are killed by their partners every day. Seventy-four percent of Americans know a victim of domestic violence. Domestic abuse yearly costs almost \$6 billion in health care, lost productivity, lost earnings, property loss. The cost of criminal and justice services, and victims' pain and suffering is incalculable.

The Washington County Domestic Violence Resource Center (DVRC, [dvrc-or.org](http://dvrc-or.org)) deals with the results of this violence every day with the myriad services they provide. First established in 1977, the DVRC remains the County's sole provider of prevention, intervention

and empowerment services specifically designed for victims and survivors of domestic violence.

A round-the-clock crisis line provides a lifeline to those in crisis (503-469-8620 or toll free 1-866-469-8600). The DVRC runs Monika's House Shelter, Washington County's only domestic violence shelter, providing emergency accommodation and other services for adults and children escaping imminent physical danger in family violence situations. It is a 27-bed facility (5 family units, 2 singles rooms) in a safe, confidential location, built with the help of Community Development Block Grant funds in 1999. Named after Monika Voits, murdered by her husband in 1999, it provides a new beginning for victims of all ages.

Consider donating funds to any or all of these agencies as you plan your holiday giving. While items are useful, and very much appreciated, each agency struggles to stay ahead of the great need, and money is key to each of them.

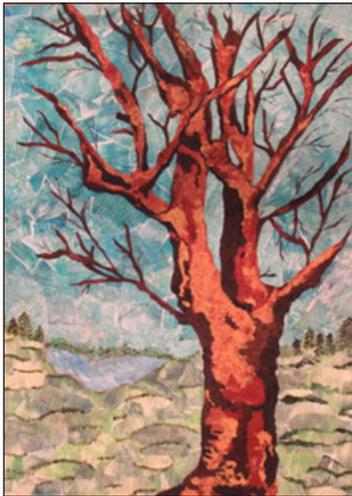
### Almost Time for Traction Tires

Visit the Oregon Department of Transportation website, [http://www.oregon.gov/ODOT/COMM/CRO/answer\\_team.shtml](http://www.oregon.gov/ODOT/COMM/CRO/answer_team.shtml), for information about which types of chains/traction tires are legal in Oregon, and when to put them on your vehicle.

*Business News, continued from page 2*  
single, joint and family member-  
ships. Prospective members can get  
to know Snap Fitness by visiting  
[snapfitness.com/westunion](http://snapfitness.com/westunion).

### Village Gallery News

November's featured artist  
is Bonnie Tucker. Her bold and  
vibrant collage art is textured using  
layers of hand painted papers, acrylic  
paint and found objects. Having been  
totally deaf since in-



fancy, Ms. Tucker's world is focused  
on sight and feeling. The intensity  
of that sight and feeling has led to  
the celebration of visual and

tactile effects that is so forcefully  
expressed in her work.

Youth classes (ages 7-12) for  
the month of November include  
a general children's art class with  
Terri Gonzalez and a book-making  
class with Sarah Fagan. Adult  
classes include acrylic painting  
with instructor Kristi Roberts, glass  
lamp-making with Veronica Lake,  
book-making with Patti Isaacs, wa-  
termedia with Liz Walker, drawing  
with Sofia Chimaras, and water-  
colors with Emma Achleithner and  
Chris Keylock.

The Gallery is open Tuesday-Satur-  
day 10-4 pm, Sunday noon-4 pm, and  
closed on Mondays. It is located next  
to the Cedar Mill Library at 12305  
NW Cornell Road. Call 503-644-8001  
or visit their website, [villagegallery-  
arts.org](http://villagegallery-arts.org), for additional information  
regarding the gallery, membership,  
classes, and special events.

### SeguraCash turns an ATM into a time- release safe

Peregrin Financial Technologies,  
headquartered in Cedar Mill, has  
announced it's latest innovation in  
cash logistics. Merchants who need  
fast and controlled access to cash  
for CODs, lottery payouts or any  
other reason, can now use the ATM  
machine already at their location,

along with a Peregrin-provided  
mag-stripe card, to get cash without  
incurring bank charges.

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Columbus Data Services, the lead-  
ing provider of ATM processing,  
to offer this new service. With a  
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transaction can be monitored by  
management in real time via a  
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time-release safe relieves employees  
of the time-consuming and error-  
prone task of loading tubes with  
cash, and provides more accurate  
withdrawals by offering amounts in  
\$20 increments.

For more information, contact  
Peregrin at 503-690-1111 or visit  
their website, [peregrin.net](http://peregrin.net).

### Bales donates to 9/11 Memorial

Bales' bookkeeper, Joanne, used  
to live in New York City, and want-  
ed to do something this September  
to help with the 9/11 Memorial.  
Manager Vince Lucibello agreed,  
and they scheduled a barbecue for  
September 10. Assistant man-  
ager Dave Best, Vince, and Joanne  
manned the grill on what turned  
out to be one of the hottest days of  
the year so they weren't able to raise  
much money. Then they offered

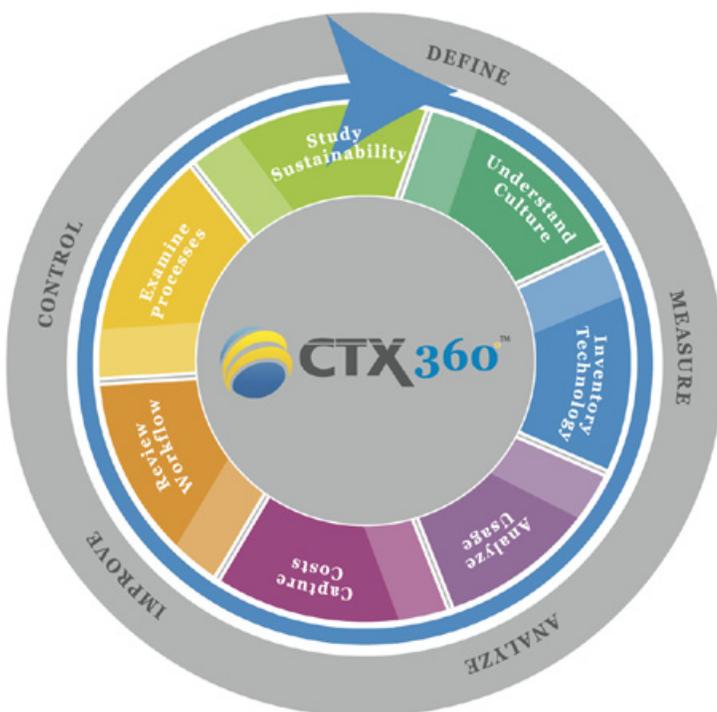


employees a deal—donate \$2 for  
each day the employee wore jeans  
to work. The money raised from  
that, plus tips donated by Starbucks  
employees, allowed them to raise  
\$1000 to sponsor a paver in the  
Memorial Plaza. Joanne holds the  
plaque they received from the fund.

### Need mailing help?

The work experience program  
"Transitions" at Sunset High  
School is looking for mailing  
jobs to complete. If you have a  
large mailing job that you need  
assembled, please call Liz Baer, 503-  
259-5063 at Sunset High School to  
discuss the details.

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*Kauai Island Grill, cont. from page 1*  
macaroni salad. Auntie Lulu's is the best I've ever had—it's truly crave-worthy, and I don't even like macaroni salad in general! This is not a place to come if you're on a strict diet, but it's a lovely treat, and the large portions can be shared, or taken home for another lunch!

They import some of the Hawaiian ingredients directly, including Saimin noodles from Kauai, and taro and poi. "The air freight costs more than the food in most cases," LuAnn says, "but it's worth it because it's what people want. We're not out to soak our customers, we keep our prices low so the kids can afford to



LuAnn and her son offer the Hawaiian "shaka" hand-sign greeting

come and get their favorite foods. They get homesick, and they come here not just to get the food, but to share stories and have a fun time."

In August, LuAnn began feeling unusual fatigue. Her husband had taken a part-time job that gave them health insurance coverage to help with treatment for the ovarian and uterine cancer that was discovered, but the 20% co-pay was still a huge expense. LuAnn's daughter began to organize Hawaiian Breakfast fundraisers to raise money to cover those

costs. Customers flock from all over to enjoy Portuguese sausage, spam, smoked meat and eggs and to help their Auntie Lulu. If you can't make it to a breakfast fundraiser, an account has been set up at Wells Fargo bank for donations—specify that it's for "Aunty Lulu at Kauai Island Grill." The next breakfast is Sunday, November 20, so come check it out from 8 am to noon.

She's been getting monthly chemo treatments since the surgery, and occasionally the restaurant has

been closed because she needs the support of her family, to drive her to and from the treatments at the NW Cancer Research Institute near St. Vincent's, and to care for her when she's weak from the chemo. She

advises people to call ahead to make sure they're open—503-643-4820.

Her daughter works full-time at the restaurant, and her son and husband work there part-time when they can. Her son's eight-year-old boy is a "restaurant baby" having grown up there. LuAnn arrives about an hour and a half before the restaurant opens to begin cooking. Everything is made from scratch. Marinating the chicken, making the sauces and simmering the slow-cooked meats for eight to ten

the members of the committee to serve three-year terms.

Those interested in applying must live in the zone they would like to represent, be a qualified voter of the District, have lived in the District for one year and cannot be a District employee. To be included in the candidacy, submit a letter of interest, a resume or both by November 30 to Beaverton School District, Communications & Community Involvement Department 16550 S.W. Merlo Road Beaverton, OR 97006, or by email to [community\\_involvement@beaverton.k12.or.us](mailto:community_involvement@beaverton.k12.or.us).



The Moke Meat Plate, one of the mixed plates that are LuAnn's favorites, with smoked meat, sausage, spam and eggs atop a bed of rice.

hours is all a labor of love for her. "My cooking is a mirror of my soul. I'm so grateful that people come here. My house has always been the one with a dozen kids around all the time. We have a cookout every weekend. I'm just glad to share my food with the community."

Word-of-mouth has brought customers from as far away as Utah and California. Intel workers attending training at the Hillsboro campuses take the word back to their associates. It's also a popular lunch spot for Columbia and ESI employees. Everything is prepared for takeout, but if you can find space at the counter or one of the two tables (or the two more outside when it's dry), it's fun to experience the family banter and the warmth when regulars show up and share their lives with the Latorres.

The Kauai Island Grill is located at 811 NW Murray Blvd, next to Plaid Pantry. (Because of the median strip on Murray, to get there from the south you need to turn on Science Park and enter via the driveway next to Key Bank.) Normal hours are 11-7 Tuesday-Saturday, but call ahead to make sure they're open: 503-643-4820.

## Holiday flower arranging at the Garden Club

Just in time for the holiday season, the Cedar Mill Garden Club will hold its annual hands-on flower arranging meeting November 16th at 11:30 am. Attendees will first watch a demonstration by Marion Buckman, flower arranger and flower show judge, who will demonstrate the incorporation of fruit and natural materials into an arrangement. The group will then will create their own Holiday arrangement.

## CMBC offers Tuesday evening meals

Members of the Cedar Mill Bible Church wanted to do something to help people in the Cedar Mill community who find themselves struggling to meet their basic physical needs from week to week. They formed a non-profit called The Jesus Table to provide a hot, nourishing and free meal to anyone who is hungry and would like a meal with an opportunity to connect with others, and have a sense of community.

A leadership team runs the overall planning and operations, but meal service will be staffed each week completely by volunteers. Anyone high school age and above with a heart for serving is welcome and encouraged to come and help.

A one-time grant from the City of Beaverton's Social Services grant program provided the initial seed-money. Daren Connor, a member of the leadership group, says, "On a regular basis we acquire food at reduced cost from local non-profit agencies. We're also collaborating with nearby grocery stores for food donations. To cover on-going expenses, we ask for a suggested donation of \$5 per volunteer."

Washington County required some upgrades to the CMBC kitchen facilities before they would permit food service to the public, so the church stepped up with the funding, and the remodeling is nearly done. They're planning to be ready in time for the first scheduled meal in mid December, 6-7 pm at the church, 12208 NW Cornell Rd.

Following the meal, from 7-9 pm, Cedar Mill Bible Church hosts "Celebrate Recovery," which is a Christ-centered healing and spiritual growth model for people suffering from hurts, habits and hang-ups. Like The Jesus Table, Celebrate Recovery is open to anyone in the community who's interested.

For any questions, including how to volunteer or donate to The Jesus Table, email [thejesustable@gmail.com](mailto:thejesustable@gmail.com). Additional information about The Jesus Table can be found on the Cedar Mill Bible Church web site, [www.cmbc.org](http://www.cmbc.org).

Meetings are at the Beaverton Community Center, 12350 S.W. 5th across from the Beaverton City Library on Hall Blvd. All are welcome. Contact Barbara Cushman at 503-649-7741 or visit [thecedarmill-gardenclub.com](http://thecedarmill-gardenclub.com) for more information on this event or about the Club.

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