



FREE

# Cedar Mill News

Volume 16, Issue 11

November 2018



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## Road News

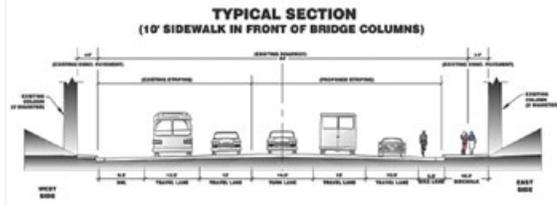
### “Offramp from hell”—the salvation begins!

A project to install a traffic signal at the offramp from U.S. 26/ Sunset Highway eastbound onto Cedar Hills Boulevard is moving forward, and construction is

and relieve congestion. Washington County Department of Land Use & Transportation will manage the project.

A timeline of recent events:

- September 19: Bids were opened.
- October 2: The Board approved a bid from Kerr Contractors in



expected to start in November.

The project, a partnership between the Oregon Department of Transportation (ODOT), city of Beaverton, Washington County and private developer J. Peterkort and Company, will improve safety

the amount of \$1.6 million.

Mid November: Construction is expected to begin.

January 30, 2019: Sidewalks and ramp widening is expected to be complete.

Continued on page 6

## Milltown update

Demolition of the old center will begin in early December. The first activity will be asbestos removal.

The Laundromat will be moving to the space currently occupied by the dry cleaner in the Bales complex. Brian Bones, Laundromat owner, says, “We take possession of the space in January, and we’re going to install all-new equipment. We’re planning to open for business in March.”

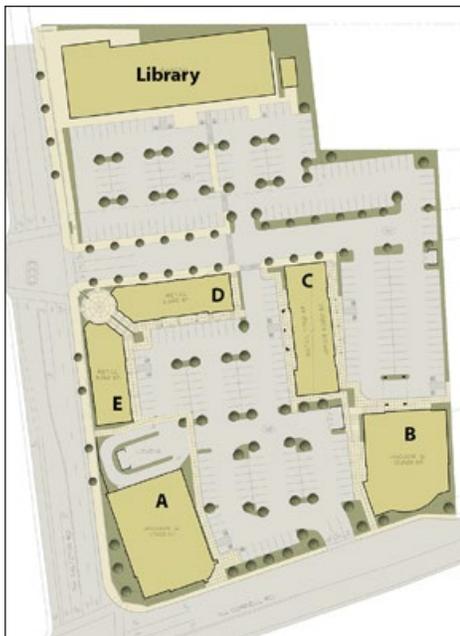
Access to the library will be maintained, although there may be changes in the access patterns.

The Cedar Mill News office has moved to my home. I’d still love to find a little office space in town, though.

The panels and other display furniture from the Cedar Mill History Museum are being stored temporarily in a space provided by the Cedar Mill Bible Church. We’re hoping to find a new location next year.

We’ll keep you informed about the demolition and construction activity that will affect traffic.

Completion of the new shopping center is anticipated for late summer or fall 2019.



A large retail tenant and a fitness center will anchor the new center. Retail, offices, and restaurants will occupy the remaining spaces.

## Development roundup

### Hotel and more retail for Timberland

OTAK is submitting plans to Beaverton for the final commercial property in the Timberland com-

No tenants have been announced for those facilities.

Comments from the neighbors included concerns about the two entrances planned for 117th Loop, which is already a narrow road. The main entrance is planned to be on Cedar Falls Drive. Developers need to provide at least two access points, but may be able to consolidate the 117th Loop entrances into one.

Questions were also posed regarding the trees and open space near the wetland. That space will remain open with some anticipated landscaping. They hope to retain many of the trees.

Most of the neighbors agreed that a hotel would be a good addition to the community. Developers assured the group that they would be sensitive to noise and lighting that might affect nearby residents.

As always, plans can change once the development is presented to the city. We’ll bring you updates as they are available.



plex. They presented their plans in a neighborhood meeting in mid-October, attended by many neighbors in the Timberland housing units, and others.

The plan calls for an 89-room Hilton Home2 hotel located on the northwest of the lot, adjacent to 118th. Two additional buildings are planned as retail/office/restaurant.

### Peterkort to add parking adjacent to Transit Center

The undersized lot at the Sunset Transit Center (STC) has increasingly stymied people wanting to park their cars and ride MAX. Now the Peterkort Company is planning to provide at least a temporary solution, by constructing a surface parking lot with about 250 spaces. They expect to submit their plans to Beaverton in a few weeks.

They presented the plan at a meeting on November 7. Kevin Apperson, David Evans & Associates, explained that the preferred access to the new lot would be via the existing road to the station. That would require TriMet to agree to shared access. An alternate approach could be a road leading directly from Barnes, near where the existing driveway is. The developers

suggested that letters of support to TriMet for the shared access would be helpful.

Peterkort’s development consultant, Scott Eaton, said that part of the reason for building the lot was to explore the parking needs for the eventual development of the Planned Development near the station. “We need to think about how much parking we will need before we develop the retail segments,” he said. He said that they expect many of the residents of the eventual development may not even have cars.

Pam Treece, Washington County Commissioner-elect for our area, also attended. She mentioned that the number one issue she heard during her campaign was transit.

Continued on page 8

# Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at [info@cedarmillnews.com](mailto:info@cedarmillnews.com)

## Bales Marketplace welcomes a new Store Manager

Deja Ryan joined the team on October 2. Previously she was the



Assistant Manager at New Seasons Market at Progress Ridge. She replaces Tom Evans, who has managed the store for several years.

Her favorite thing about Bales so far? "The staff here is amazing! Many of them have been here for a very long time, and they're helping me understand how the store works and what our customers want."

Her goals are to continue to build a strong store to meet the needs of the community, to focus on improving customer service, to support local food suppliers, and to continue and build on the events that are so popular with shoppers. "We are looking for more ways to make the store a pleasant place for people to visit," she adds. She invites our readers to let her know about what they'd like to find.

Bales has been recruiting for new staff to cover increased sales

during the holidays. Want to join the team?

### Pharmaca news and events

## Winter Spa Day

Saturday, November 10, 12-6, Pharmaca, 240 NW Lost Springs Terrace, free

Enjoy a mini-facial and personalized skin care consultation. Call to reserve your spot for the mini-facial. Save 20% on your beauty purchase, including facial care, makeup, hair and nail care. Take home product samples and great gifts with purchase from Seed Phytonutrients and Jane Iredale. Limitations apply. See store for details. Mini-facials require a \$10 reservation fee, and you receive a \$10 off coupon valid on event day. Contact Patrick Healey for more info at (503) 596-3552

## Juice Beauty

Friday, December 21, 12-6, Pharmaca, free

Join us for pampering mini-facial featuring Juice Beauty. Receive a custom skin consultation and a treatment plan tailored to your skin type. Sign-up required to reserve your spot. Mini-facials require a \$10 service fee, and you receive a \$10 off coupon valid on event day. Contact Patrick Healey for more info at (503) 596-3552

## Western Oregon Dispensary opening soon

The Cedar Mill branch of [West-ern Oregon Dispensary](#) has received notice from the Oregon Liquor Control Commission (OLCC) that their license is approved. They hope to open around December 1.

The company has a medical-only dispensary in Sherwood, and a recreational dispensary in Newberg. The Cedar Mill location will carry recreational cannabis products and supplies. The company has a subsidiary, Western Oregon Botanicals, that grows and processes much of the product that they sell.

The store is located at the southeast corner of Cornell Road and Dale Ave. Parking is in the lot just south of the building.

## Touchmark events open to the public

The public is invited to the following events at Touchmark in the West Hills. There is no charge

for any of these events, but seating may be limited. To RSVP, call 503-954-1640. Touchmark is located at 840 SW Touchmark Way, adjacent to Southwest Barnes and Leahy roads.

### Embracing Gratitude as Ritual — Mindfulness Practice

Friday, November 2, 4 pm, free  
Join wellness experts Yasodha Gopal, M.D., and Kate Donchi, M.S., for this mindfulness practice heading into the Thanksgiving season. Learn how best to bring gratitude into your own life, hear about tools for living in the moment and find how gratitude can give you greater satisfaction, joy and resilience. Refreshments will be served.

### Linking Autonomous Vehicles and Veteran's Day

Monday, November 12, 11 am, free  
Gordon Hoffman, Managing Director at Northwest Technology Ventures, shares his family's history in World War I and World War II and how it is woven into his career in the advancement of autonomous vehicles and the technology behind them. Join Touchmark for lunch and learn about this fascinating connection.

### Cedar Mill History Club

Thursday, November 15, 2-4 pm, free  
Touchmark is hosting the November meeting of the Cedar Mill History Club. This is a great opportunity to meet new neighbors and visit with longtime friends and share memories of Cedar Mill.

### Wine Down Wednesday with the Oregon Zoo

Wednesday, November 28, 4 pm, free  
Bullets, treadmills and the power of a good banana: Are we gaining ground in the battle to save endangered species? Are today's zoos making a difference? Learn about the Oregon Zoo's successes and where it will focus efforts in the coming years. Oregon Zoo Director and conservation biologist Don Moore, Ph.D., will share stories of three of the zoo's very different approaches to saving endangered species using tools uniquely available to zoos.

## Village Gallery of Arts

Village Gallery is a non-profit educational art gallery in operation since 1963, located at 12505 NW Cornell, next to the Cedar Mill Library. Regular hours are Monday-Saturday 10-4; Sunday 12-4

### November Show: Home Fires Reception Sunday, November 11, 2-4, free.

Join us for refreshments and enjoy meeting our talented Featured Artist. November and December will be the perfect time to visit the



painting by Kalyani Pattani

Village Gallery of Arts to find the most beautiful and creative Holiday gifts and ornaments!

Featured Artist: Kalyani Pattani. Kalyani says her artwork is a way to interpret her inspiration and transform her thoughts and ideas to art on canvas, paper, or in clay sculptures. Nature's forms and shapes inspire and influence her artwork and she is fascinated with bright colors and textures.

Congratulations to our October Award Show winners! 1st Prize, Leslie Dugas, "Jamie;" 2nd Prize, Vanaja Mulagada, "Sheep in the Evening;" 3rd Prize, Jung S. Pak, "London Bridge;" Special awards went to: Best use of Seasonal Color and Repetition of Design Elements, Jo Reimer, "Urban Sunset;" Humorous Point of View, Sherry Hanson, "Mr. Rat;" Best Communication of Mood via Brushstrokes & Lighting, Emily Stevens, "Anastasia."

### Fall & winter classes:

Please see our website for information on our complete class

*Continued on page 11*

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**Sunset High news and events**

compiled by Auveen Hajar, student intern

**Apollos Unplugged**

Thursday, November 1, 6-8:30 pm, A-Wing of Sunset High School

Come enjoy what students describe as "the premier musical event of the century!" Apollos Unplugged is a show put on by students at Sunset where students and teachers work together to create fun and entertaining musical performances. Performers range from students in choir and band classes to students and teachers who have prepared music!

**Apollos Unplugged For Charity**

Friday, December 7, 7-8:30 pm, Sunset High School

**It's a Wonderful Life!**

Friday and Saturday, November 9, 10, 16, and 17, 7:30-9 pm, Auditorium at Sunset High School

Students from Sunset's theatre program perform in the dramatic-comedy, "It's a Wonderful Life," the story of George Bailey, a depressed man, and Clarence Obody, a guardian angel sent from heaven to help him.

General Admission is \$10 for Adults and \$8 for Seniors/Students/Youth. Don't miss it! More information and tickets available on the [SHS Theatre website](#).

**Winter Band Concert**

Wednesday, December 5, 7-8:30 pm, Auditorium at Sunset High School

**Washington County Forum**

Mondays, September-June, opens at 11:30, programs begin at noon, Coyote Bar &amp; Grill, 5301 W Baseline Rd, free

The forum meets every Monday (except holidays). Lunch is available to order from the menu. Following the speaker, Forum members may ask questions.

November 19

Dr. James Moore from Pacific University will be discussing: What really happened in the election?

November 26

TBA

December 3

Rev. John Shuck, Pastor (Southminster Presbyterian Church): Discovering PEACE in Iraq.

December 10

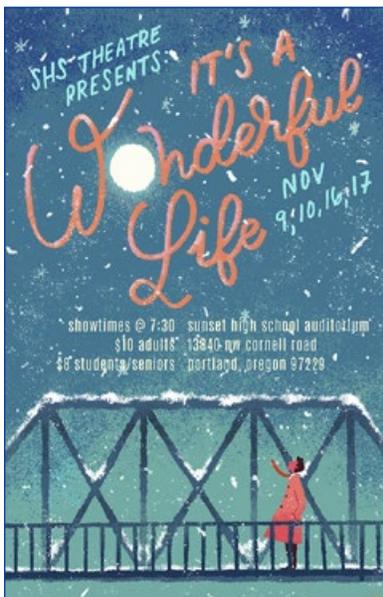
Sharri Anderson, Group Lead for Moms Demand Action for Gun

On Wednesday, December 5th come to the Sunset High School Auditorium for what has been described as "one of the premier band programs in the Pacific Northwest"! The night will feature many of the bands from Sunset's band program!

**Winter Choir Concert**

Tuesday, December 18, 7-8:30 pm, Auditorium at Sunset High School

Join us in the Sunset High School Auditorium for a performance from multiple of Sunset choirs! It will be an entertaining night with plenty of great perfor-



mances by students. It is not something you're going to want to miss, so we hope to see you there!

Sense & students too! Guns, kids, attitudes and activism

We hope to have the rest of the 2018 schedule confirmed soon (our last meeting this year will be December 17, and we'll be back January 7).

**Paint Nite Fundraiser**

Sunday, November 18, 5 pm, Bethany Public House, 4840 NW Bethany Rd.

Join a great group of individuals at Paint Nite to benefit bringing GiGi's Playhouse Down Syndrome Achievement Center to Portland. Sign up at [gigisplayhouse.org/portland/paint-nite/](http://gigisplayhouse.org/portland/paint-nite/)

The Start-Up team at GiGi's Playhouse of Portland is building capital funds to bring a center that will be home to empowering

individuals with Down Syndrome, their families, and the community with a positive message of hope, awareness, and acceptance. GiGi's Playhouses are the only international centers that provide free educational and therapeutic programs to individuals with Down Syndrome and their families. With the help of our Greater Portland community, we can open our doors in 2019.

**Cultured Farmers: Fire Cider - Make & Take Class**

Sunday, November 11, 12:30-2:30 pm, Leedy Grange Hall, 835 NW Saltzman

Learn how to make fire cider from Lori Nye, a certified Nutritional Therapy Practitioner. She will also teach about its health benefits and history. This fiery concoction has been revered for generations as a simple and effective remedy to relieve sinus congestion, ward off colds and flus, aid digestion, and increase circulation. Fire cider can be sipped neat on its own, mixed with other beverages, or used in cooking. Please bring cutting board, knife, and a quart jar. All ingredients will be provided from local organic farms.

[Preregistration is required.](#)**Green Bag Workshop Series**

First Thursdays, 12:10 pm-12:50 pm in the Public Services Building, 155 N 1st Ave, Room 390, Hillsboro

Bring your lunch and join us for these Green Bag Lunch Series workshops! Co-hosted by Washington County and the City of Hillsboro. November 8

**Trim Your Waists/Wastes: Holiday Waste & Nutrition Tips**

How to use food waste prevention strategies for a healthy, happy holiday season. with Richard Lau, Sr. Public Health Nutritionist.

December 6

**ReUse Crafts: Home & Holiday Décor**

Hands-on workshop addressing reuse in décor. Projects may include mini-wreath making, used jar menorahs, kinaras or Chinese lanterns, and fall leaf or wrapping paper confetti for New Year's Eve.

Minimum RSVP of 15 people for each Green Bag required; events rescheduled if minimum not reached seven days before class. For More Information: Jennifer Nelson, Washington County Sustainability Education Coordinator, (503) 846-8825, [sustainability@co.washington.or.us](mailto:sustainability@co.washington.or.us)

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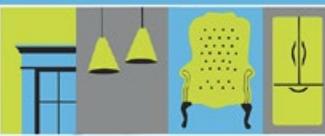


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## Feed the birds!

by Margie Lachman

Do you like to feed the birds in your garden? Many of us put out bird feeders to help our feathered friends during the winter months. According to the experts, bird feeders are most helpful when the weather is bad. Although birds are resourceful at finding food even in winter, severe weather will make that difficult, and our feeders can be lifesavers.

If you usually put birdseed out in winter the birds remember and will visit your feeder.

It's important to clean feeders regularly, discarding any wet or moldy seed. Dry well before refilling. This is important for protecting birds from mold and fungus. Covered feeders help to keep seed dry.

Place the feeder closer to the house where it is sheltered from wind and where you can observe the birds. Seed with no hulls are a great choice for deck feeders as they make zero waste. Different seeds attract different birds.

Suet is another food birds need in winter when insects are not available. In the fall it allows migratory birds to store fat for their journey. Purchasing suet cakes with berries, seeds and insects is an easy

### "Invasion of Insects of Concern"

Wednesday, November 28, 7 pm, Skyline Grange, 11275 NW Skyline Boulevard, free

It is fall, and many of your homes again have been invaded by thousands of native box elder beetles and non-native brown marmorated stink bugs as they seek a warm place to overwinter. Learn more about these insects and several others of concerns.

Chris Hedstrom, entomologist from Oregon Department of Agriculture, will speak. In addition to the harmless, but extremely annoying Box elder beetle, his presentation will highlight Japanese Beetles, Asian Gypsy Moths, Azalea Lace Bugs, and the Brown Marmo-

way to feed the birds, and attracts flickers and other woodpeckers that don't usually go to feeders.

The Audubon Society on Cornell Rd. has a great selection for many types of birds. They have wonder-



ful books also for identifying them. The more we learn about birds the more we will enjoy them.

Only some birds are attracted to feeders. If you are interested in seeing

a bigger variety of birds, planting shrubs and trees that produce berries that birds relish will attract a bigger variety of them to your garden. Dogwood (Cornus florida), Crabapple with small fruit, wild grape vine, Virginia creeper, Northern bayberry, Staghorn sumac, red-osier dogwood, gray dogwood, Nannyberry, (Viburnum), Winterberry holly are some good choices. For berries you must plant a male and a female shrub of winterberry. Your local nursery can recommend others.

Birds are so important to the web of life we should learn as much as we can about them. They help control harmful insects in our gardens; their songs bring us joy. Let's do everything we can to protect them!

Questions? Email me at [mar-gierose2@gmail.com](mailto:mar-gierose2@gmail.com) or call 503-645-2994.

rated Stink Bug (BMSB). These four insects have become a threat locally to beloved native and ornamental plants, fruits, and berries, and to Oregon agricultural production as a whole. (Note: Restrooms are accessible only by stairs.)

### Park restoration work party at The Bluffs Park

Saturday, November 10, 12048 NW Blackhawk Dr.

Come join us as we cut, pull, dig, and plant to improve the park district's natural areas!

[Learn more and register online](#)

## PCC Music programs

### Choirs present Benefit for Immigrants and Refugees

Saturday, November 17, 7:30 pm, St. Matthew Catholic Church, 475 SE 3rd Ave., Hillsboro

The Portland Community College Rock Creek Campus music program will present Pulitzer-Prize winning composer Caroline Shaw's *To the Hands*, a piece for voices and strings, in a concert benefitting Portland-based IRCO (Immigrant Refugee and Community Organization). The concert will feature the PCC Rock Creek choirs and the Pacific University Chamber Singers. Dr. Samuel Barbara, Director of choral and vocal studies at PCC Rock Creek, will conduct. A donation of \$10 is appreciated.

*To the Hands* begins inside the 17th century sound of Dietrich Buxtehude, who's *Membra Jesu Nostri* is the inspiration for this piece. The piece gradually presents the suffering of those around the world seeking refuge, and of our role and responsibility in these global and local crises. The sixth and final movement unfolds the tumbling and comforting promise of "ever ever"—"ever ever will I hold you, ever ever will I enfold you." They could be the words of Christ, or of a parent or friend or lover, or even of a nation.

For more information about the concert, please contact Samuel Barbara at [Samuel.barbara@pcc.edu](mailto:Samuel.barbara@pcc.edu), 971-722-7867, or view the music program's website page or Facebook page.

### Experience Music Series: Tim Connell and Eric Skye

Tuesday, November 13, 7:30-9 pm, Forum, Building 3, Rock Creek PCC campus, 17705 NW Springville

The Portland Community College Rock Creek music program presents virtuoso musicians Tim Connell and Eric Skye.

Tim Connell is recognized as "a world-class mandolinist" by *Mandolin* magazine and is a graduate of the New England Conservatory of Music. He regularly tours Europe and North America and is also a member of the acclaimed Portland groups *Stumptown Swing* and *Rio Con Brio*.

Often billed as an acoustic jazz guitarist, Eric Skye actually occupies a unique niche between Americana, jazz, and blues. Their latest release, *June Apple*, is a unique and unexpected take on traditional

American fiddle tunes arranged for mandolin and guitar.

[See Tim and Eric here.](#)

Admission is a donation at the door. Parking is \$2. For more information about the series, please contact Anthony Catalan at [anthony.catalan@pcc.edu](mailto:anthony.catalan@pcc.edu), 971-722-7866.

### Jazz & Chamber Music Concert

Tuesday, December 4, 7-9 pm, Forum Theater, Room 114, Building 3, at 17705 NW Springville Rd.

This concert is intended to raise awareness of PCC Rock Creek's music program. In addition to community members, students in the ensembles represent a broad range of majors including performance, theory, piano, instrumental, and vocal majors. The college also offers many classes that are open to the public regardless of previous experience in music.

Parking is \$2 (permits are available at parking machines) and donations to support the music program are appreciated.

For more information about this concert, please contact Jason Palmer at [jason.palmer@pcc.edu](mailto:jason.palmer@pcc.edu) or call 971-722-7869, or view the [music department's events page](#).

### Keep our streams clean and your drains running—Decrease the Grease!

Holidays can bring extra guests, extra food—and extra cleanup. Save time and money with a [Freeze the Grease, Save the Drain kit](#) from Clean Water Services. Call 503.681.3678 to get your free kit. The pan scraper, lid and simple instructions make cleanup easy and can save you a pain in the drain this holiday season.

### Curb Leaf-Clogged Storm Drains

Falling leaves mixed with heavy rain can wreak havoc at your home and in your neighborhood. Instead of sending leaves, grass clippings and pine needles into the street, bring them to a [free drop-off event](#) November 17 or December 1, from 8 am-4 pm, at [Aloha High School](#) and [The Home Depot on NW Science Park Drive](#). Find more great rain-ready tips for your home on [our website](#).

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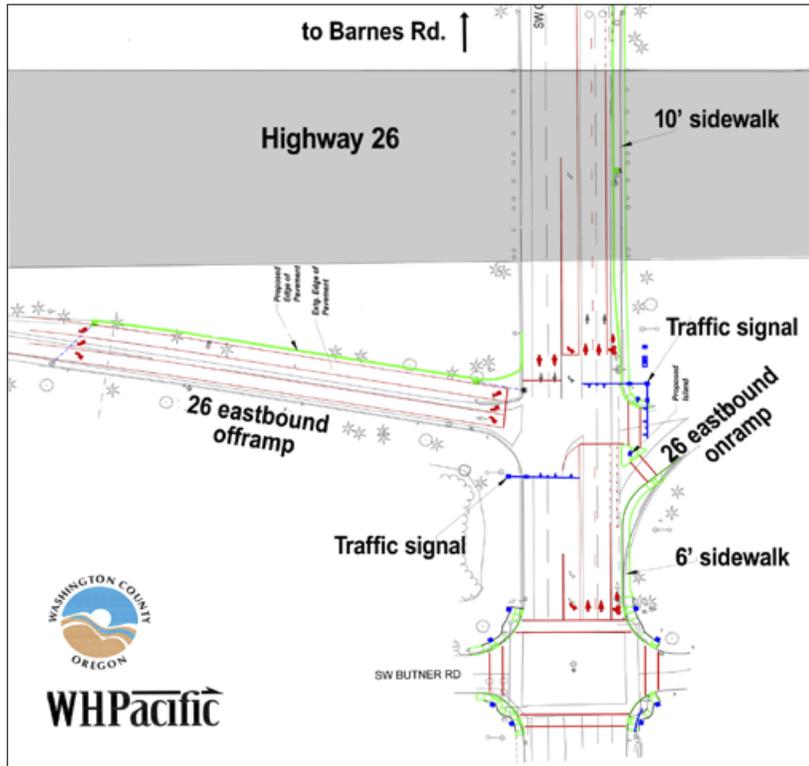
UPTOWN  
13 NW 23RD PL

\*Limitations apply. See pharmacist for details.

April 30, 2019: Final completion expected. (Top-lift paving needs to occur after March 15; signal poles are expected to be delivered in March).

In addition to the traffic signal, a sidewalk will be installed along the east side of Cedar Hills Boulevard under the U.S. 16 overpass. The west exit ramp will be widened to three lanes: one right turn (southbound) and two left turns (north-bound).

The [Project Page](#) on the county website has background information and will be updated as the project continues.



across Kaiser Road in the Bethany Presbyterian Cemetery. To honor them, their story of love, devotion, and sacrifice must be remembered and passed on to all Americans.

Shin Sato, eldest son of the Satos, was part of the Japanese 442 regiment combat team of the United States Army during World War II - as was his brother Roy, who was injured twice. Shin, who went to Bethany School, Beaverton High School, and Pacific University, was killed in action in 1944. His remains were returned for burial in Bethany Presbyterian Cemetery in 1949.

For more information, please contact Annie Pleau at 503-356-2530.

### Put a Lid on Cooking Fires

Last year, approximately one-third of the residential fires that Tualatin Valley Fire & Rescue responded to, began in a kitchen.

TVF&R crews encourage you to minimize your risk of a fire by organizing a safe kitchen and practicing these safe cooking tips:

Keep your cooking area clean, including the stovetop, oven, and exhaust fan. Keep dishtowels and pot holders away from the burners on your stove. Watch your sleeves to prevent them from catching fire or getting caught on panhandles. Heat oil slowly and watch it closely. Keep a fire extinguisher in your kitchen. Store it in an easy-to-reach location and know how to use it.

The easiest way to extinguish a small pan fire is with a pan lid. Turn off the burner and carefully slide a pan lid over the pan from the side. The lid will “smother” the fire while turning off the burner removes the heat. Do not move the pan until the fire is completely extinguished and the pan is cool. If you do not have a pan lid, you may also use a baking sheet or pizza pan.

Never transfer a burning pan from the stovetop to the sink or out an exterior door. The fire may grow in size and burn you or spread to a countertop, cabinets, or curtains.

Never pour water on a grease fire. Water causes these fires to explode as the burning material stays on top of the water, causing it to spread and putting you at severe risk of getting burned.

If the fire is large and/or continues to grow, do not attempt to extinguish it. Quickly get everyone outside and immediately call 911 from a cell phone or neighbor’s house.

For additional safety tips, visit [www.tvfr.com](http://www.tvfr.com).

## Snow zone signs get a new look

New signs alerting motorists to traction device requirements are being installed in Washington County’s three snow zones.

The new signs will read “When Flashing Chains or Snow Tires Required” and are equipped with a solar-powered flashing light. Washington County Land Use & Transportation staff will turn on the flashing lights during periods of inclement weather.

Snow zone areas are located on:

- Barnes Road, from 118th Avenue east to the County line, adjacent to a city of Portland snow zone
- Cornell Road, from Cedar Hills Boulevard east to the County line.
- 175th Avenue, between Scholls Ferry and Rigert roads

The snow zones, areas with steep

“Manually changing the signs during inclement weather was a time-consuming process,” said Todd Watkins, LUT Operations and Maintenance Division manager. “When weather conditions warrant chains in these areas, we need to convey that message as quickly as possible to ensure the safety of the traveling public, as well as our crews. Turning on the lights will allow us to implement this safety measure much more quickly.”

Requiring traction devices—such as studded tires, snow tires or tire chains—in snow zones during icy, snowy conditions can help reduce crashes. Requiring traction devices also reduces the number of vehicles abandoned on or adjacent to roads, improving safety and allowing for more efficient plowing and sanding.

In addition to signs with flashing lights, travelers will be notified about snow zone traction device requirements through [wc-roads.com](http://wc-roads.com), the wc-roads Twitter and Facebook channels and the Washington County website.

Snow zone violations are a secondary offense, enforced when a driver has committed another offense, such as speeding. A snow zone citation usually carries a fine of \$160.

For more information, visit [www.snow-zones.com](http://www.snow-zones.com).



The Barnes Road snow zone extends to the county line and connects to Portland’s zone.

grades and high elevations, were established in November 2017. The original signs required LUT crews to manually attach the “traction devices required” message plates to the sign faces when weather conditions warranted.

## Chestnut Tree Dedication Ceremony at Sato Elementary School

Thursday, November 15, 1 pm, Sato Elementary School, 7775 NW Kaiser Rd.

Sato Elementary School will hold a Tree Dedication Ceremony commemorating the family, Shin Sato, and the Bethany Presbyterian Church. Students, staff, community members and honored guests will gather in front of the school to dedicate the tree and plaque. The ceremony will feature a Color Guard and presentation of the flag to the family and students will participate in a pebble ceremony. The Sato family has donated a chestnut tree and a bronze plaque.

The Sato family originated from Nagasaki, Japan. After moving from Washington State to the Bethany area of Washington County, Oregon, Yoshinosuke and Asano Sato operated a small farm while raising their family: Shin, Roy and Marie. They were highly respected members of Bethany Presbyterian Church for many decades. Their berry and vegetable farm provided popular summer jobs for many children in the area. Tragically, the Japanese naval attack on US bases in Pearl Harbor, Hawaii, changed the Sato’s American dream in December 1941.

Following internment, the Sato’s returned to their Bethany home, farm, and church. Their family cemetery plot lies just southeast

# Celebrate Locally! Shopping, Events, Connections...

## Leedy's Annual Fundraiser for HomePlate Youth Services starts this month!

Throughout November and December we are collecting donations for HomePlate, Washington County's only non-profit provider of drop-in centers and street outreach for young people experiencing homelessness. Certainly they need new or gently used warm coats, scarves, hats, gloves, blankets; and new socks, underwear, hygiene products. For a list of the most needed items, please go to: [homeplateyouth.org/wish-list](http://homeplateyouth.org/wish-list)

Items can be dropped off inside the hall during weeknight evenings, or dropped in the barrel on the landing of the stairs at the hall (we will collect and bring items inside every day).

The hall is located at 835 NW Saltzman Road, across from the Cedar Mill Library in the same parking lot as Bales. If you have gift cards to donate, please bring them inside on Wednesday and Friday



evenings, or bring them to the Holiday Dance.

**Annual Holiday Fundraiser Dance**  
Saturday, December 8, Lesson at 7 pm; Open Dancing 7:30-10 pm, Leedy Grange Hall, 835 NW Saltzman Rd.

Join us for ballroom and social dancing. Your donation is your ticket to the dance! Gift cards are probably the best gift we can get to these kids in need during the holiday season. Please bring cards in \$5 or \$10 increments from stores like Target, Fred Meyer, Dollar Tree, Subway, Starbucks. Smaller gift card donations are easier for Homeplate to distribute to larger numbers of youth.

For more information please visit [LeedyGrange.org](http://LeedyGrange.org)

## Second Edition Holiday Open House

Saturday, November 17, 1 - 3:30 pm, 12505 NW Cornell Road

Get into the holiday mood by attending Second Edition's annual Holiday Open House. In addition to beautiful décor and household items, you'll find the shop full of holiday clothing, accessories and sparkly jewelry. Enjoy delicious treats and find a holiday "look" at an unbeatable price. Located at the east end of the library. Second Edi-

tion Resale is the ongoing fundraiser for Cedar Mill Libraries.



## Skyline Artisans Holiday Arts Fair

Saturday and Sunday, November 10 and 11, 10 am-4 pm, Skyline Grange, 11275 NW Skyline Blvd.

There will be about 20 booths showcasing the work of Skyline area artisans: jewelry, accessories, pottery, glass, book arts, home décor, paintings, wood turning and other items. As in previous events, locally prepared food will be available.

We look forward to reconnecting with our neighbors and the greater community. Discover the beauty that is being created in your neighborhood.

Please contact Sue Selbie ([sselbie@gmail.com](mailto:sselbie@gmail.com)) or Ken Pincus

([kenpincus@comcast.net](mailto:kenpincus@comcast.net)) for further details about the show and about the artisan booths.

## Big Horn Brass Holiday Concert

Sunday, December 9, 6 pm, St. Matthew Lutheran Church, 10390 SW Canyon Rd., free

Featuring music from "The Nutcracker" with the St. Matthew Exaltation Handbells.

Learn more at [bighornbrassholidayconcert.com](http://bighornbrassholidayconcert.com)



## Bethany Village tree lighting

Tuesday, November 27, 5:30-8 pm, Bethany Village Plaza

Join us for the lighting of our Bethany Village tree! We will also have holiday performances featuring great local youth talent, visits with Santa, gift booths, craft activities, holiday drinks, and more!

## The quality of being thankful

by Beth Giles, [Northwest Organizing Solutions](#)

In life, we are faced with many decisions. Some of the choices we make involve what to do with our time, finances, and physical resources. We can buy material goods or experiences. We can hold on to things or give them away. What part does gratitude play in these decisions?

### Purchases

When considering purchases, we often think that purchasing material goods, like those cute shoes, fashionable furniture, or special mementos, will bring more appreciation or gratefulness than purchasing experiences that are temporary.

Although we may be happy as we purchase material goods and enjoy them, researchers have found that we often cherish and are more grateful for the experiential purchases. Why? Because "we quickly adapt to our material possessions

and soon we hardly notice that our new is any different from our old.

But paradoxically perhaps, our fleeting experiences endure" (Thomas Gilovich, Cornell University). The experiential purchases live on in our memories, in the stories we share, and in the new knowledge we gain through it.

This insight is helpful not only in the purchases we make for ourselves but also should be considered as we enter the season of holiday gift buying. Rather than purchasing your loved one another toy, gadget or nonessential, consider buying an experience as a gift. What does that person enjoy doing? Is there someone they might want to share the event with? The gift could be a promise of an afternoon bike ride together, a dinner out at their favorite restaurant, a gift card for a night of bowling, or a chance to try their hand at painting or cooking. The experience will be something they

can remember and appreciate for a long time.

### Giving

Generosity and gratitude are inextricably linked. Giving of our time, finances, or possessions can be very gratifying. When we donate from what we have, we not only find a sense of satisfaction in knowing we are meeting another's needs, but we also learn a sense of appreciation for all that we have.

The opposite is true as well, that gratitude leads to generosity. Grateful people are more altruistic and generous to others (Greater Good Science Center, UC Berkeley).

We are blessed with so much to be thankful for! In all our lives there is struggle, but there are also opportunities to give and serve.

As you prepare for this time of thanksgiving, take time to consider what you can share with others. Is it your time, money or possessions?

Will you sort through your fall and winter clothing and gather

items to share with those in need? Do you need to research a charity you can support? Can you commit to helping on a non-profit's board, serving a meal at a shelter, or visiting a shut in?

As a professional organizer, I spend most of my time dealing with all the things people have accumulated. In this season, I hope we can all find ways to give and be grateful.

Beth Giles helps people at many stages of life—preparing for a move or a new family member; downsizing; or just hoping to get a handle on clutter. Follow her on Facebook, or call or email if you could use some help. Her practical, experienced input can make these stressful times easier! Beth Giles: 503-709-0791, [beth@nworrganizingolutions.com](mailto:beth@nworrganizingolutions.com).

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Parking, continued from page 1

Almost since the STC opened, it's been impossible to find a space on weekdays in the morning. Now

be an option to purchase monthly passes. The developers mentioned that there are computer apps that can be used to tell if space is avail-



it fills up before 7 am. At least 1000 cars park in areas adjacent to the STC, including across Highway 26 in the Cedar Hills shopping center.

The project is estimated to cost around \$3 million. Parking will be paid, and it's uncertain if there will

able, and they're planning to look into including that in the lot.

This is an "allowed conditional use" according to Beaverton's approval of the [Sunset Station Master Plan](#) which was approved by Beaverton in 2013.

**Fill Your Pantry!**

December 9, 11 am-3 pm, Faubion Elementary, 2930 NE Dekum St., Portland

Does your favorite neighborhood farmers market close for the winter months? Have you recently torn out your tomatoes and put your garden to bed? Do you love winter squash? There's something for everyone at one of Oregon's many "Fill Your Pantry" winter stock-up markets.

Fill Your Pantry events help connect farmers and eaters, while encouraging bulk purchasing of locally grown staple and storage crops. Shoppers can eat local all winter by purchasing grains, beans, flours, preserves, winter squash, root vegetables, pears, apples, honey, pasture-raised meats, and more directly from local farmers and ranchers.

Producers will include some of [Friends of Family Farmers'](#) Oregon Pasture Network members and beginning farmers who have found land through our Oregon Farm Link program. Online pre-orders begin on November 8th, but order early as some items will sell out. For more details, [click here](#). At last year's event, more than 400 shoppers participated, generating over \$60,000 in sales for local producers—a significant impact for a single day event!

**A New Choir, Looking for New Members**

Open House November 14, 7 pm, First Church of the Nazarene, 6100 SW Raab Rd, Portland

Last June, PCC Rock Creek Community Choir was disbanded due to administrative changes in the overall music program, leaving a number of dedicated singers without a "choral home." Undeterred, a number of them decided to re-invent themselves as a new, independent choir called Cantata Pacifica, and they are looking for new members.

Extensive chorus experience not needed, but the ability to match pitch is required. Repertoire: choral chamber music, from madrigals to contemporary part songs.

Rehearsal schedule: Wednesday evenings, 7-9 pm at First Church of the Nazarene, 6100 SW Raab Road, Portland OR 97221, just off Highway 26 at Sylvan exit.

They are holding an open house (including a bit of singing, of course) for potential new members. This is a great opportunity for people who love to sing, and are searching for the right "fit" of location, schedule and singing experience.

Everyone is welcome just to turn up on the night. Or, for more information, e-mail: [cantatapacifica@gmail.com](mailto:cantatapacifica@gmail.com).

## New Demonstration Garden opens at PCC Rock Creek

Monday-Saturday, 7 am-10:30 pm,  
PCC Rock Creek Campus

Changes at the Washington County Fair Complex required Washington County Master Gardener Association (WCMGA) to



shift the demonstration garden to a new location. A partnership with Portland Community College-Rock Creek (PCC-RC)—including students of landscaping, architecture, and design—provides a larger, more accessible space for a new education garden.

Master Gardener™ demonstration and education gardens provide highly trained volunteers an opportunity to offer their expertise and conduct classes and hands-on demonstrations about sustainable gardening practices for youth, adults, families, and beginning and enthusiastic gardeners. For nearly 30 years, WCMGA worked side-by-side with the Tualatin Valley Garden Club to develop and maintain the Washington County Fair Complex garden site.

Each year during the four days of the Washington County Fair, nearly 4,000 visitors toured the garden and got answers to their gardening questions. Children's camp groups and families explored the Kids Zone, took part in a garden scavenger hunt, and learned how fruits and vegetables are grown. Master Gardeners also provided gardening seminars using the garden's vignettes to provide plant education on things commonly found in home landscape scenarios. Weed identification was a popular attraction.

As the new education garden at PCC-RC takes shape and propels us into the future, we hope you will visit and watch as a bare plot of ground is transformed into a wide variety of special garden plots. The PCC-RC garden is open to visitors

Monday through Saturdays from 7:00 a.m. to 10:30 p.m.

A new learning opportunity to engage youth and families about gardening and landscape topics is planned for the 2019 Washington

County Fair. Subscribe to the Oregon State University Extension Service

[Metro Connections newsletter](#) for interesting and useful information and to get

the upcoming 2019 "In the Garden Series" class schedule offering many sustainable gardening topics.

### TVWD News

Tualatin Valley Water District's new water rates went into effect November 1. For the typical residential customer using 7 CCF per month (1 CCF = 100 cubic feet or 748 gallons), water bills will increase about \$6.22 per month (or \$12.44 over a bi-monthly billing period). Each customer's bill is based on use and vary by meter/service size and volume of water consumed.

Please note this applies only to your drinking water service. [Clean Water Services](#) is responsible for sewer and surface water management fees and is a separate agency with a separate governing board. TVWD and Clean Water Services combine bills to help save money for customers by sharing in the cost of issuing bills.

Visit [tvwd.org/rates](http://tvwd.org/rates) or call (503) 848-3000 for more information. A video of the open house presentation is available online at [tvwd.org/OpenHouse](http://tvwd.org/OpenHouse).

### Be prepared for freezing weather

With the onset of winter, it's important to be ready for the unexpected. Being prepared can make all the difference when you only have moments to react. Before the onset of freezing weather, we encourage you (and everyone else in your household) to:

Know how to shut off your water in an emergency ([tvwd.org/shutoff](http://tvwd.org/shutoff)).

Have emergency supplies in place at home, work, and in the car [tvwd.org/preparedness](http://tvwd.org/preparedness)

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## Five Great Tricks for Reducing Holiday Waste

Jennifer Nelson, Education Coordinator, Washington County Sustainability Program

With holiday fun often comes MORE: more parties, more food, more fun, more trips, more giving, more packaging. Waste in America usually increases by more than 25% from Thanksgiving to New Year's Day, with up to 1,000,000 tons more generated each week.

You might be aware, for example, that Americans waste 40% of the food purchased in the United States throughout the year, at a whopping total value of nearly \$165 billion. Did you realize that \$293 million of that wasted value happens during fall and winter holidays alone though?

Gift giving can be another high impact activity during this season: up to 4 million tons of gift wrap is thrown away annually in the U.S. More surprising is the impact of unwanted gifts. Did you know that of the \$65 billion worth of new goods returned each year after the holidays, only about 5% make it back onto shelves for resale?

Holiday travel has its rewards and its consequences too. Last Thanksgiving, AAA expected to see over 50 million Americans traveling more than 50 miles from home for Thanksgiving alone, 90% by car. By one estimate from the Clean Air Partnership, reducing this travel by just 20 miles per family could reduce holiday related greenhouse gas emissions by 1,000,000 tons.

Where others might see despair, we can see the opportunity to try new things this holiday season. Every new tradition has to start somewhere. What better traditions to start than ones that help ensure a healthy planet and enough for everyone, now and for future generations? Here are some ideas to get you started:

### 1. Eat smart and waste less!

Use practical strategies like portion and meal planning or sharing leftovers to help control your food waste this season and keep costs down. Looking for great strategies? Check out the [Eat Smart Waste Less campaign](#).

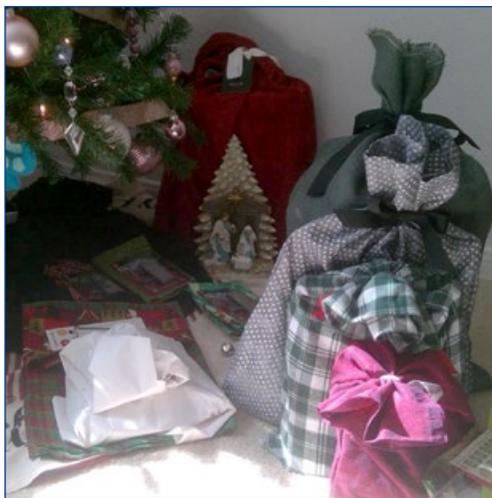
### 2. Compost your pumpkins and

greenery in your backyard pile or yard waste cart.

Unavoidable food waste can be composted in your backyard pile as well, or added to the yard cart if you live in Forest Grove or Beaverton. Keep an eye out in the December issue of the Cedar Mill News for upcoming tree recycling dates!

### 3. Travel wisely.

You don't have to skip family visits over the holidays to reduce



Gift wrapping and photo by Mary Remar

their impact. Just as you would think ahead about the cost, give some consideration to the environmental footprint of your trip. From how you get there to where you stay and what you do, it all adds up.

Choose travel options that accommodate more passengers at higher fuel efficiency to reduce greenhouse gas emissions. When possible, reduce the distance of your travel and chose packages with a smaller footprint—maybe replace a family cruise to the Bahamas with a train ride to San Francisco.

Going home for the holidays? Stay with family when possible for fewer trips back and forth. If choosing a hotel, look for pro-planet practices like lower flow showers, occupancy sensor lighting, and in-room recycling.

### 4. Be a savvy giver

Purchase gifts with little or no unrecyclable packaging. Get creative when wrapping - put gifts in containers that can be used again, or wrap in fabric like Japanese Furoshiki or a bandana, or reuse boxes, paper, and bows from last season.

Buy recycled-content gift wrap and greeting cards or make your

own from brown Kraft paper, bags or newsprint. Paint, draw, stamp or print designs on the paper.

Avoid materials that are not recyclable or reusable, such as foil, mylar or plastic-coated paper and tissue.

Give durable items that help reduce waste.

Homemade gifts are more personal, can be less expensive, and don't have wasteful packaging.

Give a gift of time, talent, or experiences, such as tickets to a local arts event or lecture series, a homemade meal, a massage, or dog-walking service.

Promote reuse by giving antiques or unique retro items as gifts. Pass along family heirlooms! You don't have to wait until you're dead!

### 5. Learn more!

Attend the [December 6 Green Bag](#) at Washington County on the topic of sustainable holiday home décor. We will demonstrate several crafts that celebrate traditions from around the globe, using repurposed materials, and you will have a chance to make

at least one. Learn more at our website, and RSVP by email (so that we can tell you if it is rescheduled). [sustainability@or.washington.or.us](mailto:sustainability@or.washington.or.us)

Several of these tips can be found on the [Solid Waste & Recycling website](#) - thanks for sharing!

## Viva Village November Events

For information, to RSVP, or to register where indicated, contact [vivavillageevents.org](http://vivavillageevents.org) or 503-746-5082. To see a complete list of November events, go to [vivavillage.org](http://vivavillage.org); click on Calendar.

The following events are open to the public.

### Nature Walk

Saturday, November 3, 9:30 am, Commonwealth Lake

Meet corner of Dellwood and Foothill Drive, Beaverton.

### Women's Coffee

Tuesday, November 6 and 20, 10 am, Solace and Fine Espresso, 4655 SW Griffith Dr. #160, Beaverton.

### Village 101 Presentation

Saturday, November 10, 10 - 11:30 am, Elsie Stuhr Center, Cedar Room, 5550 SW Hall Blvd. Beaverton.

Information for prospective members and/or volunteers.

### Dine Around Beaverton and Beyond

Wednesday, November 14, 1 pm, McCormickFish House, 9945 SW Beaverton Hillsdale Hwy. Beaverton. RSVP recommended.

### Thursday Night Social

Thursday, November 15, 6 pm. La Hacienda Real, Authentic Mexican Restaurant, 12025 SW Canyon Road, Beaverton. RSVP.

### Northwest Senior Theater

Friday, November 16, 2 pm. Alpenrose Theater, 6149 SW Shattuck Rd., Portland, \$5

Presentation of T'was the Daze Before Christmas, Meet in lobby prior to performance.

### Village Bookclub

Tuesday, November 27, 6 - 8 pm. Private home in West Beaverton.

Fatal Grace by Louise Penny & The Goldfinch by Donna Tartt. RSVP for address.

## A Glimpse into History

Tuesday, November 13, 7 pm, Elsie Stuhr Senior Center, 5550 SW Hall Blvd., \$3 donation suggested

Join the Beaverton Historical Society in listening as award-winning author Michael McCloskey presents his new book, *A Glimpse into History*. McCloskey's book is a winner of top awards from the Great Northwest Book Festival and the Independent Booksellers Association. It features the words of over ninety figures who transformed Oregon into the premier "green" state. They shaped the culture that saw value in nature and triggered demands for policies to protect it. Through their inspiring words, their presence is still felt.

"Longtime Sierra Club executive Michael McCloskey—one of the most eloquent and forceful advocates for the environment in the 20th century—has found not just a new voice but many voices, none of them new," says Chet Orloff, emeritus director Oregon Historical Society.

After a forty-year career with the Sierra Club, he chaired Portland's Heritage Trees program for eight years. He still lives in Portland and recently authored the award-winning *Conserving Oregon's Environment: Breakthroughs That Made History and Oregon: A State that Stands Out*.

*Business News, continued from page 2*  
lineup at [villagegalleryarts.org](http://villagegalleryarts.org). To register, visit or call the gallery at 503-644-8001.

#### Youth classes

*Kristi Roberts—Children's Art Classes*

**Mondays, 3:45-4:45 for ages 7-11 years**

**Mondays, 5-6 for ages 11-16 years**

Come join an exciting class learning a variety of art. I will be developing your child's art ability where they are at and giving them an opportunity to try out different mediums so they can find what they will enjoy. We will be doing units in drawing, watercolor, acrylic, pastels, clay and mixed media. I am teaching fine art concepts and techniques with each lesson. We will be exploring a variety of subjects including landscapes, people, faces, animals, cartooning and perspective. This is a weekly class and you need to register a month ahead in order to hold your spot for that month.

#### Adult classes/workshops

*Liz Walker—Suminagashi Paper Marbling Workshop*

**Monday, December 3, 10-2:30**

Explore this fascinating Japanese paper marbling technique using water-based boku inks floated on plain tap water in a shallow tray. The name suminagashi literally means spilled ink. Learn how to create intricate marbled papers using sumi inks dropped from small paint brushes into a tray of water and printed on rice paper. Patterns and special colorful effects are achieved using a bamboo stylus and eyedroppers. This process is meditative, mesmerizing, and creates subtle, found-in-nature patterns and rings that are one-of-a-kind. We will create dozens of marbled rice papers which can be later used to collage onto heavier paper and developed further.

#### Members only classes/workshops

Become a member NOW and join us for this fun holiday class!  
*Felted Gnomes!—Fundraising Ornament Workshop*

**Tuesday, November 13, 10-12 or Saturday, November 17, 1-3**

MEMBERS are invited to make a felted gnome to donate to our December Ornament Fundraiser! Learn how to create a basic body shape, add a hat, nose, beard and shoes to create a felted Christmas ornament perfect to hang on a tree. These will be for sale in the gallery during the month of December.

## Yoga Kids classes

Learn to Teach Kids Yoga  
**Saturday, December 1 & Sunday, December 2, 9 am-6 pm, Oak Hills Recreation Center, 2400 NW 153rd Ave, Beaverton**

Join us for our Foundations two-day training event and learn how to integrate yoga into learning, parenting, and fitness, or begin your certification track for a specialty in teaching kids yoga! No experience required. For more information about training, visit [yogakids.com/training-events](http://yogakids.com/training-events)

#### Free Kids Yoga Class

**Saturday December 1-Sunday December 2, 3-4 pm, Oak Hills Recreation Center**

During this training we will be offering two FREE kids yoga classes for children ages 5-10. YogaKids classes are unique, active, and fun educational experiences! Lesson plans are presented in an interactive, engaging, inclusive, and playful format. By creatively blending the scientific benefits of yoga poses and philosophies with games, reading, math, science, art, and other educational concepts, YogaKids classes reach each and every child through their individual learning styles. Through yoga, kids are empowered to learn about and love themselves, each other, and the world!

Please use the following link to register: [yogakids.com/freeclasses](http://yogakids.com/freeclasses)

## SCU tops the list again in value to members...

Sunset Credit Union has once again topped Callahan & Associates list of 'Return of the Member' (ROM) scoring system, which shows Sunset providing more member value than any other credit union in Oregon for the second quarter of 2018.

ROM captures all aspects of a members' relationship with a credit union using a calculation that considers three core functions: Return to Savers (savings); Return to Borrowers (lending); and Member Service Usage (product usage).

To learn more and to see where Sunset Credit Union compares to credit unions nationwide check out their [article online](#).

Sunset Credit Union is a not-for-profit full-service financial institution serving anyone who lives, works or attends school in Washington County. To learn more, stop by their office located at 1100 NW Murray Blvd, give them a call at 503.643.1335, or visit their website at [sspfcu.com](http://sspfcu.com)

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