



FREE

Cedar Mill News

Volume 11, Issue 12

December 2013



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Featured Business

“Shop Local” for your holidays

In addition to saving wear and tear on your car and your nerves, buying from small local businesses keeps the money circulating locally. They pay taxes that support our local infrastructure—schools, roads, safety. Many of their employees live in the area, so you’re supporting your neighbors’ livelihood. Their profits are also spent locally, and many of them keep their money in our credit unions. So consider that the perfect gift for your loved ones may be waiting just around the corner or down the street.

Book lovers rejoice

Put the library’s ongoing Used Book Sales on Your List of Best Places to Shop! Both Cedar Mill and Bethany libraries have an ongoing regular book sale during library hours.. They feature a constantly rotating book collection for adults and children. The quality is high. The prices are low. Items include some library discards, but mostly donated books. All proceeds support your library.

If you prefer to shop online, they also sell books in their Amazon store, which has more than 2,000 items—visit today! amazon.com/shops/cedarmill3

For art lovers

The Annual Village Gallery Holiday Show continues, with new items added weekly. All items are hand-crafted and made by Portland area artists. Shop for cards, jewelry, paintings, silk scarves, mixed media pieces, fused and stained glass, sculpture, mosaic, pottery, fiber arts, tree ornaments and other creations that would make great gifts. The show runs through December 23. Village Gallery is located next to the Cedar Mill Library at 12505 NW Cornell Rd. and is open Tuesday-Saturday from 10-4; Sunday 12- 4, and closed on Mondays. They’re adding



a couple of hours on Fridays until the 20th.

Bradshaw Frame & Gallery in the Peterkort Center can help you select a framed or unframed print for the art lover on your list. Do you have a Blazer fan in the family? They have some amazing Blazer memorabilia in shadowbox frames that would make a memorable gift.

Second time around for terrific gifts and holiday wear

If you have people on your gift list who care about the planet and

our community, what better gift for them than something recycled, where the money spent goes to support our wonderful library!

Second Edition is well-stocked with holiday items and fancy holiday clothing for all ages. The shop is located next to the Cedar Mill Community Library. All profits fund the library.

Deck the halls with boughs of local

Dinihanian’s has been providing holiday greenery for years from their warehouse and assembly facility at 10500 NW Cornell. For the last few years, they’ve been selling trees, wreaths, and other fresh greens at wholesale prices to the public. Find bulk greenery and ribbons too if you want to do it yourself.

Beautiful trees and local greenery are also for sale at Bales Thriftway, along with centerpieces and other holiday-themed floral decorations inside.

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Whose sidewalks?

By Virginia Bruce

Two chunks of a concrete sidewalk buckled in the heat early last summer on Saltzman Road between Burton and 128th St. Dave Schamp, head of Maintenance for Washington County roads, said in July, “We are aware and have had an inspector out there—likely caused by the heat. This usually happens when the concrete contractor fails to install enough or proper expansion joints. Typically the expansion joint is made using an asphaltic felt material that allows the expanding concrete to compress the joint before doing damage.”

The months went by, and the buckled sidewalk remained (it’s still there!). Some investigation revealed the problem. State law requires that repair of sidewalks in unin-



corporated areas is the responsibility of the adjacent landowner. ORS 368.910¹ states, “the owner of the abutting real property shall maintain and repair the sidewalks or curbs.”

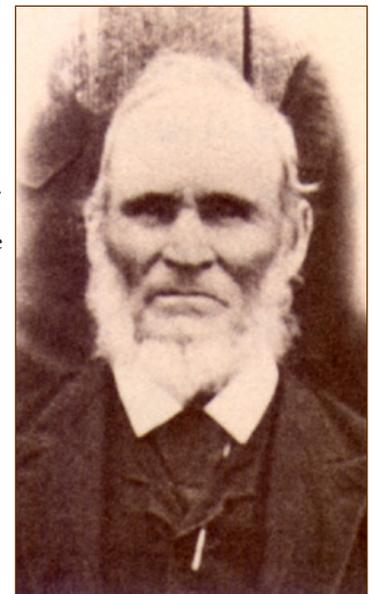
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History in the News

William Cornell

Cornell Road is named after William Cornell, early contributor to the taming of the Cedar Mill area. His story is impossible to untangle from the story of the religious needs of the early community. He was probably the first licensed preacher to reside in the vicinity. He arrived in 1852 and took up a donation land claim along the road that bears his name, just east of what became the Multnomah county line. Many of you go to northwest Portland via that route. It is how the settlers took their produce to a growing Portland market and how the Cedar Mill took it’s lumber to the booming housing industry. But who was this person, Cornell?

Methodist Episcopal quarterly conference records indicate Cornell was a “Sabbath School” teacher at Union School in 1858. That meant he taught Sunday School. It is not known when he became an



ordained minister but the records reveal his license to preach was renewed in 1860.

Early meetings were held in

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Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Cedar Mill Liquor Store now has beer and wine

Recent OLCC changes have allowed Cedar Mill Liquor and Cigar to increase their store selection. They are now offering beer, wine, champagne, and cider! Their selection of wine a beer features a strong Northwest presence, and also includes many liquors from the burgeoning Oregon craft distilling industry. Good selection, fair prices, and a very friendly team wait to assist you. Stop in and see them soon in the Sunset Mall, on the south side of Cornell opposite Safeway.

Impression Dance Club

New dance classes start in January, so swing in the New Year with some swing dance lessons at Leedy Grange. Beginner's group class starts Wednesday January 8, with private lessons available too.

Community Swing & Social Dances are still happening at the Leedy Grange Hall every second and fourth Saturday. Beginner's lesson at 7 pm, Open Dancing 7:30-10 pm. \$7/adults; \$5/students. Holiday gift certificates are available as well! Contact Cynthia at 971-226-1119 or ImpressionsDanceClub.net.

New Clinic Combines Conventional And Alternative Medicine

"The clinic is named Natura, which is Latin for nature," explains Paul Thomas, MD. Thomas, who also owns Integrative Pediatrics, founded Natura in order to expand his holistic healthcare approach

to adult patients. His practice at Natura emphasizes bio-identical hormone therapy, and assessing and treating nutritional deficiencies.

Thomas is joined at Natura by Dr. Erica Zelfand, an integrative family physician. "I draw from a number of healing modalities," says Zelfand, who was trained at one of the only medical schools in the country to teach both conventional and natural medicine.

Dr. Zelfand also offers a cutting-



Drs. Zelfand and Thomas

edge approach to treating Human Papilloma Virus (HPV) infections in affected women. Her approach involves natural therapies to enhance the immune system and offer women a natural alternative to surgery. The clinic also offers acupuncture and massage services.

"There aren't many clinics in this area that do what we do," says Thomas. "We're excited to be here." For more information, or to schedule an interview, contact Dr. Erica Zelfand at 971-317-0222 or DrErica@NaturaIntegrativeMedicine.com.

Yoga for Japanese speakers

Santosha Yoga owner Katy Nadal writes, "A young Japanese woman came into the studio to inquire about a teaching job. She had just finished her training. We weren't looking for new teachers, but as we talked, we decided that there might be Japanese speakers in the area who might like to be able to take yoga in their own language. So, we decided to offer a class."

"It's still new, but there is definitely an interest—we just need to spread the word. So...Yoga in Japanese is being offered Wednesday afternoons at 2 pm at Santosha Yoga

in Bethany Village.

The first sessions ended on December 11. New students can join in January when the class will start up again. Arigato!

Contact them at 503-372-9825, or katy@santoshaforeverybody.com, or www.santoshaforeverybody.com

Winter Solstice Restorative Yoga

Amy Duncan will be teaching her popular Winter Solstice Restorative Class on December 22, from 4-6 pm.

Take just two hours to quiet your mind, relax your body and refresh your spirit with a restorative yoga class. While all the poses in yoga are considered restorative, there are a series of poses that require little or no exertion on the student's part. One is able to be in a pose for a longer period of time and thereby able

to go deeper into the pose. These poses will bring a balance to the overworked and stressed systems of the human body.

This class will include poses to lengthen and stretch the body before beginning the longer and quieting poses, as well as breathing and meditation. All levels are welcome. Poses will be adapted as needed by individual students.

Please preregister by calling 503.539.4504 or online at sunsetyoga.com.

Village Gallery of Arts News

December Events: Group Show: Italian Memories, December 3 - January 3

A group of VGA members traveled to Italy together. Paintings from their trip, by artists Linda Nye, Rene Eisenbart, Carol Winchester, Judi Weigandt, Kay Gifford and Debbie Marble, are on display.

Among the classes offered this

month and next are:

Kristi Roberts— Children's Art Classes (www.kristisfineart.com) \$30. Ages 7-12 yrs: Mondays, December 2, 9, 16, 3:30-4:30. Ages 10-14 yrs: Mondays, December 2, 9, 16, 4:45-5:45. Ages 7-12 yrs: Wednesdays, December 4, 11, 18, 3:45-4:45. Fine art concepts and techniques taught through drawing, watercolor, acrylic, pastels, clay and mixed media. Classes fill quickly, please call the gallery for registration.

Nancy Cuevas— Beginning Drawing, Thursdays, December 6, 13, 20, 12-3 pm at the artist's studio in Hillsboro. Learning to draw is mostly about identifying what we really "see." Students will learn how to draw accurately using step-by-step instruction at their own pace. Use simple geometric shapes to create simple to complex compositions by navigating through a gray



One of Carol Winchester's watercolors from her trip to Italy

value scale. This class usually takes 8-10 weeks to complete. All levels, ages 15 and older. www.nancycuevas.com.

Call the Gallery at (503)644-8001 or visit www.villagegallery-arts.org for additional information about membership

VGA is a non-profit, cooperative gallery in operation since 1963, located on 12505 NW Cornell Road, next to the Cedar Mill Library. Their holiday hours are Tuesday - Thursday, 10 am - 4 pm; Friday 10am-6pm, Saturday 10 am - 4 pm; Sunday 12-4 pm.

CMBA Annual Meeting

The Cedar Mill Business Association held its Annual Meeting Luncheon on December 10 at the

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The Cedar Mill News © 2013

Published monthly by

Pioneer Marketing & Design

PO Box 91061

Portland, OR 97291

Online at cedarmill.org/news

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Business and Community News

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Printing courtesy of Copytronix

Opinions expressed in this publication are not necessarily those of its advertisers.

Leedy Grange Santa Party distributes toys, coats to needy

Community members have been bringing piles of toys and warm clothing to donate to the patrons of The Sunshine Pantry during the Leedy Grange Santa Party on Sunday, December 15 from 1-4 pm. Santa himself will pass out the toys and warm clothing to children and their families during the party. Any items left over will be given to Susan Straus and her busy volunteers who help the less fortunate with food, clothing and all their needs all year.

Leedy members will serve snacks and help the kids make some holiday crafts. We'll be entertained by the Old Time Fiddlers from 2-3:30. A piano and songbooks will be available for some impromptu caroling from 1-2.

The public is invited to come by and help us celebrate the season. If you haven't had the chance to donate yet, please bring "gently-used" clean toys, warm clothing for all ages, non-perishable food, and household necessities like toilet paper and towels, during the event on Sunday.

Junior Grange seeks members

This November, the Washington-

Yamhill County Pomona Junior Grange program held their first community service event—a fundraiser for the Oregon Food Bank. The soon-to-be Junior Grangers have been meeting monthly since September at Leedy Grange Hall in Cedar Mill. The group is working to charter a formal Junior Grange, which requires a total of 13 members.

In October, our Juniors voted to hold a bake sale during the Tigard Bazaar and Pomona Breakfast. The group worked diligently at the November meeting baking cookies and working on membership ideas. At the sale on November 9, four exuberant "sales-kids" worked hard to successfully raised over \$200 for OFB! The Juniors will be presenting the check to the Oregon Food Bank in December.

Junior Grange emphasizes character development through fun activities to help their community; and helps children develop skills to participate in the democratic process by teaching them parliamentary procedure as exemplified in formal meetings. The December meeting featured a "field day" of

games at a local park, snacks, and the formal meeting to plan future activities and projects.

Rosalea Peters, Pomona Junior Chair, asks, "Do you have interested kids between the ages of 5-14? We are still in need of several more kids to join. Our meetings are the second Sunday of each month, from 2-4 pm, at Leedy Grange Hall, 835 SW Saltzman Rd." Email Rosalea Peters, Junior Chair, at 3PetersFamily@gmail.com or call (503) 593-0110.



Future Junior Master Robert Cousineau, Lecturer Sharon Cousineau with friend standing behind her, Gatekeeper Tim Cousineau, and Overseer Jaden Peters with John Cook, Mayor of Tigard.

Sign up for Spring Soccer

Milltown United Soccer Club will open registration for recreational spring soccer on January 6. With practices starting after spring break and games in April and May, the spring season is a great opportunity for kids to develop skills and have fun in a posi-



tive, friendly setting. Teams will be formed for Kindergarten through 8th grade, with K-1st graders participating in Milltown's Kick and Chase program. Visit Milltown's website for additional details: milltownsoccer.org.

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Tis the Season to Rethink Classic Holiday Décor

by the staff of West Tualatin Soil & Water Conservation District

Every year, it's the same old thing: mistletoe and holly. You can thank [Frank Sinatra](#), perhaps, for this enduring Christmas theme. Chances are good, though, that Frank wasn't much of a gardener, and even well-meaning and informed gardeners may be unaware what a nuisance these species can be during the rest of the year. Let's take a closer look at exciting alternatives to these questionable classics!

Mistletoe thrives in the southern part of the US but can be found causing trouble for foresters in states as far north as Colorado, where it climbs and can stunt the growth of (even kill) many trees. With a truly prodigious ability to spread by climbing more vulnerable mature trees, it can shoot seeds up to 50 feet in all directions, attacking anything in its path.

English holly, like many other Christmas traditions, came to us with European settlers from Britain and continental Europe, where much colder winter weather and other conditions keep its growth in check. Grown commercially and by gardeners for its glossy dark green leaves and startling red berries, holly may be emblematic of the season, but it crowds out native plants in natural areas, and doesn't provide very good food or shelter for the native wildlife that unwittingly aid its distribution.

Many of the early nursery growers in Cedar Mill grew holly, and there are still acres of the trees in the area. Birds eat some of the berries, and they are distributed when the birds relieve themselves in our yards.

Keep an eye out here for holly: A small shrub that may grow into a tall, thick trunked tree with glossy dark green leaves that have sharp spines and small white flowers that produce bright red fruits found in upland forests and the edges of wetland areas. It can be difficult for the beginner to distinguish between holly and the native Oregon Grape, so [check some of the resources in this article](#) to familiarize yourself with it.



Oregon Grape

Help control the spread of holly: Avoid composting the remaining leaves and berries from yard trimmings or indoor décor. Opt for tying it up in a plastic bag and sending it straight to the landfill in your weekly trash.

Removal of holly from the landscape can be tough. Try hand-pulling tender young plants (relatively easy) and digging out mature stumps (much more difficult); appropriate herbicide application may be needed. Tualatin Hills Park & Recreation and other agencies use



a nifty device called a weed wrench to wrest the roots of these and other invasives from affected areas.

Fresh holiday décor ideas:

Why not celebrate the native bounty of

Oregon this holiday season instead? For much the same look and feel as holly, consider bowers of Oregon grape.

Replicate those bright red berries and dark green leaves with a mix of bitter cherry, red elderberry, and salal branches.

To replicate the look of mistletoe, consider hanging a spring of snowberries over doorways—once people know where mistletoe gets its name (from the Anglo Saxon for 'dung on a branch'), some of the romance of the tradition may fade anyway.

For Oregon grape and snowberry: oregonmetro.gov/index.cfm/go/by.web/id=27023. For bitter cherry, elderberry and salal: ir.library.oregonstate.edu/xmlui/bitstream/handle/1957/19399/ec1577complete.pdf

Link to the full article on our website (for mistletoe and holly) swcd.net/invasive-noxious-weeds/mistletoe-and-holly

Cedar Mill Garden Club News

The Annual Potluck Christmas Party, Gift Exchange and Christmas Sweater Contest of the Cedar Mill Garden Club was held Wednesday December 11 at the home of Garnet Ascher, immediate past president of the Oregon State Federation of Garden Clubs.

The January meeting on Japanese Maples and Companion Plants will be a slide show presented by the owner of Arbutus Garden Arts, Norm Jacobs, [www.](http://www.arbutusgarden.com)



CMGC members had a lot of fun at the Holiday gift exchange

arbutusgarden.com. He will also bring plants. "Do join us for an enjoyable, informational meeting," said Barbara Cushman, Cedar Mill Garden Club President.

The Club holds their educational meetings with notable speakers

Community Conversation on Accessibility

The public is invited to join The Community Conversation on Accessibility sponsored by Oregon DHS, Washington County DAVS and Virginia Garcia Memorial Health Center. Lend your voice to a conversation about a vision for an accessible community. The event will take place on Friday, December 13, 10 am-3 pm at the Virginia Garcia Wellness Center at 1151 North Adair, Cornelius.

Topics will include: The needs of seniors and adults with disabilities; How to get help from Oregon Department of Human Services -Aging and People with Disabilities; Washington County Disability, Aging & Veteran Services (DAVS) and Washington County Developmental Disabilities; Information on health insurance through Cover Oregon; and Navigating services for young adults with disabilities

Lunch will be provided. Reservations can be made by calling Sandra Castaneda at 503-846-3093 (Se Habla Espanol).

at the Beaverton Activities Center, 12500 SW Allen (5th and Hall), on the third Wednesday of each month, September – May, with a Picnic in July. The Cedar Mill Garden Club also holds an annual plant sale to raise money for scholarships and community projects, and takes many field trips and tours. The last tour was at the Judges Council Flower Show in Cedar Mill. The club is also beginning a youth group at a local elementary school. They welcome all interested gardeners, novice or experienced.

For additional information, please call 503-649-7741, or e-mail barbswhimseys@yahoo.com, or go to thecedarmillgardenclub.org and visit the Facebook page.

Public Affairs Forum

The Washington County Public Affairs Forum meets from 11:45 am to 1 pm at the Peppermill Restaurant, located at 17455 SW Farmington Rd, Aloha, OR.

- December 16: Brad Avakian, Commissioner at Oregon Bureau of Labor and Industries (BOLI)
- December 23 and 30: No Meeting
- January 6, 2014 NIWA – Northwest Independent Writers Association niwawriters.com/
- January 13-Aloha Library Presentation

Founded in 1956, the Public Affairs Forum provides a common meeting place for the interchange of ideas and to stimulate thinking on civic matters. Each week the forum brings together community leaders, members, and guests who care about what happens in Washington County, the Metro region, and our state.

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Oregon College of Art and Crafts Sale

The OCAC is continues their sale of student and faculty work, including handmade beautiful bangles, enchanting earrings, gorgeous glass, charming ceramics, and much more! OCAC is open daily through December 22, 10 am- 3 pm. Visit their website at ocac.edu for the special holiday hours. In general, members enjoy a 10% courtesy discount all year. You can renew your membership or become a member at the shop. Every purchase supports OCAC and their artists.

Holiday Concerts

With Christmas approaching, so are the Beaverton School District Middle and High School holiday performing arts! During the month of December, schools all around the area are putting on many shows and concerts for the holidays. Come out and support the talented students in our area and enjoy a free show!

- Cedar Park Middle School: Choir Concert, December 18, 7 pm. A Christmas Carol (Drama) December 12, 13, 14, 7 pm.
- Stoller Middle School: Band Concert, December 17, 7 pm.
- Sunset High School: Choir Concert, December 17, 7 pm.

Band Holiday Concert, December 19, 7 pm.

- Westview High School: Choir Concert, December 17, 7 pm. Band Concert, December 18, 7 pm.

River City House of Praise

The River City House of Praise is a radio-style gospel show filled with comedy, music, and sound effects! Presented at Christ United Methodist Church on NW Dogwood Street, this is a onetime event on Sunday, December 22 from 10:15-11:30 am. There is no cost so come by! For any questions call 503-646-1598, email office@cumcpdx.org, or visit cumcpdx.org.

Visit Santa!

Second Edition Resale is offering a visit with Santa on Saturday, December 14, 2-4 pm! Bring your children, grandchildren, and camera to Second Edition, located on Cornell Road, for no cost at all. For any questions contact Susan Still at 503-644-6395 or susans@wcdcls.org.

VGA Gift Guide

The Village Gallery of Arts, located next to the Cedar Mill Library, is proud to present their first annual gift-giving idea book, avail-

able online at issuu.com/villagegalleryarts/docs/2013vgagiftguide. The link will take you directly to their holiday guide; featuring bios of some of their artists and information about the art they have available for sale in the gallery this month. Gifts are going for as little as \$15.

Holiday Show

And Sale: Shop local and consider the gift of affordable fine art and craft items. Village Gallery offers a wide selection of gifts ranging in price from \$20 to \$200: original paintings, fused glass dishes and ornaments, handmade journals, pottery, jewelry and fine art photography. In addition to its regular business hours, the gallery will be open until 6 pm every Friday leading up to Christmas.

Shelter Animals "Home for the Holidays"

The Bonnie L. Hays Small Animal Shelter, located at 1901 SE 24th Ave. in Hillsboro, cares for lost animals, finds homes for abandoned pets, licenses dogs, enforces animal cruelty laws, and more. They are holding their second annual Gingerbread Dog House Contest at the Cedar Hills Crossing Mall on December 15. Proceeds from the event will help the shelter care for the animals that are dreaming of their homes. The theme for 2013 is "Home for the Holidays". This could be the home where an animal will spend the holidays, their fantasy holiday destination, mode of transportation to get there, or anything in between. Judging categories are youth (12 & under), teens (13-19),

adults (20&over), pet business/organization, culinary students, and culinary professionals.

Entries must be delivered on



Sunday, December 15, between 10-11 am, to the Cedar Hills Crossing mall area at 3205 SW Cedar Hills Bl. The show will be open to the public for up-close viewing from 11 am-4 pm on December 15, with the winners announced at 3:30 pm. A People's Choice Award will also be given to the house that receives the most donations between 11-3 pm. A selection of entries will be on display inside the mall for the rest of December.

There is no cost except a suggested \$10 donation to the shelter with each entry. For questions contact Deborah Wood at 503-846-7148.

Dinihanians has Christmas in store

Dinihanians' Farm Market is transformed during this season into a Christmas Store. In addition to winter produce, available through Christmas Eve, they carry a grand selection of trees up to 13' tall. Lillian Logan, co-owner with her brother Vahan Dinihanian, says, "We have the largest selection of noble firs in Oregon, as well as other types of your favorite Christmas trees grown on our farms without spray or disease." They are happy to cut the trunks and help you load the trees onto your vehicle.

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They also have a vast selection of handmade decorative one-of-a-kind wreaths made with organic greens—over a dozen different types to fit any need. Mantelpiece decoration can fill your fireplace space with warmth and color, and are handmade with a variety of greens. Other decorated greenery pieces include swags for doors, mantles, indoor or outdoor; and yards of garlands for indoor or outdoor use, handmade with organic greens. They offer shipping anywhere in the USA for a flat fee that includes your personal note along with a wreath or swag of your choice.

Wreaths designed to fit candles for tabletop warmth and unique decorating, as well as tapers, sticks, and more, plus a whole wall of bows for gifts and decorating. If you want to design your own display, they offer Greens by the Pound: Aromatic branches from cedar, noble, and juniper trees. To round out your holiday season shopping, they carry locally-made crafts and gifts including aprons, soaps, cards, and more.

Winter produce includes fresh-pressed cider made with a special mix of sweet and savory apples; a variety of fresh pears and apples; pies made with their fruit; jams made with Hood River fruits; and “keeper” root vegetables from their farm while they last.

The store is open daily from 10 am-6 pm. Enjoy a complimentary hot drink, including a sample of their delicious cider, while you breathe in the aroma of Christmas! Located on their holly and produce farm, with the entrance at 15005 NW Cornell, just opposite the Oak Hills Shopping Center—just look for the signs!

Giving Clutter Free Gifts

It's that time of year when we begin to consider what gifts we will give to the people in our lives. We put a lot of effort into these gifts, but it is still often a challenge to

find gifts that will not end up as clutter by the new year.

Here are a few gift ideas that will allow the recipient to appreciate your thoughtfulness and generosity without adding to their pile of stuff:

Gift Certificates: These can be very meaningful if you thoughtfully design them to be specific to the recipient. Draw on the information you know about them to provide things like a dinner at their favorite restaurant, a massage to help them relax after a stressful time, or a manicure before an interview.

Involvement in an Experience: Everyone has dream activities or hobbies. Think about an experience your recipient would enjoy, and give them the tickets or admission for this experience. Some examples are, tuition for a series of cooking classes, game tickets for their favorite team, admission for time on a race track with a special car, or concert tickets for their favorite artist. They will enjoy the experience and recall your kindness, but they won't be left with items that needlessly fill up space.

Financial/Charitable Donation: you can help support a cause that your recipient is involved in or is passionate about. When a gift is given in their name, most charities will gladly send a card or note acknowledging them and the gift. The best part of this gift is that not only does the person you are giving to benefit from your thoughtfulness, but so does the charity and the cause it addresses.

Talent: Although this is listed last, it certainly isn't least. You, yourself, have much to offer. Perhaps you are a wonderful gardener and can help them with a few hours of spring flower planting, or you love to cook and can offer to prepare and freeze several meals for them. Maybe you are knowledgeable about computers and can offer to help them update their system. No matter what kind of skills you may possess, it is possible to give

these as a gift to show you care.

Questions or comments, contact Beth Giles at beth@nworganizing-solutions.com or 503-709-0791.

UPS Store Thinks Outside the Box for the Holidays

While many customers know they can rely on The UPS Store to handle the hassle of packing and shipping their holiday gifts, they're also discovering that they can check other items off of their holiday to-do lists at The UPS Store located at Peterkort Towne Square, 10940 SW Barnes Rd.

This time of year, we're busy helping customers design and print holiday newsletters, invitations and programs. Customers can select from a variety of professional printing and finishing options.

Customers who do a lot of online and catalogue shopping can open a mailbox if they don't want their items sitting on their doorstep while they are not at home. Plus, to make it even easier, The UPS Store will notify customers via email or text message when they have a package waiting for pick up, eliminating unnecessary trips.

The UPS Store advises customers that Mondays are typically the busiest shipping days, and Dec.16-20 is expected to be the busiest week of the year. Most UPS Ground packages require five days or less to reach their destination, but if you're shipping coast-to-coast, it may take longer. Bad weather can also create unexpected delays. This year, Christmas falls on a Wednesday. If you wait until the week of Christmas, you'll have to select a premium service for delivery on Monday, Dec. 23.

In addition, The UPS Store offers customers the opportunity to make a difference in their communities by contributing to the Toys for Tots Literacy Program. Through Dec. 31, participating The UPS Store locations will sell donation cards

to benefit the Toys for Tots Literacy Program. Every dollar donated helps purchase books for less fortunate children in local communities throughout the U.S.

The UPS Store located at Peterkort Towne Square has convenient extended hours during the holidays. For additional information, visit www.theupsstorelocal.com/3379 or call 503-646-9999.

Bring your pet photo* to the shop and it might be chosen to run in this ad!
*High-resolution digital files please



Rudolph gets his toys at Pet Barn!

Suzy waiting in the parking lot, Oct. 2013 submitted by Jeanette Stone

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Shop Local, continued from page 1

The new "pop-up" tree sale in front of the old Cedar Mill Lumber building on Old Barnes Road is providing a new twist to tree-shopping. Their big white limo will deliver you and your family back home with your tree, and bring you back so you can pick up your car. No mess, no fuss.

For lighting and other decorating supplies and equipment, find a great selection at our



locally-owned Ace Hardware in the Milltown Center at Cornell and

Saltzman. And of course they also carry tools, kitchen and gardening equipment and gadgets, and practical stocking-stuffers galore.

A good selection of cards, wrapping paper and shipping needs are on sale at Mailboxes Etc. in the "triangle" center next to the Wine Cellar. The UPS Store in the Peterkort Center can help with holiday shipping too, and they have some good stocking stuffers on their racks.

For the foodies on your list

Pars Market, at 12923 NW Cornell, has an exotic assortment of condiments, spices, teas and other interesting Middle-eastern and Persian foods, along with practical cooking equipment.

Bales Thriftway has an excellent wine shop where wine steward Steve will guide your choice of a premium vintage for gifting or holiday entertaining. They also have kitchenware and towels, and many gourmet condiment selections so you can create a nifty gift basket for your favorite cook. The new Wellness Center carries a good selection of stocking stuffers such as lip balm, healthy energy bars, handmade soaps and lotions, and personal care items like brushes and sponges. And there's always the rack of gift cards...

The Wine Cellar, at 525 NW Saltzman, also offers wine and wine-buying advice, along with glassware, tools and gadgets to round out anyone's collection. They can also provide a gift certificate for their excellent classes. Barrel, in the Oak Hills Center, is another source for wine and wine supplies.

Our local Mountain Man supplier, Joanne Hollister, has really cute holiday items and holiday baskets for gifting, along with a vast assortment of tasty snacks for parties. Contact her at 503-701-4005 or order online from <http://www.joannegiftsandgoodies.com>

Cedar Mill Liquor, in the Cedar Mill Place on Cornell west of Murray, has an extensive stock of cigars along with hard-to-find liquor and barware. They have some very nice gift boxes that include a bottle of liquor and glasses. They also now carry beer and wine, and feature local brewers, wineries and craft distilleries.

Gifts of health and relaxation

Angelic Healing Hands, at 1225

NW Murray, has a selection of gift certificates, so you can help your loved ones feel better. They also carry a variety of candles, incense, and other items to bring peace and delight.

Our numerous nail salons will be happy to provide gift certificates for relaxing pedicures. This indulgent yet practical gift is sure to please someone on your list. Wrap one around a bottle of polish for a nifty stocking-stuffer.

Sunset Yoga, on the second floor of the 12923 Cornell building, has gift certificates for their classes too. And you get one free class with each gift certificate over \$50.

And etcetera...

Gifts for your furry family members can be found at the Pet Barn next to Bales. Could you inspire a nature-loving child to be more observant with a feeder and food for hungry wild birds?

The folks at Mike's Auto Parts can help you select something to please a vehicle enthusiast on your list, whether it's something to snazz up a car (fuzzy dice?) or something practical like a set of new wipers (including installation) or a battery.

We hope this collection of suggestions inspires you to think locally for checking off the names on your gift list.

Award-winning lecture series comes to Oak Hills

The award-winning January Series of Calvin College is coming to Oak Hills again next month. From January 8 -28, 2014, Oak Hills Christian Reformed Church will be one of 44 remote webcast locations worldwide to broadcast one of the nation's leading lecture and cultural arts series.

The January Series lectures will be video-streamed live from 9:30 to 10:30 am PST Monday-Friday. The lectures are free and open to the public.

The 27th-annual January Series features a lineup of nationally acclaimed speakers including Pulitzer Prize winning journalist Isabel Wilkerson, the founder of ESPN, Bill Rasmussen, and one of the leading evangelical voices to come out of the American civil rights movement, John M. Perkins, to name a few.

For a full list of speakers and topics, visit calvin.edu/january/2014 and for more information, contact Corrine Bosch at 503-645-2245.

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Birds and People

By Lauretta Young

I found this amazing book at the Cedar Mill Library. I highly recommend this as a luxurious read for anyone even slightly interested in birds. This most unique volume is a photographic and literary summary of the meanings of birds in the human story.

I was entranced with the pictures of birds in art works, with the stories about birds and people, with the ways in which birds are in our lives—in our coins, in our symbols, in our mythology and in our food chain.

There is history—as in the Northwest Coastal First Nations' use of Ravens in their totems. There is science—as in the ways in which bird bones and lungs are so differ-

ent than ours to allow for flight, and an exploration of the mysteries of migration. There is art—with ancient cave paintings as well as modern abstract birds. And there is wonder—about how many habitats birds can fill, about how they can fly for so many miles without stopping, about how the feathers are formed,

and how unlimited the human imagination is with these creatures as inspiration.

Birds seem like humans in some ways with their biology, and yet they fly. Birds care for their young like we do, and yet they

leave the juveniles to migrate back to home grounds. Birds have the same organs as we do, and yet the sheer beauty of their feathers entrances us.

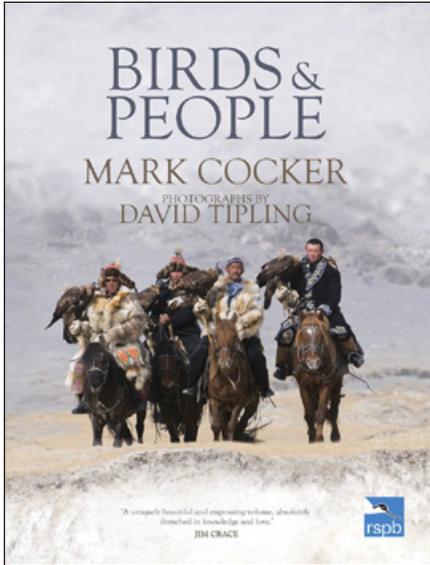
We truly do have “flights” of imagination because of them.

Birds appear in movies—I just rewatched an episode of the Harry Potter series with a magical Phoenix. Birds appear on major holidays such as Thanksgiving. Birds are in our vocabulary such as “hen pecked” or “bird brained.” Birds are now the source of intense ecological study and conservation efforts.

When I look at birds, study birds or listen to birds, I am aware of my place in a grander scheme of the universe—one that I barely comprehend with my limited senses. And I often wonder if the birds are looking at me...and what are they thinking?

This is a book of stories from around the world. The amazing diversity of birds and people is the magic of this book. If you are looking for inspiration, look outside and get this from the library!

Lauretta Young MD is the Director of Student Resiliency Program at OHSU and prior chief of mental health at Kaiser. She now has a private bird tour business where she teaches beginners and more advanced birders how to more fully appreciate bird song, behavior and ecology as well as identification. See her web site at www.portlandbirdwatching.com



Get Ready For Cold Weather!

Many of us have already dealt with the results of the severe (for western Oregon) cold snap. But there's good advice in this article anyway, including information for contacting Tualatin Valley Water in case of a problem.

You plan for rain by getting out your raincoat. Think it might snow? Get those boots ready. But what if you had an emergency? To be prepared, we encourage you to:

- Know where your water shutoff is in case a pipe breaks and you need to turn your water off quickly.
- Prepare your home and pipes for cold and freezing weather.
- Be prepared for emergencies.
- Have supplies and a plan ready.

Need more information or ideas? Visit www.tvwd.org or call (503) 642-1511.

Notifying You In Case Of Emergencies

Getting the word out and responding when water emergencies happen is important. TVWD prepares and our staff trains in case emergency response is needed. Different situations require different responses, yet here is some general information to remember:

We can be contacted 24 hours

a day for emergencies. Our (503) 642-1511 phone number should be kept in a convenient location or stored in your phone system. If our call volume is heavy, listen closely to the recorded message and if necessary, leave a message when



prompted.

The TVWD Web site (www.tvwd.org) is a valuable source of information especially as situations evolve. It is worthwhile checking back regularly to receive updated information. If you are experiencing an emergency, be sure to give us a call. While visiting the District's Web site and emailing us are useful tools, they aren't monitored continuously.

Media reports can be helpful. TVWD tries to work with the media to disseminate accurate and timely information. If you have a question about a media report, visit our Web site or give us a call.

For more localized events, a door hanger or signs posted in affected neighborhoods may be used to inform residents of an emergency situation and where to get more information.

Update your contact information with the District to make sure we can contact you. This can be done at www.tvwd.org or by calling (503) 642-1511.

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	10:30a-Noon	Level 3
	12:30p-1:30p	Gentle
	5:45p-7:15p	Level 2
WED	7:30p-8:30p	Core 1
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	Noon-1:30p	Level 1
	5:45p-7:15p	Level 1
THURS	7:30p-9:00p	Level 2
	9:30a-11:00a	Level 1
	11:30a-12:30p	Gentle
	5:45p-7:15p	Level 2
SAT	7:30p-8:30p	Back Care
	5:30p-6:30p	Yoga Basics Intro
	7:30a-9:00a	Level 2
	9:15a-10:45a	Level 1
SUN	9:00a-10:00a	Prenatal
	10:15a-11:45a	Level 1/2
	Noon-1:00p	Gentle
	SUNSETYOGA.COM	

Business News, continued from page 2
 Sunset Athletic Club. The group elected a slate of three new board members, and enjoyed food prepared by members who are caterers and other food vendors. Members were able to renew for 2014 at a discount, and many left with nice raffle items that had been donated by other members. The next regular meeting of the group will be on Tuesday, January 14, 11:45-1 pm at the Cedar Mill Bible Church chapel.

Greek Village wraps up lottery

Owner Irene Pavlatos continues to make improvements and host special events at the Greek Village, located off Murray just south of the Sunset Highway. "We are having a New Years Eve Masquerade Party," she tells us. "We've also enclosed the video lottery area to make it more cozy and private for our players. We are also open on Christmas and serving a full dinner at 2 pm while it lasts."

If you're looking for a good place for lunch, don't forget "The Greek." They have an assortment of delicious burgers, sandwiches and salads, along with crispy fries. Friendly atmosphere and an assortment of beverages make this a great

place to meet friends or just enjoy a lunch break.

Bales Cheese & Wine

If you're entertaining this holiday season, be sure to visit Bales' cheese counter for Marc Cretarolo's amazing selection of imported and domestic cheeses. He's constantly on the lookout for new items to bring us, and he's very knowledgeable about the best ways to serve and enjoy them. The counter also stocks intriguing crackers and spreads to go with the cheeses, as well as patés, charcuterie, and specialty salts.

Steve Gale, Bales' wine steward, can help you plan the beverages for your party, and suggest wine and cheese pairings to make your get-together a memorable event.

Help Wanted

Skyline Memorial Gardens & Funeral Home currently has career opportunities for motivated sales professionals who are service minded, energetic, and ambitious.



Experience in the funeral home or cemetery industry is helpful but not necessary. We provide excellent structured training both in the classroom and in the field. If you want to help others in their time of need while making a substantial income, please contact us to arrange an interview. Stop by 4101 NW Skyline Boulevard, or call 503-292-6611.

Read The News online:
cedarmill.org/news

Beaverton School District to offer Open Enrollment

The Beaverton School District will offer open enrollment for students living within the BSD service area for the 2014-15 school year at the schools listed below.

Applications for open enrollment are available on the district website, at each school, and at the Administration Center, 16550 SW Merlo Rd., and will be accepted from Tuesday, December 10, 2013 through Tuesday January 28, 2014 prior to 2 pm. Students may only apply to two schools. Completed applications should be returned to the school for which the student is applying. Applications to more than two buildings will be denied.

Elementary Schools: Bonny Slope, Rock Creek, Fir Grove, Terra Linda, Greenway, West Tualatin View, Oak Hills, William Walker, Raleigh Hills K-5, Raleigh Park, Ridgewood.

Middle Schools: Conestoga, Highland Park, Meadow Park, Whitford.

For more information, contact Melissa Larson at 503-591-4363/503-591-4154 or at Melissa.larson@beaverton.k12.or.us.

Thanks to Pacific Office Automation for printing the Cedar Mill News!



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Sidewalks, continued from page 1

This works fine in cases where the sidewalk is directly adjacent to and accessible by that landowner. But increasingly the fashion for roads like Saltzman, 143rd, and Bethany Boulevard—collectors by the county’s road classifications—is to separate the sidewalk from the adjacent fences with planting strips and not allow access to the residential areas except via a few entrances. Developers are building self-contained subdivisions where there is very limited access to collector/arterial roads (as mandated by the various jurisdictions, in this case Washington County). On those collectors and arterials, the county requires a sidewalk, but the adjacent property owner is separated from it. They have no more or less interest in the sidewalk than anyone else in the subdivision.

So the homeowner in this case would have to walk several blocks to access that sidewalk. Their back fence abuts the road. Understandably, they balked when presented

with a notice from the county. On further study, Schamp said, “I agree that the property owner shouldn’t be saddled with fixing a newly constructed sidewalk and I have been

law. Our State Representative Mitch Greenlick has agreed that there is a problem, and has agreed to work on it for the 2015 session (legislation seldom goes quickly).

Greg Malinowski, our County Commissioner, responded, “The biggest issue with changing this law is who pays the tens of millions of dollars in right-of-way upkeep costs from all over the state?”

Greenlick expressed a similar concern. “Help me understand why this should be a responsibility of taxpayers at large, rather than the responsibility of the property owner, who it seems will profit by improving their property. I do understand the special issue of Bethany Blvd.”

Although it’s not my job to write law, I have given this some thought too. In the case of new developments, either the county should include a fee for 40-or-so years of sidewalk maintenance in the Transportation Development Tax fees initially charged for the development, or make it the responsibility of the Home Owners Association if there is one. Many new subdivisions create HOAs from the beginning. The developers of the new proposed Arbor development on Saltzman stated they would include

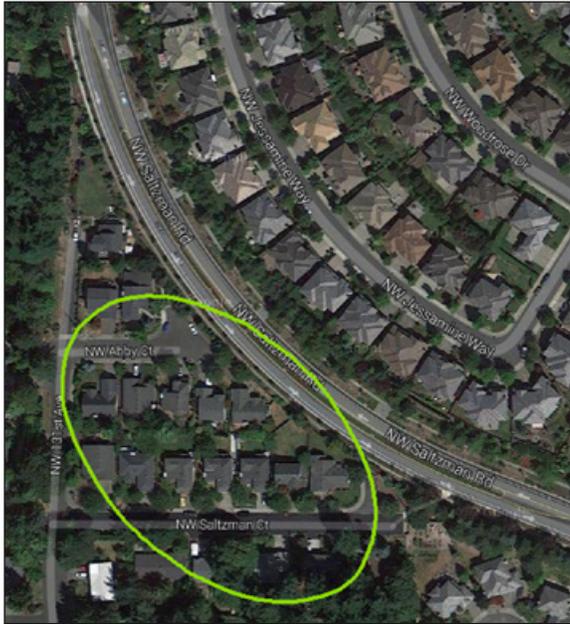
Saltzman sidewalk maintenance in the HOA assessment for their new homeowners.

For existing sidewalks *where the above situation exists*, if there is a HOA, they should cover the cost. If there is no HOA, perhaps a Local Improvement District should be formed that would assess people within some radius of the sidewalk, as a group, for the maintenance.

This should deal with the problem going forward, and relieve those individual homeowners of the onerous responsibility to pay for something they can’t access to any degree more than their neighbors (in many cases, less than many of their neighbors). Most of the subdivisions and homes that were built years ago are not separated from the sidewalks, so assessing the adjacent homeowner makes a lot more sense.

Stephen Roberts, Communications Coordinator for Land Use and Transportation at the County, responds, “Per statute, the abutting property owner is ultimately responsible for the sidewalk. As noted, we are pursuing other avenues to get this repair done. You’ve offered some good suggestions to consider moving forward, but all have logistical challenges associated with them... but that doesn’t mean they shouldn’t be given some consideration.”

In the meantime, pedestrians still have to navigate the buckled sidewalk by walking in the mud or the street. We do hope the county figures it out sometime soon and repairs it, whoever ends up paying.



The broken sidewalk is in an area where no houses front on Saltzman.

working with ECS (Matt Costigan) to have the repairs made on the MSTIP nickel. I’m pretty sure that’s happening, but if not, we will get it taken care of without charging the property owner.”

Because it is a state law, any change in the situation will only come about with a change in that

Cornell, continued from page 1

family homes and the Union Schoolhouse but the population was growing and Cornell undoubtedly longed for a church building. In 1867 Wesley Chapel was constructed at the cost of \$700. The small building stood a few blocks west of the junction of Cornell and Murray. It served the needs of the community for 24 years.

Cornell eventually moved from the area and served as minister in the Innes Chapel, closer to his new home which was over by present-day Washington Square in Beaverton.

It is interesting to note that Wesley Chapel served the Cedar Mill citizens until the Owen Murray family purchased the land where the building stood. For some reason the Catholic Murray’s relationship with the Methodists soured and in 1891, the Methodists were asked to vacate the premises. JQA Young’s son Jasper donated some land on

Cornell Road just east of the original building and a new chapel was built. This 2nd Wesley Chapel served the community for over 40 years. After that it stood vacant for a number of years, life swirling and growing around it where it shared space with an advertising board and tall grass. I remember seeing it when we moved here in 1964. It was demolished in 1965.

William Cornell eventually moved to Salem where he became involved in the growth of Willamette University. He is buried in that city.



The second Wesley Chapel, built in 1891, was located on Cornell west of Murray, and lasted until 1965

Cedar Mill's Leedy Grange presents a monthly **Flea Market** Every first Saturday 10 am - 4 pm

NOTE! new hours!

for more information, visit leedygrange.org

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