



FREE

Cedar Mill News

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June 2015



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Another attempted arson on THPRD property

Following the arson fires at the Tualatin Hills Park & Recreation District properties near Saltzman and Laidlaw last month, another



attempted arson was reported on May 20, this time on a house at the south end of 114th, near the wetland area. The house was purchased by

THPRD at least ten years ago, and until fairly recently was occupied by a renter.

A neighbor told [KPTV News](#) that he had been walking in the area, and smelled smoke coming from the house. As he approached, he saw that the house was on fire, and then saw a man exiting the house, wearing a mask and holding a road flare. A security camera in the area captured a photo of the suspect, with five road flares in the pockets of his jeans. The only available description of the suspect is that he is a white male. Another

neighbor called 911, and firefighters from Tualatin Valley Fire & Rescue were able to extinguish the fire with little damage to the structure.

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Albertson's closing

The Albertson's store at the corner of Cedar Hills Bl. and Barnes Road will close for good on or before June 20, according to Manager Randy Vanderzanden. The business had a 20-year lease with the Peterkort Management Company, owners of the Peterkort Towne Square shopping center, and it expires on that date.

Peterkort Company President Lois Ditmars explained that, "Albertson's elected not to renew its lease and to close the store at Peterkort Towne Square effective the end of June 2015." She continued, "The management of Peterkort Towne Square is in the process of seeking other potential tenants for the Albertson's space and expects that it will be able to secure another quality tenant. We are not in a position

to reveal any particular discussions for that space at this time, but we working to address that vacancy as soon as possible."

Vanderzanden said that the cost to renew the lease was a significant increase over the previous rate. Earlier this year, the Albertson's parent corporation bought out the Safeway chain. Safeway is already including some Albertson's products in their stores. They will feature the Albertson's recipe fried chicken, for example. The proximity of Safeway may have been a factor in the corporate decision not to renew.

Albertson's employees will move to Safeway or to other area stores, Vanderzanden noted. "We are a union store, so we'll find jobs for everyone that wants one," he said.

Everything in the store will be sold off, including fixtures! Deep discounts, that will be progressively larger, will be offered on non-perishable items. Fresh produce, bakery, and dairy products will continue to be available until the closing date.



A Town Center Plaza for Cedar Mill?

By Virginia Bruce

Cedar Mill is part of the large "Unincorporated Urban Area" (UUA) of Washington County. We get our "urban services" from special districts in Washington County, and most of our needs (water, schools, streetlights etc.) are met. (See our series, [Urban Needs, Rural Government](#), for more information.) But one thing that's lacking is support for community—the "sense of place" that makes the difference between a collection of

was to take the commercial developments on the east side, and so the two-story mixed use building at the corner, along with the Humdinger burger shop, were purchased by the county and demolished.

Portland is often called "foodie heaven," and one reason is the variety of dishes offered by food carts around town. But the phenomenon has yet to take hold in Washington County. When I gazed at the empty corner, I could picture a food cart "pod," along with space for con-



houses and businesses, and a place where people get to know each other and share experiences.

For many years, the county's expectation was that cities would eventually annex all the UUAs and take the problem off their hands. "Counties don't provide urban services," was the standard response. Over the last couple of decades it's become clear that most people aren't eager to be annexed, and that cities aren't going to bring everyone within their boundaries in our lifetimes.

The [Cedar Mill Town Center Plan](#), conceived in the late '90s, called for some public spaces, but everything was left up to private developers to make it happen. Obviously, it's hasn't and probably never will, without some intervention.

Recently, Washington County has been looking at ways to step up and help the UUAs (including Aloha, Bethany, and Cedar Hills) to build that sense of place that makes urban life more fulfilling. The first experiment may happen at that big vacant lot at Cornell and Murray.

In 2007, Washington County began a major project to enlarge that intersection. An advisory team was formed, and one of the first items to be settled was which side of Murray would be sacrificed for the necessary widening. The consensus

certs and the Cedar Mill Farmers Market. But how could that become a reality? In 2009, I approached Tualatin Hills Park & Recreation District's then head of planning, Hal Bergsma. He was intrigued, but eventually said the district wasn't interested because of the potential cost of the project.

After the intersection work was finished in 2009, the remaining property had to be treated for contaminants left by the dry cleaner that had been located in the corner complex. Once the DEQ finally signed off on the project, the county put the .75 acre property up for auction in May, 2013. [Nobody bid on it](#), due to limited vehicle access and other factors.

So I revived my vision of a public space for Cedar Mill. I met with County Chair Andy Duyck, who said that the county might be interested. Last fall, Chuck Richards, owner of Sunset Athletic Club, and I met with Andrew Singelakis, head of Land Use and Transportation, and Rob Massar, Deputy County Administrator, at the site. Richards is also a booster of the plaza idea. They agreed that the idea had potential, and county staff began to investigate and meet with other potential partners.

Early this year, Richards and I met with senior THPRD people

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Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Free Tunes Just for You!

Fridays, 6-8 pm, Market of Choice, 50 NW Lost Springs Terrace

Market of Choice is offering summer music! Listen to live music by local musicians while enjoying your favorite food and beverage from the selections in our store. Bring your family or invite some friends!

June 5, The Jane Lewis Band; June 19, Tim Snider; July 17, Michele Vankleef; July 31, Redwood Son; August 14, Lisa Mann; August 28, Jordan Harris. For more information or questions, call 503-596-3592, or visit marketofchoice.com

Yoga for Seniors and Kids

Want to try a free class? An Open House for Seniors is planned for June 13, 2-5 pm. Two free Gentle Yoga classes are scheduled for 2:30 and 3:30 pm. You've never taken a yoga class before? That's okay. These classes are perfect for those new to yoga. Reservations for the open house classes are recommended, see contact info below.

There will also be free chair massages, door prizes and a one-day, onsite sale for seniors yoga packages. Come and take a tour of the studio and enjoy free beverages and snacks.

Yoga OMazing has expanded its Gentle Yoga class schedule for senior citizens. The class is now offered at 10:30 am on Mondays, Wednesdays and Fridays.

Yoga OMazing also has Yoga Summer Camps for Kids. These two-week camps will be held at the studio. There's camp for ages 3 to 5,

6 to 12 and also 13 to 16. Yoga for young children and teens can help build a foundation for compassion, poise and confidence, while learning tools to help them concentrate and relax. Young students will practice poses for balance, strength, flexibility and self-control.

Yoga OMazing is located in Tanasbourne, at NW 188th & Cornell. For more information call the studio at 503-430-1759 or visit online at www.yogaomazing.com

Open Studio with Rhonda Gill

Cedar Mill Farmers Market favorite Rhonda Gill, who produces beautifully carved and painted gourd art and other crafty items, has been having some health problems that will prevent her from regular market attendance. But



she has set up a workshop at her home and invites anyone interested in visiting to attend Open House demonstrations and sales through the summer.

June dates include the first weekend in June and Father's Day weekend (June 5, 6, 7, 19, 20, 21).

Some of the gourds are functional as containers, and some are meant for hanging. Along with the gourds, there will be painted boxes, tote bags, phone cases, small purses and hospital bags, and perhaps some surprise items that Rhonda whips up—she's so creative!

There will be free refreshments, including samples of some of her great baked items, along with coffee, tea, and lemonade. If you're interested in visiting to watch how she works and/or to purchase her art, contact her at ticky37@comcast.net or 503-332-4025.

Bethany Village gets a farmers market!

June 3-September, 5-8 pm

Bethany Village will be hosting farmers markets this summer! Mark Brooks, operator of the Mark's NW Fresh Produce stand

in West Union, will accompany at least eight vendors who will sell their goods at the corner of Northwest Bethany Boulevard and Center Drive, just outside Juan Colorado and Starbucks.

"I've heard a lot of buzz at my stand," said Brooks, who sells fruits and vegetables grown in the region. "A lot of my customers are excited about it."

Other vendors who have signed up to sell at the Bethany market so far are Kookoolan Farms, Herr Family Farm, Baird Family Orchards, Abbey Creek Winery, MeeMee's Goodies, MoMo Shave Ice, and Unleashed by Petco.

The markets also will feature entertainment and activities for kids, according to Rochelle Drakos of Central Bethany Development. The small parking lot will be closed at about 3 pm Wednesdays to make way for the vendors.

New owner for Holistic Pet!

Holistic Pet has changed hands. New owner Richard Dupraw has



worked for more than 20 years in the pet food industry. The store will be expanding their Grooming Salon hours by adding a new groomer, Quinn, who comes to them with more than ten years experience! Quinn will be grooming on Sunday and Tuesday to complement Anne, who grooms on Wednesday, Thursday and Friday.

The store will also be expanding their raw food selection, treat selection and adding new toys! Call 503-626-PETS (7387) for more information! Holistic Pet is located at 13567 NW Cornell Rd in the Safeway center

Celebrate International Yoga Day

Sunday June 21, 2-4 pm, The Sunset Yoga Center, 12923 NW Cornell #203

June 21, the date of the summer solstice, will be the first International Yoga Day, as designated by the United Nations. UN Secretary-

General Ban Ki-moon said, "Yoga can bring communities together in an inclusive manner that generates respect. The diverse benefits it brings include helping people deal with stress in emergency situations."

Sunset Yoga's Nina Pileggi says, "We will come together that day and celebrate yoga by sharing and practicing. There will be refreshments and a video of Gururji (Mr. Iyengar) practicing and teaching." Join them for this free community event to deepen your practice and join your community. Open to all levels and all ages.

Metro chooses Peregrin

Metro, the regional government organization responsible for local growth and attractions, including the Convention Center and the zoo, has partnered with Peregrin Financial Technologies to provide ATM services throughout the Portland metropolitan area for local residents and for out of town visitors. Peregrin, a business founded and run in Cedar Mill for over 20

years, is providing Metro with 18 ATMs, along with vault cash, processing and maintenance services.

Metro previously owned and operated 14 ATMs. Peregrin replaced four of these with newer models, and added four more at no extra cost to increase availability. Peregrin also upgraded the ATMs with faster communication capabilities, to decrease transaction times and shorten lines during high-traffic periods. In addition, new highly-visible custom graphic screens—unique for each venue—add visibility and promotion for the ATMs at the Metro locations.

ATMs at Metro locations provide over \$5 million in cash to visitors, many from out of state, to spend in the Portland metropolitan area. In addition, Metro receives a portion of the transaction fees—totaling close to \$100,000 annually.

Visit Peregrin.net to learn more about the company and its offerings

Plan your funeral at Skyline Memorial

Saturday, June 13, noon-2 pm, 4101 NW Skyline Blvd.

Planning for life's big events, such as weddings, graduations, and retirements, is something most people do as part of life. A funeral is

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dling, please consider talking to the folks at POA, and be sure to let them know that you appreciate their role in bringing you [The News](#). They are in business to do business, of course, and it would help CMN if they know that their contribution influences decision-makers.

And if you're a Facebook user, go and [LIKE](#) their page! It offers lots of useful tips and links to business articles that you will find interesting.

Passport Contest returns to Park Concert

Thursday, July 16, 6-8 pm, Cedar Mill Park (adjacent to Cedar Mill Elementary on Cornell near 94th)

The Cedar Mill Business Association is bringing back their popular Passport Contest for the 11th Concert in the Park to be held at the newly-renovated Cedar Mill Park. The contest encourages concert-goers to visit all the "community partner" exhibits during the concert, by picking up a Passport card, and visiting each of the Community Partner booths to get it stamped. A drawing from all completed Passports will determine the winner of a gift basket.

Tualatin Hills Park and Recreation District initiated the concert series in 2004, and Cedar Mill Park was among the first four parks. A summer concert has occurred every year since, except for last year, when the park was closed for the renovation. This may be the last one for a while, though, because the district is cutting back on its special event schedule, and will probably hold the limited number of concerts in different parks next year.

The headliner for this year's concert is Tony Starlight. He and his five-piece band perform covers and lampoons of pop songs that will appeal to all ages. The THPRD RecMobile will be on hand with kid's activities, along with a food vendor for those who don't want to

bring their own picnic.

CMBA member businesses are invited to join the fun by setting up a display in the big CMBA booth. Contact Virginia Bruce for more information: 503-803-1813 or vrb@teamweb.com. Not a member yet? Membership Chair Lori Bitter can help you fix that, contact her at 971-570-6248 or Cardsbyloribitter@gmail.com.



Make Music Day

Sunday, June 21, 11 am-1 pm, Home Depot, 13700 NW Science Park Dr.

Kids and adults will get free supplies, and learn to make an instrument (like a drum). This event is part of "Make Music Day PDX," a celebration of all kinds of music throughout the day on the Summer Solstice. Portland is joining over 725 cities around the world to celebrate Make Music Day, an event that originated in France over 30 years ago.

There will be more than 70 performances and activities happening in various locations throughout the city on that day. All events are free and open to the public. The Cedar Mill Home Depot has been very supportive of this event and will be hosting this instrument making workshop. For more about Make Music Day PDX visit makemusic-daypdx.org.

Israeli folk dancing

Monday, June 22, 7:30-9:30 pm, \$6, Leedy Grange Hall, 835 NW Saltzman

Enjoy learning easy and fun Israeli folk dances and open dancing at Leedy Grange Hall in Cedar Mill. Brought to you Sue Wendel and Friends. Future sessions are scheduled for July 20, August 24, and September 21. For details please see PIFD News at sites.google.com/site/pifdnews or email pifdnews@gmail.com

Preschool Open House

Saturday, June 6, 10 am-12 pm
10207 NW Alpenglow Way, 97229
www.BlueFrogsJump.com
503-925-3919

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Seniors Yoga Open House

Saturday June 13, 2015

Senior Citizens Open House 2 to 5 pm

- 2:00 pm Studio open for touring - Bring a friend!
- 2:30 pm Free 45 min. Gentle Yoga Class
- 3:30 pm Free 45 min. Gentle Yoga Class
- 4:30 pm Door prize drawings!

- Free snacks & beverages
- Free chair massages
- 1-Day Sale on Seniors Yoga

Gentle Yoga Classes every Monday, Wednesday & Friday at 10:30 am



In Tanasbourne 1849 NW 188th Avenue, Suite 200
corner of NW 188th & NW Cornell
www.yogaomazing.com

Who owns the creek?

By Virginia Bruce

In 1995, Dave and Ellen Roznar purchased a five-year-old house in Bauer Woods Estates, on 123rd. It sits on a triangular lot, with one side bordering a branch of Willow Creek. "The stream, which only ran during the wet months, was about two or three feet below the level of our yard. It made a lovely sound, and it was surrounded by native plants," she said.

But over the years, erosion took a toll. Water coming out of the culvert from upstream has cut the creek all the way down to bedrock and created steep slopes on both sides. Upstream, large semi-rural Bonny Slope lots have rapidly been turned into denser subdivisions, with more hardscape that results in rapid runoff of rainwater. Unlike in many urban areas, runoff from rainwater, lawns, and other sources goes into streams, not sewer lines.

In most cases, a Homeowners Association (HOA) is responsible for shared maintenance of riparian (streamside) tracts that are set aside from being developed. In this case, however, things didn't work out that way. Spectrum Development Corporation sold lots after installing the necessary infrastructure of roads, sewers, power etc. At some point, the company disappeared, before getting around to creating an official HOA.

She and the 16 neighbors who live along Tract A have had to deal with falling trees and disappearing yards. Some have built (possibly illegal) retaining walls at their own expense. The Roznars started trying to find out if the county, and/or Clean

Water Services, could help her and her neighbors solve the problem. She contacted County Commissioner Greg Malinowski, who began asking questions of Land Use and Transportation managers.

The original plat for the property states, "Tracts 'A' and 'B' are riparian and drainage tracts. All benefits, rights, and duties of undivided and common ownership, including but not limited to the use and maintenance of all common areas designated in this plat and entitled Tracts 'A' and 'B' shall inure with abutting owners of the plat-tered lots in this plat and are to be left in their natural state with reasonable maintenance." Again, under normal circumstances, the entire HOA would share

responsibility for maintenance, but lacking such a legal entity, it reverts back to the "abutting owners."

Before long, county counsel got involved, stating, "the tract is in a significant natural resource area (Water Areas and Wetlands, Fish and Wildlife Habitat), so anything from tree removal (unless presenting an immediate danger to health or property) to bank stabilization would ultimately require a land use permit. In accordance with Section 422-3.3(5), bank stabilization in a significant natural resource area is a Type II use, and therefore would need to go through the Type II application process."

Clean Water Services Public Involvement Coordinator Sheri Wantland, says, "Neither the extent nor the cause of a problem has been established, and experts might come to different conclusions reflecting their point of view

(geotechnical engineer, geomorphologist, etc.). Our advice was to ask a geotechnical engineer to take a look." CWS has offered technical guidance on the vegetation and free native plants.

At this point, it seems that the county is telling the Roznars and their neighbors that they will have to hire lawyers and engineers, and proceed with a very expensive and time-consuming Type II development application if they have any hope of saving their back yards.

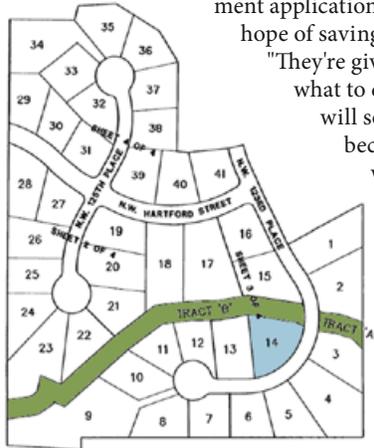
"They're giving us advice on what to do, but none of it will solve the problem, because the erosion will continue as

long as more water keeps coming from upstream," Roznar says.

Washington County relies on HOAs to take responsibility for streamside maintenance, yet there is no formal relationship between these entities

and the county, and no requirement that HOAs be established. Wantland notes, "without an active HOA, commonly owned tracts fall into disrepair. It's difficult to engage multiple owners, especially when only a few live adjacent to the tract. Even those adjacent have differing viewpoints, priorities and resources, and it's a challenge to launch a group effort after years of complacency. CWS has offered technical guidance on the vegetation and free native plants."

Land use and watershed management, as they are practiced in Washington County, are still something of an experiment. So much of the growth over the last 20 years has been taking place on the foothills of the Tualatin range, with myriad streams that now have to carry significantly more water than their natural beds can handle. Planners are now being pressured by developers to decrease stream setbacks in North Bethany and other areas, to maximize buildable land. Water and gravity, however, still need to be taken into account.



The Roznars home is on the lot marked in blue. The stream is a named tributary of Willow Creek.



It's been difficult to get any plants, that might hold the soil better, established on the steep slope.

Washington County Museum news

All events are at the main Museum location, 120 E Main Street, Hillsboro, unless otherwise noted. **Tuesday June 2, 5-8 pm**

Free Art Walk Reception with Guest Artist, Fine Art Photographer Russell J. Young.

Young's fine art prints "Seeking Silence" are now on display. He will give two informal art talks at 5:45 and 7 pm. Adults only (21 plus please), free refreshments. **Saturday June 13, 10 am-1 pm**

Free Family Day: Technology, Primitive to Present Day. Hands on activities all about technology from native skills to the high tech industries of today.

A Taste of Washington County!

Thursday June 18, 5:30-9 pm, at the Museum's PCC Rock Creek campus location, 17677 NW Springville Road. Tickets \$50/ person \$400 for table of 8.

Enjoy samples of fine foods and libations from Washington County chefs, caterers, brewers, winemakers, and distillers. The Museum will present its annual Heart of Washington County award. This year's recipient is the late Karen Schouten, long time community volunteer, Intel employee, and wife of Commissioner Dick Schouten, who will accept the award on her behalf.

Beyond the Snapshot. A Photography workshop with Guest Artists Russell J. Young.

Saturday June 27, 9-4, registration by June 24.

Pre-registration is required for a unique opportunity to learn fine art techniques of composition, lighting, and photo editing using macro photography skills with your DSLR camera. Suitable for all photographers ages 16 and up. There is limited space, so register soon! The cost is \$55-\$65. Register by calling 503-645-5353 or email info@washingtoncountymuseum.org with "Photography class" in the subject line.

Cedar Mill Farmer's Market schedule

June 6—the THPRD Nature Mobile will be at the market. June 13—the Cedar Mill Library will be at the market. June 20—The Sustainability Fair will be at the market.

Throughout June, the Farmer's Market will have a booth collecting donations for Nepal Relief. Visit cmf-market.com for more information.

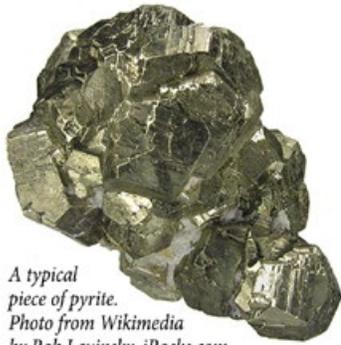
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Minnie's goldmine

By Minnie Stoumbaugh

Well, we didn't start out digging a hole, but rather a tunnel, but that was for sure an exercise in futility. You know how it is when kids are out of school in the summer? I don't remember any of us ever complaining that we were bored, as I sometimes hear kids say today. Maybe because we wouldn't appreciate the chore that Mom would come up with if we so dared. Since there were seven of us Smith kids, entertaining ourselves was easy. What one didn't think of, another did. During the time that I remember, there were only five of us at home, me being the youngest of three boys and two girls.

For the most part, life just continued to happen, and we went with



A typical piece of pyrite.
Photo from Wikimedia
by Rob Lavinsky, iRocks.com

the flow. However, we may have even been guilty of muddying up the flow on occasion. Like the time we decided to dig for water. We had city water and had moved the outhouse from the back yard and now had a bathroom in the house. So it seems the only need of digging a hole was for something to do.

Dad taught us how to "witch," or dowse, for water. When the boys felt a strong, downward pull on the "stem" of our forked stick, we thought there surely must be an underground stream! Besides, we were near the east side of our house, and this was in line with where water sometimes came into our dirt-floor basement when it was especially rainy.

We all took our turn to dig and it was no small chore as the soil was more clay than regular dirt. Not to worry, we had a goal and were in pursuit. We made sure the walls of our pit were neatly trimmed and a large enough rectangle to accommodate the length of the shovel handle as we went deeper.

It took a few days, and some of the neighbor kids joined us in this venture. They couldn't dig a hole

like that on their own property, and they were enjoying it as much as we were, each of us taking a turn. Dad's response to this sort of thing was, "Let them work while they will."

Eventually, because of the depth we dug, it was necessary to have someone on top to pull up the rope on the handle of a bucket full of dirt. After dumping, drop the bucket down again for a refill. And we needed someone to help us out of the hole when we gave up our turn. Helpers would lower our homemade wooden ladder, kept close by for an easy exit.

About six feet down, we found running water!

But that's not all. We also found a good deal of mica. You may know, it takes an educated eye to tell the difference between fool's gold and the real thing. We Smith kids were enjoying the pretty rocks, the likes of which we had seen before, but the neighbor kids began to get all excited thinking that we had found gold!

So we asked Dad's opinion. He immediately identified it as pyrite and said that we should settle down. But the neighbor kids wanted to go home and tell their families! Dad told them not to do that because people would get into an uproar over nothing.

Within an hour the first real estate agent was knocking at our door, and others followed over the next few days. Brothers Floyd and Gene rather chided Dad saying that he was missing a great opportunity. Salesmen were offering us BIG money for our little corner of the world. They tried to tempt us by saying, "You could leave here and get a much bigger and nicer home!"

But Dad made it abundantly clear, kindly, firmly, that he was not going to take advantage of people's ignorance just to get money. "We have a good home, and we should be content with it," he having built it in 1937, about ten years earlier. And he told us, "It would be wrong to rob people to promote ourselves."

Eventually, we refilled the hole and used the space for a cabin-style tent – for cooler summer sleeping than in our hot upstairs. Of course, no one had air conditioning then.

Busy Sunset grad wins National Merit Scholarship

Bridget Hanchek is planning to attend Michigan State University in East Lansing next fall, and she'll have the benefit of a number of scholarships and opportunities as a result of winning the National Merit College-sponsored Scholarship.



She explains, "My university awarded me a small monetary prize of \$750 a year. This doesn't make much of a dent in my tuition, but the real benefit of National Merit is that being a semi-finalist quali-

fied me for many other scholarships from MSU. I have a Professorial Assistanceship, a tuition grant to make up the out-of-state difference, free room and board, and some awards from Honors College and for studying abroad. I also received a scholarship because my mom is an MSU alumni, and another one from Intel, where my dad works. These combined are almost \$43,000!"

Bridget's PSAT scores placed her in the semifinalist bracket for scholarship eligibility. She then completed an application and submitted her SAT scores to advance to the finalist position. School visits and interviews with faculty at MSU helped her succeed. "At MSU, I will major in Professional Writing, with a focus in editing and publishing, and minor in Japanese Language. I'm in Honors College, and plan to study abroad in Japan during my junior year," she says.

At Sunset, she's been a member of two choirs, and just participated in the Variety Show. She was president of the Creative Writing Club and the Green Thumb Gardening Club, and helped produce the 2014 Sunset "Lit Mag," a compilation of student creativity.

Her summer plans include, "going straight from graduation to my orientation at MSU, then on a family vacation. After I get home I might keep working as a tutor, but I really want to spend my time catching up on books and movies that I've missed this year." Big congratulations to this talented and hard-working young woman!

New Items Arriving Daily!

SECOND *edition* RESALE

Come see what we have for Fathers Day!

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OPEN Monday 12-6, Tuesday 10-7:30,
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Viva Village

By Jennifer Hemmeyer

Ninety percent of Oregonians, 65 years of age and older, wish to continue living in their homes as long as possible, according to data collected by the American Association of Retired Persons. Viva Village seeks to bring this wish to fruition.

I recently met with Ross and Nancy Miller in their Cedar Mill home of 21 years to learn more about their work with Viva Village. "We like our neighborhood," explains Ross Miller. "We like seeing the kids, closely followed by their parents and the family dog, walk to school every day."

"The idea of going to live with a bunch of old people like ourselves doesn't appeal," laughs Ross. The couple shared how they'd visited friends who'd moved into assisted living facilities. "The facilities are clean and safe, but people are bored, and they have no hope," explains Nancy.

Nancy Miller, co-chair of Viva, attended her first village meeting in January 2014 at the Elsie Stuhr Center. Ross became involved in market-

ing for the group, and outreach to local congregations. Skilled seniors have stepped forward at the right time. "A treasurer appeared when we needed one," says Nancy, "and then a retired editor appeared when we started working on our print material." Over the past year and a half, nearly 300 people have expressed interest in the movement. Ross explains, "We came up with the name Viva, developed the logo and defined the (geographical) boundaries."

Rae Coleman attended that same intro meeting at the Elsie Stuhr Center and became Viva's other co-chair. She'd just moved back home to Portland, after being away for 40 years, to help care for her mom. Due to the tremendous effort of immediate family, Rae's mom was able to live comfortably in Rae's sister's home until she died. Because of this experience, Rae found herself wondering, "What do people do in this situation who don't have

family around?" She believes that a village community could provide support, and combat the isolation that faces those aging alone.



Nancy Miller is excited about the options offered to seniors by the Villages movement

Viva Village is the local group of an international movement embracing "aging in place." With the proper community support, seniors can thrive in their own homes for as long as possible. The idea is to create a network of resources tailored specifically to the needs of village members.

For an annual fee, which typically ranges from \$500-\$700, members have access to an array of services. Most villages have arrangements with nurses to provide home health services. The village screens a variety of companies that provide services, which then offer a discounted rate to village members. "It's a little bit like Angie's List," says Ross. The development of a network takes time, because "it's totally democratic," explains Ross.



Viva Village service area

Organizers are reaching out to Citizen Participation Organizations (CPOs), neighborhood associations, and communities of faith in the greater Beaverton area. Next, they will meet with focus groups to determine needs specific to the Beaverton community.

Viva holds monthly planning sessions and hopes to launch in the summer of 2016. They need about 300 members to be successful. They envision staffing an office manager and volunteer coordinator.

While seniors' needs vary, assistance in the areas of technical support, transportation, and accessing opportunities to stay active often top the list. Village members say these three services can make the difference between moving into a care facility and continuing to live independently. The Millers

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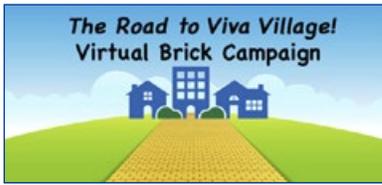
This program not financed by or connected in any manner with any governmental agency or veteran's or other organization.

explained how North Oakland Village in California has many members in their nineties, so one of their most requested

services is to have volunteers stop by regularly to chat and check in. Other villages provide volunteers to help with home maintenance, companionship and social outings. Services are completely determined by the needs of village members.

The village movement dates to the 2001 founding of Beacon Hill Village in Boston. Since then, villages have sprung up all over the country, as well as in Holland, Australia and Canada. In 2010, the Village to Village Network was created for resource-sharing among these communities. Locally, [Villages Northwest](#), a nonprofit, has been established as the hub for the seven villages in progress in the greater Portland area. These developing villages benefit from this nonprofit status, grants and resource-sharing. Bend and Ashland are the closest operating villages.

Staying in one's home and maintaining one's independence



goes beyond preference. "It's a social justice issue," says Ross. Every day, 10,000 Americans turn 65. Senior

living facilities can't be built quickly enough to support this growing population, and even if they could be, the average monthly rate of \$3000 precludes many seniors from pursuing this option. Viva plans to subsidize 10% of its members' annual fee so that the benefits reach those who may not otherwise be able to afford them.

How to Get Involved

Attend the next informational meeting, Village 101, on Saturday, June 27 from 11 am-12:30 at the Beaverton library. Viva welcomes anyone interested in both shaping, and benefiting from, this community network. Currently, they are working to raise \$5000 to cover the cost of basic materials. Go to www.vivavillage.org to donate a virtual brick to help pave the road to the village. A contributor can get his or her name on this brick on their website, and the donation is tax deductible.

Tilbury Park dedication

Saturday, June 20, 2-4 pm,
Roger Tilbury Memorial Park,
965 NW 93rd Avenue (for best access and parking, use Arborview Drive, west of the park)



The nature play area offers kids a chance to use their imagination

The Tualatin Hills Park & Recreation District has scheduled a special event for the afternoon of June 20 to celebrate the completion of Roger Tilbury Memorial Park in Cedar Mill. A brief ceremony with spoken remarks is planned to begin at 3 pm.

Activities will include free food and door prizes. The THPRD Rec Mobile and Nature Mobile will be there with a variety of fun activities for children. In addition, the district will have an information table where guests can ask questions of district staff.

Development of Roger Tilbury Memorial Park was funded by THPRD's 2008 voter-approved bond measure. Spanning 13 acres, the park now features traditional play equip-

ment, a nature play area, paved and soft-surface trail connections, and an open lawn. The park also offers paved ADA access to neighborhoods on the west and east.

In addition, THPRD's Natural Resources staff have begun enhancement of the park's natural area. The project entails removing non-native weeds and plants and replacing them with native plants and shrubs. That is scheduled for completion next winter.

THPRD plans a second phase of construction that will span the creek and allow trail access to the southern end of the park. Funds for that phase are currently unavailable.

Please RSVP to 503-645-6433 by 5 pm on Friday, June 12, to help the district plan for food.

Let's celebrate your new park!

Saturday, June 20, 2015
2-4 pm

Roger Tilbury Memorial Park
965 NW 93rd Avenue

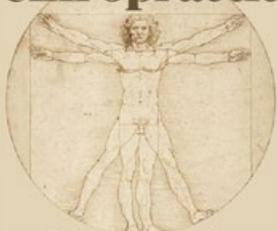
(For best access and parking,
use Arborview Drive, west of the park)

- Free food, fun and prizes
- Nature Mobile and Rec Mobile with activities for kids
- Ribbon cutting ceremony (3 pm)
- THPRD information table

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Library News and Events

By Dawn Anderson

Summer Reading Is For Everyone! Sign-up starts on Monday, June 1 for all our Summer Reading Programs.

Every Hero Has a Story!—Our annual Summer Reading Program for babies, toddlers, preschoolers, and school age children.

Unmask!—Take our summer reading challenge for teens, get prizes, or come to our fun events just for teens all summer long.

Adult Summer Reading—Don't let the kids have all the summer fun! Rediscover your library during the WCCLS Adult Summer Reading Program as libraries throughout the county host events and activities, and offer prizes.

Adult Summer Reading Events

Saturday, June 6, 1 pm – Kick off the summer with a performance by Portland Taiko, an award-winning Asian American drumming ensemble. This event includes audience participation and will appeal to all ages.

Washington County Forum

Monday June 8, 11:45-1 pm, Peppermill Restaurant in Aloha at 17455 SW Farmington Rd.

"The State of the County"—featuring Washington County Commission Chair Andy Duyck. This is an opportunity to hear about what is going on in County Government, with an opportunity to ask questions.

The forum meets over lunch every Monday. There is no charge for admission. Doors open at 11:30 am, and the speakers start at noon. Lunch is available to order from the menu. Following the speaker, there will be an opportunity to ask questions. Only paid up members are allowed to ask questions of the speakers.

Our final Program for this season will be the following Monday, June 15. In addition to our annual meeting, we will feature Carolyn McCormick of the [Washington County Visitors Association](http://www.washingtoncountymuseum.org) sharing exciting information about what's going on around us this summer!

Saturday, June 20, 2 pm – Classical Indian Dance instructor Jayanthi Raman discusses her newly released book, *The Dance of India Demystified for a Global Audience*, followed by a dance performance.

Let the Games Begin!

Starting June 1, board games will be available for check-out and in-library play at both libraries. We'll have games for kids, teens, adult, and families.

Beginning in mid-June, join us for Board Game Thursdays. Every Thursday, from June 18 to August 27, play games all day long at Cedar



Mill Main. All ages welcome. Can't make it on Thursdays? Gamers are welcome to play our games in the library anytime.

Awesome Beaverton

Tuesday, June 16, 6-8 pm, Java Lounge, 760 NW Dale Ave at Cornell

Awesome Beaverton & Beyond invites the community to their first Pitch Party, an evening of ideas and inspiration. The Pitch Party is a combination of live crowd funding & grant funding. Listen to four finalists present their innovative projects, and then use spare change or dollars to help determine how the \$1000 in grant funds will be awarded. Cost is by donation (all proceeds given to finalists). For more info, visit awesomfoundation.org/en/chapters/beaverton

The finalists are: Beaverton Student: Meadow Park Science Mentoring and Research Tutoring; Hillsboro Tuesday Night Teen Market: Arts & Crafts, Food, Musicians; HomePlate Youth Services: HomeEats—Food Production and Employment Opportunity; Reedville School Food Pantry: Healthy Eating for Healthy Living Workshops

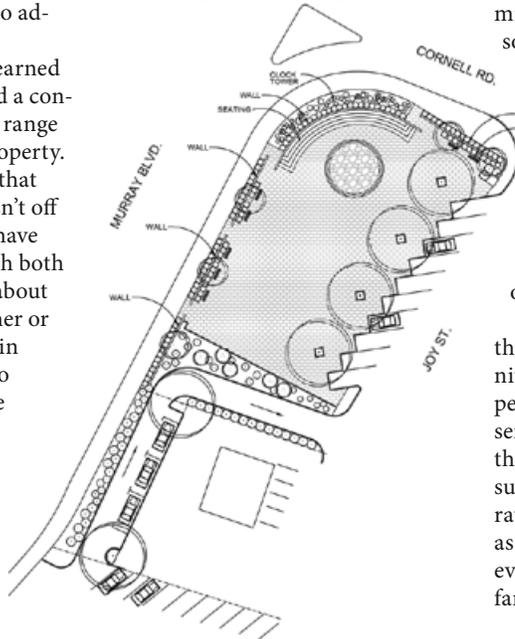
Read The News online: cedarmill.org/news

Plaza, continued from page 1 and Beaverton Mayor Denny Doyle. One possibility would have been for Beaverton to annex the property and work with THPRD to administer it.

At that meeting, we learned that the county had hired a consultant to explore a wide range of possibilities for the property. Chair Duyck assured us that the public plaza idea wasn't off the table, however. "We have had several meetings with both Beaverton and THPRD about this. Regardless of whether or not we strike a deal, it is in everyone's best interest to know the potential of the property. Even a community space will need to have good ingress and egress, so we are assessing the options," he said.

Consultant John Southgate has worked in public development for many years, and was Economic Development Manager for Hillsboro's downtown revitalization. In private practice now, he has just finished a draft Request for Expressions of Interest (RFEI) that may soon be published by the county to solicit proposals for the site. It's based on the successful effort he led to renovate Hillsboro's

Venetian Theater. It seems likely that no public agency wants to take on the entire space, so it's expected that



An early concept map for the plaza was created by Anne Miller of Beighley and Associates Landscape Architecture and Planning, in early 2014. This helped us explain the idea to the various agencies involved. It shows a sunken amphitheatre at the corner, to preserve sight distance for the intersection. The actual design for the project will depend on responses to the RFEI.

some combination of commercial development, perhaps with a public space, or even a completely private operation, will be the result.

Southgate says the county hasn't ruled out a partnership between Beaverton and THPRD, but he says, "I believe this process will maximize the opportunity for creative solutions."

The RFEI includes of a list of criteria the county (and possibly an advisory committee) will use to evaluate responses. It's prefaced by the statement, "depending on the nature of any particular response, not all of these criteria may apply." The list includes the capacity of the project to: "support community aspirations for a more active, pedestrian-friendly town center; serve as a distinctive gateway into the Cedar Mill Town Center; and to support a sense of place, incorporating a variety of elements such as a plaza that could accommodate events (outdoor performances, farmers' market, etc.)"

The county administration will evaluate and refine the RFEI in the coming weeks. The list of criteria from the draft RFEI is online [here](#). Once the complete RFEI is published, likely in mid-June, this article will be updated with a link to the full document on the County website. Southgate urges anyone who may be interested in the project to contact him by phone or email: john@johnsouthgateconsulting.com or 503-956-5853.

Keep your fingers crossed. Cedar Mill may just have an exciting new town center amenity in the not-too-distant future!

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Arson, continued from page 1 Washington County Sheriff deputies spoke to neighbors and brought in three K-9 units (search dogs) but were unable to track the suspect. Sheriff's Office Public Information Officer Bob Ray said, "The Sheriff's Office arson investigator is continuing to work with the TVF&R investigators to labor through a vast amount of information, videos and evidence. There are no major developments yet as the investigation will take more

time." Sheriff's Deputies have increased patrols in both areas and THPRD's Security Officers are making frequent site visits.

The house is located next to a large natural area that includes the Cedar Mill Wetland, managed by the Nature Conservancy. The property backs up to Foege Park, with unimproved trails leading to the wetland. The [district](#)



Burned area on the south side of the house

[purchased an adjacent property](#) in 2010 in anticipation of enlarging the park and completing a loop trail around the area when funds become available. Signs at the entrance and in the back yard identify it as THPRD property, although the sign in the back has been

sprayed over, in the same tan paint that was used to write graffiti on the walls of the house. It's not clear if the graffiti and the arson had any connection.

THPRD spokesman Bob Wayt says the house will continue to be used as a rental until funds are available for the park and trail expansions.



The house from 114th

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Business News, continued from page 2
another such occasion where planning ahead can be helpful, and a major aid in helping preserve a family's legacy.

Learn about funeral planning at a free presentation, "Your Life. Your Legacy. Plan to make it right." The presentation is courtesy of Skyline Memorial Gardens and Funeral Home. Pre-planning your funeral allows you to define your farewell to family and friends—and to spare them the stress and expense of making the arrangements.

Let's just put it out there, dealing with the death of a loved one is not an easy thing to do. Whether you were prepared, or it came as a sudden shock, it's an emotionally draining and painful time for a family. Being in shock and experiencing grief is not the best time to be making major decisions. Your mind is cluttered with memories, sadness, identifying who to notify while having to make a multitude of tough decisions, all in a very short amount of time. All too often when a death occurs, there was no plan in place, and a family is left with trying to piece together the final arrangements of their loved one.

However, out of everything that a family is faced with, the one thing that could make the process easier is preplanning the funeral or celebration of life. Skyline Memorial is offering an informative, no-obligation presentation. Participants will leave informed about planning ahead, and knowing the four basic steps of funerals.

Lunch will be provided. Skyline Memorial Gardens and Funeral Home is a part of the Dignity Memorial network; North America's leading provider of funeral, cremation and cemetery services, Dignity Memorial is the name families turn to for compassionate and professional final arrangements.

Space is limited, so please RSVP to reserve seats at 503-292-6611 or email Melissa.hedman@dignitymemorial.com.

Santosha Yoga news

Yoga Teacher Training

Santosha Yoga is hosting a Yoga Teacher Training (YTT) program this fall, run and led by studio owner Dina Lang. The program is the initial level of certification that a person needs to become a yoga teacher. It's also the first step in the journey of yoga study and certifications. The YTT with Dina Lang places emphasis on fully understanding

poses, yoga philosophy, and being ready to teach and sequence classes. Dina's 2014 YTT received incredible feedback from the graduates, several of whom are now teaching at places like Nike, Intel, VillaSport, THPRD, and other locations around the Portland area.

Many different reasons bring people to a YTT. Some yogis come to YTT with an open mind and no plans to teach. Some yogis enter into it with the dream in their hearts of becoming a yoga teacher. If taking a Yoga Teacher Training is calling to you or has piqued your interest, come to a free, no commitment, Information Session. It's a chance to ask questions about the program, process, and requirements.

Two Information Sessions remain this summer: Wednesday, June 10, 7:45 pm, or Wednesday, July 15, 7:45 pm, at Santosha Yoga studio located at 4876 NW Bethany Blvd, in the Bethany center. More information can also be found online at www.SantoshaForEveryBody.com/teacher-training or by calling the studio at 503-372-9825

Donation-based Yoga Classes

Lots of news stories these days talk about the benefits of Yoga for the mind, the body, inner calm, blood pressure, stress relief, etc. However, sometimes these benefits are still not within reach because of the cost of yoga. That's why Santosha Yoga believes in making yoga more accessible to people by offering weekly, regularly scheduled donation classes called Karma Yoga. It's about giving and receiving good vibes. The money donated is given to a local non-profit, Living Yoga in Portland, that brings yoga to underserved areas and populations. The owners of Santosha Yoga firmly believe in the importance of yoga for every body and will always do what they can to bring yoga to people.

Santosha Yoga offers the following classes on a regular basis for a minimum donation of \$5 per person:

Vinyasa Slow, Sundays, 10:30 am: an all levels class that places emphasis on alignment, breath, and mindfulness for a total body stretch.

Y12SR (Yoga for 12 Step Recovery) Sundays, 7 pm: a class for anyone in an addiction recovery program or supporting someone living with an addiction and recovery.

Family Yoga, first and third Saturdays, 12:30 pm: for families with children ages 3 and older: everyone

gets their own mat for some fun yoga together.

Santosh Summer Special!

Beginning the first day of summer, June 21, and running through Labor Day, Santosha is offering classes for \$175 for the entire summer! It's a great deal in the yoga world. A great opportunity for students home for the summer, as well as high schoolers, teachers, athletes, gardeners---anyone who wants to rejuvenate during the summer. You can purchase the special in person or by phone!

Bringing World of Smiles to North Portland

World Of Smiles Pediatric Dentistry has been proudly serving the children of the Cedar Mill area since 2008! Dr. Michelle Stafford is thrilled to announce that she is taking her vision beyond Cedar Mill by opening a second location in North Portland this summer! Located just north of the Mississippi neighborhood, she will be partnering with Dr. Staci Whitman and a new team to bring great service and great smiles to more of Portland.

Dr. Stafford maintains her commitment to partnering with families to provide education and motivation for healthy dental habits. World Of Smiles strives for excellent patient care with a holistic, integrative approach; offering innovative treatment options. Their team is committed to patient families and inspiring children through a uniquely positive dental experience

by creating an atmosphere of imagination, travel and adventure.

Of course the Cedar Mill office is not going anywhere! Both offices are now available to schedule new patients. The Cedar Mill location is at 11790 SW Barnes Road, Building A, Suite 280. Contact them at 503.626.9700, or check their website at visitworldofsmiles.com

Village Gallery News

Opening Reception Sunday, June 12, 2 - 4 pm

June's Featured Artist Fran Gilleland grew up in New York City, where she was exposed to a variety of art and architecture at a young age. She enjoyed art classes throughout her youth. After retiring from library work with the Beaverton School District, she began taking watercolor lessons.



Cartagena Street Scene, by Fran Gilleland

She especially likes working with pen and ink on watercolor and has even painted with instant coffee! Her show this month will be a mix of paintings and photography.

Call Village Gallery to register for any of their many offerings: 503-644-8001. See the website for a complete class schedule and to learn more about the organization. Villagegalleryarts.org

Sunset Presbyterian news

Sunset Presbyterian Church changes to its summer worship schedule on Sunday, June 21. There will be one worship service at 10 am on Sundays between June 21 and September 6, 2015. Sunset is a community church that opens its doors to all faiths to worship. You are welcome to worship with them at the church, located at 14986 NW Cornell Road between Oak Hills Village shopping center and the ARCO.

Kids Camp

June 22 - 25, 9:10 am-11:50 am (Preschool/Kindergarten); 9 am-noon (Elementary)

One of the biggest weeks in the

life of Sunset Children's Ministry is the week of Kids Camp! During this week, we welcome back Mr. J and his band for "The Captain's Aye." Come set sail aboard a pirate ship adventure to discover God's love and treasure through four days of crazy games, cool crafts, wild songs and amazing fun with Captain Cook and his Crew! Don't miss out on this year's adventure at Kids Camp 2015!

Registration is open now for the entire community regardless of your church affiliation. Register online at kidscamp.sunsetpres.org, or for more information call the church office at 503.292.9293.

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