



FREE

Cedar Mill News

Volume 15, Issue 7

July 2017



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Featured Business

Bethany Family Pet Clinic

By Virginia Bruce

One of the area's most comprehensive and accessible pet clinics is just up the road in the Bethany Village Centre. Open seven days a week, the clinic includes eight



Dr. Mark Norman examines an elderly patient

veterinarians (with another on the way), a full complement of support staff and a wide range of services to keep your furry family members healthy and happy. The clinic opened in 1998 in a leased space within the Bethany Village Centre Mall. The new clinic was built for the practice in 2013, across the street from the original location. It includes lab, surgery, and imaging facilities, along with boarding for cats and dogs.

Clinic founders, Dr. Mark Norman and Dr. Bob Merrill, met when Dr. Merrill was managing Southeast Portland Veterinary Clinic and hired Dr. Norman. Both doctors are from Iowa, but Dr. Merrill is from Northwestern Iowa and Dr. Norman is from Southeastern Iowa. Apparently it's a big difference in Iowa!

Dr. Merrill made his way to Portland in 1985 to enjoy windsurfing and skiing. He started his Portland career at Dove Lewis (the Portland Veterinary Emergency Hospital) in 1985 and worked there until 1992 serving as Temporary Chief of Staff until Dr. Bob Franklin, a specialist, was recruited to run the emergency hospital. At the time, there were only two or three emergency specialists in the entire city.

Dr. Norman came to Portland in 1995, after serving in the U.S. Navy. Both Dr. Merrill and Dr. Norman started their veterinary careers in emergency medicine, often working overnight shifts and seeing complicated emergency cases.

This experience has provided both of them a unique skill set usually developed only by specialists.

The clinic has managed to grow quickly by providing services to the rapidly growing Bethany community while still being convenient to surrounding areas. They have about 3000 clients with about 7500 pets. Smart management practices and caring people make each client feel like the center of attention. Plenty of exam rooms means that most pet appointments

begin shortly after arrival, putting less stress on the animals.

In addition to the eight doctors, the staff includes Veterinary Technicians, Doctor's Assistants, and Client Care Representatives. Veterinary Technicians receive certification after completing a

Continued on page 8

Act now to preserve our neighborhoods

By Virginia Bruce

[Ordinance 820](#) will be considered by the Washington County Board of Commissioners on Tuesday, July 11. It severely limits the protections for existing neighborhoods when infill development is built.

Infill development occurs when two-acre or smaller parcels are developed with new houses in existing neighborhoods that are zoned for five or six homes per acre (R5, R6). Ordinance 820 would

gut the existing standards and would create more impacts from infill developments on those already living in our neighborhoods. Privacy, the environment, and quality of life will be diminished.

Existing standards state that building orientation, setbacks,

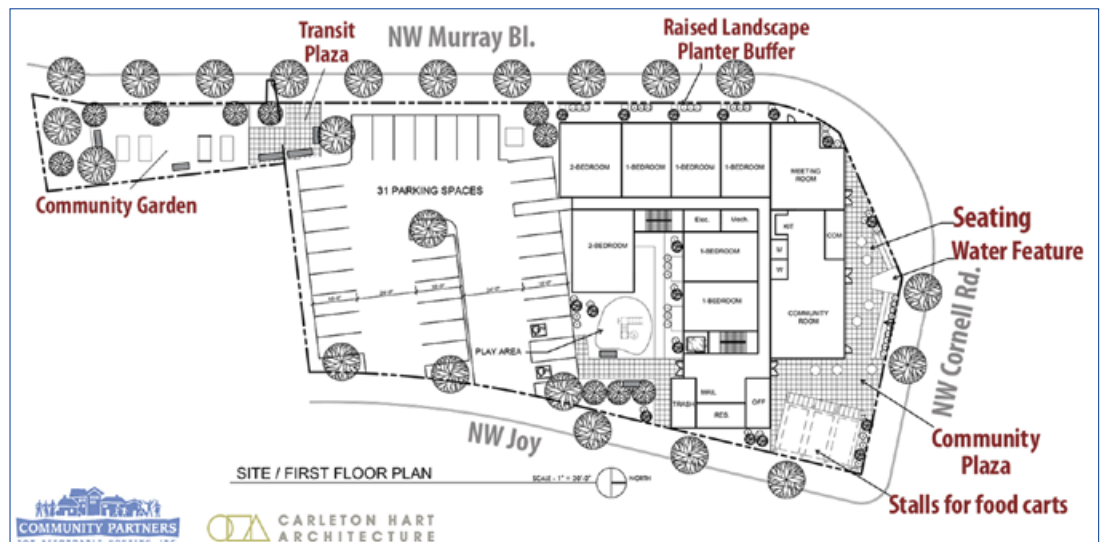
landscaping, buffering and fencing will be considered as approaches to provide or maintain privacy. Ordinance 820 would replace that with either a "minimum six-foot evergreen landscape buffer, or minimum six-foot tall site-obscuring fence."



The existing house, left, has lost its privacy when larger homes were built on graded land above it.

Members of the Code and Ordinance Subcommittee of the Community Involvement program have [created a petition](#) to let people send a message to the Board of Commissioners that 820 needs to be fixed. Please consider signing to [send a message](#) to preserve the character

Continued on page 6



Revised plans for the affordable housing complex planned for the currently vacant lot at the corner of Murray and Cornell eliminate the commercial component. Because the small lot on Joy is not available to be added to the development, there was insufficient space for parking. The northeast corner will provide hookups for food carts, while the Cornell frontage will be a public plaza. Community Partners for Affordable Housing will visit CPO1 on July 11 to give us an update. See page 3 for details.

Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Farmers Market in full flower, fruits and veggies

Saturdays, 9 am-2 pm, SE corner of Safeway parking lot at Murray & Cornell

Our neighborhood farmers market has lots of fresh, local produce (berries and cherries are in), honey, eggs, beef, chicken and salmon. There are also arts and crafts booths and food for eating while you shop. Musicians Bob Colwell, Karyn Ann Patridge and Robert Schmit will perform live this month. This month, a friendly vibe, a kids program that embraces fresh produce (Power of Produce) and YOU!

On July 8, Ima Blueberry will stop by and our Chef chef at the Market market will feature blueberries!!

Sign up now for the market's second annual "Pie in July" pie baking contest! The contest will be held on July 29. Sign up to compete at the market booth, or [send us an email](#).

The Cedar Mill Farmers Market accepts OHSU Food RX, WIC and SNAP cards (supplemental nutrition assistance program) and has a SNAP Match match up to \$5 each week (sponsored by the Cedar Mill Business Association).

To register for the pie contest and for more info email ourcmfm@gmail.com or visit cedarmillfarmersmarket.org

Show off your fashionable pet at Bethany Village Centre July 27

Bethany Family Pet Clinic will host a pet fashion show during Bethany Village Centre's July 27 concert. The free event is open to any pet and pet owner who can walk across the stage, fashionably,

during the concert's intermission. Pets must wear either a pet outfit, bow, bandana or even a very fashionable leash and collar ensemble. To participate, please email cindy@bfpc.com with pet's name, breed (if known); pet's fashionable item to be worn during the fashion show, handler's name, and an interesting piece of information about the pet.

Signups end July 21. Each participant will receive a treat provided by Petco Unleashed and Bethany Family Pet Clinic.

Love Farm CSA memberships still available

Do you love fresh, locally-grown fruit and veggies? If you missed getting into Love Farm CSA during pre-season signups, have no fear, you can still sign up for their full or half-shares. Share costs will be pro-rated.

Love Farm, located near Forest Grove, provides produce to CSA subscribers and restaurants around the metro area. A drop site is located in Bonny Slope or you can choose another location that is convenient to you. For more information call Amy Love 503-515-9939 or visit lovefarmorganics.com

Massage & Spa at Bethany classes

All classes are at the spa, 15280 NW Central Dr., #102, Bethany Village. Call 503-533-5614.

Meditation Circle with Jen

Mondays, July 10 & 24, 6:30-7:30 pm, free

Women's Healing Circle

Mondays, July 17 & 31, 6:30-8 pm, free

Reiki Session with Kumiko

Wed., July 26, 10 am-3 pm, each 30 minutes, free

We will be accepting \$10 minimum donations that will go to Compass Oncology to further assist patients and families.

Village Gallery news

Featured artist -- Fran Gilliland

Reception: Sun., July 9, 2-4 pm, Village Gallery of Arts, 12505 NW Cornell Rd.

After retiring from library work with the Beaverton School District, Fran signed up for watercolor lessons and "began to see the world in a different way." After receiving a point-and-shoot camera as a gift, photography became just as important as painting. She has selected some of her vibrant photographs for this show. "I especially like to photograph subjects that bring a smile to the viewer or are bright with color."

Featured fine craft artist: Marcia Wingert

Marcia was fascinated with rocks and inspired by nature's



Poppies, by fran Gilleland

beauty as a child. She began creating one-of-a-kind pieces of jewelry in her teens. In her new home state of Oregon she is inspired by "the mountains, rivers, ocean, forests, wildlife, and the peacefulness I

find here." She creates jewelry with Swarovski crystals, semi-precious stones, pearls, woods, metals, shells, Czech glass beads, vintage beads, chain, and "anything else I find that inspires me."

Fused glass demonstration with VGA artist Sharon Dunham

Sat., July 22, 11 am-2 pm, Cedar Mill Farmers Market, 1027 NW Murray Rd.

Painting class

Sat., July 8 and 15, 9 am-3 pm, Cedar Mill Farmers Market, 1027 NW Murray Rd.

Agers 11 and above (children must be accompanied by an adult)

We begin at Cedar Mill Farmers

Market where you'll spend an hour taking in the atmosphere, music, smells, scenes, and people and choose a colorful vegetable, fruit or flower to paint. We then head back to the gallery where you'll set up your individual still life. We'll go over how to lay out your palette, choose brushes, and use lighting, tone, and value in your painting. Then you'll paint, with hands-on personal instruction until 3pm.

Please [visit our website](#) for information on our fall class lineup.

Village Gallery is a non-profit, cooperative gallery located next to the Cedar Mill Library at 12505 NW Cornell Road. Hours: Mon-Sat., 10 am-4 pm; Sun., 12 pm-4 pm.

Touchmark active retirement events

Health and fitness seminar

Thurs., July 13, 11:30 am, Crowne Plaza, Portland

Meet us at the Crowne Plaza in Portland to learn more about our health and fitness club that we are constructing in our new community. Kim Lehmann, director of health and fitness at Touchmark, will discuss what our club will offer and even lead us through some exercises. Drinks and hors d'oeuvres provided. Space is limited; call Adrien at 503-946-5427 by July 26.

Lunch & Learn seminar: Change is inevitable

Thurs., July 13, 11:30 am, Touchmark in the West Hills Information Center, 5150 SW Griffith Dr. Beaverton

Back by popular demand, our Lunch & Learn series is designed to provide education and insight to those considering a move. Touchmark Vice President of Hospitality Steve Ferrarini will share tips for managing changes in your life. There is no cost to attend and lunch will be provided. Seating is limited; call Adrien at 503-946-5427 by July 6.

Open House

Tues., July 25, 3-4 pm, West Hills Information Center, 5150 SW Griffith Dr. Beaverton

Join Executive Director Ed Mawe to learn more about Touchmark's history and active-adult retirement living. Wine and hors d'oeuvres will be served. There is no cost to attend, but seating is limited.

Continued on page 10

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CPO 1 looks at tree protection

Tues., July 11, 7 pm, Leedy Grange Hall, 835 NW Saltzman

A Tree Code for Washington County? Erik Mace co-led a joint CPO effort several years ago to get Washington County to adopt a tree code that would specify where and how trees would be preserved when development occurs. He will join us to recap that effort and we can discuss how we might get it going again.

We'll also have an update from Community Partners for Affordable Housing about the progress of their project that will be built on the vacant lot at Cornell & Murray.

The meetings usually open with a Public Safety update—deputies with the Sheriff's office visit to discuss current issues and field questions.

CPO 1 is open to everyone in the community. It's a volunteer-run Community Participation group to help residents understand and influence county government and other livability issues. CPO 1 represents people who live and work in Cedar Hills, Cedar Mill, and Bonny Slope.

Sen. Steiner Hayward and Reps. Greenlick, Helm to speak at Town Hall

Wed., July 12, 7 pm, St. Vincent Hospital, 9205 SW Barnes Rd, Souther Auditorium.

Hear about the 2017 session, and ask questions of your local representatives to the Oregon Legislature, Rep. Mitch Greenlick, Rep. Ken Helm, and Sen. Elizabeth Steiner Hayward, at the legislative town hall meeting

County Cultural Coalition has open seat

One seat is available on the Cultural Coalition of Washington County. The CCWC distributes state funds given to Washington County from the Community Cultural Participation Grant Program of the Oregon Cultural Trust. The funds are awarded through a competitive process to Washington County-based organizations and artists. The coalition is composed of 9 to 15 members who live in Washington County or are members of a business or organization significantly involved in arts, heritage or humanities activities in Washing-

ton County. The term of service is three years. Contact Eva Calcagno, cooperative libraries manager, 503-846-3233.

Library news and events

By Dawn Anderson

Cedar Mill Library - Summer reading events for adults:

Fri., July 7, 6:30pm – Reader's Theater, "Pygmalion"

Join us for tea, lemonade, and a low-pressure reading of George Bernard Shaw's "Pygmalion." Take turns reading selected scenes from the classic play, or just come to listen and relax. Pygmalion is the classic story of Eliza Doolittle that inspired "My Fair Lady." This event is designed for adults and older teens, age 15+.

Ethics of Eating

Wed., July 12, 6:30 pm, (registration required).

Discussion addresses animal agriculture and its impact on our health, our planet and the animals themselves. Presented by members of the Ethical Choices Program (ECP), a non-profit organization providing humane education across the U.S., Canada and Australia. This program is recommended for high school and college students as well as adults of all ages. Register at the adult reference desk or by calling the library at 503 644-0043, ext. 114.


Flower Felting

Sat., July 22, 2-4 pm – (registration required).


Learn to make 3D flowers using the wet-felted method. This class, taught by artist Kim Steffgen, shows



you how to make a flower with petal, stamens and stem. Students will come away with one completed flower and the know-how to make more. Best for those with some felting experience or scrappy beginners. Registration begins on July 7. Visit the reference desk or call 503 644-0043 ext. 114 to reserve your spot.



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Condo repair loan shakes Cedar Mill residents to their foundation

By Barbara Guardino, freelance writer and Westlake Village resident, with Osiris Parikh, student intern

Residents of Westlake Village Condominiums in Cedar Hills voted in June to take out a \$6.4 million association loan for extensive exterior renovations, but many felt they had been railroaded into this decision.

The meeting, which lasted over three hours, addressed concerns that the unexpected project would force people out of their homes. Many of the residents are elderly and/or on fixed incomes, and testified that they cannot afford their estimated share of \$25,000 to \$39,000 per unit. These loans will be repaid monthly through the homeowners association, which is the driving force behind the renovation project. The Management Group, or TMG, is already collecting an average of \$400 per month from each of Westlake Village's 200 units. The loan, spread over 15 years, will increase monthly HOA fees to an average of \$700.

The Board has signed a letter of intent with Charter Construction based on "price, experience, customer service, and warranty." Repairs are scheduled to begin in September and to take 10 months to complete. It was unclear if the board got competitive bids for the work.

Board members and project principles insisted to a packed house of WLW residents that the remodeling must be done, regardless of the consequences. A panel consisting of HOA attorney Angie Bagby, Board President Tony DuVoix, and a consultant from Morrison Hershfield, a global engineering consulting firm, fielded questions from an impassioned crowd of homeowners and residents. They asked what would happen if the majority of owners refused to pay the additional HOA fees, or if they defaulted on their share of the loan. Bagby responded that the properties in default would be subject to foreclosure. If a significant number of residents refused to pay, the bank could take possession of the entire property.

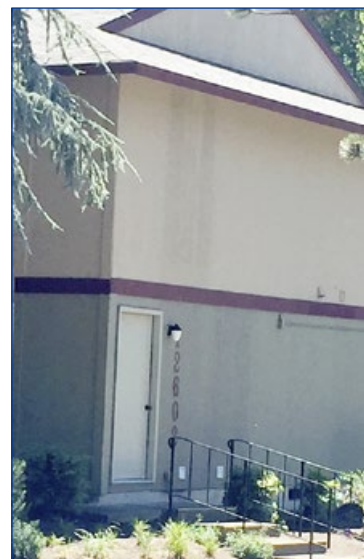
According to the panel, there was no independent study for the project; instead, they cited a number of composite studies over the past eight years that resulted in the estimated cost of \$6.4 million. Only one bank – yet to be revealed – has expressed interest in financing the project, at an interest rate above 6%.

Condo owners were only notified the week before about the project and the meeting. The board made most of its decisions about this project in private executive sessions, and were hard-pressed to explain when asked, "why the secrecy?"



The 300-unit complex surrounds a lake formed from Cedar Mill Creek.

The panel argued that piecemeal repair work that has been done over the past few years is not sufficient to stay ahead of the issues of mold and decay in the walls. The project will entail tearing down the outside single walls, and replacing them with an outside-inside "envelope"



Water damage is evident on some exteriors, and many buildings need paint, but consultants said exterior walls need to be replaced



Westlake Village entrance on Old Barnes Road near Saltzman

system. The existing system cannot be modified because it has outlived its life expectancy and has to be replaced in order to bring it the buildings up to code.

In addition, according to a 12-page letter sent to residents, all units will receive new windows and doors, and other repairs meant to make the structures comply with building codes. The letter continues, "If the loan is not approved, we still have to do the repair work. The board has the power to levy a special assessment without a vote of the owners."

It was this statement that raised the hackles of many of the residents.

The panel explained that, if the vote failed, homeowners would still be on the hook for lump sums of money—laid out in the letter by unit—by September. One elderly woman pleaded that she cannot come up with that kind of money, that this project is ruining her retirement and her life. She asked DuVoix to respond to her, and he said he did not have an answer for her dilemma, but that the job has to be done.

Homeowners are considering firing the board or taking legal action against the HOA. Ironically, the homeowners are already paying Bagby to represent them.

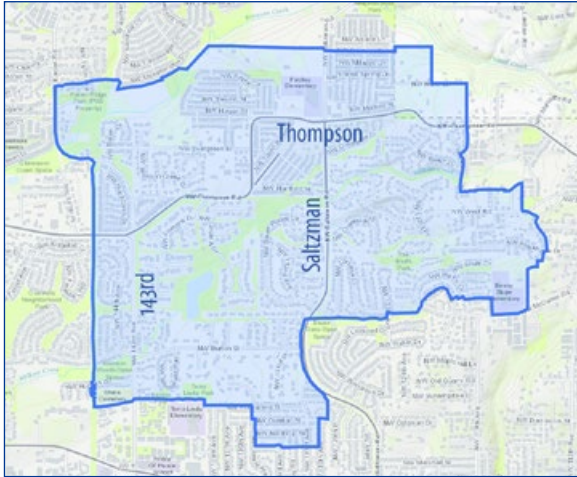
Firing the board would mean replacing it with a new set of volunteers who would then be faced with the same undeniable need for a repair plan. Somber homeowners lined up to vote, after the panel denied several requests to table the issue. Seventy owners voted, with 63.38% in favor of the loan and 23.71% against. Other owners present did not vote.

Former Board President Marilyn Rae said in an email interview, "When I was on the board we tried

They're hatching...

The Japanese beetles are emerging! ODA detected emergence on June 18 and are seeing a daily increase in the number of beetles detected in their online photo traps.

This does not mean the ODA treatment was ineffective! The treatment kills the eggs and larvae that will be laid by this year's beetles, and will affect next year's adult population.



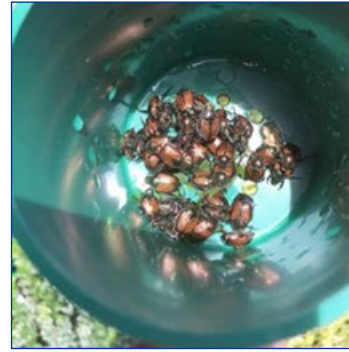
The area being treated for beetle infestation is shown in blue.

If you find beetles

If you find beetles within the treatment area, you can deposit them in a container of soapy water and then dispose of them in the

trash. [An interactive map on the website](#) will tell you if you are in or outside the treatment area.

If you find beetles outside the treatment area, you can put the specimen in a container or zip lock bag and then email ODA at japanesebeetle@oda.state.or.us. Beetles detected in the traps will be collected by ODA personnel periodically through the summer.



Yard debris

Residential yard debris—including grass clippings, plants with soil, and sod—must be contained and delivered to a proper location. If possible, keep yard debris at the property or use a standard

curbside yard debris cart provided by your regular garbage hauling company. However, if yard debris must be removed from the property, bag and cover the load and take it

directly to Northwest Landscape Services in Hillsboro (location on the website). This yard debris drop off site is ONLY available to quarantine residents and their landscapers.

Containment is in effect; this means that yard debris collected from curbside green waste carts is being diverted to a Hillsboro landfill. The yard debris quarantine area has the same boundaries as the treatment zone. In order to prevent the spread of Japanese beetle, compost, transfer facilities and yard debris drop-off sites DO NOT ACCEPT yard debris from the quarantine area.

Resources

The project website has been updated. Please visit the yard debris page (japanesebeetlepx.info/yard-debris.html) for information about containment.

Pie auction to cap county Democratic Party picnic

Sat., July 22, 2-5 pm, Tualatin Community Park, 8515 SW Tualatin Rd., Tualatin

The Washington County Democratic Party's annual summer picnic will feature an auction of homemade pies, live music, barbecue, and bingo. Ticket prices vary. [More information](#).

Third Thursdays concerts at The Round

Thursdays, 5:30-8 pm, The Round, 12725 SW Millikan Way, Beaverton

The City of Beaverton's annual summer concerts at The Round begin July 20 with the Heart tribute band Barracuda, preceded by Def Con 5. On Aug. 17, The Beatniks, a Beatles cover band, and Pendulum Aerial Arts perform. The series closes out on Sept. 7 with Patrick Lamb, jazz and R&B saxophonist and Oregon Music Hall of Famer.

'Summer of Resistance' potluck set

Mon., July 10, 6pm, Terra Linda neighborhood

Cedar Mill Indivisible is having a summer potluck to celebrate the "Summer of Resistance" movement in opposition to the agenda of Donald Trump. Join like-minded progressives for an evening of socializing and strategizing at our meeting, which will follow the potluck. Contact [Karyn Servin](#) or [John Fox](#) for the street address.

to make improvements that were manageable and affordable. Our plan was to do five buildings a year in a four-year period. Over time they have stopped maintaining the property and prices have only gone up. It appears that this board is taking on the entire community at once and at a very high-cost. With this new proposal they will be undoing what we did four years ago on five of the building at a cost of hundreds of thousands of dollars being wasted.

"If their proposal goes through the property will definitely look



One of several buildings that were renovated under a previous board. Consultants said the repairs were inadequate.

fantastic. Regardless of how they do it, it's going to cost money."

Some homeowners are wondering if this represents a plan to force owners out of their homes so an investor can acquire the property. There's talk of legal action. We'll continue to monitor the situation and report on further developments.

Remember our Summer Clearance Sale!

2nd edition resale

August 19-21: everything is 25% off
 August 22-24: 50% off
 August 25: 75% off
Saturday, August 26: Bag Sale! (everything you can get in a bag is \$8)
 Closed August 27 to restock

Open at High Noon on August 28 for Western Days!

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 (at the east end of Cedar Mill Library)
 All sales benefit Cedar Mill Library Assn.

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Ordinance 820, continued from page 1
 and livability of our neighborhoods. Ordinance 820 is a terrible response to a complicated situation. Oregon has a “needed housing rule” ([ORS 197.307](#)) that asks jurisdictions—counties and cities—to encourage the development of more housing. (The rule doesn’t specify that it be affordable.) It says that the jurisdictions can apply rules to ensure compatibility with existing neighborhoods as long as the rules are “clear and objective.”

For several years, CPO members around the county have been asking Land Use and Transportation (LUT) to improve the language of the Community Development Code (CDC) so that standards are “clear and objective,” instead of the somewhat vague language that exists now. County Counsel (the county’s lawyer) advised that “because existing standards are not clear and objective, they would be unlikely to withstand an appeal” according to an Issue Paper written earlier this year.

In response, LUT staff came up with Ordinance 820 that would remove ALL the language from [Section 430-72 of the CDC](#) that previously protected existing neighborhoods, and replace it with the choice of a bush or a fence. That

won’t do anything to lessen the impact of two-story houses built on slopes that overlook existing one-story homes and yards. Suzanne Savin, Senior Planner with LUT, responds, “We realize that the proposed infill standards (6’ fence or hedge) are unlikely to screen views between adjacent properties when there are significant elevation differences involved. Requiring other screening options, however, are either not feasible, would have negative impacts, or could decrease the affordability.”

It really boils down to developer profits. In general, developers of R5 and R6 properties build the largest possible homes, with five-foot side yards and 15-foot minimum back yards. Savin says, “Increasing setbacks for infill lots would mean homes with smaller footprints, which could discourage infill development.”

We will deliver the petitions to the BCC at their July 11 meeting. Anyone interested in testifying can attend the meeting at the Hillsboro Civic Center Shirley Huffman Auditorium, 120 N First, Hillsboro. The meeting begins at 10 am. If you want to testify, be sure to sign the form at the entrance of the meeting.

The county website has an [information page about infill standards](#), with additional information about Ord. 820.

Lost Park to get water fountain

Dogs and their humans—as well as others who visit Lost Park—will be able to enjoy a long, cool sip at a new water fountain at the park this fall. The Tualatin Park and Recreation District has plans to install a drinking fountain at the heretofore dry park by the end of September. The new fountain will include two spigots (for humans) and a pet bowl and will be placed on a concrete

pad. The fountain has been in the budget since last summer for the four-acre park, which has tennis courts and a playground, as well as a wooded natural area and large grassy expanses. It is located at NW 111th Ave. near NW Rainmont Rd.

Light up the night at Beaverton Night Market

Saturdays, July 22 and Aug. 12, 5-10 pm, The Round, 12725 SW Millikan Way. Free

The Beaverton Night Market is a multicultural evening of international food and craft vendors, as well as cultural performances. Hosted by the city’s Diversity Advisory Board, the Night Market will have exhibitors from many regions of the world represented in Beaverton will share handmade crafts and goods from their cultures. For more information [visit the website](#).




Asll new THPRD water fountains include a dog water bowl!

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Spiders and ants! Do-it-yourself pest control techniques

By Virginia Bruce, with information contributed by Lisa Fletcher and Toni Quenneville

As our weather warms up, insects get busy. Ants invade our kitchens. Spiders creep out of cracks. People are tempted to call in the troops, and the pest control businesses are happy to oblige. Our area has recently been targeted by a very aggressive door-to-door sales force promising to rid your home of pests, but those of us who have lived here for a while know that is neither possible, nor desirable.

Insects are a valuable part of the environment, and loading your home and yard with poison isn't effective in the long run and has unwanted effects in the short term. Setting up a perimeter of protection around your home, with essential oils and limited application of insecticide, is a more effective way to keep your home calm and free of pesky bugs.

Lisa Fletcher, a second generation local resident, responded to a NextDoor post with the natural repellent techniques that she learned from her 93-year old mother, and has been using successfully for many years. Several other contributors chimed in with similar success stories, so we thought we'd share the techniques.

Ants are everywhere, says Lee. Get rid of a few, and they will come back. It isn't a once-and-done effort.

#1 Use sugar and Borax.

"Start with a half a cup of sugar and add water a little at a time. You want it to be thick like syrup. Then add a heaping tablespoon of Borax (available in the laundry section of most grocery stores). Bring the mixture to a boil and then take it off the heat and let it cool. Put drops of it the size of a penny on small pieces of cardboard throughout the house. Eventually the ants will stop eating this as well. But we use it off and on.

"If the ants don't seem to eat it, it means you have added too much Borax. It's bitter and they like the

sweetness of the sugar. So you may have to keep adjusting the batch a few times to get it sweet enough. Then they eat it and take it to the queens.

#2 Go get a concentrated pest spray at a home improvement store.

Lisa says, "nothing made by Bayer, it doesn't work." Mix it according to package directions, and use in a five-gallon sprayer. Spray all around perimeter of your house and up the side about a foot or two. If you can see your concrete foundation, spray all the way up to that, then a board or two up your siding. The spray also kills spiders and other bad pests. Once it dries, it's not going to harm any animals. Lisa says, "I have tree frogs, a pond, and cats, and they are fine. If you can get under your crawl space, you can spray in there as well. I wouldn't bother with the yard, but I sometimes spray under some of the flat rocks where the ants have large nests with eggs."

"The spray lasts about three to six months and really works keeping them out of the house. Then use the Borax solution as needed. Guarantee this is the best option. I did it for six of my neighbors and all our ants are under control."

Spiders that bite

Another NextDoor neighbor shared a story about being bitten by a poisonous spider. Toni Quenneville wrote, "A few years ago I was bitten by either a brown recluse or a hobo spider. It

was a six-month recovery, and very scary so I understand why people want to get rid of spiders."

"Most of the spiders in Oregon are harmless, but be careful of the ones that are under wood or rocks in the garden. Hobo spiders build their webs in a funnel shape usually around rocks on the ground."

An [Oregon Department of Agriculture web page](#) has information about spiders in Oregon. "Oregon Spiders, Fact and Fiction" contends that the brown recluse doesn't exist in Oregon, and that hobo spiders

rarely bite people.

However, like Toni, I received a bite when I lived in Northeast Portland. The area surrounding the bite on my leg swelled to the size of a grapefruit and the center turned black. Apparently some people have stronger reactions to spider venom than others!

Toni continues, "I hate spiders in the house. I use lemon eucalyptus oil in my steamer mop and also in a spray bottle as an air freshener, and sometimes I add lavender. I use it to wipe around all the windowsills and doors. I have a spray bottle on my porch as well. No spiders or mosquitoes, they hate it. And no

chemicals or poison. One of the other things I do now is put a few drops of the lemon eucalyptus in my boots and shoes. It makes them smell nice and keeps the spiders out. Hope you find this helpful."

If this sounds like too much work, you may decide to hire a pest control company. Be sure to do some research, read reviews, and make sure they are using the least toxic methods, and especially those that are not toxic to bees and other pollinators.

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Bethany Pet, continued from page 1 two-year degree. They are essentially Veterinary Nurses. They can administer Rabies vaccines, induce anesthesia, install microchips, and provide a variety of other more technical medical assistance procedures.

Doctor's Assistants help the doctors complete their procedures as efficiently as possible. They help in the exam room, record details on



Dr. Liu prepares to examine a pug while the assistant puts him at ease. Her family had been clients at the clinic since it's opening in 1998. She came for a career day visit with Dr. Norman when she was in high school, and decided then and there that she wanted to be a veterinarian. She joined the staff in 2009 while in college, working as a Client Care Representative. Dr. Norman helped her get into Veterinary School at Oregon State University.

patient charts, monitor patients in the treatment area, assist on house calls, call clients for follow up exam scheduling, and perform a variety of other tasks focusing on doctor expedience.

Client Care Representatives are more involved in client care than is usually seen in a veterinary clinic. They record medical history, take temperatures and weight during patient check-in, as well as the more typical clerical duties of check in,



Dr. Merrill performing a complicated dental procedure on a dog with a tooth fracture.

check out, payments, and scheduling.

In addition to standard veterinary medicine, pet owners can choose to have their pets treated with alternative approaches when it is appropriate, including acupuncture and massage. Dr. Velasco is a certified Acupuncturist, as is Dr. Liu. Dr. Velasco is also a certified Tuina specialist (pet massage). She is also working on Herbalist certification.

Dr. Norman says, "We are extraordinarily humble to be in a community with such great clientele. This is a great location with lots of events to participate in and really feel part of the community. We are truly blessed to be here."

Dr. Reyes, who moved to Portland from Puerto Rico, says, "Our clients are very nice. They are willing to do what is needed for their pets. We are able to do a lot of veterinary procedures here. It is the full aspect of



being a veterinarian."

Boarding is available for healthy cats and dogs. Visit the clinic's website to learn more: bethanyfamilypetclinic.com Thanks to Cindy Sawyer who provided us with great answers to our questions.



Cats that are boarding have a choice of looking out the front window, or watching a pair of birds in an adjacent cage!

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Local heroes

Mindie Mosiman, community calendar keeper

By Mary D. Edwards, Assoc. Editor

On nearly every day of the month, there's something to do in Cedar Mill. Did you know that you can play board games at the Cedar Mill Library every Wednesday this summer? And Bales Thriftway has a wellness fair—three Thursdays in July and two in August? You will know about those events and scads of others by reading this newspaper (print or online). But you could also have a complete listing by clicking on the link for the [Cedar Mill Event Calendar](#). (Most personal calendar apps will let you subscribe to the

of Oregon and southwest Washington. "All of our appearances are made on the basis of optional donations to charity, with a focus on children's charities like Make-A-Wish and Doernbecher Foundation," she said.

Blood is also in Mindie's volunteering. A training program manager at software company Synopsys in Hillsboro, she volunteers to coordinate the American Red Cross blood drives at the company.

She is a relative newcomer to Cedar Mill, but Marc grew up in Cedar Mill and is the grandson of the late Jackie and Carl Husen, whose family home on NW Reeves Street became [Jackie Husen Park](#) when it was sold to Tualatin Hills Park and Recreation District.

"Even though I moved here from Kentucky, I feel a strong connection to this area through my husband, and I like doing what I can to support and enhance our community," she said.

Mindie and Marc moved from the Bethany area to the Cedar Mill/Peterkort area in late 2010. Taking on the calendar was a way, she thought, "to help me feel more connected with our community while providing a nice service for others."

Mindie's generosity means she



reads a lot—the Cedar Mill News cover to cover, with a special emphasis on Community and Business News, and the Cedar Mill Library newsletter. It takes her one to two hours to update the calendar each month.

The calendar is just one way she wants to help her Cedar Mill neighbors and honor Marc's family. "This family I married into has quite a history of connection with this community," she said. "I'm happy to do little things like this to help carry that on."



CMN calendar and view all these local activities that way.)

Each month Cedar Mill resident Mindie Mosiman pulls news items from the Cedar Mill News, the library and other sources to give area residents a one-stop shop for things to do and ways to be involved in our community. That includes weekly farmers markets, board meetings, Toastmasters meetings, open computer labs, and dancing, among many others.

Mindie took on the volunteer task about six years ago when Cedar Mill News Editor Virginia Bruce put out a call for someone to take over updating the Google-based community calendar. The job had become too much with her many other duties and she needed to offload it. Mindie offered to help and has been "diligent and responsive ever since," said Virginia.

Giving of her time and talent is not surprising, if you note how Mindie spends her free time. She and her husband, Marc Mosiman, make regular appearances in Star Wars costume through 501st Legion, a worldwide organization of movie-quality Star Wars costumers. They are on the administration team for the local group, serving all

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Business News, continued from page 2
Call Adrian at 503-946-5427 by July 18.

Santosha Yoga July events

All events are at Santosha Yoga, 4876 NW Bethany Blvd, L-4, Bethany Town Center

Yoga camp for kids

Mon.-Fri., July 31-Aug. 4, 3:30-5 pm, ages 5-16

Jamie Dix of Imagination Yoga and Dina Lang of Santosha's Kishor Yoga are joining forces to offer an inspired yoga camp where yogis aged 5-16 come together in one joyful, empowering and intentional yoga community. This camp meets all kids exactly where they are.

Offerings include daily yoga, pranayama and meditation practice, mala making, mindful tea ceremony, and restorative yoga.

Cost: \$100 per person. Space is limited. For more information and to register, [visit the website](#).

Open House

Mon-Tues, July 10-11

We are celebrating seven years of bringing yoga to the community. We hope people will stop by and say hello or take a free class if they have never taken one here at the studio. Visitors can also enter a drawing for a pair of tickets to a Hillsboro Hops baseball game.

Market of Choice music on the patio

Fridays, July 7-Aug. 18, 5:30-8 pm, 250 NW Lost Springs Terrace, Cedar Mill

Listen to live music by local musicians while enjoying your favorite food and beverage—wine & cheese, beer and burgers, fresh juice and salad. Bring your family or invite some friends.

Join us on the patio for these local performers: July 7, Karyn Ann; July 21, The Jane Lewis Band; Aug. 4, Evan Churchill; and Aug 18, Lisa Mann. For more information, [visit us online](#).

Home buyers' seminar

Thurs., July 20, 6-8 pm, NextHome Realty Connection, 12923 NW Cornell Rd. #101

Whether or not you are a first time homebuyer, purchasing a home can be an overwhelming process. Learn how it all works from beginning to end at our home buyers seminar. Enjoy a drink, light snacks, and good company as we share buying insight and discuss a special zero down payment program. All visitors will also receive a first-time homebuyer's guide,

as well as a post-seminar, 1-on-1 consulting session.

Topics to be covered, include how you can buy a home with 0% down, learning how to navigate the overall home buying process and today's real estate market, the mortgage process, the home search and buying process, real estate costs, negotiations, title and escrow. You will also be able to get information and resources to help you save money and make informed decisions, and meet with home-buying experts, local real estate agent lenders, credit and financial advisors.

The seminar will be presented by Steve Roesch, principal broker and owner of NextHome Realty Connection, with 20+ years in the industry; Tom Hestmark, loan officer with Mortgage Express, with 20+ years in the industry; and Leah Burton, escrow officer with WFG, 13+ years in the industry. Space is limited, so [reserve your spot](#) today.

Outdoor pools, splash pads open for summer

Grab your towel and some sunscreen, the Tualatin Hills Park & Recreation District's two outdoor pools are open. Somerset West Swim Center, 18300 NW Parkview Blvd., and Raleigh Swim Center, 3500 SW 78th Ave., will host children's lessons, adult classes and lap swimming along with open swim time for the whole family.

The splash pad at Conestoga Recreation & Aquatic Center, 9985 SW 125th Ave., right next to Southridge High School, is open for that summertime sprinkler experience. The 4,500-square-foot pad, open daily from 10 am to dusk, is designed for children of all ages. A toddler bay includes several low-spraying features. For older children, the site includes dumping buckets and sprays that can be aimed.

A new splash pad is also open in Timberland Park, 118th and Stone Mountain Lane, next to the new middle school building.

In addition, the Sunset Swim Center wading pool is open for the summer. The district's only wading pool is 40 feet long, 20 feet wide and 9 inches deep. The pool is for children ages 6, who must be under the supervision of a guardian at least 15 years of age.

It's open weekdays 10 am-5 pm, and Saturday and Sunday noon-3 pm. The pool is available for private parties and classes on weekends. \$4 for in-district residents. [Visit the website for details.](#)

Timberland parks will be celebrated at July 13 concert

Thurs., July 13, 6 pm, Timberland Park, 11620 NW Stone Mountain Lane

The free concert, featuring Trashcan Joe, will begin at 6 pm at the park. During the 7 pm intermis-



sion, a brief dedication ceremony with spoken remarks and ribbon-cutting will be held. The band will then return to the stage and play until the 8 pm conclusion.

THPRD will offer free cake and several door prizes, including tickets to the district's Aug. 19 Groovin' on the Grass concert with Quarterflash, Curtis Salgado and Nu Shooz. The THPRD Rec Mobile and Nature Mobile will provide fun activities for children starting at 6 pm. In addition, park district employees will have an information table where guests can ask questions.

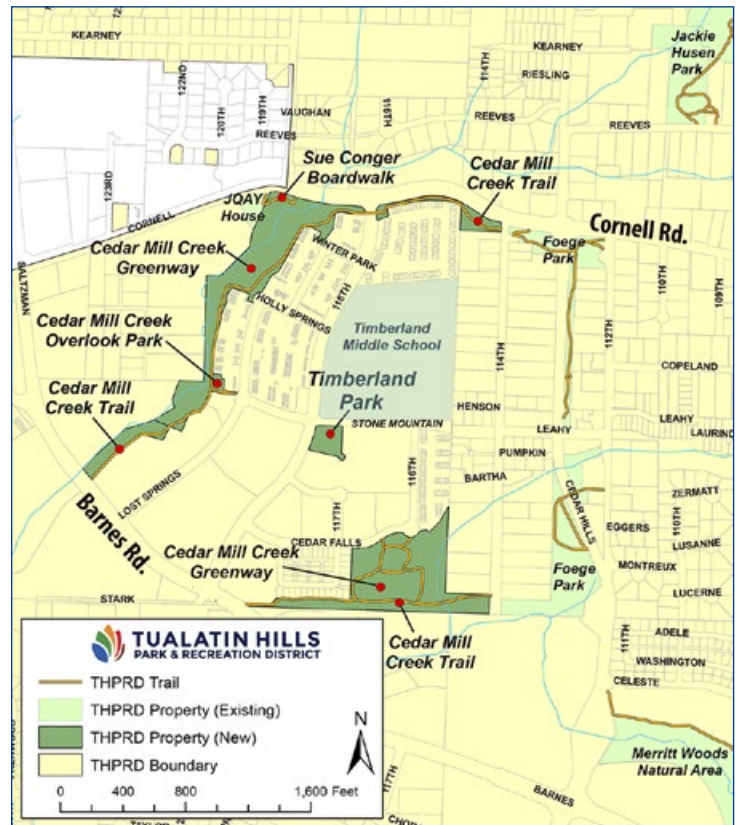
Timberland businesses will have a presence: Market of Choice, Ava Roasteria, Sofi at Cedar Hills, and The Ackerly. The Cedar Mill News will be there too. Food will

be available from Saigon Bowl and Retrolicious.

Timberland Park is located right across the street from the new middle school built by the Beaverton School District (currently functioning as host to BSD schools whose facilities are being rebuilt). Highlights include a splash pad water feature, play equipment, public plaza with seating and drinking fountain, and an open lawn area for picnicking and play. The park is small—limited parking is available on-street in the neighborhoods.

There are many more recreational amenities in the Timberland community, most of which THPRD owns, operates and maintains. These include additional playgrounds and picnic areas, trails, greenways with creeks and wetlands, and an all-accessible elevated boardwalk and viewing deck that overlooks the historic Cedar Mill Creek Falls, adjacent to the historic JQA Young House. Altogether, the parks and trails encompass nearly 20 acres.

Polygon Northwest created the amenities while developing Timberland, which was built on the former Teufel Nursey site. The development features a variety of housing and a shopping center. The company subsequently transferred owner-



New THPRD facilities in Timberland include playgrounds, trails, and natural areas.

ship, operation and maintenance of the features to THPRD, per their "in lieu of fees" agreement with the district.

"We're pleased with how ev-

erything turned out," said Doug Menke, THPRD general manager. "It looks good, and we're confident our residents will enjoy using all the amenities for years to come."

Take your recycling up a notch, become a master recycler

Washington County and the cities of Portland and Beaverton will again offer their 8-week master recycling course on the latest information on consumption and recycling. Attendees gain certification and then are asked to volunteer 30 hours to share what they learned with neighbors, coworkers and community.

The program runs eight Wednesday evenings and two Saturdays September-October at Beaverton Community Center, 12350 SW 5th St. The cost is \$50.

Partial and full scholarships are available. Deadline for applications is noon, Wed., Aug. 2.

The Master Recycler Program is committed to providing equal access and will arrange for special accommodation, interpretation or translation. Details and application: www.masterrecycler.org

Free wood chips for your garden

By Sandra Smith

It was a couple of days after our big windstorm back in early April. So many people lost trees and big branches. I thought wow, the tree service companies will be super busy. Maybe now is the time to sign up for Chip Drop.

Chip Drop is a service benefiting both arborists and gardeners. The concept is simple-- tree services sign up to find nearby locations to dump their piles of wood chips, and gardeners sign up to receive the piles of free chips.

A neighbor had used their



service last year and I got several buckets of chips to put around my trees, flowerbeds, and garden walkways. The chips make great mulch, help keep weeds down and retain moisture. I needed more, so I signed up at getchippedrop.com. It was very easy, all online. You can choose from chips only, chips and some logs, or logs only. You give directions on exactly where to dump the chips at your house. Then you wait for chips to arrive.

I signed up that weekend. Four days later I came home from work

to a huge pile of chips! I am talking a very huge pile of chips! They do not do partial loads—you have to accept whatever the arborist has to

drop, which could be up to 15 yards of material! I don't know how many yards I got but it was a lot more than I could ever use. I immediately emailed my neighbors to come and take as much as they wanted.

Now, if you're expecting beautiful wood chips, you may be in for a surprise. A typical load contains about 50% wood chips and 50% green, leafy material or evergreen needles. The leafy green material breaks down first, leaving the woodier chips behind. The pile will naturally heat up and start decomposing immediately. It was neat to see my pile steaming each morning, as well as smell the fresh cut tree aroma. Now those chips, which would have otherwise been wood waste in a landfill, are in our yards instead.

[Chip Drop](http://getchippedrop.com) was founded by Bryan Kappa in Portland, Oregon. It has been operating since January 2014 and has facilitated 17,768 drops in 25 cities across the US and Canada.

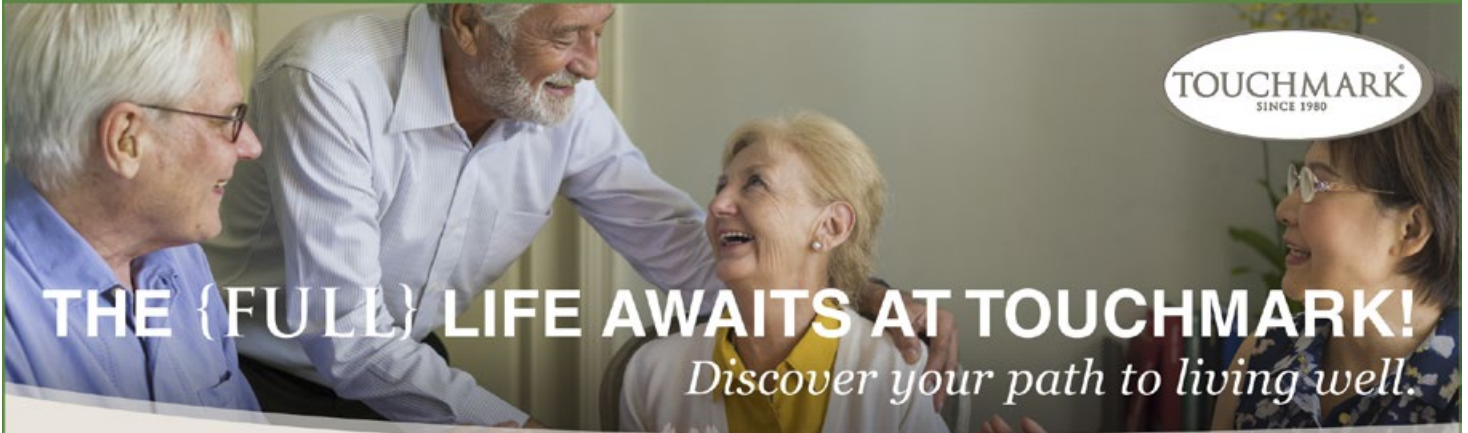
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TouchmarkPortland.com