



# Cedar Mill News

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June 2011

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## Featured Business

### Christ United Methodist Church

by Virginia Bruce

The history of Methodists in Cedar Mill goes back to the earliest days of pioneer settlements in the area. Meetings were held at the log house of "Brother" William Cornell, located on the road that was named for him. Later, Methodists met at the Union School house that was built in 1864 next to the cemetery, on what's now 143rd. In 1866 they built a small church on part of George Jones' donation



CUMC is located just west of Saltzman on Dogwood. This section of the building was completed in 1964.

land claim. After the land was sold to Joe Murray, a staunch Catholic, the congregation moved to another church that was built in 1892 on property donated by Jasper Young, one of JQA Young's sons. Wesley Chapel, located on Cornell east of Saltzman, was served by a circuit-riding pastor, who visited several churches in the region on alternating Sundays. It became the main meeting place for the community. It was eventually sold to Burton Reeves, and used by various community groups including the Cedar Mill Bible Church. It was finally demolished in 1965.

In the intervening years, Methodists attended Beaverton Methodist Episcopal Church or other nearby churches. But Cedar Mill began to grow in the early '60s, with Terra

Linda and other large subdivisions replacing farmland. In 1963, after several years of consideration, the Board of Missions of the Oregon Conference of Methodists decided to start a Methodist Church in the Cedar Mill area. Reverend James L. Airey was chosen Pastor.

Members searched for land, and found a four-acre plot on Saltzman that was being used as a cow pasture. The following month, the Conference approved the purchase of the site for the new church and a house nearing completion in Terra Linda for the parsonage.

After originally planning to name the church after Cornell, the congregation eventually chose the name of Christ Methodist Church. They planned to meet in the recreation room of the Sunset Swimming Pool until their church was built, but the acoustics were awful, so they started meeting at the Leedy Grange Hall. Members of the church recall, "scurrying and maneuvering to convert the Saturday night square-dance setting to the Sunday morning church setting." The first meeting, on September 22, 1963, was attended by 88 people, 54 of whom had already signed the charter.

One of the original parishioners was Leonard Uppinghouse, a contractor. He chaired a committee to oversee the building process. Charles Colburn, another member of the church, was chosen as the architect, and he produced a lovely mid-century modern (back then it was just called "contemporary") design incorporating wood surfaces, vaulted timbered ceilings and natural light. This building is now the chapel, and is used by a Korean congregation, among other groups.

When the building was nearly finished, in December 1964, an early cold spell hit Cedar Mill. The

*Continued on page 10*

### St. Pius targeted by Carpenters' Union

by Virginia Bruce

Cedar Mill has become the latest site of a national campaign by the United Brotherhood of Carpenters and Joiners of America (Carpenters Union) targeting contractors that hire non-union workers, and the companies who use those contractors for building projects.

The "Shame on St. Pius" banner is a tactic to call attention to contractor SD Deacon's use of K2MG, a Newberg-based drywall contractor.

At issue are claims that K2MG pays sub-standard wages, does not provide healthcare, makes cash payments to workers and doesn't pay overtime.

The men holding up the banner have been passing out a flyer equating St. Pius X to a rat eating the American flag, "For Desecration of the American Way of Life."

Anthony Vuky, Business Manager of St. Pius X, says, "We are puzzled by the banner that has been erected by our property and the nature of the labor dispute. St. Pius X Parish completely subscribes to the



Catholic Social Teaching with respect to the rights of these workers, and rights of workers to a fair wage; so we do not know the basis of the grievance because there is nothing that we are doing that is contrary to fair labor practices."

*Continued on page 7*

### Thompson remains closed indefinitely

A segment of NW Thompson Road north of Skyline was closed in January after a small landslide was discovered on the roadway and the downhill slope. Multnomah County road engineers investigated, and found that the land is highly unstable due to terrain and water movement under the roadway.

Mike Pullen, Multnomah County Communications Officer, says, "The Thompson slide worsened during the winter and spring, after the road was closed.

The "cheaper and faster" repair options have been eliminated by the scale of the slide. Unfortunately, this will be a very expensive and time-consuming repair. This winter's heavier-than-normal rainfall appears to be a contributing factor. The Thompson Road landslide looks like it will be the most expensive and inconvenient road closure on

our road system this year."

The county has hired a geotechnical consultant and is still awaiting their report. More information may be available in the next few weeks.

Residents may access their homes from either Cornell below the slide, or from Skyline above, but no through traffic is allowed, including bicycles and pedestrians. Through traffic should continue to detour to NW Cornell Road and NW Skyline Blvd.



# Cedar Mill Business News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at [info@cedarmillnews.com](mailto:info@cedarmillnews.com)

## New meat manager at Bales

Bruce Hazel has joined the Bales Marketplace management team, and he has some interesting plans that will bring us an even better selection of items in the fresh and frozen meat and fish department. He previously worked for 14 years at various Zupan's locations, and



has been in the meat business for 33 years.

He's a big supporter of local meat, and in addition to the Painted Hills beef, Coastal Range chicken, and Carlton Farms pork products that are already available at Bales, he's looking for a local source for lamb.

Bruce is encouraging Jesse, the smokehouse expert, to bring more smoked items to the counters. He is also planning to offer a variety of new house-made sausages. "We'll also be making all our ground meats in-house, to provide customers with the freshest and safest products—even the Painted Hills beef will be freshly ground here."

If you've been missing the afford-

able selection of seafood that we came to expect in the fresh fish counter, Bruce says, "The days of cheap fish are over." Conditions at sea and regulations protecting endangered species are really taking a toll on the bounty that we had come to expect. But they are working hard to bring you the best of the catch that's available.

"I enjoy waiting on customers," he says. He loves to cook, and is happy to spend time with customers to help them figure out how to prepare their meats and fish. The fresh meat counter is now open from 7 am to 8 pm daily. Bales butchers are happy to accommodate special orders, so if you don't see what you need, just ask.

## Garage special

Stuck on what to get Dad for Father's Day? He doesn't need another tool; he just needs to be able to find the ones he already owns. Restore order to his garage and ensure that he'll be able to locate what he needs when he needs it. Better yet—he may be able to get his precious car back into the garage and protect it from the summer heat!

To help you show Dad how special he is, NW Organizing Solutions is offering 10% off all garage organizing services purchased during the month of June. Don't clutter his space with more things; help him enjoy what he has, by calling Professional Organizer, Beth Giles, at 503-709-0791 to order your gift certificate or to schedule an organizing session. NW Organizing Solutions not only organizes garages but can help make Dad's home office operate better and be a less-stressful place to work. Check us out at [www.nworganizingsolutions.com](http://www.nworganizingsolutions.com).

## Experiencing Music from the Inside Out

Westside Music School is offering a workshop for teachers of young children (preschool, kindergarten, homeschool) with ideas and activities for applying the national standards for music education within your school curriculum.

Teachers of preschool, kindergarten and young elementary

grades understand the importance of music in a well-rounded curriculum but many lack confidence in teaching musical activities.

During the two-hour workshop, teachers will learn and experience effective methods and fun activities to use with students including the following areas: Singing, Ear Training, Rhythm, Movement (large and small muscle movement activities), and Creative Activities relating to improvising and composing.

Teachers are welcome to attend one or both of the two-hour sessions: Friday July 15, 10 am-noon; and/or Friday August 19, 9:30 – 11:30 am. Cost is \$25 for one, or \$45 for both. Visit our website: [westsidemusicsschool.org](http://westsidemusicsschool.org) and click on Class Schedule, for more information and to register.

## Sunset Credit Union wins for student program

Financial Beginnings ([financialbeginnings.org](http://financialbeginnings.org)) is a northwest non-profit that encourages financial literacy for children. Sunset Science Park Federal Credit Union was recognized by the organization for their volunteer work to teach Oak Hills Elementary students about the basics of money.

"Financial Beginnings makes it so simple to volunteer and help kids learn about financial literacy," said Trish Anderson of Sunset Credit Union. "I just go into the classroom and the supplies are already at hand. The kids love the booklets, and I love teaching the kids...I feel like I'm on a field trip every time I go!"

If any Cedar Mill family would like this information shared in their child's classroom or school, contact Sunset Credit Union at 503.643.1335, or send an email to [cugirls@sspfcu.com](mailto:cugirls@sspfcu.com). Visit us at [sspfcu.org](http://sspfcu.org) to find out how you can join our financial family.

## Virtue of the Month: Enthusiasm

Enthusiasm is being filled with spirit. It means "God within". When we live with enthusiasm, we are excited about life and are open to the wonders each day holds. We do things wholeheartedly, with zeal and eagerness...

The Practice of Enthusiasm: I am excited about my life. I am inspired

by simple things. I put love and joy into what I do. I smile, laugh and have a good sense of humor. I have a positive spirit... I am thankful for the gift of Enthusiasm. It makes life simply wonderful. ~Linda Kavelin-Popov, Virtues Reflection Card, Enthusiasm.

The Virtues Project is a global grassroots initiative with a goal of inspiring the practice of virtues in everyday life. Virtues Connection Portland offers workshop for parents, classes for educators and community development programs, as well as personal retreats. Visit [www.virtuesconnectionportland.com](http://www.virtuesconnectionportland.com) or contact Delaram for more information. 503-267-0202.

## Unlimited sessions at Santosha Yoga

For those who have been, "going to get to it one of these days," your time is now. Santosha owner Katy Nadal says, "We are providing an irresistible opportunity to find out how yoga can help you feel good and be healthier in both mind and body. It won't happen overnight—yoga is, after all, a practice. However, from the first day, I always see students leaving with a smile on their faces. Start with once a week and soon you will be wanting to come twice, or three times a week. To make this easy we are running a 1st Anniversary Super Summer Special that will give you unlimited yoga until Labor Day. 11 weeks of yoga, beginning June 18th, for \$150. That's less than \$2 a day for the most ambitious yogi (normal cost for three months of unlimited yoga is around \$320.)

Rosanna Sanger will team with runners for a Run/Yoga Clinic on four Sunday mornings, beginning July 10th. Runners will learn how yoga will keep them in their running shoes longer and happier throughout their lives. Each class will begin with a two-mile run in the Bethany area followed up with a 60-minute yoga class.

Nadal notes, "We hope that people will give yoga, and Santosha, a try. First class is still free. We are conveniently located in Bethany Village with easy parking and a vegetarian restaurant, Sweet Lemon, 20 feet from our door. We call it our 'zen corner.'"

*Continued on page 9*

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## Hawaiian band Hapa for Cedar Mill Park Concert

Tualatin Hills Park & Recreation District (THPRD) has announced the schedule for their summer concert series, and our Concert in the Park, Thursday, August 4, will feature "Hawaii's Super Group" Hapa, ([www.hapa.com](http://www.hapa.com)). They'll be stopping in as part of a west coast tour from their home in Maui. Sounds exciting! Put it on your calendar, we'll have more info next month.

Along with community partners and sponsors the THPRD Rec Mobile and the Nature Mobile will be on site to engage kids with face painting, games and activities.

### Concert Volunteers needed

Responsible and enthusiastic volunteers are needed to help bring fun and festivities to concerts held in parks throughout the summer! If you're outgoing, enjoy meeting new people and love music, this may be the perfect summer volunteer activity for you.

Volunteer activities include: Face painting & balloons (Min age: 14), Greeter and Information table (Min age: 14), Photographer (Min age: 18), Videographer (Min age: 18).

## CMBA Meeting Notes

The Cedar Mill Business Association enjoyed meeting at our new location in the Cedar Mill Bible Church. Impact Sign Co. donated several reminder signs that were placed near the old location at the Grange Hall, and to direct visitors to the new location downstairs at the church.

After a round of quick introductions, Caryl Hoffman of CK Hoffman Designs announced that she has volunteered to manage the CMBA booth at the Farmers' Market for June, and that Miller Paint employees are helping with storing and putting up the canopy. Thanks! If your business wants to spend a Saturday or two at the Market, contact Caryl at [caryl@ckhoffmandesign.com](mailto:caryl@ckhoffmandesign.com).

Virginia Bruce offered a program introducing a number of new businesses that have opened in the area. Caryl Hoffman told us about the newest trends in color for her "10 minutes of Fame."

The speaker for the June 14 meeting will be James Olson, Realty Sales Training, talking about Sales Techniques. The "10 minutes of Fame" presenter will be Claudia Reinsch of Westside Music School.

18). Application deadline is June 17! Sign up early in order to attend the Face Painting Workshop (June 14) conducted by professional face painter, Tina Connolly!

To apply: Visit the [THPRD website](http://www.thprd.org) and click on Volunteer, then go to the Summer Volunteer Activities link. If you are under 18 years of age, your application must be signed by a parent or guardian. For additional information, e-mail [jkonen@thprd.org](mailto:jkonen@thprd.org) or contact Volunteer Services & Special Events at 503/645-6433.

For more summer volunteer opportunities, check out our volunteer pages, which are divided into youth, adult, special events and environmental volunteer opportunities.

## Vote for the JQA Young House!

The National Trust for Historic Preservation selected the John Quincy Adams Young House as one of the top 100 "This Place Matters" finalists for a \$25,000 grant. The winner will be selected according to which place gets the most votes.

To vote, go to the THPRD website: [www.thprd.org](http://www.thprd.org) and click on the link on the home page. You will need to sign up on the National Trust site, and check your inbox for a voting link. When you see the list of contestants, scroll down to the Tualatin Hills Park Foundation to vote for the JQA house.

## 143rd Sidewalk project underway

Construction on the 143rd Avenue pedestrian path project began on Tuesday, May 31. This Minor Betterment project is constructing a mix of asphalt pathway and concrete sidewalk along the east side of 143rd Avenue from Hunters Drive to West Union. Pedestrians are advised to not use this route until construction is complete. The work requires some lane closures with daytime delays through June 24. For additional information, visit <http://www.co.washington.or.us/LUT/Divisions/Operations/Programs/minor-betterments.cfm>

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## Bible Church offers garden space

Members of Cedar Mill Bible Church (CMBC) are turning unused yard space into a community garden in hopes of giving local Cedar Mill area residents a beautiful and functional space to grow seasonal produce and vegetation. The garden, located at 660 NW 123rd Ave, will be home to 40 plots, with 20 of those already spoken for. The remaining 20 spaces

Cedar Mill area. More than a dozen members of the church have teamed up to prepare the land, including a pastor, who used his tractor to grade the area properly.



The Home Depot on NW Science Park Drive, and its employees, are providing more than 50 volunteer hours, as well as all the materials for the garden boxes and irrigation supplies.

are available to anyone in need of gardening space and will be given out on a first come, first serve basis. To reserve one of these plots, please contact Josh Friberg at 503-330-4818.

Other items still needed include hoses, garden tools, deer fencing, and a large wooden arbor for the entrance.

There is no cost for a space, but fellow gardeners are asked to volunteer six hours throughout the growing season to help maintain the garden. Wednesday evenings this summer will be dedicated to picnic gatherings or gardening workshops where fellow gardeners can assist one another or get advice from Master Gardeners who might attend occasionally. Growers are encouraged to donate excess produce to those in need or to local food banks serving people throughout our community.



Church members began by removing trees and grading the area

Although the land is owned by CMBC, the garden is very much a community effort to benefit the

Opening Day was June 4. Anyone is welcome to participate! When visiting the garden, please park in the south part of the church parking lot, and walk between the divided fence in the western corner.

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## Business Association "Downtown Beautification" projects continue

In May, members of the Cedar Mill Business Association (CMBA) turned out to clean up and weed

for hanging flower baskets from City of Lake Oswego. They quickly geared up to fulfill the assignment,



Michael McIntyre, US Bank; Terry Taylor, Sunset Credit Union; Julie Tiffie, A Cut Above; Dean Shade, Dean Shade Law; Micheal Coats, Miller Paint; Ryan Egge, Bales/Findley Property Management; and Peter Leonard, Cedar Mill Community Library turned out to help with the cleanup. Photos by Sandy Sahagian

the landscaped areas and medians along Cornell between Saltzman and Murray. This is necessary because the county doesn't maintain landscaping in its unincorporated urban areas.

County employees do provide traffic control though, and the folks who turned out had a good time and collected many bags of trash and weeds. Fortunately it didn't rain.

The following week, Jonn "J-Dog" Karsseboom and his assistant Julio Gomez from The Garden Corner showed up to install the flower baskets. The CMBA decided to hire the company this year to install and maintain the baskets.

The Garden Corner was started by Jonn and his wife Tracy 21 years ago, when they landed an order

and haven't looked back. They now provide floral displays for many communities in the Portland Metro area, and also have a full-service garden center in Tualatin. Find out more on their website [thegarden-corner.com](http://thegarden-corner.com)



Major donations from the Sunset Athletic Club and Bales/Findley Property Management, along with money from member dues, make this display possible. Along with the

"Welcome to Cedar Mill" banners, these touches enhance and identify our community.

A Garden Corner employee will visit the area nightly to feed and water the hanging baskets, so we will be treated to an even more spectacular display all through the summer season.

## Sunset Presbyterian volunteers "Engage"

On a sunny Sunday, kids and adults removed graffiti, painted classrooms and helped many strangers for Sunset Presbyterian's annual "Engage!" project. The day of community service on May 1 drew 800 volunteers from across Metro Portland, including some who had not been to the northwest church before.

Volunteers were all drawn by a common purpose, to serve the community in a way that celebrated their faith. Strangers met making sandwiches for homeless people; singing for elders at retirement homes; and sprucing up five neighborhood schools. There were 20 projects for "Engage!" from helping residents of women's shelters to those at ten elders' residences.

"I was so impressed that there were no complaints about the work involved," said Ken Jones, working with the graffiti cleaning crew. An entire basketball team helped clear brush, pull weeds, and remove debris from church property, with fellowship and good cheer too.

Inside the church, many developmentally-disabled adults filled toiletry bags for homeless youth. RoseMarie Salehi said her sister-in-law Nahid is "not always one to get involved in any activity" but she was thrilled to add combs to the packages, to help in any way.

A call for 250 pairs of warm socks was answered through prayer,

said volunteer Staci Comer, who sent out emails seeking donors. She joined 20 volunteers serving hot coffee, homemade sandwiches and fruit to people living under Burnside Bridge. It was the first time Staci—a member of Sunset's congregation for 20 years—had volunteered to work with people who are homeless. It was a life-changer, she said.

Volunteers shook hands and gave out 250 bags of toiletries, including toothpaste and toothbrushes. They met people of all ages, in good health and frail condition, living outdoors. Sunday is an especially difficult day because shelters, meal drop-ins and other social services are usually closed.

Many volunteers were moved by the stories they heard. Staci said. "I wish we could give more. It needs to be done more often," she said. "I would do it once a month. Just think, as a church, if we all took one Sunday—in one year, that would be huge! We could help them find a room, get off the streets, get a job..."

"Engage!" meant fellowship, smiles and excitement, said Laurel Blanchard, one of many who prepared a free breakfast for volunteers before a brief church service. "We bonded over the joy of what we were doing," she reported.

Sunset Presbyterian is at 14986 NW Cornell Rd. For more information: [www.sunsetpres.org](http://www.sunsetpres.org), or 503-292-9293.

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## Paladan Elementary School

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# Vanquish that vigorous vegetation!

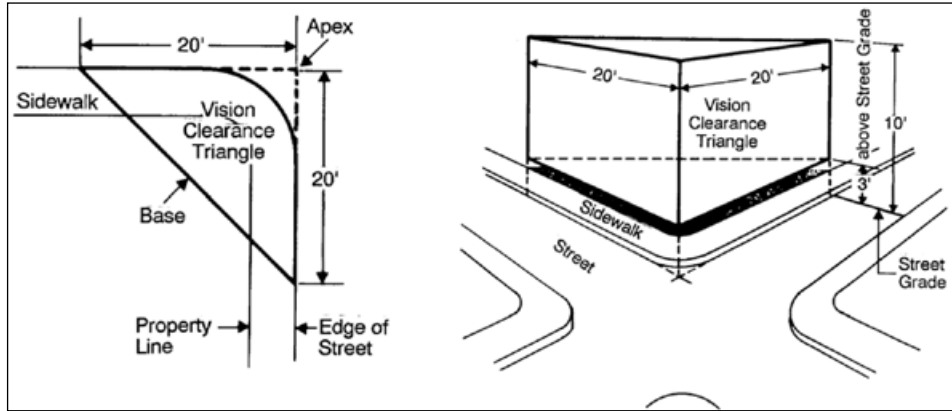
by David Miller

Anyone who lives in Western Oregon can tell you how fast things grow this time of year! And we all know that those blossoming buds don't always stay confined to the garden. If you have shrubs or trees next to a garden path, the path may soon disappear if you don't do some trimming. The same holds true if you have vegetation along the edge of a sidewalk or roadside path.

We have all seen properties where overgrown vegetation encroaches upon an adjacent sidewalk. This can create serious safety problems, as it may force children and other pedestrians to walk in the roadway. In addition, overgrown vegetation can make it

harder for drivers to see pedestrians, especially at corners. And if the vegetation blocks a traffic sign that is obviously a problem.

What you may not know is that



the owner of the property adjoining a sidewalk or roadway is responsible for trimming vegetation to keep

the sidewalk and/or edge of the roadway clear. While the County may do this occasionally along some main roads, they generally do not do it along neighborhood streets, leaving it completely up to the property owners to vanquish vigorous vegetation in the neigh-

borhoods. With school out and children roaming the neighborhoods, this is especially important. So, please take the time do the following:

- Assess what needs to be trimmed on your property. See the diagrams below (from Washington County) for details.
- Do the trimming. Better yet, organize a neighborhood cleanup day and have some fun working with your neighbors to get it done.
- Get rid of the trimmings in your yard debris recycling bin. If you have more trimmings than will fit in one or two loads, there are places such as Best-Buy-in-Town that

will take them for a nominal fee. Or, if you have a very large amount of trimmings, such as from a neighborhood cleanup day, Washington County may be willing to take them away for you.

Working together, we can take back our neighborhoods! For more information on the clearing requirements, and to explore options for debris disposal, you can contact Washington County at 403-846-7623, on the Web at [www.wc-roads.com](http://www.wc-roads.com) (click on Roadside Vegetation), or by email at [lutops@co.washington.or.us](mailto:lutops@co.washington.or.us). For ideas for organizing a neighborhood cleanup day, you can contact Cecilia Hagle with Washington County, at [Cecilia\\_hagle@co.washington.or.us](mailto:Cecilia_hagle@co.washington.or.us)

David Miller is a member of the Connecting Neighborhoods subcommittee of CPO 1.

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# Library News and Events

By Dawn Anderson

This year, Summer Reading is for everyone! Sign-up starts on

had a chance to join the Cedar Mill Community Library Association, please take the time to do so today.

Wednesday, June 1 for all our Summer Reading Programs. More information is available in the library and on our website at [library.cedarmill.org](http://library.cedarmill.org)

## One World, Many Stories

Our annual Summer Reading Program for babies, toddlers, preschoolers, and school age children.

## You Are Here

Take our summer reading challenge for teens, get prizes, or come to our fun events, just for teens, all summer long.

## Novel Destinations

NEW: Don't let the kids have all the summer fun! Rediscover your library during the WCCLS Adult Summer Reading Program as libraries throughout the county host events, activities, and offer prizes.

## Kindergarten Here I Come!

In this workshop, parents will learn strategies for fostering your child's school readiness, while focusing on the "whole" child. Leave with the simple tools and know-how for helping your child make a smooth transition into Kindergarten. Presented by Gina Smith, Kindergarten Teacher, Beaverton School District. Wednesday, June 22, 6:30-8:00 PM at the Cedar Mill Library. For parents of 4 & 5 year olds; adults only please. No registration required.

## Your Community, Your Library!

Help us reach our goal of raising \$25,000 from 500 new and existing donors by June 301. If you have not



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Labor, continued from page 1

The banner includes the words "Labor Dispute." In a letter to Wilamette Week, which published an article on a similar action in 2009, Tina Slogowski of K2MG Interiors stated, "This is misleading: "labor dispute" is generally understood as an action taken against a company by its employees or their union. K2MG Interiors Inc. is a family-owned business that has been operating out of Newberg since 1991."

The SD Deacon company has been targeted by the carpenters on previous projects. They're a large company and often work on big, visible construction jobs. They attempted to communicate with the union as far back as 2008 to say that they had followed up with K2MG and were satisfied that none of the claims were true. The Carpenters Union representative responded by threatening to continue their pickets, and extend them to SD Deacon

projects in California.

Other area labor unions have expressed concern about the Carpenters Union tactics because they cast all unions in a bad light.

This "banning" tactic has been employed nationally against a variety of companies that have no overt conflict with the Carpenters. Here in the Portland area, Whole Foods, Home Depot, and Costco have been targeted in the past.

## Red Cross Blood Drive at CUMC

Thursday, June 23, 2-7 pm at Christ United Methodist Church, on Dogwood just north of Bales Thruway. Sign up in the office, or call Elaine at 503-646-1598.

Get The News online: [cedarmill.org/news](http://cedarmill.org/news)

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The Nature of Cedar Mill

**Hormones**

by Laretta Young

Unlike humans, most species of animals breed at defined times. (Humans do have some periods of greater fertility, but as we know from scientific studies of the body temperature method to assess peak fertility in females, many factors such as stress “mess up” the predictability of such measures.) For birds and many other animals there is truly a period of the year that is called “breeding season” and most of the science reflects that this period of breeding behaviors are induced by hormonal changes. These hormones tend to get released due to daylight length changes and possibly other cues such as body weight, which is a marker for how much food is present in the local environment.

Hormones also cause the changes in bird feather coloration we see in the bright spring plumages of many perching birds. Some of these birds have spent the winter in southern climates, eating and preparing their bodies to go through the arduous energy expense of laying eggs and feeding the chicks. After they fly back to the nesting sites, many of them go through a molt where they lose their old tattered dingy feathers for a new set of “Easter best” breeding attire.

These same hormones cause the male birds to sing loudly to advertise not only their fitness as an attractive mate, but to signal where their prime nesting territory is. During this time of year some

songbirds also get very aggressive, especially to birds of the same species, or to birds who pose a threat (such as the bird-eating Cooper’s or Sharp Shinned Hawks—who are also feeding nestlings!).

Robins in particular in our area—and Northern Cardinals in



Predators like this Cooper's Hawk inspire aggressive behavior.  
Photo © 2011 by Jeff Young.

the eastern part of the US—tend to get particularly feisty if they believe they see another male robin. And since they are urban birds that nest close to houses and other buildings, they “see” other robins in windows in which their own reflection becomes the “enemy”. Many of my neighbors call every year (since I am the “bird lady”) to ask, “Why does that robin start flinging itself at my window—usually at 5 AM?” And then of course they want to know what to do about it. Many people are concerned about the birds and whether they might get hurt but also concerned about how noisy this behavior is to the inside house occupants.

Research from ornithologists on this topic indicates that most birds don’t hurt themselves. Nevertheless we all know of robins that have gotten concussions and either died or are done in by a roaming outdoor cat while they are stunned. In certain years when the concentration of robins is high, more have to nest near houses, so this behavior varies from year to year, depending on how densely packed the robins are while competing for nesting sites.

The research is all over the map about what to do. One can read web sites that recommend draping plastic snakes over outside windows (isn’t that attractive?) and other sites indicate that this is not effective at all. Most authorities recommend not doing much since if one covers one window the robin, as it flies around, will find another one or a shiny car surface. So if this bird is waking you up—certainly drape something over the OUTSIDE of the window. Simply

pulling the inside blinds or drapes down does not appear to change the reflection in the window—which is what Mr. Robin’s hormones perceive as a threat. So drape whatever seems useful and least ugly to you—maybe even a windsock that flutters in the wind, breaking up the reflection—but also some kind of opaque material that you have around works too.

Robins in our area tend to have two breeding seasons and most produce two batches of chicks—so you may have to repeat this window covering later on. It also might be a great excuse to not clean your windows, but most of us are so hungry for the sunlight to come in that this may not be an attractive option.

Laretta Young is a retired physician who currently teaches at PSU and OHSU in mind-body medicine. She also leads bird tours in Cedar Mill and beyond—check out her web site for more information: [www.portlandbirdwatching.com](http://www.portlandbirdwatching.com). Her husband, Jeff enjoys sharing his bird photography so check out [www.flickr.com/photos/youngbird-ers](http://www.flickr.com/photos/youngbird-ers) for more photos!



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Business News, continued from page 2

## Parent power

World of Smiles, Pediatric Dentistry is excited to host Rebecca Magby of Everything Baby LLC for a class just for parents. Have you ever wished that "fight time" would turn into "family time" instead? Rebecca has over 17 years of experience working as a caregiver and parenting coach. She will be joining us June 22 at 6 pm to teach her two-hour class on Behavior Modification without Punishment. Cost is \$10 per individual, and \$15 for parenting partners. To register, or for more information, email [rebecca@everythingbabyllc.com](mailto:rebecca@everythingbabyllc.com).

## Mike's Auto Parts celebrates Father's Day

Free hot dogs and a benefit carwash in the parking lot will be the attraction in the Milltowner Shopping Center on Saturday, June 25 to help you kick off your Father's Day celebrations.

## Sunset Presbyterian day camp

Sunset Kids Summer Day Camp is August 16-19. Registration is online at [www.sunsetpres.org/go/kids\\_camp](http://www.sunsetpres.org/go/kids_camp)

## The UPS Small Biz Perks & Paydays

The UPS Store®, located at 10940 SW Barnes Rd. in Peterkort Towne Square, is one of the UPS Stores where customers will have a chance to win \$25,000 with The UPS Store "Small Biz Perks & Paydays" Game. The game will be played by utilizing instant-win peel & reveal Game Cards that will reveal a prize or discount offer. The promotion runs from June 5th to July 2nd.

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For additional information, visit [theupsstore.com/3379.htm](http://theupsstore.com/3379.htm) or call 503-646-9999.

## Village Gallery News

"Opposites Attract" is the theme of our June show at the Village Gallery of Arts. Visit us and take a look at what our creative artists come up with this month. Our featured artist member is Kat McCullough. She works in mixed media, acrylics, oil with wax, paper collage, and, occasionally, wild and crazy hand built clay. Currently she is creating with fiber, paint, paper, beads, metals and other materials in her hand-sewn work. Please come by to see Kat's extraordinary artworks as well as arts and crafts from many of our member artists.

Involve your child in art at the Village Gallery! Terry Gonzalez teaches Children's Art Classes on Mondays or Wednesdays from

3:45pm to 4:45 pm. Students will explore a variety of art projects. Kids four-day Art Camps, with our new children's instructor Sarah Fagan, begin on June 20th

from 1-4 pm. Sarah will keep your child involved with something new every day.

There are a limited number of spaces available for The Garden Workshop taught by watercolorist Chris Keylock Williams in her own garden July 12-13 from 9 am-3:30 pm.

The gallery is open Tuesday-Saturday from 10 am-4 pm and Sunday noon-4 pm. The gallery is next to the Cedar Mill Library at 12505 NW Cornell Rd. Call us at 503-644-8001 or stop by to register for classes.

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*CUMC, continued from page 1*  
 congregation had been planning to hold their Christmas service at the Grange, but the cold had damaged the old building's plumbing and the hall was flooded. The Methodists decided they could have their service in the nearly complete church building, so scaffolding and saw-horses were covered in cedar boughs, folding chairs were brought from Camp Magruder, and a decorated fir tree completed the holiday celebration.

In 1968, a merger of the Methodist Episcopal Church and the Evangelical United Brethren Church formed the United Methodist Church, and the Cedar Mill Church was renamed Christ United Methodist Church.

There was no public kindergarten in Oregon until the late 1980s, so Christ United Methodist Church (or simply Christ church) began offering a program to the community in 1964. An education wing was added in 1967 because the program had outgrown the available space. In order to support the growing adult, children and youth ministries, an additional education building was constructed and opened in the fall of 1994.

Through the years the church grew in members, programs and

outreach ministries. By the mid-1980s it became clear the congregation had outgrown the existing space and plans were developed for a new kitchen, offices, and rooms. They begin conducting worship services in the new facilities (Memorial Hall, also called the Nave) on a regular basis.

The church building is used by numerous community groups.

Some of them rent space, such as Kindermusik, American Guitar Academy, and Yu Fang Chinese School. Others are given free space. Girl and Boy Scout troops meet there, the Oregon United Korean Church, a new branch of the Cedar Mill Garden Club, the Westside Zen Circle, and several others.

The church building is also home to two separate preschools. A Child's Way Preschool is a secular school that has about 300 students. They rent their section of the building. The Christ UMC Preschool offers a Christian morning-and-lunch program to about 40 kids, and occupies a different section of the building—it is a sponsored activity of the church. They will be offering three-day sum-



*The playground features this fanciful sea-themed area in addition to playhouses and traditional equipment.*

mer camp sessions to children up to age 8. The large playground is shared by both preschools, and is open to the public when the schools are not in session.

The Community Garden was first established in the 1980s. It is now run by Becky Lovejoy. Church members and others in the community sign up for spaces and share in the expenses. The site will be part of an "eco-tour" later this summer.

The church also owns the property containing two rental houses to the east of the parking lot. At one time, there was discussion of turning it into a park and other community space, but currently there are no specific plans.

But of course a church is much

more than buildings. Brett Strobel, who has been Pastor of CUMC for about five years, says, "The role of any faith community or church in the larger community is multifaceted, and Christ Church is no different."

"First, we are

not afraid to talk about the reality of the sacred, the numinous, the ethical and the sublime. We are a Christian community, which means that we strive to shape our attitudes and lives to the life, teachings and example of Jesus Christ—such as being open, engaging, passionate, and compassionate—open to everyone, regardless; passionate about justice in its various forms; and compassionate to those in need. Stemming from this is the role that we, along with other faith communities, play in being a conscience for our community. Our faith makes us sensitive to the vulnerable and disenfranchised. This is expressed in our various opportunities to learn, share and serve.

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“Christ Church facilitates opportunities for people to meaningfully connect with God and with others in manner that is authentic, enduring and based in mutual trust, care and friendship. There are many different forms of communities available to people in our society, but our church offers a depth, breadth, trust and tradition that is hard to find in these other communities. We are blessed to have people nine weeks old to 90+ years old who interact with each other in rich ways.

“Third, the people in our area live high-powered, fast-paced, frenetic lives. They have a lot of stress factors and pressures in their lives. We are faced with so many pressing complex issues today from cultural pluralism, biomedical ethics, politics, technology, science, global ecology, world economy, justice, violence, despair, responsibility, freedom, and the array of human spiritual experiences. Christ Church provides a place where they can get some grounding and put it all into a healthy perspective. A part of this is being able to ask the really big questions of life—questions of meaning and purpose. We do this at CUMC.”

Members of the church are involved in numerous projects promoting social justice. These range from regular collections of food for the Oregon Food Bank; over 100



The eight-sided "Sanctuary" lets in light through a beautiful dome. Natural wood throughout the building adds warmth.

pounds a month of clothing and household items that are collected and donated to the Western Farm Workers; ongoing involvement in Habitat for Humanity and yearly participation in National Rebuilding Together—this April over 40 volunteers turned out to clean, repair, paint and clean up the garden for a disabled senior in need; meal deliveries for Loaves & Fishes; and many more activities that help the less-fortunate in the community.

They partner with Aloha United Methodist Church for the “ReKindle Youth Ministry” that offers activities for teens. They’re currently rais-

ing funds for a MidWest Mission Trip that will send participants to work in Chicago helping inner-city low-income families. There’s also a special Sunday School for Junior and Senior High students on Sundays at 9 am.

Senior men and women each have their own groups that meet regularly. They had been meeting together as the CHUMS group, but that ended this month because most of the members were in their 80s and 90s. The Singles Lunch Bunch continues, as does the Prime Timers who keep up a long tradition of following the Great Decisions discussion series.

Music has always been an important part of Methodist worship. CUMC Music Director Jeff Kaufmann, who also performs with local jazz groups, initiated the Rave in the Nave performance

series that has brought many local artists to the community. He’s taking a break from that after the end of this season, but it may return.



Elaine Ledbetter keeps the many activities at the church coordinated.

There’s a choir, a handbell group, a youth praise band, and regular solo performances as part of the weekly church service.

Elaine Ledbetter runs the office of the organization. She grew up as a Methodist in California and moved to the area and became a parishioner in 1985. She joined the staff six years ago and because of her increasing responsibility, she was named Executive Director. She handles all rentals, public inquiries, and supervises the repair and maintenance staff. She says she enjoys her work because, “I actually like to go to meetings!” She works with numerous “teams” of church volunteers who meet regularly to manage all the varied aspects of church operations, including Stewardship, Education, Technology, and Finance.

The church has a computer network, and a new and sophisticated audio-visual system including a projection system in the Nave that can project images across the big room even in daylight.

The church website ([cumcpdx.org](http://cumcpdx.org)) is maintained by volunteers and is very complete and informative. Elaine notes that, “We have a lot of high-tech workers in

our congregation so we get plenty of help on technical issues.” Elaine also sends out weekly newsletters to the membership and the community and sends an updated calendar every month.

Sunday services during the summer are at 9:30 am and last about an hour. The church is open daily, and the public is welcome to come in and explore the facilities. Visit their website or phone 503-646-1598 for more information.



The central courtyard, with its spreading oak, ties the various parts of the church complex together.

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