



# Cedar Mill News

Volume 8, Issue 2

February 2010

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## Featured Business

### Burnt Ends BBQ

by Virginia Bruce

If you're planning an event that needs catering, or even if you'd just like to have some award-winning authentic, slow-cooked barbecued meat to anchor a family meal, there's a local catering firm that will be sure to please you and your guests.

John and Laura Roberts have made the transition from being hobbyist BBQ competitors to providing top-notch catering for a variety of events. You may remember that we wrote about them in September 2008, following their participation in the Oregon State Fair BBQ Competition. They won a ribbon at that one, but at the 2009 competition they did way better, placing in the top ten in every category they entered.



Beef brisket with "burnt ends" ready to turn in for judging

One of their first big catering jobs was to provide the delicious barbecue sandwiches and sides for the 2008 Cedar Mill Cider Festival. They came back again in 2009 and have also catered numerous weddings, meetings and family reunions. They offer everything from full-service catering to simply delivering a container of barbecued meat for you to build your meal around.

John Roberts grew up in the catering business. His parents did catering "on the side" and he helped out during his teenage years. In fact, he says that his second date with Laura was helping to deliver and serve food for an event. Barbecue wasn't part of the menu, but he does remember when his dad brought home the family's first grill.

So what is barbecue (or BBQ, which is what aficionados call it)? It isn't the quick, hot type of cooking on a grill. That's grilling. It IS the slow indirect cooking of meat using some kind of fire, whether charcoal or wood. It's often done with the less-tender cuts that benefit from the "low and slow" method that breaks down the connective tissue and saturates the meat with flavor and juice. It takes skill and patience and a good quality cooker.

John says that it's his patience that makes him a great "pitmaster." He explains, "If you rush it your meat will not be the best it can be. With BBQ it's done when it's done!" He also has a good palate. Laura says he can always tell exactly what seasonings are needed to take a dish from good to great.

The Roberts got involved with the world of BBQ when they attended a competition at the Chinook Winds resort. They had watched some competitions on the Food Network and when they found out that one was being held close to their Cedar Mill home, they decided to drive down.

John says, "The first sensation hit us before we crested the hill to drive down into the competition area as we caught the incredible smell of the wood smoke coming from the cookers. We both noticed it at the same time and turned to each other in amazement. We spent the day walking through the competition area, asking questions of the various teams and cooks as we could. Most of them were very friendly, willing to offer information and gave us a very positive experience. We came away from that day with the resolve that somehow we wanted to become more involved with competition BBQ."

Then John attended a cooking class (at the Farmington Bales Thriftway) that was being offered by a local BBQ group. During the class he found out about an opportunity to earn certification from the Kansas City Barbeque Society (KCBS) to judge professional contests. He jumped at the chance and has judged a number of competitions throughout the Pacific Northwest.

*Continued on page 10*

Next Meeting  
**Cedar Mill Business Association**  
 Tuesday, February 9, 11:45  
 Place: Leedy Grange Hall, 835 NW Saltzman  
 Topic: The UGLY Truth About Merchant Services  
 Speaker: Cheri Perry, owner, Total Merchant Concepts  
 FREE pizza, bring your own beverage  
 The Cedar Mill Business Association's meetings  
 are free and open to anyone interested in  
 business in Cedar Mill

## History in the News

### The Kieni Ranch

*This story was originally written in Cedar Mill History, by Nancy Olson and Linda Dodds. I added to it with material from Sue Conger's notebook, graciously loaned to me by the Wilson family who now own the house—vb*

The histories of several Cedar Mill families revolve around the property known as the Kieni Ranch. Located on a site near NW 93<sup>rd</sup> just north of Cornell, the Kieni house, built around 1870, has been remarkably preserved by successive occupants.

Aided by a diary belonging to John Kieni that was found in the attic, former owner Sue Peterson Conger took an active interest in the history of her home and kept a notebook that provided information for much of the following material. Perhaps it was her interest in the house's history that led to her passion to preserve the JQA Young House.

Deeds and records reveal that Samuel Shannon was the first owner of the property. Shannon had participated in the Cayuse Indian War in eastern Oregon, and like many soldiers of the time, received the "bounty land" in 1855 through Congressional act as a reward for his military service.

Another document, dated November 20, 1860, identifies Thomas Summers as the second owner. By 1872 a survey, apparently at Summers' request, noted the house standing in its present location.

Before Summers died two years later, he had parceled out much of the property.

Paul and Maria Kieni arrived in Oregon in 1875 along with Maria's brother, Anton Barandun. In 1880, Paul Kieni began purchasing the land parcel by parcel, eventually owning 80 acres and the house.

Their son John Kieni apparently



Some of the artifacts that have been kept with the house include postcards, an ointment container, and a portable screwdriver set

stayed in Wisconsin with his wife Clara and small son until 1882. It seems that his wife and son died, since we never hear anything more of them. His diary, discovered behind some boards in the attic of the home by an electrician, records his thoughts as a young man at the end of a harsh Midwestern winter. In March, 1875 (the same year that his parents arrived in Oregon) he wrote:

*Continued on page 7*

# Cedar Mill Business Association Member News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at [vrb@teamweb.com](mailto:vrb@teamweb.com)

## Bag a bargain

Second Edition Resale is having their Big Bi-annual Bag Sale on Saturday, February 20, beginning at 10 am and lasting until approx. 4 pm (or sooner if everything is gone). A brown paper grocery-type bag, filled to overflowing, is only \$7.00. Please see our ad for sale dates.

Everyone is invited to help out the library by bringing their like-new or gently-used items into Second Edition, and purchasing something wonderful for themselves on the way out.

## Awakening the Virtues Within

We are ready to collaborate with you on your next business project! We can consult with you to listen to your plans of action for a sustainable team spirit, to discover your strength virtues and to support you and your staff in developing stronger business relationships.

Begin your next business meeting with a Virtues Pick! The Virtue Card you randomly pick is either a confirmation, or an invitation, never a condemnation! Here is how it works:

Read the card out loud. Use the virtue on your card to focus the meeting. At the close, ask how it was helpful. Start your day or week by picking a virtue for your team. Acknowledge each other when you see the virtue in action. Other applications of the Virtues Cards include but are not limited to:

1- Personal Virtues Pick, to read, reflect, journal, create, focus and be inspired in your daily life.

2- Sharing circles: With friends, family or associates; each person

takes a turn to speak briefly on what is on their mind or in their life, then randomly selects a card, reads it aloud and shares how it speaks to them. The others listen in complete, respectful silence. When each person finishes, the others acknowledge the virtue they see in that person. "I see (virtue) in the way you \_\_\_\_." Find out more about the Virtues Card Pack and the project at [www.virtuesconnectionportland.com](http://www.virtuesconnectionportland.com)

## Cornell EyeCare helps you get 20/20

To help people who don't have vision insurance, Cornell Eye Care is offering a 20% discount on their services. Call them at 503-643-5556 to find out how they can help you see clearly.

## CMBA Photo Display at US Bank

View an exhibit of photos of past and present CMBA members by Sandy Sahagian Portraiture. Sandy excels at creating business portraits that really make you look good! The exhibit is part of US Bank's ongoing commitment to spotlight local businesses in their lobby.

## Oregon College of Art & Craft "Art on the Vine" Auction

This year's auction, on February 20 at the Oregon Convention Center, features fine art, wine, travel packages, and much more. Proceeds support visionary craft programming and scholarships for promising degree students and underserved children. Get event updates at the [OCAC auction blog](http://OCAC.auction.blog).

This is OCAC's major fundraising event of the year. Tickets to the event are \$250 each and include the cocktail hour/silent auction, and the live auction/dinner. Sponsorship tables of ten are also available. Please call 503-297-5544 x146 or click here to view the auction catalog or information about sponsorship and donation opportunities.

## To Those Who Will Not Know the Way: New Work by Ryan Pierce

Hoffman Gallery, February 4-25, 10-5 daily; Book Launch and Reading by the artist: Sunday, February 7, noon-2 pm

Pierce showcases his newest landscape paintings and corresponding text about the human

migrations that will be caused by climate change. The series depicts the regeneration of a post-industrial world. Partially supported by a project grant from the Regional Arts and Culture Council.

## Say cheese!

Bales Thriftway is proud to introduce the new Cheese Manager. Marc Cretarolo has over 20 years experience in the food business, and he says he's "always been the cheese expert where I've worked." He moved to Oregon from the Bay Area after his daughter moved up here and had a baby. Before coming to Bales, he was the specialty cheese manager for Zupan's.

His goal is to educate customers



about the merits of "real cheese." He will be featuring many farmstead and artisan local cheeses that have been made with minimal processing. One new feature of the cheese department will be "cheese bites," small chunks of some of the more expensive cheeses that offer a great way to sample them before investing in larger pieces.

He's working on new signage for the cheese counter that will show the type of milk and country of origin. He'll also be working with Wine Manager Steve Gale to do cheese-and-wine pairings for the Friday and Saturday late-afternoon tasting table.

And if you need a cheese platter for entertaining, he encourages you to bring in your own dish and he'll create a selection to meet your taste and budget. Sustainable!



Easter Island, 2009 by Ryan Pierce

## The Village Gallery of Arts "Art Challenge"

Each participating artist will have one month to create four artworks in any medium on a 6"x6" stretched canvas provided by the gallery. The pieces must be created during the month of April. All pieces must have a collective theme; however, pieces should be able to stand alone and will be available for sale individually.

Although each artist sets their own selling price, we recommend a price between \$20-\$80. Your selling price will apply to each of the four pieces. Artists keep 75% of each sale. There is a \$25 application fee for this non-juried show. Application deadline is March 16 at 3:00pm. Pick up applications at The Village Gallery of Arts; 12505 NW Cornell Road or find an application on our website at [www.villagegalleryarts.org](http://www.villagegalleryarts.org)

The show featuring these works opens May 4th and closes June 4th. The artist reception will be on Friday, May 7 from 7-9 pm. For more information, please call the gallery at 503/644-8001 or contact project coordinator [shelleylabel@hotmail.com](mailto:shelleylabel@hotmail.com) or phone: 503/333-1215.

The February all-media show will feature George Woodcock. He uses oils to paint his landscapes in the great outdoors. This is where he can best observe the effect of light on his subjects. The show is open February 9-March 6. The gallery is open Tuesday-Saturday, 10 am to 4 pm and Sunday noon-4 pm. Please call the Gallery at (503) 644-8001 or visit our website for additional information regarding the gallery, membership, classes, and special events.

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# CMBA Meeting Notes

by Karen Peinl

Our first meeting of the new year took place on January 12th at the Grange Hall. There were 25 people in attendance. After networking and free pizza, we got right to work.

The first order of business was to introduce the current slate of candidates for next month's elections. We will be electing the officers for the upcoming year and board members for two-year terms. If you are interested in throwing your hat into the ring for any positions, attend the next meeting. We would love to have you "on board."

The slate is: Terry Taylor, Sunset Credit Union, President; Sandy Sahagian, Sandy Sahagian Portraiture, Vice President; Tim Kober, Cedar Advisors, Secretary; Michael McIntyre, US Bank, Treasurer; Becky Jarvis, Electronics Unlimited, Board Member; Lauren McCabe, Cedar Mill Chiropractic, Board Member, Past President; Ryan Egge, Bales/Findley, Board Member; Dean Shade, Dean Shade Law, Board Member.

After that, it was time for each committee head to bring us up-to-date on what their committees have accomplished, and what they will be undertaking in the new year. Each committee is always looking for new members, so if you see something that you would like to get involved in, please let us know!

The Membership Committee will be out in the community this year recruiting new members for the CMBA. They provide the official welcome to new businesses in our area through ribbon cuttings and other special events. It's a great way to meet other business people and introduce your business to the rest of Cedar Mill. You do not have to have a "bricks and mortar" business to be a member of CMBA. We had 94 members at the end of 2009.

The Downtown Identity Com-

mittee is responsible for turning our Town Center area into a vibrant place to do business. Since Cedar Mill is not an incorporated city, we are responsible for the streetscape beautification and landscape maintenance along Cornell Road. This includes placing banners and flower baskets on light poles, and the Cornell Road clean-up parties.

The Community Outreach Committee is all about giving back to the community. Their current projects include the donation of gift and birthday cards to every homeless student at Sunset High School, and collecting donations of food and household items for the Sunshine Pantry.

The Events Committee helps make it possible for local businesses to participate in three big events in the area every year: Cedar Mill Park Concert in August, the Cedar Mill Cider Festival in October, and the Farmers' Market.

The Programs Committee is responsible for finding speakers for our monthly meetings, and meets approximately every three months to brainstorm potential future speakers. They are investigating the possibility of holding occasional evening and/or morning networking events since not all business owners can attend lunch time meetings, or holding an occasional meeting at a CMBA member business.

Our Ten Minutes of Fame speaker for January was Sam Bosch from Peregrine Financial Solutions. They provide cash-handling and ATM services to area businesses such as stores and restaurants. They will help you speed up your business transactions, reduce your paper use, reduce errors, and eliminate "float." They have been in business for 21 years, and were named as one of the Top 100 Oregon companies by Inc. magazine.

The next CMBA meeting will be held on Tuesday, February 9 at the Leedy Grange. See page 1 for

details. Our topic will be The UGLY Truth About Merchant Services. Cheri Perry, owner of Total Merchant Concepts, has been in the credit card processing industry for 14 years. Cheri will be sharing some of the pitfalls of her industry. She will also provide some great answers to the following questions: How do I prevent Credit Card Fraud?; Do I really need to accept Credit Cards?; How do I know when I need to accept credit cards?; How do I know if I am getting a good deal?

Delaram Hakiman-Adyani gets her "Ten Minutes of Fame" to tell us about the Virtues Project. Bring your business card and you could be next.

## Cedar Mill Business Association logo contest

The CMBA is looking for a great new logo to go with our increased membership and new activities to support the community. So we're holding a contest open to everyone—pros, students, artists. A prize for the winner will include gift certificates and merchandise from CMBA businesses valued at over \$100. Plus you'll see your design on everything from the banners on Cornell to the letterhead and other print material of the CMBA.

Our old graphic symbol started out as an illustration used by Bales Thriftway back in the 70s. It's cute, but it isn't a logo. It's time for us to find our new branding symbol.

A good logo should be:

- Color-independent:** looks good in both color and black-and-white
- Relevant:** should communicate the spirit of what it represents
- Scalable:** should look good at sizes from one-half inch to two feet
- Memorable and recognizable:** should stick in your mind and not be easily confused with other brands.
- Simple:** it's a symbol, not an il-

lustration. No shadows, or complicated details

**Timeless/classic:** it's a business group, not a sports team or soft drink

**Compact:** not too tall or too wide so that it can be used in a variety of ways

The logo doesn't have to include the organization name (it's long and awkward) but can include type suggestions for the accompanying text.

You may submit as many designs as you want. Contest entries may be submitted electronically or on paper. We may request modifications if we like the general idea.

Contest Deadline: March 10, 2010. Send your logo designs to [vrb@teamweb.com](mailto:vrb@teamweb.com) or to CMBA, PO Box 91052, Portland, OR 97291. Winners will be chosen by the CMBA Board of Directors and announced in the April 2010 issue of the News.

## Robbery prevention training

Armed robbery is one of the most serious and potentially dangerous crimes facing a variety of businesses within our community. The Washington County Sheriff's Office is offering a training workshop for retail businesses designed to reduce the chance of becoming a target for robbery, and increase the likelihood of apprehending these criminals if a robbery occurs.

The key to robbery prevention and avoiding injury during a robbery is to be fully prepared. Participants will learn about common characteristics and predictors of robbery. They will also learn what to do during and after a robbery, with an emphasis on maintaining their personal safety.

The training is scheduled for Tuesday, February 16, from 9-11 am at the Sheriff's Office Training Center in Hillsboro. To register for this free training, contact the Crime Prevention Unit at 503-846-2579.

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## Sustainability for Washington County

By Bruce Bartlett

In January 2007 a community summit on sustainability was convened at the Public Services building in Hillsboro to explore what would be involved in making Washington County more sustainable. At the summit a consensus was reached recognizing the need to coordinate sustainability efforts across Washington County. On September 2008, five city governments, five special districts and Washington County signed an intergovernmental agreement to create Partners for a Sustainable Washington County Community ([PSWCC: pswcc.org](http://PSWCC.org)). In May 2009 the agency hired its first coordinator and started programming.

The coalition currently consists of the County, the cities of Banks, Beaverton, Cornelius, Hillsboro, and Tualatin, as well as Clean Water Services, Portland Community College (PCC) Rock Creek, Tualatin Hills Parks and Recreation District (THPRD), Tualatin Valley Fire and Rescue (TVF&R), and Tualatin Valley Water District (TVWD). Other cities are considering joining the group.

The agency researches sustainable practices, facilitates collaboration

between partner organizations, and develops sustainability education and training for the partners and the Washington County community at large. It is currently focused on improving the internal operations of its partners. Projects include:

- sustainability benchmarking and reporting
- energy efficiency assessments and improvements
- research and knowledge-sharing on best practices
- internal training and education

The group holds monthly meetings that are open to the public. The subject of the January meeting was the county's energy future. Jason Eisdorfer from the Bonneville Power Administration (BPA) and Rueben Plantico from Portland General Electric (PGE) outlined their organizations' roles in providing electrical energy to our region of the state. They each provided their views on the short, medium and long-term energy prospects for us.

BPA is working based on the prediction that by 2020 there will be about a 10% decline in hydro-generated electricity due to climate change as there has been a 2%-perdecade decline in snow packs over many decades. Their challenges are to integrate wind-generated power into the grid, to expand transmission lines and, critically, increase

overall efficiency. The BPA is internationally known for their conservation measures and anticipate that they will meet the needs of 85% of future growth in demand through conservation.

PGE showed their analysis of the sustainability factors that must be considered to continue to meet demand. They define "sustainability" as taking a long-term approach to business planning and decision making which balances economic, social and environmental concerns. Their service area has over 800,000 customers containing 43% of the state's population—which provides over 70% of the state's economic output. They are on course to increase electricity generated from renewable sources from 9% today to 25% by 2025. For four years in a row PGE has been the leading utility in the nation in the sale of energy from renewable sources.

As an example of the projects the PWSCC is sponsoring, in late 2009 they co-hosted "Choices for Sustainable Living" with the City of Hillsboro. The free five-week discussion course, designed by the Northwest Earth Institute, brought people together to explore the meaning of sustainability and the ties between healthy ecology, diet, consumer choices, community, economic growth, and the future.

The next meeting of the PWSCC will be on April 28 where the topic will be "A Sustainable Economy: Is Local Finance, Manufacturing and Consumption the Way to Go?" David Williams, President of ShoreBank Pacific, and Carsten Henningsen, founder of Portfolio 21 Investments, will talk about socially responsible investing, living economy models, microfinance, and mission-driven businesses.

## Edibles from All Over the World

The February 18th meeting of the Cedar Mill Garden Club will be a treat with a speaker from the wholesale nursery One Green World located in Molalla, Oregon. The presenter will discuss some of the newest perennials coming onto the market and bring some plants. [www.onegreenworld.com](http://www.onegreenworld.com)

The Cedar Mill Garden Club meets on the third Wednesday of the month at the Beaverton Community Room (across from the Washington County Library on 5th and Hall). Business meeting begins at 10 am followed by snacks, with the program beginning at 11:15 am.

For more information about the Cedar Mill Garden Club, contact president Barbara Cushman at 503-649-7741 or visit our website at [thecedarmillgardenclub.org](http://thecedarmillgardenclub.org)

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The Birds of Cedar Mill

# Winter Visitors

by Laretta Young

Winter brings many birds to our area that we see only briefly. The Brant goose seen in the accompanying picture settled in Cedar Mill on January 23 for about a one-hour rest period before resuming its flight back to breeding grounds in



A Brant goose surrounded by Canada geese on a Cedar Mill pond, January 2010  
Photo by Jeff Young

Alaska. The Brant is rarely seen in the Willamette Valley and occasionally seen at the coast. But in the 25-plus years I have been bird watching in Cedar Mill I have certainly never seen one.

Over the past few weeks I have heard migrating tundra swans over-

head and ran out to see them. Often they are low enough one can see the details of neck length and beak color! Other times, winter birds come closer, as in the swarms of juncos mobbing the bird feeder in my yard or the yellow rumped warblers flitting around the suet—they almost hover as if they were humming birds! But their large size gives them away as warblers. Soon they too will leave our area to go north to breed and feast on the millions of hatching insects in the Alaskan summers.

The key to seeing these fleeting migrants is to listen for new sounds and then look out! If you are lucky enough to be by a window or be outside it's a special treat for those who are observant.

Soon the summer birds will be back in our area, making nests, singing for territory and eating all they can to get fat to make eggs and sit on them for a while! Spring really is coming—from the chives bursting through my garden soil to the just-appearing young dandelions in the grass—to the migrating geese and swans!

Laretta Young lives in Cedar Mill and runs [Portland Birdwatching Experiences](#).

# Sunset Baseball sponsorship banners available

Advertise your support for Sunset Apollos Baseball by sponsoring a banner to be displayed on the outfield fence in the Sunset Park playing field area. Your company's name and logo will be displayed in two colors on a painted 4' x 8' white exterior panel like the ones in the photo.

for your company and good for the young athletes too!



A one-year sponsorship is \$400, or two years for \$700. The banners are produced at cost by CMBA member Impact Sign Co. They are visible from Cornell even to people not attending the game, so it's good

Additional sponsorship opportunities are also available from \$50-\$200 for signs and posters. Contact Debbie Hempy, at 503-629-8480 or [debbiehempy@yahoo.com](mailto:debbiehempy@yahoo.com) with any questions or to get an order form.

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# Bales

MARKET & PLACE



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From that initial idea grew Moonstruck Chocolatier, where to this day we still handcraft each piece, using only the finest ingredients. We pair our own decadent chocolate with fresh flavors found in the Pacific Northwest and beyond, and then hand-decorate each piece with intricate care.

It all makes for a chocolate experience without compare, and we invite you to share in that experience yourself. It is our sincere hope that you enjoy savoring each Moonstruck Chocolatier delicacy as much as we enjoyed creating it.

Visit our display at Bales (near the bakery) for a delectable selection of local confection.

Ask Lauren Towery, our new Floral Manager, to help you select the perfect flowers to express your message



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Member News, cont. from page 2

**World of Smiles & Give Kids a Smile Day**

February is National Dental Health Month. Every year the first Friday/Saturday in February is Give Kids a Smile Day. What this means is thousands of dentist and dental team members across our nation take time to help children who lack access to dental care to get the dental treatment that they need.

The team of World of Smiles will be volunteering at Pacific University for this event. Learn more at [givekidsasmile.ada.org/](http://givekidsasmile.ada.org/). No child should suffer from dental pain; all children deserve to grow up happy and healthy and free of cavities!

**St. Pius online auction**

St Pius X School is proud to announce our online auction. Bidding opens up on February 7 at midnight and runs until February 19 at 8 pm. To shop, bid or donate visit [www.stpiusxatholicschool.cmarket.com/](http://www.stpiusxatholicschool.cmarket.com/).

Items up for auction include: tickets to Trailblazer games, the Pendleton Round-Up, the Oregon Coast Aquarium, and an Oregon Symphony Concert; baskets filled with goodies; gift cards from loads of local businesses, and more. You'll find items in every price range for every member of your family!

St. Pius X School is a nonprofit school located in Cedar Mill. We provide an outstanding education for nearly 300 students, from Kindergarten through 8th grade. The annual auction is our largest fundraiser. Every contribution provides critical funding for music, science, art, technology, tuition assistance, and facility enhancements. St Pius X does not receive any tax dollars and must depend on the auction to bridge the gap between tuition and the total cost of educating a child.

Please contact the auction team at St. Pius X School at [auction@stpiusx-pdx.org](mailto:auction@stpiusx-pdx.org) if you are interested in contributing to the success of the auction. CMBA member Lee Davies Real Estate is a presenting sponsor for this event.

stpiusx-pdx.org if you are interested in contributing to the success of the auction. CMBA member Lee Davies Real Estate is a presenting sponsor for this event.

**Nikken team attends seminar**

Kay Bridges, Nikken Independent Wellness Consultant, took a group of six of her team members to a seminar in Seattle. The keynote speaker was internationally renowned scientist Dr. Narain Naidu. Known for his discoveries that solved the Toxic Shock Syndrome and the E-coli in beef outbreak, he is the world's top bone health researcher. He presented the Bio-Replenishment Theory for pro-active Wellness.

Dr. Naidu also appeared on a panel with five other medical professionals from across the United States discussing their individual perspectives and approaches to wellness. Kay's team will bring this information back in a special event on February 20th which is free to the public. Contact her at 503-671-0218 for more details.

**The UPS Store offers free postage for Valentines to deployed military personnel**

According to the Department of Defense, there are nearly 1.5 million active U.S. military personnel. To help residents show their support and send messages to loved ones serving our country, The UPS Store® located at 10940 SW Barnes Rd, Peterkort Towne Square, is launching Operation: S.W.A.K. (Sealed With A Kiss).

Operation: S.W.A.K is an initiative to deliver Valentine's Day greetings to U.S. troops and veterans. From February 1-14, The UPS Store will provide free first-class postage (44¢) for one-ounce valentines and letters to U.S. military personnel stationed overseas or to

veterans in VA hospitals. Additionally, the location is offering 50% off packing services and/or packaging materials and 10% off shipping services for care packages destined for servicemen and women.

"A handwritten card or letter is a simple way to pay tribute to the efforts and sacrifices of the brave men and women who serve our country," said Tim Kimble, The UPS Store owner. "Each and every card is a valuable reminder of home for the soldier who receives it."

Eligible mail must be addressed to a specific U.S. serviceman or woman at an assigned APO/FPO address or a specific veteran residing in a VA hospital, and must bear a valid return address. Tim recommends people send their greetings asap for overseas delivery by Valentine's Day, although cards and letters will be accepted through Feb. 14. "Many people are using e-mail as a quick means of communicating with loved ones overseas, but nothing compares to the sentiment of a handwritten card or letter," said Tim.

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*Kieni, continued from page 1*

"The ground all covered with old snow, yet I myself feel very melancholic. I feel as if there ought a change to take place with me. I must conclude for something until next fall, either to get married or travel to Oregon or to do both. If I stay here another winter as I be I will feel sorry. So be firm and do



House, barns and fields prior to 1917

something. In winter we are too much addicted to company and laziness, in summer too much addicted to work and therefore shun company so everything runs by extremes which does not satisfy my temper; therefore try stern to leave here next fall but go early."

Eventually the desire to move motivated him to list the items he would need during his journey:



This trunk was found in the basement of the house. It undoubtedly came with the family from Wisconsin. We don't know whether they traveled overland or by ship via San Francisco.

"If I go I must take as follows in clothing, overcoat and scarf, one Good suit of clothes besides every day clothes, Gloves, this Memorandum, Marriage Guide, small one, Razor, photographs, hat and cap, 2 pr boots...don't stop and think about property or you will never go...think about winter."

We're not sure when John's brother George arrived, but he worked for a while near Salem before moving to the Cedar Mill property to live with his parents. George and John's sister Mary Kieni may have stayed in Wisconsin. She married Aloysius Hirscher there

and raised a family. Her daughter Anna later came out to Oregon to visit her uncle Goerge, and he persuaded her to stay.

The Kieni family settled onto the acreage and took up farming. Barbara Arn, (who with her husband, Rev. Winfield Arn owned the house from 1961-70) interviewed their elderly neighbor Sam Walters and

wrote, "the father... was a crabby old man. Sam Walters' sisters went on the

Kieni property to pick wild blackberries. Father Kieni chased them off. The next day they were going to sneak and get some, but father Kieni had cut all blackberries down."

Paul and Maria were members of the Helvetia Community Church in that Swiss enclave north of Hillsboro. One can only imagine the long trips to and from church on Sunday mornings by horse and buggy.

After Maria's death in 1892, followed by her husband Paul the next year, bachelors John and George managed the crops with the help of their Uncle Anton, "a kindly man who kept

house and cooked."

The Walters notes go on to say,

"George Kieni was a blacksmith who made sledges for many people. Sam Walters used to help him some. The Kieni family was tight with money, but still loaned (with interest) who were going to lose homes." Among the preserved papers from the house are several pages of penciled accounts noting the repayment of these loans.

In 1916 John Kieni died at the age of 65. A year later, Anton died at age 88.

By 1918, George had built a two-story addition to the front of the house and moved into it, renting the rear part of the house and



"Coming down Mount Hood in month of August, over the snow. Left to right, my tenant, the next myself & my tenant brother"—George Kieni, age 75 in 1931

the land to Ernest Wuthrich and his bride Frieda Katterman along with his brother Harry. Until his death in 1941, Kieni worked as a blacksmith in his shop near the house, performed farm chores, and manufactured vinegar which he sold. He also built a prune dryer to handle the produce of a large prune orchard south of Cornell.

A note from a Wisconsin relative says, "Mr. Kieni was quite an active



"Just after the pumping plant was installed" John is on the left, George and unidentified man on the right



man for his advanced years. He delighted in long walks, and climbed to the top of Mt Hood at the age of 75. He often walked to Portland from Cedar Mill in his advance years.

George died in 1941. Paul, Maria, John, George and Anton are all buried in Union Cemetery on NW 143<sup>rd</sup>.

In a future issue, we'll talk about the Wuthrich's West Hills Dairy, which occupied the Kieni Ranch from around 1920-1944.

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## Powers that be

### The Washington County Sheriff's Office

America is a nation of laws. And because laws without enforcement are meaningless, Americans have created the most complex and extensive law enforcement system on the face of the earth. In the process, we incarcerate more people than any other country. Law enforcement in the United States has evolved from being a personal activity to encompassing a vast network of criminal justice, courts and corrections with all crimes considered to be committed against the government, not the individual.

There are four levels of law en-



Deputy Joseph Yazzolino

forcement: the Federal, the State, the County and the Municipal or City. At the Federal level, the Department of Justice (DOJ) is the largest law enforcement agency. It includes the Federal Bureau of Investigation (FBI), the Drug Enforcement Administration (DEA), the Bureau of Alcohol, Tobacco, Firearms, and Explosives (ATF), the United States Marshals Service, and others. The Department of Homeland Security (DHS), formed by the US Patriot Act, is another branch with numerous federal law enforcement agencies reporting to it. U.S. Customs and Border Protection (CBP), U.S. Immigration and Customs Enforcement (ICE), United States Secret Service (USSS), United States Coast Guard (USCG), and the Transportation Security Administration (TSA) are some of the agencies that report to DHS.

Most states operate statewide agencies that provide law enforcement duties, including investigations and state patrols. In Oregon we have the Oregon State Police. In addition, the Attorney General's office has its own state bureaus of investigation.

Founded on principles established in England, law enforcement

was originally a privately-contracted business arrangement. If you had no money, law enforcement was up to you, as is evidenced by the many stories of vigilantism in The Old West. Now, the US has about 18,000 law enforcement agencies, more than any other country on earth. And more money is spent in the US on private security (e.g. business security guards) than on public policing.

In 12th century England, the practice of resolving disputes privately gave way to a system of group protection, called the tithing system. In larger areas, ten tithings were grouped together to form a hundred, and one or several hundreds constituted a shire. The shire was under the direction of the Shire Reeve from which the word "sheriff" is derived.

The Statute of Winchester, in 1285, formalized the constable-watch system of protection. One man from each

parish was selected to be constable. Citizens were drafted as (unpaid) watchmen, and were required to come to the aid of a constable or watchman who called for help. In rural areas, a system of Sheriff and Poses were often used. These are the systems the American colonists brought with them.

In 1626, the New York City Sheriff's Office was founded. In 1635, the Town of Boston started its first "Night Watch". The first modern police department established in the United States was the Boston Police Department in 1838, followed by the New York City Police Department in 1845.

Municipal police departments range from one-officer agencies (sometimes still called the town marshal) to the 40,000 men and women of the New York City Police Department.

Metropolitan departments have jurisdiction covering multiple communities and municipalities, often over a wide area typically including one or more cities or counties.

Some county sheriff's departments are contracted to provide full police services to local cities within their counties.

The [Washington County Sheriff's Office](#) is a "full-service" agency providing all traditional law-enforcement functions, including countywide patrol and investigations irrespective of municipal boundaries. The Sheriff is also contracted by the cities of Gaston and Banks, cities too small to have their own police departments, to provide deputies dedicated to serving those municipalities.

The Sheriff is the primary law enforcement service provider for the Cedar Mill community. A sheriff is fundamentally different from a chief of police. A chief is ordinarily appointed by a city council. A chief often has the city manager as their immediate supervisor. Your sheriff is directly elected by a vote of the people and is the chief executive officer of the county focused on issues involving public safety. While there are no intermediaries between you and your sheriff, both the budget for the Sheriff's Office and county policies pertaining to its operations are set by the elected county Board of Commissioners (BCC)..

There are many operational differences between a sheriff's office and a police department. The sheriff provides county-wide services:



One of the specially-marked ESPD patrol cars

maintaining a jail used by all law enforcement agencies, providing security in courtrooms, serving civil court processes (lawsuit documents), enforcing court orders, issuing concealed handgun licenses and maintaining warrants, among other functions not found in a police department. In the Cedar Mill community, when you call 9-1-1, normally a deputy sheriff will respond to answer your concerns.

Your Sheriff's primary patrol resources are assigned to specific geographic areas throughout the

county. In addition to the normal level of county service, Cedar Mill voters approved funding for the [Enhanced Sheriff's Patrol District \(ESPD\)](#), so we pay additional property taxes to provide an urban level of law enforcement services. Initially passed in 1987 as a three-year serial levy of \$3.4 million per year, it has been consistently re-approved by voters. In 1993, voters approved

Use the "[Who Patrols My Neighborhood](#)" web application to find out who to call within the ESPD. Just enter your street address and the interactive map displays your Sergeant with contact information. [tinyurl.com/ygcahst](http://tinyurl.com/ygcahst)

a four-year levy extension of \$6.4 million per year that was subsequently reduced to \$5.5 million by Measure 50 and converted to a permanent rate of \$.64 /1,000 of

assessed value. In 1997, a five-year \$4.5 million per year local option levy was passed which was added to the District's permanent tax rate authorized by M50. In 2002 and again in 2008 voters approved five-year local option levies.

In Cedar Mill, there are normally about three deputies on patrol in our area, plus corporals and sergeants assigned to serve a broader area that includes Cedar Mill. This is in addition to services that are provided countywide, such as Traffic Safety Unit patrols and missions, gang enforcement, canine team responses, crime prevention, jail operations, and many others.

At times, city (Beaverton, Hillsboro) police officers may provide backup policing services as requested, just as deputies provide back up to city officers. You may also see them pass through the area for other reasons, such as when an investigation of a crime that happened in their city requires follow-through in unincorporated areas. You may also see city officers in the areas when they deploy for cooperative traffic details or other reasons.

The Beaverton Police Department has jurisdiction in some areas within and surrounding Cedar Mill, generally on segments of roadways, so it is not uncommon for officers to initiate traffic or subject stops in these areas. Sheriff's deputies also perform a high number of the same activities inside Beaverton city limits. This is due to the fact that ESPD patrol districts border the city of Beaverton. Accordingly, deputies frequently pass through the city in the course of their daily activities.

There are differences between

rural and urban policing. Factors include population and deputies per thousand (about .5 per thousand in rural areas compared to about 1 per thousand in urban ESPD areas). The biggest differences are the ESPD and geo-policing concepts. All deputies receive the same excellent training and are held to the same high standards of service, mission and core values.

Citizens often wonder how to respond to homeless people as the problem is increasing throughout the county. It is not illegal to be homeless; however, there can be trespassing issues if people live in camps on private property, for instance. Citizens should report any criminal or suspicious activity so it can be investigated and documented. The county's Health & Human Services (HHS) department has an outreach group to help refer people to safe shelters and other resources.

At the prompting of the county's HHS volunteer advisory Behavioral Health Council, the "Memphis model" is now used for a Crisis Intervention Training (CIT) class. All deputies receive an initial four hours of CIT and usually two-to-four hours refresher per year. This is in addition to the initial Oregon Department of Public Safety Standards and Training (DPSST) basic class that includes a three-hour block of instruction on dealing with the mentally ill. Also the Use-of-Force Scenario-based training specifically constructs situations in which an officer encounters a mentally ill person or potential threat.

While Cedar Mill is not a high crime area, the deputies assigned to this area are working hard. To give you an idea, from November 2009 to January 2010, deputies wrote 126 reports, responded to 283 calls from dispatch, and self-initiated 401 calls (generally violations or crimes in progress that they observed)

There are two main things citizens can do to reduce crime—secure your belongings and report suspicious activity. After all, over the past five years, 60% of residential burglaries were committed in our area without the need to force entry.

The county's Community Corrections department, providing Probation and Parole supervision plus cutting-edge treatment programs with a high rate of success, works intimately with the Sheriff's Office and will be the subject of a future article in the Cedar Mill News.

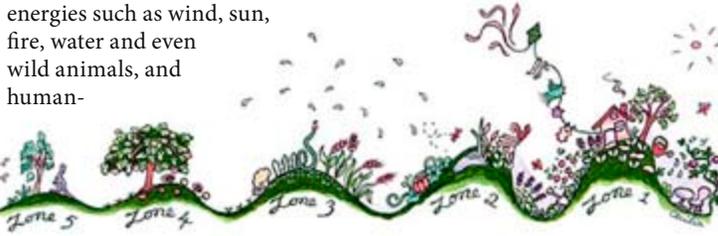
## Toward a Sustainable Cedar Mill

### **Sector Planning for Permaculture Gardening**

By Donna Prock

Zone and sector planning is a design tool for analyzing a site for permaculture gardening. It suggests locations for activities so they can be performed efficiently and sustainably. Zones are usually pictured as six concentric circles, ranging from Zone 0 (home) to Zone 5 (unmanaged land). Structures, plantings and activities are located so that those frequently visited are nearer home and those seldom visited are farther away. For example, intensive gardening is set in Zone 1, orchards in Zone 2 and crop farming in Zone 3

There are powerful energies present on any site, both potentially beneficial and destructive: wild energies such as wind, sun, fire, water and even wild animals, and human-



Permaculture Zones illustration by [Cecelia Macaulay](#)

value energies, such as views, that potentially impact your property.

Permaculture landscape design takes account of these through sector analysis. With proper placement of design components, these energies can be channeled for special uses, encouraged, minimized, blocked or deflected to conserve site energy, aesthetics and resources.

How do you account for site energies? The key is observation! In most cases such energies will not be fully appreciated right away. A full year or more of information will be needed, as well as delving into longer time frame data and the memory of long term residents of the area.

The information collected is then represented on a schematic sector diagram of the site. The sector analysis diagram simply shows the direction of flow of these energies into the property. Simple common sense then dictates how this sector information influences the configuration and placement of elements within the appropriate zones in the design.

#### **Site all Design Components to Manage Incoming Energies**

The basic energy-conserving rule in Permaculture landscape design is to place every element in your system so that it serves more than one function, and have more than

one element in place to serve each important function (e.g fire protection, water collection).

For example, you'll want to facilitate the capture of winter sun and cooling summer breeze energies into your home (Zone 0) and home garden (Zone 1).

#### **Sun Energy**

The sun takes a different path across the sky during winter and summer. In North America, the summer sun sector is very large, rising in the northeast and setting in the northwest. In winter the sun rises and sets in the southern sky creating a much smaller sun sector. Efficient home and site design takes advantage of this seasonal sun

movement by capturing winter sun and excluding it in summer.

So site elements such as tall evergreen trees and large sheds planned for Zones 2 or 3 will need to be sited so that they do not block the winter sun sector from Zone 0 and 1. The winter sun sector, instead, would be more ideally suited for a deciduous home fruit orchard because it allows winter sun in and provides summer shade, while being of low flammability.

#### **Wind Energy**

Site elements such as hedgerows, buildings and trees can be used as barriers to divert or block damaging winds. Similarly they can be arranged on your site to divert them to where they can benefit the site: towards wind turbines, or across ponds

for evaporative summer cooling.

#### **Water Energy**

Catchments both within and beyond your property can divert water through your site as storm watersheds, permanent creeks and swales. Capturing the energy of water to increase water storage on your site both in the form of plants and animals, in soil and in dams is an important goal of your design as it is a direct determinant of potential property yield. Water storage at high points on your site represent an energy storage in the form of gravity that can be used to feed water to site elements without energy inputs.

#### **Animal Energy**

Animal energies that will influence our area include predatory coyotes, raccoons, owls, hawks and domesticated dogs. Predator-proofing strategies will be necessary, such as roofing your poultry pen.

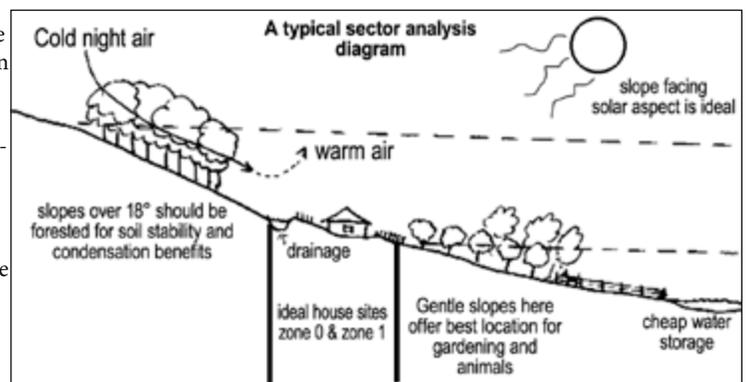
There are a lot of small native birds in the area which we can encourage by planting dense and prickly shrubs and trees in Zone 5 to provide them with shelter and nesting sites, so that we can harness their insect-eating behaviors to control pests in all our zones.

#### **Aesthetics**

Aesthetic enjoyment of your property is an important objective for sustainable living. Use plants and buildings to keep unwanted views out and site buildings and outdoor living spaces to bring wanted views in.

Hedgerows and windbreaks (that might also function as food or fuel for animals and you) can be placed so that they divert cooling summer breezes toward your house, but block damaging hot summer and cold winter winds.

So far I have been talking a lot about big picture, long-range design planning. For those who want to get started growing this season, I will offer ideas and methods in the March issue.



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*Burnt Ends, cont. from page 1*

But Laura was anxious to get into competition. "I was happy secluded away in the judge's tent," John said, but Laura knew they could win, and she spurred them to enter their first contest. They've been entering competitions sponsored by the Pacific Northwest Barbecue Association (pnwba.com) since 2006, and have started traveling further to Kansas City and other national competitions. Visit the [PNWBA website](#) for the full story on the various types of BBQ, from North Carolina to Texas, and to see the schedule of competitions in the north-west.

For most of his catering, and at competitions, John uses Weber's Smokey Mountain Cookers, also called "bullet" because of their appearance. John says, "They have good capacity for a lot of food at once. With the smaller cookers we can pair the best woods to compliment our rubs and sauces for the very best results for each meat we BBQ. When we need more capacity I have a couple of BBQ friends who will rent us their large pits. We hope that one day soon we can purchase our own." They brought one of these huge cookers (on wheels) to the Cider Festival and the smoke perfumed the air for about a mile around.

He won't divulge all his secrets, but about his seasonings, he says, "We have developed special rubs for each of the meats that we cook, i.e. beef, pork, and chicken. Each rub is designed to produce at least four levels of taste; each level building and complimenting the flavor of the meat. The better job a cook can do with this layering, the better the scores will be at a competition. For anyone else, it just tastes sooo good!"

When they cater an event, John says, "of course we love to BBQ

and incorporate it into our menu whenever we can. But we can provide a more conventional menu if that is what our customer prefers. From beef ribs, to a succulent whole chicken to pork or beef tenderloin, we will help you find the ideal choice for your gathering. Side dishes are always fun—we have a great Kansas City-style BBQ beans recipe that is a big favorite. Our Louisiana Corn Salad took 21st place out



*John checks his ribs in one of his "bullet" grills at the Oregon State Fair contest*

of nearly 500 teams at the American Royal BBQ contest in Kansas City last year, and we make our own coleslaw fresh. One of our other dishes that has become popular of late is green beans with caramelized onions and sliced toasted almonds."

Catering prices begin around \$8.95 per person, John says. "We will work with any budget to provide a great meal for our customer.

The price is determined by the size of the group, the level of service, and the complexity of the menu. We can also smoke and deliver barbequed meat by the pound." For smaller events they need a couple of days notice to do an order of BBQ since they often marinate the meat and then cook it for up to 12 hours. For large events more time is required. And take my word for it, get more than you need, because it freezes beautifully. What a treat to bring some pulled pork out when you need to produce a meal fast!

Their most fun catering job came last summer when an acquaintance hired them to cook all the meals for



*John, Laura and Carol display their winnings*

a big family reunion over a weekend in LaPine. All the cooking was done outdoors in BBQ cookers and in Dutch ovens. Their biggest job recently was a wedding for 175, where they provided a buffet-style meal of appetizers and roast-turkey sandwiches with all the trimmings—and half the food had to be gluten-free! Laura's an expert on that since she has several family members with that dietary restriction.

Laura is a fourth-generation Oregonian, which means her family were pioneers in the Florence area. She and John met while attending college in Nampa, Idaho. They have lived in Cedar Mill for 12 years after moving back here from northern Idaho. She often enters her dishes in the "sides" and "everything but" categories at the competitions. Her specialty is desserts.

They would love to open a restaurant some day. John says, "If there are any venture capitalists out

there that are big BBQ fans it would be fun to kick around some ideas." Wouldn't it be nice to have a family BBQ joint in Cedar Mill?

They've been members of the Cedar Mill Business Association for about a year, and they provided "sliders" (those little sandwiches) of chopped brisket and pulled pork for the CMBA Holiday Social in December. There were no leftovers.

They're happy to work with groups on fundraising events and they even donate a portion of their proceeds, as they did at the Cider Festival. Visit their website at [burntendsbbq.blogspot.com](http://burntendsbbq.blogspot.com) for more information, or just give them a call at 503-641-6680 to find out how they can make your next event a tasty success.

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### Leland H. Ascher 12/30/1936 - 1/22/2010

Lee entered eternity on January 22 after a six-year battle with Non-Hodgkin's Lymphoma. He was born in Oakland, California. He attended Berkeley High School and graduated from Oregon State University with degrees in Forest Engineering and Business. After college, Lee went to work in Pendleton in Engineering and Surveying. By the age of 28, he became president of consulting firm Harris & Ascher. During this time he met and married Garnet, his wife of 43 years.

After moving to Portland, Lee worked for Carter Bringle and Associates, and began volunteering on the board of the Wolf Creek Water District. Later, he took an engineering position with Land Developer, Leavitt NuPacific where he became Vice President and later President. When the housing market collapsed, Lee became a stock broker with Dean Witter. He worked there until retiring at age 67.

Leland enjoyed being an advocate for taxpayers in the community by volunteering his time and skills on the Tualatin Valley Fire District Director's Board and the Budget Committee until December 2009. The last five years he has served on the THPRD Trails

Committee. It was his passion to connect walking trails throughout Washington County. He also spent time each week volunteering at Habitat for Humanity building homes for those less fortunate. Over the past 18 years he was also involved in many state and local garden club activities with his wife Garnet.

In lieu of flowers, contributions may be sent to Willamette West Habitat for Humanity or to OHSU Cancer Research or to a charity of your choice.

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