



Cedar Mill News

Volume 7, Issue 10

October 2009

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Featured Business

Les Couleurs de Provence

by Virginia Bruce

The climate in the Provence region in the south of France is similar to that of western Oregon. That's one of the reasons that Mireille Nett loves Cedar Mill. She moved here from France with her husband and two children in 1997.

Nett met her husband, who grew up in the Hood River area, in Provence where he was working as a scuba diver. They married and had two children there. They decided that they wanted their kids to have a bilingual education, so on a vacation to Portland, Nett looked in the phone book and found two French-American schools. She talked to the head of the French-American International School (FAIS), which was located in the Sylvan area at that time. She had an interview the next day and was offered a job teaching Physical Education.

Six months later she and the family had moved to Cedar Mill, and she developed the curriculum and started teaching PE to elementary students, which she still does. FAIS is now located near Cedar Mill on Barnes Road. (See faispdx.org for more information about the school.)

Missing the street markets of her former home, in 1999 she discovered the Cedar Mill Farmers' Market that had just been started by Leilani Esping. She asked if she could sell the vibrant fabrics of Provence at the market, and a business was born. She was confident that they would be popular, because

the six tablecloths that she had displayed at a FAIS festival were snapped up right away.

Since 2000, her colorful booth at the Cedar Mill Farmers' Market has been filled with tablecloths, napkins, and other table accessories; lavender for fragrance; Herbes de Provence for cooking; dresses and skirts for girls from three months to eight; plus clever plastic bag holders. She also sells a few items at Versailles in the Pearl, and at a store in Sellwood.



This fall she'll be at the French-American School Holiday Market on December 5 (we'll have more information on that in the November issue). She'll also be at the Leedy Grange Holiday Bazaar (November 23-29) and she and her business partner will have an Open House sale on November 7-8 in

her partner's house near Cedar Mill Elementary.

More information about her products and about sale locations is on her website, lescours-deprovence.com. She also sells most of her products on the website, which was developed by a friend. The site includes a delightful video about the history of Provençal fabric, as well as fabric care information and more. It can be a bit slow to load, so be patient.

In addition, she welcomes shoppers to visit her at her home by appointment. She also sets up party sales in customers' homes. The host gets 15% of the total sales in merchandise, and guests can enjoy wine and French snacks while they shop for these original gifts. What a great idea for relaxed holiday shopping!

Some of the tablecloths come already made up, along with the girls' clothing, and she just received a new shipment of embroidered

Continued on page 10

Next Meeting

Cedar Mill Business Association

Tuesday, October 13, 11:45-1

Place: Leedy Grange Hall, 835 NW Saltzman

Topic: What You Need to Know Before You Make a Will

Speaker: Dean Shade, Dean Shade Law

FREE pizza, and a special surprise dessert!

The Cedar Mill Business Association's meetings

are free and open to anyone interested

in business in Cedar Mill

Cedar Mill Cider Festival October 18

The Third Annual Cedar Mill Cider Festival will be held on Sunday, October 18 from 1-4 pm on the grounds of the John Quincy Adams Young House on Cornell Road just east of 119th.

See how the pioneers made cider with antique, hand-cranked presses, and sample the results. Listen to Ida Viper, a great bluegrass and old-time music band, and enjoy a delicious local lunch. Find out

more about Cedar Mill history and the plans for the historic JQA Young House.

Browse craft booths and learn about local organizations.

Don't eat before you come! Our own Burnt Ends BBQ team will provide their award-winning pulled pork and chopped beef brisket sandwiches (with coleslaw & chips for \$6) or a grilled hot dog and chips for \$4. And the great cooks at Leedy Grange will be serving apple crisp and vanilla ice cream for \$3. Plenty of tables are set up for you to enjoy your meal with your friends and neighbors.

Local band Ida Viper will

return with American music from bluegrass and swing to jazz tunes from the 20's and 30's. Mark Petteys (5-string banjo and guitar), Brian Oberlin (mandolin) and Russ Baker (standup bass) will provide a toe-tapping background to the afternoon's activities (see idaviper.com).

The History Tent will provide information about the historic 1869 house and grounds and the fundraising effort to restore it.



Boy Scouts from Troop 208 will once again be turning three cedar presses to transform 600 pounds of Hood River apples, donated by Bales Thriftway, into delicious fresh cider for you to enjoy for free. Photo: Bob Dye

Last year there were some exciting reunions of descendants of several Cedar Mill pioneer families. Be sure to tell your older neighbors about the event, or better yet, bring them along!

The Tualatin Hills Park and Recreation District (THPRD)

Continued on page 10

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see page 11

Cedar Mill Business Association Member News

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at vrb@teamweb.com

Farmers' Market continues through October!

Market Manager Dina Gross says, "Keep the market listed on your calendar; we'll see you through October 24, though in October we'll open at 9 am. In really bad October weather when we otherwise would simply not have a market, the Leedy Grange has offered to house some of our vendors to continue the wonderful connection between the Cedar Mill community and local agriculture, so look for that possibility.

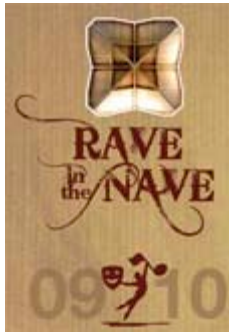
Don't write us off on stormy Saturdays! Here's what to do: in October if it's stormy, check your Friday email for news of the market. Or check the usual spot for us or for signage on whether you'll find us at the Grange (on Saltzman just north of Cornell).

Rave in the Nave

Cedar Mill's Christ United Methodist Church brings back their popular concert series that began last year. Season tickets (ten performances) are \$130; single tickets are \$15. Package of five performances—you pick—\$67.50. Tickets are available through the church office (12755 NW Dogwood Street, 503-646-1598) or at the door. Pay by cash, check or credit card.

October 24, 2009

John Stowell: one of the world's most acclaimed and distinctive jazz



guitarists, Downbeat Critics' Poll Winner and Portland resident John Stowell performs with Brazilian pianist Weber Iago. "Makes the guitar sound like a singing voice."—Nat Hentoff

November 21, 2009

Dave Frishberg: the dean of Portland's jazz community, former pianist for the Tijuana Brass, and one of the most unique songwriters in the world ("Peel Me a Grape"—Diana Krall, "Wheelers and Dealers"—Lani Hall), Dave Frishberg performs a solo cabaret set in a very rare Portland performance.

The UPS Store unveils online printing solution

The UPS Store® located at 10940 SW Barnes Rd. in Peterkort Towne Square is now offering online printing, providing around-the-clock access to upload documents for print services from the convenience of your home or office. Customers can submit their documents on a secure, easy-to-use site, which walks users through the process, step-by-step. Simply log onto theupsstore.com/print, upload a new document or multiple documents, select printing options (paper, binding, etc.), which are applied in real time, and choose a convenient participating location for pickup (enter 97225 for our store) as well as the desired date and time for completion. After proofing and pre-viewing the job, payment

is taken online, making pick up at the center quick and easy. Each job is assigned a number, allowing the customer to track the print job from beginning to end.

"As our customers make the transition to the online world, we need to make that transition as well, to help make their lives easier," said Tim Kimble, The UPS Store Franchisee. "Whether the customer is working from home or is on the road, print services are available with nothing more than an Internet connection and a few minutes time," added Tim.

The UPS Store online printing platform supports more than ten commonly used program files, so whether you are printing the monthly PTA newsletter or your company's

250-page annual report, The UPS Store will make your printed materials look polished and professional.

Sunset Credit Union offers seminar

Sunset Science Park Federal Credit Union will be offering a FREE seminar on what you should know about Trusts and Wills. If you've ever thought about creating a Trust or Will, come get the answers to your questions at the SSPFCU office on October 13th from 6-7pm. Refreshments will be provided. Space is limited so reserve your spot now by email at cugirls@sspfcu.com or give us a call 503.643.1335!

End of Construction Celebration at Poppa's Haven

Jane and Jerry Bennett of Poppa's Haven Coffee House want to thank their patrons and welcome new customers to the shop—now much easier to get to!—on Saturday, October 17 with live music, special drinks and treats, and, Jerry says, "probably some giveaways, knowing us." Stop in during the day and enjoy their great espresso and some special surprises.



Halloween Candy Exchange

Dr. Michelle Stafford, Pediatric Dental Specialist at World of Smiles, Pediatric Dentistry in Portland Oregon offers the following advice for the kid-candy-frenzy that happens on Halloween and into the holidays:

"After your child overindulges on any and all candy on Halloween, I recommend that by the next day certain candies 'disappear': any sticky candy such as taffy, caramel or Skittles. Sticky candy stays in the grooves of molars especially and will cause cavities quicker. Better to give a piece of chocolate or nuts or a candy bar to your child than small sticky candies. Keep sweets at mealtime only and at least rinse with milk or water afterward though brushing teeth after eating candy is best."

World of Smiles is hosting their annual Candy Exchange Program. Children under 14 are invited to

bring in all of their Halloween candy to exchange it for a toy. Stop by World of Smiles at 11790 SW Barnes Road, Suite 280 during normal business hours from 8-5 during the first two weeks of November to take advantage of this offer. Call for more details at: 503-626-9700 or visit our website: www.visitworldofsmiles.com. Happy Halloween!!

Pediatric Urgent Care Clinic will open in November

The only walk-in Pediatric urgent care clinic in Oregon will open November 1 at the facilities of Integrative Pediatrics in the Barnes Professional Center, 11790 NW Barnes Rd. The clinic will keep children (age 0-21 years) from the long waits and often unpleasant and frightening experience of visiting a hospital emergency room, especially during the upcoming flu season. Hours of the new clinic will be Monday-Friday 7-10 pm and weekends and holidays 1-9 pm. More info next month!

Reducing the stress of seniors who are downsizing

Beth Giles has recently joined the National Association of Senior Move Managers, a non-profit professional association dedicated to helping older adults and their families with the physical and emotional aspects of moving.

"Most adults making the transition have not moved in 20, 30, or 40 years and need to downsize considerably," said Giles, Senior Move Manager and Professional Organizer with NW Organizing Solutions. "The organizational and physical tasks associated with planning and implementing such a move can be overwhelming. It's so much more than just a move when you are helping older adults transition to a new home. We work to reduce the stress and anxiety that accompanies this type of move."

NW Organizing Solutions frequently assists individuals who choose to stay in their own homes and require expert organizational skills and solid knowledge of "aging in place" concepts to help them achieve their goal of not moving

Continued on page 8

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Library News

By Dawn Anderson

TXT 4 Answers

On the go and need an answer? Washington County Community Library Services has joined a pilot project that allows you to text your question to a librarian and have the answer delivered to your phone or PDA. Text 309-222-7740; Text the code WCC in front of your question. A librarian will text an answer within 10 minutes during service hours. It's easy and accurate! For more information visit cedarmill.org/library

Plant Donations

As you start your fall garden clean-up, please consider donating your extra plants to the Library for the 2010 spring Plant Sale. You can drop off plants at during pot recycling (see below), or make arrangements to take them to Cori's house. Need supplies? Pots and potting soil are available. Email Dawn at dawna@wcccls.org or call Cori 503-285-8177.

Nursery Pot Recycling

Starting up again on Sunday, October 4, 2-4 pm, this service will be available the first Sunday in Oct.-Dec. and then again March-May, except during inclement weather. Cori will bring her big Ford truck to the upper parking lot. Just throw your (reasonably clean, and, please, no chemicals) plastic nursery pots, trays, flats, and six-packs into the back. Also accepting usable terra cotta & ceramic pots & planters. Your donation will be used to pot up plants for the library's 2010 plant sale.

Family Halloween Storytime & Parade

Celebrate Halloween by attending a special Family Storytime and Costume Parade. Bethany Library—Tuesday, Oct. 27, 10:30 or 11:30 am. Cedar Mill Library—Wednesday, Oct. 28, 10:30 or 11:30 am. These programs will feature "not-so-scary" stories, songs, and rhymes. Children of all ages are invited to attend with an adult. No registration is required. Please choose only one program to attend.

Teen Read Week 2009 October 18-24

Read Beyond Reality @ your library! Stop by and pick up a page turner that you can read or listen to, just for the fun of it! Check out ma-

terials to change your world, take you somewhere unlike your world, or learn about other cultures. Look for Science Fiction and Fantasy reading suggestions at the Cedar Mill and Bethany Libraries, on our website www.cedarmill.org/library and on the teen blog, www.wordsof-wiser.wordpress.com.

Read Beyond Reality Movie Night
Friday, October 23, 5:45-8 pm.
Cedar Mill Library. Free.

Grab your friends and come see one of the latest movies based on J.K. Rowling's books. Test out your Halloween costume—you could win a prize for the best outfit that pays tribute to the Read Beyond Reality Theme! (bookish and fantasy/scifi related). Teens only.



Garden Club News

All gardeners are welcome to attend the October 21st Cedar Mill Garden Club meeting. The topic is "Lets Go Native," with speaker Diana Reeck, of Collector's Nursery in Battle Ground, Washington. Visit their website at collectorsnursery.com. The meeting will be held in the Beaverton Community Room, 12350 SW 5Th St., across from the Beaverton Library. The group will gather at 10:00 am for a short business meeting followed by snacks.

This fits right in with our goal of exploring sustainability and native plants and our theme of 150 years of horticulture in Oregon. For additional information about the Cedar Mill Garden Club, our Spring Plant Sale, and beneficiaries of our club fund-raisers, contact Barb Cushman, club president, at 503-649-7741, afternoons or evenings or barbswhimseys@yahoo.com

Flu season 2009-10

Robert Barlow, MD, Cornell Family Medicine

Most of us in the Portland area know someone who has experienced the "swine" flu, which made its appearance in the U. S. in March 2009. It has been active for the past seven months across the country, affecting some areas worse than others. This is called Pandemic H1 N1 flu because of its spread across the country and continued activity.

Now that the H1N1 vaccine is available, everyone beyond infancy should be immunized. Certain populations are at higher risk of complications of H1 N1 including infants, children, pregnant women, and young adults up to 24 years of age as well as those with asthma, diabetes or immunocompromise or other chronic illnesses. One of the most effective ways to prevent the spread of the flu is to target the elementary school age children as soon as possible.

H1 N1 vaccine, as well as seasonal influenza vaccine, will be available as a nasal spray or injectable immunization. Flu season does not usually start until December but it is important to get immunized before that time to allow the immune system to develop protection. Not everyone should use the nasal spray vaccine due to increased side effects in some populations.

The symptoms of 2009 H1N1 flu virus in people include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills and fatigue. Some people may have vomiting and diarrhea. People may be infected with the flu, including 2009 H1N1 and have respiratory symptoms without a fever. Most of the deaths associated with flu are actually caused by pneumonia or other infections that people get when they're weakened by flu.

Prevention of influenza

Influenza is spread from the lungs, mouth, and nose of someone who has had influenza. That person may cough or sneeze in your vicinity, or into their hands and then touch an object you may later handle (doorknob, shopping cart) and then your hand carries the germs to your nose/mouth/face.

- Get the H1 N1 vaccine when available—through your physician's office or through health department flu shot clinics when available.
- Get the seasonal influenza vaccine when available.
- Use alcohol-based hand cleaners, especially after being in public places, grocery stores, restrooms, physician offices, and schools.
- Wash your hands often, especially after using a public restroom.
- Avoid rubbing or scratching your nose, eyes, or mouth areas.
- Cough into your sleeve or a tissue and throw the tissue into the trash.
- Teach your children these germ-limiting behaviors
- Avoid contact with sick persons.

Up-to-date information is available through the Oregon Public Health Division, www.flu.oregon.gov and also from the Center for Disease Control, www.cdc.gov/h1n1flu/

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West Haven neighborhood opposes road classification

ordinance to designate only the portion of 95th between Barnes and West Haven Drive as a S.A. Collector and leaving the rest of it as a

by Virginia Bruce

Neighbors in the West Haven area of Cedar Mill have been concerned about a County ordinance that changes the classification of a proposed extension of 95th Street from Barnes Road to NW Taylor Street (see map). The road is currently shown on County Transportation Plan maps as a Special Area Neighborhood Route and a Special Area Local Street. A section of Ordinance 718 changes that designation to a Special Area Collector.

This is considered a "Special Area (S.A.)" because of its proximity to the Sunset Transit Center. There are several differences between a Neighborhood Route and a Collector. Neighborhood Route designs allow for on-street parking and two lanes that can be 11 or 12 feet wide. For Collectors, the travel lanes are 12 feet wide and require dedicated bike

Road and the St. Vincent's Medical Center/Peterkort medical building complex along Barnes Road. Leahy Road runs through it between Cornell and Barnes. It includes a mix of older homes from the 30s and 40s and subdivisions that were built starting in the 60's and continuing to this day. It also includes the Trillium Hollow Cohousing Community.

Residents of CPO 1 are aware that there is a lack of north/south connector roads in our community. This north/south road connection is intended to serve the residents of the West Haven neighborhood by improving connections with Barnes Road, Hwy 217 and the Sunset Transit Center.

A couple of years ago, Taylor Street was connected to Valeria View in the recently-built subdivision to the west, creating a through street between Leahy and Valeria View. As a result of this connection, following neighborhood complaints, Taylor has just recently qualified for the County's Neighborhood Streets traffic calming program based on traffic volume and speed.

The County Planning Commission passed Ordinance 718 on September 2. Several of the 16 neighborhood residents who were notified of the meeting attended and testified. Following that, about 50 neighbors met on September 13 to discuss their options and make plans. Their ranks have since grown to include about 150 households.

They are concerned about several perceived issues—that the Collector designation will prevent traffic-calming measures to slow downhill traffic coming from Barnes (there is a very steep slope where the route leaves the developed section of St. Vincent's); that it will bring large

volumes of traffic onto their narrow streets as "cut-through traffic;" that the resulting traffic will make



An informal trail leads up this steep slope from 95th & Springcrest through a wooded area

lanes. Neighborhood Routes can include "traffic-calming" features such as medians, narrower lanes, and speed bumps. These features are not allowed on Collectors.

West Haven is the neighborhood that sits between Cornell

and more dangerous for children to walk to nearby schools (Catlin Gabel and West Tualatin View). More information about their concerns and plans is on a website (groups.yahoo.com/group/westhaven/)

The Board of County Commissioners heard Ordinance 718 on October 6. As a result of public comment, County staff amended its previous recommendation from simply passing the ordinance "as-is" to "engrossing" (changing) the

Neighborhood Route.

Some of the neighbors still feel that the Collector designation should end at the top of the hill, within the St. Vincent's property. As Erik Mace, one of the leaders of the neighborhood group, says, "Stopping at Westhaven leaves the Springcrest/Brookside folks and four neighbors along 95th (south of Westhaven) with no calming options. If planning staff is okay with moving it down to Westhaven, why

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Maryam M. Motlagh DMD, PC
featured on ABC's "AM Northwest"

are they not willing to go to St. V's property line or further south?"

Commissioner Strader met with neighbors before the Oct. 6 meeting, and as a result of hearing their concerns, she recommended further limiting the change to the north St. Vincent's property line, which is the version that passed.

Questions have been asked about why there is a need at this time to change the classification if any



road-building is off in the future. One answer lies in a recent Development Application submitted by St. Vincent's, proposing to add several facilities to their campus and change some of their access points on Barnes Road (see small map). In the Conditions for Approval, the County calls for the developer to

either build or pay for the segment of 95th within their property. The amount they'd need to pay for a Collector would likely be higher.

Another factor is associated with a 55-lot development that has been approved on the southeast corner of West Haven and 95th (the treeless area on the map). During the September 2 Planning Commission meeting, Kirsten Van Loo, who represents the developer, testified that the development (currently stalled because of the poor economy) is conditioned to do some "nominal street improvements only to its specific frontage" but that "an important reason for changing the designation of 95th from a neighborhood route to a collector route is to expand funding options for building the street" that would lead to the development.

CPO 1 (cpofriends.org), which includes the West Haven neighborhood, didn't meet during August, and didn't discuss the proposed ordinance at its September meeting. There was a lengthy and educational discussion at their Oct. 6 evening meeting. Many of those at the CPO meeting had been at the Commissioners meeting that morning.

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The Connecting Neighborhoods Subcommittee met on September 16 and generally supported the "spirit of the ordinance" since it would add a neighborhood connection and includes bike lanes. But at that time the group didn't realize that traffic calming measures were not allowed on Collectors. In a letter published in the CPO 1 October newsletter, they also criticized "piecemeal" transportation planning and recommended that the connection not be built until 95th is extended all the way through to Taylor. Currently there are two segments of the road that are merely trails through County right-of-way.

This situation is tied into several larger issues, including the shift to a transportation system that connects

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neighborhoods rather than the isolated neighborhoods fashionable when auto travel was king. Getting people easily to the Sunset Transit Center is desirable—many West Haven neighbors already use the unimproved trail that follows the general road alignment to do so.

Holiday Specialty Show & Tasting.
November 6-7, 4-7 pm

Flu Shot Schedule:
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Saltzman Sequoias will help disabled kids

While a few people watched from the library parking lot, a skilled crew from City Wide Tree Services cut the row of Sequoia trees that has lined Saltzman for years. They had to be cleared to make way for the road-widening project that is underway.

Because the trees were on the other side of a set of utility lines, workers had to lift the cut trees up and over the lines. It was an impressive operation that slowed traffic, but there were no mishaps and the job was completed very efficiently.

Northwest Earthmovers Inc., the general contractor on the project, delivered some of the logs (at their own expense) to the Jenkins Estate, a Tualatin Hills Park & Recreation District (THPRD) facility in the Aloha area. The logs will be used to build a shelter for the wood and the equipment used by the Beaverton Optimists in one of their fundraising projects.

Dave Chrisman, Superintendent of Maintenance Operations for THPRD and a member of the Beaverton Optimists, explained that “hazard” trees that are cut in the THPRD parks are delivered to the Jenkins Estate. The Beaverton Optimists (www.beavertonoptimist.webs.com) turn out several times each year to cut, split and stack the wood, which has always just been left in the open. A group of retired engineers in the group is designing the shelter that will be built from the logs. A portable mill will be



1. The trunk is cut while the upper portion is suspended from the crane
2. Cutting through the trunk
3. The log is lifted off the base
4. The log is lifted up and over the power lines
5. Laying the log on the ground for final limbing



used next spring to turn the wood, which is ideal for outdoor use, into lumber for the project.

The Optimists donate the money they raise from the firewood sales to the Tualatin Park Foundation (thpf.org). The Park Foundation primarily supports accessible play facilities for handicapped children throughout the district, including Camp

Rivendale and several specialized playgrounds.

Saltzman Road Project update

Now that the Saltzman Road Improvement Project is fully underway, we asked Washington County Project Manager Matt Costigan to help us understand the schedule. He'll be sending regular updates, which will be posted on a page linked from the home page of the News (cedarmill.org/news near the top of the page in the light green box). The county will also be sending out postcards with schedule updates to approximately 7000 residents.

Northwest Earthmovers, Inc. is the general contractor for the project. They're the same folks who are just finishing up the Murray Road project. The “clearing and grubbing” is done and sediment fences

and “bio-bags” to slow runoff have been installed along the length of the project.

The next activity will be to remove the retaining wall on the east side of Saltzman and excavate for the underground utility vaults. Utility (telecommunications and electrical) conduits will be installed and the poles and overhead cables will be removed. Delays in that part of the operation, which was done last on the Murray project, frustrated many drivers. “That’s why we’re doing this first,” Costigan notes. “We have to get the poles out of the way before we can continue.”

A temporary barrier will be installed along the driveway on the

west side of the Milltownner (Walgreen’s) Shopping Center, which will stay open during construction. Parking along the driveway will be eliminated when the project is done, but the driveway will allow two cars to pass.

Many drivers who use Saltzman have been wondering why the 25-mph speed limit starts so far north of the current work. One person asked if the limit could be imposed only during project hours. Costigan responds, “the road surface will be disturbed through installation of new or relocated utilities and a new storm system, and the crossings temporarily patched until final paving’s operations. The speed reduction is for the benefit

of the driver’s safety as well as the safety of the construction workers. The first sign on the north end of Saltzman is an advanced warning. The lowered limit is in effect from Bauer Woods Drive, which is the northern end of the project.”

Peninsula

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New playground equipment for Terra Linda, Lost Park

Voters passed a \$100 million bond measure last fall for the Tualatin Hills Park & Recreation District (THPRD), and projects have been appearing all over the district as a result. The latest projects for Cedar Mill are two playground upgrades, to Terra Linda Park just east of 153rd, adjacent to Terra Linda School, and to Lost Park, located east of 119th off Rainmont (NW 111th Ave.).

Terra Linda Park will receive approximately \$30,000 in new play equipment. This new equipment will replace the existing equipment, which was originally installed in the early 1980s. The existing play equipment is outdated and repair materials are hard to come by (and are often manufactured by THPRD's Maintenance Department).

The new play equipment will provide greater play opportunities for all age groups and abilities. Budget permitting, additional improvements such as concrete curbing for containment of the wood fiber safety surfacing, ADA accessible pathway from the existing pathway, a bench, picnic table and/or trash receptacles may be included.

Based on the public meeting that was held, input from the community, budget and site constraints, a tailored play equipment structure has been designed. The scheduled installation is set to begin in October 2009 and be completed in November. Signs will be posted at the park detailing the dates of construction and a design of the new equipment.

Input sought for Lost Park playground location

Lost Park's playground is similar in age and condition to that at Terra Linda, and it will also receive about \$30,000 in new equipment. Other improvements to the park will be the addition of a new ADA picnic table and pad, an ADA bench and a connecting ADA pathway.

At a public meeting held on June 17, 2009, relocation of the play area to the level area just east of the existing play area was discussed. The community requested that THPRD not relocate the equipment to the level area because of its popular use for field sports.

In an effort to honor that request, THPRD has reviewed two other possible locations: the exist-

ing play area and the area just north of the current path (see map). If the existing space is used, a rather long (and expensive) ADA path will need to be built.

If the playground is relocated to the area north of the existing path, it will be close to the neighboring homes to the north, and noise might be a problem.



THPRD will be holding a second neighborhood meeting on Oct. 13, 2009, at 6 p.m. at Lost Park. Discussion will be related to play equipment location and schedule overview.



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Member News, cont. from page 2

anywhere, but improving their quality of life! The services that NW Organizing Solutions provides include developing an overall move or "age in place" plan; organizing, sorting and downsizing; customized floor plans; arranging for disposal of unwanted items through estate sale, consignment, or donation; interviewing, scheduling and overseeing movers; packing a household; and unpacking and setting up the new home.

For more information, please contact Beth Giles, Senior Move Manager at NW Organizing Solutions at 503-709-0791, or via email at beth@nworganizingsolutions.com.

Holiday Bazaar comes back to Leedy Grange

Grange members keep hearing the question, "Are you going to have that holiday bazaar again?" So although the organizers of previous events aren't around, they're going to re-invent the sale with the help of the wonderful craft vendors from the Cedar Mill Farmers' Market and other vendors who want to sell home-made or locally produced gift and food items.

Mark the weekend after Thanksgiving, November 28-29, to visit the Grange Hall at 835 NW Saltzman to find one-of-a-kind items for everyone on your list. Keep your dollars in the community, support a local artist or crafter, and have a great time. More details in next month's News.

If you are interested in selling at the Bazaar, contact Virginia Bruce, 503-629-5799 or vrb@teamweb.com. NO MLM-type or party-type items please.

U S Bank October events

The US Bank Cedar Mill branch at Cornell and Saltzman is hosting a Fall Child Event on Friday, October 16. There will be free Piggy Banks for kids that open savings accounts, food & refreshments from local restaurants and displays and information from local child-focused businesses including World of Smiles, Integrative Pediatrics, and The Harmony School. In addition, kids will enjoy balloons, face painting and storytelling, plus a drawing for a great gift basket and more!



And on October 30, the branch is having a pumpkin-carving contest. There will be three categories that anyone can vote on: Kids, Adults, and US Bank employees. There will be prizes for all child participants and special prizes for the winners in each category.

For more information on either event, see Branch personnel or call (503)643-8365.

Village Gallery News

E. Benno Phillipson is the fea-

tured artist for this month's show. He is a graduate of the University of Illinois with a degree in architecture and design. He is currently participating in Architecture in the Schools Program where students learn about architecture, its history, drawing, design and town planning.

The show will feature his watercolor paintings. "Watercolor is a medium where one is always learning. There is about it a fluid creativity. Just the process of understanding what happens when water is added to color in all its many variations gives me a whole range of tools for extemporaneous fun on paper."

The public is welcome to attend a reception on Friday, October 9th from 5-7pm at the Village Gallery of Arts, 12505 NW Cornell Road, next to the library.

Many new art classes are beginning this fall. Please call or drop by to sign up for classes & workshops. You can also view our new catalog of classes on our website at www.villagegalleryarts.org

New arrivals at Cedar Mill Veterinary Hospital

The staff of Cedar Mill Veterinary Hospital (cedarmillvet.com) is proud to welcome Margot Langan, Certified Veterinary Technician, as the newest member of our team. We are also proud to welcome Victoria Eileen Bailey, born on September 7th to Dr. Alec Bailey and his wife, Sarah. Vicki weighed in at 8lbs; she had all her fingers and toes and great big smile for Mom and Dad! She is their first child.



Fashions fit to a tea

By Susan Still, Second Edition Shop Assistant

75 guests enjoyed "A Novel Fashion Show" presented by the Second Edition Resale Shop on Friday, September 18, at the Cedar Mill Community Library. While enjoying a delicious English tea, attendees viewed a wide range of ensembles modeled by Second Edition volunteers. The event was organized by volunteers Jan Cox and Val

Dale-Gruber with the help of many other Second Edition volunteers.

The parade of fashions began with 10 year-old Evan modeling a Harry Potter outfit as he "walked the runway" reading a book, while the patrons learned of the library's early literacy programs and the great importance of the library to children and families in our community.

From that dramatic opening, the fashions varied from a sporty ladies golf outfit, to office attire, casual clothes, and some very sexy evening wear, accessorized with plenty of "bling." All clothing and accessories in the show were from Second Edition. So when the show was over there was a mad dash to the shop by many ladies hoping to buy the outfits and accessories they had set their sights on during the show. As a result, Second Edition sales were twice as much as a typical Friday!

Second Edition sells donated, gently-used designer fashions for men, women and children, as well as a large selection of household items. Best of all, proceeds benefit the Cedar Mill and Bethany libraries! Second Edition Resale Shop is located at the east end of the Cedar Mill Library, 12505 NW Cornell Rd. 503-644-6395. Open 7 days a week.

College of Art & Craft exhibit, Open House

Hoffman Gallery: Artist-in-Residence Exhibition, October 1-25

OCAC's Artist-in-Residence Program brings both emerging and nationally-known artists to the Portland metro area. The program provides them with the time, resources and equipment to push their work in new directions. This Octo-

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ber, OCAC unveils work created by the nine visiting artists during their 2008-09 residencies. The Artist-in-Residence Program is supported by a generous grant from The Collins Foundation.

Fall Open House, October 24 from 2-4 pm; OCAC campus—8245 SW Barnes Road in Portland

Information about degree and continuing education programs for students of all ages will be presented. Learn about applying to OCAC, financial aid or take a tour of the campus. Applications to the BFA and Certificate programs are now being accepted for both Spring and Fall 2010 semesters.

More information about Oregon College of Art & Craft is on their website: ocac.org

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Dr. Thomas visits childhood home in Zimbabwe

Dr. Paul Thomas, of Integrative Pediatrics in Cedar Mill (see April CM News) was taken to Zimbabwe at age four by his missionary parents. He left after finishing high school and had not returned until this summer. He and his wife Malya had adopted the four orphaned children of his "African sister," Tsitsi Mutepfa, the daughter of his "second set of parents," when she suffered a heart attack in 2003.

An invitation arrived for the four children to attend a memorial service at their parents graveside sometime in August. Dr. Thomas says, "Raised to be frugal, by parents who had been influenced by the Great Depression and life as missionaries, I found it difficult to plan this trip for all my family. Initially I was going to send the four Mutepfa kids, as they needed

closure in this first visit to their biological parents' graves at this memorial service in their village. I then realized they needed my support and I needed my own closure, having never visited the graves of my own African parents in the village I had

grown up in—Arnoldine Mission in Zimbabwe. The trip was planned for the five of us but it didn't feel right. In all our lives as parents we had strived to create unity for our children and now we were going to have those that went to Africa and those that did not. A surprise sum of money appeared just at the right time and the invitation to go to Africa was extended to all our children."

Only two of the Mutepfa children were able to join the trip, along with four of Thomas' other children (there are nine children in the family, some adopted, some biological). After a 50-hour journey via Germany and South Africa, they arrived in Harare on August 17. They spent the first day sorting out passport problems that had delayed two of their sons back in the US.

Dr. Thomas continues, "we left Harare that evening headed to Victoria Falls. At 3 am we stopped in Redcliff, home of baba Mwandu Mbuya Kennedy Mutepfa, who had taken a month off to accompany us on our travels. In the middle of the night, the family was all up cooking

for us and going through the welcome that became a repeat procedure at each new home we entered. After very warm greetings and introductions, there would be a full meal prepared with sadza (the corn meal staple of Zimbabwe), vegetables and meat, which is reserved for special occasions and guests.

"The trip to Victoria Falls from Bulawayo was most interesting in that there must have been six or seven checkpoints where armed police would ask where we were going, what we were doing and sometimes request a copy of the driver's license. There were also a number of make-shift toll stops where the toll was \$1 US—apparently a new phenomenon to raise money to repair the roads. At most of these stops I got the feeling that my ability to speak Shona (the

and night just 20-40 feet from us. A number of wild crocodiles were on the bank just 50 feet from our yard. We were living and staying right in their natural habitat."

The group visited a game reserve before making the journey to the Mutepfa village in Makanda. Dr. Thomas continues, "We arrived in the afternoon and a group of 50+ then drove and walked to "the farm," another part of the Mutepfa holding where the family farm and graves are. This was a major purpose of this trip—for the Mutepfa children to visit the graves of their parents. There was a time of sharing and crying, silence and peace.

"One of their cows was killed for the upcoming feast and celebration. The following morning was the formal celebration service for their



lives. There was singing and sharing with the final sermon by

former Bishop Muzorewa (first African Bishop in Africa, winner of Nobel peace prize, first African prime minister of Zimbabwe, friend of our family and twice related to the Mutepfas). This took most of the day and was followed by an all night DJ African Music party using a generator for power and a feast that brought over 700 people—half family and half from the local villages."

The next morning, the family again visited the gravesites. "Witnessing my daughter Zani's collapse on her mom's grave and the deep body and spiritual pain of my children Tare and Zani throughout the

"We stayed that night in cabins right on the Zambesi River. We were startled but excited to have a number of huge elephants walk right through our compound, shaking trees and foraging in the dusk

graveside service was confirmation of the importance of this journey. The peaceful prayers the following morning at the graves reflected some resolution."

They continued to Arnoldine, the village where Thomas had lived in his childhood. "The village was very similar to my memory of it. The mud-brick huts I had lived in had long ago been washed away by rains, but the land remained. The elders informed me that after 45 years, this village was still holding this little piece of land for my family—a testament to all that my parents' work had meant to this village, where our family had lived as if we were part of the village. My mom had established a health clinic and my parents had helped bring running water, and had helped so many get higher education."

Dr. Thomas came away from his trip with a new dream—to establish a foundation to help support the many HIV orphans in Zimbabwe. "There is a strong system of extended families but they need help to care for the extra children. We can use our land to build residences for social workers who can determine needs and provide support," he says. He plans to use the income from his new Pediatric Urgent Care Clinic (see item in Member News) as seed money to realize this dream.

If you'd like to read the full text of Dr. Thomas' journal of his trip, with more photos, it's linked from the online version of this article.



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Coleurs, cont. from page 1
kitchen towels. The tablecloths are coated with a special plastic film that can be wiped clean, but they also may be machine-washed and dried. This makes them very practical for everyday use, although they're beautiful for special occasions too. Most tablecloths are available with matching napkins. All of the fabrics are 100% cotton.

The fabrics of Provence use many motifs from nature. Bees, lemons, lavender, olive fruit and leaves, wheat, sunflowers, and poppies appear frequently. Vibrant colors of blue and yellow, reminiscent of the sea, sky and fields of Provence, are typical, but many patterns come in several color combinations. What they all seem to have in common is that they make you happy to look at them!

Nett imports her goods directly from France, working with three wholesalers there. Her orders are shipped by air, and she uses a Portland shipping broker to handle customs.

Herbes de Provence is a popular



Colorful plastic-bag holders and girls' sundresses hang in Nett's workroom

blend of herbs used in Provençal cooking. The one Mireille carries contains basil, savory, rosemary and thyme, and she includes some recipes with the package. This blend is great in soups and stews, and for grilling meat and fish. Some mixtures contain lavender, but Americans don't tend to like it as well.

She uses French lavender to make sachets, pillows and eye-cushions that block out light. The scent of lavender is very calming so it makes an effective sleep aid. She also carries bulk lavender for potpourris and tea and some great-smelling lavender soaps.

She was delighted to find that



Nett sews many of the items herself from bolts of fabric. She can special-order yardage if a customer wants to make curtains or other items.

there are a number of people here in Oregon who share her love of lavender. The Oregon Lavender Association sponsors the Oregon Lavender Festival every July, "hosted by people having the same love for lavender." (More information on oregonlavenderdestinations.com)

For several years, her booth included pastries from the La Provence Bakery in Lake Oswego. Last year, she "spun off" that part of the business to her son Johnathan who wanted some work, and so he and his girlfriend pick up fresh croissants, buns and other pastry items early every Saturday and bring it to the market. They sell out nearly every time.

Nett's daughter Julia is a student at Sunset, and in addition to managing his Market booth, her son is a

student at PCC and also works at a local restaurant. Her ex-husband passed away several years ago.

She visits her relatives in Nice and Provence every couple of years, which also gives her a chance to see what's new in fabrics and other Provençal gift items.

Mireille says, "In this area you can also find olive trees, mimosa trees, lemon trees—all the wonderful colors and fragrance I grew up with." In addition to the climate, Nett loves Cedar Mill because, "it's a great place to raise kids. I feel safe and found here great neighbors that I know for ten years now, sharing

recipes, wine tasting and great friendship. And everything is close and convenient, and not too fancy." She would like to see us have a street fair in the summer sometime—sounds like fun!

She encourages you to schedule a home showing of her products to help you with your holiday shopping, or be sure to visit any or all of the holiday gift fairs she's attending. Call her at (503) 679-1681 for more information or to schedule an appointment, or visit her website at www.lescoursdeprovence.com

Mask-Making, Fall Fun at Museum Family Day

Celebrate the season with the Washington County Museum's popular new Free Family Day program! Kids and parents can make their own mask for pre-Halloween fun. Local artists from Print Arts Northwest will lead mask making, with museum staff and volunteers hosting a variety of activities—kids can try on pioneer clothing, play with traditional toys, or learn to sew with pumpkin-shaped sewing cards. Cookies and juice courtesy of Beaverton Bakery.

The museum's current exhibits will be open for viewing: This Kalapuya Land about the Native Americans of the region, Washington County in a Nutshell, and "Visual Notations," a show by local artist Sharri LaPierre.

Sponsored by the PGE Foundation, Family Day is Saturday, October 10 from 10 am to 2 pm. The Museum is located at 17677 NW Springville Road on the campus of PCC Rock Creek.

Cider Festival, cont. from page 1
owns the house and grounds, and is the main sponsor of the event. The fundraising effort is managed by the Tualatin Hills Foundation with the help of the Friends of the JQA Young House. A portion of the proceeds from the food and crafts sales will go to the restoration fund. Donations are also welcome.

For the kids, THPRD will bring along the Rec Mobile to provide games and activities under the spreading hickory tree. Other community groups will be providing information about their activities, along with craft merchants from Cedar Mill's Farmers' Market. Dinihanian's Farm Market will be selling jugs of cider for you to take home.

Thanks to event co-sponsors Bales Thriftway, Polygon Homes, the Cedar Mill News, and the Cedar Mill Bible Church.

The grounds are wheelchair accessible, although the area is not paved and can be rough in spots. Free parking will be available after 1 p.m. in the Cedar Mill Bible Church parking lot. Look for the signs on Cornell. For more information about this event call THPRD at 503-629-6355.

Walk with the Cedar Milers

The Cedar Miler Volkssport Club invites everyone to join them for a walk on the grounds of Jenkins Estate, Camp Rivendale and the new Cooper Mountain Nature Center. NO dogs allowed in the Nature Park. Walk for free or for credit. Start by 1 pm and finish by 4 pm. Trails are on pavement, barkdust and gravel. Rated 2; mildly difficult. More details at www.cedarmilers.org. New club members welcome!

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Sunset High News

by Kenna Huck

Sunset High students are dressing up as their favorite Disney character for the annual Homecoming Dance on Saturday, October 24th. But the day before the dance, Sunset students will be at their homecoming game to support the football team. Be there at 7:30 to watch the game unfold!

Just as quickly as sports are heating up, so is the homework. It's been a month since school started and students are keeping up with the homework load while balancing sports and other activities. Meanwhile, parents are curious as to how well their children are doing in school, so a few nights ago the parents walked the halls to talk to their student's teachers. Parent's Night allows parents to go to every one of their kid's classes to listen to the teacher talk about the class course for the year.

Does balancing sports and homework sounds like enough for one student? Try acting in a school play! This month Sunset theatre students are working to put together Shakespeare's Hamlet. Auditions were September 17th, and the chosen cast has already gone to five practices! Sunset students are looking forward to the first show, but anyone else can come watch too! Many Sunset High events are open to the public, so everyone has the opportunity to see Hamlet on November 18th for just \$5. We'll have performance times and ticket info in next month's column.

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