



FREE Cedar Mill News

Volume 22, Issue 11 November 2024

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Holiday tree lighting

Saturday, December 7,
 5:30-6:30 pm, Milltownner
 Center, 12535 NW Cornell
 Road, northwest corner near
 Saltzman

The Cedar Mill Community Club has set the date for the Third Annual neighborhood tree lighting ceremony. The lights will be turned on at 5:45 pm, in the Milltownner Shopping Center next to Insomnia Coffee. Join us in celebrating the magic of the holiday season! Enjoy holiday music, hot drinks and cookies.

Bring new or gently used winter jackets, coats, hats, gloves, and NEW socks and underwear in sizes K-adult for donation to The Beaverton School District Clothes for Kids. For additional information contact Jan Dempsey at jdempsey@windermere.com, or call/text at 503.706.6358.



Parking is available in the library lot after 5 pm. Be sure to dress for the weather as it's an outdoor event.

BethanyLink increases local transit options

Monday-Friday, from 5:45 am-9:55 pm, [various locations](#)

Ride Connection, a nonprofit dedicated to providing transportation options for the Portland metro area, has introduced a new community connector shuttle, BethanyLink. This free, weekday service aims to improve accessibility and mobility for residents, commuters, and students in Bethany, North Bethany and parts of Cedar Mill.

BethanyLink offers convenient connections to key destinations. Riders can also access the MAX light rail and other TriMet services, as well as popular local businesses like Bethany Village, Columbia Sportswear, and Tosoh Quartz.

BethanyLink offers a much-needed transportation option for residents who rely on public transit. This is particularly beneficial for seniors, students, individuals with disabilities, and those without access to private vehicles.

Key Features of BethanyLink:

Free Service: No fares are required to ride BethanyLink.

Open to Everyone: BethanyLink is open to the general public, anyone can ride.

Convenient Routes: The shuttle connects Cedar Mill and Bethany residents to essential destinations, including PCC-Rock Creek, Sunset Transit Center, Sunset High School, and local businesses.

Easy Access: Riders can board the shuttle at designated stops throughout the route as well as flag down the shuttle along the route, even when not at a designated stop.

Connection to Public Transit: BethanyLink seamlessly integrates with TriMet services, allowing riders to easily transfer to MAX light rail, buses, and other transit options.

A More Sustainable Option: Reduced reliance on personal vehicles can help alleviate traffic congestion, improve air quality, and lower greenhouse gas emissions.

Ride Connection encourages community members to take advantage of this new service to explore the area, access education and employment opportunities, and connect with essential services.

Laurel Parc Celebrates Centenarians

On October 25, Laurel Parc at Bethany Village honored a remarkable milestone by celebrating eight of its residents who are 100 years old or older. This rare and joyous occasion, held in the new Laurel Parc Wine Bar, brought together family, friends, and community

The event began with a warm welcome from Francesca Kim, Visionary of Laurel Parc, who shared her appreciation for the unique and inspiring lives of the residents in attendance. "Today, we celebrate health, happiness and new adventures ahead." Kim said, expressing



members to toast these centenarians in a celebration inspired by the "Blue Zone" lifestyle. Known for promoting health and longevity, Blue Zones highlight the habits and lifestyles of regions where people live longer, healthier lives, often surpassing the age of 100.

the admiration felt by all for these residents who have each seen a century or more of life.

In true Laurel Parc fashion, the evening was both elegant and memorable. Residents and guests alike raised glasses filled with sparkling

Continued on page 10

This new transit service was made possible through State-wide Transportation Improvement Funds (STIF) generated in Washington County and through TriMet's Regional Coordination Program.

For more information on BethanyLink schedules, routes, and stops, please visit the Ride Connection website at www.rideconnection.org or call 503-226-0700. You can download the brochure with a [map and schedules here](#).



Cedar Mill Business Roundup

Do you have news or events or know of something that you would like to see covered in the Cedar Mill News? Please write to Virginia Bruce at info@cedarmillnews.com

Bethany's Table introduces RadiiPi pizza

Wednesday and Thursday 3-9 pm,
Friday and Saturday 3-10 pm, 15325
NW Central Drive

We are excited and proud to introduce you to our latest brain child, Radii Pi (ray • dee • ai pie). With Janet's culinary expertise, her son Ryan's gift with bread and pasta making, and their combined passion and artistry, deciding on



12" Neapolitan-style pizza—its thin crust and emphasis on fresh sauce and premium toppings—was an easy choice. We have a top-of-the-line ceramic dome pizza oven fired up out back and we are ready to begin slingin' Pi's!

Here's the deal: Slices are available 3-5 pm (or until sold out) and whole Pi's can be ordered 3 pm-close (or until sold out). We also have a few salads, pastas and beverages available. All Pi's can be made with gluten free crust or vegan cheese. Our regular dough is made with just water, flour, salt, and yeast (for those of you dairy-free, but not gluten-free folks) and has a three-day proofing process, so we have a limited quantity of pi's each day.

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[Learn more and check out our menu here.](#)

RECYCLE+ from Walker Garbage

We at Walker Garbage are committed to expanded recycling! The Recycle+ program offers a way to recycle additional material with an on-demand monthly schedule. You get a purple bin to fill with your recyclable material and let us know when it's full and ready for pickup. We just introduced our new Recycle+ sprinter van.

For more information, please visit the [Walker Garbage Service website](#). Sign up today!



Chef-crafted holiday dinners to-go from Market of Choice

Let Market of Choice chefs and bakers do the work! Just choose your holiday meal items and schedule your pick-up time. Market of Choice makes holiday dining effortless with exceptional, ready-to-enjoy meals that taste like they came straight from your kitchen. With something for everyone, choose from chef-crafted main dishes, such as all-natural turkey, glazed hams,



and a savory plant-based mushroom lentil Wellington, paired with an array of scratch-made sides.

Complete your feast with delightful appetizers, decadent desserts, and thoughtfully curated wine pairings. You also have the flexibility of à la carte selections or can opt for a Chef's Prix-Fixe dinner that serves two to eight people and is designed to bring warmth and joy to your holiday table without the fuss of cooking.

Order online between November

4-24 for Thanksgiving, with pickup available from November 24-28 at the Cedar Mill store and other local Market of Choice stores across the state. To place your order online, see the [Catering webpage](#). December holiday orders will open on December 1.

Fraud is on the rise! Protect your finances and identity with these security tips

With the rise in cybersecurity breaches and identity theft, Sunset Credit Union wants to remind you of some security measures everyone should take to help protect themselves from identity theft.

Closely monitor all credit accounts and loans, to catch and report any suspicious activity on any one of those accounts.

Immediately report any suspicious credit or loan account activity to the financial institution and/or lending institution.

Sign up for the fraud alerting services offered by the three credit bureaus to receive notifications about potentially fraudulent activity. You can do so by visiting these sites: [Equifax](#), [Transunion](#), and [Experian](#).

You can also place a freeze on all three credit bureau accounts to prevent fraudsters from opening new accounts using your identity. Visit each of their websites to learn more.

Join [Sunset Credit Union](#) and sign up for our free email/text alerts to notify you when your debit or credit card has been used. And be sure to check out the [SSPFCU website](#) for additional security benefits we offer.

We hope you find these tips from all of us helpful. Sunset Credit Union is open to anyone who lives, works, worships or attends school in Washington County. To learn more, visit our website, give us a call at 503-643-1335, or stop our office located at 1100 NW Murray Blvd., #200.

Start your New Year's resolutions early this year!

November 1-30, [Orangetheory Fitness](#), 11800 NW Cedar Falls Drive, Suite 108

Join our community and get a jumpstart on your New Year's reso-

lutions. Orangetheory is a dynamic combination of strength and cardio training that supercharges your metabolism to burn more calories and build lean muscle at the same time. Our certified coaches guide you through scientifically designed workouts that are fun for all fitness levels, while technology captures data to prove your progress.

When you join in November, you get the next month free! There has never been a better time to get started! Please visit the [Orange Theory website](#) or call 503-427-1915 for additional information.

Understanding the ups and downs of the housing market is a must

By Jan Dempsey, Realtor,
Windermere Group

Here in Portland, the real estate market often adheres to seasonal patterns. Currently, inventory remains high, and buyer traffic is lukewarm as is typical in the fall. Price reductions are high and will likely continue to climb as sellers contend with longer market times and increased competition. The newly lowered interest rates could drop further (possibly the first week of November). However, the rates have been volatile, bringing buyer hesitancy.

I am expecting a hot and seller-favored spring season in 2025, keeping buyers holding tight now. I believe it is unlikely these rate drops will completely turn around this fall season. There is a backlog of inventory to deal with and buyer traffic is seasonally lower. However, these interest rate drops may keep the fall season from being terrible and could help move a lot of properties before the major holiday hit.

In my almost 40 years studying and working in the Portland metro housing market, home buyer traffic remains one of the most important metrics I use to understand the state of the market at any given time. In some ways, 2024 has repeated seasonal trends: an increase in buyer traffic in quarter one, a peak in April, and a drop in early July. The difference this year is that the April peak was only lukewarm, never reaching the typical Spring Market insanity of the past. Traffic

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CPO news

November CPO 1 and 7 Joint Meeting

Tuesday, November 12, 7 pm, TVF&R Station #68, 13545 NW Evergreen Street, and on [zoom](#)

Note new location. Because our two CPOs share interests and issues, we are combining forces in November and December to present information to our members.

Clean Water Services (CWS) will provide an overview on the organization which is about protecting public health and enhancing the environment of the Tualatin River Watershed. They will also provide detail on CWS' Sensitive Areas and Vegetated Corridor Standards overview. What it looks like to live next to and develop near wetlands, streams, and upland buffers.

Then we'll hear from our service providers, followed by a description of the [CPO Program Modernization Project](#): The Washington County Board of County Commissioners is in the process of making changes to the CPO program looking at modernization of language, updated focus and scope, membership and eligibility, program requirements and geography/ boundaries. Attend the joint CPO 1 & 7 December 10 meeting where Washington County staff will present information and listen to feedback about this project.

CPO 1 will hold its annual leadership election at the December 10 meeting. The current slate of Virginia Bruce as Chair and Bruce Bartlett as Vice Chair/Secretary is running again. Nominations may be sent to cpoleaders@gmail.com.

If you can't attend our meetings, they are recorded and available on the [CPO 1 YouTube channel](#) for viewing at your convenience. Visit our YouTube channel and subscribe! The [CPO 1 Facebook Group](#) is a good place to discuss current issues and get timely updates.

Neighborhood Meetings

Loriann four-lot subdivision

Monday, November 18, 6 pm, Cedar Hills Rec. Center, 11640 SW Park Way

The site is 0.83 acre in the R-6 District (5-6 units per acre) and is located at 3508 NW Loriann Dr. Contact Jon P. Reimann, JPR Consulting, at 503-730-8604 or jonreimann0@gmail.com.

[NOTE: since we didn't publish

in October, the following are summaries of meetings that took place in October.] If we get notices after we publish, we post the information on the [CPO1 Facebook page](#).

Catlin modifies Master Plan

Catlin Gabel School proposes to amend their Master Plan to move the location of the Community Center for Athletics and Wellness (CCAW) from the northeast area of the campus near Leahy Road to a site closer to the campus entrance on SW Barnes. They also propose to relocate the maintenance building to a building adjacent to the main parking lot. Notes from the October 8 meeting answered neighbors' questions about construction access and noise, demolition of existing buildings, and noted that no changes are proposed for the campus entrance.

29-Lot Subdivision on Thompson



A meeting was held on October 15 to describe the proposed residential development with one access from Thompson and another that connects to NW Lois Elaine Ter. The 4.75 acre lot is zoned R-6 (six dwellings per acre) and is west of Findley Elementary. Westlake Consultants is managing the development process for Noyes Development, the builder.

Farnsworth 5-lot subdivision

After initially proposing a three-lot division at 10224 NW Lee St., developer Steven Farnsworth has obtained the adjacent property at 10305 NW Flotoma Dr. and is now proposing a five-lot division with

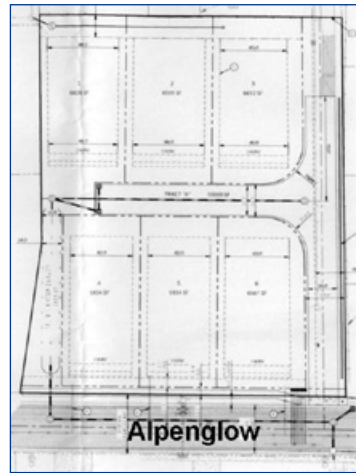


the two existing houses to remain, resulting in three new developable lots. The meeting

was held on October 24.

Alpenglow 6-lot subdivision

A meeting was held in September to describe the plan to create a new six-lot subdivision with access on



NW Alpenglow Way. A previous plan had been proposed to create three lots with a "shadow plat" but NW Engineering's Matt Newman says the property has been sold and the new owner, Vince Biggi, intends to increase the density to the maximum for the 1.22-acre site. A half-street improvement to Alpenglow is required. Lots 4-6 will be accessed from Alpenglow while lots 1-3 will have access from a new private street.

Development applications

17 Middle Housing townhomes near Bonny Slope ES

A 17-lot middle housing development is proposed for a .97-acre lot adjacent to NW McDaniel Road. Middle housing—a denser form of infill housing enabled by state law—doesn't require a neighborhood meeting and receives expedited processing from the county. Access to the lots is from the existing NW 118th Terrace. Surrounding lots are developed at the R-9 (nine lots per acre) zoning.



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walkergarbage.com
info@walkergarbage.com
Office Hours:
M-F, 8 am-4:30 pm



Support the
**Sunset High
Marching Band
& Auxiliary**

Bottle/Can Drive
Saturday, November 9, 10 am - 1 pm
Sunset Church, 14986 NW Cornell
Please drop off any redeemable
non-crushed cans, and
plastic and glass bottles

Everything to make you,
and your home, sparkle in this
season of gratitude and
celebration!



Open
Tues-Sat 10-4
Sundays 12-4

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Chairman
Circle 2020

**Winter 2025
Registration**

Opens Saturday December 7
Out of District: Monday, December 9



**TUALATIN HILLS
PARK & RECREATION DISTRICT** | **Register Online: thprd.org**

Leave Your Leaves or Leave 'em With Us!

Got leaves? [Clean Water Services](#) has solutions!
[Leave your leaves.](#) Leaves can make excellent natural mulch. You can leave the leaves that fall on garden areas or mulch them with your lawnmower for use in planting beds. Natural compost benefits your lawn and garden, provides winter habitat for beneficial species, and protects against clogged drains and flooding.

Or drop them off with us! Help keep your neighborhood storm drains and streets safe and clear. Bring your leaves to one or more of [these convenient events](#). If you plan on dropping off leaves at one of our leaf disposal events, here's what you should know:

We can accept leaves, pine needles, and grass clippings; Bring debris loose or in a paper bag (no plastic); Please limit debris to 50 pounds per bag; The events are for residents, not commercial operations. We will also be collecting monetary and food donations for local food banks.

November 9, 9 am-3 pm- [Home Depot \(Science Park\), Indian Hills Elementary, and Cedar Park Middle School](#)

James Recycling Depot is open

Mondays 11 am-2 pm, Wednesdays 10 am-1 pm, Thursdays 12-2 pm, Fridays 5-7 pm, 5541 SW Beaverton-Hillsdale Highway

We will be collecting the following non-curb-side items: Straws & Utensils, Plastic screw-on caps; Clear (no color) #1 PET plastic; #2 HDPE Plastic; #4 LDPE plastic; #5 PP plastic; #6 PS plastic; Styrofoam (must be clean, dry and without tape, labels, glue, ink, paint, food residue & sorted into the categories shown [HERE](#))

Green Century Recycling will be onsite during our Thursday and Friday business hours to collect electronics, appliances, and a variety of other items at no cost. For a complete list of items they will be accepting click [HERE](#)

Fees (cash or card only): \$3/ grocery bag of sorted recycling (or similar sized container), \$10/45-gallon bag of Styrofoam.

[James Recycling](#) is a nonprofit 501(c)3 organization. At James Recycling we help keep the earth clean by recycling difficult-to-recycle plastics

November 16, 9 am-3 pm- [Hazel Dale Elementary, Meadow Park Middle School, and Oak Hills Elementary](#)

November 23, 9 am-3 pm- [Home Depot \(Science Park\), Indian Hills Elementary, and CWS Field Operations](#)



Clean Water Services collects about 2,400 cubic yards (about 240 dump truck loads) of leaves each year and takes them to [West Union Gardens](#) to be made into mulch. Participating in the leaf disposal pro-

gram helps reduce localized flooding caused by leaf-clogged storm drains; keep nutrients from decaying yard debris out of local creeks, wetlands, and the Tualatin River; and keeps streets safe and clear for bikes and pedestrians.

This program is funded by Clean Water Services' \$10.55 per month [surface water management](#) (SWM) fee. This fee pays for flood management and water quality protection and improvement programs including street sweeping, 24-hour emergency flood response, catch basin cleaning, water quality monitoring, watershed planning, and public education.

while empowering adults with developmental differences to find independence and purpose through meaningful employment. [Learn more here.](#)

We are doing our part to help the environment and our community by holding frequent events and pop-ups to collect material that complements recycling offered by local garbage haulers. Our goal is to make it easy to recycle more! [Please contact us](#) with suggestions on additional resources we can provide or other ways that James Recycling can make the process fast, simple, and convenient for you.

12th Annual Coat Drive

Month of November, DuFresne's Auto Service 10690 NW Cornell Rd
DuFresne's Auto Service is Partnering with Portland Rescue Mission to collect new or clean and gently used coats and jackets all November. All coats will be donated to the "Portland Rescue Mission." We are also collecting hats, gloves, scarves, warm clothes, blankets and socks. You will receive \$5 Coupon for service for the first coat you donate and \$2 for every coat after—up to \$50.

Deflection Program gets people into treatment

The Washington County Deflection Program provides an opportunity for people cited or arrested for Possession of a Controlled Substance as an unclassified misdemeanor (PCS-U) to avoid prosecution through successful engagement in treatment.

This new program is part of the Oregon Drug Intervention Plan, established by HB 4002 and 5204 (2024). These new laws established four pathways to ensure people facing PCS-U charges have an opportunity to engage in treatment: optional county deflection, conditional discharge supervision, formal probation supervision, and probation revocation with early release to treatment opportunity. Washington County's Deflection Program is the first of these four pathways and became effective on September 1.

In the first 30 days of the program (September 1-30), 91 people were charged with stand-alone PCS-U crimes in Washington County. Of those people, 27 were eligible for deflection and as of October 7, 17 have chosen to participate. The primary reasons for ineligibility are because they are currently on formal supervision, or they have existing criminal charges.

When a law enforcement officer issues a criminal citation or makes an arrest for the sole crime of PCS-U, they provide a written and verbal description of the program, schedule the initial court date seven days later, and instruct the arrestee to contact the Deflection Operations Team (DOT). During the following week, the DOT will also attempt to contact the person. If contact is not made before the court date, a DOT member will be present in court to connect with the person before they see the judge.

"As we celebrate the first 30 days of our deflection program, I am proud to see the positive impact it is already having on our community," Washington County Sheriff Caprice Massey said. "We are committed to redirecting individuals away from incarceration whenever possible and into essential substance use treatment, fostering recovery rather than punishment."

For more information about deflection in Washington County, visit wcor.us/deflection.

Beating the Winter Blues

By Taylor Lavender, PMHNP-BC, Psychiatric Provider, Cedar Hills Outpatient Services

Dark, dreary winters often bring feelings of sadness and sluggishness, commonly called the "winter blues." Decreased sunlight can disrupt neurotransmitters that are crucial for maintaining wellness. Here in the Pacific Northwest, we're more likely to suffer from Seasonal Affective Disorder which causes changes in mood, activities, and overall well-being. As winter approaches, it's important to implement strategies that combat these symptoms and help us thrive even in the darkest months.

Exercise: When it comes to managing depression, physical activity naturally boosts "happy hormones" like serotonin, dopamine, and endorphins. Exercising outside is ideal, even if it's cloudy.

Nutrition: Although you deserve to indulge in holiday treats, avoid making it a habit. Refined carbohydrates like pastries and sweets destabilize blood sugar levels, leading to increased feelings of depression. When you do indulge, blunt the effects with a healthy protein source beforehand.

Light therapy: Using a light box in the morning for twenty minutes mimics natural sunlight which can help regulate circadian rhythms and serotonin levels. Verilux is a reputable brand for light therapy at a reasonable cost.

Social connection: Studies show that positive social connections promote happy hormones, just like exercise. While it may feel easy to cancel plans and stay at home, prioritize spending time with others.

Professional support: If you're struggling with daily tasks, reach out to a professional to discuss options like therapy and medication. Our team at Cedar Hills Outpatient Services is ready to meet your needs this winter.

Parenting Forums

Communicating Effectively With Your Kids

Wed., Nov. 6, 6:30-7:30 pm, online

Skills for Parents Concerned About Teen Drug Use

Thurs., Nov. 14, 6:30-7:30 pm, online

Free virtual presentations and Q&A to help guide parents through the unique journey of raising children. Registration and more information on the Washington County Kids website.



The 3rd Annual
Cedar Mill
Holiday Tree Lighting
Saturday, December 7
5:30-6:30 (lighting at 5:45)

Join us in celebrating the magic of the holiday season!

Enjoy holiday music,
hot drinks and cookies,
and support local families.

Bring gently used winter jackets,
coats, hats, gloves, and
NEW socks and underwear in sizes K-adult
for donation to The Beaverton School District
Clothes for Kids.

Milltown Center Plaza
next to Insomnia Coffee
12535 NW Cornell

For additional information, email us
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Nature & Garden News

Master Gardener Association events

There are ample opportunities to advance your gardening knowledge and skills right here in Washington County. OSU Extension Master Gardener volunteers and the Washington County Master Gardener Association (WCMGA) offer a lineup of classes, lectures and family friendly events year round. All events and details can be found on the [WCMGA events calendar](#).

An Introduction to Growing Berries

Tuesday, November 12, 7-8 pm, Zoom, free, pre-registration required

Join the Washington County Master Gardeners for a presentation comparing and contrasting strawberries, raspberries, blueberries, and blackberries. Topics covered will include longevity, space requirements, variety choices, expected time of harvest, quantity of harvest, common pests and diseases, and cultural requirements. Presenter Jane Collier has been a Clackamas County Master Gardener since 1996. She has taught many classes for the award-winning 10-Minute University™ Program. Please visit the [event page](#) for registration.

Treekeepers of Washington County programs

We work to protect and advocate for trees in urban unincorporated Washington County. Don't miss our upcoming events! All of them are free. [Visit the Treekeepers website](#) to learn more.

Tree Walk: Noble Woods

Saturday, November 16, 2-4 pm, exact location after registration, [register here](#), free

Noble Woods Park represents one of the oldest and largest forested areas in the heart of Hillsboro, with majestic old trees including century-old cedars and firs. Join us for a leisurely 1.1 mile walk on paved and soft-surface paths through open and wooded natural areas, boardwalks and bridges over Rock Creek that provide wildlife viewing opportunities.

Join our on-call ivy crew!

November through March, times and locations will vary, [register here](#), free

English ivy hangs on through winter at a time trees are particularly vulnerable, as the invasive vines keep growing while trees

are dormant. The excess weight can increase risks for trees during winter storms. Help us save trees



by removing ivy and other invasive plants that threaten them. Weather makes it hard to schedule events, so please sign up and we'll notify you when there is a good weather window so we can schedule an ivy pulling event. And if you know of a location where trees are suffering from ivy, you can notify us on [this hotline form](#).

Weed Wranglin' Workshop

Thursday, November 7, 6-7:30 pm, [Tualatin Soil and Water Conservation District](#), 7175 NE Evergreen Parkway, Suite #400, Hillsboro

Weeds! They can be everywhere, and we all have to deal with them. With so many different kinds sprouting up in our gardens and so many ways to control them, it can be difficult to get started. Join us for this one-hour workshop and 30-minute casual discussion where we will jump into some weed-wranglin' tips to help you get those weeds under control.

Topics covered include: Key plant terminology; An overview of our weed management strategy; A walk through of how to manage several [common weeds](#). Please feel free to bring in any examples of problem weeds from your yard. Copies of our handy Weed Watchers Guide will be available. Snacks and drinks provided! [Register here](#).

Fall is a great time to plant!

If you're ready to put your garden tools away and leave planting until spring, think again! Many folks are surprised to learn that fall is a great time to start planting, but it's true! Cool temperatures, reliable rainfall, and short, bright days help plants make an easy transition to your garden. Instead of thinking of fall as the end of the gardening season, think of it as the beginning of the next one! Visit the Tualatin Soil & Water Conservation District page [here to learn more](#).

Park News

Holiday Gift Card Drive

Now through December 8, any THPRD facility

Please bring your donations of gift cards to support Beaverton School District families in need. We are collecting gift cards in any amount. Please bring your donation for drop off to [any facility](#). [Learn more here](#).

THPRD Winter registration!

Winter Registration is almost here! Registration for Tualatin Hills Park & Recreation in-district patrons begins on Saturday, December 7 at 8 am. Out-of-district patrons can begin registering on Monday, December 9 at 8 am. To register, visit the [THPRD website](#).

Keep an eye out for new programming options in the upcoming [Winter/Spring Activity guide](#). Classes for adults will include line dancing, henna drawing, Japanese Floral Arrangement Workshops, and many more!

Jenkins Estate is now accepting rentals!

The facility at 8005 SW Grabhorn is ready to host your next rental. Please contact us at 971-258-6743 to schedule an event. You can find more about the facility at the [Jenkins Estate webpage](#).

Need to rent space for a party, event, or more? We've made it easier to find a space to meet your needs at THPRD. Visit our new [Rentals Web Page](#) to find a full list of options for rentals across the district.

Winter Break Camp

December 23, 27, 30, and January 2, 3, 9 am-4 pm, Beaverton Swim Center, registration required

Join us for a winter break camp starting in December. Fun filled days include activities, games, water play, and a swim lesson. For more information needed to register and to see other winter camp locations,

visit the [THPRD Winter Break Camp webpage](#).

Letters to Santa!

November 30-December 20, participating facilities, free

THPRD is offering mail boxes at select THPRD facilities to drop-off letters to Santa

Claus! Children will hear back from our jolly friend in red! Near Cedar Mill, boxes can be found at the Cedar Hills Recreation Center, Sunset Swim Center, Tualatin Hills Athletic Center, and the Tualatin Hills Nature Center. For more information about locations, please visit the [THPRD website](#).

Winter HS Basketball

Registration closes on November 22nd for the Winter High School basketball league. You can find more detailed information by accessing this [Winter 2025 High School Basketball Information document](#).

Tree Planting Update

Staff will begin planting new trees in several parks this fall. Park sites include Kaiser Woods Park, Commonwealth Park, Center Street Park, Pirate Park, and Mitchell Park.

Volunteer to help restore natural areas

Mitchell Park
Saturday, November 16, 9-11:30 am, trailhead at SW 93rd & Stark

Help us plant native trees and shrubs throughout the natural areas of Mitchell Park! Please bring a reusable water bottle to drink from throughout the day. Tools and gloves will be provided. [Register here](#).

The Bluffs Park

Saturday, November 23, 9-11:30 am, trailhead on NW Haskell Ct

Help us remove English ivy from the natural areas of The Bluffs Park! Please bring a reusable water bottle to drink from throughout the day. Tools and gloves will be provided. [Register here](#).

Hillsboro Parks & Recreation Holiday Bazaar

Saturday, November 23 and Sunday, November 24, 10-4 (Sat.) and 10-2 (Sun.), Community Senior Center, 750 SE 8th Ave., Hillsboro, free

Friends of the Hillsboro Community Senior Center invite you to visit and shop from local artisans and crafters. Please visit the [event webpage](#) for more details.



Finding kids' activities

By Jennifer Carlson

The process of seeking out local kids' activities can be daunting, exhausting, even overwhelming. This is especially true for parents who are new to the area, as many in Cedar Mill are. Years in, I feel like I'm still learning of new opportunities all the time. I've put together a list of kids' activities that, from what I've learned, are not broadly known, not easy to find, or both. I hope you learn something new here—and maybe you have something to add for a future list, in which case I encourage you to [let us know](#).

[Tualatin Hills Park and Recreation District](#) offers a number of indoor and outdoor programs in sports and the arts, ranging from archery, to cricket, to art classes for toddlers. THPRD also hosts work-



Say Cheese! [Foot Traffic Youth XC](#) members paused for a bit of fun while warming up for the [4th Annual Rose City Championship Invitational](#) in October. Elementary students ran 2000 meters (1.24 miles), and middle schoolers ran 3000 meters (1.86 miles). High school students ran 5,000 meters (3.1 miles; 5K).

shops and camps over school breaks.

A [variety of sports leagues](#) can be explored here. A list of available [classes at Cedar Hills Recreation Center](#), including those that have not started, can be found here.

Athletic clubs: The local, non-chain athletic clubs allow non-members to participate in certain kids' activities, at a higher cost. Upcoming events include a [Turkey Bowl](#) sports and activities camp for elementary-aged children at [Sunset Athletic Club](#) in November, and a six-week [basketball league](#) for elementary and middle-school kids at [Bethany Athletic Club](#) in the spring.

Soccer: [Milltown United Soccer Club](#) serves as the entry point to soccer for many kids in the area. The longtime recreational league offers spring and fall programs for elementary and middle-school children (and a high school program in the fall). The teams are gender- and grade-based, and each season involves six weeks of play for [micros](#) (kindergarten and first-grade players) and eight weeks of play for [children](#)

[in Grade 3 and up. Soccer Shots](#) is a weekly, hour-long class for children 2 to 8, focusing on the development of soccer skills, sportsmanship, fitness, and confidence. The nine-week program takes place on the field at Bethany Baptist Church. The [spring 2024](#) program begins in March.

Lacrosse: [The Sunset Lacrosse Youth Program](#) introduces girls and boys in elementary and middle school to the sport of lacrosse. The recreation league focuses on sport fundamentals, sportsmanship, and team skills. There are also competitive teams for boys in fifth through eighth grades, for which athletes audition. The program takes place in the spring; there is a [free fall clinic](#) for new players November 16th.

Cross Country: [Foot Traffic](#), the local running store, hosts [track](#) and [cross-country](#) clubs to introduce kids in grades 2 to 8 to the sport in a fun and educational way. The twice-weekly, 50-minute practices include games, group workouts, and sport fundamentals. Each program lasts six weeks and takes place at Terra Linda park. The [track](#) program begins at the end of February.

Parkour: For a less structured physical activity, parkour uses the built environment to learn to overcome obstacles and improve health and efficiency. [Revolution Parkour Beaverton](#) offers drop-in classes as well as four- and eight-packs of classes for 5-7-year-olds, and drop-in classes and memberships for ages 8 and up, while [The Movement Park](#) in Hillsboro hosts classes and camps for ages 3 and up via memberships.

Martial Arts: There are a number of martial arts programs around the area, and taekwondo is particularly popular. Cedar Mill alone has [W1 Taekwondo](#) and [Cedar Mill World Class Taekwondo](#), both of which offer programs for kids of preschool age and up. Students attend two or more classes per week while working their way up to black belt and/or participating in competition teams.

Art: [Village Gallery of Arts](#) offers monthly classes that cover an array of art forms for kids aged 7 to 11. Rotating instructors focus on both artistic concepts and skills, using a variety of media.

Music: [Portland Piano Performance Academy](#), based in Cedar Mill, is run by a highly accomplished performer, teacher, and adjudicator with 30 years of experience teaching

kids as young as 3 (as well as adults). Deanne Howe holds a doctorate in musical arts, has performed with orchestras around the world, and has taught at prestigious universities and organizations across the United States. [Hoffman Academy](#) is a 17-year-old music school that uses a multi-sensory method to provide a fun and engaging, yet rigorous, musical education. Classes include piano (ages 5 and up), guitar (7 and up), and voice (9 and up). The [Hoffman Method](#), developed by founder Joseph Hoffman, is now taught to thousands of students in 115 countries.

Cub Scouts: Formerly chartered through Cedar Mill Elementary School, [Cub Scout Pack 207](#) continues at Cedar Hills Baptist

Church. The group serves both girls and boys at Cedar Mill and Bonny Slope elementary schools, as well as other elementary-aged children in the Cedar Mill and Cedar Hills areas, fostering life skills. Scouts meet every other week on Tuesday evenings, rotating between pack and den (subgroups divided by grade level) meetings, and gather at least once per month for activities such as hiking, horseback riding, and visiting cultural attractions.

Connect with our members for fun and networking!

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Art & Entertainment News

Romeo and Juliet at Sunset High

November 8, 9, 15 and 16, 7 pm in the Sunset Auditorium. Students & Seniors \$10, Adults \$12, purchase at the door or [online](#).

Sunset High School's production of Romeo and Juliet is a fresh take on the classic show. The contemporary telling of this story is unlike anything you've ever seen, and you don't want to miss it!

Art Market at the Reser

November 1-December 23, Patricia Reser Center for the Arts, 12625 SW Crescent Street

Looking for a thoughtful handmade gift this season? Shop local at The Curio, a collaboration between the Beaverton Arts Market and The Reser. Whether looking for a gift or a unique work of art to adorn your home or office, The Curio features a diverse collection of contemporary arts, crafts, and small reproductions from over 50 artists. You will not want to miss out on this opportunity!

These related events are free and open to the public: [Saturday, November 30, 12-9 pm, Shop Local Saturday; Friday, December 6, 6-9 pm, Mingle with the Muse.](#)

Skyline Grange Artisans Holiday Arts Fair

Saturday, November 23 and Sunday, November 24, 10 am-4 pm, 11275 NW Skyline Blvd., free

The Skyline Grange Artisans are a group of local artists and crafts people who create one-of-a-kind items for your home and personal well-being. A wide variety of arts and crafts are represented. You will find the perfect handmade gift for family or friends!



Christmas with the Chorale!

Saturday, December 7, 4 pm, St. Andrew's Presbyterian Church, 3228

SW Sunset Boulevard, and Sunday, December 8, 4 pm, St. Andrew Lutheran Church, 12405 SW Butner

Join the Oregon Chorale for our annual holiday tradition. Immerse yourself in the spirit of the season with familiar carols, beautifully haunting choral repertoire, and festive sing-a-longs. The Oregon Chorale warmly welcomes the Glencoe High School Concert Choir on Saturday at St. Andrew's Presbyterian Church and the Liberty High School Concert Choir on Sunday at St. Andrew Lutheran Church. Visit our [website for details and tickets](#).

Big Horn Brass Holiday Concert

Sunday, December 1, 3 pm, St. Matthew Lutheran Church, 10390 SW Canyon Road, free

The renowned brass ensemble creates the perfect opportunity to hear some of the world's greatest holiday and festive music. The St. Matthew Exaltation Handbells start at 3 pm with the Brass concert starting at 3:30 pm. The 16-member ensemble spreads its sparkling brass tones through an endearing mix of holiday favorites. For more information or to donate, please go to [ErikWeswig.com](https://www.ErikWeswig.com).

Village Gallery news

ArtChat and New 3D Members' Show

Sunday, November 10, 3-5 pm

Come see new 3D art in tapestry, basketry, felting, ceramics, gourds, buttons, and more! Hear artists talk about their work and see the new show. Refreshments provided, all welcome.

Instructors needed!

Do you have skills to share or know someone who does? Village Gallery of Arts needs more teachers and more classes! A good instructor has passion for what they do, combined with people and organizational skills. If you or someone you know sounds like a good fit, don't hesitate to get in touch with us. We are currently also searching for an Educational Team Leader. Contact us at education@villagegalleryarts.org. Our instructors need not be members.

Free drop-in art activities for all

Saturdays, November and December, 1-3 pm, No registration needed, all ages, and materials provided.

Projects take between 30 min-



BEST IN OREGON

COOLSCULPTING & COOLTONE

Exciting News!

At BodElite, we're thrilled to introduce our "Transparent Pricing, Transformative Results" model for Coolsculpting! For the first time, we are offering flat-fee pricing with guaranteed results. Say goodbye to confusing cycles and surprise costs—our new structure is designed to provide clarity and confidence, so you know exactly what you're paying for and the results you can expect!

Michelle, the owner of BodElite and Oregon's "Best in Body Contouring," now offering unique pricing model to ensure every patient reaches their desired transformation with no hidden fees. With over 22 years in aesthetic dermatology and 8 years specializing in body contouring, Michelle is committed to delivering exceptional results. Now is the perfect time to experience Coolsculpting with the expert care and guaranteed results you deserve!

Plus, don't miss out on our November BOGO Special—for every Coolsculpting treatment purchased, you'll receive a complimentary Cooltone session! It's the perfect opportunity to tone and sculpt, with unbeatable value. Call now to book for FREE consultation! 971.448.9155

utes and an hour. Gallery staff on hand for inspiration or assistance if needed.

Children’s Classes, VGA Instructional Team

Thursdays in November, 7, 14, 21, 3:45-5:15 pm, ages 7-11 yrs, max 8 students, \$52.50

Join an exciting class learning a variety of art forms! A team of rotating instructors provides a chance to explore a variety of media and approaches while building artistic concepts and skills. All supplies included. Featured Projects: Pop-up Cards, Watercolor Resist, and more!

Adult Classes

Jewelry Making with Unique Materials with Vicki Szukalla

Wednesdays, November 6, 13, 20, 6:30-9 pm, max 6 students, \$95 plus materials fee, all materials/tools provided

Treat yourself and/or others to one-of-a-kind creations! You will walk away with as many as six pieces depending on your speed and choice of materials—just in time for the holidays! Techniques learned can include metal stamping, disc-cutting, beading, cold-connecting, bench grinding, and drill pressing.

Find more classes [online on our website](#).

Election recap

Monday, November 11, 12-1 pm, Old Spaghetti Factory, 10425 NE Tanasbourne Dr., Hillsboro, also [online via zoom](#)

Washington County Public Affairs Forum: Jim Moore from Pacific University will present: What Just Happened? Wild National Elections, Pretty Normal Oregon Elections. The room will open at 11:30 am to order lunch.

Be 2 Weeks Ready!

Oregon’s Office of Emergency Management (OEM) recently launched this amazing program to support individual and community efforts to prepare for the initial two weeks following a disaster.

Currently available in five languages, this program is divided into eight units (each with 3-4 activities) that can be completed in any order. We love that the activities are rated by the amount of time, money, and effort they take, as this can help folks decide which ones to give higher personal priority. You can [download the entire program or individual units here](#).

Viva Village Events

Viva Village is a Beaverton-area grassroots organization of members and volunteers who focus on enhancing and expanding the ways we can age well. We provide connections, programs, volunteer services, and referrals so members can lead engaged, healthy lives. For more information visit the [Viva Village website](#). Please RSVP for all events by contacting vivavillageor@gmail.com or 503-746-5082. Links for zoom meetings will be sent to those who RSVP. Members-only events are listed on the website and in the [web version of The News](#).

Online Age Café

Friday, November 1, 11 am-12 pm, online

Small-group conversations exploring topics of interest to older adults. Topic: Asking for Help. Co-hosted by Viva Village, Beaverton Committee on Aging (BCOA), Beaverton City Library, and Washington County Disability, Aging and Veterans Services (DAVS).

Aging with Grace: Conscious Living, Conscious Dying

Saturday, November 9, 1-4 pm, Southminster Presbyterian Church, 12250 SW Denney Road, \$10/per, or \$15/two people, free to members and volunteers

Accepting our mortality to enhance our living. How can awareness of our own death enrich our lives now? How does accepting loss, grief, and death help us live a fuller life? How do we encourage conversations about death? Join us for a panel discussion with a Q&A session. Fee assistance available. Register: vivavillage.org, vivavillageor@gmail.com, or 503-746-5082.

Viva Village Forum

Monday, November 18, 2-3:30 pm, United Methodist Church, Wesley Room, 12555 SW 4th Street, free

Topic: Preparing for Emergencies. Claudia Steiner-Fricker, a lead Community Emergence Response Team (CERT) instructor will talk with us about what emergencies you should prepare for and how to take proactive steps to be ready for a disaster. Learn about the Be 2 Weeks Ready Program. Refreshments served. RSVP recommended. Register on our website or contact the Viva Village office.

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Business News, continued from page 2

also remained steadily lukewarm, putting us more or less in the same position as 2023. November and December are typically the quiet months for buyer activity, and this year should be the same.

We are seeing more homes on the market than last year. Our current inventory level is so high the interest rate drop or drops we will get this fall are unlikely to completely turn around the market in this season. As of October 2024, 49% of homes on the market have undergone price reductions. This figure is down slightly from 51% in September but still high, aligning with the trend of increasing price cuts that come when sellers adjust to slower buyer activity. The percentage of reductions is only slightly higher than 2023's 48.8%. Heading further into October, I predict reductions will continue due to high inventory and declining buyer traffic. Sellers will likely face more pressure to lower prices to close sales before the holiday season when activity slows.

With almost 40 years as a realtor, I have vast experience with volatile markets, and it would be my pleasure to meet with you, to learn your plans, and to help you navigate this transitional period. This is a very complicated real estate market; I would love to help you understand it. Reach me by phone at 503-706-6358 or email me at jdempsey@windermere.com.

"Confronting the Cascades"

Tuesday, November 12, 7 pm, 20001 SW TV Highway, Aloha

Beaverton Historical Society and Aloha Historical Society present John Jarvie, from the End of the Oregon Trail Visitor & Interpretive Center. He will focus on the development of the last legs of the various routes of the Oregon Trail or its offshoots that brought emigrants and their wagons to the western valleys of the Pacific Northwest in the 1840s and 1850s. Worn out from months of travel on the trail, all had to confront the mighty barrier of mountains just before reaching the end of their journeys. How did groups up and down the Cascade Range try to deal with that final obstacle?

Doors open at 6:45 pm. Refreshments provided. There is a \$5 suggested donation. Contact us at beaverton.pioneers@gmail.com

Centenarians, continued from page 1

blue champagne to commemorate the centenarians' lives, symbolizing both their achievements and the continued health and happiness they share with the community. The distinctive blue hue of the champagne was a nod to the Blue Zones, celebrating the lifestyle principles—such as staying active, maintaining social connections, and pursuing life with purpose—that contribute to long and fulfilling lives.

The centenarians themselves offered glimpses into their lives and the secrets to their longevity. Each story brought laughter, joy, and inspiration to those attending, and there was a deep feeling of pride that filled the wine bar. Surrounded by family and friends, these exceptional individuals were celebrated not just for their age, but for the wisdom, kindness, and resilience that have characterized their lives.

The Laurel Parc community embraces the philosophy of the Blue Zones, encouraging healthy living and meaningful connections among residents. As the evening continued, many remarked that the event was not only a celebration of lives well-lived but also a moment of reflection on the value of health, community, and the small joys that make life rich.

With new adventures still ahead for each of these remarkable residents, the Blue Zone Celebration served as a testament to the power of community, optimism, and the joys of a well-lived life.

If you're interested in learning more about Laurel Parc, please visit www.laurelparc.com or call (503) 512-6463 and schedule a tour – we'd love to show you around!

Five Oaks Museum events

Beyond Land Acknowledgements

Thursday, November 7, 6-7 pm, in person at Five Oaks, [register here](#)
Wednesday, November 20, 6-7:30 pm, virtual, [register here for zoom link](#)

With the rise in popularity of land acknowledgments, Indigenous artist Steph Littlebird asks us to reexamine this trend and go beyond the statement. What comes after we acknowledge the land and its Native stewards? How can individuals and institutions contribute to lasting changes and be true allies for Indigenous communities? Learn about past and present Native identity, how to look critically at land acknowledgments, and move past words toward action.

Library News

Cedar Mill and Bethany Community Libraries (CMBCL) invite you to find event calendars, storytime schedules and more on CMBCL's website. For more information, call 503-644-0043, visit the [Library website](#), or email askuscml@wccls.org. Libraries will be closed: November 11, November 28, and November 29.

(CML is Cedar Mill Library, 1080 NW Saltzman Rd.; BLA is Bethany Library Annex, 4888 NW Bethany Blvd, Suite K-2; BL is Bethany Library, 15325 NW Central Drive, Suite J-8y).

Kids

Play and Learn

Wednesday, November 6, 10:30 am-12 pm, CML, Ages 2-6

Bring your energy and enjoy music and movement along with a few special stories!

Create a masterpiece

Tuesday, November 26, 2-3:30 pm, CML, Ages 3+

Drop in anytime between 2-4 pm and color your own mini dinosaur. While supplies last.

Storytimes Winter Session: November 12-December 12

Learn more at [Library.Cedar-mill.org/Storytime](#).

Find more fun for kids on the <http://Library.Cedarmill.org/Events/Kids>.

Teens & Tweens

Teen Crafternoon: Make It Mini! Tiny Bookshelves & Books

Tuesday, November 26, 2-3:30 pm, BLA, Ages 11-18, Registration Required

Show off all the books you read this year by making tiny book replicas on a miniature bookshelf. Registrants will be asked to send a list of their titles so we can have printouts ready.

Visit [Library.CedarMill.org/Teens](#) to find resources for teens and tweens.

Adults

Winter Weather Preparedness

Wednesday, November 6, 6:30-7:30 pm, CML, Adults

Join Washington County Emergency Management to talk about getting prepared for the winter, including what to do during a winter storm.

This IS Kalapuyan Land

Thursday, November 14, 6:30-7:30 pm, CML, Adults

Steph Littlebird will share Kalapuyan history and artworks by Indigenous creators.



Winter Night Astronomy

Wednesday, November 20, 6:30-7:30 pm, CML, Adults & Teens

View the moon through telescopes while Rose City Astronomers discuss interesting features and answer questions. In case of bad weather, there will be a presentation indoors.

[Find more programs and events for adults on the website.](#)

Monthly Groups for Adults

Questions? Write askuscml@wccls.org and visit the [Library website](#)

Writers' Mill Anthology Release Party

Sunday, November 17, 1-4 pm, CML and Online over Zoom, free

Okay, it's not really a party, but it's the day when local writers and friends upload their annual anthology to Amazon KDP, and it's your chance to see how it's done. Find out more from your librarians, or by signing up on the [Portland Writers' Mill website](#).

Owl Book Group

Friday, November 22, 10:30 am-12 pm, CML, Ages 16+

Discuss "The Wager: a Tale of Shipwreck, Mutiny, and Murder," by David Grann. Newcomers welcome! Email askuscml@wccls.org.

Library Book Sale

CMBCL's Book Sale offers over 2,000 titles at great prices waiting to be yours! 100% of your Book Sale purchases and donations benefit the nonprofit Cedar Mill and Bethany Community Libraries. Questions about donating? Call 503-644-0043 or visit the [Book Sale webpage](#).

Jean Hoffelner, October 1942-August 2024

Jean Hoffelner, 81, of Bonny Slope, passed away on August 8, 2024. Jean is preceded in death by her husband Jerry and is survived by her son Jeff, daughter-in-law Anna, her grandchildren Pavel and Hanna, her daughter Jennifer, son-in-law Don, and her grandchildren Abby and Noelle.



Jean grew up on Allenbach Farm on West Union Road and always spoke affectionately about her time growing up on the dairy farm with many loving memories with her cousins, aunts, and uncles. She moved to Bonny Slope at the age of 13. Jean quickly became friends with her neighbor Jerry and had countless fun adventures with the kids in the neighborhood, where she gained many dear lifelong friends.

The house on Laidlaw Road hosted many family gatherings and she loved helping her mom host wonderful celebrations. It was one of the [Bonny Slope "starter houses" that we wrote about in 2006](#).

After graduating from Beaverton High School, Jean started her cake decorating career at the Bohemian Bakery and then became the cake decorator at Albertsons where she decorated beautiful cakes for generations of families throughout the

community. She decorated cakes for ~50 years and represented the Bakery Union in many conventions throughout the US.

Jean and Jerry were married for 59 years, and she was a loving and caring mom to Jeff and Jennifer, and she loved spending time with all their friends growing up. She was a very proud grandmother and treasured her time with her family. You could always

find Jean cheering on her grandkids at wrestling matches, ice skating performances, gymnastic meets, and recently tuning into YouTube for basketball games. Jean enjoyed making cakes for her grandkids, working in her garden, tractor rides with Jerry, loved a great NASCAR race, and visiting with her friends throughout the community.

She was active in her church and devoted to helping others her entire life from being a Sunday School teacher at a very young age, to the many dresses she sewed for Haiti, and the hats she knitted for the homeless just recently. Her sweet laugh will live on in our hearts forever and we will always cherish her saying of "one day at a time, sweet Jesus." Her celebration of life was held August 31, 2024, at Skyline Memorial Gardens and Funeral Home.

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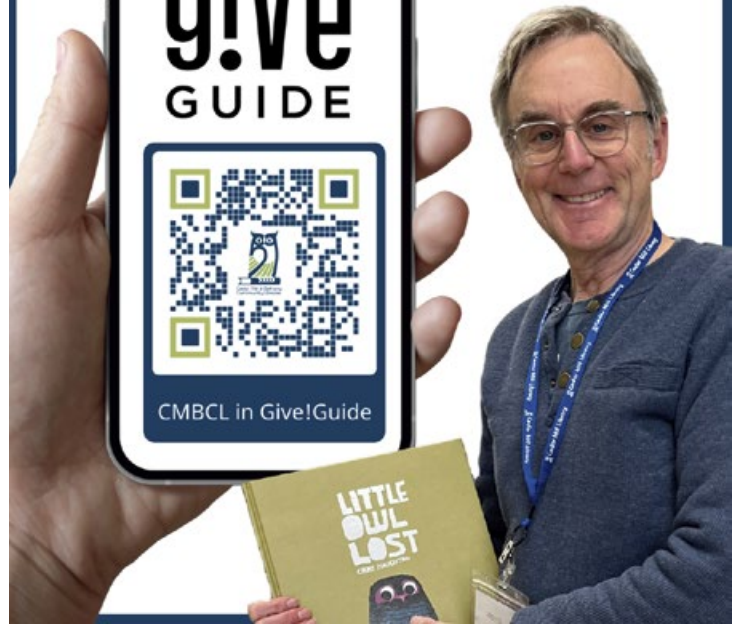
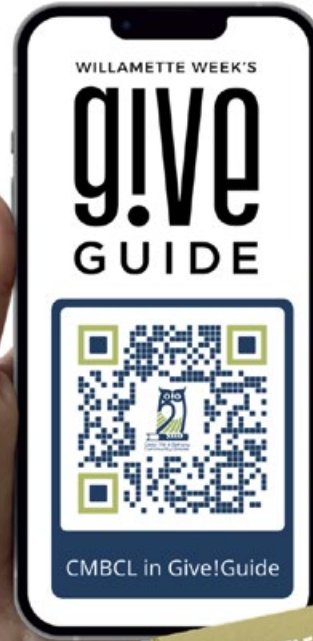
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